

# SCOUT

## MPSSAA News and Notes

### MPSSAA Holds 10th Annual Scholar-Athlete Luncheon

The fourteen recipients of the 2017 Minds In Motion Scholar-Athlete Scholarships, along with their parents, school representatives, and district level athletic administrators took part in a luncheon held in their honor on June 1st in the Ravens Locker Room at M&T Bank Stadium. These scholarships are made possible by the Allstate Foundation who also had several representatives in attendance. Thank you Allstate Foundation!

This year's guest speaker was Dr. Karen A. Stout, President and CEO of Achieving the Dream, Inc. and President Emerita of Montgomery County (PA) Community College. Dr. Stout is also a graduate of Bel Air HS and has the distinction of being the first ever "Female Athlete of The Year" by the then Baltimore Evening Sunpaper. She spoke to the audience about focusing on four P's which all lead to possibilities in life's future - people, passion, practice, and presence. Dr. Stout drew comparisons from her own life in sports and from her career path to show how sports participation positively influenced her life.

This is the tenth year for this highly competitive scholarship program which awards \$1,000 toward post-secondary education to each of this year's winners:

- |                                |                               |
|--------------------------------|-------------------------------|
| Veronica Chen, Carver Center   | Morgan Rush, Northern-Garrett |
| Brett Culhane, Henry E. Lackey | Omolola Sanusi, Seneca Valley |
| Conner Houtman, Parkside       | Paul Seibert, Clear Spring    |
| Vicente Iglesias, Towson       | Nehemiah Stewart, Huntingtown |
| Peter Kannam, City College     | Jamie Sullivan, Bowie         |
| Courtney Klapka, North Harford | Haley Tiller, Reservoir       |
| Lauren Murphy, Mount Hebron    | Katie Zehner, Bethesda-CC     |

### 2017-18 Seeds Announced

The MPSSAA semifinal pairings for the 2017-18 state tournaments are determined based on a 24-year rotation. The pairings below are year five of the complete rotation which can be found at MPSSAA.org and on the next page.



### Ocean City Meetings Update

The Executive Council and Board of Control both voted and approved of proposed changes made by the State Tournament Committees for Basketball, Wrestling, Golf, and Lacrosse among the usual order of business in Ocean City on Thursday, 4/27 and Friday, 4/28 in conjunction with the MSADA State Athletic Directors' Conference in Ocean City. Additional meeting details are available in the meeting minutes which are posted online at MPSSAA.org. The following are some highlights from those meetings:

- \* Patrick Parks, Division Vice President for DAVCO (Wendy's) gave an update on Wendy's opportunities for students and his appreciation for the opportunity to partner with MPSSAA.
- \* State Basketball Committees received approval to add a 35-point "Mercy Rule" for both boys and girls.
- \* State Basketball Committees received approval to add a 35-second shot clock for boys.
- \* The State Wrestling Committee received approval for their proposal to expand the Dual Meet State Tournament to four full classifications while removing the awarding of team titles at the State Individual Wrestling Tournament.
- \* In golf next fall, the top five individual males and top five individual females in each of the two classifications will be recognized and presented with a medal rather than just the overall top ten of each gender.
- \* The Executive Council and Board of Control also approved of the expansion of Boys and Girls Lacrosse to a four classification tournament beginning with the Spring 2018 season.
- \* Upon the recommendation of the Medical Advisory Committee, Executive Council and Board of Control unanimously approved the requirement for coaches to be recertified every five years in the Care and Prevention of Athletic Injuries utilizing an online course approved by the local school system beginning July 1, 2017.
- \* Upon the recommendation of the Finance Committee, Executive Council and Board of Control unanimously approved an increase to the transportation reimbursement rate for individual sports in order to make it more equitable for those school systems with a greater travel distance. The initial 0-50 mile rate is increased by \$10 and increased \$25 for every additional 50 miles traveled by the school.

**SCOUT** is published by the Maryland Public Secondary Schools Athletic Association for the staff and fans of Maryland high school athletics.

Kevin Hook, President  
R. Andrew Warner, Executive Director

## MPSSAA 24-year Semifinal Seeding Cycle

The MPSSAA Executive Council approved establishing a 24-year semifinal seeding cycle based on the 2013-14 pairings as established at the April 26, 2013 Board of Control meeting. The pairings below ensure over any four-year cycle each region will be seeded one through four once, each region will play the other regions four times during a 12-year cycle and semifinal pairings and seeds will not be repeated in consecutive years. While scheduling so far into the future is at best speculative, the cycle below provides direction into the foreseeable future.

### - OFFICIAL ROTATION FOR STATE SEMI-FINAL PAIRINGS, 2013 - 2037 -

SCHOOL YEAR	#1 SEED vs. #4 SEED	#2 SEED vs. #3 SEED
2013-14 .....	South .....North	.....West .....East
2014-15 .....	North .....East	.....South.....West
2015-16.....	East .....West	.....North .....South
2016-17.....	West .....South	.....East .....North
<b>2017-18 .....</b>	<b>North .....West</b>	<b>.....South .....East</b>
2018-19 .....	South .....North	.....East .....West
2019-20.....	East .....South	.....West .....North
2020-21 .....	West .....East	.....North .....South
2021-22.....	East .....North	.....South.....West
2022-23 .....	South .....East	.....West.....North
2023-24 .....	West.....South	.....North .....East
2024-25 .....	North .....West	.....East .....South
<hr style="border: 1px solid black;"/>		
2025-26 .....	West .....East	.....South .....North
2026-27 .....	South.....West	.....North .....East
2027-28 .....	North .....South	.....East .....West
2028-29.....	East .....North	.....West .....South
2029-30 .....	South .....East	.....North .....West
2030-31.....	East .....West	.....South .....North
2031-32 .....	West .....North	.....East .....South
2032-33 .....	North .....South	.....West .....East
2033-34 .....	South .....West	.....East .....North
2034-35 .....	West .....North	.....South .....East
2035-36 .....	North .....East	.....West .....South
2036-37.....	East .....South	.....North .....West

## Official MPSSAA Game Balls

### Field Hockey

Sponsor: Longstreth

Official Ball: Longstreth Chingford multi-turf balls  
or Longstreth TK multi-turf ball

### Soccer

Sponsor: Brine

Official Ball: Brine Championship Soccer Ball

### Football

Sponsor: Wilson

Official Ball: Wilson F1003GST

### Volleyball

Sponsor: Spalding

Official Ball: Spalding VB5 Red/White/Black  
(Item #72-1698)

### Basketball

Sponsor: Spalding

Official Ball: Spalding TF-1000 Classic  
(Mens' item #74-7838 /Womens' item # 74-7848)

### Baseball

Sponsor: Wilson

Official Ball: Wilson A1010BPROSST

### Softball

Sponsor: Dudley

Official Ball: Dudley SB12L  
(Optic Yellow w/ White Stitching - Item #4Y-321)

### Lacrosse

Sponsor: Warrior

Official Ball: Boys (White) NLBN120WH  
Girls (Yellow) NLBN120Y

### Tennis

Sponsor: Wilson

Official Ball: Wilson T1001

# 2017 Spring Wrap-Up

## - STATE CHAMPIONS -

### BASEBALL

1A St. Michael's  
2A Middletown  
3A Poolesville  
4A Northwest

### SOFTBALL

1A Bohemia Manor  
2A North Caroline  
3A C. Milton Wright  
4A Northwest

### TRACK & FIELD

#### **Boys**

1A Boonsboro  
2A Century  
3A Oxon Hill  
(2nd consecutive)  
4A Northwest  
(2nd consecutive)

#### **Girls**

1A Boonsboro  
(2nd consecutive)  
2A Henry E. Lackey  
(2nd consecutive)  
3A Frederick  
4A Charles H. Flowers  
(2nd consecutive)

### LACROSSE

#### **Boys**

2A-1A Southern-AA  
3A-2A Northern-Cal  
4A-3A Severna Park  
(2nd consecutive)

#### **Girls**

2A-1A Century  
3A-2A Glenelg  
(2nd consecutive)  
4A-3A Bel Air

### TENNIS

**Boys Singles** - Joseph Brailovsky, Wootton  
(2nd consecutive)

**Boys Doubles** - William Karpinski & Michael Chen,  
Winston Churchill

**Girls Singles** - Ayana Akli, Wheaton

**Girls Doubles** - Abby Thornton & Veronica Cueller,  
Marriotts Ridge

**Mixed Doubles** - Anna Radeviciute & Ethan Kowalski,  
Walter Johnson (2nd consecutive for Kowalski)

## - SPORTSMANSHIP AWARD WINNERS -

### BASEBALL

Fallston

### SOFTBALL

Pikesville

### BOYS LACROSSE

Liberty

### GIRLS LACROSSE

Sherwood

# MPS SAA News and Notes

## 8th Annual Student-Athlete Leadership Conference Energizes And Enlightens Attendees!

The 8th annual Student-Athlete Leadership Conference, sponsored by the Allstate Foundation, was hosted by Howard HS on Saturday, 6/10 and all who attended left energized and enlightened! Comedienne Kathy Buckley kicked off both the morning and afternoon sessions sharing her extraordinary life's story to deliver the message that anything can be achieved when the heart and mind work together.

Student-athletes moved on to participate in a variety of workshops addressing group dynamics, hazing, social media, and a captain's course. A delicious lunch provided by Wendy's (DAVCo) concluded an active morning and refueled the troops for the afternoon activities. Following Kathy Buckley's talk after lunch, students participated in team building activities and the Allstate Community School Supply drive. This community service project results in the bundling of various school supplies together for nine Title I elementary schools, one in each of the nine MPSSAA districts.

Many thanks to the Student Leadership Committee, led by Michael Duffy, for their insight, organization, and energy in the planning and execution of this event. Our thanks also goes out to Howard HS and their staff for extending their hospitality to us in hosting the event at their school. In addition to the committee members, we owe a debt of gratitude to all of those coaches, athletic directors, and district level athletic administrators for their expertise in leading and/or assisting with sessions throughout the day. The attendees couldn't ask for a better group of individuals to help mold their leadership skills. Enjoy your summer and we look forward to seeing the results of the leadership "seeds" that were planted at this conference in the coming school year!

## 2nd Annual Coaches' Conference Gets High Marks!

The 2nd annual Coaches' Conference was held Saturday, April 22, 2017 at North Point High School for fall and winter coaches. By all measures, it received high marks from the attendees and was deemed another resounding success, thanks to the hard work and effort of the Conference Committee led by Earl Hawkins.

Jim Harshaw, Associate Director of the Virginia Athletics Foundation, kick-started the day talking to the coaches about using failure as a path to success. Morning workshop session topics that were covered included sportsmanship (Brad Criss, Thomas Stone AD), a HUDL video software tutorial (Matt Miler and Troy Edmison), NCAA Initial Eligibility requirements Chandra Bierwirth GW University Associate AD and Dom Zaccarelli, Westlake AD), and strength training and conditioning (Georgetown University strength and conditioning coaches). The morning concluded with a general session for all as Ron Belinko covered the legal duties of coaches from a risk management perspective.

Following a delicious lunch, coaches attended sport specific sessions which included Cross Country/Indoor Track (Mark Pryor, CCBC-Catonsville), Field Hockey (Jessica Seay, St Mary's College), Football (Shepherd University staff), Volleyball (Michael Bossom, Goucher College/Centennial HS), Basketball (Tom Dickman, Director of Athletics, Hood College), Wrestling (Kerry McKoy, University of Maryland), and Soccer (Greg Andrulic, George Mason University).

Our thanks go out to not only the extensive time and effort put forth by the Conference Committee, but to North Point High School and their staff, led by Athletic Director Andy Shattuck. It makes it a pleasure to work with such high quality professionals!



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## *August 2017 - Sample Calendar for Heat Acclimatization*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6	7	8	9	10	11	12
			Heat Acclimatization Day 1 Single Practice Day  Equipment Restrictions FB - Helmets Only FH - Goalie Helmet and Kickers Only (No leg guards)	Heat Acclimatization Day 2 Single Practice Day  Equipment Restrictions FB - Helmets Only FH - Goalie Helmet and Kickers Only (No leg guards)	Heat Acclimatization Day 3 Single Practice Day  Equipment Restrictions FB - Helmets and Shoulder Pads FH - Goalie Hel- met, Chest Protec- tor and Kickers Only (No leg guards)	Heat Acclimatization Day 4 Single Practice Day  Equipment Restrictions FB - Helmets and Shoulder Pads FH - Goalie Hel- met, Chest Protec- tor and Kickers Only (No leg guards)
13	14	15	16	17	18	19
Rest Day  Sunday Practice is prohibited per MPSSAA Regulations	Heat Acclimatization Day 5 Single Practice Day  Equipment Restrictions FB - Helmets and Shoulder Pads FH - Goalie Hel- met, Chest Protec- tor and Kickers Only (No leg guards)	Heat Acclimatization Day 6  No Equipment Restrictions  First Allowable Double Practice and Full Contact Practice	Heat Acclimatization Day 7  Single/Double Practice Day (Double practice days must be fol- lowed by a single practice day)	Heat Acclimatization Day 8  Single/Double Practice Day (Double practice days must be fol- lowed by a single practice day)	Heat Acclimatization Day 9  Single/Double Practice Day (Double practice days must be fol- lowed by a single practice day)	Heat Acclimatization Day 10  Single/Double Practice Day (Double practice days must be fol- lowed by a single practice day)
20	21	22	23	24	25	26
Rest Day  Sunday Practice is prohibited per MPSSAA Regulations	Heat Acclimatization Day 11  Single/Double Practice Day (Double practice days must be fol- lowed by a single practice day)	Heat Acclimatization Day 12  Single/Double Practice Day (Double practice days must be fol- lowed by a single practice day)	Heat Acclimatization Day 13  Single/Double Practice Day (Double practice days must be fol- lowed by a single practice day)	Heat Acclimatization Day 14  Single/Double Practice Day (Double practice days must be fol- lowed by a single practice day)		

**Note:** The above suggested calendar is based on the National Athletic Trainers Association (NATA) *Pre-season Heat-Acclimatization Guidelines for Secondary School Athletics* and the Maryland State Department of Education's *Model Policy for Preseason Practice Heat Acclimatization Guidelines for Student Athletes* (the entire model policy can be found on the "Health and Safety" page of MPSSAA.org). The suggested guidelines for local consideration are intended to provide direction to school teams for the acclimatization of student-athletes during the preseason practice period required prior to the first play date. Each local school system is required to have their own policy for heat acclimatization and schools should check with their respective local school system regarding the specifics of their local policy.

# Important Dates To Remember

First Day of Fall Practice: Wednesday August 9, 2017  
 First Play Date of Fall Season: Friday September 1, 2017  
 First Day of Winter Practice: Wednesday November 15, 2017

First Play Date of Winter Season: Tuesday December 5, 2017  
 First Day of Spring Practice: Thursday March 1, 2018  
 First Play Date of Spring Season: Wednesday March 21, 2018

## August 2017

Aug 9 .....First Day of Fall Practice  
 Aug 9 .....First Play Date for Golf

## MPSSAA Fall 2017 Rules Interpretation Clinics

Attendance at a rules interpretation clinic is a certification requirement for officials assigned to MPSSAA contests—both regular and post-season play. COACHES ARE STRONGLY ENCOURAGED TO ATTEND! Please continue to check the Officials page on MPSSAA.org for the latest information on all clinic dates. You may also email Donnee Gray at donnee.gray@maryland.gov.

### Field Hockey - Lea Kusner, Interpreter

Aug 7 ....7:00 pm ..Northern Eastern Shore .....Easton HS  
 Aug 8 ....6:10 pm ..Anne Arundel Coaches .....South River HS  
 Aug 8 ....7:00 pm ..Anne Arundel County .....South River HS  
 Aug 14 ..TBA.....Southern Maryland.....TBA  
 Aug 15 ..7:00 pm ..Montgomery County .....Sherwood HS  
 Aug 16 ..6:00 pm ..Lower Eastern Shore .....The Salisbury School  
 Aug 17 ..7:00 pm ..BBOWS .....Hereford HS  
 Aug 21 ..7:00 pm ..Howard/Carroll (CMOA) .....Liberty HS  
 Aug 22 ..7:00 pm ..Frederick County .....Walkersville

### Football - Bill Witte, Interpreter

July 25 ..7:00 pm ..Bayside .....Salisbury American Legion  
 July 27 ..7:00 pm ..Northeastern/Delaware .....Bel Air HS  
 July 31 ..7:00 pm ..Frederick.....Frederick HS  
 Aug 1 ....7:00 pm ..Potomac Valley .....Fort Hill HS  
 Aug 2 ....7:00 pm ..Washington County.....South Hagerstown HS  
 Aug 7 ....6:30 pm ..Washington District (WDFOA).....Mont. Blair HS  
 Aug 8 ....6:10 pm ..Anne Arundel Coaches .....South River HS  
 Aug 8 ....7:00 pm ..Anne Arundel County .....South River HS  
 Aug 14 ..7:00 pm ..Maryland Board .....Loch Raven HS  
 Aug 15 ..7:00 pm ..COG .....Chesapeake Arts Center

### Soccer - Ross Burbage, Interpreter

July 19 ..7:00 pm ..Appalachian (WMSOA) .....Myersville ES  
 July 24 ..6:00 pm ..Eastern Shore .....Parkside HS  
 July 26 ..7:00 pm ..Metro Washington Area.....Paint Branch HS  
 July 27 ..7:00 pm ..Allegany/Garrett .....Mountain Ridge HS  
 July 31 ..7:00 pm ..Old Line .....Winters Mill HS  
 Aug 7 ....7:00 pm ..Mason-Dixon/BBOWS.....Towson HS  
 Aug 8 ....6:10 pm ..Anne Arundel Coaches .....South River HS  
 Aug 8 ....7:00 pm ..Anne Arundel (CASRA) .....South River HS  
 Aug 14 ..6:00 pm ..Southern Maryland .....Thomas Stone HS  
 Aug 17 ..7:00 pm ..Harford County (HARSOA) .....Bel Air HS

### Volleyball - Ed Tucholski, Interpreter

July 31 ..7:00 pm ..Beltway Region.....Paint Branch HS  
 Aug 1 ....7:00 pm ..Northern Shore/Lower Shore ...No. Dorchester HS  
 Aug 8 ....6:10 pm ..Anne Arundel Coaches .....South River HS  
 Aug 8 ....7:00 pm ..Anne Arundel County (Matrix) .....South River HS  
 Aug 9 ....7:00 pm ..Allegany-Garrett/Washington Co .....Hancock HS  
 Aug 10 ..7:00 pm ..Central Maryland/Frederick .....Century HS  
 Aug 14 ..7:00 pm ..NEMOA/DVOA .....Bel Air HS  
 Aug 15 ..7:00 pm ..BBOWS .....Hereford HS  
 Aug 17 ..7:00 pm ..Tri-County .....Northern-Calvert HS

**NOTE:** Check the Officials page on MPSSAA.org for the latest information on all clinic dates.

# MPSSAA.ORG

Check Out MPSSAA.org  
 for Coach/AD Vacancies,  
 Open Date Exchange,  
 and Much More!!

Get To Know Us Better at  
 MPSSAA.org

The screenshot shows the MPSSAA.org website interface. At the top, there is a navigation menu with links for ABOUT US, STATE CHAMPIONSHIPS, INFO CENTER, MEMBERSHIP SERVICES, SCHOOLS, and OFFICIALS. Below the menu is a large banner image showing a group of young athletes and coaches gathered around a table during a conference. The text on the banner reads: "8TH ANNUAL STUDENT-ATHLETE LEADERSHIP CONFERENCE GROOMS ANOTHER GROUP OF FUTURE LEADERS!!". To the right of the banner, there are several promotional boxes for "CSZ CountySportsZone.com", "#MYREASON.WHY", and "NEHS NETWORK".