I. GENERAL INFORMATION

A. The Maryland Public Secondary Schools Athletic Association is the official governing body for the Indoor Track championships. Plans for the championships were formulated by the State Indoor Track Committee and approved by the Board of Control.

B. Schools choosing to enter the tournament have the responsibility for reading and adhering to the rules and regulations stated in the front section of this publication as well as those appearing within this Indoor Track Bulletin. Unless specifically stated, all rules and regulations stipulated in the NFHS Track and Field Rule Book will be followed.

C. Eligibility rules for all participants are defined in MPSSAA Bylaw .02, found in the current MPSSAA Handbook.

D. General regulations for all state tournaments are contained in MPSSAA Bylaw .07, found in both the current Handbook and in the front section of this publication.

E. Coaches do a disservice to the sport and to competitors when they fail to scratch an athlete prior to the entry deadline with full knowledge that the athlete will be unable to compete in the entered event. Failure to afford those participation opportunities to other willing competitors may be considered misconduct detrimental to the tournament as outlined in the MPSSAA Handbook.

F. Students may not compete as a representative of their school in any event that is not part of the state championship series after the date of the first statewide region meet.

II. REGION AND STATE MEETS

A. Meet Organization
   1. The team or individual contestants must be accompanied to the meet by the coach or a designated representative.
   2. Teams competing at the PG Sportsplex will be admitted through the ground level team entrance at the back of the building.
   3. The meet director will make sure starting blocks are provided.
   4. Starting blocks WILL BE PERMITTED in the 55m and 55m high hurdle trials.
   5. Girls will precede boys in finals of all running events.
   6. Slower sections will precede the fast section.
   7. Time limits for the 1600m races shall be: Girls - 7:00; Boys - 6:00. Time limits in the 3200m shall be: Girls - 14:45; Boys - 12:45. Competitors who do not conclude their event within the allotted time will be allowed to finish and score. However, competitors who do not conclude their event within the allotted time will not be allowed to advance to states regardless of region placement.

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**2019-2020 INDOOR TRACK TIME LINE**

<table>
<thead>
<tr>
<th>Dec. 5</th>
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<tbody>
<tr>
<td><strong>Entry Deadlines:</strong></td>
<td>See schedule on page 25.</td>
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<table>
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<tr>
<th>REGION MEETS</th>
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<tr>
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<tr>
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<table>
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<th>STATE MEETS</th>
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<tr>
<td>Feb. 17</td>
</tr>
<tr>
<td>Feb. 18</td>
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<tr>
<td><strong>Apr. 15</strong></td>
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</table>
8. Order of field events: Pole Vault (Boys, followed by Girls); High Jump (Girls, followed by Boys); Shot Put (Girls, followed by Boys).

9. Only shots approved by the appropriate official shall be used in competition.

B. Playing Rules

1. All rules not modified here shall be in accordance with current National Federation rules.
   a. Any team member listed on the school’s MileSplit roster may participate on any of that school’s relay teams providing the maximum participation rule is not violated.
   b. Any competitor who exceeds the maximum participation rule forfeits further participation in any and all events in the 2020 State Indoor Track Meet.
   c. Should the competitor exceed the maximum participation rule while competing on a relay team, the entire relay team is excluded from that event at the 2020 State Indoor Meet.
   d. Teams checking in at the bullpen for respective relay races must present relay cards with all participant names listed and present.
   e. There will be no fly zone in any relay events.

2. Shoes with spikes are prohibited in all facilities in Maryland except the Prince George’s Sportsplex. Any infraction will result in the disqualification of the competitor from the meet.

3. Only shoes with 1/4” pyramid spikes or less are permitted in the Prince George’s Sportsplex. Shoes with hard plastic spike plates may not be worn without spikes inserted at any facility.

4. The spraying of shoe soles is prohibited. Any infraction will result in the disqualification of the competitor from the meet.

5. No tape will be permitted on the floor for any running event.

6. Videotape or other electronic recording of appeals will not be accepted.

C. General Policies

All electronic listening devices are barred from the area of competition.

III. REGION MEET

A. Meet Organization

1. Any team that makes formal application on md.milesplit.com by the established deadline will be entered into the meet.

2. Teams shall register for their respective region meets on MileSplit at the beginning of the season in order to receive important communications from their respective region meet directors.

3. An application received after the Region Meet Entry Deadline (7 days prior to the start of the meet) must be accompanied by a check, payable to the MPSSAA, in the amount of $100.00, or the entry is invalid. The burden of proof is on the school. In no case will a team be entered into a region meet if the Region Meet Director does not have the completed application and $100 late fee (if applicable) in hand by the Penalty Deadline (five calendar days prior to the start of the meet).
4. Each school may submit three (3) entries per individual event and one (1) team in each relay event.
   a. The top 24 verifiable entries per individual event will have a chance to compete in their respective region meet. Every school in the region may enter a team and compete in the relay events.
   b. A verifiable entry is a regular season high school event during the current indoor track season that has official results for all competitors and teams competing in that event and is posted on Mile-Split.
   c. The only conversions that will be accepted are hand-timed meets to FAT. **Actual results for the 1-mile and 2-mile runs may be used, but not converted, for entries into the 1600m and 3200m runs.**
   d. It is the school’s responsibility to provide verified marks and any marks that can not be verified through official regular season results, will result in the entry being reseeded to their next best verifiable mark.
   e. In the event of a tie for the 24th best mark, all tied competitors will have a chance to compete in the regional meet.

5. An athlete may participate in a maximum of four events.

6. You may make revisions until the **Penalty Deadline Date** established for your meet.

7. A scratch in an individual event is due **FOUR calendar days** before the start of the meet to the region director (Scratch Deadline Date).

8. After the Scratch Deadline Date, the meet is seeded and no changes to accepted entries can be made. In addition, after that deadline, all entries in individual events count as an event that the athlete has participated in.

9. The following online method for entry must be used. Please follow these directions for submitting entries.
   a. Go to <md.milesplit.com>, the site hosting the online entry process.
   b. Log in to your coach account.
   c. Click on the Calendar tab and select the your Region Meet from the list of meets.
   d. On the Region Meet page, click on Enter Online Now.
   e. Check to make sure you are entering the correct region meet and then click on Enter School.
   f. Enter/confirm your contact info and select the gender(s) in which you wish to complete entries for and then click Enter Team.
   g. You are now able to enter athletes in events for the region meet.
   h. After completing entries, print a confirmation copy of your entries by clicking on the print confirmation link at the top of your entry summary. The coach must bring a copy of this entry confirmation to the region meet.
   i. If you enter a time other than what is in the MileSplit database, you must provide the name and date of the meet to which the entry can be verified.
10. The region meet director and the meet administrator are the only other individuals who will have access to team information (in order to seed the meet on basis of entries received).

11. The Meet Director or Meet Administrator has the right to challenge any entry that does not have a verifiable performance throughout the current Indoor Track season. The Meet Director or Meet Administrator will notify the coach of the concern and may adjust entry to the best verifiable performance for the current season. If this changes the top 24, the next verifiable mark will be entered.

12. Eligible individuals, as found on the school’s MileSplit roster, may participate in a region meet provided they have a minimum of three weeks of supervised training and have participated in at least two MPSSAA-sanctioned meets.

13. Meets run outdoors or in school hallways will not be counted as sanctioned meets.

14. Meets shall be organized and structured in a uniform way—entry on the basis of best performance, seeding, placement in lanes, etc.

15. Starting blocks WILL BE PERMITTED in the 55m and 55m high hurdle trials.

16. Region meets will be held at the Baltimore 5th Regiment Armory (219 West Hoffman Street, Baltimore, MD 21201), Prince George’s Sports and Learning Complex (8003 Sheriff Road, Landover, MD 20785) and the Hagerstown Community College (11400 Robinwood Drive, Hagerstown, Maryland, 21742).

17. For meets at the Baltimore Armory the following organizational procedures shall be followed:
   a. Teams are not permitted in the Armory before 3 PM. Athletes are restricted to the main floor only. The balconies and basement are off-limits at all times.
   b. All running events will begin at 4:00 PM.
   c. Where space is limited, the high jump and shot put events will be suspended during the dash and hurdle events.
   d. Dressing facilities are not available. Athletes should come dressed to participate.
   e. Tentative recommended number of participants per section in distance events: 800 (9); 1600 (12); 3200 (18), 4x800 Relay (9). Games Committee has authority to change these numbers.
   f. The lane order for seeding the 300m, 500m, 4x200mR, and 4x400mR shall be 3-2-4-1.
   g. There will be no concessions. Vending machines are available.
   h. Meet directors shall meet with all teams and coaches prior to the start of competition to emphasize the importance of following the policies and restrictions of the National Guard administration as well as those of meet management.
   i. No one should remove equipment or materials or deface property in the meet facility.
   j. Coaches shall see their team areas are clean prior to departure from the meet site.
   k. The only markings on the Armory floor shall be with tape approved by meet management.
   l. No spikes are permitted.
   m. All pole vault competitors will weigh in immediately on entering the Armory (3-3:45 PM). Boys will be weighed in first, followed by girls. Boys competition will begin at 3:45 PM.
n. ALL ADULTS entering the Armory must present government-issued identification.

o. No athletes are permitted outside during meets at the Fifth Regiment Armory.

18. For meets at the PG Sportsplex, the following organizational procedures shall be followed:

a. Teams are not permitted in the Sportsplex before 3 PM (except 2A & 1A East Region meets).

b. Only shoes with 1/4” pyramid spikes or less are permitted in the Prince George’s Sportsplex. Shoes with hard plastic spike plates may not be worn without spikes inserted.

c. All pole vault competitors will weigh in immediately on entering the Sportsplex (3-3:45 PM). Boys will be weighed in first, followed by girls. Boys competition will begin at 3:45 PM (except 2A & 1A East Region meets).

d. Blocks are permitted to be used in the 55m dash and 55m HH.

19. For meets at Hagerstown Community College, the following organizational procedures shall be followed:

a. No spikes permitted. Shoes with hard plastic spike plates are also not permitted.

b. Blocks will only be allowed for the 55m dash and 55m HH events.

B. Playing Rules

1. The team or individual contestants must be accompanied to the meet by the coach or a designated representative.

2. The first four scorers in each event will automatically advance to the state meet. If a tie occurs for fourth place, all tied competitors shall advance. Coaches should notify the region meet director at the region meet, but no later than the start of the state seeding meeting on February 15th, of their intent to scratch any individual qualifier.

3. In addition to the automatic qualifiers, individual competitors or relay teams who, in their region meet finals, meet the qualifying standard on the previous page may also compete. Separate Advancement Standards shall be used for region finals held at the Prince George’s Sportsplex or Hagerstown Community College and the Baltimore 5th Regiment Armory.

4. Order of track events - girls will precede boys in all final running events, except where noted:

<table>
<thead>
<tr>
<th>Event</th>
<th>1) 55m HH Semis B, G</th>
<th>5) 1600m</th>
<th>9) 55m Final</th>
<th>13) BREAK FOR CLEANUP</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2) 55m Semis B, G</td>
<td>6) 500m</td>
<td>10) 3200m (B)</td>
<td>14) 4x400m Relay</td>
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<tr>
<td></td>
<td>3) 4x800m Relay</td>
<td>7) 55m HH Final</td>
<td>11) 4x200m Relay</td>
<td></td>
</tr>
<tr>
<td></td>
<td>4) 300m</td>
<td>8) 3200m (G)</td>
<td>12) 800m</td>
<td></td>
</tr>
</tbody>
</table>

   a. Only two rounds of 55m or 55m HH will be run. Heat winners plus next fastest times will advance to finals. In addition, any athlete that achieves the state automatic qualifying mark in the preliminary heats, will advance to the region meet final heat(s).

   b. If the venue has less than eight lanes the top-8 will compete in a two heat final in the 55m and 55m HH. If a two heat final in the 55m and 55m HH must be run, one section shall contain the maximum number of athletes that the track permits while the other section must contain a minimum of two athletes. Heat winners will be seeded first and the remaining athletes will be seeded on time.

5. The Meet Director will set the opening minimum height for the pole vault and high jump events for the regional meet.
C. General Policies

1. Individuals 7 years of age and older will be charged an admission of $6.

2. A plaque will be awarded to the first place team. The meet will be scored for the top-eight in each event and ribbons will be awarded to the top-eight finishers in each event.

3. The track and the infield are restricted areas and open only to meet officials and competitors in uniform.
   a. Penalty for coaches in violation: disqualification of their athlete(s) from the contested event.
   b. Violators will be asked to leave the facility.

IV. STATE MEET

A. Meet Organization

1. Region meet directors shall submit a back-up copy of the completed Hy-Tek meet file electronically to Gerard Filosa (gerardfilosa06@gmail.com) immediately following the conclusion of their meet. Region Meet Directors shall also bring a hard copy of their meet results with them to the finish line area at their respective State Meet.

2. Region meet champions will be placed as the top seeds in each event contested in sections. Class 3A and 4A remaining qualifiers will be based on performance, regardless of region. Class 1A and 2A will seed by the top two places, then time.

3. The following lane order will be used for seeding:
   a. 55m and 55m hurdles (4-5-3-6-2-7-1-8). (The lane assignment in the final shall be determined by the following finish order in the semifinals: place, then time.)
   b. 300m, 500m, 4x200mR, 4x400mR (4-5-3-6-2-1)
   c. 800m, 1600m, 3200m, 4x800mR (1-2-3-4-5-6)
   d. 800m, 1600m, 3200m, and 4x800mR will be run on a 1-turn stagger, starting in the alleys (outside alley to top seeds).

4. The 2020 Championships will be held February 17 and 18 at the Prince George’s Sports & Learning Complex, Landover. Class 1A and Class 2A meets will be held on February 17 beginning at 11 AM. The Class 3A and Class 4A meets will be held February 18, beginning at 4 PM.

   Directions: From I-95/I-495 (Capital Beltway), take Exit 17B West. Turn left at first light onto Brightseat Road.
   a. Teams may not enter the complex until 10 AM on Monday and 2:30 PM on Tuesday.
   b. All spectators must park in the large lot on Brightseat Road just beyond the light at Sheriff Road.
   c. Team buses should turn right at light onto Sheriff Road. Turn left at light at Harvey Drive into the Sportsplex entrance.

B. Playing Rules

1. Order of running events
   1) 55m HH Semifinal - B, G  5) 1600m Final - G, B  9) 55m Final - G, B
   2) 55m Semifinal - B, G  6) 500m Final - G, B  10) 3200m Final - B
   3) 4x800m Relay Final - G, B  7) 55m HH Final - G, B  11) 4x200m Relay Final - G, B
   4) 300m Final - G, B  8) 3200m Final - G  12) 800m Final - G, B
   13) 4x400m Relay Final - G, B
2. Order of field events

<table>
<thead>
<tr>
<th>SHOT PUT</th>
<th>2A Girls</th>
<th>2A Boys</th>
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</table>

Day 1 — Class 1A and Class 2A

- Shot Put
- High Jump (Dual Pits Simultaneously)
- Pole Vault (Warmup 10 AM) — Combined

Day 2 — Class 3A and Class 4A

- Shot Put
- High Jump (Dual Pits Simultaneously)
- Pole Vault (Warmup 3 PM) — Combined

3. Pole vaulting will begin promptly at 11 AM on February 17 and at 4 PM on February 18.

4. Only shoes with 1/4" pyramid spikes or less are permitted in the Prince George’s Sportsplex. Shoes with hard plastic spike plates may not be worn without spikes inserted. The Prince George’s Sportsplex will check all spikes.

5. Opening heights in the field events will be determined by the Games Committee at the state seeding meeting, based on the entries received.

6. Shots used in competition will be weighed in and remain until the completion of the event.

7. A competitor who is not ready to perform when called by the official will be charged with a trial in the field events and could be disqualified in a running event.

8. A competitor must notify the official when leaving one event after being called for competition in another event.

9. Eight places will be scored in the State meet.

2019–2020 State Indoor Track Committee

<table>
<thead>
<tr>
<th>DIRECTOR</th>
<th>Office</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clayton Culp</td>
<td>410-222-5463</td>
<td>410-349-7851</td>
</tr>
<tr>
<td>Beth Shook</td>
<td>301-753-1758</td>
<td>757-630-7029</td>
</tr>
<tr>
<td>Gerard Filosa</td>
<td>443-809-1217</td>
<td>443-204-2175</td>
</tr>
<tr>
<td>Scott Mathias</td>
<td>301-602-5438</td>
<td></td>
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<tr>
<td>Becky Walter</td>
<td>301-766-8022</td>
<td>301-305-1532</td>
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<tr>
<td>Curtis Graff</td>
<td>301-766-8243</td>
<td>301-797-7298</td>
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<tr>
<td>Dessalyn Dillard</td>
<td>301-388-9900</td>
<td>240-461-2139</td>
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<tr>
<td>Scott Mathias</td>
<td>301-602-5438</td>
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<tr>
<td>Bryan Brown</td>
<td>301-636-8000</td>
<td>301-801-4805</td>
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<tr>
<td>Kenneth Washington</td>
<td>301-860-3901</td>
<td>301-404-3851</td>
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<tr>
<td>Kevin Reisinger</td>
<td>301-934-7205</td>
<td>440-452-9300</td>
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<tr>
<td>Josh Dawson</td>
<td>443-550-8950</td>
<td>443-350-2926</td>
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<tr>
<td>Brianna Bostic</td>
<td>410-544-0926</td>
<td>410-294-2369</td>
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<tr>
<td>Ashley Kelso</td>
<td>410-761-8950</td>
<td>302-561-0742</td>
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<td>Phil Lang</td>
<td>443-745-6896</td>
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<tr>
<td>Philip Rogers</td>
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<td>410-212-0442</td>
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<td>Brad Duvall</td>
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<td>410-984-5191</td>
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<tr>
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<td>443-655-0973</td>
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<tr>
<td>Tom Decker</td>
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<td>443-945-3379</td>
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<tr>
<td>Donnie Mickey</td>
<td>410-638-4110</td>
<td>443-417-7654</td>
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<tr>
<td>Justin Holland</td>
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<td>410-903-5969</td>
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<tr>
<td>Jody Stigler</td>
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<td>443-614-9554</td>
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<tr>
<td>Joseph Edwards</td>
<td>443-642-6055</td>
<td>240-818-1347</td>
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<tr>
<td>Duane Downer</td>
<td>410-562-0855</td>
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</tr>
</tbody>
</table>

Rules Interpreter

Steve Smith | 410-935-1219 | 410-665-7157
C. General Policies

1. Individuals 7 years of age and older will be charged an admission of $10. *No re-entry will be permitted.*

2. Plaques will be awarded to the first and second place teams. Medals will be presented to the first three finishers in all events and ribbons to those placing fourth through eighth.

3. The track and the infield are restricted areas and open only to meet officials and competitors in uniform.

   a. Penalty for coaches in violation: disqualification of their athlete(s) from the contested event.

   b. Violators will be asked to leave the facility.

### ADVANCEMENT STANDARDS FOR PERFORMANCE IN THE 2020 REGION FINALS

<table>
<thead>
<tr>
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<th>GIRLS</th>
<th>Baltimore Fifth Regiment Armory/Other Venue</th>
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### PROJECTED MPSSAA INDOOR TRACK CHAMPIONSHIP DATES

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<th>2022 - February 21/22</th>
<th>2023 - February 20/21</th>
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<td>2022 - February 21/22</td>
<td>2023 - February 20/21</td>
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### 2020 REGION MEET INFORMATION

Region meet schedule and email addresses for regional directors can be found on the Indoor Track pages of mpssaa.org.

<table>
<thead>
<tr>
<th>Region</th>
<th>School</th>
<th>Date</th>
<th>Time</th>
<th>Meet Director</th>
<th>School</th>
<th>Official Assignments</th>
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<tr>
<td><strong>1A West</strong>&lt;br&gt;Hagerstown CC&lt;br&gt;February 1 (2:00 p.m.)</td>
<td></td>
<td>Entry Deadline: January 25&lt;br&gt;Penalty Deadline: January 27&lt;br&gt;Scratch Deadline: January 28&lt;br&gt;Coaches Meeting: 1:15 p.m.&lt;br&gt;Meet Director: Becky Walter&lt;br&gt;School: Boonsboro&lt;br&gt;Official Assignments: Becky Walter</td>
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<td><strong>1A Central</strong>&lt;br&gt;Baltimore Armory&lt;br&gt;February 11 (4:00 p.m.)</td>
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<td>Entry Deadline: February 4&lt;br&gt;Penalty Deadline: February 6&lt;br&gt;Scratch Deadline: February 7&lt;br&gt;Coaches Meeting: 3:30 p.m.&lt;br&gt;Meet Director: Gerard Filosa&lt;br&gt;School: Randallstown&lt;br&gt;Official Assignments: Brad Duvall</td>
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<td><strong>1A East</strong>&lt;br&gt;PG Sports and Learning Complex&lt;br&gt;February 3 (2:30 p.m.)</td>
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<td>Entry Deadline: January 27&lt;br&gt;Penalty Deadline: January 29&lt;br&gt;Scratch Deadline: January 30&lt;br&gt;Coaches Meeting: 2:00 p.m.&lt;br&gt;Meet Director: Beth Shook&lt;br&gt;School: Westlake&lt;br&gt;Official Assignments: Beth Shook</td>
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<td><strong>2A West</strong>&lt;br&gt;Hagerstown CC&lt;br&gt;February 1 (2:00 p.m.)</td>
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<td>Entry Deadline: January 25&lt;br&gt;Penalty Deadline: January 27&lt;br&gt;Scratch Deadline: January 28&lt;br&gt;Coaches Meeting: 1:15 p.m.&lt;br&gt;Meet Director: Becky Walter&lt;br&gt;School: Boonsboro&lt;br&gt;Official Assignments: Becky Walter</td>
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<td><strong>2A Central</strong>&lt;br&gt;Baltimore Armory&lt;br&gt;February 3 (4:00 p.m.)</td>
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<td>Entry Deadline: January 27&lt;br&gt;Penalty Deadline: January 29&lt;br&gt;Scratch Deadline: January 30&lt;br&gt;Coaches Meeting: 3:30 p.m.&lt;br&gt;Meet Director: Matt Clever&lt;br&gt;School: Randallstown&lt;br&gt;Official Assignments: Brad Duvall</td>
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<td><strong>2A East</strong>&lt;br&gt;PG Sports and Learning Complex&lt;br&gt;February 3 (2:30 p.m.)</td>
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<td>Entry Deadline: January 27&lt;br&gt;Penalty Deadline: January 29&lt;br&gt;Scratch Deadline: January 30&lt;br&gt;Coaches Meeting: 2:00 p.m.&lt;br&gt;Meet Director: Beth Shook&lt;br&gt;School: Westlake&lt;br&gt;Official Assignments: Beth Shook</td>
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<td><strong>3A West</strong>&lt;br&gt;PG Sports and Learning Complex&lt;br&gt;February 6 (4:00 p.m.)</td>
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<td>Entry Deadline: January 30&lt;br&gt;Penalty Deadline: February 1&lt;br&gt;Scratch Deadline: February 2&lt;br&gt;Coaches Meeting: 3:30 p.m.&lt;br&gt;Meet Director: Jim MacDonald&lt;br&gt;School: Manchester Valley&lt;br&gt;Official Assignments: Beth Shook</td>
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<td><strong>3A Central</strong>&lt;br&gt;PG Sports and Learning Complex&lt;br&gt;February 5 (4:00 p.m.)</td>
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<td>Entry Deadline: January 29&lt;br&gt;Penalty Deadline: January 31&lt;br&gt;Scratch Deadline: February 1&lt;br&gt;Coaches Meeting: 3:30 p.m.&lt;br&gt;Meet Director: Brad Duvall&lt;br&gt;School: Hereford&lt;br&gt;Official Assignments: Beth Shook</td>
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<td><strong>3A East</strong>&lt;br&gt;PG Sports and Learning Complex&lt;br&gt;February 4 (4:00 p.m.)</td>
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<td>Entry Deadline: January 28&lt;br&gt;Penalty Deadline: January 30&lt;br&gt;Scratch Deadline: January 31&lt;br&gt;Coaches Meeting: 3:30 p.m.&lt;br&gt;Meet Director: Philip Rogers&lt;br&gt;School: Reservoir&lt;br&gt;Official Assignments: Beth Shook</td>
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<td><strong>4A West</strong>&lt;br&gt;Baltimore Armory&lt;br&gt;February 6 (4:00 p.m.)</td>
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<td>Entry Deadline: January 30&lt;br&gt;Penalty Deadline: February 1&lt;br&gt;Scratch Deadline: February 2&lt;br&gt;Coaches Meeting: 3:30 p.m.&lt;br&gt;Meet Director: Eric DaSilva&lt;br&gt;School: Albert Einstein&lt;br&gt;Official Assignments: Brad Duvall</td>
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<td><strong>4A Central</strong>&lt;br&gt;Baltimore Armory&lt;br&gt;February 5 (4:00 p.m.)</td>
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<td>Entry Deadline: January 29&lt;br&gt;Penalty Deadline: January 31&lt;br&gt;Scratch Deadline: February 1&lt;br&gt;Coaches Meeting: 3:30 p.m.&lt;br&gt;Meet Director: Kenneth Washington&lt;br&gt;School: Northwestern-PG&lt;br&gt;Official Assignments: Brad Duvall</td>
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<td><strong>4A East</strong>&lt;br&gt;Baltimore Armory&lt;br&gt;February 4 (4:00 p.m.)</td>
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<td>Entry Deadline: January 28&lt;br&gt;Penalty Deadline: January 30&lt;br&gt;Scratch Deadline: January 31&lt;br&gt;Coaches Meeting: 3:30 p.m.&lt;br&gt;Meet Director: Brianna Bostic&lt;br&gt;School: Magothy River MS&lt;br&gt;Official Assignments: Brad Duvall</td>
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## 2019-20 Alignment for Indoor Track

### Class 4A-West
1. Montgomery Blair Mtg
2. Bethesda-Chevy Chase Mtg
3. Winston Churchill Mtg
4. Clarksburg Mtg
5. Albert Einstein Mtg
6. Gaithersburg Mtg
7. Walter Johnson Mtg
8. John F. Kennedy Mtg
9. Richard Montgomery Mtg
10. Northwest Mtg
11. Northwood Mtg
12. Paint Branch Mtg
13. Quince Orchard Mtg
14. Sherwood Mtg
15. Springbrook Mtg
16. Walt Whitman Mtg
17. Wheaton Mtg
18. Thomas S. Wootton Mtg

### Class 4A-Central
1. Urbana Fre
2. Howard How
3. Bladensburg PG
4. Bowie PG
5. DuVal PG
6. Charles H. Flowers PG
7. High Point PG
8. Largo PG
9. Northwestern PG
10. Parkdale PG
11. Eleanor Roosevelt PG
12. Surrattsville PG
13. Leonardtown PG
14. Tred Avon Valley StM

### Class 4A-East
1. Annapolis AA
2. Broadneck AA
3. Glen Burnie AA
4. Meade AA
5. North County AA
6. Old Mill AA
7. Oxon Island AA
8. Tall Oaks PG
9. South River AA
10. Catonsville B Co
11. Dulaney B Co
12. Parkville B Co
13. Perry Hall B Co
14. Mergenthaler Voc-Tech Balt
15. Western Balt

### Class 3A-West
1. Chesapeake AA
2. Northeast AA
3. Dundalk B Co
4. Franklin B Co
5. Hereford B Co
6. Kenwood B Co
7. Lansdowne B Co
8. Patuxent B Co
9. Towson B Co
10. Woodlawn B Co
11. Baltimore City College Balt
12. Baltimore Polytechnic Balt
13. Edgewood Hfd
14. Edgewood Hfd
15. C. Milton Wright Hfd
16. Easton Tal
17. James M. Bennett Wic
18. Stephen Decatur Wor

### Class 3A-Central
1. Century Car
2. Francis Scott Key Car
3. Liberty Car
4. South Carroll Car
5. Winters Mill Car
6. Middletown Fre
7. Oakdale Fre
8. Walkersville Fre
9. Glenelg How
10. Poolesville Mtg
11. Watkins Mill Mtg
12. Oxon Hill PG
13. North Hagerstown Was
14. South Hagerstown Was
15. Century Car
16. Francis Scott Key Car
17. Liberty Car
18. South Carroll Car

### Class 3A-East
1. Huntingtown Cal
2. Northern Cal
3. North Point Cha
4. St. Charles Cha
5. Atholton How
6. Centennial How
7. Hammond How
8. Long Reach How
9. Marriotts Ridge How
10. Mt. Hebron How
11. Oakland Mills How
12. Reservoir How
13. River Hill How
14. Wilde Lake How
15. Chopticon StM
16. Great Mills StM

### Class 2A-West
1. Mountain Ridge All
2. Brunswick Fre
3. Catonsville Fre
4. Northern G
5. Southern G
6. Clear Spring Was
7. Hancock Was
8. Smithsburg Was
9. Havre de Grace Hfd
10. Joppotowne Hfd

### Class 2A-Central
1. Carver A&T B Co
2. Chesapeake B Co
3. Eastern Technical B Co
4. Milford Mill Academy B Co
5. New Town B Co
6. Overlea B Co
7. Owings Mills B Co
8. Randallstown Cin
9. Glenelg How
10. Poolesville Mtg
11. Seneca Valley Mtg
12. Crossland PG
13. Frederick Douglass PG
14. Potomac PG
15. Boonsboro Was
16. Williamsport Was

### Class 2A-East
1. Southern AA
2. Calvert Cal
3. Patuxent Cal
4. La Plata Cha
5. Henry E. Lackey Cha
6. Thomas Stone Cha
7. Westlake Cha
8. North Caroline Cin
9. Elkon Cec
10. North East Cec
11. Rising Sun Cec
12. Kent Island Qa
13. Queen Anne’s Qa
14. Parkside Wic
15. Wicomico Wic

### Class 1A-West
1. Mountain Ridge All
2. Brunswick Fre
3. Catonsville Fre
4. Northern G
5. Southern G
6. Clear Spring Was
7. Hancock Was
8. Smithsburg Was
9. Havre de Grace Hfd
10. Joppotowne Hfd

### Class 1A-Central
1. Chesapeake Science Point AA
2. Loch Raven B Co
3. Pikesville B Co
4. Western STES B Co
5. ACEC Balt
6. Coppin Academy Balt
7. Frederick Douglass Balt
8. Paul Laurence Dunbar Balt
9. Edmondson/Westside Balt
10. Forest Park Balt
11. Benjamin Franklin Balt
12. Lake Clifton Balt
13. Reginald Lewis Balt
14. National Academy Foundation Balt
15. New Era Academy Balt
16. Bohemia Manor Cec
17. Perryville Cec

### Class 1A-East
1. Maurice J. McDonough Cha
2. Cambridge-SD Dor
3. Kent County K
4. Capital PG
5. CMIT North PG
6. CMIT South PG
7. College Park Academy PG
8. Croom Vocational PG
9. Fairmont Heights PG
10. Friendly PG
11. Gnwynn Park PG
12. International HS at Langley Park PG
13. International HS at Largo PG
14. Largo PG
15. Surattsville PG
16. Tall Oaks PG
17. Crisfield Som
18. Washington Som
19. Mandelar Wic
20. Snow Hill Wor