

MPSSAA Weekly Rules Quizzes

Girls Lacrosse

Week 1

- 1. With two seconds left in the game, White #3 has an 8-meter free position. On the whistle, White #3 runs in and releases the ball prior to the horn. The ball enters the goal after the horn. The official should disallow the goal.**
 - a. True
 - b. False
- 2. On the draw, all players below the restraining line are released when:**
 - a. A whistle stops play for a foul.
 - b. The ball goes out of bounds off a player or the player's crosse.
 - c. The ball crosses the restraining line.
 - d. All of the above
- 3. Which of the following is NOT true regarding goalkeeper equipment?**
 - a. The Goalkeeper may wear eyeglasses, either tinted or clear.
 - b. Chinstraps must be properly secured to helmets.
 - c. It is recommended that the Goalkeeper wear shin guards.
 - d. She may affix a device to reduce concussions to the outside of her helmet.
- 4. Following a blown whistle for a foul in the mid-field, the ball carrier must stop or pause before self-starting**
 - a. True
 - b. False
- 5. To resume play when the ball has gone out of bounds in the midfield, a player passes the ball from out of bounds to her teammate on the field. What should the official do?**
 - a. Bring the ball back and have her run the ball in
 - b. Allow play to continue but give the team a verbal warning.
 - c. Call time-out and green card her team
 - d. Turn the ball over, award the ball to the opposing team 4 meters in from the boundary. All other players must be 4 meters away.
- 6. On a flag for three seconds, Red shoots and then runs into the goal circle. Offsetting fouls are called, and the Red team has the Alternate Possession. Where is the Red team will be awarded the ball?**
 - a. At the 8-meter hash on the GLE.
 - b. On the closest 8-meter hash to where the foul for the flag occurred.
 - c. At the dot closest to where the foul occurred when the whistle was blown to stop play.
 - d. On the 12-meter fan, closest to where the foul occurred.

Answers Week 1:

1. B (Rule 4, Section 8, Art. 3c)

2. D (Rule 5, Section 2, Art 6a 1-4)
3. D (Rule 2, Section 6, Art. 1)
4. B (Rule 5, Section 4, Art 2)
5. D (Rule 9, Section 1 o 2)
6. C (Rule 5, Section 5, Art. 1F, 3B)
7. D (Rule 11, Section 2, Penalties 3)
8. D. (Rule 10, Penalties 4, 5a-f)
9. A. (Rule 12, Section 8, Penalties3b)
10. B (Rule 5, Section 5, Art 1f

