

**MPSSAA State Cross Country Championships - 11/10/2018****1A/4A South Region****Ft. Washington Park****Results****Event 8 Boys 5k Run CC 4A**

Name	Year	School	Seed	Avg Mile	Finals	Points
Results - Men						
1 Hussen, Jafar	11	Parkdale Hig		5:31.7	17:10.27	1
2 Okon, Andrew	11	Eleanor Roos		5:44.7	17:50.84	2
3 Onwonga, David	11	Parkdale Hig		5:48.3	18:01.94	3
4 Lewis, Brandon	11	Eleanor Roos		5:48.9	18:03.86	4
5 Wien, Benno	9	Eleanor Roos		5:58.2	18:32.88	5
6 Dawson, James	11	Eleanor Roos		5:58.6	18:34.14	6
7 Stewart, Mikias	12	Bowie High School		5:59.3	18:36.25	7
8 Mantamoros, Hector	12	High Point H		5:59.4	18:36.49	
9 Herrera, Bryan	12	Parkdale Hig		6:03.3	18:48.71	8
10 Cruz, Aidan	11	Eleanor Roos		6:04.1	18:51.08	9
11 Ford, Jayden	12	Suitland Hig		6:06.0	18:56.87	10
12 Stephenson, Tafari	10	Bowie High School		6:06.2	18:57.70	11
13 Easton, Kwesi	12	Eleanor Roos		6:07.0	19:00.10	12
14 Hussain, Sohban	12	DuVal High School		6:09.0	19:06.38	13
15 assan, gabriel	12	DuVal High School		6:14.1	19:22.11	14
16 Hutchinson, Deonte	12	Bladensburg		6:14.8	19:24.35	15
17 Coley, Dyson	10	Henry A. Wis		6:15.0	19:24.91	16
18 Khan, Muzzamil	11	Eleanor Roos		6:18.8	19:36.73	17
19 Pierce, Taheer	12	Henry A. Wis		6:19.3	19:38.18	18
20 Macal, Alan	12	Bladensburg		6:20.8	19:42.87	19
21 Cooper, Jordan	11	Parkdale Hig		6:21.5	19:45.24	20
22 Russell, Tyrek	12	DuVal High School		6:26.1	19:59.37	21
23 Watts, Javon	10	Henry A. Wis		6:26.5	20:00.82	22
24 Edmonds, Joshua	10	Henry A. Wis		6:28.0	20:05.47	23
25 Davies, Addo	11	C.H. Flowers		6:28.1	20:05.70	
26 Diallo, Djibril	12	Bladensburg		6:29.9	20:11.36	24
27 Campbell, Jahon	10	Bowie High School		6:31.4	20:15.78	25
28 Pierce, Taevon	9	Henry A. Wis		6:31.8	20:17.18	26
29 Jones, Brandon	10	Suitland Hig		6:32.6	20:19.78	27
30 Ojo, Isaac	10	Laurel High School		6:33.7	20:23.04	28
31 Goodman, Harry	11	Bladensburg		6:36.1	20:30.52	29
32 James, Kahlil	12	Parkdale Hig		6:36.5	20:31.71	30
33 Nwogu, Victor	10	C.H. Flowers		6:36.8	20:32.66	
34 Burks, Marquise	10	Bowie High School		6:39.9	20:42.44	31
35 Tiliksew, Samuel	11	Laurel High School		6:43.0	20:52.02	32
36 Nwadiaro, Joe	11	Laurel High School		6:44.0	20:55.10	33
37 Achu, Emmanuel	11	Laurel High School		6:45.0	20:58.07	34
38 Joseph, Paul	12	Bladensburg		6:45.5	20:59.60	35
39 Kelsick, Kareem	12	Henry A. Wis		6:46.4	21:02.58	36
40 Locher, Maddox	11	Bowie High School		6:56.9	21:35.12	37
41 Brown, Derrick	11	High Point H		7:01.4	21:49.21	
42 Alhwamdeh, Muhammed	11	Bowie High School		7:02.9	21:53.79	38
43 Lonon, Brian	10	Suitland Hig		7:05.5	22:01.92	39
44 Escobar, Carlos	12	Bladensburg		7:08.2	22:10.16	40
45 Stewart, Tymon	11	Suitland Hig		7:11.8	22:21.40	41
46 Agyemang, Roland	12	Laurel High School		7:16.2	22:35.09	42
47 Whitmore, Lavaughn	9	Suitland Hig		7:20.7	22:49.07	43
48 Bethune, Michael	10	Laurel High School		7:37.1	23:39.98	44
49 Opon, Zachary	12	Laurel High School		7:37.9	23:42.46	45
50 Clendenin, Justin	11	C.H. Flowers		7:38.5	23:44.49	
51 Hobbs, Karon	11	Suitland Hig		7:39.7	23:48.12	46



**MPSSAA State Cross Country Championships - 11/10/2018**

**1A/4A South Region**

**Ft. Washington Park**

**Results**

**Event 7 Girls 5k Run CC 4A**

Name	Year	School	Seed	Avg Mile	Finals	Points
Results - Women						
1 Watts, Javon	11	C.H. Flowers		6:41.3	20:46.81	1
2 Okunola, Jaylene	10	C.H. Flowers		6:59.3	21:42.49	2
3 Deigh, Manuelene	11	C.H. Flowers		7:11.0	22:18.97	3
4 Deigh, Manuela	11	C.H. Flowers		7:19.9	22:46.47	4
5 Suh, Nadia	11	Eleanor Roos		7:26.9	23:08.38	5
6 Kante, Fatoumata	12	High Point H		7:29.0	23:14.80	
7 Solomon, Karizma	11	C.H. Flowers		7:31.6	23:22.93	6
8 Turner, Amyra	10	Suitland Hig		7:37.7	23:41.88	7
9 Balma, Erin	10	Suitland Hig		7:39.3	23:46.84	8
10 Quanteh, Nowah	10	C.H. Flowers		7:41.6	23:54.08	9
11 Mcgranahan, Nina	12	Eleanor Roos		7:42.3	23:56.04	10
12 Boasiako, Eunice	12	Eleanor Roos		7:44.5	24:03.06	11
13 Speight, Jessica	11	Henry A. Wis		7:44.8	24:04.05	12
14 Frierson, Tiana	12	Suitland Hig		7:46.5	24:09.29	13
15 Lyons, Decoda	9	Henry A. Wis		7:47.5	24:12.19	14
16 Derr, Diamond	12	Suitland Hig		7:48.8	24:16.28	15
17 Cunningham, Kaiya	11	Bowie High School		7:49.4	24:18.27	16
18 Antigua, Rachel	11	Eleanor Roos		7:50.5	24:21.60	17
19 Harrod, Aalayah	9	Henry A. Wis		7:55.1	24:35.80	18
20 Fiore, Sydney	9	Eleanor Roos		7:57.6	24:43.73	19
21 Buller-Jarrett, Allannah	10	C.H. Flowers		8:00.6	24:53.17	20
22 Heintzelman, Alyssa	12	Eleanor Roos		8:09.7	25:21.31	21
23 Herrera-Michaca, Daniela	10	Eleanor Roos		8:10.8	25:24.64	22
24 Afful, Grace	11	Laurel High School		8:24.0	26:05.77	
25 braveboy, shaunda	12	DuVal High School		8:39.6	26:54.09	
26 Simmons, Saniya	9	Henry A. Wis		8:39.6	26:54.14	23
27 Tinsley, Dejah	12	DuVal High School		8:39.6	26:54.28	
28 Moody, Carmen	9	Henry A. Wis		8:40.0	26:55.37	24
29 Adedje, Theodora	10	Bladensburg		8:45.6	27:12.90	
30 Inyang, Idorenyin	10	Bladensburg		8:57.7	27:50.34	
31 Brooks, Lauren	11	Bowie High School		9:14.2	28:41.60	25
32 Stewart, Bethlehem	11	Bowie High School		9:17.5	28:51.89	26
33 Ohaemesi, Ugonna	11	Bowie High School		9:17.7	28:52.68	27
34 Williams, Summyr	11	Bowie High School		9:19.9	28:59.42	28
35 Mejia, Samantha	10	Bladensburg		10:14.8	31:49.95	
36 thomas, dejah	12	DuVal High School		10:21.7	32:11.50	
37 Asonye, Ijeoma	12	DuVal High School		10:21.8	32:11.65	
38 Walker, Gennelle	12	Suitland Hig		10:32.7	32:45.71	29
-- Logan, Shakira	10	Bladensburg			DNF	

Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Women										

