



MPSSAA INDOOR TRACK BULLETIN
State Championships - February 18-19, 2019
Prince George's Sports & Learning Complex - Landover

I. GENERAL INFORMATION

- A. The Maryland Public Secondary Schools Athletic Association is the official governing body for the Indoor Track championships. Plans for the championships were formulated by the State Indoor Track Committee and approved by the Board of Control.
- B. Schools choosing to enter the tournament have the responsibility for reading and adhering to the rules and regulations stated in the front section of this publication as well as those appearing within this Indoor Track Bulletin. Unless specifically stated, all rules and regulations stipulated in the NFHS Track and Field Rule Book will be followed.
- C. Eligibility rules for all participants are defined in MPSSAA Bylaw .02, found in the current MPSSAA Handbook.
- D. General regulations for all state tournaments are contained in MPSSAA Bylaw .07, found in both the current Handbook and in the front section of this publication.
- E. Coaches do a disservice to the sport and to competitors when they fail to scratch an athlete prior to the entry deadline with full knowledge that the athlete will be unable to compete in the entered event. Failure to afford those participation opportunities to other willing competitors may be considered misconduct detrimental to the tournament as outlined in the MPSSAA Handbook.
- F. Students may not compete as a representative of their school in any event that is not part of the state championship series after the date of the first statewide region meet.

II. REGION AND STATE MEETS

A. Meet Organization

1. The team or individual contestants must be accompanied to the meet by the coach or a designated representative.
2. Teams competing at the PG Sportsplex will be admitted through the ground level team entrance at the back of the building.
3. The meet director will make sure starting blocks are provided.
4. Starting blocks WILL BE PERMITTED in the 55m and 55m high hurdle trials.
5. Girls will precede boys in finals of all running events.
6. Slower sections will precede the fast section.
7. Time limits for the 1600m races shall be: Girls - 7:00; Boys - 6:00. Time limits in the 3200m shall be: Girls - 14:45; Boys - 12:45. Competitors who do not conclude their event within the allotted time will be allowed to finish and score. However, competitors who do not conclude their event within the allotted time will not be allowed to advance to states regardless of region placement.

INDOOR TRACK

2018-2019 INDOOR TRACK TIME LINE

Dec. 5	First play date	REGION MEETS	STATE MEETS
Entry Deadlines: See schedule on page 25.		Feb. 2, 4, 121A Meets (3) Feb. 2, 4, 42A Meets (3) Feb. 5, 6, 73A Meets (3) Feb. 5, 6, 74A Meets (3)	Feb. 181A & 2A Meets Feb. 193A & 4A Meets
		Feb. 16Seeding of state tournament	Apr. 15Reimbursement request due

8. Order of field events: Pole Vault (Boys, followed by Girls); High Jump (Girls, followed by Boys); Shot Put (Girls, followed by Boys).
9. Only shots approved by the appropriate official shall be used in competition.

B. Playing Rules

1. All rules not modified here shall be in accordance with current National Federation rules.
 - a. Any team member listed on the school's MileSplit roster may participate on any of that school's relay teams providing the maximum participation rule is not violated.
 - b. Any competitor who exceeds the maximum participation rule forfeits further participation in any and all events in the 2019 State Indoor Track Meet.
 - c. Should the competitor exceed the maximum participation rule while competing on a relay team, the *entire relay team* is excluded from that event at the 2019 State Indoor Meet.
 - d. Teams checking in at the bullpen for respective relay races must present relay cards with all participant names listed and present.
 - e. There will be no fly zone in any relay events.
2. Shoes with spikes are prohibited in all facilities in Maryland except the Prince George's Sportsplex. Any infraction will result in the disqualification of the competitor from the meet.
3. Only shoes with 1/4" pyramid spikes or less are permitted in the Prince George's Sportsplex. *Shoes with hard plastic spike plates may not be worn without spikes inserted at any facility.*
4. The spraying of shoe soles is prohibited. Any infraction will result in the disqualification of the competitor from the meet.
5. No tape will be permitted on the floor for any running event.
6. Videotape or other electronic recording of appeals will not be accepted.

C. General Policies

All electronic listening devices are barred from the area of competition.

III. REGION MEET

A. Meet Organization

1. Any team that makes formal application on md.milesplit.com by the established deadline will be entered into the meet.
2. Teams shall register for their respective region meets on MileSplit at the beginning of the season in order to receive important communications from their respective region meet directors.
3. An application received after the Region Meet Entry Deadline (7 days prior to the start of the meet) must be accompanied by a check, payable to the MPSSAA, in the amount of \$100.00, or the entry is invalid. The burden of proof is on the school. In no case will a team be entered into a region meet if the Region Meet Director does not have the completed application and \$100 late fee (if applicable) in hand by the Penalty Deadline (five calendar days prior to the start of the meet).

4. Each school may submit three (3) entries per individual event and one (1) team in each relay event.

- The top 24 verifiable entries per individual event will have a chance to compete in their respective region meet. Every school in the region may enter a team and compete in the relay events.
- A verifiable entry is a regular season high school event during the current indoor track season that has official results for all competitors and teams competing in that event and is posted on MileSplit.
- The only conversions that will be accepted are hand-timed meets to FAT. **Actual results for the 1-mile and 2-mile runs may be used, but not converted, for entries into the 1600m and 3200m runs.**
- It is the school's responsibility to provide verified marks and any marks that can not be verified through official regular season results, will result in the entry being reseeded to their next best verifiable mark.
- In the event of a tie for the 24th best mark, all tied competitors will have a chance to compete in the regional meet.

5. An athlete may participate in a maximum of four events.

6. You may make revisions until the *Penalty Deadline Date* established for your meet.

7. A scratch in an individual event is due **FOUR** calendar days before the start of the meet to the region director (Scratch Deadline Date).

8. After the Scratch Deadline Date, **the meet is seeded and no changes to accepted entries can be made.** In addition, after that deadline, all entries in individual events count as an event that the athlete has participated in.

9. The Following online method for entry must be used. Please follow these directions for submitting entries.

- Go to <md.milesplit.com>, the site hosting the online entry process.
- Log in to your coach account.
- Click on the Calendar tab and select the your Region Meet from the list of meets.
- On the Region Meet page, click on Enter Online Now.
- Check to make sure you are entering the correct region meet and then click on Enter School.
- Enter/confirm your contact info and select the gender(s) in which you wish to complete entries for and then click Enter Team.
- You are now able to enter athletes in events for the region meet.
- After completing entries, print a confirmation copy of your entries by clicking on the print confirmation link at the top of your entry summary. The coach must bring a copy of this entry confirmation to the region meet.
- If you enter a time other than what is in the MileSplit database, you must provide the name and date of the meet to which the entry can be verified.

10. The region meet director and the meet administrator are the only other individuals who will have access to team information (in order to seed the meet on basis of entries received).
11. The Meet Director or Meet Administrator has the right to challenge any entry that does not have a verifiable performance throughout the current Indoor Track season. The Meet Director or Meet Administrator will notify the coach of the concern and may adjust entry to the best verifiable performance for the current season. If this changes the top 24, the next verifiable mark will be entered.
12. Eligible individuals, as found on the school's MileSplit roster, may participate in a region meet provided they have a minimum of three weeks of supervised training and have participated in at least two MPSSAA-sanctioned meets.
13. Meets run outdoors or in school hallways will not be counted as sanctioned meets.
14. Meets shall be organized and structured in a uniform way—entry on the basis of best performance, seeding, placement in lanes, etc.
15. Starting blocks WILL BE PERMITTED in the 55m and 55m high hurdle trials.
16. Region meets will be held at the Baltimore 5th Regiment Armory (219 West Hoffman Street, Baltimore, MD 21201), Prince George's Sports and Learning Complex (8003 Sheriff Road, Landover, MD 20785) and the Hagerstown Community College. (11400 Robinwood Drive, Hagerstown, Maryland, 21742).
17. **For meets at the Baltimore Armory the following organizational procedures shall be followed:**
 - a. Teams are not permitted in the Armory before 3 PM. Athletes are restricted to the main floor only. The balconies and basement are off-limits at all times.
 - b. All running events will begin at 4:00 PM.
 - c. Where space is limited, the high jump and shot put events will be suspended during the dash and hurdle events.
 - d. Dressing facilities are not available. Athletes should come dressed to participate.
 - e. Tentative recommended number of participants per section in distance events: 800 (9); 1600 (12); 3200 (18), 4x800 Relay (9). Games Committee has authority to change these numbers.
 - f. **The lane order for seeding the 300m, 500m, 4x200mR, and 4x400mR shall be 3-2-4-1.**
 - g. There will be no concessions. Vending machines are available.
 - h. Meet directors shall meet with all teams and coaches prior to the start of competition to emphasize the importance of following the policies and restrictions of the National Guard administration as well as those of meet management.
 - i. No one should remove equipment or materials or deface property in the meet facility.
 - j. Coaches shall see their team areas are clean prior to departure from the meet site.
 - k. The only markings on the Armory floor shall be with tape approved by meet management.
 - l. No spikes are permitted.
 - m. All pole vault competitors will weigh in immediately on entering the Armory (3-3:45 PM). Boys will be weighed in first, followed by girls. Boys competition will begin at 3:45 PM.

n. ALL ADULTS entering the Armory must present government-issued identification.

o. No athletes are permitted outside during meets at the Fifth Regiment Armory.

18. For meets at the PG Sportsplex, the following organizational procedures shall be followed:

a. Teams are not permitted in the Sportsplex before 3 PM (except 2A & 1A East Region meets).

b. Only shoes with 1/4" pyramid spikes or less are permitted in the Prince George's Sportsplex. *Shoes with hard plastic spike plates may not be worn without spikes inserted.*

c. All pole vault competitors will weigh in immediately on entering the Sportsplex (3-3:45 PM). Boys will be weighed in first, followed by girls. Boys competition will begin at 3:45 PM (except 2A & 1A East Region meets).

d. Blocks are permitted to be used in the 55m dash, 55m HH, 300m dash, and the 4x200m relay.

19. For meets at Hagerstown Community College, the following organizational procedures shall be followed:

a. Shoes with hard plastic spike plates may not be worn.

b. Blocks will only be allowed for the 55m dash and 55m HH events.

B. Playing Rules

1. The team or individual contestants must be accompanied to the meet by the coach or a designated representative.

2. The first four scorers in each event will automatically advance to the state meet. If a tie occurs for fourth place, all tied competitors shall advance. Coaches should notify the region meet director at the region meet, but no later than the start of the state seeding meeting on February 16th, of their intent to scratch any individual qualifier.

3. In addition to the automatic qualifiers, individual competitors or relay teams who, in their region meet finals, meet the qualifying standard on the previous page may also compete. Separate Advancement Standards shall be used for region finals held at the Prince George's Sportsplex or Hagerstown Community College and the Baltimore 5th Regiment Armory.

4. Order of track events - girls will precede boys in all final running events, except where noted:

1) 55m HH Semis B, G	5) 1600m	9) 55m Final	13) BREAK FOR CLEANUP
2) 55m Semis B, G	6) 500m	10) 3200m (B)	14) 4x400m Relay
3) 4x800m Relay	7) 55m HH Final	11) 4x200m Relay	
4) 300m	8) 3200m (G)	12) 800m	

a. Only two rounds of 55m or 55m HH will be run. Heat winners plus next fastest times will advance to finals. **In addition, any athlete that achieves the state automatic qualifying mark in the preliminary heats, will advance to the region meet final heat(s).**

b. If the venue has less than eight lanes the top-8 will compete in a two heat final in the 55m and 55m HH. **If a two heat final in the 55m and 55m HH must be run, one section shall contain the maximum number of athletes that the track permits while the other section must contain a minimum of two athletes. Heat winners will be seeded first and the remaining athletes will be seeded on time.**

5. The Meet Director will set the opening minimum height for the pole vault and high jump events for the regional meet.

C. General Policies

1. Individuals 7 years of age and older will be charged an admission of \$6.
2. A plaque will be awarded to the first place team. The meet will be scored for the top-eight in each event and ribbons will be awarded to the top-eight finishers in each event.
3. The track and the infield are restricted areas and open only to meet officials and competitors in uniform.
 - a. Penalty for coaches in violation: disqualification of their athlete(s) from the contested event.
 - b. Violators will be asked to leave the facility.

IV. STATE MEET

A. Meet Organization

1. Region meet directors must bring each school's region results and a printed copy with any appeals (stapled to the event sheet) to the seeding committee meeting which will be held at Broadneck HS at 9:30 AM Saturday, February 16th.
2. Region meet champions will be placed as the top seeds in each event contested in sections. *Class 3A and 4A remaining qualifiers will be based on performance, regardless of region. Class 1A and 2A will seed by the top two places, then time.*
3. The following lane order will be used for seeding:
 - a. 55m and 55m hurdles (4-5-3-6-2-7-1-8). (The lane assignment in the final shall be determined by the following finish order in the semifinals: place, then time.)
 - b. 300m, 500m, 4x200mR, 4x400mR (4-5-3-6-2-1)
 - c. 800m, 1600m, 3200m, 4x800mR (1-2-3-4-5-6)
 - d. 800m, 1600m, 3200m, and 4x800mR will be run on a 1-turn stagger, starting in the alleys (outside alley to top seeds).
4. The 2019 Championships will be held February 18 and 19 at the Prince George's Sports & Learning Complex, Landover. Class 1A and Class 2A meets will be held on February 18 beginning at 11 AM. The Class 3A and Class 4A meets will be held February 19, beginning at 4 PM.
Directions: From I-95/I-495 (Capital Beltway), take Exit 17B West. Turn left at first light onto Brightseat Road.
 - a. Teams may not enter the complex until 10 AM on Monday and 2:30 PM on Tuesday.
 - b. All spectators must park in the large lot on Brightseat Road just beyond the light at Sheriff Road.
 - c. Team buses should turn right at light onto Sheriff Road. Turn left at light at Harvey Drive into the Sportsplex entrance.

B. Playing Rules

1. Order of running events

1) 55m HH Semifinal - B, G	5) 1600m Final - G, B	9) 55m Final - G, B
2) 55m Semifinal - B, G	6) 500m Final - G, B	10) 3200m Final - B
3) 4x800m Relay Final - G, B	7) 55m HH Final - G, B	11) 4x200m Relay Final - G, B
4) 300m Final - G, B	8) 3200m Final - G	12) 800m Final - G, B
		13) 4x400m Relay Final - G, B

2. Order of field events

SHOT PUT		HIGH JUMP		POLE VAULT (Warmup 10 AM)	
1A Girls		2A Girls	> Dual Pits	1A Boys	> Combined
2A Girls		1A Girls	> Simultaneously	2A Boys	
1A Boys		2A Boys	> Dual Pits	1A Girls	> Combined
2A Boys		1A Boys	> Simultaneously	2A Girls	

DAY 2 – CLASS 3A AND CLASS 4A

SHOT PUT		HIGH JUMP		POLE VAULT (Warmup 3 PM)	
3A Girls		4A Girls	> Dual Pits	3A Boys	> Combined
4A Girls		3A Girls	> Simultaneously	4A Boys	
3A Boys		4A Boys	> Dual Pits	3A Girls	> Combined
4A Boys		3A Boys	> Simultaneously	4A Girls	

3. Pole vaulting will begin promptly at 11 AM on February 18 and at 4 PM on February 19.

- Only shoes with 1/4" **pyramid** spikes or less are permitted in the Prince George's Sportsplex. Shoes with hard plastic spike plates may not be worn without spikes inserted. *The Prince George's Sportsplex will check all spikes.*
- Opening heights in the field events will be determined by the Games Committee at the state seeding meeting, based on the entries received.
- Shots used in competition will be weighed in and remain until the completion of the event.
- A competitor who is not ready to perform when called by the official will be charged with a trial in the field events and could be disqualified in a running event.
- A competitor must notify the official when leaving one event after being called for competition in another event.
- Eight places will be scored in the State meet.

2018-2019 STATE INDOOR TRACK COMMITTEE

		Office	Other
DIRECTOR	Clayton Culp	Anne Arundel County	410-222-5463
SITE DIRECTOR	Beth Shook	Westlake	301-753-1758
MEET ENTRY			757-630-7029
COORDINATOR	Gerard Filosa	Pikesville	443-809-1217
ADVANCEMENT			443-204-2175
STAND. COORD.	Scott Mathias	Clarksburg	301-444-3000
			301-602-5438
DISTRICT 1	Becky Walter	Boonsboro	301-766-8022
	Curtis Graff	Washington Co. (retired)	301-766-8243
DISTRICT 2	Dessalyn Dillard	Paint Branch	301-388-9900
	Scott Mathias	Clarksburg	301-444-3000
DISTRICT 3	Bryan Brown	Charles. H. Flowers	301-636-8000
	Kenneth Washington	Northwestern-PG	301-860-3901
DISTRICT 4	Kevin Reisinger	Davis MS	301-638-0858
	Josh Dawson	Northern-Calvert	440-452-9300
DISTRICT 5	Brianna Bostic	Broadneck	443-550-8950
	Ashley Kelso	Glen Burnie	410-757-1300
	Dave Brown	Howard County	410-761-8950
	Philip Rogers	Reservoir	410-313-2839
DISTRICT 6	Brad Duvall	Hereford	443-809-1905
	Chris McGuinness	Patapsco	443-809-7064
DISTRICT 7	Tom Decker	North East-Cecil	410-996-6200
	Donnie Mickey	C. Milton Wright	410-638-4110
DISTRICT 8	Justin Holland	Kent Island	410-604-2070
	Jody Stigler	Stephen Decatur	410-641-2171
DISTRICT 9	Christopher Brida	Benjamin Franklin	410-396-1373
	Duane Downer	Baltimore City College	413-563-7727
			410-562-0855
RULES			
INTERPRETER	Steve Smith	Baltimore County (retired)	410-935-1219
			410-665-7157

C. General Policies

1. Individuals 7 years of age and older will be charged an admission of \$10. No re-entry will be permitted.
2. Plaques will be awarded to the first and second place teams. Medals will be presented to the first three finishers in all events and ribbons to those placing fourth through eighth.
3. The track and the infield are restricted areas and open only to meet officials and competitors in uniform.
 - a. Penalty for coaches in violation: disqualification of their athlete(s) from the contested event.
 - b. Violators will be asked to leave the facility.

ADVANCEMENT STANDARDS FOR PERFORMANCE IN THE 2019 REGION FINALS										
PG Sportsplex or Hagerstown Community College				GIRLS	Baltimore Fifth Regiment Armory/Other Venue					
	4A	3A	2A	1A		4A	3A	2A	1A	
55m	7.46	7.46	7.62	7.85		55m	7.60	7.60	7.76	8.00
55HH	9.27	9.06	9.71	9.99		55HH	9.45	9.24	9.89	10.18
300m	41.91	42.29	43.27	43.80		300m	43.90	44.03	44.80	45.39
500m	1:20.55	1:21.52	1:23.04	1:25.54		500m	1:22.92	1:23.78	1:25.07	1:27.73
800m	2:25.91	2:28.74	2:30.51	2:35.36		800m	2:29.55	2:32.28	2:33.73	2:38.56
1600m	5:26.91	5:33.24	5:36.57	5:55.33		1600m	5:36.60	5:42.73	5:44.39	6:02.08
3200m	11:53.55	12:10.72	12:27.34	13:03.07		3200m	12:14.48	12:30.01	12:24.23	13:19.80
4x200	1:49.39	1:50.24	1:51.70	1:55.15		4x200	1:53.11	1:53.35	1:55.84	1:59.54
4x400	4:13.35	4:16.57	4:21.19	4:27.46		4x400	4:22.19	4:24.06	4:28.77	4:36.57
4x800	10:07.40	10:16.75	10:33.71	10:54.88		4x800	10:23.12	10:31.47	10:49.87	11:20.73
HJ	4-10	4-10	4-07	4-08		HJ	4-06	4-09	4-08	4-07
SP	33-00	32-06	31-00	29-10		SP	33-03	33-00	31-04	29-10
PV	7-06	7-05	7-08	7-00		PV	7-10	7-08	7-10	7-03
					BOYS					
	4A	3A	2A	1A		4A	3A	2A	1A	
55m	6.73	6.76	6.79	6.98		55m	6.85	6.89	6.91	7.11
55HH	8.28	8.24	8.40	8.86		55HH	8.44	8.39	8.56	9.03
300m	36.91	36.77	37.34	38.02		300m	38.36	38.28	38.77	39.47
500m	1:08.72	1:09.38	1:10.68	1:11.68		500m	1:10.65	1:11.10	1:12.34	1:13.51
800m	2:03.69	2:05.32	2:06.83	2:10.14		800m	2:06.75	2:07.68	2:09.57	2:13.96
1600m	4:35.92	4:39.58	4:43.11	4:55.86		1600m	4:42.22	4:45.59	4:49.49	5:03.03
3200m	10:03.74	10:17.39	10:25.22	10:55.69		3200m	10:18.21	10:29.23	10:34.78	11:06.78
4x200	1:35.01	1:36.04	1:37.45	1:39.54		4x200	1:38.72	1:39.77	1:41.22	1:43.39
4x400	3:35.16	3:36.90	3:40.82	3:44.81		4x400	3:41.30	3:42.84	3:47.18	3:52.02
4x800	8:28.96	8:36.71	8:48.94	9:07.58		4x800	8:38.91	8:47.23	8:59.89	9:20.14
HJ	5-10	5-10	5-09	5-06		HJ	5-10	5-10	5-09	5-06
SP	44-09	43-04	42-08	41-09		SP	45-07	43-05	42-02	41-05
PV	10-05	10-00	10-09	9-07		PV	10-05	9-10	10-09	9-11

PROJECTED MPSSAA INDOOR TRACK CHAMPIONSHIP DATES

2020 - February 17/18

2021 - February 15/16

2022 - February 21/22

2019 REGION MEET INFORMATION

Region meet schedule and email addresses for regional directors can be found on the Indoor Track pages of mpssaa.org.

1A West Hagerstown CC February 2 (2:00 p.m.)	1A Central Baltimore Armory February 12 (4:00 p.m.)	1A East PG Sports and Learning Center February 4 (2:30 p.m.)
Entry DeadlineJanuary 26 Penalty DeadlineJanuary 28 Scratch DeadlineJanuary 29	Entry DeadlineFebruary 5 Penalty DeadlineFebruary 7 Scratch DeadlineFebruary 8	Entry DeadlineJanuary 28 Penalty DeadlineJanuary 30 Scratch DeadlineJanuary 31
Coaches Meeting1:15 p.m.	Coaches Meeting3:30 p.m.	Coaches Meeting2:00 p.m.
Meet DirectorBecky Walter SchoolBoonsboro Official AssignmentsBecky Walter	Meet DirectorChristopher Brida SchoolBenjamin Franklin Official AssignmentsBrad Duvall	Meet DirectorBeth Shook SchoolWestlake Official AssignmentsBeth Shook
2A West Hagerstown CC February 2 (2:00 p.m.)	2A Central Baltimore Armory February 4 (4:00 p.m.)	2A East PG Sports and Learning Center February 4 (2:30 p.m.)
Entry DeadlineJanuary 26 Penalty DeadlineJanuary 28 Scratch DeadlineJanuary 29	Entry DeadlineJanuary 28 Penalty DeadlineJanuary 30 Scratch DeadlineJanuary 31	Entry DeadlineJanuary 28 Penalty DeadlineJanuary 30 Scratch DeadlineJanuary 31
Coaches Meeting1:15 p.m.	Coaches Meeting3:30 p.m.	Coaches Meeting2:00 p.m.
Meet DirectorDavid Lillard SchoolOakdale Official AssignmentsBecky Walter	Meet DirectorBrad Duvall SchoolHereford Official AssignmentsBrad Duvall	Meet DirectorBeth Shook SchoolWestlake Official AssignmentsBeth Shook
3A West Baltimore Armory February 7 (4:00 p.m.)	3A Central Baltimore Armory February 6 (4:00 p.m.)	3A East Baltimore Armory February 5 (4:00 p.m.)
Entry DeadlineJanuary 31 Penalty DeadlineFebruary 2 Scratch DeadlineFebruary 3	Entry DeadlineJanuary 30 Penalty DeadlineFebruary 1 Scratch DeadlineFebruary 2	Entry DeadlineJanuary 29 Penalty DeadlineJanuary 31 Scratch DeadlineFebruary 1
Coaches Meeting3:30 p.m.	Coaches Meeting3:30 p.m.	Coaches Meeting3:30 p.m.
Meet DirectorJim MacDonald SchoolManchester Valley Official AssignmentsBrad Duvall	Meet DirectorChris McGuinness SchoolPatapsco Official AssignmentsBrad Duvall	Meet DirectorPhilip Rogers SchoolReservoir Official AssignmentsBrad Duvall
4A West PG Sports and Learning Center February 7 (4:00 p.m.)	4A Central PG Sports and Learning Center February 6 (4:00 p.m.)	4A East PG Sports and Learning Center February 5 (4:00 p.m.)
Entry DeadlineJanuary 31 Penalty DeadlineFebruary 2 Scratch DeadlineFebruary 3	Entry DeadlineJanuary 30 Penalty DeadlineFebruary 1 Scratch DeadlineFebruary 2	Entry DeadlineJanuary 29 Penalty DeadlineJanuary 31 Scratch DeadlineFebruary 1
Coaches Meeting3:30 p.m.	Coaches Meeting3:30 p.m.	Coaches Meeting3:30 p.m.
Meet DirectorEric DaSilva SchoolAlbert Einstein Official AssignmentsBeth Shook	Meet DirectorBrianna Bostic SchoolBroadneck Official AssignmentsBeth Shook	Meet DirectorKenneth Washington SchoolNorthwestern-PG Official AssignmentsBeth Shook

2018-19 ALIGNMENT FOR INDOOR TRACK

CLASS 4A-WEST		CLASS 4A-CENTRAL			CLASS 4A-EAST	
1. Bethesda-Chevy Chase	Mtg	1. Annapolis	AA	1. North Point	Cha	
2. Winston Churchill	Mtg	2. Arundel	AA	2. Bladensburg	PG	
3. Clarksburg	Mtg	3. Broadneck	AA	3. Bowie	PG	
4. Albert Einstein	Mtg	4. Glen Burnie	AA	4. Charles H. Flowers	PG	
5. Gaithersburg	Mtg	5. Meade	AA	5. DuVal	PG	
6. John F. Kennedy	Mtg	6. North County	AA	6. High Point	PG	
7. Montgomery Blair	Mtg	7. Old Mill	AA	7. Laurel	PG	
8. Northwest	Mtg	8. Severna Park	AA	8. Northwestern	PG	
9. Northwood	Mtg	9. South River	AA	9. Parkdale	PG	
10. Paint Branch	Mtg	10. Catonsville	B Co	10. Eleanor Roosevelt	PG	
11. Quince Orchard	Mtg	11. Dulaney	B Co	11. Suitland	PG	
12. Richard Montgomery	Mtg	12. Perry Hall	B Co	12. Dr. Henry A. Wise, Jr.	PG	
13. Sherwood	Mtg	13. Mergenthaler	Balt	13. Leonardtown	StM	
14. Springbrook	Mtg	14. Western	Balt			
15. Walt Whitman	Mtg	15. Urbana	Fre			
16. Walter Johnson	Mtg	16. Howard	How			
17. Wheaton	Mtg					
18. Thomas Wootton	Mtg					
CLASS 3A-WEST		CLASS 3A-CENTRAL			CLASS 3A-EAST	
1. Manchester Valley	Car	1. Chesapeake	AA	1. Huntingtown	Cal	
2. Westminster	Car	2. Northeast	AA	2. Northern	Cal	
3. Frederick	Fre	3. Dundalk	B Co	3. St. Charles	Cha	
4. Linganore	Fre	4. Franklin	B Co	4. Aberdeen	Hfd	
5. Gov. Thomas Johnson	Fre	5. Kenwood	B Co	5. Bel Air	Hfd	
6. Tuscarora	Fre	6. Lansdowne	B Co	6. C. Milton Wright	Hfd	
7. James Hubert Blake	Mtg	7. Milford Mill Academy	B Co	7. Edgewood	Hfd	
8. Col. Zadok Magruder	Mtg	8. Parkville	B Co	8. Atholton	How	
9. Rockville	Mtg	9. Patapsco	B Co	9. Centennial	How	
10. Watkins Mill	Mtg	10. Towson	B Co	10. Long Reach	How	
11. Oxon Hill	PG	11. Woodlawn	B Co	11. Mt. Hebron	How	
12. Potomac	PG	12. Baltimore City College	Balt	12. Reservoir	How	
13. North Hagerstown	Was	13. Digital Harbor	Balt	13. Chopticon	StM	
14. South Hagerstown	Was	14. Baltimore Polytechnic	Balt	14. Great Mills	StM	
		15. Southwestern	Balt	15. James M. Bennett	Wic	
				16. Stephen Decatur	Wor	
CLASS 2A-WEST		CLASS 2A-CENTRAL			CLASS 2A-EAST	
1. Century	Car	1. Eastern Technical	B Co	1. Southern	AA	
2. Liberty	Car	2. Hereford	B Co	2. Calvert	Cal	
3. South Carroll	Car	3. New Town	B Co	3. Patuxent	Cal	
4. Winters Mill	Car	4. Owings Mills	B Co	4. La Plata	Cha	
5. Middletown	Fre	5. Carver Vo-Tech	Balt	5. Thomas Stone	Cha	
6. Oakdale	Fre	6. Edmondson/Westside	Balt	6. Westlake	Cha	
7. Walkersville	Fre	7. Patterson	Balt	7. North Caroline	Cln	
8. Damascus	Mtg	8. Elkton	Cec	8. Glenelg	How	
9. Poolesville	Mtg	9. North East	Cec	9. Hammond	How	
10. Seneca Valley	Mtg	10. Rising Sun	Cec	10. Marriotts Ridge	How	
11. Central	PG	11. Fallston	Hfd	11. Oakland Mills	How	
12. Crossland	PG	12. Harford Technical	Hfd	12. River Hill	How	
13. Gwynn Park	PG	13. North Harford	Hfd	13. Wilde Lake	How	
14. Williamsport	Was			14. Kent Island	QA	
				15. Queen Anne's	QA	
				16. Easton	Tal	
				17. Parkside	Wic	
				18. Wicomico	Wic	
CLASS 1A-WEST		CLASS 1A-CENTRAL			CLASS 1A-EAST	
1. Allegany	All	1. Carver A&T	B Co	1. Henry E. Lackey	Cha	
2. Fort Hill	All	2. Chesapeake	B Co	2. Maurice J. McDonough	Cha	
3. Mountain Ridge	All	3. Loch Raven	B Co	3. Cambridge-South Dorchester	Dor	
4. Francis Scott Key	Car	4. Overlea	B Co	4. Kent County	K	
5. Havre de Grace	Hfd	5. Pikesville	B Co	5. College Park Academy	PG	
6. Joppatowne	Hfd	6. Randallstown	B Co	6. Croom Vocational	PG	
7. Patterson Mill	Hfd	7. Sparrows Point	B Co	7. Frederick Douglass	PG	
8. Brunswick	Fre	8. Western STES	B Co	8. Fairmont Heights	PG	
9. Catoctin	Fre	9. ACCE	Balt	9. Friendly	PG	
10. Boonsboro	Was	10. Frederick Douglass	Balt	10. International HS at Langley Park	PG	
11. Clear Spring	Was	11. Paul Laurence Dunbar	Balt	11. International HS at Largo	PG	
12. Hancock	Was	12. Forest Park	Balt	12. Largo	PG	
13. Smithsburg	Was	13. Benjamin Franklin	Balt	13. North CMIT	PG	
		14. Lake Clifton	Balt	14. South CMIT	PG	
		15. Reginald Lewis	Balt	15. Surrattsville	PG	
		16. National Academy Foundation	Balt	16. Tall Oaks	PG	
		17. New Era Academy	Balt	17. Crisfield	Som	
		18. Bohemia Manor	Cec	18. Washington	Som	
		19. Perryville	Cec	19. Mardela	Wic	
				20. Snow Hill	Wor	