

ORGANIZED 1946

MEMBER OF THE
NATIONAL FEDERATION OF
STATE HIGH SCHOOL
ASSOCIATIONS



TELEPHONE: (410) 767-0376
FAX: (410) 333-3111

R. ANDREW WARNER
EXECUTIVE DIRECTOR

Maryland State Department of Education
200 West Baltimore Street
Baltimore, MD 21201

LAST MINUTE BULLETIN

2023 Maryland State Cross Country Championships

- I. **Course Information** - The 2023 MPSSAA State Cross Country Meet will be conducted Hereford High School on Saturday November 11, 2023.
- A. A course map can be found in the back of this bulletin.
- B. Runners attempting to access the Hereford High School Cross Country course may do so on Saturday, **November 4, 2023**. Times: any time after 1:00 pm. Please note Hereford High School athletic teams may be practicing and preparing for MPSSAA playoffs. Please respect their space.

II. Schedule

Schedule for Class 4A and 3A

8:30 AM	1st walk of course
8:35 AM	Coaches' meeting
9:00 AM	Meeting for officials
10:00 AM	Class 3A Girls Race
10:30 AM	Class 3A Boys Race
11:00 AM	Class 3A Awards
11:30 AM	Class 4A Girls Race
12:00 PM	Class 4A Boys Race
12:30 PM	Class 4A Awards

Schedule for Class 2A and 1A

12:30 PM	2nd walk of course
12:35 PM	Coaches meeting
1:30 PM	Class 1A Girls Race
2:00 PM	Class 1A Boys Race
2:30 PM	Class 1A Awards
3:00 PM	Class 2A Girls Race
3:30 PM	Class 2A Boys Race
4:00 PM	Class 2A Awards

III. Competition Information

A. Coaches' Packet

1. Coaches' race packets should be picked up at the Registration Desk located in the Multipurpose Activity Room in the Hereford High School gymnasium.

2. Contents include:
 - a. Starting line assignment
 - b. Competitor numbers (use 4 pins—one in each corner). Leave lower portion attached.

B. Competition Course

1. A map of the course has been provided in this packet.
2. Course markings will be explained during walkthroughs. Poles on the course are the official markings: BLUE = straight ahead; RED = left turn; YELLOW = right turn. Runners should run between Poles!
3. It is the coach's responsibility to instruct the competitors concerning the official markings.
4. 1st Walk—8:30 AM
5. 2nd Walk—12:30 PM

C. Chute instructions

1. All runners will run through the finish line and exit the chute as soon as possible.
2. Do not stay in the chute area.

D. The Hereford Volunteer Fire Department and Certified Athletic Trainers will staff the meet. All schools entered in the tournament agree to accept the recommendation of the medical professional assigned by the MPSSAA to cover the event.

E. Results will be posted and available at the conclusion of each race online.

F. Awards

1. An awards ceremony will take at the conclusion of each classification along the dugout of the baseball field. Only coaches and athletes will be allowed past the orange fencing for the awards ceremony.
2. Within each classification, the top two teams will receive a team trophy and 14 individual medals.
3. The first 25 individual runners will receive medals.

4. The State Cross Country Committee will recognize the school, in each classification, which displays the best overall sportsmanship while participating in the regional and state championships with the Al Smith Sportsmanship Award. Each school's coaches, players, and spectators will be graded on the level of sportsmanship they project. Immediately following the finals of each classification, the award will be presented to the school achieving the highest level of sportsmanship.
- G. Undesirable behavior by any of the school participants or non-participants shall be grounds for disqualification at the determination of the State Cross Country Meet Committee. Failure to comply will result in disciplinary action.

IV. Team Logistics

A. Designated Team Drop-Off Area

1. A designated team drop-off and pick-up area has been established near the main entrance to Hereford High School to allow student-athletes to safely enter and exit their respective busses.
2. Coaches should instruct bus drivers to drive into the designated area and drop-off athletes. Bus drivers should then continue one-way out of school lot and proceed to the Hereford High School Stadium Lot or other location as directed. (See Bus Driver Directions).
3. Coaches should have a contact number to call bus drivers 15 minutes prior to needed pick-up to return the same way and pick-up students. Teams should be ready when bus arrives to leave. Buses will not be able to wait in the pick-up location.

B. Designated Team Tent Area - A designated tent area located on the upper athletic field behind the school (See CC State Championship Map) has been established for school teams to congregate. **Please do not bring footballs, frisbees or other throwing objects. Hereford High School's practice fields are not available for activities not associated with the state cross country meet.**

C. Concessions – Concessions will be sold in the lower classroom of the northeast corner of the main building and directly across from the side entrance to the gymnasium and greenhouse.

D. Souvenir State Tournament Merchandise: T-shirts, along with other championship apparel, by PepWear, will be sold on site.

E. Restrooms – All participants, coaches, and spectators are to use the portable restrooms positioned near the designated team tent area and also in the spectator area of the course.

F. Team Bus

1. Coaches should make sure bus drivers receive the Bus Drivers Directions for entering and exiting the facility as well as bus parking.
2. All team busses should enter through the main school entrance of Hereford High School from York Road.
3. Team busses should drop off student-athletes and coaches at the designated pick-up and drop-off location.
4. Team busses should exit Hereford High School by driving to the Hereford Stadium. Event personnel will direct all busses to bus parking after dropping off teams.
5. Team bus parking is available at then Hereford High School Stadium Lot (see bus driver directions and map).
6. Coaches should have contact number of bus driver to coordinate pick-up of teams. Busses will not be able to wait along Stadium Drive to pick-up teams.
7. Bus drivers should enter campus the same way they entered to drop-off teams when picking-up teams and exit the same direction.

G. Each school is responsible for the clean-up of its area before leaving the meet.

V. Spectator Information

A. Parking and Directions – Spectators should enter Hereford High School through the main school entrance on York Rd. There will be three parking lots available for spectator parking. Two lots are on school grounds. The third lot is located south of the main school entrance. Each lot will have parking attendants to assist spectators. Vehicles parked in fire lanes and in restricted areas along York Rd. may be ticketed by Baltimore County Police.

The parking fee is \$5.00 per passenger vehicle.

- B. MPSSAA State Championship Central** – The [MPSSAA Cross Country Championship Central](http://mpssaa.org) is available at mpssaa.org on the cross country page. This is a great resource to direct spectators to for information on the event.
- C. Concessions** – Concessions will be sold in the lower classroom of the northeast corner of the main building and directly across for the side entrance to the gymnasium and greenhouse.
- D. Restrooms** – All participants, coaches, and spectators are to use the portable restrooms positioned near the designated team tent area and in the spectator area of the course.

E. Spectators are prohibited from bringing any pets to the facility. Spectators with dogs or other pets will be asked to leave the campus facility.

F. Spectators are prohibited from entering restricted areas of the course and facility. MPSSAA Officials and Course Marshalls will monitor all areas of the course. Failure to comply may result in removal from the facility.

Any further questions about the cross country state tournament should be addressed to:

Mr. Michael Sye
State Tournament Director
Athletics Coordinator, Baltimore Co.
Phone 443-809-2328
Email msye@bcps.org

2023 Cross Country State Championships Hereford High School Bus Directions

Please use the following directions to enter Hereford High School. Busses will proceed to the Hereford Stadium for the designated bus parking lot after dropping off athletes at Hereford High School. The stadium lot is located just north of the school. School coaches should have contact information for bus drivers to call when ready for their return to pick-up students. Busses will not be able to sit and wait at the pick-up and drop-off location. Bus travel time between Hereford High School and the Stadium Lot is only 1-2 minutes. Teams can easily walk to the stadium lot. Maps have been provided to assist with the below written directions.

Arriving at Hereford High School Coming from the South using I-83

1. Merge on to MD-I83N from the Baltimore Beltway I-695
2. Head north on I83 N
3. Turn right on Exit 27 (Mt. Carmel Rd) OR take Exit 31 (proceed approx. 0.5 mi and make a right turn on to York Rd. Hereford is located on the left).
4. Proceed approx. 0.5 mi and make a left turn at the lights at York Rd.
5. Hereford High School is located approximately 0.5 miles on the right.
6. Make a right turn and enter through the main school entrance.
7. Event staff and Police will direct bus drivers upon entering.

After dropping-off School Teams

1. Proceed to the end of the main school parking lot.
2. At the end, make a left turn to return to York Rd. (Barn is on the right)
3. Make a right turn and briefly travel north on York Rd.
4. The Stadium Lot is located immediately on the right directly after the tennis courts.
5. Event personnel will assist with parking the bus.