

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 1 Boys 200 Yard Medley Relay**

4A3A West: 1:36.60 # 2017

MCPS: 1:32.40 & 2020

Richard Montgomery

Whitman

Team	Relay	Seed Time	Finals Time
1 Walt Whitman High School	A	1:32.40	1:35.79 #
1) Bretz, Jason T JR	2) Paulos, Michael SR	3) Schweitzer, Frank J SR	4) Lawson, Kris FR
24.25	50.79 (26.54)	1:14.02 (23.23)	1:35.79 (21.77)
2 Churchill High School	A	1:35.04	1:37.12
1) Rutberg, Noah SR	2) Kimwon, Alvin SO	3) Zuo, Ben Long JR	4) Meretta, Casey SO
24.14	51.58 (27.44)	1:14.90 (23.32)	1:37.12 (22.22)
3 Walter Johnson High School	A	1:36.33	1:37.97
1) LaClef, Matt C SR	2) Bagshaw, Henry M JR	3) Connelly, Patrick S SR	4) Collishaw, James W SR
25.31	52.53 (27.22)	1:16.27 (23.74)	1:37.97 (21.70)
4 Wootton High School	A	1:41.62	1:40.34
1) Kelly, Jordan FR	2) Chen, Ryan SR	3) Rodriguez, Martin JR	4) Li, George SR
25.59	53.72 (28.13)	1:18.23 (24.51)	1:40.34 (22.11)
5 Richard Montgomery High School	A	1:38.41	1:41.41
1) Bowman, Jack SR	2) Sellemi, Antonio SR	3) Zeineddin, Pierre JR	4) Song, Ian SR
27.03	56.03 (29.00)	1:18.95 (22.92)	1:41.41 (22.46)
6 Quince Orchard High School	A	1:40.24	1:41.92
1) Kim, Brandon FR	2) Fouts, Gabriel A JR	3) Heath, Michael A JR	4) Schwendinger, Scott SR
27.20	53.85 (26.65)	1:19.49 (25.64)	1:41.92 (22.43)
7 Clarksburg High School	A	1:41.37	1:42.57
1) Truong, Michael FR	2) Garner, Jed FR	3) Alguard, Kaden FR	4) Frazier, Peyton SO
26.68	55.58 (28.90)	1:20.41 (24.83)	1:42.57 (22.16)
8 Bethesda-Chevy Chase HS	A	1:41.95	1:43.06
1) Solana, Ernesto FR	2) Marder, James K JR	3) Gao, Ray R SO	4) Weaver, JD D SO
27.68	55.25 (27.57)	1:19.94 (24.69)	1:43.06 (23.12)
9 Northwest High School	A	1:40.11	1:43.21
1) Lowrey, Jacob FR	2) Nonato, Joseph SR	3) Braun, Zak JR	4) Martin, Zachary JR
26.41	54.82 (28.41)	1:20.02 (25.20)	1:43.21 (23.19)
10 Northwood High School	A	1:46.84	1:44.93
1) Case, James FR	2) Hofmann, Jakob SO	3) Colson, Sean SO	4) Werber, Jason SO
24.85	55.37 (30.52)	1:20.31 (24.94)	1:44.93 (24.62)
11 Gaithersburg High School	A	1:48.59	1:52.30
1) Lattner, Mark SR	2) Douma, Alexander JR	3) Maradiaga, Cristian JR	4) Maclang, Roell SO
29.23	1:02.16 (32.93)	1:28.42 (26.26)	1:52.30 (23.88)
12 Einstein High School	A	1:54.70	1:58.08
1) Curtin, David JR	2) Fay, Reilly SR	3) Minkoff, Asher SO	4) Shaffer, Aidan FR
31.03	1:17.52 (46.49)	1:34.03 (16.51)	1:58.08 (24.05)
13 Watkins Mill High School	A	1:59.70	2:05.81
1) Ariel Cruz, Selvin SR	2) Dsa, Suijal JR	3) MacLaren, Griffen JR	4) Crews, Christopher JR
37.42	1:12.90 (35.48)	2:05.81 (52.91)	

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 2 Girls 200 Yard Medley Relay****4A3A West: 1:49.00 # 2019****B-CC****MCPS: 1:44.64 & 2020****B-CC**

Team	Relay	Seed Time	Finals Time
1 Bethesda-Chevy Chase HS	A	1:44.64	1:48.37 #
1) Smith, Samantha P JR	2) Barry, Jazz L JR	3) Berger, Jill R JR	4) Gold, Ailey D SO
27.27	56.88 (29.61)	1:23.37 (26.49)	1:48.37 (25.00)
2 Churchill High School	A	1:48.38	1:50.09
1) Bush, Malia JR	2) Kaiser, Alison JR	3) Yang, Georgia FR	4) Fenton, Rachel SR
27.62	59.01 (31.39)	1:25.43 (26.42)	1:50.09 (24.66)
3 Quince Orchard High School	A	1:48.16	1:50.61
1) Tozzi, Marisa R JR	2) Weitzman, Andie SR	3) Belyakov, Catherine I SR	4) Belyakov, Anastasia I SR
29.13	1:00.36 (31.23)	1:25.90 (25.54)	1:50.61 (24.71)
4 Walt Whitman High School	A	1:49.53	1:51.46
1) Morris, Annie E SR	2) Harrison, Elena FR	3) Navarrete, Ally S SR	4) Rodgers, Susan B JR
27.97	59.31 (31.34)	1:26.55 (27.24)	1:51.46 (24.91)
5 Walter Johnson High School	A	1:48.93	1:52.04
1) Karp, Sienna A FR	2) Bingley, Hanna A SO	3) Krupinski, Noelle M JR	4) Rosman, Lianna B SO
28.60	59.38 (30.78)	1:26.89 (27.51)	1:52.04 (25.15)
6 Richard Montgomery High School	A	1:51.53	1:52.35
1) Csokmay, Audrey FR	2) Wang, Sophia SR	3) Eliason, Grace JR	4) Venditti, Francesca SO
28.66	59.51 (30.85)	1:26.54 (27.03)	1:52.35 (25.81)
7 Wootton High School	A	1:54.25	1:53.61
1) Woo, Ashley FR	2) Zhang, Clara Ann FR	3) Li, Grace JR	4) Shad, Sophia FR
28.20	59.50 (31.30)	1:27.43 (27.93)	1:53.61 (26.18)
8 Northwest High School	A	1:53.07	1:55.80
1) Feng, Jessie FR	2) Nonato, Megan JR	3) Cardenas Gaviria, Katie SO	4) Morissette, Kylie JR
30.25	1:01.58 (31.33)	1:29.53 (27.95)	1:55.80 (26.27)
9 Northwood High School	A	1:58.56	2:00.39
1) Laduca, Alexandra SO	2) Marchionini, Sophia JR	3) ng, Hope JR	4) Hovis, Sophia JR
31.18	1:04.27 (33.09)	1:33.92 (29.65)	2:00.39 (26.47)
10 Gaithersburg High School	A	2:01.21	2:03.63
1) Solomich, Sophie SR	2) Solomich, Anna SR	3) Hudson, Jennie SR	4) Derrenbacher, Casey SR
31.03	1:07.96 (36.93)	1:36.46 (28.50)	2:03.63 (27.17)
11 Einstein High School	A	1:58.91	2:06.41
1) Humbert, Emma SO	2) Morford, Melanie SO	3) Woodward, Molly SO	4) Greenstein, Isabel SO
32.11	1:07.69 (35.58)	1:37.59 (29.90)	2:06.41 (28.82)
12 Watkins Mill High School	A	2:11.63	2:13.34
1) Hammond, Marley SO	2) Aguilar, Shelby SO	3) Yanes, Diana JR	4) Holt, Alyssa JR
30.67	1:09.69 (39.02)	1:41.36 (31.67)	2:13.34 (31.98)
--- Clarksburg High School	A	1:53.25	DQ
Stroke Infraction swimmer #4			
1) Kenyon, Brooke FR	2) Elliott, Sarah SR	3) Hayes, Victoria SR	4) Nail, Amelia SR
30.07	1:02.26 (32.19)	1:37.98 (35.72)	DQ (21.12)

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 3 Boys 200 Yard Freestyle**

4A3A West: 1:43.22 # 2019		Connor Din		RMT	
MCPS: 1:38.38 & 2012		Garrett Powell		Walter Johnson	
Name	Yr	School	Seed	Time	Finals Time
1 Bandak, Ziad	SR	Churchill High School	1:40.93		1:43.01 #
24.08	50.50 (26.42)	1:17.22 (26.72)	1:43.01 (25.79)		
2 Oehler, Everett	SO	Richard Montgomery High School	1:41.33		1:43.36
24.16	50.64 (26.48)	1:17.27 (26.63)	1:43.36 (26.09)		
3 LaClef, Matt C	SR	Walter Johnson High School	1:44.75		1:45.52
24.83	51.55 (26.72)	1:18.57 (27.02)	1:45.52 (26.95)		
4 Bretz, Jason T	JR	Walt Whitman High School	1:42.66		1:46.20
25.20	52.58 (27.38)	1:19.48 (26.90)	1:46.20 (26.72)		
5 Murphy, Jack	SR	Churchill High School	1:46.78		1:47.26
24.48	50.87 (26.39)	1:18.64 (27.77)	1:47.26 (28.62)		
6 Yune, David Y	SO	Wootton High School	1:44.69		1:47.47
24.93	52.67 (27.74)	1:20.36 (27.69)	1:47.47 (27.11)		
7 Helf, Gideon C	JR	Walt Whitman High School	1:43.78		1:47.60
24.81	52.05 (27.24)	1:19.75 (27.70)	1:47.60 (27.85)		
8 Zeineddin, Pierre	JR	Richard Montgomery High School	1:44.61		1:48.93
24.78	52.17 (27.39)	1:19.78 (27.61)	1:48.93 (29.15)		
9 Fulton, Caelan J	FR	Walter Johnson High School	1:49.57		1:49.30
24.67	52.28 (27.61)	1:20.85 (28.57)	1:49.30 (28.45)		
10 Garcia-Hidalgo, Rafe F	SR	Bethesda-Chevy Chase HS	1:47.92		1:49.31
24.96	52.93 (27.97)	1:21.59 (28.66)	1:49.31 (27.72)		
11 Martin, Zachary	JR	Northwest High School	1:47.09		1:49.84
25.21	52.75 (27.54)	1:21.55 (28.80)	1:49.84 (28.29)		
12 Lowrey, Jacob	FR	Northwest High School	1:54.29		1:50.21
25.65	53.33 (27.68)	1:21.73 (28.40)	1:50.21 (28.48)		
13 Solana, Ernesto	FR	Bethesda-Chevy Chase HS	1:49.86		1:51.78
25.69	53.84 (28.15)	1:23.05 (29.21)	1:51.78 (28.73)		
14 Colson, Sean	SO	Northwood High School	1:53.16		1:52.55
25.13	53.02 (27.89)	1:22.70 (29.68)	1:52.55 (29.85)		
15 Kissel, James	FR	Quince Orchard High School	1:56.15		1:53.30
26.16	54.90 (28.74)	1:24.67 (29.77)	1:53.30 (28.63)		
16 Erkan, Aydin	FR	Wootton High School	1:56.08		1:54.12
26.50	55.62 (29.12)	1:25.03 (29.41)	1:54.12 (29.09)		
17 Nagao, Taiki	JR	Quince Orchard High School	1:54.13		1:55.54
26.66	55.23 (28.57)	1:25.11 (29.88)	1:55.54 (30.43)		
18 Hassett, Matthew	SO	Clarksburg High School	1:53.53		1:56.70
26.57	55.77 (29.20)	1:26.42 (30.65)	1:56.70 (30.28)		
19 Tejada, Danny	FR	Clarksburg High School	1:58.02		1:59.57
26.91	56.45 (29.54)	1:27.75 (31.30)	1:59.57 (31.82)		
20 Maradiaga, Cristian	JR	Gaithersburg High School	2:01.43		2:06.61
28.46	1:00.31 (31.85)	1:33.56 (33.25)	2:06.61 (33.05)		
21 Ng, Kai	FR	Northwood High School	2:10.63		2:09.85
29.48	1:02.25 (32.77)	1:36.55 (34.30)	2:09.85 (33.30)		
22 Olivia, Bryant	SO	Watkins Mill High School	2:24.44		2:18.15
28.63	1:01.38 (32.75)	1:38.29 (36.91)	2:18.15 (39.86)		
23 Meszaros, Johannes	SO	Einstein High School	2:26.62		2:19.17
30.83	1:05.24 (34.41)	1:41.55 (36.31)	2:19.17 (37.62)		
24 Gribi, Anis	SR	Watkins Mill High School	2:22.03		2:23.71
29.66	1:04.86 (35.20)	1:44.11 (39.25)	2:23.71 (39.60)		
25 Bryant, Kaleb	FR	Einstein High School	2:26.62		2:27.30
31.32	1:07.05 (35.73)	1:47.32 (40.27)	2:27.30 (39.98)		

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****(Event 3 Boys 200 Yard Freestyle)**

	Name		Yr	School	Seed Time	Finals Time
26	Palacios, Ian		JR	Gaithersburg High School	2:51.25	2:52.35
	37.44	1:19.53 (42.09)		2:04.93 (45.40)	2:52.35 (47.42)	

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 4 Girls 200 Yard Freestyle**

4A3A West: 1:52.23 # 2019		Molly Benson		WAJ	
MCPS: 1:47.91 & 2011		Elizabeth Pepper		Walter Johnson	
Name	Yr	School	Seed	Time	Finals Time
1 Conze, Maren D	FR	Walter Johnson High School	1:48.24		1:52.11 #
26.00	54.29 (28.29)	1:23.39 (29.10)	1:52.11 (28.72)		
2 Benson, Molly J	SR	Walter Johnson High School	1:50.63		1:52.89
26.97	55.89 (28.92)	1:24.72 (28.83)	1:52.89 (28.17)		
3 Belyakov, Anastasia I	SR	Quince Orchard High School	1:54.21		1:53.67
26.92	55.96 (29.04)	1:25.09 (29.13)	1:53.67 (28.58)		
4 Brindle, Devin R	FR	Bethesda-Chevy Chase HS	1:55.00		1:54.38
26.59	55.52 (28.93)	1:25.29 (29.77)	1:54.38 (29.09)		
5 Yang, Georgia	FR	Churchill High School	1:52.40		1:54.66
26.59	55.34 (28.75)	1:25.18 (29.84)	1:54.66 (29.48)		
6 Shi, Joy	SR	Wootton High School	1:56.64		1:57.69
27.83	57.67 (29.84)	1:27.60 (29.93)	1:57.69 (30.09)		
7 Gonzalez, Lillie	SR	Einstein High School	1:55.89		1:57.91
27.58	57.36 (29.78)	1:27.84 (30.48)	1:57.91 (30.07)		
8 Stevenson, Katie X	SR	Bethesda-Chevy Chase HS	1:57.41		1:58.56
27.55	57.18 (29.63)	1:27.74 (30.56)	1:58.56 (30.82)		
9 Baird, Elena	SO	Richard Montgomery High School	1:57.79		1:59.21
28.11	58.44 (30.33)	1:28.95 (30.51)	1:59.21 (30.26)		
10 Memon, Zoya	FR	Walt Whitman High School	1:57.32		1:59.52
27.58	57.47 (29.89)	1:28.60 (31.13)	1:59.52 (30.92)		
11 Chen, Laura	JR	Wootton High School	2:00.88		2:01.15
28.58	59.35 (30.77)	1:30.96 (31.61)	2:01.15 (30.19)		
12 Eliason, Grace	JR	Richard Montgomery High School	2:01.06		2:01.91
28.48	59.04 (30.56)	1:30.71 (31.67)	2:01.91 (31.20)		
13 Kitchen, Gabby	SO	Quince Orchard High School	2:00.40		2:04.12
28.64	59.46 (30.82)	1:31.39 (31.93)	2:04.12 (32.73)		
14 Vinal, Madeline	JR	Churchill High School	2:01.37		2:04.13
28.52	1:00.25 (31.73)	1:32.63 (32.38)	2:04.13 (31.50)		
15 Sorkin, Claire	JR	Walt Whitman High School	2:04.31		2:04.28
29.13	1:00.41 (31.28)	1:32.40 (31.99)	2:04.28 (31.88)		
16 Dickerson, Kailyn	SO	Northwest High School	2:12.83		2:12.19
28.46	1:00.85 (32.39)	1:36.00 (35.15)	2:12.19 (36.19)		
17 ng, Hope	JR	Northwood High School	2:08.37		2:15.39
31.31	1:05.81 (34.50)	2:15.39 (1:09.58)			
18 Nail, Amelia	SR	Clarksburg High School	2:16.52		2:17.21
30.37	1:05.29 (34.92)	1:41.56 (36.27)	2:17.21 (35.65)		
19 Hanson, Abigail	FR	Northwest High School	2:26.43		2:18.38
31.02	1:05.18 (34.16)	1:41.59 (36.41)	2:18.38 (36.79)		
20 Brown, Kenya M	SR	Clarksburg High School	2:20.63		2:20.07
30.97	1:06.19 (35.22)	1:43.36 (37.17)	2:20.07 (36.71)		
21 Sheldon, Morgan	SO	Einstein High School	2:21.12		2:22.08
32.22	1:08.74 (36.52)	1:46.25 (37.51)	2:22.08 (35.83)		
22 Giffin, Daphne	SO	Gaithersburg High School	2:35.05		2:33.29
32.92	1:10.97 (38.05)	1:52.65 (41.68)	2:33.29 (40.64)		
23 Kaufman, Annabel	SR	Gaithersburg High School	2:41.31		2:43.32
36.81	1:21.53 (44.72)	2:09.08 (47.55)	2:55.22 (46.14)		
24 Welsh, Maggie	JR	Northwood High School	2:56.10		2:55.22
40.30	1:31.05 (50.75)	3:26.25 (1:55.20)			
25 Ferruffino, Emily	FR	Watkins Mill High School	3:19.91		3:26.25
45.08	1:39.38 (54.30)	2:41.03 (1:01.65)	3:41.10 (1:00.07)		
26 Reyes, Jessica	FR	Watkins Mill High School	3:48.18		3:41.10

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 5 Boys 200 Yard IM**

4A3A West: 1:51.50 # 2019		Timmy Ellett		WAJ	
MCPS: 1:47.59 & 2008		Eric Friedland		Walter Johnson	
Name	Yr	School	Seed	Time	Finals Time
1 Rutberg, Noah	SR	Churchill High School	1:50.24		1:56.21
25.09		54.38 (29.29)	1:27.59 (33.21)	1:56.21 (28.62)	
*2 Kelly, Jordan	FR	Wootton High School	1:57.50		1:57.77
26.25		56.15 (29.90)	1:29.86 (33.71)	1:57.77 (27.91)	
*2 Owen, Zak	SO	Walt Whitman High School	1:56.15		1:57.77
25.91		54.98 (29.07)	1:29.33 (34.35)	1:57.77 (28.44)	
4 Greenberg, Cole	SO	Quince Orchard High School	2:00.97		1:57.86
25.67		55.57 (29.90)	1:31.46 (35.89)	1:57.86 (26.40)	
5 Paulos, Michael	SR	Walt Whitman High School	1:56.59		1:59.46
25.42		56.82 (31.40)	1:30.99 (34.17)	1:59.46 (28.47)	
6 Connelly, Patrick S	SR	Walter Johnson High School	1:59.50		2:00.38
25.63		57.58 (31.95)	1:32.06 (34.48)	2:00.38 (28.32)	
7 Doan, Jason	SO	Richard Montgomery High School	2:01.97		2:01.03
25.95		56.89 (30.94)	1:31.86 (34.97)	2:01.03 (29.17)	
8 Bagshaw, Henry M	JR	Walter Johnson High School	1:57.66		2:01.60
26.24		58.92 (32.68)	1:32.72 (33.80)	2:01.60 (28.88)	
9 Cosgrove, Gaoxing	SR	Churchill High School	1:58.18		2:03.90
26.02		57.87 (31.85)	1:34.21 (36.34)	2:03.90 (29.69)	
10 Zhang, Jordan	SO	Wootton High School	2:03.10		2:04.77
26.65		58.97 (32.32)	1:35.35 (36.38)	2:04.77 (29.42)	
11 Heath, Michael A	JR	Quince Orchard High School	2:01.24		2:05.26
27.06		1:00.58 (33.52)	1:36.83 (36.25)	2:05.26 (28.43)	
12 Alguard, Kaden	FR	Clarksburg High School	2:02.46		2:06.25
28.30		1:01.81 (33.51)	1:37.49 (35.68)	2:06.25 (28.76)	
13 Marder, James K	JR	Bethesda-Chevy Chase HS	2:01.52		2:06.35
27.59		1:01.70 (34.11)	1:37.07 (35.37)	2:06.35 (29.28)	
14 Garner, Jed	FR	Clarksburg High School	2:04.44		2:06.91
29.02		1:02.26 (33.24)	1:37.84 (35.58)	2:06.91 (29.07)	
15 Sellemi, Antonio	SR	Richard Montgomery High School	2:03.44		2:07.58
26.94		58.99 (32.05)	1:35.94 (36.95)	2:07.58 (31.64)	
16 Delaney, Ben	SO	Northwest High School	2:12.45		2:13.36
27.75		1:02.23 (34.48)	1:41.90 (39.67)	2:13.36 (31.46)	
17 McCann, Booker A	JR	Bethesda-Chevy Chase HS	2:05.82		2:14.49
28.02		1:01.21 (33.19)	1:41.20 (39.99)	2:14.49 (33.29)	
18 Lattner, Mark	SR	Gaithersburg High School	2:30.00		2:20.09
28.96		1:03.54 (34.58)	1:46.56 (43.02)	2:20.09 (33.53)	
19 Castaneda, Samuel	JR	Northwest High School	2:19.55		2:22.62
30.49		1:06.22 (35.73)	1:47.65 (41.43)	2:22.62 (34.97)	
20 Ritchoote, Rowan	FR	Northwood High School	2:30.03		2:30.57
32.60		1:09.63 (37.03)	1:57.13 (47.50)	2:30.57 (33.44)	
21 Penate, Sebastian	SO	Northwood High School	2:30.27		2:33.89
32.67		1:11.96 (39.29)	1:59.74 (47.78)	2:33.89 (34.15)	
22 MacLaren, Griffen	JR	Watkins Mill High School	2:34.72		2:36.05
29.31		1:11.38 (42.07)	1:58.96 (47.58)	2:36.05 (37.09)	
23 Bibb, Owen	FR	Gaithersburg High School	2:38.06		2:43.23
31.79		1:13.62 (41.83)	2:05.65 (52.03)	2:43.23 (37.58)	
24 Kabat, Patrick	JR	Einstein High School	2:53.08		2:54.15
34.20		1:15.50 (41.30)	2:12.29 (56.79)	2:54.15 (41.86)	
25 Dsa, Sujjal	JR	Watkins Mill High School	2:56.85		3:02.83
39.69			2:18.59 ()	3:02.83 (44.24)	

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 6 Girls 200 Yard IM**

4A3A West: 2:03.34 # 2018		Catherine Belyakov		QOR	
MCPS: 1:58.19 & 2012		Charlotte Meyer		Whitman	
Name	Yr	School	Seed	Time	Finals Time
1 Belyakov, Catherine I	SR	Quince Orchard High School	2:00.84		2:05.04
27.23	1:00.09 (32.86)	1:34.53 (34.44)	2:05.04 (30.51)		
2 Berger, Jill R	JR	Bethesda-Chevy Chase HS	2:05.81		2:06.71
27.28	59.28 (32.00)	2:06.71 (1:07.43)			
3 Blake, Katherine	SO	Richard Montgomery High School	2:05.16		2:07.06
28.28	1:00.79 (32.51)	1:38.18 (37.39)	2:07.06 (28.88)		
4 Umhofer, Jane E	JR	Walter Johnson High School	2:05.77		2:08.71
28.08	1:02.49 (34.41)	1:38.24 (35.75)	2:08.71 (30.47)		
5 Svensson, Victoria T	SO	Walt Whitman High School	2:11.20		2:11.88
28.52	1:01.03 (32.51)	1:41.67 (40.64)	2:11.88 (30.21)		
6 Bingley, Hanna A	SO	Walter Johnson High School	2:13.32		2:12.60
28.90	1:04.43 (35.53)	1:40.96 (36.53)	2:12.60 (31.64)		
7 Hallmark, Kate C	SO	Bethesda-Chevy Chase HS	2:11.16		2:12.82
27.74	1:01.20 (33.46)	1:41.98 (40.78)	2:12.82 (30.84)		
8 Harrison, Elena	FR	Walt Whitman High School	2:12.12		2:13.49
27.76	1:01.01 (33.25)	1:41.91 (40.90)	2:13.49 (31.58)		
9 Zoltick, Stephanie	SO	Churchill High School	2:13.13		2:14.30
28.19	1:04.08 (35.89)	1:43.97 (39.89)	2:14.30 (30.33)		
10 Kaiser, Alison	JR	Churchill High School	2:12.12		2:15.83
29.45	1:05.66 (36.21)	1:43.66 (38.00)	2:15.83 (32.17)		
11 Nonato, Megan	JR	Northwest High School	2:16.55		2:18.32
30.52	1:06.62 (36.10)	1:45.59 (38.97)	2:18.32 (32.73)		
12 Yu, Allison	FR	Wootton High School	2:18.17		2:18.89
30.48	1:07.01 (36.53)	1:46.02 (39.01)	2:18.89 (32.87)		
13 Rios, Kassandra	SR	Northwood High School	2:17.00		2:19.38
29.60	1:05.24 (35.64)	1:46.89 (41.65)	2:19.38 (32.49)		
14 Zhang, Clara Ann	FR	Wootton High School	2:19.64		2:21.83
31.35	1:09.64 (38.29)	1:48.38 (38.74)	2:21.83 (33.45)		
15 Monkevich, Madison	FR	Quince Orchard High School	2:22.64		2:22.19
31.43	1:06.06 (34.63)	1:49.82 (43.76)	2:22.19 (32.37)		
16 Li, YiYi	JR	Richard Montgomery High School	2:22.28		2:23.54
29.68	1:05.38 (35.70)	1:49.64 (44.26)	2:23.54 (33.90)		
17 Humbert, Emma	SO	Einstein High School	2:26.03		2:25.07
32.54	1:09.40 (36.86)	1:52.11 (42.71)	2:25.07 (32.96)		
18 Solomich, Sophie	SR	Gaithersburg High School	2:24.61		2:25.11
31.68	1:07.47 (35.79)	1:50.89 (43.42)	2:25.11 (34.22)		
19 Hayes, Victoria	SR	Clarksburg High School	2:29.81		2:29.52
31.03	1:09.09 (38.06)	1:54.91 (45.82)	2:29.52 (34.61)		
20 Pham, Dulcie	FR	Clarksburg High School	2:41.20		2:34.17
32.50	1:11.97 (39.47)	1:58.66 (46.69)	2:34.17 (35.51)		
21 Morford, Melanie	SO	Einstein High School	2:45.84		2:34.75
32.90	1:10.45 (37.55)	1:58.43 (47.98)	2:34.75 (36.32)		
22 Barillo, Alexis	JR	Northwest High School	2:30.96		2:36.86
34.26	1:15.02 (40.76)	1:59.61 (44.59)	2:36.86 (37.25)		
23 Halling, Samantha	FR	Gaithersburg High School	2:37.96		2:40.91
35.58	1:16.05 (40.47)	2:02.99 (46.94)	2:40.91 (37.92)		
24 Aguilar, Shelby	SO	Watkins Mill High School	2:57.40		3:01.88
39.93	1:25.55 (45.62)	2:16.84 (51.29)	3:01.88 (45.04)		
25 Ingram, Vivian	JR	Watkins Mill High School	3:00.40		3:04.03
40.26	1:30.92 (50.66)	2:23.91 (52.99)	3:04.03 (40.12)		

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****(Event 6 Girls 200 Yard IM)**

Name		Yr School		Seed Time	Finals Time
26	Leffler, Ella	FR	Northwood High School	3:06.29	3:08.86
	42.16	1:27.91 (45.75)	2:24.39 (56.48)	3:08.86 (44.47)	

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 7 Boys 50 Yard Freestyle**

4A3A West: 21.41 # 2019		Jacob Lindner		QOR	
MCPS: 20.84 & 2019		Steven Mendley		Churchill	
Name	Yr	School	Seed Time	Finals Time	
1 Cooper, Alec S	JR	Walt Whitman High School	21.28	21.60	
2 Ma, Chris	JR	Richard Montgomery High School	21.36	21.63	
3 Scott, Lucca	SR	Walt Whitman High School	21.43	21.84	
4 Frazier, Peyton	SO	Clarksburg High School	22.02	22.23	
*5 Collishaw, James W	SR	Walter Johnson High School	21.79	22.25	
*5 Zuo, Ben Long	JR	Churchill High School	21.87	22.25	
7 Song, Ian	SR	Richard Montgomery High School	22.09	22.42	
8 Schwendinger, Scott	SR	Quince Orchard High School	22.22	22.65	
9 Fouts, Gabriel A	JR	Quince Orchard High School	22.43	22.87	
10 Li, George	SR	Wootton High School	22.34	22.88	
11 Weaver, JD D	SO	Bethesda-Chevy Chase HS	23.07	22.97	
12 Meretta, Casey	SO	Churchill High School	22.69	23.00	
13 Chen, Ryan	SR	Wootton High School	23.07	23.13	
14 Nonato, Joseph	SR	Northwest High School	22.73	23.23	
15 Maclang, Roell	SO	Gaithersburg High School	23.39	23.28	
16 Douagi, Tim	JR	Bethesda-Chevy Chase HS	23.33	23.52	
17 Meyers, Brady T	SR	Walter Johnson High School	22.72	23.53	
18 McGuire, Kyle	JR	Clarksburg High School	24.57	24.24	
19 Concepcion, Nicolas	SR	Northwest High School	23.82	24.29	
20 Werber, Jason	SO	Northwood High School	25.31	25.05	
21 Crews, Christopher	JR	Watkins Mill High School	24.82	25.25	
22 Curtin, David	JR	Einstein High School	24.43	25.38	
23 Fay, Reilly	SR	Einstein High School	25.25	25.65	
24 Fowler, Shane	SR	Northwood High School	25.89	26.21	
25 Ariel Cruz, Selvin	SR	Watkins Mill High School	28.25	28.60	
26 Yoder, Ryan	SO	Gaithersburg High School	29.78	29.58	

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 8 Girls 50 Yard Freestyle**

4A3A West: 24.15 # 2012		Reia Tong		WWH	
MCPS: 22.95 & 2016		Morgan Hill		Sherwood	
Name	Yr	School	Seed Time	Finals Time	
1	Allen, Nina S	FR Bethesda-Chevy Chase HS	23.51	24.16	
2	West, Lauren	SO Einstein High School	24.03	24.18	
3	Fenton, Rachel	SR Churchill High School	24.35	24.67	
4	Barry, Jazz L	JR Bethesda-Chevy Chase HS	24.17	24.76	
5	Baroldi, Giulia	SO Walt Whitman High School	24.53	24.83	
6	Woo, Ashley	FR Wootton High School	24.42	24.93	
7	Fenton, Bella	SO Churchill High School	24.69	25.07	
8	Rosman, Lianna B	SO Walter Johnson High School	24.61	25.08	
9	Benavides, Maya	JR Richard Montgomery High School	25.16	25.52	
10	Rodgers, Susan B	JR Walt Whitman High School	25.56	25.53	
11	Thompson, Sidney	FR Wootton High School	25.13	25.64	
12	Venditti, Kara	SO Richard Montgomery High School	25.52	25.79	
13	Hudson, Jennie	SR Gaithersburg High School	26.13	25.84	
14	Judge, Kai	SO Quince Orchard High School	25.69	26.12	
15	Feng, Jessie	FR Northwest High School	25.76	26.24	
16	Ruszczuk, McKenzie C	SO Walter Johnson High School	25.85	26.25	
17	Fogle, Samantha	SR Quince Orchard High School	26.91	26.91	
18	Evans, Phoebe	SO Einstein High School	27.10	27.02	
19	Derrenbacher, Casey	SR Gaithersburg High School	27.64	27.81	
20	Yanes, Diana	JR Watkins Mill High School	28.20	28.19	
21	Cook, Elly	FR Clarksburg High School	29.03	29.31	
22	Dejewski, Maddison	SR Clarksburg High School	29.19	29.57	
23	Penate, Victoria	SR Northwood High School	31.41	31.08	
24	Holt, Alyssa	JR Watkins Mill High School	31.63	32.16	
25	Clements, Elise	SR Northwood High School	37.69	34.35	
---	McKenna, Meghan E	JR Northwest High School	26.64	DFS	
	Declared false start				

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 11 Boys 100 Yard Butterfly**

4A3A West: 50.38 # 2019		Chris Ma		RMT	
MCPS: 48.47 & 2019		Alex Colson		Wheaton	
Name	Yr	School	Seed Time	Finals Time	
1 Ma, Chris	JR	Richard Montgomery High School	49.09	49.98 #	
23.29				49.98 (26.69)	
2 Lawson, Kris	FR	Walt Whitman High School	51.19	51.89	
24.55				51.89 (27.34)	
3 Zeineddin, Pierre	JR	Richard Montgomery High School	50.44	52.34	
24.32				52.34 (28.02)	
4 Scott, Lucca	SR	Walt Whitman High School	51.00	52.69	
24.21				52.69 (28.48)	
5 Connelly, Patrick S	SR	Walter Johnson High School	52.32	53.20	
24.61				53.20 (28.59)	
6 Koenig, Parker M	FR	Walter Johnson High School	53.14	53.68	
25.01				53.68 (28.67)	
7 Gao, Ray R	SO	Bethesda-Chevy Chase HS	55.44	55.28	
27.25				55.28 (28.03)	
8 Braun, Zak	JR	Northwest High School	54.76	55.32	
25.30				55.32 (30.02)	
9 Yin, Kevin	JR	Churchill High School	54.48	55.33	
25.94				55.33 (29.39)	
10 Haraldsson, Miles T	FR	Bethesda-Chevy Chase HS	56.05	56.90	
26.60				56.90 (30.30)	
11 Seen, Leo	JR	Wootton High School	55.64	57.00	
26.60				57.00 (30.40)	
12 Case, James	FR	Northwood High School	56.57	57.36	
26.91				57.36 (30.45)	
13 Nagao, Taiki	JR	Quince Orchard High School	57.76	58.16	
27.34				58.16 (30.82)	
14 Fuster, Max	FR	Wootton High School	57.57	58.91	
27.34				58.91 (31.57)	
15 Maradiaga, Cristian	JR	Gaithersburg High School	58.28	59.06	
27.63				59.06 (31.43)	
16 Tejada, Danny	FR	Clarksburg High School	1:00.95	1:01.00	
28.43				1:01.00 (32.57)	
17 Lee, Kai	JR	Northwest High School	1:03.04	1:04.79	
28.61				1:04.79 (36.18)	
18 MacLaren, Griffen	JR	Watkins Mill High School	1:03.37	1:04.82	
29.80				1:04.82 (35.02)	
19 Courbois, Calvin	JR	Quince Orchard High School	1:05.16	1:04.92	
28.01				1:04.92 (36.91)	
20 Jiang, Eric	JR	Clarksburg High School	1:05.94	1:05.93	
29.84				1:05.93 (36.09)	
21 Minkoff, Asher	SO	Einstein High School	1:06.25	1:05.94	
31.00				1:05.94 (34.94)	
22 Shaffer, Aidan	FR	Einstein High School	1:07.22	1:07.72	
30.41				1:07.72 (37.31)	
23 Moser, Andrew	SR	Northwood High School	1:13.28	1:13.07	
33.37				1:13.07 (39.70)	
24 Ventura, Bryan	SR	Watkins Mill High School	1:21.90	1:20.90	
36.01				1:20.90 (44.89)	
--- Huebl, Justin	FR	Churchill High School	54.89	DFS	
Declared false start					

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 12 Girls 100 Yard Butterfly**

4A3A West: 56.81 # 2017
 MCPS: 53.87 & 2018

Emily T Wang
 Hannah Kannan

WCH
 Blair

Name	Yr	School	Seed Time	Finals Time
1 Berger, Jill R 27.05	JR	Bethesda-Chevy Chase HS	56.62	56.12 #
		56.12 (29.07)		
2 Smith, Samantha P 26.84	JR	Bethesda-Chevy Chase HS	56.76	56.59 #
		56.59 (29.75)		
3 Ford, Celia 26.73	JR	Einstein High School	56.42	57.25
		57.25 (30.52)		
4 Karp, Sienna A 27.50	FR	Walter Johnson High School	59.15	58.51
		58.51 (31.01)		
5 Fan, Julie 27.58	JR	Churchill High School	58.87	58.68
		58.68 (31.10)		
6 Harrison, Elena 27.09	FR	Walt Whitman High School	58.54	58.69
		58.69 (31.60)		
7 Wang, Sophia 27.64	SR	Richard Montgomery High School	58.53	58.75
		58.75 (31.11)		
8 Zoltick, Stephanie 28.06	SO	Churchill High School	58.35	59.94
		59.94 (31.88)		
9 Elliott, Sarah 28.44	SR	Clarksburg High School	58.07	1:00.36
		1:00.36 (31.92)		
10 Krupinski, Noelle M 28.66	JR	Walter Johnson High School	58.85	1:00.37
		1:00.37 (31.71)		
11 Weitzman, Andie 28.01	SR	Quince Orchard High School	1:03.62	1:00.52
		1:00.52 (32.51)		
12 Eliason, Grace 28.44	JR	Richard Montgomery High School	59.91	1:00.79
		1:00.79 (32.35)		
13 Rios, Cassandra 28.72	SR	Northwood High School	1:01.13	1:01.18
		1:01.18 (32.46)		
14 Morissette, Kylie 29.02	JR	Northwest High School	59.87	1:01.48
		1:01.48 (32.46)		
15 Kenyon, Brooke 29.75	FR	Clarksburg High School	1:00.02	1:02.48
		1:02.48 (32.73)		
16 Cardenas Gaviria, Katie 29.50	SO	Northwest High School	1:03.58	1:02.69
		1:02.69 (33.19)		
17 Cooper, Chloe A 29.44	JR	Walt Whitman High School	1:01.93	1:03.00
		1:03.00 (33.56)		
18 Shad, Sophia 29.56	FR	Wootton High School	1:04.13	1:04.16
		1:04.16 (34.60)		
19 Li, Grace 29.72	JR	Wootton High School	1:03.32	1:05.01
		1:05.01 (35.29)		
20 ng, Hope 31.14	JR	Northwood High School	1:06.87	1:07.67
		1:07.67 (36.53)		
21 Woodward, Molly 32.69	SO	Einstein High School	1:08.23	1:08.42
		1:08.42 (35.73)		
22 Ong, Alisha 31.06	SO	Quince Orchard High School	1:10.96	1:09.45
		1:09.45 (38.39)		
23 Solomich, Anna 35.42	SR	Gaithersburg High School	1:13.25	1:18.69
		1:18.69 (43.27)		
24 Segovia, Dayana 36.47	FR	Gaithersburg High School	1:16.40	1:19.03
		1:19.03 (42.56)		
25 Holt, Alyssa 42.67	JR	Watkins Mill High School	1:32.09	1:35.24
		1:35.24 (52.57)		

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 13 Boys 100 Yard Freestyle**

4A3A West: 47.14 # 2014		Jean-Marc Nugent		WAJ	
MCPS: 45.57 & 2020		Noah Rutberg		Churchill	
Name	Yr	School	Seed Time	Finals Time	
1 Oehler, Everett	SO	Richard Montgomery High School	47.38	48.06	
23.36		48.06 (24.70)			
2 Cooper, Alec S	JR	Walt Whitman High School	45.94	48.07	
23.08		48.07 (24.99)			
3 Collishaw, James W	SR	Walter Johnson High School	47.32	48.26	
23.22		48.26 (25.04)			
4 Eliason, Andrew	SO	Richard Montgomery High School	47.35	48.46	
23.48		48.46 (24.98)			
5 Greenberg, Cole	SO	Quince Orchard High School	47.77	48.65	
23.63		48.65 (25.02)			
6 Stumpf, Rory	SR	Churchill High School	48.80	49.02	
23.39		49.02 (25.63)			
7 Helf, Gideon C	JR	Walt Whitman High School	47.67	49.18	
23.87		49.18 (25.31)			
8 Truong, Michael	FR	Clarksburg High School	48.62	49.29	
23.79		49.29 (25.50)			
9 Yune, David Y	SO	Wootton High School	48.80	49.74	
24.33		49.74 (25.41)			
10 Meretta, Casey	SO	Churchill High School	49.38	49.96	
23.86		49.96 (26.10)			
11 Frazier, Peyton	SO	Clarksburg High School	49.66	50.58	
23.91		50.58 (26.67)			
12 Maclang, Roell	SO	Gaithersburg High School	50.69	50.77	
24.79		50.77 (25.98)			
13 Bagshaw, Brady S	FR	Walter Johnson High School	50.32	51.42	
24.50		51.42 (26.92)			
14 Solana, Ernesto	FR	Bethesda-Chevy Chase HS	50.72	51.59	
24.80		51.59 (26.79)			
15 Schwendinger, Scott	SR	Quince Orchard High School	52.11	51.76	
24.88		51.76 (26.88)			
16 Zhang, Jordan	SO	Wootton High School	50.19	52.34	
24.95		52.34 (27.39)			
17 McCann, Booker A	JR	Bethesda-Chevy Chase HS	52.26	53.04	
25.51		53.04 (27.53)			
18 Concepcion, Nicolas	SR	Northwest High School	53.89	55.15	
26.14		55.15 (29.01)			
19 Noznesky, Jacob	SR	Northwest High School	55.07	55.97	
26.72		55.97 (29.25)			
20 Crews, Christopher	JR	Watkins Mill High School	57.75	57.94	
27.69		57.94 (30.25)			
21 Bibb, Owen	FR	Gaithersburg High School	59.68	58.55	
27.63		58.55 (30.92)			
22 Manzon, Jason	SR	Northwood High School	1:00.85	59.23	
28.66		59.23 (30.57)			
23 Meszaros, Johannes	SO	Einstein High School	1:00.46	59.90	
28.33		59.90 (31.57)			
24 Penate, Sebastian	SO	Northwood High School	1:00.88	1:00.73	
27.99		1:00.73 (32.74)			
25 Medina-Downs, Luca	JR	Einstein High School	1:01.64	1:01.36	
28.82		1:01.36 (32.54)			

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****(Event 13 Boys 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time
--- Olivia, Bryant	SO	Watkins Mill High School	1:02.47	X59.52
28.17	59.52	(31.35)		

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 14 Girls 100 Yard Freestyle**

4A3A West: 52.47 # 2017		Avery Williams		WWH	
MCPS: 49.07 & 2016		Morgan Hill		Sherwood	
Name	Yr	School	Seed Time	Finals Time	
1 West, Lauren	SO	Einstein High School	51.33	52.30 #	
25.41				52.30 (26.89)	
2 Baroldi, Giulia	SO	Walt Whitman High School	52.70	53.43	
26.07				53.43 (27.36)	
3 Allen, Nina S	FR	Bethesda-Chevy Chase HS	52.63	53.65	
26.04				53.65 (27.61)	
4 Benson, Molly J	SR	Walter Johnson High School	51.99	53.69	
26.25				53.69 (27.44)	
5 Shi, Joy	SR	Wootton High School	53.19	53.95	
26.53				53.95 (27.42)	
6 Brindle, Devin R	FR	Bethesda-Chevy Chase HS	53.54	54.70	
26.56				54.70 (28.14)	
7 Fenton, Rachel	SR	Churchill High School	54.15	54.83	
26.34				54.83 (28.49)	
8 Rosman, Lianna B	SO	Walter Johnson High School	54.17	54.87	
26.46				54.87 (28.41)	
9 Fischer, Maya	SR	Churchill High School	54.64	55.22	
26.24				55.22 (28.98)	
10 Kitchen, Gabby	SO	Quince Orchard High School	55.33	55.69	
26.63				55.69 (29.06)	
11 Navarrete, Ally S	SR	Walt Whitman High School	55.09	55.75	
26.54				55.75 (29.21)	
12 Tozzi, Marisa R	JR	Quince Orchard High School	54.62	56.00	
26.78				56.00 (29.22)	
13 Benavides, Maya	JR	Richard Montgomery High School	55.55	56.23	
26.74				56.23 (29.49)	
14 Venditti, Kara	SO	Richard Montgomery High School	55.81	56.37	
26.94				56.37 (29.43)	
15 Thompson, Sidney	FR	Wootton High School	55.87	56.58	
27.46				56.58 (29.12)	
16 Hovis, Sophia	JR	Northwood High School	56.90	58.18	
27.70				58.18 (30.48)	
17 Hammond, Marley	SO	Watkins Mill High School	1:00.52	58.92	
28.23				58.92 (30.69)	
18 Hanson, Abigail	FR	Northwest High School	1:00.50	59.43	
28.32				59.43 (31.11)	
19 Dickerson, Kailyn	SO	Northwest High School	1:01.34	59.58	
28.28				59.58 (31.30)	
20 Derrenbacher, Casey	SR	Gaithersburg High School	1:02.38	1:01.72	
29.58				1:01.72 (32.14)	
21 Brown, Kenya M	SR	Clarksburg High School	1:02.70	1:02.77	
29.62				1:02.77 (33.15)	
22 Jiang, Evelyn	SO	Clarksburg High School	1:04.03	1:02.89	
29.27				1:02.89 (33.62)	
23 Derrenbacher, Devon	SO	Gaithersburg High School	1:04.33	1:03.38	
30.57				1:03.38 (32.81)	
24 Kwan, Rachel	SR	Einstein High School	1:03.81	1:05.40	
29.99				1:05.40 (35.41)	
25 Rice, Raven	JR	Northwood High School	1:09.78	1:11.09	
33.14				1:11.09 (37.95)	

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****(Event 14 Girls 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
26	Rodriguez, Cecelia	JR	Watkins Mill High School	1:20.34	1:19.26
	37.29		1:19.26 (41.97)		

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 15 Boys 500 Yard Freestyle**

4A3A West: 4:38.02 # 2012

Garrett Powell

WAJ

MCPS: 4:20.04 & 2012

Garrett Powell

Walter Johnson

Name	Yr	School	Seed Time	Finals Time
1 Bandak, Ziad	SR	Churchill High School	4:32.63	4:39.72
26.39	54.31 (27.92)	1:23.15 (28.84)	1:52.74 (29.59)	
2:21.30 (28.56)	2:49.02 (27.72)	3:17.47 (28.45)	3:45.67 (28.20)	
4:13.27 (27.60)	4:39.72 (26.45)			
2 Sonne, Will C	JR	Walt Whitman High School	4:41.89	4:47.54
26.28	54.83 (28.55)	1:23.64 (28.81)	1:52.81 (29.17)	
2:21.89 (29.08)	2:50.53 (28.64)	3:19.85 (29.32)	3:49.62 (29.77)	
4:18.66 (29.04)	4:47.54 (28.88)			
3 Owen, Zak	SO	Walt Whitman High School	4:42.02	4:49.48
27.02	56.08 (29.06)	1:25.46 (29.38)	1:54.99 (29.53)	
2:24.54 (29.55)	2:53.71 (29.17)	3:22.99 (29.28)	3:52.45 (29.46)	
4:21.83 (29.38)	4:49.48 (27.65)			
4 Elkassem, Karim	JR	Churchill High School	4:46.23	4:49.60
27.07	56.21 (29.14)	1:25.37 (29.16)	1:54.87 (29.50)	
2:24.63 (29.76)	2:54.38 (29.75)	3:23.51 (29.13)	3:52.50 (28.99)	
4:21.25 (28.75)	4:49.60 (28.35)			
5 Garcia-Hidalgo, Rafe F	SR	Bethesda-Chevy Chase HS	4:48.04	4:55.82
27.05	56.40 (29.35)	1:26.34 (29.94)	1:56.13 (29.79)	
2:26.04 (29.91)	2:56.25 (30.21)	3:25.86 (29.61)	3:56.00 (30.14)	
4:26.21 (30.21)	4:55.82 (29.61)			
6 Platzer, Alex N	SO	Bethesda-Chevy Chase HS	4:57.02	4:57.58
26.59	55.88 (29.29)	1:26.03 (30.15)	1:56.14 (30.11)	
2:26.28 (30.14)	2:56.69 (30.41)	3:27.39 (30.70)	3:57.82 (30.43)	
4:28.52 (30.70)	4:57.58 (29.06)			
7 Natsvlishvili, Niko	SO	Walter Johnson High School	4:48.24	4:59.96
27.20	56.70 (29.50)	1:26.54 (29.84)	1:57.02 (30.48)	
2:27.31 (30.29)	2:58.27 (30.96)	3:28.53 (30.26)	3:59.06 (30.53)	
4:30.23 (31.17)	4:59.96 (29.73)			
8 Kim, Brandon	FR	Quince Orchard High School	4:56.16	5:00.08
27.02	56.48 (29.46)	1:26.81 (30.33)	1:57.25 (30.44)	
2:27.82 (30.57)	2:58.57 (30.75)	3:28.82 (30.25)	3:59.40 (30.58)	
4:29.95 (30.55)	5:00.08 (30.13)			
9 Fulton, Caelan J	FR	Walter Johnson High School	4:55.55	5:00.33
48.89 ()	1:25.80 (36.91)	1:56.55 (30.75)		
2:27.32 (30.77)	2:58.23 (30.91)	3:29.26 (31.03)	4:00.26 (31.00)	
4:31.09 (30.83)	5:00.33 (29.24)			
10 Kissel, James	FR	Quince Orchard High School	5:02.39	5:00.58
27.42	56.80 (29.38)	1:27.14 (30.34)	1:57.82 (30.68)	
2:28.64 (30.82)	2:59.30 (30.66)	3:30.14 (30.84)	4:00.84 (30.70)	
4:31.25 (30.41)	5:00.58 (29.33)			
11 Martin, Zachary	JR	Northwest High School	4:52.25	5:03.86
27.01	56.61 (29.60)	1:26.81 (30.20)	1:57.59 (30.78)	
2:28.59 (31.00)	2:59.62 (31.03)	3:31.25 (31.63)	4:02.49 (31.24)	
4:33.73 (31.24)	5:03.86 (30.13)			
12 Doan, Jason	SO	Richard Montgomery High School	5:02.69	5:10.93
27.10	57.05 (29.95)	1:27.80 (30.75)	1:59.31 (31.51)	
2:31.20 (31.89)	3:03.23 (32.03)	3:35.89 (32.66)	4:08.70 (32.81)	
4:39.72 (31.02)	5:10.93 (31.21)			
13 Zeineddin, Sebastien	SO	Richard Montgomery High School	5:26.56	5:15.75
28.69	1:01.48 (32.79)	1:33.99 (32.51)	2:06.39 (32.40)	
2:39.04 (32.65)	3:11.21 (32.17)	3:43.20 (31.99)	4:14.50 (31.30)	
4:45.13 (30.63)	5:15.75 (30.62)			

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****(Event 15 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
14	Hassett, Matthew	SO	Clarksburg High School	5:06.56	5:16.80
	27.64	58.42 (30.78)	1:30.47 (32.05)	2:02.70 (32.23)	
	2:35.06 (32.36)	3:07.61 (32.55)	3:40.28 (32.67)	4:12.89 (32.61)	
	4:45.27 (32.38)	5:16.80 (31.53)			
15	Torrejon, Julio E	SO	Wootton High School	5:20.04	5:22.54
	28.08	59.00 (30.92)	1:31.91 (32.91)	2:04.77 (32.86)	
	2:37.10 (32.33)	3:10.46 (33.36)	3:43.31 (32.85)	4:16.65 (33.34)	
	4:50.08 (33.43)	5:22.54 (32.46)			
16	Erkan, Aydin	FR	Wootton High School	5:09.58	5:23.10
	28.20	1:00.13 (31.93)	1:32.78 (32.65)	2:05.78 (33.00)	
	2:38.73 (32.95)	3:11.72 (32.99)	3:45.08 (33.36)	4:18.27 (33.19)	
	4:50.97 (32.70)	5:23.10 (32.13)			
17	Ng, Kai	FR	Northwood High School	5:35.87	5:40.37
	30.12	1:03.60 (33.48)	1:38.68 (35.08)	2:13.49 (34.81)	
	2:48.32 (34.83)	3:23.32 (35.00)	3:58.40 (35.08)	4:33.12 (34.72)	
	5:07.68 (34.56)	5:40.37 (32.69)			
18	Ritchotte, Rowan	FR	Northwood High School	5:59.63	6:00.56
	32.74	1:09.36 (36.62)	1:46.46 (37.10)	2:23.55 (37.09)	
	3:01.08 (37.53)	3:37.91 (36.83)	4:15.23 (37.32)	4:52.11 (36.88)	
	6:00.56 (1:08.45)				
19	Dixon, Joshua	FR	Clarksburg High School	6:09.13	6:01.71
	31.47	1:06.64 (35.17)	1:43.63 (36.99)	2:21.56 (37.93)	
	2:59.89 (38.33)	3:36.91 (37.02)	4:14.13 (37.22)	4:51.14 (37.01)	
	5:28.17 (37.03)	6:01.71 (33.54)			
20	Douma, Alexander	JR	Gaithersburg High School	5:59.70	6:09.89
	30.85	1:05.82 (34.97)	1:42.25 (36.43)	2:19.26 (37.01)	
	2:57.33 (38.07)	3:36.05 (38.72)	4:14.00 (37.95)		
	5:31.90 ()	6:09.89 (37.99)			
21	Gribi, Anis	SR	Watkins Mill High School	6:33.52	6:53.34
	35.03	1:15.41 (40.38)	1:56.79 (41.38)	2:39.50 (42.71)	
	3:22.06 (42.56)	4:04.06 (42.00)	4:46.77 (42.71)	5:30.68 (43.91)	
	6:12.91 (42.23)	6:53.34 (40.43)			
22	Ventura, Bryan	SR	Watkins Mill High School	7:08.44	7:06.26
	33.87	1:11.83 (37.96)	1:52.97 (41.14)	2:36.21 (43.24)	
	3:20.70 (44.49)	4:06.05 (45.35)	4:51.16 (45.11)	5:37.58 (46.42)	
	6:23.19 (45.61)	7:06.26 (43.07)			

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 16 Girls 500 Yard Freestyle**

4A3A West: 4:56.00 # 2012

Ellen Anderson

GAI

MCPS: 4:47.09 & 2020

Maren Conze

Walter Johnson

Name	Yr	School	Seed Time	Finals Time
1 Conze, Maren D	FR	Walter Johnson High School	4:47.09	4:57.26
26.87	55.96 (29.09)	1:25.52 (29.56)	1:55.67 (30.15)	
2:26.21 (30.54)	2:56.87 (30.66)	3:27.39 (30.52)	3:57.69 (30.30)	
4:27.91 (30.22)	4:57.26 (29.35)			
2 Belyakov, Anastasia I	SR	Quince Orchard High School	5:07.96	5:01.20
27.68	57.72 (30.04)	1:28.22 (30.50)	1:59.33 (31.11)	
2:30.15 (30.82)	3:00.80 (30.65)	3:31.45 (30.65)	4:01.86 (30.41)	
4:32.09 (30.23)	5:01.20 (29.11)			
3 Blake, Katherine	SO	Richard Montgomery High School	4:55.49	5:01.39
27.49	57.26 (29.77)	1:27.90 (30.64)	1:58.94 (31.04)	
2:30.02 (31.08)	3:00.72 (30.70)	3:31.44 (30.72)	4:02.20 (30.76)	
4:32.54 (30.34)	5:01.39 (28.85)			
4 Hallmark, Kate C	SO	Bethesda-Chevy Chase HS	5:06.46	5:09.55
28.14	59.02 (30.88)	1:29.84 (30.82)	2:01.36 (31.52)	
2:33.12 (31.76)	3:04.67 (31.55)	3:36.46 (31.79)	4:07.33 (30.87)	
4:38.58 (31.25)	5:09.55 (30.97)			
5 Hinds, Clara C	FR	Bethesda-Chevy Chase HS	5:08.96	5:10.60
28.23	58.85 (30.62)	1:29.91 (31.06)	2:01.38 (31.47)	
2:33.36 (31.98)	3:05.29 (31.93)	3:37.07 (31.78)	4:08.63 (31.56)	
4:40.18 (31.55)	5:10.60 (30.42)			
6 Yang, Georgia	FR	Churchill High School	5:13.28	5:11.40
28.94	1:00.09 (31.15)	1:31.64 (31.55)	2:03.35 (31.71)	
2:34.88 (31.53)	3:06.11 (31.23)	3:38.13 (32.02)	4:10.11 (31.98)	
4:41.29 (31.18)	5:11.40 (30.11)			
7 Baird, Elena	SO	Richard Montgomery High School	5:11.14	5:12.72
28.61	59.86 (31.25)	1:31.59 (31.73)	2:03.49 (31.90)	
2:35.14 (31.65)	3:06.76 (31.62)	3:38.21 (31.45)	4:10.20 (31.99)	
4:41.77 (31.57)	5:12.72 (30.95)			
8 Gonzalez, Lillie	SR	Einstein High School	5:07.47	5:15.47
28.95	1:00.08 (31.13)	1:31.77 (31.69)	2:04.03 (32.26)	
2:35.92 (31.89)	3:07.60 (31.68)	3:39.66 (32.06)	4:11.82 (32.16)	
4:44.31 (32.49)	5:15.47 (31.16)			
9 Memon, Zoya	FR	Walt Whitman High School	5:06.10	5:15.58
28.04	58.75 (30.71)	1:30.31 (31.56)	2:01.63 (31.32)	
2:33.86 (32.23)	3:05.79 (31.93)	3:38.15 (32.36)	4:11.19 (33.04)	
4:44.21 (33.02)	5:15.58 (31.37)			
10 Chen, Laura	JR	Wootton High School	5:12.64	5:19.34
29.13	1:00.66 (31.53)	1:32.44 (31.78)	2:05.26 (32.82)	
2:37.50 (32.24)	3:10.26 (32.76)	3:42.42 (32.16)	4:15.45 (33.03)	
4:48.21 (32.76)	5:19.34 (31.13)			
11 Monkevich, Madison	FR	Quince Orchard High School	5:22.88	5:20.88
29.38	1:00.96 (31.58)	1:33.22 (32.26)	2:05.47 (32.25)	
2:37.90 (32.43)	3:10.82 (32.92)	3:43.82 (33.00)	4:16.76 (32.94)	
4:49.76 (33.00)	5:20.88 (31.12)			
12 Morissette, Kylie	JR	Northwest High School	5:07.38	5:21.61
29.60	1:01.59 (31.99)	1:34.09 (32.50)	2:06.48 (32.39)	
2:38.78 (32.30)	3:11.13 (32.35)	3:43.80 (32.67)	4:16.67 (32.87)	
4:49.63 (32.96)	5:21.61 (31.98)			
13 Redisch, Annabel Q	SR	Walt Whitman High School	5:25.79	5:22.60
30.28	1:02.26 (31.98)	1:34.78 (32.52)	2:07.48 (32.70)	
2:40.24 (32.76)	3:13.11 (32.87)	3:46.15 (33.04)	4:18.66 (32.51)	
4:50.96 (32.30)	5:22.60 (31.64)			

4A3A West Regional Championships - 2/15/2020

Results - 4A3A West Region Championships

(Event 16 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time
14 Vinal, Madeline	JR	Churchill High School	5:21.35	5:23.44
29.56	1:01.44 (31.88)	1:33.83 (32.39)	2:06.46 (32.63)	
2:39.09 (32.63)	3:11.97 (32.88)	3:44.97 (33.00)	4:17.97 (33.00)	
4:51.34 (33.37)	5:23.44 (32.10)			
15 Austin-Vaias, Kayden B	JR	Walter Johnson High School	5:28.65	5:27.78
29.65	1:01.53 (31.88)	1:34.05 (32.52)	2:07.02 (32.97)	
2:40.02 (33.00)	3:13.25 (33.23)	3:46.79 (33.54)	4:20.66 (33.87)	
4:54.73 (34.07)	5:27.78 (33.05)			
16 Helgeson, Emma	JR	Wootton High School	5:36.05	5:37.02
29.98	1:02.45 (32.47)	1:35.80 (33.35)	2:09.72 (33.92)	
2:43.94 (34.22)	3:18.19 (34.25)	3:52.90 (34.71)	4:27.87 (34.97)	
5:03.03 (35.16)	5:37.02 (33.99)			
17 Cardenas Gaviria, Katie	SO	Northwest High School	5:51.91	5:40.84
30.53	1:04.19 (33.66)	1:38.52 (34.33)	2:13.53 (35.01)	
2:48.57 (35.04)	3:23.55 (34.98)	3:58.17 (34.62)	4:32.89 (34.72)	
5:07.25 (34.36)	5:40.84 (33.59)			
18 Nail, Amelia	SR	Clarksburg High School	6:04.01	6:14.73
31.67	1:08.44 (36.77)	1:47.03 (38.59)	2:25.81 (38.78)	
3:04.39 (38.58)	3:43.46 (39.07)	4:21.69 (38.23)	5:00.05 (38.36)	
5:37.24 (37.19)	6:14.73 (37.49)			
19 Kenyon, Paige	JR	Clarksburg High School	6:30.38	6:23.18
34.36	1:12.39 (38.03)	1:51.41 (39.02)	2:30.57 (39.16)	
3:09.64 (39.07)	3:48.75 (39.11)	4:27.92 (39.17)	5:07.18 (39.26)	
5:45.49 (38.31)	6:23.18 (37.69)			
20 Yanes, Diana	JR	Watkins Mill High School	6:32.87	6:24.23
32.27	1:08.79 (36.52)	1:47.31 (38.52)	2:26.30 (38.99)	
3:05.35 (39.05)	3:44.98 (39.63)	4:24.82 (39.84)	5:04.64 (39.82)	
5:44.21 (39.57)	6:24.23 (40.02)			
21 Sheldon, Morgan	SO	Einstein High School	6:27.25	6:27.39
34.36	1:13.44 (39.08)	1:53.57 (40.13)	2:33.13 (39.56)	
3:13.42 (40.29)	3:53.24 (39.82)	4:32.76 (39.52)	5:12.52 (39.76)	
5:51.41 (38.89)	6:27.39 (35.98)			
22 Halling, Samantha	FR	Gaithersburg High School	6:27.62	6:36.95
36.13	1:15.98 (39.85)	1:57.52 (41.54)	2:39.42 (41.90)	
3:21.39 (41.97)	4:02.80 (41.41)	4:43.22 (40.42)	5:23.98 (40.76)	
6:02.14 (38.16)	6:36.95 (34.81)			
23 Brennan, Madeleine	JR	Northwood High School	6:36.01	6:44.80
35.02	1:12.93 (37.91)	1:52.07 (39.14)	2:32.47 (40.40)	
3:13.47 (41.00)	3:55.15 (41.68)	4:37.55 (42.40)	5:20.28 (42.73)	
6:02.68 (42.40)	6:44.80 (42.12)			
24 Giffin, Daphne	SO	Gaithersburg High School	7:19.63	7:16.04
35.89			2:47.44 ()	
	4:22.17 ()	5:08.45 (46.28)		
6:37.60 ()	7:16.04 (38.44)			
25 Leffler, Ella	FR	Northwood High School	7:16.50	7:19.62
26 Ingram, Vivian	JR	Watkins Mill High School	7:51.51	7:54.52
1:24.53	2:11.34 (46.81)		3:01.93 ()	
3:52.48 (50.55)	4:42.86 (50.38)	5:32.18 (49.32)	6:22.57 (50.39)	
7:09.96 (47.39)	7:54.52 (44.56)			

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 17 Boys 200 Yard Freestyle Relay**

4A3A West: 1:27.00 # 2019

Walter Johnson

MCPS: 1:25.42 & 2020

R. Montgomery

Team	Relay	Seed Time	Finals Time
1 Walt Whitman High School	A	1:25.69	1:26.24 #
1) Cooper, Alec S JR	2) Helf, Gideon C JR	3) Paulos, Michael SR	4) Scott, Lucca SR
21.74	43.93 (22.19)	1:05.09 (21.16)	1:26.24 (21.15)
2 Richard Montgomery High School	A	1:25.42	1:26.76 #
1) Eliason, Andrew SO	2) Song, Ian SR	3) Oehler, Everett SO	4) Ma, Chris JR
21.75	43.54 (21.79)	1:05.62 (22.08)	1:26.76 (21.14)
3 Walter Johnson High School	A	1:28.85	1:29.81
1) Collishaw, James W SR	2) Meyers, Brady T SR	3) Bagshaw, Henry M JR	4) LaClef, Matt C SR
22.24	44.53 (22.29)	1:07.06 (22.53)	1:29.81 (22.75)
4 Quince Orchard High School	A	1:30.04	1:30.57
1) Greenberg, Cole SO	2) Fouts, Gabriel A JR	3) Nagao, Taiki JR	4) Schwendinger, Scott SR
22.41	44.59 (22.18)	1:08.25 (23.66)	1:30.57 (22.32)
5 Churchill High School	A	1:27.69	1:30.72
1) Bandak, Ziad SR	2) Meretta, Casey SO	3) Stumpf, Rory SR	4) Murphy, Jack SR
22.73	45.48 (22.75)	1:08.22 (22.74)	1:30.72 (22.50)
6 Wootton High School	A	1:28.94	1:31.80
1) Zhang, Jordan SO	2) Li, George SR	3) Yune, David Y SO	4) Chen, Ryan SR
23.25	45.88 (22.63)	1:08.90 (23.02)	1:31.80 (22.90)
7 Bethesda-Chevy Chase HS	A	1:32.38	1:33.44
1) Douagi, Tim JR	2) Weaver, JD D SO	3) Marder, James K JR	4) Garcia-Hidalgo, Rafe F SR
23.67	46.37 (22.70)	1:09.77 (23.40)	1:33.44 (23.67)
8 Gaithersburg High School	A	1:39.22	1:37.04
1) Maclang, Roell SO	2) Bibb, Owen FR	3) Lattner, Mark SR	4) Maradiaga, Cristian JR
23.32	48.65 (25.33)	1:12.85 (24.20)	1:37.04 (24.19)
9 Northwest High School	A	1:33.13	1:38.99
1) Proffitt, Zachary SR	2) Lee, Kai JR	3) Noznesky, Jacob SR	4) Concepcion, Nicolas SR
25.03	50.39 (25.36)	1:14.88 (24.49)	1:38.99 (24.11)
10 Clarksburg High School	A	1:38.12	1:39.46
1) McGuire, Kyle JR	2) Tejada, Danny FR	3) Garner, Jed FR	4) Hassett, Matthew SO
24.82	50.99 (26.17)	1:20.67 (29.68)	1:39.46 (18.79)
11 Northwood High School	A	1:38.90	1:42.57
1) Ritchotte, Rowan FR	2) Hofmann, Jakob SO	3) Manzon, Jason SR	4) Werber, Jason SO
26.58	52.31 (25.73)	1:18.03 (25.72)	1:42.57 (24.54)
12 Watkins Mill High School	A	1:50.07	1:46.36
1) Ariel Cruz, Selvin SR	2) Olivia, Bryant SO	3) MacLaren, Griffen JR	4) Crews, Christopher JR
28.69	55.01 (26.32)	1:21.51 (26.50)	1:46.36 (24.85)
13 Einstein High School	A	1:42.38	1:48.26
1) Shaffer, Aidan FR	2) Medina-Downs, Luca JR	3) Meszaros, Johannes SO	4) Minkoff, Asher SO
27.96	55.31 (27.35)	1:21.75 (26.44)	1:48.26 (26.51)

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 18 Girls 200 Yard Freestyle Relay**

4A3A West: 1:37.22 # 2019

Walter Johnson

MCPS: 1:35.39 & 2012

Whitman

Team	Relay	Seed Time	Finals Time
1 Walter Johnson High School	A	1:36.36	1:38.29
1) Benson, Molly J SR	2) Rosman, Lianna B SO	3) Umhofer, Jane E JR	4) Conze, Maren D FR
25.04	49.90 (24.86)	1:14.34 (24.44)	1:38.29 (23.95)
2 Bethesda-Chevy Chase HS	A	1:36.67	1:38.34
1) Barry, Jazz L JR	2) Hallmark, Kate C SO	3) Gold, Ailey D SO	4) Allen, Nina S FR
24.79	49.65 (24.86)	1:14.20 (24.55)	1:38.34 (24.14)
3 Richard Montgomery High School	A	1:39.93	1:39.73
1) Benavides, Maya JR	2) Venditti, Kara SO	3) Baird, Elena SO	4) Blake, Katherine SO
25.19	50.23 (25.04)	1:15.39 (25.16)	1:39.73 (24.34)
*4 Walt Whitman High School	A	1:39.24	1:39.85
1) Baroldi, Giulia SO	2) Harrison, Elena FR	3) Navarrete, Ally S SR	4) Rodgers, Susan B JR
24.95	49.91 (24.96)	1:15.47 (25.56)	1:39.85 (24.38)
*4 Churchill High School	A	1:38.23	1:39.85
1) Illig, Rachel SR	2) Fischer, Maya SR	3) Fenton, Bella SO	4) Fenton, Rachel SR
25.49	50.47 (24.98)	1:22.38 (31.91)	1:39.85 (17.47)
6 Wootton High School	A	1:39.33	1:42.15
1) Shad, Sophia FR	2) Thompson, Sidney FR	3) Chen, Laura JR	4) Shi, Joy SR
26.28	51.16 (24.88)	1:17.13 (25.97)	1:42.15 (25.02)
7 Einstein High School	A	1:41.02	1:42.42
1) Ford, Celia JR	2) Evans, Phoebe SO	3) Gonzalez, Lillie SR	4) West, Lauren SO
26.10	52.65 (26.55)	1:18.99 (26.34)	1:42.42 (23.43)
8 Quince Orchard High School	A	1:44.10	1:44.74
1) Weitzman, Andie SR	2) Fogle, Samantha SR	3) Judge, Kai SO	4) Kitchen, Gabby SO
26.18	53.03 (26.85)	1:18.91 (25.88)	1:44.74 (25.83)
9 Northwood High School	A	1:47.41	1:46.36
1) Hovis, Sophia JR	2) Laduca, Alexandra SO	3) Marchionini, Sophia JR	4) Rios, Cassandra SR
27.12	54.22 (27.10)	1:20.58 (26.36)	1:46.36 (25.78)
10 Northwest High School	A	1:43.40	1:46.45
1) Feng, Jessie FR	2) Hanson, Abigail FR	3) Nonato, Megan JR	4) Morissette, Kylie JR
26.30	52.91 (26.61)	1:18.89 (25.98)	1:46.45 (27.56)
11 Clarksburg High School	A	1:45.05	1:48.49
1) Kenyon, Brooke FR	2) Hayes, Victoria SR	3) Nail, Amelia SR	4) Elliott, Sarah SR
26.94	55.00 (28.06)	1:23.40 (28.40)	1:48.49 (25.09)
12 Gaithersburg High School	A	1:51.43	1:48.75
1) Derrenbacher, Casey SR	2) Hudson, Jennie SR	3) Kaufman, Annabel SR	4) Solomich, Sophie SR
27.45	52.81 (25.36)	1:20.89 (28.08)	1:48.75 (27.86)
13 Watkins Mill High School	A	2:11.23	2:19.63
1) Rodriguez, Cecelia JR	2) Huynh, Ashley FR	3) Aguilar, Shelby SO	4) Holt, Alyssa JR

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 19 Boys 100 Yard Backstroke**

4A3A West: 51.48 # 2019		Noah Rutberg		WCH	
MCPS: 49.40 & 2020		Noah Rutberg		Churchill	
Name	Yr	School	Seed Time	Finals Time	
1 Rutberg, Noah	SR	Churchill High School	49.40	50.43 #	
24.84				50.43 (25.59)	
2 Bretz, Jason T	JR	Walt Whitman High School	49.72	52.22	
25.70				52.22 (26.52)	
3 Lawson, Kris	FR	Walt Whitman High School	52.26	52.76	
25.94				52.76 (26.82)	
4 Eliason, Andrew	SO	Richard Montgomery High School	51.40	52.84	
26.06				52.84 (26.78)	
5 Case, James	FR	Northwood High School	53.27	53.57	
26.35				53.57 (27.22)	
6 LaClef, Matt C	SR	Walter Johnson High School	54.63	53.76	
26.27				53.76 (27.49)	
7 Lowrey, Jacob	FR	Northwest High School	53.73	54.29	
27.17				54.29 (27.12)	
8 Truong, Michael	FR	Clarksburg High School	54.82	54.80	
27.27				54.80 (27.53)	
9 Karayianis, Alex	SO	Churchill High School	54.68	54.94	
26.97				54.94 (27.97)	
10 Colson, Sean	SO	Northwood High School	54.39	55.15	
27.03				55.15 (28.12)	
11 Bowman, Jack	SR	Richard Montgomery High School	57.28	57.04	
27.81				57.04 (29.23)	
12 Haraldsson, Miles T	FR	Bethesda-Chevy Chase HS	57.56	57.06	
28.62				57.06 (28.44)	
13 Gao, Ray R	SO	Bethesda-Chevy Chase HS	56.26	57.12	
27.90				57.12 (29.22)	
14 Kim, Brandon	FR	Quince Orchard High School	57.09	57.37	
28.25				57.37 (29.12)	
15 Dietrich, Chandler J	JR	Walter Johnson High School	58.12	58.13	
28.21				58.13 (29.92)	
*16 Braun, Zak	JR	Northwest High School	59.88	58.48	
28.12				58.48 (30.36)	
*16 Seen, Leo	JR	Wootton High School	56.81	58.48	
28.47				58.48 (30.01)	
18 Jiang, Eric	JR	Clarksburg High School	1:01.22	1:00.79	
29.75				1:00.79 (31.04)	
19 Lattner, Mark	SR	Gaithersburg High School	1:03.68	1:04.48	
31.06				1:04.48 (33.42)	
20 Curtin, David	JR	Einstein High School	1:03.40	1:08.84	
21 Medina-Downs, Luca	JR	Einstein High School	1:08.28	1:12.10	
34.20				1:12.10 (37.90)	
22 Ariel Cruz, Selvin	SR	Watkins Mill High School	1:16.25	1:16.21	
37.47				1:16.21 (38.74)	
23 Pullen, Dane	FR	Watkins Mill High School	1:17.78	1:18.20	
24 Palacios, Ian	JR	Gaithersburg High School	1:48.93	1:48.90	
49.50				1:48.90 (59.40)	
--- Miller, Justin	FR	Quince Orchard High School	1:07.15	DFS	
Declared false start					
--- Qin, Charlie	SO	Wootton High School	1:01.09	NS	

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 20 Girls 100 Yard Backstroke**

4A3A West: 57.11 # 2014		Hannah Lindsey		WCH	
MCPS: 54.12 & 2014		Kristina Li		Wootton	
Name	Yr	School	Seed Time	Finals Time	
1 Smith, Samantha P 27.81	JR	Bethesda-Chevy Chase HS	56.75	56.82 #	
				56.82 (29.01)	
2 Svensson, Victoria T 28.60	SO	Walt Whitman High School	57.53	58.28	
				58.28 (29.68)	
3 Bush, Malia 28.71	JR	Churchill High School	58.86	59.40	
				59.40 (30.69)	
4 Karp, Sienna A 29.40	FR	Walter Johnson High School	59.27	1:00.46	
				1:00.46 (31.06)	
5 Morris, Annie E 29.40	SR	Walt Whitman High School	59.38	1:00.76	
				1:00.76 (31.36)	
6 Woo, Ashley 29.13	FR	Wootton High School	1:01.78	1:01.12	
				1:01.12 (31.99)	
7 Csokmay, Audrey 29.27	FR	Richard Montgomery High School	1:01.50	1:01.27	
				1:01.27 (32.00)	
8 Miller, Kelsie 29.68	FR	Churchill High School	1:01.87	1:01.46	
				1:01.46 (31.78)	
9 Drakakis, Rena M 29.91	FR	Bethesda-Chevy Chase HS	1:01.74	1:02.30	
				1:02.30 (32.39)	
10 Tozzi, Marisa R 30.37	JR	Quince Orchard High School	1:02.45	1:02.33	
				1:02.33 (31.96)	
11 Ford, Celia 30.69	JR	Einstein High School	1:02.65	1:03.20	
				1:03.20 (32.51)	
12 Betancourt, Gabriela I 31.12	SO	Walter Johnson High School	1:02.99	1:04.28	
				1:04.28 (33.16)	
13 Kenyon, Brooke 31.43	FR	Clarksburg High School	1:02.61	1:04.32	
				1:04.32 (32.89)	
14 Feng, Jessie 31.53	FR	Northwest High School	1:03.33	1:04.46	
				1:04.46 (32.93)	
15 Cu, Jasmine 30.46	SO	Richard Montgomery High School	1:03.37	1:04.73	
				1:04.73 (34.27)	
16 Humbert, Emma 32.66	SO	Einstein High School	1:06.15	1:06.23	
				1:06.23 (33.57)	
17 Hammond, Marley 32.27	SO	Watkins Mill High School	1:05.09	1:06.60	
				1:06.60 (34.33)	
18 Laduca, Alexandra 32.29	SO	Northwood High School	1:06.73	1:06.67	
				1:06.67 (34.38)	
19 Solomich, Sophie 32.26	SR	Gaithersburg High School	1:04.56	1:07.17	
				1:07.17 (34.91)	
20 Tsai, Larissa C 32.24	SR	Wootton High School	1:06.32	1:07.78	
				1:07.78 (35.54)	
21 Barillo, Alexis 33.33	JR	Northwest High School	1:07.46	1:09.29	
				1:09.29 (35.96)	
22 Hayes, Victoria 34.20	SR	Clarksburg High School	1:06.28	1:10.60	
				1:10.60 (36.40)	
23 Brennan, Madeleine 36.13	JR	Northwood High School	1:16.85	1:16.08	
				1:16.08 (39.95)	
24 Derrenbacher, Devon 37.22	SO	Gaithersburg High School	1:17.09	1:16.30	
				1:16.30 (39.08)	
25 Ferrufino, Emily	FR	Watkins Mill High School	2:14.31	2:10.77	
--- Judge, Kai	SO	Quince Orchard High School	1:05.87	DQ	
False start					

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 21 Boys 100 Yard Breaststroke**

4A3A West: 56.80 # 2017		Eli Fouts		QOR	
MCPS: 54.31 & 2018		Eli Fouts		Quince Orchard	
Name	Yr	School	Seed Time	Finals Time	
1 Zuo, Ben Long	JR	Churchill High School	58.33	58.80	
27.92				58.80 (30.88)	
2 Fouts, Gabriel A	JR	Quince Orchard High School	58.71	58.85	
27.82				58.85 (31.03)	
3 Bagshaw, Henry M	JR	Walter Johnson High School	58.70	1:00.08	
28.12				1:00.08 (31.96)	
4 Kalinin, Denis	SO	Walter Johnson High School	1:00.55	1:00.28	
28.43				1:00.28 (31.85)	
5 Paulos, Michael	SR	Walt Whitman High School	59.36	1:00.29	
27.94				1:00.29 (32.35)	
6 Kelly, Jordan	FR	Wootton High School	59.69	1:00.60	
28.87				1:00.60 (31.73)	
7 Marder, James K	JR	Bethesda-Chevy Chase HS	59.94	1:01.08	
28.97				1:01.08 (32.11)	
8 Kimwon, Alvin	SO	Churchill High School	59.09	1:01.33	
28.39				1:01.33 (32.94)	
9 Nonato, Joseph	SR	Northwest High School	59.43	1:01.68	
28.65				1:01.68 (33.03)	
10 Cho, Young	FR	Wootton High School	1:01.37	1:02.37	
29.67				1:02.37 (32.70)	
11 Sellemi, Antonio	SR	Richard Montgomery High School	1:01.93	1:03.14	
29.33				1:03.14 (33.81)	
12 Garner, Jed	FR	Clarksburg High School	1:01.39	1:03.22	
30.15				1:03.22 (33.07)	
13 Alguard, Kaden	FR	Clarksburg High School	1:01.47	1:03.52	
29.57				1:03.52 (33.95)	
14 Wilson, Ethan H	SR	Bethesda-Chevy Chase HS	1:04.49	1:04.89	
30.07				1:04.89 (34.82)	
15 Heath, Michael A	JR	Quince Orchard High School	1:03.05	1:05.15	
30.61				1:05.15 (34.54)	
16 Sellers, George	JR	Richard Montgomery High School	1:06.55	1:05.56	
30.82				1:05.56 (34.74)	
17 Castaneda, Samuel	JR	Northwest High School	1:05.87	1:06.63	
31.55				1:06.63 (35.08)	
18 Hofmann, Jakob	SO	Northwood High School	1:10.14	1:08.50	
32.73				1:08.50 (35.77)	
19 Douma, Alexander	JR	Gaithersburg High School	1:13.52	1:13.18	
33.78				1:13.18 (39.40)	
20 Fay, Reilly	SR	Einstein High School	1:12.88	1:13.60	
33.29				1:13.60 (40.31)	
21 Bryant, Kaleb	FR	Einstein High School	1:15.16	1:15.87	
35.56				1:15.87 (40.31)	
22 Manzon, Phillip	SR	Northwood High School	1:21.41	1:19.46	
37.09				1:19.46 (42.37)	
23 Dsa, Suijal	JR	Watkins Mill High School	1:20.96	1:21.34	
37.17				1:21.34 (44.17)	
24 Yoder, Ryan	SO	Gaithersburg High School	1:26.97	1:25.18	
39.31				1:25.18 (45.87)	
--- Eskin, Meyer	FR	Walt Whitman High School	1:00.04	DQ	
False start					
28.65				DQ (33.30)	

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****(Event 21 Boys 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time
--- Jayalal, Vimukthi	SO	Watkins Mill High School	1:23.97	NS

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Event 22 Girls 100 Yard Breaststroke**

4A3A West: 1:02.70 # 2017		Jaycee Yegher		NWM	
MCPS: 1:01.76 & 2017		Jaycee Yegher		Northwest	
Name	Yr	School	Seed Time	Finals Time	
1 Belyakov, Catherine I	SR	Quince Orchard High School	1:02.48	1:03.73	
30.24				1:03.73 (33.49)	
2 Barry, Jazz L	JR	Bethesda-Chevy Chase HS	1:04.67	1:06.09	
30.96				1:06.09 (35.13)	
3 Umhofer, Jane E	JR	Walter Johnson High School	1:04.77	1:06.30	
31.76				1:06.30 (34.54)	
4 Bingley, Hanna A	SO	Walter Johnson High School	1:05.40	1:06.34	
31.49				1:06.34 (34.85)	
5 Weitzman, Andie	SR	Quince Orchard High School	1:06.14	1:07.31	
32.29				1:07.31 (35.02)	
6 Kaiser, Alison	JR	Churchill High School	1:06.26	1:07.82	
31.74				1:07.82 (36.08)	
7 Zhang, Clara Ann	FR	Wootton High School	1:07.85	1:08.38	
32.63				1:08.38 (35.75)	
8 Nonato, Megan	JR	Northwest High School	1:08.75	1:08.65	
32.20				1:08.65 (36.45)	
*9 Wang, Sophia	SR	Richard Montgomery High School	1:07.96	1:10.21	
33.31				1:10.21 (36.90)	
*9 Zhang, Luna	JR	Wootton High School	1:09.18	1:10.21	
33.20				1:10.21 (37.01)	
11 Elliott, Sarah	SR	Clarksburg High School	1:11.46	1:10.30	
34.34				1:10.30 (35.96)	
12 Freeman, Katherine	SR	Churchill High School	1:09.61	1:11.06	
33.98				1:11.06 (37.08)	
13 Fleming, Kit G	JR	Walt Whitman High School	1:09.72	1:11.33	
34.62				1:11.33 (36.71)	
14 Hudson, Jennie	SR	Gaithersburg High School	1:13.32	1:11.51	
33.93				1:11.51 (37.58)	
15 Smith, Emily P	JR	Bethesda-Chevy Chase HS	1:11.31	1:11.84	
33.63				1:11.84 (38.21)	
16 Csokmay, Audrey	FR	Richard Montgomery High School	1:08.99	1:11.93	
34.25				1:11.93 (37.68)	
17 Headley, Georgia A	SR	Walt Whitman High School	1:12.69	1:12.35	
34.61				1:12.35 (37.74)	
18 Marchionini, Sophia	JR	Northwood High School	1:13.02	1:12.66	
34.70				1:12.66 (37.96)	
19 Morford, Melanie	SO	Einstein High School	1:22.87	1:18.61	
37.66				1:18.61 (40.95)	
20 Sieger, Olivia	JR	Northwest High School	1:18.11	1:18.66	
37.01				1:18.66 (41.65)	
21 Woodward, Molly	SO	Einstein High School	1:19.19	1:18.94	
38.13				1:18.94 (40.81)	
22 Solomich, Anna	SR	Gaithersburg High School	1:20.35	1:23.22	
37.52				1:23.22 (45.70)	
23 Espinosa, Shalom	SO	Clarksburg High School	1:23.12	1:23.37	
39.29				1:23.37 (44.08)	
24 Aguilar, Shelby	SO	Watkins Mill High School	1:25.75	1:28.45	
41.60				1:28.45 (46.85)	
25 Stumphauzer, Lorelei	JR	Northwood High School	1:29.90	1:28.82	
41.44				1:28.82 (47.38)	
26 Rodriguez, Cecelia	JR	Watkins Mill High School	1:38.19	1:37.37	

4A3A West Regional Championships - 2/15/2020

Results - 4A3A West Region Championships

Event 23 Boys 400 Yard Freestyle Relay

4A3A West: 3:12.40 # 2019

Churchill

MCPS: 3:07.67 & 2020

Whitman

Team	Relay	Seed Time	Finals Time
1 Richard Montgomery High School	A	3:09.59	3:09.95 #
1) Zeineddin, Pierre JR	2) Oehler, Everett SO	3) Eliason, Andrew SO	4) Ma, Chris JR
23.51	48.79 (48.79)	1:11.53 (22.74)	1:36.27 (47.48)
1:58.77 (22.50)	2:23.50 (47.23)	2:45.50 (22.00)	3:09.95 (46.45)
2 Churchill High School	A	3:07.71	3:10.58 #
1) Bandak, Ziad SR	2) Stumpf, Rory SR	3) Zuo, Ben Long JR	4) Rutberg, Noah SR
23.41	48.36 (48.36)	1:11.32 (22.96)	1:36.93 (48.57)
1:59.84 (22.91)	2:24.79 (47.86)	2:46.78 (21.99)	3:10.58 (45.79)
3 Walt Whitman High School	A	3:07.67	3:10.76 #
1) Bretz, Jason T JR	2) Scott, Lucca SR	3) Lawson, Kris FR	4) Cooper, Alec S JR
23.80	48.97 (48.97)	1:11.79 (22.82)	1:36.72 (47.75)
1:58.89 (22.17)	2:24.45 (47.73)	2:46.34 (21.89)	3:10.76 (46.31)
4 Walter Johnson High School	A	3:18.29	3:21.74
1) Koenig, Parker M FR	2) Natsvlshvili, Niko SO	3) Fulton, Caelan J FR	4) Connelly, Patrick S SR
24.36	50.82 (50.82)	1:15.09 (24.27)	1:41.71 (50.89)
2:05.48 (23.77)	2:31.44 (49.73)	2:55.25 (23.81)	3:21.74 (50.30)
5 Clarksburg High School	A	3:18.98	3:21.77
1) Truong, Michael FR	2) Alguard, Kaden FR	3) Hassett, Matthew SO	4) Frazier, Peyton SO
23.61	49.13 (49.13)	1:13.56 (24.43)	1:40.20 (51.07)
2:04.92 (24.72)	2:32.04 (51.84)	2:55.04 (23.00)	3:21.77 (49.73)
6 Wootton High School	A	3:16.36	3:22.24
1) Li, George SR	2) Zhang, Jordan SO	3) Yune, David Y SO	4) Kelly, Jordan FR
24.01	51.19 (51.19)	1:16.23 (25.04)	1:44.67 (53.48)
2:08.11 (23.44)	2:33.36 (48.69)	2:56.79 (23.43)	3:22.24 (48.88)
7 Quince Orchard High School	A	3:21.60	3:23.07
1) Greenberg, Cole SO	2) Kim, Brandon FR	3) Nagao, Taiki JR	4) Heath, Michael A JR
23.54	48.47 (48.47)	1:13.72 (25.25)	1:40.90 (52.43)
2:05.42 (24.52)	2:32.22 (51.32)	2:56.48 (24.26)	3:23.07 (50.85)
8 Bethesda-Chevy Chase HS	A	3:23.80	3:25.88
1) Garcia-Hidalgo, Rafe F SR	2) Solana, Ernesto FR	3) Platzer, Alex N SO	4) Haraldsson, Miles T FR
25.01	51.96 (51.96)	1:15.95 (23.99)	1:42.32 (50.36)
2:07.04 (24.72)	2:34.07 (51.75)	2:58.41 (24.34)	3:25.88 (51.81)
9 Northwest High School	A	3:19.38	3:26.60
1) Martin, Zachary JR	2) Lowrey, Jacob FR	3) Braun, Zak JR	4) Nonato, Joseph SR
24.87	51.57 (51.57)	1:16.09 (24.52)	1:42.75 (51.18)
2:07.39 (24.64)	2:35.12 (52.37)	2:59.17 (24.05)	3:26.60 (51.48)
10 Northwood High School	A	3:33.77	3:35.98
1) Case, James FR	2) Colson, Sean SO	3) Hofmann, Jakob SO	4) Werber, Jason SO
24.90	51.92 (51.92)	1:16.05 (24.13)	1:42.86 (50.94)
2:09.77 (26.91)	2:40.14 (57.28)	3:06.00 (25.86)	3:35.98 (55.84)
11 Einstein High School	A	4:10.28	4:01.76
1) Curtin, David JR	2) Shaffer, Aidan FR	3) Minkoff, Asher SO	4) Fay, Reilly SR
27.04	56.76 (56.76)	1:25.76 (29.00)	1:58.28 (1:01.52)
2:26.33 (28.05)	2:57.90 (59.62)	3:26.25 (28.35)	4:01.76 (1:03.86)
12 Watkins Mill High School	A	4:21.09	4:25.51
1) Olivia, Bryant SO	2) Pullen, Dane FR	3) Gribi, Anis SR	4) Ventura, Bryan SR
28.61	1:02.15 (1:02.15)	1:31.29 (29.14)	2:07.67 (1:05.52)
2:41.21 (33.54)	3:21.20 (1:13.53)	3:37.33 (16.13)	4:25.51 (1:04.31)
13 Gaithersburg High School	A	3:33.01	4:27.70
1) Bibb, Owen FR	2) Douma, Alexander JR	3) Palacios, Ian JR	4) Mendez, Kevin SO
27.86	1:04.96 (1:04.96)	1:25.04 (20.08)	2:00.99 (56.03)
	3:12.04 (1:11.05)	4:27.70 (1:15.66)	

4A3A West Regional Championships - 2/15/2020

Results - 4A3A West Region Championships

Event 24 Girls 400 Yard Freestyle Relay

4A3A West: 3:33.50 # 2012

Whitman

MCPS: 3:27.63 & 2012

Whitman

Team	Relay	Seed Time	Finals Time
1 Bethesda-Chevy Chase HS	A	3:34.55	3:32.75 #
1) Berger, Jill R JR	2) Hallmark, Kate C SO	3) Allen, Nina S FR	4) Smith, Samantha P JR
25.51	52.16 (52.16)	1:17.86 (25.70)	1:46.19 (54.03)
2:11.77 (25.58)	2:39.25 (53.06)	3:04.92 (25.67)	3:32.75 (53.50)
2 Walter Johnson High School	A	3:30.01	3:34.29
1) Benson, Molly J SR	2) Karp, Sienna A FR	3) Umhofer, Jane E JR	4) Conze, Maren D FR
25.99	53.72 (53.72)	1:19.75 (26.03)	1:48.70 (54.98)
2:14.60 (25.90)	2:43.14 (54.44)	3:07.66 (24.52)	3:34.29 (51.15)
3 Quince Orchard High School	A	3:31.96	3:34.69
1) Belyakov, Anastasia I SR	2) Kitchen, Gabby SO	3) Tozzi, Marisa R JR	4) Belyakov, Catherine I SR
25.98	53.72 (53.72)	1:19.87 (26.15)	1:49.11 (55.39)
2:15.14 (26.03)	2:43.78 (54.67)	3:08.33 (24.55)	3:34.69 (50.91)
4 Churchill High School	A	3:36.02	3:38.11
1) Yang, Georgia FR	2) Bush, Malia JR	3) Miller, Kelsie FR	4) Fischer, Maya SR
26.03	53.24 (53.24)	1:19.94 (26.70)	1:48.65 (55.41)
2:14.62 (25.97)	2:43.30 (54.65)	3:09.00 (25.70)	3:38.11 (54.81)
5 Walt Whitman High School	A	3:37.22	3:38.96
1) Svensson, Victoria T SO	2) Memon, Zoya FR	3) Baroldi, Giulia SO	4) Navarrete, Ally S SR
26.40	54.66 (54.66)	1:21.02 (26.36)	1:50.50 (55.84)
2:15.62 (25.12)	2:43.32 (52.82)	3:09.39 (26.07)	3:38.96 (55.64)
6 Wootton High School	A	3:38.27	3:40.77
1) Woo, Ashley FR	2) Thompson, Sidney FR	3) Chen, Laura JR	4) Shi, Joy SR
26.20	55.29 (55.29)	1:21.47 (26.18)	1:51.05 (55.76)
2:17.70 (26.65)	2:47.23 (56.18)	3:12.54 (25.31)	3:40.77 (53.54)
7 Richard Montgomery High School	A	3:38.99	3:42.11
1) Csokmay, Audrey FR	2) Wang, Sophia SR	3) Eliason, Grace JR	4) Venditti, Francesca SO
26.72	55.83 (55.83)	1:22.09 (26.26)	1:51.25 (55.42)
2:17.85 (26.60)	2:47.35 (56.10)	3:13.20 (25.85)	3:42.11 (54.76)
8 Einstein High School	A	3:38.84	3:43.76
1) West, Lauren SO	2) Gonzalez, Lillie SR	3) Evans, Phoebe SO	4) Ford, Celia JR
25.22	52.02 (52.02)	1:18.86 (26.84)	1:48.58 (56.56)
2:15.79 (27.21)	2:47.61 (59.03)	3:14.09 (26.48)	3:43.76 (56.15)
9 Northwood High School	A	3:49.15	3:55.09
1) Hovis, Sophia JR	2) Laduca, Alexandra SO	3) Marchionini, Sophia JR	4) Rios, Cassandra SR
28.04	58.35 (58.35)	1:26.44 (28.09)	1:58.19 (59.84)
2:25.02 (26.83)	2:56.15 (57.96)	3:23.84 (27.69)	3:55.09 (58.94)
10 Northwest High School	A	3:55.94	4:02.86
1) Hanson, Abigail FR	2) Barillo, Alexis JR	3) Dickerson, Kailyn SO	4) Cardenas Gaviria, Katie SO
28.97	1:01.97 (1:01.97)	1:29.87 (27.90)	2:03.30 (1:01.33)
2:32.07 (28.77)	3:04.29 (1:00.99)	3:32.33 (28.04)	4:02.86 (58.57)
11 Clarksburg High School	A	4:00.12	4:13.44
1) Brown, Kenya M SR	2) Cook, Elly FR	3) Pham, Dulcie FR	4) Jiang, Evelyn SO
30.19	1:03.39 (1:03.39)	1:34.19 (30.80)	2:09.00 (1:05.61)
2:38.93 (29.93)	3:11.77 (1:02.77)	3:40.75 (28.98)	4:13.44 (1:01.67)
12 Gaithersburg High School	A	4:12.08	4:28.14
1) Derrenbacher, Devon SO	2) Halling, Samantha FR	3) Giffin, Daphne SO	4) Kaufman, Annabel SR
31.41	1:05.83 (1:05.83)	1:37.33 (31.50)	2:12.22 (1:06.39)
2:44.11 (31.89)	3:20.63 (1:08.41)	4:28.14 (1:07.51)	
13 Watkins Mill High School	A	4:56.21	4:46.21
1) Yanes, Diana JR	2) Huynh, Ashley FR	3) Ingram, Vivian JR	4) Hammond, Marley SO
29.70	1:02.73 (1:02.73)	2:28.72 (1:25.99)	
2:59.07 (30.35)	3:41.77 (1:13.05)	4:12.45 (30.68)	4:46.21 (1:04.44)

4A3A West Regional Championships - 2/15/2020**Results - 4A3A West Region Championships****Scores - Women**Women - Team Rankings - Through Event 24

1. Bethesda-Chevy Chase HS	347	2. Walter Johnson High School	300
3. Churchill High School	261	4. Walt Whitman High School	226
5. Quince Orchard High School	213	6. Richard Montgomery High School	202
7. Wootton High School	179	8. Einstein High School	141
9. Northwest High School	82	10. Northwood High School	63
11. Clarksburg High School	45	12. Gaithersburg High School	41
13. Watkins Mill High School	26		

Scores - MenMen - Team Rankings - Through Event 24

1. Walt Whitman High School	344.5	2. Churchill High School	296.5
3. Richard Montgomery High School	279	4. Walter Johnson High School	268.5
5. Quince Orchard High School	182	6. Wootton High School	172.5
7. Bethesda-Chevy Chase HS	161	8. Clarksburg High School	128
9. Northwest High School	106	10. Northwood High School	67
11. Gaithersburg High School	51	12. Einstein High School	50
13. Watkins Mill High School	28		