

MPSSAA.ORG

Concussion Awareness Week

The screenshot shows the MPSSAA.org website in an Internet Explorer browser window. The address bar displays 'http://www.mpssaa.org/HealthandSafety/Concussions.asp'. The website header features the MPSSAA logo and the text 'MARYLAND PUBLIC SECONDARY SCHOOLS ATHLETIC ASSOCIATION'. Below the header are navigation tabs for 'FALL SPORTS', 'WINTER SPORTS', and 'SPRING SPORTS'. A banner for 'MPSSAA UPDATES' includes the text 'Entry Deadline For Girls' Golf Challenge is October 6th...' and 'Check Out The Spring 2011 Rule...'. The main content area is titled 'CONCUSSIONS' and contains the following text: 'Proper education on the signs, symptoms, prevention and treatment of concussions is a major health and safety issue with interscholastic athletics. Concussions have the ability to show signs not just right after a bump, blow or jolt to the head or body but days or even weeks after the occurrence. This section of the MPSSAA Health and Safety site is dedicated to providing the most up-to-date resources on concussion management for coaches, parents and student-athletes.' Below this text are several links: 'What Is A Concussion', 'Resources for Coaches', 'Resources for Parents/Guardians', 'Resources for Student-Athletes', and 'Concussion Review Committee'. A sidebar on the left lists various website sections like 'THIS IS THE MPSSAA', 'PUBLICATIONS', 'COACHES/ATHLETIC DIRECTORS', etc. A sidebar on the right includes a search box, an 'INFO CENTER' with links to CDC, MATA, NATA, and the Maryland Department of Health and Mental Hygiene, and an 'EVENTS CALENDAR' for September 2010.

CONCUSSIONS

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[What Is A Concussion](#)

[Resources for Coaches](#)

[Resources for Parents/Guardians](#)

[Resources for Student-Athletes](#)

[Concussion Review Committee](#)

For the 2010-11 school year, all 9000 coaches in MPSSAA member schools will undergo concussion training. An online NFHS Concussion course which includes MPSSAA interpretations will be required for 87 percent of the coaches by their local school system while the remaining 13 percent will receive training through local medical affiliates.

In addition the MPSSAA has identified September 6 -11, 2010 as Concussion Awareness Week where 25,000 "Concussion Awareness" refrigerator magnets will be provided to families of football, boys' soccer and girls' soccer players at respective sporting events. An additional 25,000 magnets

INFO CENTER

- Centers for Disease Control and Prevention (CDC)
- Maryland Athletic Trainers Association (MATA)
- National Athletic Trainer's Association (NATA)
- Maryland Department of Health and Mental Hygiene

EVENTS CALENDAR

SEPTEMBER 2010

Su	Mo	Tu	We	Th	Fr	Sa
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25

MPSSAA.org features a Health and Safety section, dedicated to providing the most up-to-date resources on concussion management for coaches, parents and student-athletes. Get to know the facts on concussions and other high school athletic health and safety issues by logging on to MPSSAA.org and clicking on Health and Safety.