

MPSSAA 4A West XC Regional - 11/3/2016
Gaithersburg High School / Bohrer Park, Gaithersburg, MD

HS Girls 5,000 Meter Run

=====				
Name	Yr	Team	Time	Pts

1 Abigail Green	11	Walter Johnson High	17:44.45	1
2 Julia Reicin	12	Winston Churchill Hi	19:04.92	2
3 Katrione Kirsch	12	Walter Johnson High	19:06.44	3
4 Morgan Casey	11	Blair High School	19:17.03	4
5 Josephine Brane-Wrigh	11	Blair High School	19:18.65	5
6 Jessica Trzeciak	10	Thomas S Wootton Hig	19:24.02	6
7 Zoe Nuechterlein	12	Bethesda-Chevy Chase	19:35.71	7
8 Helena Lee	9	Northwest High Schoo	19:36.41	8
9 Sofia Zarate	12	Northwest High Schoo	19:42.74	9
10 Janet Scott	11	Walter Johnson High	19:43.73	10
11 Sadie Keller	11	Walter Johnson High	19:57.97	11
12 Paula Bathalon	9	Walt Whitman High Sc	19:58.58	12
13 Gwenyth Asbury	12	Winston Churchill Hi	20:00.14	13
14 Maya Jacobson	12	Quince Orchard High	20:00.83	14
15 Isabelle Sajonia	11	Quince Orchard High	20:01.46	15
16 Alyssa D'Arpa	9	Thomas S Wootton Hig	20:09.17	16
17 Sophia Scobell	11	Walter Johnson High	20:13.11	17
18 Breanna Mcdonald	10	Walt Whitman High Sc	20:14.18	18
19 Lauren Zhou	10	Richard Montgomery H	20:27.40	19
20 Nefret El Masry	11	Richard Montgomery H	20:29.70	20
21 Rachel Friedman	12	Walt Whitman High Sc	20:31.98	21
22 Alicia Lauwers	9	Walt Whitman High Sc	20:33.08	22
23 Madeline Grainger	10	Thomas S Wootton Hig	20:36.55	23
24 Leah Kannan	9	Blair High School	20:37.14	24
25 Erin Chelf	10	Thomas S Wootton Hig	20:45.32	25
26 Jasmine De La Vega	11	Richard Montgomery H	20:46.30	26
27 Julia Johnson	10	Walt Whitman High Sc	20:47.61	27
28 Gwen Klein	12	Thomas S Wootton Hig	20:48.19	28
29 Gabriela Jeliaskov	10	Bethesda-Chevy Chase	20:48.84	29
30 Marissa Branham	10	Northwest High Schoo	20:55.06	30
31 Olivia White	12	Winston Churchill Hi	20:55.58	31
32 Lena Feldman	12	Walt Whitman High Sc	20:56.19	32
33 Katherine Ellis	12	Bethesda-Chevy Chase	20:59.19	33
34 Sara Mercer	9	Quince Orchard High	20:59.60	34
35 Isadora Germain	11	Blair High School	21:01.43	35
36 Bianca Zeigler	10	Northwest High Schoo	21:02.68	36
37 Natalie Koldaro	9	Richard Montgomery H	21:05.53	37
38 Emma Bassett	10	Richard Montgomery H	21:12.74	38
39 Adna Trakic	10	Thomas S Wootton Hig	21:15.20	39
40 Kate Danziger	11	Winston Churchill Hi	21:15.64	40
41 Elizabeth Sklaire	9	Walt Whitman High Sc	21:16.88	41
42 Margaret Lilyestrom	10	Quince Orchard High	21:23.65	42
43 Avery Jackson	9	Clarksburg High Scho	21:24.13	43
44 Lara Shonkwiler	12	Blair High School	21:27.61	44
45 Devi Payne	12	Bethesda-Chevy Chase	21:30.88	45
46 Isabel Present	11	Blair High School	21:38.20	46
47 Lily Lippert	11	Clarksburg High Scho	21:41.84	47
48 Helena Abbott	10	Walter Johnson High	21:42.62	48
49 Valerie Hubert	12	Thomas S Wootton Hig	21:43.49	49
50 Rebecca Clem	12	Winston Churchill Hi	21:43.99	50
51 Anita Lonnberg	10	Walter Johnson High	21:44.36	51

52 Elizabeth Cassell	11 Quince Orchard High	21:44.79	52
53 Tess Horn	12 Winston Churchill Hi	21:45.35	53
54 Madison Silver	12 Bethesda-Chevy Chase	21:51.62	54
55 Summer Jacobs	12 Northwest High Schoo	21:55.22	55
56 Jamie Grossberg	10 Quince Orchard High	22:04.98	56
57 Hannah Bush	10 Winston Churchill Hi	22:08.85	57
58 Taylor Balfour	12 Richard Montgomery H	22:15.28	58
59 Olivia Miller	11 John F Kennedy High	22:16.22	
60 Brooke Mandel	12 Northwest High Schoo	22:18.81	59
61 Lilli Dirlik	11 Albert Einstein High	22:21.84	60
62 Jessie Williams	10 Albert Einstein High	22:22.95	61
63 Annie Jones	12 Gaithersburg High Sc	22:33.25	62
64 Elise Durr	10 Gaithersburg High Sc	22:35.36	63
65 Grace Jacobs	9 John F Kennedy High	22:45.81	
66 Melina Worthington	9 Blair High School	22:50.42	64
67 Alexandra Lattner	11 Gaithersburg High Sc	22:53.44	65
68 Katherine Moore	10 Northwood High Schoo	22:54.67	66
69 Charlotte Lindblom	11 Albert Einstein High	22:56.58	67
70 Anaiah Little-diop	11 Bethesda-Chevy Chase	22:59.49	68
71 Juliya Harnood	9 Northwest High Schoo	23:00.07	69
72 Trinity Klock	9 Clarksburg High Scho	23:04.06	70
73 Aliza Horowitz	12 Albert Einstein High	23:05.63	71
74 Elspeth Dorr	12 Albert Einstein High	23:12.16	72
75 Gabriella Armonda	12 Northwood High Schoo	23:24.61	73
76 Samantha Brown	12 Northwood High Schoo	23:26.96	74
77 Kayla Jimenez	11 Clarksburg High Scho	23:33.30	75
78 Natalie Nyborg	10 Quince Orchard High	23:33.65	76
79 Octavia Coleman	12 Gaithersburg High Sc	23:36.18	77
80 Alena Spencer	11 Richard Montgomery H	23:56.95	78
81 Eden Tegegn	11 Albert Einstein High	24:07.31	79
82 Sofia Vallone	11 Gaithersburg High Sc	24:08.70	80
83 Johannah Yankey	12 Northwood High Schoo	24:24.12	81
84 Beza Ketema	10 Gaithersburg High Sc	24:52.99	82
85 Kayla Newby	10 Northwood High Schoo	25:12.45	83
86 Chaleen Anani	10 John F Kennedy High	25:16.79	
87 Samantha Yee	11 Gaithersburg High Sc	25:22.26	84
88 Melody Bii	10 Albert Einstein High	25:28.17	85
89 Hannah King	9 Clarksburg High Scho	25:42.40	86
90 Dominique Desmarattes	11 Northwood High Schoo	25:54.17	87
91 Amanda Miller	11 Clarksburg High Scho	25:54.54	88
92 Yohana Hernandez	11 John F Kennedy High	26:41.52	
93 Heidi Ramlal	12 Clarksburg High Scho	26:45.65	89

HS Girls 5,000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Walter Johnson High	42	1	3	10	11	17	48	51
Total Time: 1:36:46		Average: 19:21.14				1-5	Split: 2:29	
2 Thomas S Wootton Hig	98	6	16	23	25	28	39	49
Total Time: 1:41:44		Average: 20:20.65				1-5	Split: 1:25	
3 Walt Whitman High Sc	100	12	18	21	22	27	32	41
Total Time: 1:42:06		Average: 20:25.09				1-5	Split: 50	
4 Blair High School	112	4	5	24	35	44	46	64
Total Time: 1:41:42		Average: 20:20.38				1-5	Split: 2:11	
5 Winston Churchill Hi	136	2	13	31	40	50	53	57
Total Time: 1:43:01		Average: 20:36.06				1-5	Split: 2:40	
6 Northwest High Schoo	138	8	9	30	36	55	59	69
Total Time: 1:43:13		Average: 20:38.43				1-5	Split: 2:19	

7	Richard Montgomery H	140	19	20	26	37	38	58	78
	Total Time: 1:44:02		Average: 20:48.34				1-5	Split: 46	
8	Quince Orchard High	157	14	15	34	42	52	56	76
	Total Time: 1:44:11		Average: 20:50.07				1-5	Split: 1:44	
9	Bethesda-Chevy Chase	168	7	29	33	45	54	68	-
	Total Time: 1:44:47		Average: 20:57.25				1-5	Split: 2:16	
10	Clarksburg High Scho	321	43	47	70	75	86	88	89
	Total Time: 1:55:26		Average: 23:05.15				1-5	Split: 4:19	
11	Albert Einstein High	331	60	61	67	71	72	79	85
	Total Time: 1:54:00		Average: 22:47.84				1-5	Split: 51	
12	Gaithersburg High Sc	347	62	63	65	77	80	82	84
	Total Time: 1:55:47		Average: 23:09.39				1-5	Split: 1:36	
13	Northwood High Schoo	377	66	73	74	81	83	87	-
	Total Time: 1:59:23		Average: 23:52.57				1-5	Split: 2:18	

HS Boys 5,000 Meter Run

=====				
Name	Yr	Team	Time	Pts

1 Rohann Asfaw	12	Richard Montgomery H	16:11.17	1
2 Adam Nakasaka	11	Bethesda-Chevy Chase	16:19.64	2
3 Joshua Engels	11	Walt Whitman High Sc	16:28.62	3
4 Aaron Bratt	10	Walt Whitman High Sc	16:29.07	4
5 Garrett Suhr	9	Richard Montgomery H	16:29.38	5
6 Simeon Mussie	11	Albert Einstein High	16:31.71	6
7 Nicholas Karayianis	9	Winston Churchill Hi	16:32.39	7
8 John Riker	10	Thomas S Wootton Hig	16:36.73	8
9 Josh Fry	11	Bethesda-Chevy Chase	16:45.69	9
10 Vicente Rudolph	12	Winston Churchill Hi	16:52.33	10
11 Obsaa Feda	10	Northwood High Schoo	16:53.57	11
12 Joachim El-Masry	11	Richard Montgomery H	16:54.66	12
13 Peter Antonetti	11	Gaithersburg High Sc	16:58.70	13
14 Jose Infante-rosale	12	Northwest High Schoo	17:04.77	14
15 Matthew Halverson	12	Winston Churchill Hi	17:09.02	15
16 Rory O'Neil	12	Northwest High Schoo	17:11.86	16
17 Renato Nunez	12	Thomas S Wootton Hig	17:12.22	17
18 Chris Thoms	11	Quince Orchard High	17:14.07	18
19 Sebastian Jones	12	Bethesda-Chevy Chase	17:14.70	19
20 Jackson Kilosky	11	Clarksburg High Scho	17:15.75	20
21 Tristram Dorr	9	Albert Einstein High	17:17.31	21
22 Ngoy Yamitshi	12	Northwest High Schoo	17:19.33	22
23 Alex Leipold	12	Bethesda-Chevy Chase	17:21.02	23
24 Ryan Holland	11	Blair High School	17:22.34	24
25 Komlan Attiogbe	12	Northwest High Schoo	17:24.10	25
26 Zachary Worthman	10	Clarksburg High Scho	17:24.93	26
27 Daniel Rogers	11	Northwest High Schoo	17:25.32	27
28 Miguel Salcido	11	Quince Orchard High	17:25.90	28
29 Joseph Pohoryles	10	Thomas S Wootton Hig	17:26.25	29
30 Emerson Miller	12	John F Kennedy High	17:26.86	
31 Nathaniel Stuckey	11	Richard Montgomery H	17:27.27	30
32 Matthew Goldsmith	12	Winston Churchill Hi	17:27.97	31
33 Thierry Siewe Yanga	12	Blair High School	17:30.02	32
34 Tyler Wilson	11	Albert Einstein High	17:30.83	33
35 Jacob Rains	12	Bethesda-Chevy Chase	17:32.14	34
36 Connor Lawrence	12	Thomas S Wootton Hig	17:33.47	35
37 Obi Onwuamaegbu	10	Walt Whitman High Sc	17:36.45	36
38 Kevin Mcauliffe	10	Bethesda-Chevy Chase	17:36.79	37
39 Jonathan Botello	11	Clarksburg High Scho	17:38.07	38
40 Amir Van Gieson	11	Thomas S Wootton Hig	17:39.93	39
41 Philip Miljanic	12	Richard Montgomery H	17:40.44	40

42	Garret Kern	12	Blair High School	17:40.75	41
43	Ethan Mara	11	Quince Orchard High	17:42.24	42
44	Dominic Massimino	12	Blair High School	17:43.39	43
45	Chase Osborne	11	Northwest High Schoo	17:43.66	44
46	Varun Mishra	12	Winston Churchill Hi	17:43.94	45
47	Stefan Lehman	12	Walter Johnson High	17:48.95	46
48	Edward Lee	9	Winston Churchill Hi	17:49.19	47
49	Redeate Kidane	10	Gaithersburg High Sc	17:49.44	48
50	Wyatt McCabe	12	Quince Orchard High	17:50.38	49
51	Stefan Ney	9	Northwest High Schoo	17:52.59	50
52	Benjamin Shapiro	12	Thomas S Wootton Hig	17:53.17	51
53	Declan Scott	12	Gaithersburg High Sc	17:53.64	52
54	Lucas Fernandez	10	Clarksburg High Scho	17:54.03	53
55	Sean Murphy	11	Walter Johnson High	17:54.53	54
56	Cooper Hall	9	Quince Orchard High	17:55.44	55
57	Ben Simpson	10	Albert Einstein High	17:59.72	56
58	Aremu Wymes	12	Albert Einstein High	18:00.56	57
59	Jonah Rosenblum	12	Bethesda-Chevy Chase	18:01.66	58
60	Kai Jacobs	10	Walt Whitman High Sc	18:02.70	59
61	James Tirrell	11	Gaithersburg High Sc	18:04.71	60
62	Eldad Mulugeta	10	Northwood High Schoo	18:06.83	61
63	Baraka Sila	10	Northwood High Schoo	18:11.27	62
64	Robert Schmidt	11	Walter Johnson High	18:14.23	63
65	Leoluca Cannuscio	10	Blair High School	18:14.70	64
66	Ben Rumsfeld	10	Walt Whitman High Sc	18:16.33	65
67	Brian Hufford	10	Blair High School	18:17.38	66
68	Michael Murphy	10	Walt Whitman High Sc	18:20.19	67
69	Timothy Franklin	10	Gaithersburg High Sc	18:21.67	68
70	Mitchell Fanger	11	Thomas S Wootton Hig	18:25.26	69
71	Nathaniel Kinyanjui	10	Blair High School	18:25.91	70
72	Matthew Owens	12	Quince Orchard High	18:26.56	71
73	Andreas Christofides	10	Walt Whitman High Sc	18:27.04	72
74	Alec Musheno	10	Northwood High Schoo	18:31.63	73
75	Noah Buchsbaum	10	Quince Orchard High	18:33.93	74
76	Christian Ramirez	11	Gaithersburg High Sc	18:34.28	75
77	Jackson May	11	Walter Johnson High	18:35.07	76
78	Ayu Fantaw	9	Northwood High Schoo	18:35.63	77
79	Ethan Do	12	Richard Montgomery H	18:43.51	78
80	Johan Deyonou	9	Albert Einstein High	19:03.67	79
81	Andrew Burklowe	12	Walter Johnson High	19:06.07	80
82	Owen Hananel	11	Walter Johnson High	19:08.36	81
83	Evan Moore	10	Northwood High Schoo	19:08.75	82
84	Joseph Chan	10	Clarksburg High Scho	19:11.60	83
85	Connor Obrien	10	Richard Montgomery H	19:15.02	84
86	Nick Dyal	11	Clarksburg High Scho	19:25.27	85
87	Kaleb Adams	9	Gaithersburg High Sc	19:30.16	86
88	Jacob Marks	9	Walter Johnson High	19:42.72	87
89	Bailey Ingalla	12	Clarksburg High Scho	19:47.60	88
90	Frank Zimmer	11	Albert Einstein High	20:04.37	89
91	Jesse Gooch	11	John F Kennedy High	22:21.90	
92	Hugo Iberri	9	John F Kennedy High	29:06.12	
93	Diego Millian	12	John F Kennedy High	30:17.15	

HS Boys 5,000 Meter Run Team Scores

=====								
Team	Pts	1	2	3	4	5	(6)	(7)
=====								
1 Bethesda-Chevy Chase	87	2	9	19	23	34	37	58
Total Time: 1:25:14		Average: 17:02.64				1-5 Split: 1:13		

2	Richard Montgomery H	88	1	5	12	30	40	78	84
	Total Time: 1:24:43		Average: 16:56.59				1-5 Split: 1:30		
3	Northwest High Schoo	104	14	16	22	25	27	44	50
	Total Time: 1:26:26		Average: 17:17.08				1-5 Split: 21		
4	Winston Churchill Hi	108	7	10	15	31	45	47	-
	Total Time: 1:25:46		Average: 17:09.13				1-5 Split: 1:12		
5	Thomas S Wootton Hig	128	8	17	29	35	39	51	69
	Total Time: 1:26:29		Average: 17:17.72				1-5 Split: 1:04		
6	Walt Whitman High Sc	167	3	4	36	59	65	67	72
	Total Time: 1:26:54		Average: 17:22.64				1-5 Split: 1:48		
7	Albert Einstein High	173	6	21	33	56	57	79	89
	Total Time: 1:27:21		Average: 17:28.03				1-5 Split: 1:29		
8	Quince Orchard High	192	18	28	42	49	55	71	74
	Total Time: 1:28:09		Average: 17:37.61				1-5 Split: 42		
9	Blair High School	204	24	32	41	43	64	66	70
	Total Time: 1:28:32		Average: 17:42.24				1-5 Split: 53		
10	Clarksburg High Scho	220	20	26	38	53	83	85	88
	Total Time: 1:29:25		Average: 17:52.88				1-5 Split: 1:56		
11	Gaithersburg High Sc	241	13	48	52	60	68	75	86
	Total Time: 1:29:09		Average: 17:49.64				1-5 Split: 1:23		
12	Northwood High Schoo	284	11	61	62	73	77	82	-
	Total Time: 1:30:19		Average: 18:03.79				1-5 Split: 1:43		
13	Walter Johnson High	319	46	54	63	76	80	81	87
	Total Time: 1:31:39		Average: 18:19.77				1-5 Split: 1:18		