

MPSSAA INDOOR TRACK BULLETIN

State Championships - February 20-21, 2024 Prince George's Sports & Learning Complex - Landover

I. GENERAL INFORMATION

- A. The Maryland Public Secondary Schools Athletic Association is the official governing body for the Indoor Track championships. Plans for the championships were formulated by the State Indoor Track Committee and approved by the Board of Control.
- B. Schools choosing to enter the tournament have the responsibility for reading and adhering to the rules and regulations stated in the front section of this publication as well as those appearing within this Indoor Track Bulletin. Unless specifically stated, all rules and regulations stipulated in the NFHS Track and Field Rule Book will be followed.
- C. Eligibility rules for all participants are defined in MPSSAA Bylaw .02, found in the current MPSSAA Handbook.
- D. General regulations for all state tournaments are contained in MPSSAA Bylaw .07, found in both the current Handbook and in the front section of this publication.
- E. Coaches do a disservice to the sport and to competitors when they fail to scratch an athlete prior to the entry deadline with full knowledge that the athlete will be unable to compete in the entered event. Failure to afford those participation opportunities to other willing competitors may be considered misconduct detrimental to the tournament as outlined in the MPSSAA Handbook.
- F. Students may not compete as a representative of their school in any event that is not part of the state championship series after the date of the first statewide region meet.

II. REGION AND STATE MEETS

- A. Meet Organization
 - 1. The team or individual contestants must be accompanied to the meet by the coach or a designated representative.
 - 2. Teams competing at the PG Sportsplex will be admitted through the ground level team entrance at the back of the building.
 - 3. The meet director will make sure starting blocks are provided.
 - 4. Starting blocks WILL BE PERMITTED in the 55m and 55m high hurdle trials.
 - 5. Girls will precede boys in finals of all running events.
 - 6. Slower sections will precede the fast section.
 - 7. The lane order for seeding the 300m will be **4-5-3-6-2**.

2023-2024 INDOOR TRACK TIME LINE					
Dec. 5First play date	REGION MEETS	STATE MEETS			
Entry Deadlines: See Region Meet Schedule on the MPSSAA website.	The Region Meet Schedule is listed on the MPSSAA website and on page 24 of this bulletin	Feb. 20 1A & 4A Meets Feb. 21 2A & 3A Meets			
Scratch Deadlines: Four calendar days before the start of the region meet					

- 8. Time limits for the 1600m races shall be: Girls 7:00; Boys 6:00. Time limits in the 3200m shall be: Girls 14:45; Boys 12:45. Competitors who do not conclude their event within the allotted time will be allowed to finish and score. However, competitors who do not conclude their event within the allotted time will not be allowed to advance to states regardless of region placement.
- 9. Order of field events: Pole Vault (Boys, followed by Girls); High Jump (Girls, followed by Boys); Shot Put (Girls, followed by Boys).
- 10. Only shots approved by the appropriate official shall be used in competition.
- B. Playing Rules
 - 1. All rules not modified here shall be in accordance with current National Federation rules.
 - a. Any team member listed on the school's roster may participate on any of that school's relay teams providing the maximum participation rule is not violated.
 - b. Any competitor who exceeds the maximum participation rule forfeits further participation in any and all events in the 2024 State Indoor Track Meet.
 - c. Should the competitor exceed the maximum participation rule while competing on a relay team, the *entire relay team* is excluded from that event at the 2024 State Indoor Meet.
 - d. Teams checking in at the bullpen for respective relay races must present relay cards with all participant names listed and present.
 - 2. Shoes with spikes are prohibited in all facilities in Maryland except the Prince George's Sportsplex. Any infraction will result in the disqualification of the competitor from the meet.
 - 3. Only shoes with 1/4" pyramid spikes or less are permitted in the Prince George's Sportsplex. Shoes with hard plastic spike plates may not be worn without spikes inserted **at any facility**.
 - 4. The spraying of shoe soles is prohibited. Any infraction will result in the disqualification of the competitor from the meet.
 - 5. No tape will be permitted on the floor for any running event.
 - 6. Videotape or other electronic recording of appeals will not be accepted.
- C. General Policies

All electronic listening devices are barred from the area of competition.

III. REGION MEET

- A. Meet Organization
 - 1. Any team that makes formal application on **athletic.net** by the established deadline will be entered into the meet.
 - 2. An application received after the Region Meet Entry Deadline must be accompanied by a check, payable to the MPSSAA, in the amount of \$100.00, or the entry is invalid. The burden of proof is on the school. In no case will a team be entered into a region meet if the Region Meet Director does not have the completed application and \$100 late fee (if applicable) in hand by the Penalty Deadline (five calendar days prior to the start of the meet).
 - 3. Each school may submit three (3) entries per individual event and one (1) team in each relay event.

- a. The **top 16** verifiable entries per individual event will have a chance to compete in their respective region meet. Every school in the region may enter a team and compete in the relay events.
- b. A verifiable entry is a regular season high school event during the current indoor track season that has official results for all competitors and teams competing in that event and is posted on **athletic.net.**
- c. The only conversions permitted, other than hand-timed converted to FAT, will be for the 1600m (1500m and 1 mile) and 3200m (3000m and 2 mile). Conversions must be made using the conversion calculator tool on the MPSSAA's Indoor Track and Field section.
- d. It is the school's responsibility to provide verified marks and any marks that can not be verified through official regular season results, will result in the entry being reseeded to their next best verifiable mark.
- e. In the event of a tie for the 16th best mark, all tied competitors will have a chance to compete in the regional meet.
- 4. An athlete may participate in a maximum of four events.
- 5. You may not make any changes (except scratches) to your entries once the entry deadline has passed; no additions or seed time/mark revisions will be permitted after the entry deadline. It is the coach's responsibility to make sure all entries are correct before the entry deadline.
- 6. A scratch in an individual event is due *FOUR calendar days* before the start of the meet to the region director (Scratch Deadline Date).
- 7. After the Scratch Deadline Date, the meet is seeded and no changes to accepted entries can be made. In addition, after that deadline, all entries in individual events count as an event that the athlete has participated in.
- 8. The following online method for entry must be used for regional entries. Please follow these directions for submitting entries.
 - a. Go to <www.athletic.net>, the site hosting the online entry process.
 - b. Log in to your coach account.
 - c. Your region meet should appear on your team's season calendar. Select the meet and then click the "Register Athletes" button.
 - d. You may choose to complete entries "by event" or "by athlete"
 - e. Enter/confirm your contact info and select the gender(s) in which you wish to complete entries for and then click Enter Team.
 - f. You are now able to enter athletes in events for the region meet.
 - g. After completing entries, print a confirmation copy of your entries by clicking on the print confirmation link at the top of your entry summary. The coach must bring a copy of this entry confirmation to the region meet.
 - h. detailed entry instructions can be found at , <https://support.athletic.net/article/z11f8f1jja-submitting-entries-for-a-meet>.
 - i. additional help topics can be found at , https://support.athletic.net/category/ipfmxavxq2-team-

management>.

- 9. The region meet director and the meet administrator are the only other individuals who will have access to team information (in order to seed the meet on basis of entries received).
- 10. The Meet Director or Meet Administrator has the right to challenge any entry that does not have a verifiable performance throughout the current Indoor Track season. The Meet Director or Meet Administrator will notify the coach of the concern and may adjust entry to the best verifiable performance for the current season. If this changes the **top 16**, the next verifiable mark will be entered.
- 11. Eligible individuals, as found on the school's athletic.net roster, may participate in a region meet provided they have a minimum of three weeks of supervised training and have participated in at least two MPSSAA-sanctioned meets.
- 12. Meets run outdoors or in school hallways will not be counted as sanctioned meets.
- 13. Meets shall be organized and structured in a uniform way—entry on the basis of best performance, seeding, placement in lanes, etc.
- 14. Starting blocks WILL BE PERMITTED in the 55m and 55m high hurdle trials.
- 15. Region meets will be held at the Prince George's Sports and Learning Complex (8003 Sheriff Road, Landover, MD 20785).
- 16. For meets at the PG Sportsplex, the following organizational procedures shall be followed:
 - a. Teams are not permitted in the Sportsplex prior to announced times.
 - b. Only shoes with 1/4" pyramid spikes or less are permitted in the Prince George's Sportsplex. Shoes with hard plastic spike plates may not be worn without spikes inserted.
 - c. All pole vault competitors will weigh in immediately on entering the Sportsplex. Boys will be weighed in first, followed by girls. Boys competition will begin warmups immediately followed by the start of competition.
 - d. Blocks are permitted to be used in the 55m dash, 300m, 500m, 4x200mR, 4x400mR, and 55m HH.

B. Playing Rules

- 1. The team or individual contestants must be accompanied to the meet by the coach or a designated representative.
- 2. In addition to the top 3 individuals and the top 3 relay teams advancing to the state meet, the next top 7 times or marks from all regions in a classification will advance to the state meet. If a tie occurs for third place, all tied competitors shall advance.
- 3. In addition to the automatic qualifiers, individual competitors or relay teams who, in their region meet finals, meet the qualifying standard on the previous page may also compete.
- 4. Order of track events girls will precede boys in all final running events, except where noted:

1) 55m HH Semis B, G	5) 1600m
2) 55m Semis B, G	6) 500m
3) 4x800m Relay	7) 55m HH Final
4) 300m	8) 3200m (G)

- 9) 55m Final 13) BREAK FOR CLEANUP
- 10) 3200m (B) 14) 4x400m Relay
- 11) 4x200m Relay
- 12) 800m
- a. Only two rounds of 55m or 55m HH will be run. Heat winners plus next fastest times will advance

to finals. In addition, any athlete that achieves the state automatic qualifying mark in the preliminary heats, will advance to the region meet final heat(s).

b. If a two heat final in the 55m and 55m HH must be run, one section shall contain the maximum number of athletes that the track permits while the other section must contain a minimum of two athletes. Heat winners will be seeded first and the remaining athletes will be seeded on time.

5. The State Committee will set common opening heights for the pole vault and high jump events for each region in a classification.

- C. General Policies
 - 1. Individuals 7 years of age and older will be charged an admission of \$6.
 - 2. A plaque will be awarded to the first place team. The meet will be scored for the top-eight in each event and ribbons will be awarded to the top-eight finishers in each event.
 - 3. The track and the infield are restricted areas and open only to meet officials and competitors in uniform.
 - a. Penalty for coaches in violation: disqualification of their athlete(s) from the contested event.
 - b. Violators will be asked to leave the facility.

IV. STATE MEET

- A. Meet Organization
 - 1. Region meet champions will be placed as the top seeds in each event contested in sections.
 - 2. The following lane order will be used for seeding:
 - a. 55m and 55m hurdles (4-5-3-6-2-7-1-8). (The lane assignment in the final shall be determined by the following finish order in the semifinals: place, then time.)
 - b. 500m, **4x200MR**, 4x400mR (4-5-3-6-2-1)
 - c. 300m (4,5,3,6,2)
 - d. 800m, 1600m, 3200m, 4x800mR (1-2-3-4-5-6)
 - e. 800m, 1600m, 3200m, and 4x800mR will be run on a 1-turn stagger, starting in the alleys (outside alley to top seeds).
 - 3. The 2024 Championships will be held February 20 and 21 at the Prince George's Sports & Learning Complex, Landover. Class 1A and Class 4A meets will be held on February 20 beginning at 1 PM. The Class 2A and Class 3A meets will be held February 21, beginning at 1 PM.
 - a. Pole vaulters may enter early to begin warm-ups.
 - b. All spectators must park in the large lot on Brightseat Road just beyond the light at Sheriff Road.
 - c. Team buses should turn right at light onto Sheriff Road. Turn left at light at Harvey Drive into the Sportsplex entrance.

- B. Playing Rules
 - 1. Order of running events
1) 55m HH Semifinal B, G
2) 55m Semifinal B, G
3) 4x800m Relay Final G, B5) 1600m Final G, B
6) 500m Final G, B9) 55m Final G, B
10) 3200m Final B
11) 4x200m Relay Final G, B
8) 3200m Final G4) 300m Final G, B
4) 300m Final G, B8) 3200m Final G
8) 3200m Final G12) 800m Final G, B
13) 4x400m Relay Final G, B
 - 2. Order of field events

SHOT PUT 1A Girls 4A Girls 1A Boys 4A Boys	February 20 — CLASS 1A AND CLASS 4A HIGH JUMP 4A Girls 1A Girls 4A Boys 1A Boys	POLE VAULT 1A Boys 4A Boys 1A Girls 4A Girls
SHOT PUT 3A Girls 2A Girls 3A Boys 2A Boys	February 21 – CLASS 2A AND CLASS 3A HIGH JUMP 2A Girls 3A Girls 2A Boys 3A Boys	POLE VAULT 3A Boys 2A Boys 3A Girls 2A Girls

3. Pole vaulting will begin promptly on each day of the state meet.

4. The MPSSAA will supply Batons at the State Meet for relay races.

- 5. Only shoes with 1/4" **pyramid** spikes or less are permitted in the Prince George's Sportsplex. Shoes with hard plastic spike plates may not be worn without spikes inserted. **The Prince George's Sportsplex will check all spikes.**
- 6. Opening heights in the field events will be determined by the Games Committee based on the entries received.
- 7. Shots used in competition will be weighed in and remain until the athlete has completed the event.
- 8. A competitor who is not ready to perform when called by the official will be charged with a trial in the field events and could be disqualified in a running event.
- 9. A competitor must notify the official when leaving one event after being called for competition in another event.
- 10. Eight places will be scored in the State meet.
- C. General Policies
 - 1. Individuals 7 years of age and older will be charged an admission of \$10. *No re-entry will be permitted.*
 - 2. Plaques will be awarded to the first and second place teams. Medals will be presented to the first three finishers in all events and ribbons to those placing fourth through eighth.
 - 3. The track and the infield are restricted areas and open only to meet officials and competitors in uniform.
 - a. Penalty for coaches in violation: disqualification of their athlete(s) from the contested event.
 - b. Violators will be asked to leave the facility.

MPSSAA State Indoor Track Committee Members are listed on the MPSSAA website at www.mpssaa.org

ADVANCEMENT STANDARDS FOR PERFORMANCE IN THE 2024 REGION FINALS Prince George's Sports & Learning Complex

		GIRLS		
	4A	3A	2A	1A
55m	7.46	7.46	7.62	7.85
55HH	9.27	9.06	9.71	9.99
300m	41.91	42.29	43.27	43.80
500m	1:20.55	1:21.52	1:23.04	1:25.54
800m	2:25.91	2:28.74	2:30.51	2:35.36
1600m	5:26.91	5:33.24	5:36.57	5:55.33
3200m	11:53.55	12:10.72	12:27.34	13:03.07
4x200	1:49.39	1:50.24	1:51.70	1:55.15
4x400	4:13.35	4:16.57	4:21.19	4:27.46
4x800	10:07.40	10:16.75	10:33.71	10:54.88
HJ	4-10	4-10	4-07	4-08
SP	33-00	32-06	31-00	29-10
PV	7-06	7-05	7-08	7-00

		BOYS				
	4A	3A	2A	1A		
55m	6.73	6.76	6.79	6.98		
55HH	8.28	8.24	8.40	8.86		
300m	36.91	36.77	37.34	38.02		
500m	1:08.72	1:09.38	1:10.68	1:11.68		
800m	2:03.69	2:05.32	2:06.83	2:10.14		
1600m	4:35.92	4:39.58	4:43.11	4:55.86		
3200m	10:03.74	10:03.74 10:17.39		10:03.74 10:17.39 10:25.22		10:55.69
4x200	1:35.01	1:36.04 1:37.45		1:39.54		
4x400	3:35.16	3:36.90	3:40.82	3:44.81		
4x800	8:28.96	8:36.71	8:48.94	9:07.58		
HJ	5-10	5-10	5-09	5-06		
SP	44-09	43-04	42-08	41-09		
PV	10-05	10-00	10-09	9-07		

PROJECTED MPSSAA INDOOR TRACK CHAMPIONSHIP DATES 2025 - February 18/19 2026 - February 15/16 2027 - February 14/15

2024 REGION MEET INFORMATION Region meet schedule and email addresses for regional directors can be found on the Indoor Track pages of mpssaa.org.					
1A West PG Sports and Learning Complex Saturday, February 10 (10:00 a.m.)	1A Central PG Sports and Learning Complex Wednesday, February 7 (1:00 p.m.)	1A East PG Sports and Learning Complex Friday, February 9 (1:00 p.m.)			
Entry DeadlineJanuary 28 Penalty DeadlineJanuary 30 Scratch DeadlineFebruary 1	Entry DeadlineJanuary 30 Penalty DeadlineFebruary 1 Scratch DeadlineFebruary 3	Entry DeadlineFebruary 1 Penalty DeadlineFebruary 3 Scratch DeadlineFebruary 5			
Coaches Meeting9:30 a.m.	Coaches Meeting12:30 p.m.	Coaches Meeting12:30 p.m.			
Meet DirectorBecky Ward SchoolBoonsboro	Meet DirectorGerard Filosa SchoolPikesville	Meet DirectorKenneth Washington SchoolNorthwestern-PG			
2A West	2A Central	2A East			
PG Sports and Learning Complex Tuesday, February 6 (1:00 p.m.)	PG Sports and Learning Complex Thursday, February 8 (1:00 p.m.)	PG Sports and Learning Complex Monday, February 5 (1:00 p.m.)			
Entry DeadlineFebruary 4 Penalty DeadlineFebruary 6 Scratch DeadlineFebruary 8	Entry DeadlineFebruary 7 Penalty DeadlineFebruary 9 Scratch DeadlineFebruary 11	Entry DeadlineJanuary 30 Penalty DeadlineFebruary 1 Scratch DeadlineFebruary 3			
Coaches Meeting12:30 p.m.	Coaches Meeting12:30 p.m.	Coaches Meeting12:30 p.m.			
Meet DirectorPhilip Rogers SchoolReservoir	Meet DirectorBrad Duvall SchoolHereford	Meet DirectorKevin Heider SchoolThomas Stone			
3A West PG Sports and Learning Complex	3A Central	3A East			
Saturday, February 10 (10:00 a.m.)	PG Sports and Learning Complex Thursday, February 8 (1:00 p.m.)	PG Sports and Learning Complex Tuesday, February 6 (1:00 p.m.)			
Saturday, February 10	Thursday, February 8	Tuesday, February 6			
Saturday, February 10 (10:00 a.m.) Entry DeadlineFebruary 2 Penalty DeadlineFebruary 4	Thursday, February 8 (1:00 p.m.) Entry DeadlineFebruary 1 Penalty DeadlineFebruary 3	Tuesday, February 6 (1:00 p.m.) Entry DeadlineJanuary 31 Penalty DeadlineFebruary 2			
Saturday, February 10 (10:00 a.m.) Entry DeadlineFebruary 2 Penalty DeadlineFebruary 4 Scratch DeadlineFebruary 6	Thursday, February 8 (1:00 p.m.) Entry DeadlineFebruary 1 Penalty DeadlineFebruary 3 Scratch DeadlineFebruary 5	Tuesday, February 6 (1:00 p.m.) Entry Deadline Penalty Deadline February 2 Scratch Deadline			
Saturday, February 10 (10:00 a.m.) Entry DeadlineFebruary 2 Penalty DeadlineFebruary 4 Scratch DeadlineFebruary 6 Coaches Meeting9:30 a.m. Meet DirectorRonnie Beard	Thursday, February 8 (1:00 p.m.) Entry DeadlineFebruary 1 Penalty DeadlineFebruary 3 Scratch DeadlineFebruary 5 Coaches Meeting12:30 p.m. Meet DirectorEric Benjamin	Tuesday, February 6 (1:00 p.m.) Entry Deadline Penalty Deadline February 2 Scratch Deadline Scratch Deadline 12:30 p.m. Meet Director			
Saturday, February 10 (10:00 a.m.) Entry Deadline Penalty Deadline February 2 Penalty Deadline February 4 Scratch Deadline February 6 Coaches Meeting 9:30 a.m. Meet Director Coakdale 4A West PG Sports and Learning Complex Monday, February 5	Thursday, February 8 (1:00 p.m.) Entry DeadlineFebruary 1 Penalty DeadlineFebruary 3 Scratch DeadlineFebruary 5 Coaches MeetingFebruary 5 Coaches MeetingFebruary 5 Coaches MeetingFebruary 5 Meet DirectorEric Benjamin SchoolDulaney 4A Central PG Sports and Learning Complex Wednesday, February 7	Tuesday, February 6 (1:00 p.m.) Entry Deadline Penalty Deadline February 31 Penalty Deadline February 2 Scratch Deadline February 4 Coaches Meeting 12:30 p.m. Meet Director Philip Rogers School 4A East PG Sports and Learning Complex Friday, February 9			
Saturday, February 10 (10:00 a.m.) Entry Deadline Penalty Deadline February 2 Penalty Deadline February 4 Scratch Deadline February 6 Coaches Meeting 9:30 a.m. Meet Director Ronnie Beard School 4A West PG Sports and Learning Complex Monday, February 5 (1:00 p.m.) Entry Deadline February 2 Penalty Deadline	Thursday, February 8 (1:00 p.m.) Entry Deadline Penalty Deadline February 3 Scratch Deadline Scratch Deadline February 5 Coaches Meeting 12:30 p.m. Meet Director School Dulaney 4A Central PG Sports and Learning Complex Wednesday, February 7 (1:00 p.m.) Entry Deadline February 1 Penalty Deadline	Tuesday, February 6 (1:00 p.m.) Entry Deadline Penalty Deadline February 31 Penalty Deadline February 2 Scratch Deadline Scratch Deadline February 4 Coaches Meeting Coaches Meeting 12:30 p.m. Meet Director Philip Rogers School Reservoir 4A East PG Sports and Learning Complex Friday, February 9 (1:00 p.m.) Entry Deadline Leanuary 31 Penalty Deadline			

2023-24 ALIGNMENT FOR INDOOR TRACK

	2023-24 ALIGNMENT FOR INDOUR TRACK							
	CLASS 4A-WEST			CLASS 4A-CENTRAL			CLASS 4A-EAST	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17.	CLASS 4A-WEST Albert Einstein Bethesda-CC Clarksburg Gaithersburg John F. Kennedy Montgomery Blair Northwest Northwest Northwood Paint Branch Quince Orchard Richard Montgomery Seneca Valley Springbrook Walt Whitman Walter Johnson Wheaton Winston Churchill	Mtg Mtg Mtg Mtg Mtg Mtg Mtg Mtg Mtg Mtg	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14.	CLASS 4A-CENTRAL Dundalk Kenwood Parkville Perry Hall Woodlawn Mergenthaler Western Annapolis Broadneck Crofton Glen Burnie Meade North County Old Mill	B Co B Co B Co B Co Balt AA AA AA AA AA AA	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16.	CLASS 4A-EAST Bladensburg Bowie Charles H. Flowers Dr. Henry A. Wise Duval Eleanor Roosevelt High Point Laurel Northwestern Parkdale Suitland Leonardtown Frederick Thomas Johnson Urbana North Point	PG PG PG PG PG PG PG PG PG Stm Fre Fre Fre Cha
	CLASS 3A-WEST			CLASS 3A-CENTRAL			CLASS 3A-EAST	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15.	Manchester Valley Westminster Linganore Oakdale Tuscarora Col. Zadok Magruder Damascus James Hubert Blake Rockville Sherwood Thomas S. Wootton Watkins Mill North Hagerstown South Hagerstown Oxon Hill	Car Car Fre Fre Mtg Mtg Mtg Mtg Mtg Mtg Was Was PG	1. 2. 3. 4. 5. 6. 7. 8. 9. 11. 12. 13. 14. 15.	Arundel Chesapeake Northeast Severna Park South River Catonsville Dulaney Franklin Lansdowne Overlea Towson Baltimore City College Polytechnic Digital Harbor Patterson	AA AA AA B Co B Co B Co B Co B Co B Co B Co B Co	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17.	Northern St. Charles Atholton Howard Long Reach Marriotts Ridge Mount Hebron Oakland Mills Reservoir River Hill Chopticon Great Mills James M. Bennett Stephen Decatur Aberdeen Bel Air Edgewood	Cal Cha How How How How How How StM StM Stm Wic Wor Har Har Har
	CLASS 2A-WEST			CLASS 2A-CENTRAL			CLASS 2A-EAST	
11. 12. 13. 14. 15.	Southern Century Winters Mill Middletown Walkersville Centennial Glenelg Hammond Wilde Lake Poolesville Crossland Fairmont Heights Frederick Douglass	AA Car Fre Fre How How How Mtg PG PG PG PG PG Was	11. 12. 13. 14.	Chesapeake Eastern Tech Hereford Milford Mill Academy New Town Owings Mills Patapsco Randallstown Sparrows Point Carver Vo-Tech Dunbar Southwestern C. Milton Wright Fallston North Harford	B Co B Co B Co B Co B Co B Co B Co B Co	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17.	Calvert Huntingtown Patuxent Elkton North East Rising Sun Henry E. Lackey La Plata McDonough Thomas Stone Westlake North Caroline Kent Island Queen Anne's	Cal Cal Cec Cec Cha Cha Cha Cha Cha Cha Cha Cha Cha Cha
	CLASS 1A-WEST			CLASS 1A-CENTRAL			CLASS 1A-EAST	
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13.	Allegany Fort Hill Mountain Ridge Francis Scott Key Liberty South Carroll Brunswick Catoctin Southern Boonsboro Clear Spring Hancock Smithsburg	All All Car Car Car Fre Gar Was Was Was Was Was	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17. 18.	Carver A&T Loch Raven Pikesville Western Tech ACCE Benjamin Franklin Edmondson-Westside Forest Park Frederick Douglass Green Street Academy Lake Clifton NAF Reginald Lewis Harford Tech Havre de Grace Joppatowne Patterson Mill SEED School	B Co B Co B Co Balt Balt Balt Balt Balt Balt Balt Balt	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17.	Chesapeake Science Point Bohemia Manor Perryville Cambridge-SD Kent County Central CMIT - North CMIT - South Friendly Intern. at Largo Largo Surrattsville Crisfield Washington Mardela Pocomoke Snow Hill	AA Cec Dor K PG PG PG PG PG PG Som Som Wic Wor

Indoor Track