



October 9, 2018

MEMOANDUM

To: Athletic Supervisors, Athletic Directors, and Wrestling Coaches

From: Brian Layman, Wrestling Committee Director
Michael Duffy, Tournament Director
David Dodson, Dual Meet Director

Subject: Information Regarding the 2018-19 Wrestling Season

Please review the information below regarding the 2018-19 wrestling season. Much of the referenced material is available on the MPSSAA website: www.MPSSAA.org.

1. The state dual meet championship will be held at North Point High School on Saturday, February 9, 2019.
2. The state individual wrestling tournament will be held at the The Show Place Arena in Upper Marlboro on March 1-2, 2019.
3. The 2nd girl's invitational wrestling tournament will be held at Northeast High School on February 2, 2019.
4. The state dual meet championship will now be for all four classifications. With this addition to the dual tournament, the team scores have been removed from the individual regional and state championships.
5. Coaches should review all materials and publications related to local, state, and National Federation of High Schools (NFHS) regulations. These include, but are not limited to, the MPSSAA winter bulletin, NFHS Wrestling Rules Book, and the MPSSAA Weight Certification/Management Program.
6. Procedures described in the MPSSAA Weight Certification/Management Program must be followed in establishing safe minimum weight classes. The weight management forms and information are available on the MPSSAA website.
7. Weigh-in procedures for all matches and tournaments will adhere precisely to Rule 4, Section 5, Article 1-9 of the NFHS Wrestling Rules Book. Teams may only participate in contest or tournaments that adhere to these regulations. *Interpretation- Monday events shall have a one pound allowance*
8. All schedules must be finalized and submitted to the local supervisor of athletics prior to December 5, 2016. Schedule additions or modifications may not be made after this date.
9. Schools, coaches, and wrestlers should exercise diligence in minimizing risks of communicable diseases and skin infection. Procedures for limiting spread can be found in the NFHS Rules Book and on the MPSSAA website
10. Wrestlers suspected of having a communicable skin infection must complete the *NFHS form Medical Release for Wrestler to Participate with Skin Lesion* form in order to participate.

Good luck to everyone and have a wonderful wrestling season,
The Wrestling Committee

