

MPSSAA Girls Lacrosse Officials Advisory (4/25/2025):

As many of you may be aware the NFHS and USA Lacrosse have released notifications regarding a stick that has been deemed illegal for play.

NFHS has advised:

*The NFHS has also issued a memo that, in an effort to avoid financial hardship for some students, it will allow the use of the stick for the remainder of the 2025 season. Coaches and officials are advised that the **stringing holes circled** on the photos in the original advisory below are not compliant and **cannot be used**.*

Please see images of the Gait Apex 2 stick images of the stick and the stringing holes that are not to be used:



For the full advisory memo:

<https://www.usalacrosse.com/news-media-blog/consumer-advisory-gait-apex-2-womens-lacrosse-head>