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Maryland Public Secondary Schools Athletic Association

October, 2018

## MPSSAA News and Notes

### 2017-18 Participation Survey

Participation for Maryland public high school athletics reached 112,306 participants in 2017-18 which is a small decrease from 2016-17. It is the eleventh year in a row that participation was over 110,000 and the fourteenth year in row over 100,000 participants. A complete history of the participation survey dating back to 1977-78 can be found in the MPSSAA Handbook on page 44 (www.mpssaa.org).

The following is the sport participation breakdown by gender:

Sports	Number of Boy Participants		Number of Girl Participants	
	<u>16-17</u>	<u>17-18</u>	<u>16-17</u>	<u>17-18</u>
Badminton	191	207	543	499
Baseball	5468	5200	4	7
Basketball	5501	5650	4337	4368
Bowling	28	139	28	80
Cross Country	3741	3824	2710	2681
Field Hockey	0	0	3883	3843
Football	13418	12928	9	16
Golf	1246	1161	303	333
Gymnastics	0	0	145	119
Indoor Track	5266	5320	4497	4687
Lacrosse	6430	6378	5291	5472
Soccer	6769	6764	5902	5839
Softball	0	2	4826	4811
Swim & Diving	1850	1865	2339	2327
Tennis	2145	2129	2318	2335
Track & Field	7155	6924	5726	5717
Volleyball	674	658	5215	5229
Wrestling	4240	4557	152	161
Ice Hockey				
Total				

2016-17 TOTAL COMBINED: 112,414 2017-18 TOTAL COMBINED: 112,306

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Dana Johnson, President

R. Andrew Warner, Executive Director

## MPSSAA Mourns The Passing Of Pioneer Patricia Barry

We are extremely sad to share the news that Patricia "Pat" Barry, longtime Coordinator of Montgomery County Public School Athletics (MCPS), passed away on September 6th. Pat was a champion for equity and a true pioneer in the field of athletic administration, serving not only MCPS but the MPSSAA in multiple capacities. Pat served as the Coordinator of MCPS Athletics for 20 years, from 1975-1995, starting as the Coordinator of Girls Secondary Physical Education and Sports. Pat also served the MPSSAA as President from 1994-1996 and on many State Tournament Committees, including serving as the longtime director of the MPSSAA Girls Basketball Tournament. Following her retirement, Pat continued to serve as an invaluable resource and wealth of wisdom for both MPSSAA and MCPS Athletics.

Having worked closely with Pat Barry during her tenure, former MPSSAA Executive Director, Ned Sparks stated, "Pat Barry's legacy continues to leave its' mark on the interscholastic athletic programs in Maryland. From first recognizing the impact of cable television and pioneering broadcast standards and rights fees, to chairing state tournament committees notably taking the Girls Basketball Tournament to a Division I facility, to providing the leadership culminating with the "open state tournament", to mentoring and providing an excellent example to aspiring female athletic administrators. Even in retirement, Pat's work continued as she worked to establish corporate sponsorships for the MPSSAA in excess of \$1,000,000. Pat was a giant of a leader whose impact will be felt for generations of Maryland public school student-athletes to come."

Diane George, current Director of the Girls State Basketball Tournament shared her thoughts. "Pat followed Mildred Murray as our second State Committee Director for Girls Basketball. Her excellent leadership style and human relations skills blended our state-wide workers into a fine-oiled machine. It was an honor to work alongside Pat. Her contributions and the impact she made to our girls' basketball tournament is still evident today. We lost a wonderful professional and kind-hearted person."

"The high standards of MCPS Athletics are a direct result of the passion and efforts of Pat Barry", says Jeff Sullivan, current MCPS Director of Systemwide Athletics. "We have recently discussed that effective leaders can see the big picture AND focus on the small details; Pat certainly excelled as an innovative leader who could do both well and served as an inspiration to all around her. While you may not have had the pleasure of knowing Pat, we have all experienced the impact of her commitment to excellence."

## MPSSAA News and Notes

### **Cross Country**

The MPSSAA Cross Country Championships will return to Hereford High School for the 2018 season. Please make sure that all cross country coaches and school Athletic Directors review the following information.

- Initial school cross country rosters must be submitted by Monday, October 22, 2018. Changes may be made to the roster through 10 a.m. on Monday, October 29, 2018. A link to the MileSplit entry hub can be found on the Cross Country page at mpssaa.org.
- The MPSSAA will be sending out a Last Minute Bulletin regarding specifics for the course, the meet, spectators, parking, and bus information.

#### **CROSS COUNTRY ENTRIES**

Must be submitted by Monday, October 22, 2018. See page 11 of the Cross Country Bulletin.

### **Girls Field Hockey**

The MPSSAA Girls Field Hockey State Championships are scheduled to be held at Washington College on Saturday, November 10, 2018. The seeding meeting for the State Tournament will be held via conference call on Thursday, October 18th.

All schools must submit their official record (excluding the designated optional tournament) for games through Wednesday, October 17th to their Region Tournament Director. Brackets for the tournaments will be made available online on October 18th.

#### **Football**

The MPSSAA Football State Championships will return in 2018 to Navy-Marine Corps Memorial Stadium on November 29th - December 1st. The Class 3A State Finals will be played on November 29th at 7:00 p.m., Class 4A on November 30th at 7:30 p.m., while Class 1A and 2A will play on December 1st at 3:30 and 7:00 p.m. respectively.

Schools are reminded to report scores, regardless if you are home or away, as soon as possible at the end of each contest. This job should be appointed to a responsible individual to ensure that the final score of every game is accurately reported each week. Contact person at County Sports Zone (CSZ) is Anthony Saliero. Scores may be called/texted to 301-908-5678 or emailed to FootballScores@CountySportsZone.com. CSZ will be the official hub to access the 10-week schedule for all schools as well as for week-to-week results.

Each week the MPSSAA will update the official point standings with Week 10 concluding the regular season as the top four teams in each region advance to the Region Semi-Finals. Ties will be broken by virtue of the tie-breaker criteria outlined in the current Fall Bulletin. The MPSSAA will announce the official seeding of the State Football Tournament on Sunday, November 4th.

# State Tournament Brackets, Schedule, and Results

County Sports Zone (CSZ) will once again be the official hub for school communities to access brackets, schedules, and results for the 2018 MPSSAA Fall Playoffs. Schools are asked to use the contact information listed below to report scores and subsequent game schedules throughout their respective tournaments.

#### **Report Schedule and Results**

Field Hockey (Ed Waldman): Email: FieldHockey@CountySportsZone.com Text: 443-756-7601

Soccer (Anthony Saliero):

Email:

BoysSoccer@CountySportsZone.com GirlsSoccer@CountySportsZone.com Text: 301-908-5678

IT IS VERY IMPORTANT FOR COACHES TO SAY IF IT'S A BOYS GAME OR A GIRLS GAME!

Volleyball (Ed Waldman): Email: Volleyball@CountySportsZone.com Text: 443-756-7601

Football (Anthony Saliero):
Email: FootballScores@CountySportsZone.com
Text: 301-908-5678

Golf and Cross Country championships: CSZ will be on-site to post results in real time.

If coaches have been sending CSZ scores during the regular season, they can continue to use the CSZ score text line — 443-279-4676

#### Golf

The MPSSAA Golf State Championships will take place at the University of Maryland on Monday, October 22nd through Wednesday, October 24th. District tournaments must be completed by Tuesday, October 16th for the state organizational meeting on October 17th.

Coaches should review the Fall Bulletin for additional information and MUST be on site at the State Tournament and available to assist with general supervision, scoring, and/or marshalling if requested to do so by the Tournament Committee. Please note that range finders are allowed and permitted to be shared with competitors. Cell phones are NOT permitted and may not be used as range finders.

## MPSSAA News and Notes

#### Soccer

The MPSSAA Soccer State Championships are scheduled to be hosted again at Loyola University on November 15th, 16th, and 17th. Classifications and game times will be announced based on winners of the State Semifinals on November 9th and 10th. Information on Ridley Athletic Complex including directions, parking, and spectator information will be sent to participating schools and is also posted in the "Fan Focus" on the MPSSAA website.

The seeding meeting for the State Tournament will be held via conference call on Monday, October 22nd. All schools must submit their official record (excluding the designated optional tournament) for games through Saturday, October 20th to their Region Tournament Director. Brackets for the tournaments will be made available online on October 22nd.

### **Girls Volleyball**

The MPSSAA Volleyball State Championships are scheduled to be hosted at the University of Maryland's Ritchie Coliseum from November 12th-15th and November 19th-20th. Please review the Fall Bulletin regarding the schedule and starting times.

The seeding meeting for the State Tournament will be held via conference call on Monday, October 29th. All schools must submit their official record (excluding the designated optional tournament) for matches through Saturday, October 27th to their Region Tournament Director. Brackets for the tournaments will be made available online on October 29th.

#### **NFHS Celebrates Centennial Year!**

During the 2018-19 school year, the NFHS will celebrate 100 years as an organization and its 100th Summer Meeting in July, 2019. Throughout the year, the NFHS will highlight and celebrate its extensive history from its formation in 1920 to today. Each month, www.nfhs.org/100years will feature a new video highlighting a part of the NFHS' past. The year will culminate with the 100th NFHS Summer Meeting next July in Indianapolis, which will include an open house, historical display and final night celebration.

#### **Sanctioning Reminders**

We would like to re-emphasize that host schools for multiteam events need to file the appropriate sanction request form from the MPSSAA.org website with the MPSSAA Executive Director PRIOR to the first play date of that particular season (fall, winter, or spring) and at least 15 days prior to the event for events within the first two weeks of the season. Each request must include an official listing of participating schools before it can be processed for approval and posting on the MPSSAA.org website.

Please note that multi-team events involving MPSSAA member schools or approved non-member Maryland schools that have signed the "Standards of Competition" DO NOT NEED TO BE SANCTIONED!

### **Keep Refueling With Chocolate Milk!**

For the fourth consecutive year, the MPSSAA is pleased to announce a partnership with the American Dairy Association North East for the 2018-19 school year which once again designates low-fat chocolate milk as the exclusive beverage of the MPSSAA. Studies show that low-fat chocolate milk is a great option for high school athletes. It's a nutrient-packed fitness drink that can play an important role in their workout recovery routines.

In addition to the American Dairy Association North East's contribution to the MPSSAA, the partnership will provide opportunities for participants and spectators at the Soccer, Indoor Track, Wrestling, and Outdoor Track state championships to receive nutritional information and samples of low-fat chocolate milk to spread the word about this tasty and healthy option in aiding the body's recovery from fitness activities.

#### **Official MPSSAA Game Balls**

Field Hockey
Sponsor: Longstreth
Official Ball: Longstreth Chingford multi-turf
balls or Longstreth TK multi-turf ball

Soccer
Sponsor: Brine
Official Ball: Brine Championship Soccer Ball

Football
Sponsor: Wilson
Official Ball: Wilson F1003GST

Volleyball Sponsor: Spalding Official Ball: VB-5 (in red, white & black)

Basketball
Sponsor: Spalding
Official Ball: Spalding TF-1000 Classic

Baseball
Sponsor: Wilson
Official Ball: Wilson A1010BPROSST

Softball
Sponsor: Dudley
Official Ball: Dudley SB12LND-FP, Optic Yellow

NOTE: In Spring, '20--Dudley SB12LRFY-FP, Optic Yellow w/Red Stitching becomes official ball through Spring, '24.

Lacrosse
Sponsor: Warrior
Official Ball: Warrior Boys Ball NLBN120WH
(White)
Warrior Girls Ball NLBN120YL
(Yellow)

Tennis Sponsor: Wilson Official Ball: Wilson T1001

## More MPSSAA News and Notes

### State Pass Gets 15% Off at Wendy's

The MPSSAA is pleased to announce the return of the Wendy's coaches' cards which provide a 15% discount on personal Wendy's purchases! We appreciate that Wendy's continues their top flight support our member school coaches and administrators with these passes for the 2018-19 school year.

The plastic-coated Coach and Administrator cards were distributed to all school systems via their Athletic Supervisors/Coordinators in early August. Please note that it is imperative for coaches and administrators to neatly and legibly place their names and signatures on the front of each card in order to activate it prior to use. The card should be presented to a Wendy's crew member prior to placing an order. The 15% discount is only offered to coaches and administrators for personal use and NOT team purchases.

# Wendy's High School Heisman Application Deadline Is October 17th!

If you're a high school senior dedicated to learning, leading, and performing, you have exactly what it takes to become a Wendy's High School Heisman Scholarship winner! Eligibility begins with maintaining a GPA of 3.0 or better and participation in at least one of the 47 school-sponsored sports recognized by the International Olympic Committee in the Summer and Winter Olympic Games or the National Federation of State High School Associations. Applicants shall also be proven leaders and role models within their school and community. Go to MPSSAA.ORG to access the online application and get additional information. The deadline for Phase I of the scholarship application process is 6 PM Eastern Time on Wednesday, October 17th.

# Student -Athlete Leadership Conference Sets Positive Tone

The 9th annual Student-Athlete Leadership Conference, sponsored by the Allstate Foundation, was hosted by Howard High School on Saturday, 6/9 and all who attended left with newly developed leadership skills ready to be put into action, setting a positive tone for the upcoming 2018-19 school year. Author Craig Hillier kicked off the morning and afternoon sessions in high energy fashion as he delivered his message with a mix of humor, personal stories, and competitive activities.

In the morning session, student-athletes participated in a variety of workshops addressing group dynamics, hazing and bullying, navigating social media, and creating team culture. After lunch, students participated in team building activities in the gymnasiums and the Allstate Community School Supply drive. Teams of students had to solve riddles before looking for and collecting the designated school supplies. Students hustled through the hallways racing against one another to finish. By the end of the day, over 1,000 sets of school supplies were packaged for delivery to nine Title I elementary schools. The future certainly looks hopeful and bright with all of these budding student leaders at the forefront of our interscholastic athletic programs!

## MPSSAA Continues The "Become A Sports Official" Campaign

The MPSSAA registers officials in numerous sports but as school programs grow we need to provide greater assistance in publicizing this need and in the recruitment of individuals that are interested in becoming involved in officiating. Therefore, the MPSSAA is continuing the "Become A Sports Official" campaign this school year. Interested individuals can go the "Become A Sports Official" page on MPSSAA.Org and complete an interest form that collects the necessary information for the MPSSAA office to pass along to the designated officials' associations to follow-up on.

Being an official is demanding in requiring a thorough knowledge of game rules, the ability to make fair and firm decisions quickly, and the acceptance of sharp criticism. If you are interested, or know of anyone who may be interested, in officiating public high school interscholastic athletics, are at least 18 years of age and a high school graduate, the opportunity to become involved is only a couple simple steps away! Complete the online form found on the "Become A Sports Official" page with your name and contact information, then select the appropriate official association(s) in the drop down menu for the particular sport(s) you are interested in officiating. Someone from the MPSSAA Office and/or an Officials' Association will be in touch with you in the very near future. We thank you in advance for your interest in providing a vital service to the over 112,000 student-athletes in public high schools in our state!!



### October Nutrition Tip From The American Dairy Association North East

Whether you love them as a nourishing breakfast option or a light, on-the-go snack, smoothies are a great way to pack a ton of nutrients and flavors into your day just by throwing a few ingredients into your blender and hitting a button. Be sure to start with nutrient rich dairy milk or Greek yogurt - both packed with essential nutrients and protein, then get creative with these unexpected add-in suggestions from "Insider Health" at:

www.thisisinsider.com/things-to-add-to-smoothies-2018-9.