

MPSSAA Girl's Lacrosse Knowledge Check

Quiz #1: New Rules

1. Through out the game, not including the last 2 minutes in the halves or overtime, the officials shall call time-out for which of the following: CHOOSE ALL THAT APPLY
  - a. Issuing a card
  - b. Offside violation
  - c. Any 8 meter free position
  - d. Illegal draw
  - e. Inadvertent whistle
  - f. Injury
  - g. Alternate Possession
2. Goalkeepers are required to wear which of the following equipment: CHOOSE ALL THAT APPLY
  - a. Helmet with a separate throat protector
  - b. Mouthguard
  - c. Shin Protectors
  - d. Arm Protectors
  - e. Chest Protector
3. True or False: A player on the field may exchange their stick during play with any player standing in the team bench area.
4. On a boundary following a shot, it is determined that the goalkeeper in her goal circle is the closes player to the ball. How may play be restarted?
  - a. The goalie may pick up the ball at the boundary and restart play from there with a self-start
  - b. A teammate of the goalie may pick up the ball at the boundary and restart from there with a self-start
  - c. The ball will be brought back to the goal circle and there will be a whistle start
  - d. A and B only

- e. All of the above
- 5. An attack player taking an 8 meter free position is discovered to be wearing jewelry. How shall the official proceed?
  - a. Turn the ball over to the closest opponent, whistle restart.
  - b. Ask the player to remove her jewelry and proceed with her 8 meter free position
  - c. Call time out. Green card the attack player, award the ball to the closest defender and whistle restart
  - d. Call time out. Award the Alternate Possession on the closest dot to the appropriate team for offsetting fouls. Whistle restart
- 6. Quiz #1: New Rules: Answers

- 1. Issuing a card, Offside violation, Inadvertent whistle, Injury and alternate Possession
- 2. Helmet with a separate throat protector, mouthguard, chest protector
- 3. False
- 4. d. A and B only
- 5. D. Award the alternate possession on the dot

