

MPSSAA 3A West Region Championships HS

OFFICIAL 📅 Sat, Jan 31, 2026 📍 Prince George's Sports & Learning Complex - Indoor Track, MD US

🕒 Field: 10:00 AM 🕒 Track: 10:00 AM

👤 Mens Results

55 Meter Varsity - Finals

1.	12 Femi Fekoya	6.49a	Reservoir	Q
2.	12 Jasiri Belote	6.51a	SR Tuscarora (MD)	Q
3.	12 Jayden Parsley	6.54a	PR Frederick	Q
4.	12 Gavin Brown	6.56a	PR Reservoir	Q
5.	12 Zack Dunker	6.62a	Oakdale	
6.	11 Jason Smith	6.84a	Reservoir	

55 Meter Varsity - Prelims

1.	12 Femi Fekoya	6.56a	Reservoir	
2.	12 Jasiri Belote	6.59a	Tuscarora (MD)	
3.	12 Jayden Parsley	6.59a	Frederick	
4.	11 Jason Smith	6.60a	Reservoir	
5.	12 Gavin Brown	6.61a	Reservoir	
6.	12 Zack Dunker	6.63a	Oakdale	
7.	10 Isaiah Seering	6.66a	North Hagerstown	
8.	12 Karim Alexander	6.72a	Sherwood	
9.	12 David Clifford	6.74a	North Hagerstown	
10.	12 Quinton Dodds	6.76a	Linganore	
11.	12 Delmer Cardona Arias	6.83a	Rockville	
12.	11 Osahon Aigbogun	6.84a	Frederick	

300 Meters Varsity - Finals

1.	12 Jayden Parsley	35.29a	PR Frederick	Q
2.	11 Jake Brown	35.47a	Linganore	Q
3.	12 Gavin Brown	35.92a	Reservoir	Q
4.	11 Jason Smith	35.93a	Reservoir	Q
5.	11 Davide Barbero	36.03a	PR Damascus	Q
6.	11 Kymani Pompey	36.77a	Northwood	
7.	11 Fatai Sule	36.82a	Reservoir	
8.	11 Ronte Faunteroy	36.86a	Frederick	
9.	12 Delmer Cardona Arias	37.09a	Rockville	
10.	11 Solomon D. Adams	37.21a	Marriotts Ridge	
11.	12 Aidan Koffa	37.36a	Tuscarora (MD)	
12.	12 Abdoul Ilboudo	38.06a	Northwood	

500 Meters Varsity - Finals

1.	11 Jake Brown	1:07.87a	Linganore	Q
2.	11 Jacob Araujo	1:09.15a	Linganore	Q
3.	12 Nicholas Cherry	1:09.52a	Frederick	Q
4.	11 Kayden Harris	1:09.57a	Linganore	
5.	12 Michael F. Gannon	1:09.65a	PR Col. Zadok Magruder	
6.	12 Daniel Abodunrin	1:09.98a	PR Reservoir	
7.	12 Allen Anderson	1:10.39a	North Hagerstown	
8.	12 Matthew Gamino	1:10.46a	Damascus	
9.	12 Colin Clarke	1:10.75a	Reservoir	
10.	12 Vincent L. Do	1:10.99a	PR Col. Zadok Magruder	

👤 Womens Results

55 Meter Varsity - Finals

1.	12 Jaidyn Augustine	7.21a	PR Marriotts Ridge	Q
2.	11 Trinity Mclaurin	7.33a	Oakdale	Q
3.	12 Heather Twum	7.40a	PR Oakdale	
4.	12 Jamison Smith	7.41a	Reservoir	
5.	11 Dara Akinsanya	7.47a	Reservoir	
6.	12 Assiatou Camara	7.49a	Tuscarora (MD)	

55 Meter Varsity - Prelims

1.	12 Jaidyn Augustine	7.30a	Marriotts Ridge	
3.	11 Trinity Mclaurin	7.40a	Oakdale	
2.	11 Dara Akinsanya	7.46a	Reservoir	
4.	12 Heather Twum	7.48a	Oakdale	
5.	12 Jamison Smith	7.51a	Reservoir	
6.	12 Assiatou Camara	7.54a	Tuscarora (MD)	
7.	12 Annabelle Schaberl	7.57a	North Hagerstown	
8.	9 Taraji Narthey	7.60a	North Hagerstown	
9.	11 Jordyn Summers	7.63a	Frederick	
10.	9 Jenell Quansah	7.67a	Linganore	
11.	12 Jeanelle C. James	7.76a	Col. Zadok Magruder	
--	11 Annadele N. Croyder	DNS	Col. Zadok Magruder	

300 Meters Varsity - Finals

1.	9 Taraji Narthey	41.81a	PR North Hagerstown	Q
2.	11 Dara Akinsanya	42.29a	Reservoir	Q
3.	12 Rachael Lee	42.45a	PR Westminster	
4.	11 Erica Kouame	43.01a	PR Watkins Mill	
5.	9 Sarai Owusu	43.46a	PR Westminster	
6.	9 Jenell Quansah	43.75a	PR Linganore	
7.	11 Kiley Okechukwu	44.22a	Reservoir	
8.	12 Jeanelle C. James	44.22a	SR Col. Zadok Magruder	
9.	10 Sasha Moscol Morales	44.52a	Sherwood	
10.	11 Kamari Wilhite	45.59a	Northwood	
11.	11 Angel Fletcher	46.37a	Northwood	
12.	12 Jacqueline D. Ngues...	47.84a	Col. Zadok Magruder	

500 Meters Varsity - Finals

1.	12 Angelyn Quansah	1:22.40a	Oakdale	Q
2.	11 Ashley E. Polcawich	1:22.43a	PR Col. Zadok Magruder	Q
3.	11 Maya Di Monte	1:24.30a	PR Oakdale	
4.	9 Mackenzie Murray	1:25.06a	PR Westminster	
5.	11 Gabrielle Parrish	1:25.10a	Reservoir	
6.	12 Olivia Gregory	1:25.54a	Frederick	
7.	12 Kayla Headd	1:25.57a	PR Linganore	
8.	11 Jasmine Alston	1:27.04a	PR Reservoir	
9.	11 Yahnies Charles	1:27.96a	PR Northwood	
10.	12 Lizzie Wells	1:30.21a	Oakdale	

11. 11 Alex Loge 1:11.55a Westminster
12. 10 Dimitrios Rementelas 1:15.35a Sherwood

11. 12 Jacqueline D. Ngues... 1:31.89a Col. Zadok Magruder
12. 10 Sasha Moscol Morales 1:33.89a Sherwood

800 Meters Varsity - Finals

1. 10 Dimitrios Rementelas 1:59.93a Sherwood Q
2. 11 Jacob Araujo 2:02.24a Linganore Q
3. 12 Andrew Gregorio 2:03.39a SR Oakdale Q
4. 12 Nicholas Cherry 2:03.41a Frederick Q
5. 12 Brayden Ash 2:03.89a Westminster
6. 11 Kayden Harris 2:04.79a PR Linganore
7. 12 Landon Call 2:05.24a PR North Hagerstown
8. 12 Fode Doumbia 2:06.14a PR Tuscarora (MD)
9. 10 Brogan Thompson 2:08.52a Oakdale
10. 11 Micah Carbonell 2:11.54a Damascus
11. 11 Alex Loge 2:14.32a Westminster
12. 12 Justin Cretella 2:14.62a Atholton

800 Meters Varsity - Finals

1. 12 Hailey Lane 2:22.90a Tuscarora (MD) Q
2. 9 Mackenzie Philp 2:26.01a North Hagerstown Q
3. 12 Madeline Quirion 2:27.55a Sherwood Q
4. 12 Olivia Gregory 2:28.76a PR Frederick Q
5. 9 Kiraline Tippets 2:29.35a Tuscarora (MD) Q
6. 11 Ashley E. Polcawich 2:31.33a Col. Zadok Magruder
7. 9 Mackenzie Murray 2:31.89a PR Westminster
8. 10 Keelin Moroney 2:34.59a Linganore
9. 12 Isabella Brenfleck 2:35.07a Atholton
10. 11 Suchira Mulagura 2:37.12a PR Damascus
11. 12 Yasmeena Hassen Fri... 2:38.92a Frederick
12. 12 Ela Muniz 2:45.28a Reservoir

1600 Meters Varsity - Finals

1. 10 Dimitrios Rementelas 4:21.81a Sherwood Q
2. 12 Henry Nichols 4:24.77a Northwood Q
3. 10 Bereket Eshetu 4:25.76a PR Northwood Q
4. 12 Brayden Ash 4:27.12a PR Westminster Q
5. 12 Landon Call 4:43.44a North Hagerstown
6. 10 Brogan Thompson 4:45.43a Oakdale
7. 12 Carson Wilt 4:45.97a PR North Hagerstown
8. 12 Luca Servis 4:52.92a SR Rockville
9. 9 Cruz Carbonell 4:56.90a Damascus
10. 11 Micah Carbonell 4:59.09a Damascus
11. 12 Natan Sitie 5:08.27a Col. Zadok Magruder
12. 12 Colin Poon 5:22.84a Reservoir

1600 Meters Varsity - Finals

1. 12 Madeline Quirion 5:20.03a Sherwood Q
2. 12 Hailey Lane 5:20.08a Tuscarora (MD) Q
3. 9 Eleanor Finnegan 5:20.30a Thomas S Wootton Q
4. 11 Samantha M. Polcawi... 5:31.87a Col. Zadok Magruder Q
5. 9 Leah Scarzello 5:34.67a PR Oakdale
6. 12 Yasmeena Hassen Fri... 5:35.99a PR Frederick
7. 9 Kiraline Tippets 5:36.03a PR Tuscarora (MD)
8. 9 Olivia Dickerson 5:42.63a PR Thomas S Wootton
9. 12 Ysabelle Soto 5:47.41a SR Frederick
10. 12 Olivia Alvarez 5:49.03a Atholton
11. 11 Suchira Mulagura 5:52.93a PR Damascus
12. 10 Kylie Gray 5:55.98a Damascus

3200 Meters Varsity - Finals

1. 12 Walker Mason 9:36.96a PR North Hagerstown Q
2. 12 Nathan Downie 9:37.06a PR Thomas S Wootton Q
3. 12 Henry Nichols 9:38.94a Northwood Q
4. 10 Bereket Eshetu 9:51.37a Northwood Q
5. 12 Brayden Ash 9:51.48a Westminster Q
6. 11 Patrick Salter 10:00.51a Oakdale Q
7. 11 Jackson Pascarello 10:08.80a Reservoir Q
8. 11 Griffin Ellinghaus 10:18.30a Reservoir Q
9. 10 Nitish Chikkem 10:19.34a PR Oakdale
10. 12 Carson Wilt 10:35.99a North Hagerstown
11. 11 Bhargav Yarram 10:38.12a Oakdale
12. 11 Braeden Taylor 11:04.44a Rockville

3200 Meters Varsity - Finals

1. 9 Caroline Philp 11:40.62a North Hagerstown Q
2. 12 Madeline Quirion 11:47.16a Sherwood Q
3. 10 Siena Foster 11:57.50a Tuscarora (MD) Q
4. 11 Samantha Whiteman 12:03.41a Linganore Q
5. 12 Ela Muniz 12:14.21a SR Reservoir Q
6. 12 Ariana M Arturo 12:17.97a Rockville
7. 10 Anna Ramanan 12:23.92a North Hagerstown
8. 12 Yasmeena Hassen Fri... 12:33.89a Frederick
9. 12 Ysabelle Soto 12:34.05a Frederick
10. 11 Samantha M. Polcawi... 12:43.97a Col. Zadok Magruder
11. 11 Elizabeth Watkins 12:53.21a Linganore
12. 10 Ella Linera Felicia... 13:06.71a Reservoir

55m Hurdles - 39" Varsity - Finals

1. 12 David Nguele Etaba 8.03a Oakdale Q
2. 11 Osahon Aigbogun 8.06a Frederick Q
3. 11 Brandon Rosario 8.13a Linganore Q
4. 11 Thomas Owusu 8.38a PR North Hagerstown
5. 12 Brady Duvall 8.46a Linganore
6. 12 Gabriel Kondeh 9.05a Reservoir

55m Hurdles - 33" Varsity - Finals

1. 11 Addison Finlay 8.46a Northwood Q
2. 12 Anna Chamberlin 9.35a PR North Hagerstown Q
3. 9 Miah Abernathy 9.39a Frederick
4. 12 Sarah Chlebda 9.63a PR Oakdale
5. 11 Jayde Saunders 9.77a PR Northwood
6. 10 Stella Petrelli 10.35a Oakdale

55m Hurdles - 39" Varsity - Prelims

1. 11 Brandon Rosario 8.09a Linganore
3. 11 Osahon Aigbogun 8.14a Frederick
2. 12 David Nguele Etaba 8.20a Oakdale
4. 12 Brady Duvall 8.38a PR Linganore
5. 11 Thomas Owusu 8.59a North Hagerstown
6. 12 Gabriel Kondeh 8.64a Reservoir

55m Hurdles - 33" Varsity - Prelims

1. 11 Addison Finlay 8.59a Northwood
2. 9 Miah Abernathy 9.53a Frederick
3. 12 Sarah Chlebda 9.82a Oakdale
4. 12 Anna Chamberlin 9.82a North Hagerstown
5. 11 Jayde Saunders 9.88a Northwood
6. 12 Laila Faire Williams 10.17a PR North Hagerstown

7.	11	Maximus Gomez	9.04a	PR	Thomas S Wootton
8.	11	Paxton Boag	9.15a	PR	Westminster
9.	12	Simbarashe Mushonga	9.20a	PR	Westminster
10.	12	Colton Sullivan	9.27a		Linganore
11.	9	Samuel Monroe	9.64a	PR	Atholton
12.	10	Jonathan Morris	9.74a		North Hagerstown

7.	10	Stella Petrelli	10.31a	PR	Oakdale
8.	10	Emalie Jackson	10.67a		Linganore
9.	10	Dayanah Brunson	11.21a		North Hagerstown
--	10	Alexandra Colie	DNS		Oakdale
--	11	Kymani Bennett	DNS		Sherwood
--	11	Sydney Hall	DNS		Linganore

4x200 Relay Varsity - Finals

1.	12	Jasiri Belote	21.57	1:32.77a	Tuscarora (MD) - A	Q
	12	Aidan Koffa	25.11			
	12	Brayden Wilhelm	23.30			
	11	Dorian Lewis	22.77			
2.	12	Quinton Dodds	22.68	1:32.93a	Linganore - A	Q
	11	Jake Brown	22.45			
	12	Ricky Johnson	23.17			
	11	Brandon Rosario	24.61			
3.	12	Jordan Barrett	23.78	1:35.42a	Damascus - A	
	9	Jack Arnold	24.85			
	11	Paul Couch	24.21			
	11	Davide Barbero	22.56			
4.	12	Zack Dunker	22.80	1:35.93a	Oakdale - A	
	10	Raheem Gerald	25.43			
	11	Jacob Banks-Grice	24.33			
	12	David Nguele Etaba	23.36			
5.	12	David Clifford	24.97	1:37.91a	North Hagerstown - A	
	10	Carter Croft	25.67			
	10	Isaiah Seering	23.46			
	12	Antonio Tolliver	23.79			
6.	12	Sean Kiggans	23.67	1:38.58a	Frederick - A	
	10	Avery Pierre	25.24			
	11	Phillip Bailey Jr	24.60			
	10	Kaiden Cohan	25.05			
7.	11	Kyle Kelly	24.12	1:39.01a	Westminster - A	
	12	Simbarashe Mushonga	25.52			
	12	Brian Murray	25.48			
	11	Paxton Boag	23.87			
8.	11	Solomon D. Adams	24.92	1:39.16a	Marriotts Ridge - A	
	11	Ki'ahn Hamlett	24.97			
	11	Ahrik A. Reistad	26.32			
	11	David Olaleye	22.93			
9.	12	Michael F. Gannon	23.31	1:39.43a	Col. Zadok Magruder - A	
	11	Colin J. Sardilli	26.93			
	11	Amadou T. Conde	24.93			
	12	Jahlil McDonald-Black	24.24			
10.	12	Kioko Kibua	25.38	1:39.47a	Thomas S Wootton - A	
	12	Joshua Derrell	24.78			
	12	Kai Yuzuki	24.30			
	11	Maximus Gomez	24.99			
11.	11	Kymani Pompey	21.76	1:39.96a	Northwood - A	
	12	Aedan Glasgow	24.92			
	12	Abdoul Ilboudo	29.12			
	10	Avery Glasgow	24.14			
12.	12	Jamal Kelly	22.50	1:40.75a	Atholton - A	
	9	Charles Lester	26.73			
	12	Christian Roberts	26.28			
	10	Kaysen Johnson	25.21			
13.	10	Damein Campbell	24.24	1:43.74a	Watkins Mill - A	
	10	Jason Castillo	27.00			
	10	Harris Sekah	27.40			
	10	Josiah Jones Ingram	25.08			
14.	11	Messiah Phelps	24.92	1:45.59a	Sherwood - A	
	11	Ajani Dagadu	28.50			
	10	Maximo Paldao	26.62			

Splits 4x200 Relay Varsity - Finals

1.	11	Dara Akinsanya	26.06	1:48.55a	Reservoir - A	Q
	11	Kiley Okechukwu	29.20			
	11	Gabrielle Parrish	27.70			
	12	Jamison Smith	25.56			
2.	9	Taraji Nartey	24.25	1:49.46a	North Hagerstown - A	Q
	12	Annabelle Schaberl	29.75			
	10	Dayanah Brunson	27.52			
	12	Anna Chamberlin	27.92			
3.	12	Heather Twum	26.20	1:49.71a	Oakdale - A	Q
	12	Angelyn Quansah	28.12			
	11	Reese Rymon	28.24			
	11	Trinity Mclaurin	27.13			
4.	9	Sarai Owusu	25.42	1:50.85a	Westminster - A	
	9	Peniel Oluwasuji	29.25			
	12	Rachael Lee	29.72			
	10	Avery Peltzer	26.44			
5.	9	Jenell Quansah	27.49	1:52.16a	Linganore - A	
	12	Kayla Headd	29.55			
	12	Brynn Groves	28.91			
	12	Gabrielle Joseph	26.18			
6.	9	Miah Abernathy	28.05	1:53.64a	Frederick - A	
	12	Kessy Panou Kwadjambou	28.36			
	11	Jordyn Summers	29.59			
	12	Katherine Christian-Rawls	27.62			
7.	11	Melysa Morales Lazaro	27.32	1:54.57a	Tuscarora (MD) - A	
	10	Isabella Lambert	30.80			
	12	Deborah A. Adeyemi	29.26			
	12	Assiatou Camara	27.17			
8.	12	Jaidyn Augustine	27.52	1:55.86a	Marriotts Ridge - A	
	11	Amirah Lavington	30.98			
	11	Leah Rosenberg	29.16			
	10	Danielle O. Olaleye	28.18			
9.	12	Sarah Parker	30.00	1:58.74a	Damascus - A	
	11	Mary Miller	29.17			
	11	Katherine Miller	30.40			
	10	Grace Szczublewski	29.15			
10.	9	Kelsi Mitchell	30.07	2:02.57a	Atholton - A	
	11	Chimamanda Onyeka	31.04			
	10	Janiya Turner	31.02			
	9	Joy Mathews	30.42			
--	9	Ella Newland	26.51	DQ	Northwood - A	
	11	Addison Finlay	28.06			
	11	Kamari Wilhite	27.32			
	11	Jayde Saunders	28.11			
--	11	Erica Kouame		DNS	Watkins Mill - A	
	12	Camila Pupo				
	11	Kalista Nuwokpe				
	9	Ange Saagong				
--	11	Saniyah Belliel		DNS	Rockville - A	
	9	Sofia Golladay				
	9	Brianna Regan				
	9	Amelia Protas				
--	11	Dora-Artoni E. Artoni		DNS	Col. Zadok Magruder - A	
	12	Jacqueline D. Nguessan				
	12	Jeanelle C. James				

11	London Hardy	25.52		
-- 11	Stephen Oyewole	21.82	DQ	Reservoir - A
11	Toni Akinsanya	24.18		
12	Gavin Brown	22.40		
12	Femi Fekoya	22.53		
-- 12	Delmer Cardona Arias		DNS	Rockville - A
12	Izaiah M Belliel			
11	Matthew Armstrong			
12	Elijah Belliel			

11 Annadele N. Croyder

4x400 Relay Varsity - Finals Splits

1.	9	Taraji Nartey	1:04.42	4:17.28a	North Hagerstown - A	Q
	12	Anna Chamberlin	1:07.47			
	9	Caroline Philp	1:04.01			
	9	Mackenzie Philp	1:01.37			
2.	9	Sarai Owusu	1:05.44	4:17.52a	Westminster - A	Q
	10	Avery Peltzer	1:11.65			
	12	Rachael Lee	1:00.24			
	9	Kerrington Chalk	1:00.17			

4x400 Relay Varsity - Finals

Splits

1.	12	Gavin Brown	53.29	3:30.55a	Reservoir - A	Q
	12	Daniel Abodunrin	51.91			
	11	Fatai Sule	52.80			
	12	Femi Fekoya	52.52			
2.	11	Jacob Araujo	54.41	3:31.73a	Linganore - A	Q
	11	Kayden Harris	53.40			
	12	Luke Collins	53.85			
	11	Jake Brown	50.05			
3.	12	Jayden Parsley	52.53	3:34.93a	Frederick - A	Q
	9	Xavier Morales	57.26			
	12	Nicholas Cherry	52.85			
	11	Ronte Faunteroy	52.27			
4.	11	Kymani Pompey	53.50	3:35.35a	Northwood - A	Q
	12	Abdoul Ilboudo	53.11			
	12	Aedan Glasgow	53.13			
	12	Henry Nichols	55.58			
5.	12	Tyler Butler	55.01	3:36.84a	Oakdale - A	
	12	Cody Watkins	53.63			
	12	Andrew Gregorio	53.93			
	12	Andrew Villavicencio	54.25			
6.	11	Davide Barbero	53.31	3:38.29a	Damascus - A	
	12	Jordan Barrett	54.67			
	12	Matthew Gamino	55.17			
	9	Jack Arnold	55.12			
7.	12	Carson Wilt	54.63	3:43.38a	North Hagerstown - A	
	12	Landon Call	55.83			
	12	Antonio Tolliver	56.36			
	12	Allen Anderson	56.54			
8.	12	Michael F. Gannon	56.35	3:46.61a	Col. Zadok Magruder - A	
	11	Colin J. Sardilli	56.53			
	11	Amadou T. Conde	59.14			
	12	Vincent L. Do	54.57			
9.	11	Idris Nix	55.62	3:48.33a	Westminster - A	
	10	Daniel (Danny) Zayed	58.16			
	12	Brian Murray	59.59			
	11	Alex Loge	54.94			
10.	12	Brayden Wilhelm	55.76	3:52.77a	Tuscarora (MD) - A	
	11	Gianni Shelton	1:01.82			
	11	Kaden Vellekoop	56.38			
	9	Zayden Adekanmbi	58.79			
11.	9	Samuel Monroe	1:00.30	4:00.36a	Atholton - A	
	9	Charles Lester	1:01.69			
	10	Kaysen Johnson	1:02.92			
	12	Preston Lowe	55.43			
-- 11	Matthew Armstrong			DNS	Rockville - A	
10	Kanon Baker					
12	Izaiah M Belliel					
12	Delmer Cardona Arias					
-- 12	Michael Baker			DNS	Marriotts Ridge - A	
11	Solomon D. Adams					
11	Ahrik A. Reistad					
12	Aalok R. Kamala					

3.	12	Jeanelle C. James	1:04.68	4:17.94a	Col. Zadok Magruder - A	Q
	12	Jacqueline D. Nguessan	1:02.94			
	11	Samantha M. Polcawich	1:06.57			
	11	Ashley E. Polcawich	1:03.73			
4.	11	Jordyn Summers	1:01.65	4:18.05a	Frederick - A	Q
	11	Ava Morales	1:04.43			
	12	Katherine Christian-Rawls	1:06.84			
	12	Olivia Gregory	1:05.11			
5.	12	Lizzie Wells	1:03.59	4:21.92a	Oakdale - A	
	11	Maya Di Monte	1:05.07			
	12	Angelyn Quansah	1:07.94			
	12	Sarah Chlebda	1:05.29			
6.	11	Kamari Wilhite	1:04.92	4:23.69a	Northwood - A	
	11	Addison Finlay	1:06.23			
	11	Angel Fletcher	1:07.16			
	11	Yahnie Charles	1:05.36			
7.	11	Gabrielle Parrish	1:04.92	4:24.71a	Reservoir - A	
	12	Moyo Akinmola	0.59			
	11	Kiley Okechukwu	1:03.85			
	11	Jasmine Alston	2:15.33			
8.	12	Kayla Headd	1:05.36	4:27.30a	Linganore - A	
	9	Jenell Quansah	1:06.60			
	12	Gabrielle Joseph	1:08.33			
	12	Brynn Groves	1:06.98			
9.	11	Melysa Morales Lazaro	1:07.11	4:29.90a	Tuscarora (MD) - A	
	12	Assiatou Camara	1:12.03			
	10	Siena Foster	1:09.49			
	12	Hailey Lane	1:01.25			
10.	10	Sasha Moscol Morales	1:06.26	4:32.28a	Sherwood - A	
	10	Savannah Urban	1:08.69			
	12	Tamra Fluellen	1:07.26			
	11	Soleil Williams	1:10.05			
11.	10	Grace Szczublewski	1:09.51	4:43.74a	Damascus - A	
	11	Mary Miller	1:11.50			
	11	Katherine Miller	1:12.28			
	10	Kylie Gray	1:10.43			
12.	11	Chimamanda Onyeka	1:10.95	4:57.65a	Atholton - A	
	9	Kelsi Mitchell	1:17.31			
	11	Alexandra Jones	1:15.41			
	12	Sophia Weaver	1:13.97			
-- 11	Katja Adcock-Peterson			DNS	Rockville - A	
9	Amelia Protas					
9	Caroline Wong					
11	Nicole L Quesenberry					

4x800 Relay Varsity - Finals Splits

1.	12	Danica Arrington	2:37.97	10:25.96a	Frederick - A	Q
	12	Olivia Gregory	2:36.71			
	12	Yasmeena Hassen Friess	2:40.06			
	12	Ysebelle Soto	2:31.20			
2.	11	Annalise Wells	2:39.07	10:28.65a	Oakdale - A	Q

--	11	Caden Liu	DNS	Sherwood - A	12	Lizzie Wells	2:35.50		
	11	Sebastian Pham			11	Maya Di Monte	2:43.52		
	10	Dimitrios Rementelas			9	Leah Scarzello	2:30.54		
	12	Isaiah Bobo-Amang			3.	11	Zoe Lange	2:39.67	10:28.69a Linganore - A Q

4x800 Relay Varsity - Finals

1.	11	Merrick Collins	2:07.60	8:30.93a	Oakdale - A
	12	Sai Vedas Boyapati	2:06.52		
	12	Andrew Gregorio	2:10.62		
	10	Brogan Thompson	2:06.17		
2.	11	Micah Carbonell	2:07.05	8:33.06a	Damascus - A
	12	Jacob Luce	2:11.83		
	12	Matthew Gamino	2:05.69		
	9	Cruz Carbonell	2:08.46		
3.	12	Adeniyi Adegbuyi	2:06.15	8:46.02a	Reservoir - A
	12	Connor Walsh	2:11.07		
	12	Colin Poon	2:11.72		
	12	Jack Waltman	2:17.05		
4.	12	Landon Call	2:09.37	8:46.37a	North Hagerstown - A
	12	Felipe Albuquerque	2:06.31		
	12	Carson Wilt	2:21.10		
	12	Allen Anderson	2:09.57		
5.	12	Justin Cretella	2:08.80	8:47.22a	Atholton - A
	11	Will Rutzen	2:08.06		
	12	Preston Lowe	2:17.52		
	11	Logan Mennealy	2:12.82		
6.	12	Vincent L. Do	2:07.07	8:56.26a	Col. Zadok Magruder - A
	11	Amadou T. Conde	2:13.76		
	12	Natan Sitie	2:13.28		
	10	Benjamin P. Given	2:22.13		
7.	12	Surafel Wendimu	2:09.54	8:58.90a	Northwood - A
	11	Ian Melgosa	2:20.82		
	12	Salomon Alingi	2:15.40		
	12	Fanuel Jenberu	2:13.13		
8.	11	Joshua Cho	2:15.48	9:02.34a	Marriotts Ridge - A
	10	Sriram Parimi	2:18.47		
	10	Arya Maroju	2:14.75		
	11	Matthew Weaver	2:13.62		
9.	12	Luke Collins	2:22.82	9:18.92a	Linganore - A
	12	Colton Sullivan	2:10.59		
	11	Ethan Padilla	2:25.18		
	11	Evan Duvall	2:20.31		
10.	9	Zayden Adekanmbi	2:17.85	9:21.22a	Tuscarora (MD) - A
	12	Fode Doumbia	2:19.68		
	11	Luke Page	2:22.03		
	11	Jacob Wainberg	2:21.64		
11.	9	Xavier Morales	2:13.40	9:21.87a	Frederick - A
	11	Alexander Chavez Salguero	2:16.66		
	10	Keny Mendez	2:27.60		
	9	Uriah Wiley	2:24.20		
12.	12	AJ Sebian	2:18.18	9:22.34a	Westminster - A
	11	Jack Stauder	2:18.20		
	11	Nathaniel Dawson	2:17.09		
	10	Daniel (Danny) Zayed	2:28.86		
--	9	Duncan O'Connor	DNS		Rockville - A
	12	Luca Servis			
	11	Braeden Taylor			
	11	Matthew Armstrong			
--	11	Caleb Charmatz	DNS		Sherwood - A
	11	Caden Liu			
	10	Avery Smith			
	10	Cody Pruitt			

Splits

	4.	11	Samantha M. Polcawich	2:35.68	10:34.71a	Col. Zadok Magruder - A Q
		12	Jacqueline D. Nguessan	2:40.20		
		10	Grace M. Harwell	2:46.54		
		11	Ashley E. Polcawich	2:32.28		
	5.	11	Suchira Mulagura	2:40.32	10:51.12a	Damascus - A Q
		10	Kylie Gray	2:38.22		
		9	Dylan Allen	2:52.83		
		9	Iliana Kumer	2:39.72		
	6.	9	Caroline Philp	2:35.97	10:52.01a	North Hagerstown - A Q
		9	Charlee Hajel	2:58.37		
		10	Anna Ramanan	2:42.98		
		9	Mackenzie Philp	2:34.66		
	7.	10	Ella Linera Feliciano	2:41.74	10:55.38a	Reservoir - A
		12	Ela Muniz	2:34.22		
		10	Eva Muehlbauer	2:50.40		
		9	Corrina Fritz	2:49.00		
	8.	12	Olivia Alvarez	2:39.96	11:01.86a	Atholton - A
		12	Devon Boyle	2:47.13		
		11	Frances Haard	2:53.83		
		12	Isabella Brenfleck	2:40.93		
	9.	12	Tamra Fluellen	2:50.83	11:45.82a	Sherwood - A
		12	Brooke Johnson	3:03.06		
		11	Erin Mascari	3:08.55		
		10	Rylee Oberst	2:43.36		
	10.	12	Natalie Hastings	2:57.54	11:51.12a	Westminster - A
		12	Maggie Tsambikos	2:58.74		
		11	Emily Beck	3:07.64		
		11	Penelope Blair	2:47.17		
	11.	11	Isabella F. Hagan	2:54.88	12:02.75a	Marriotts Ridge - A
		9	Sandhya Sathishkumar	3:10.30		
		10	Leah Kim	2:59.46		
		10	Hazel Meekins	2:58.09		
	12.	9	Akina Hart	2:59.53	12:20.55a	Rockville - A
		11	Isabella Deadrick	2:19.01		
		9	Caroline Wong	4:03.82		
		9	Ariana Nanchez	2:58.16		
--	11	Kimberly Montoya	DNS		Tuscarora (MD) - A	
	11	Chelsea Pyle				
	10	Janet Adams				
	9	Alexis Rotty				

Shot Put - 4kg Varsity - Finals

Field Series

1.	12	Jordyn Shipley	32-09.00	Linganore	Q
2.	12	Hannah McDerment	32-07.00	Reservoir	Q
3.	12	Katelyn Dorsey	32-05.00 SR	Tuscarora (MD)	Q
4.	11	Alexis Mangene	31-10.75	Oakdale	Q
5.	12	Precious Young	31-01.00	Damascus	Q
6.	9	Kayla Butler	29-07.75	Linganore	
7.	12	Cheyenne Drew-Quant	29-06.75	Reservoir	
8.	12	Kiki Onabiyi	28-09.50	Marriotts Ridge	
9.	12	Emily Sevilla	27-11.00	Damascus	
10.	11	Yamarie Jasseh	27-06.00	Frederick	
11.	12	Jacquelyn Cole	27-00.25	Oakdale	
12.	10	Eunice Nguena	25-10.50	Reservoir	

Shot Put - 12lb Varsity - Finals

1.	12	Kyler Valley	47-08.00	Oakdale	Q
2.	11	Liam Wieboldt	46-06.50 PR	Westminster	Q
3.	12	Alim Busari	44-10.00	Reservoir	Q
4.	12	Bobby Waters II	42-11.50	Frederick	Q
5.	11	Prince Vorleamesi	42-07.75	Reservoir	
6.	10	Nathaniel Kim	42-03.50 PR	Oakdale	
7.	12	Calvin Ruch	40-03.25 PR	Linganore	
8.	12	Nana Opoku	40-00.25	Reservoir	
9.	12	Nathan Clermont	39-03.50 PR	Oakdale	
10.	12	Andrew Burke	39-02.00	Damascus	
11.	12	Garett Forrest	38-00.25	North Hagerstown	
12.	11	Myles Boakye	36-00.25	Frederick	

High Jump Varsity - Finals

1.	11	Samuel Cooper	6-06.00	Tuscarora (MD)	Q
2.	11	Austin Cheek	6-04.00	Frederick	Q
2.	12	Ricky Johnson	6-04.00 PR	Linganore	Q
4.	12	Isaiah Bobo-Amang	6-02.00	Sherwood	Q
5.	12	Giacomo Iorio	6-02.00	Damascus	Q
6.	11	Osahon Aigbogun	5-08.00	Frederick	
7.	9	Charles Lester	5-06.00	Atholton	
8.	10	Ayden Clark	5-06.00	Frederick	
--	12	William Rundell	NH	Tuscarora (MD)	
--	11	Tyler Spencer	NH	Oakdale	
--	12	Markis McCall	DNS	North Hagerstown	
--	10	Giovanni Llanos	DNS	Damascus	

Pole Vault Varsity - Finals

1.	12	Jonas Sparks	14-04.00 SR	Oakdale	Q
2.	11	Vance Lalli	12-06.00 PR	Linganore	Q
3.	11	Tyler Spencer	12-00.00	Oakdale	Q
4.	12	Yashvasin Rekula	12-00.00	Marriotts Ridge	Q
4.	11	Osahon Aigbogun	12-00.00	Frederick	Q
6.	10	Ayden Clark	11-00.00 PR	Frederick	
7.	11	Paxton Boag	10-06.00 PR	Westminster	
8.	11	Elias House	10-00.00	North Hagerstown	
--	9	Daniel McCoy III	NH	Reservoir	
--	12	Grant Stinnette	NH	Westminster	
--	9	Tristan Michael	NH	Westminster	
--	10	Aviel Adetoye	NH	Reservoir	

Field Series High Jump Varsity - Finals

1.	11	Ava Morales	5-04.00	Frederick	Q
2.	11	Jordyn Summers	5-02.00	Frederick	Q
3.	12	Anna Chamberlin	5-00.00	North Hagerstown	Q
4.	12	Amanda Chung	4-06.00 PR	Linganore	
5.	10	Janelle Laughner	4-06.00	Reservoir	
6.	10	Stella Petrelli	4-06.00	Oakdale	
7.	12	Sarah Chlebda	4-06.00	Oakdale	
8.	9	Kerrington Chalk	4-04.00	Westminster	
--	12	Kennedy Scott	NH	Damascus	
--	10	Emily Bateman	NH	Linganore	
--	12	Emily Sevilla	NH	Damascus	
--	12	Kaila Ibrahim	DNS	Atholton	
--	12	Sora Mitchell	DNS	Col. Zadok Magruder	

Field Series

Field Series

Pole Vault Varsity - Finals

1.	12	Carly Moyer	10-00.00	Linganore	Q
2.	9	Shea O'Brien	10-00.00 PR	Reservoir	Q
3.	11	Morgan Booth	9-06.00	Oakdale	Q
4.	12	Hannah McDerment	9-06.00	Reservoir	Q
5.	10	Sophia Mcelwee	9-00.00	Oakdale	Q
6.	12	Joanna Manela	8-00.00	Reservoir	Q
7.	12	Isca Alo	7-06.00	Tuscarora (MD)	Q
8.	11	Isabella F. Hagan	7-06.00	Marriotts Ridge	Q
9.	9	Corryn Sullivan	7-06.00	Linganore	Q
--	12	Katherine Christian...	NH	Frederick	
--	12	Lisandre A. Harris	DNS	Marriotts Ridge	
--	9	Josephine Dubnansky	DNS	Oakdale	

Field Series

Field Series

❄️ MPSSAA 3A West Region Championships HS

OFFICIAL 📅 Sat, Jan 31, 2026 📍 Prince George's Sports & Learning Complex - Indoor Track, MD US

🕒 Field: **10:00 AM** 🕒 Track: **10:00 AM**

👤 Mens Varsity

13 / 13 Events Completed

1. Linganore	78
2. Oakdale	63
3. Frederick	57
4. Reservoir	51
5. Northwood	29
6. Tuscarora (MD)	28
7. Sherwood	24
8. North Hagerstown	22
9. Damascus	19
10. Westminster	16
11. Thomas S Wootton	8
12. Col. Zadok Magruder	3
12. Marriotts Ridge	3
14. Atholton	2

👤 Womens Varsity

13 / 13 Events Completed

1. Oakdale	66
2. North Hagerstown	61
3. Reservoir	51
4. Frederick	45
5. Linganore	38
6. Tuscarora (MD)	33
7. Sherwood	24
7. Westminster	24
9. Col. Zadok Magruder	23
10. Northwood	13
11. Marriotts Ridge	10
12. Thomas S Wootton	6
13. Damascus	4
13. Watkins Mill	4
15. Rockville	1

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9. Col. Zadok Magruder	23
10. Northwood	13
11. Marriotts Ridge	10
12. Thomas S Wootton	6
13. Damascus	4
13. Watkins Mill	4
15. Rockville	1