

**4A Central Region Meet - 2/5/2020****MPSSAA Indoor Track****5th Regiment Armory****Results - Events in Order****Girls 55 Meter Dash 4A****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

=====				
5th ADV: A 7.60				
Name	Year	School	Prelims	H#
=====				
<b>Preliminaries</b>				
1	Safarya	Cheadle	12 Eleanor Roosevelt	A 7.38Q 3
2	Dianna	Koger	11 Bowie	A 7.43Q 2
3	Piper	Jons	12 Urbana	A 7.56Q 1
4	Indyah	Taylor	11 C.H. Flowers	A 7.55q 2
5	Abriana	Ingram	12 Eleanor Roosevelt	A 7.57q 3
6	Jazmine	Thomas	12 Eleanor Roosevelt	A 7.60q 1
7	Saniya	Simmons	10 Henry A. Wise	7.61q 2
8	Arie	Mcilwain	11 C.H. Flowers	7.63q 3
9	Fantasia	Carney	10 DuVal	7.64 1
10	Adekansola	Adewami	12 Parkdale	7.71 2
11	Demi	Holt	10 Suitland	7.72 1
12	Sanaa	Sharps	11 Henry A. Wise	7.80 3
13	Alyssa	Harrod	9 Henry A. Wise	7.81 2
14	KeAsya	Grier	11 C.H. Flowers	7.86 3
15	Jada	Black	10 DuVal	7.89 1
16	Sonah	Bundu	11 Parkdale	7.96 1
17	angel	Awono	11 DuVal	8.00 2
18	Aniyah	Jeter	11 Parkdale	8.03 1
19	Saida	Bangura	12 Bladensburg	8.04 3
20	Kennedy	Tyme	12 Laurel	8.14 2 8.137
21	Angeline	Amefia	9 Urbana	8.14 3 8.139
22	Taylor	Burrell	11 Howard	8.34 1 8.332
23	Jonecia	Blackie	9 Laurel	8.34 3 8.336
24	Faith	Kandie	11 Howard	8.36 2

**Girls 55 Meter Dash 4A**

=====				
5th ADV: A 7.60				
Name	Year	School	Finals	Points
=====				
<b>Finals</b>				
1	Dianna	Koger	11 Bowie	7.29A 10
2	Safarya	Cheadle	12 Eleanor Roosevelt	7.31A 8
3	Abriana	Ingram	12 Eleanor Roosevelt	7.57A 6
4	Piper	Jons	12 Urbana	7.58A 5
5	Indyah	Taylor	11 C.H. Flowers	7.60A 4
6	Jazmine	Thomas	12 Eleanor Roosevelt	7.61 3
7	Arie	Mcilwain	11 C.H. Flowers	7.65 2
8	Saniya	Simmons	10 Henry A. Wise	7.76 1

**Girls 300 Meter Dash 4A**

=====					
5th ADV: A 43.90					
Name	Year	School	Finals	H#	Points
=====					
1	Dianna	Koger	11 Bowie	41.35A	6 10
2	Piper	Jons	12 Urbana	43.21A	6 8
3	Lydia	Robling	12 Urbana	44.29	6 6
4	Indyah	Taylor	11 C.H. Flowers	44.58	5 5

## 4A Central Region Meet - 2/5/2020

## MPSSAA Indoor Track

## 5th Regiment Armory

## Results - Events in Order

## ....Girls 300 Meter Dash 4A

5	Jazmine Thomas	12	Eleanor Roosevelt	44.66	6	4
6	Saniya Simmons	10	Henry A. Wise	44.92	5	3
7	Adekansola Adewami	12	Parkdale	45.77	4	2
8	Magi' Harris	10	Howard	46.05	5	1
9	Angeline Amefia	9	Urbana	46.11	3	
10	Nnenna Nnakwu	11	C.H. Flowers	46.29	1	
11	Fantasia Carney	10	DuVal	46.76	4	
12	Imani Ebanks	12	Henry A. Wise	47.27	5	
13	Junae Bennett	11	Eleanor Roosevelt	47.36	3	
14	Tyler Vallandingham	11	Leonardtwn	47.44	3	
15	Kiara Myers	11	C.H. Flowers	47.52	1	
16	Ogechi Umekwe	11	DuVal	47.78	4	
17	Amira Smith	12	Parkdale	47.88	1	
18	Alyssa Harrod	9	Henry A. Wise	48.04	3	
19	Saida Bangura	12	Bladensburg	48.09	1	
20	Demi Holt	10	Suitland	48.21	2	
21	Mekayla Blanco	10	Bowie	48.59	2	
22	Kamryn Chambliss	10	Bladensburg	49.87	2	
23	Idorenyin Inyang	11	Bladensburg	51.89	2	
--	Soyinne Grenyion	11	Northwestern-PG	DNS	4	

## Girls 500 Meter Run 4A

5th ADV: A 1:22.92

Name	Year	School	Finals	H#	Points
1	Ella Auderset	11	Urbana	1:19.47A	6 10
2	Javon Watts	12	C.H. Flowers	1:20.35A	6 8
3	Jordan Mozie	11	Henry A. Wise	1:20.42A	6 6
4	Lydia Robling	12	Urbana	1:23.43	6 5
5	Morgan Johnson	10	Bowie	1:26.40	5 4
6	Carmen Moody	10	Henry A. Wise	1:27.27	4 3
7	Mariama Bah	12	Bowie	1:27.86	5 2
8	Grace Afful	11	Laurel	1:28.28	3 1
9	Sophia Csulak	11	Urbana	1:29.14	3
10	Samiah Dennis	10	C.H. Flowers	1:30.02	2
11	Ogechi Umekwe	11	DuVal	1:30.91	5
12	Alexa Cox	11	Howard	1:31.00	2
13	Lisa Olabanji	10	Eleanor Roosevelt	1:31.12	3
14	Theodora Adedje	11	Bladensburg	1:31.23	4
15	Miracle Ephraim	11	C.H. Flowers	1:31.72	5
16	Erin Balmer	11	Suitland	1:32.02	2
17	Mayme Okoro	11	DuVal	1:32.51	1
18	Marcea Gadson	10	Suitland	1:34.20	1
19	Emetem Bezezuh	10	DuVal	1:34.54	4
20	Megan Nkamwa	12	Howard	1:35.78	3
21	Chisomaga Obioha	11	Howard	1:35.83	1
22	Dacoda Lyons	10	Henry A. Wise	1:37.45	4
23	Faith Forkwar	10	Northwestern-PG	1:38.07	1
24	Nafeesah Mboup	12	Northwestern-PG	1:41.36	2

## 4A Central Region Meet - 2/5/2020

## MPSSAA Indoor Track

## 5th Regiment Armory

## Results - Events in Order

## Girls 800 Meter Run 4A

=====					
5th ADV: A 2:29.55					
Name	Year	School	Finals	H#	Points
=====					
1	Parker O'Brien	10	Leonardtwn	2:25.70A	3 10
2	Javon Watts	12	C.H. Flowers	2:27.62A	3 8
3	Nimrit Ahuja	10	Howard	2:27.64A	3 6
4	Jaylene Okunola	11	C.H. Flowers	2:29.13A	3 5
5	Karly McDonnell	10	Urbana	2:29.35A	3 4
6	Jordan Mozie	11	Henry A. Wise	2:30.03	3 3
7	Emily McDonnell	10	Urbana	2:31.21	3 2
8	Manuela Deigh	12	C.H. Flowers	2:36.56	2 1
9	Ella Werdell	9	Howard	2:41.23	1 1
10	Lyna Beraich	10	Urbana	2:42.42	2 2
11	Leslie Frimpong	11	Laurel	2:47.25	1 1
12	Katherine Hernandez	12	Bladensburg	2:48.07	1 1
13	Alison Ferris	9	Howard	2:48.23	1 1
14	Lisa Olabanji	10	Eleanor Roosevelt	2:48.75	1 1
15	Hemani Kumar	9	Leonardtwn	2:49.52	1 1
16	Sophia Cadena	10	Leonardtwn	2:50.28	2 2
17	Aalayah Harrod	10	Henry A. Wise	2:53.24	2 2
18	Dacoda Lyons	10	Henry A. Wise	2:54.27	2 2
19	Tamra Nichols	11	Bowie	2:55.42	1 1
--	Fatima Drammeh	10	DuVal	DNS	1 1
--	Amyra Turner	11	Suitland	DNS	3 3
--	Emetem Bezezuh	10	DuVal	DNS	2 2
--	Rachel Antigua	12	Eleanor Roosevelt	DNS	2 2
--	Kiara Lee	10	Suitland	DNS	2 2

## Girls 1600 Meter Run 4A

=====					
5th ADV: A 5:36.60					
Name	Year	School	Finals	H#	Points
=====					
1	Amanda Elikier	12	Howard	5:27.00A	2 10
2	Nimrit Ahuja	10	Howard	5:28.84A	2 8
3	Parker O'Brien	10	Leonardtwn	5:31.55A	2 6
4	Emily Gorny	12	Howard	5:46.54	2 5
5	Lyna Beraich	10	Urbana	5:50.45	2 4
6	Aalayah Harrod	10	Henry A. Wise	5:56.29	2 3
7	Narissa Hill	10	C.H. Flowers	5:57.89	2 2
8	Mara Bell	9	Urbana	5:59.62	2 1
9	Karizma Solomon	12	C.H. Flowers	6:00.38	2 2
10	Sofia Cedrone	10	Urbana	6:00.94	2 2
11	Manuelene Deigh	12	C.H. Flowers	6:01.92	2 2
12	Amyra Turner	11	Suitland	6:03.36	2 2
13	Katherine Hernandez	12	Bladensburg	6:08.48	1 1
14	Rachel Geiger	12	Leonardtwn	6:09.24	1 1
15	Emma Traver	10	Leonardtwn	6:10.56	1 1
16	Rebekah Pase	10	Eleanor Roosevelt	6:11.04	1 1
17	Fatima Drammeh	10	DuVal	6:11.72	1 1
18	Kiara Lee	10	Suitland	6:19.24	1 1
19	Emetem Bezezuh	10	DuVal	6:26.41	1 1
20	Jennifer Onuoha	11	Eleanor Roosevelt	6:26.93	1 1
21	Kaosarat Dada	12	Bowie	7:04.58	1 1

**4A Central Region Meet - 2/5/2020****MPSSAA Indoor Track****5th Regiment Armory****Results - Events in Order****....Girls 1600 Meter Run 4A**

22 Ashley Hall	9 Laurel	7:25.40	1
-- Rachel Antigua	12 Eleanor Roosevelt	DNS	1
-- Erica Logan	11 Bladensburg	DNS	1

**Girls 3200 Meter Run 4A**

5th ADV: A 12:14.48

Name	Year School	Finals	Points
1 Amanda Elikor	12 Howard	11:54.48A	10
2 Sara Jarman	12 Urbana	11:58.74A	8
3 Ivy Coldren	9 Urbana	11:59.34A	6
4 Jasmine Wilson	10 Howard	12:08.99A	5
5 Sara Kindbom	11 Howard	12:12.11A	4
6 Hannah Haynes	12 Leonardtown	12:44.98	3
7 Manuelene Deigh	12 C.H. Flowers	12:51.83	2
8 Karizma Solomon	12 C.H. Flowers	13:05.70	1
9 Elise Geiger	9 Leonardtown	13:27.72	
10 Aalayah Harrod	10 Henry A. Wise	13:28.26	
11 Narissa Hill	10 C.H. Flowers	13:30.70	
12 Rebekah Pase	10 Eleanor Roosevelt	13:38.60	
13 Jennifer Onuoha	11 Eleanor Roosevelt	14:27.65	
-- Fatima Drammeh	10 DuVal	DNF	
-- Lula Masters	9 Urbana	DNF	
-- Katherine Hernandez	12 Bladensburg	DNS	

**Girls 55 Meter Hurdles 4A****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

5th ADV: A 9.45

Name	Year School	Prelims	H#
Preliminaries			
1 Arie Mcilwain	11 C.H. Flowers	A 8.74Q	3
2 Nhyona Hall	11 DuVal	A 8.88Q	2 8.872
3 Anissa Bernard	11 C.H. Flowers	A 9.06Q	1
4 Nnenna Nnakwu	11 C.H. Flowers	A 8.88q	2 8.875
5 Tatianna Elliott	11 Henry A. Wise	A 9.12q	1
6 Ariel Igwe	10 Eleanor Roosevelt	A 9.38q	1
7 Sanaa Perry	9 Bowie	9.47q	2
8 Niomi Hinton-Ayodele	11 Bowie	9.55q	1
9 angel Awono	11 DuVal	9.60	3
10 Jayden Rittle	10 Leonardtown	9.75	2
11 Abriana Ingram	12 Eleanor Roosevelt	9.78	3
12 Imani Ebanks	12 Henry A. Wise	10.71	3
13 Veronica Jennings	12 Howard	10.86	2
14 Mariam Hassan	10 Bladensburg	10.98	1
15 Regine Septus	10 Laurel	11.47	3
16 Jaida Adkins	9 Howard	11.66	2
17 Ester Olawunmi	11 DuVal	11.72	3
-- Macy Hines	10 Urbana	DNS	2
-- Nolah Johnson	9 Suitland	DNS	2
-- Oni Scott	12 Urbana	DNS	1
-- Desiree Davis	12 Suitland	DNS	3

**4A Central Region Meet - 2/5/2020****MPSSAA Indoor Track****5th Regiment Armory****Results - Events in Order****....Girls 55 Meter Hurdles 4A**

-- Harmony Hartje	12 Urbana	DNS	1
-- Marcea Gadson	10 Suitland	DNS	1

**Girls 55 Meter Hurdles 4A**

5th ADV: A 9.45

Name	Year School	Finals	Points
------	-------------	--------	--------

**Finals**

1 Arie Mcilwain	11 C.H. Flowers	8.63A	10
2 Anissa Bernard	11 C.H. Flowers	8.75A	8
3 Tatianna Elliott	11 Henry A. Wise	8.76A	6
4 Nnenna Nnakwu	11 C.H. Flowers	8.85A	5
5 Nhyona Hall	11 DuVal	9.05A	4
6 Sanaa Perry	9 Bowie	9.22A	3
7 Ariel Igwe	10 Eleanor Roosevelt	9.30A	2
8 Niomi Hinton-Ayodele	11 Bowie	9.62	1

**Girls 4x200 Meter Relay 4A**

5th ADV: A 1:53.11

School	Finals	H#	Points
--------	--------	----	--------

1 Bowie		1:50.60A	3	10
1) Leah Murray 12	2) Dianna Koger 11			
3) Sanaa Perry 9	4) Cydney Wright 12			
2 Eleanor Roosevelt		1:50.86A	4	8
1) Safarya Cheadle 12	2) Ariel Igwe 10			
3) Abriana Ingram 12	4) Jazmine Thomas 12			
3 Urbana		1:51.35A	4	6
1) Lydia Robling 12	2) Macy Hines 10			
3) Ella Auderset 11	4) Piper Jons 12			
4 C.H. Flowers		1:52.35A	4	5
1) Anissa Bernard 11	2) KeAsya Grier 11			
3) Indyah Taylor 11	4) Arie Mcilwain 11			
5 Henry A. Wise		1:53.27	4	4
1) Imani Ebanks 12	2) Alyssa Harrod 9			
3) Sanaa Sharps 11	4) Saniya Simmons 10			
6 DuVal		1:54.72	3	3
1) angel Awono 11	2) Fantasia Carney 10			
3) Ogechi Umekwe 11	4) Nhyona Hall 11			
7 Parkdale		1:55.32	3	2
1) Amira Smith 12	2) Adekansola Adewami 12			
3) Sonah Bundu 11	4) Aniyah Jeter 11			
8 Bladensburg		1:56.68	2	1
1) Theodora Adedje 11	2) Saida Bangura 12			
3) Kamryn Chambliss 10	4) Idorenyin Inyang 11			
9 Suitland		1:59.52	2	
1) Kiara Lee 10	2) Demi Holt 10			
3) Erin Balmer 11	4) Marcea Gadson 10			
10 Laurel		1:59.66	2	
1) Kennedy Tyme 12	2) Jonecia Blackie 9			
3) Grace Afful 11	4) Maureen Nkansah 10			
11 Leonardtown		2:01.63	2	

**4A Central Region Meet - 2/5/2020**

**MPSSAA Indoor Track**

**5th Regiment Armory**

**Results - Events in Order**

**....Girls 4x200 Meter Relay 4A**

1) Tyler Vallandingham 11	2) Ella Muja 12		
3) Clara Winkel 9	4) Dylan Countiss 10		
12 Howard		2:02.36	3
1) Michaela Greene 10	2) Sammy Brothers 10		
3) Ellie Wiechert 11	4) Magi' Harris 10		
-- Northwestern-PG		DNS	1
1) Soyinne Grenyion 11	2) Faith Forkwar 10		
3) Dora Kanu 11	4) Nafeesah Mboup 12		

**Girls 4x400 Meter Relay 4A**

=====			
5th ADV: A 4:22.19			
School	Finals	H#	Points
=====			
1 Urbana	4:11.38A	4	10
1) Lydia Robling 12	2) Karly McDonnell 10		
3) Piper Jons 12	4) Ella Auderset 11		
2 Bowie	4:14.45A	4	8
1) Dianna Koger 11	2) Sanaa Perry 9		
3) Morgan Johnson 10	4) Mariama Bah 12		
3 C.H. Flowers	4:19.73A	4	6
1) Miracle Ephraim 11	2) Jaylene Okunola 11		
3) Indyah Taylor 11	4) Javon Watts 12		
4 Eleanor Roosevelt	4:29.21	3	5
1) Ariel Igwe 10	2) Abriana Ingram 12		
3) Jazmine Thomas 12	4) Junae Bennett 11		
5 Howard	4:33.18	3	4
1) Michaela Greene 10	2) Magi' Harris 10		
3) Sammy Brothers 10	4) Ellie Wiechert 11		
6 Leonardtown	4:33.31	3	3
1) Tyler Vallandingham 11	2) Ella Combs 9		
3) Rachel Geiger 12	4) Emily Snyder 12		
7 DuVal	4:37.49	3	2
1) Nhyona Hall 11	2) Fantasia Carney 10		
3) Mayme Okoro 11	4) Ogechi Umekwe 11		
8 Henry A. Wise	4:38.91	4	1
1) Imani Ebanks 12	2) Carmen Moody 10		
3) Saniya Simmons 10	4) Kamille Graham 12		
9 Suitland	4:39.60	2	
1) Erin Balmer 11	2) Demi Holt 10		
3) Kiara Lee 10	4) Amyra Turner 11		
10 Laurel	4:40.38	2	
1) Leslie Frimpong 11	2) Grace Afful 11		
3) Maureen Nkansah 10	4) Blessing Omoniyi 11		
11 Bladensburg	4:42.87	2	
1) Theodora Adedje 11	2) Saida Bangura 12		
3) Kamryn Chambliss 10	4) Idorenyin Inyang 11		
-- Northwestern-PG		DNS	1
1) Nafeesah Mboup 12	2) Dora Kanu 11		
3) Soyinne Grenyion 11	4) Faith Forkwar 10		
-- Parkdale		DNS	1
1) Adekansola Adewami 12	2) Sonah Bundu 11		
3) Amira Smith 12	4) Fanta Kaba 11		

**4A Central Region Meet - 2/5/2020****MPSSAA Indoor Track****5th Regiment Armory****Results - Events in Order****Girls 4x800 Meter Relay 4A**

5th ADV: A 10:23.12		Finals	Points
School			
1 Urbana		10:15.30A	10
1) Karly McDonnell 10	2) Emily McDonnell 10		
3) Lyna Beraich 10	4) Ella Auderset 11		
2 Henry A. Wise		10:24.80	8
1) Carmen Moody 10	2) Jordan Mozie 11		
3) Dacoda Lyons 10	4) Aalayah Harrod 10		
3 Howard		10:30.05	6
1) Emily Gorny 12	2) Jasmine Wilson 10		
3) Ella Werdell 9	4) Amanda Eliker 12		
4 Leonardtown		10:35.93	5
1) Emily Snyder 12	2) Sophia Cadena 10		
3) Ella Combs 9	4) Megan Owen 11		
5 C.H. Flowers		10:38.13	4
1) Mayler Bolds 12	2) Manuela Deigh 12		
3) Jaylene Okunola 11	4) Nowah Quanteh 11		
6 Bowie		11:05.84	3
1) Morgan Johnson 10	2) Mariama Bah 12		
3) Tamra Nichols 11	4) Lauren Brooks 12		
7 DuVal		11:45.27	2
1) Emetem Bezezuh 10	2) Naa-Shika Allotey 9		
3) Fatima Drammeh 10	4) Gift Nzoyom 9		
8 Laurel		12:23.20	1
1) Maureen Nkansah 10	2) Angela Anhanmisi 9		
3) Leslie Frimpong 11	4) Blessing Omoniyi 11		
-- Suitland		DNS	
1) Erin Balmer 11	2) Marcea Gadson 10		
3) Kiara Lee 10	4) Amyra Turner 11		

**Girls High Jump 4A**

5th ADV: A 4-06		Finals	Points
Name	Year School		
1 Oni Scott	12 Urbana	5-02.00A	10
4-04 4-06 4-08 4-10 5-00 5-02 5-04			
P O P O O O XXX			
2 Jada Black	10 DuVal	5-00.00A	8
4-04 4-06 4-08 4-10 5-00 5-02			
P P P XXO O XXX			
3 Kamille Graham	12 Henry A. Wise	5-00.00A	6
4-04 4-06 4-08 4-10 5-00 5-02			
P P XO XXO O XXX			
4 Ezri Scott	12 Urbana	5-00.00A	5
4-04 4-06 4-08 4-10 5-00 5-02			
P O P O XXO XX			
5 Macy Hines	10 Urbana	4-10.00A	4
4-04 4-06 4-08 4-10 5-00			
P O P O XXX			
6 Sanaa Perry	9 Bowie	4-10.00A	3
4-04 4-06 4-08 4-10 5-00			
P O XO XO XXX			

**4A Central Region Meet - 2/5/2020**

**MPSSAA Indoor Track**

**5th Regiment Armory**

**Results - Events in Order**

**....Girls High Jump 4A**

7 Ariel Igwe 4-04 4-06 4-08 4-10 O O O XXX	10 Eleanor Roosevelt 4-08.00A	2
8 Ruth Smith 4-04 4-06 4-08 4-10 O O XO XXX	9 Howard 4-08.00A	1
9 Dumebi Odiong 4-04 4-06 4-08 4-10 P O XXO XXX	11 C.H. Flowers 4-08.00A	
10 Casey Taff 4-04 4-06 4-08 4-10 O XO XXO XXX	11 Leonardtown 4-08.00A	
11 Dylan Countiss 4-04 4-06 4-08 O O XXX	10 Leonardtown 4-06.00A	
11 Emma Marthins 4-04 4-06 O O	12 Howard 4-06.00A	
11 Tatianna Elliott 4-04 4-06 4-08 P O XXX	11 Henry A. Wise 4-06.00A	
11 Anna Mmari 4-04 4-06 4-08 O O XXX	10 Howard 4-06.00A	
15 Arie Mcilwain 4-04 4-06 P XO	11 C.H. Flowers 4-06.00A	
-- Mariam Hassan 4-04 XXX	10 Bladensburg NH	
-- Anissa Bernard 4-04 4-06 P XXX	11 C.H. Flowers NH	

**Girls Pole Vault 4A**

=====										
5th ADV: A 7-10										
Name	Year School								Finals	Points
=====										
1 Harmony Hartje 6-06 6-10 7-04 7-10 8-04 8-10 9-04 9-06 9-09 PPP PPP PPP O O O O O XXX	12 Urbana								9-06.00A	10
2 Abigail Dua 6-06 6-10 7-04 7-10 8-04 8-10 O O O O XO XXX	11 Howard								8-04.00A	8
3 Jessica Kilgore 6-06 6-10 7-04 7-10 8-04 8-10 O O O XO XO XXX	11 Urbana								8-04.00A	6
4 Lauren Custer 6-06 6-10 7-04 7-10 8-04 O O XO XXO XXX	11 Urbana								7-10.00A	5
5 Anna Muller 6-06 6-10 7-04 O O XXX	9 Howard								6-10.00	4



## 4A Central Region Meet - 2/5/2020

## MPSSAA Indoor Track

## 5th Regiment Armory

## Results - Events in Order

## ....Girls Pole Vault 4A

-- Sophia King 11 Howard DNS

## Girls Shot Put 4A

5th ADV: A 33-03									
Name	Year	School	Finals	H#	Points				
1 Marie Abongwa	10	C.H. Flowers	37-06.00A	2	10				
37-06 32-11.50	32-02	36-06	FOUL	33-10					
2 Tatianna Elliott	11	Henry A. Wise	35-02.50A	2	8				
34-10 31-03	33-09.50	35-02.50	FOUL	32-03					
3 Yassine Kamara	12	Parkdale	33-03.00A	2	6				
32-04 28-11	32-06	33-03	30-07	30-11					
4 Oni Scott	12	Urbana	32-11.00	2	5				
32-10.50 32-11	30-08	32-05.50	30-09.50	32-07					
5 Fiona Agyekum	10	Urbana	32-08.50	2	4				
32-08.50 30-02.50	28-07.50	32-08.50	30-11.50	31-04.50					
6 Kamille Graham	12	Henry A. Wise	32-05.50	2	3				
32-05.50 30-11.50	31-06	30-06.50	FOUL	32-01					
7 Emma Marthins	12	Howard	31-02.00	2	2				
31-02 30-07.50	29-11	30-04	30-05.50	30-05					
8 Ozioma Ahaghotu	10	C.H. Flowers	31-00.50	2	1				
31-00.50 27-07	27-04	29-04	29-04.50	29-05					
9 Samantha Heyison	9	Urbana	29-03.50	2					
28-10.50 26-04.50	29-03.50	28-05	27-10	29-01					
10 Oluwaseyi Mebude	12	DuVal	29-00.00	2					
26-11 29-00	28-00								
11 Ifeyinwa MODOZIE	12	DuVal	27-04.00	2					
25-01 27-04	25-09.50								
12 Kyras Agbembie	10	Bladensburg	26-09.00	1					
23-05 25-05	26-09								
13 Serena Harper	11	Eleanor Roosevelt	26-07.00	1					
25-10.50 26-07	25-06								
14 Amanda Hill	10	C.H. Flowers	26-02.00	1					
26-02 22-05	25-00								
15 Katie O'Roark	11	Leonardtown	25-11.00	1					
22-05 25-11	24-10.50								
16 Thelma Anagho	11	Parkdale	25-08.00	1					
23-04 25-08	25-08								
17 Olivia Wheatley	12	Howard	25-01.50	2					
25-01 24-10.50	25-01.50								
18 Naomi Andrew	10	Howard	25-01.00	1					
25-01 21-11	22-05								
19 Precious Agory	10	Parkdale	24-02.00	1					
24-02 22-09	20-03								
20 Asiyah Dendy-Robinson	10	Northwestern-PG	24-00.00	1					
24-00 22-00	22-05								
21 Falola Omotola	10	Eleanor Roosevelt	23-09.00	1					
21-07.50 23-04	23-09								
22 Salome Latigo	10	Leonardtown	23-00.00	1					
23-00 21-09	22-09								
-- Naima Patterson	11	Suitland	DNS	1					

**4A Central Region Meet - 2/5/2020**

**MPSSAA Indoor Track**

**5th Regiment Armory**

**Results - Events in Order**

**....Girls Shot Put 4A**

-- Latarsha Bost 10 Suitland DNS 1

**Boys 55 Meter Dash 4A**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

5th ADV: A 6.85

Name Year School Prelims H#

Preliminaries

1	Jamil Bishop	11 Henry A. Wise	A 6.62Q	1	
2	Laurenz Colbert	11 Eleanor Roosevelt	A 6.64Q	3	
3	Khalid Hornsby	11 Eleanor Roosevelt	A 6.72Q	2	
4	Dorian Strong	12 Henry A. Wise	A 6.73q	3	
5	Terron Kellman	10 Henry A. Wise	A 6.74q	2	
6	Malachi Carter	11 Eleanor Roosevelt	A 6.78q	1	
7	Matthew Sorey	12 C.H. Flowers	A 6.83q	2	
8	Edward Boateng	12 DuVal	A 6.84q	2	
9	Jayo Adegboyo	12 Howard	A 6.85	3	
10	Myron Holland	12 Urbana	6.89	1	6.882
11	Melvin Crenshaw	11 C.H. Flowers	6.89	2	6.888
12	James Williams	12 Bowie	6.91	1	
13	Joshua Narh	9 DuVal	6.92	3	
14	Kenyon White	10 Suitland	7.08	2	
15	Keenan Johnson	11 Suitland	7.13	2	
16	Ethan Mitchell	12 Howard	7.14	3	
17	Ovie Oyibokja	10 DuVal	7.15	1	
18	Gunnar Fredrikson	12 Urbana	7.19	1	
19	Jason Flores	12 Bladensburg	7.21	1	
20	Ryan Paris	12 Suitland	7.33	1	
21	Tomas Damena	12 Parkdale	7.39	3	
22	Travis Thompson	9 Howard	7.51	3	
--	Joseph Conto	10 Bladensburg	DNS	2	
--	Amarii Fontanelle	10 Laurel	DNS	3	

**Boys 55 Meter Dash 4A**

5th ADV: A 6.85

Name Year School Finals H# Points

Finals

1	Laurenz Colbert	11 Eleanor Roosevelt	6.56A	1	10
2	Jamil Bishop	11 Henry A. Wise	6.58A	1	8
3	Khalid Hornsby	11 Eleanor Roosevelt	6.67A	1	6
4	Terron Kellman	10 Henry A. Wise	6.68A	1	5
5	Malachi Carter	11 Eleanor Roosevelt	6.71A	1	4
6	Dorian Strong	12 Henry A. Wise	6.77A	1	3
7	Jayo Adegboyo	12 Howard	6.82A	2	2 6.815
8	Edward Boateng	12 DuVal	6.82A	2	1 6.820
9	Matthew Sorey	12 C.H. Flowers	6.87	1	

**4A Central Region Meet - 2/5/2020****MPSSAA Indoor Track****5th Regiment Armory****Results - Events in Order****Boys 300 Meter Dash 4A**

=====					
5th ADV: A 38.36					
Name	Year	School	Finals	H#	Points
=====					
1	Brandon	Nya	12	Bowie	36.67A 6 10
2	Joshua	Edmonds	11	Henry A. Wise	36.87A 6 8
3	Khalid	Hornsby	11	Eleanor Roosevelt	38.37 5 6
4	Dorian	Strong	12	Henry A. Wise	38.39 4 5
5	Laurenz	Colbert	11	Eleanor Roosevelt	38.51 6 4
6	Jayo	Adegboyo	12	Howard	38.61 5 3
7	Justin	Clendenin	12	C.H. Flowers	38.68 4 2
8	Oumar	Balde	10	Bowie	38.79 5 1
9	Jamil	Bishop	11	Henry A. Wise	39.22 5
10	Marcus	Jones	10	Laurel	39.73 3
11	Jordan	Halliburton	11	Bowie	39.97 3
12	Naszir	Parker	12	C.H. Flowers	40.10 3
13	Joshua	Narh	9	DuVal	40.32 4
14	Jordan	Valentine	12	Eleanor Roosevelt	40.58 1
15	Reginald	Hillary	11	Howard	40.63 2
16	Jason	Flores	12	Bladensburg	40.85 1
17	Keenan	Johnson	11	Suitland	40.87 2
18	Kevin	Okoye	11	Howard	41.40 2
19	Ovie	Oyibokja	10	DuVal	41.82 2
20	Ryan	Paris	12	Suitland	42.40 3
--	Edward	Boateng	12	DuVal	FS 4
--	Joseph	Conto	10	Bladensburg	DNS 1
--	Kaden	Moody	10	C.H. Flowers	DNS 1
--	Amarii	Fontanelle	10	Laurel	DNS 6

**Boys 500 Meter Run 4A**

=====					
5th ADV: A 1:10.65					
Name	Year	School	Finals	H#	Points
=====					
1	Joshua	Edmonds	11	Henry A. Wise	1:08.47A 6 10
2	Brandon	Nya	12	Bowie	1:08.55A 6 8
3	Taveon	Pierce	10	Henry A. Wise	1:10.69 6 6
4	Justice	Quainoo	11	DuVal	1:12.91 6 5
5	Kyle	Harris	12	Howard	1:13.43 5 4
6	Brandon	Henry	10	Suitland	1:14.50 3 3
7	gabriel	assan	12	DuVal	1:14.52 5 2
8	Khalil	Gomez	11	Henry A. Wise	1:15.58 5 1
9	Joe	Nwadiaro	12	Laurel	1:15.59 4
10	Ayodele	Omotola	10	Bowie	1:16.06 2
11	Christopher	Perrow	12	Eleanor Roosevelt	1:16.24 3
12	Emmanuel	Agyarko	11	DuVal	1:16.68 2
13	Christian	Randolph	9	Howard	1:16.70 2
14	Michael	Bethune	11	Laurel	1:16.94 4
15	Reese	Jamison	12	Howard	1:17.34 4
16	Rafe	Beckert	11	Urbana	1:18.63 1
17	Fuad	Deen	11	Parkdale	1:18.76 1
--	Javier	Ortiz	10	Bladensburg	DNS 1
--	Malachi	Perry	11	Suitland	DNS 1
--	Chris	Sappe	10	Urbana	DNS 3
--	Declan	Kirk	11	Urbana	DNS 2

**4A Central Region Meet - 2/5/2020****MPSSAA Indoor Track****5th Regiment Armory****Results - Events in Order****....Boys 500 Meter Run 4A**

-- J'Twan Hardy	12	C.H. Flowers	DNS	5
-- Markus Smith	12	Laurel	DNS	3
-- Dominique Olin	11	Bowie	DNS	4

**Boys 800 Meter Run 4A**

5th ADV: A 2:06.75

Name	Year	School	Finals	H#	Points
1 Taveon Pierce	10	Henry A. Wise	2:09.56	3	10
2 Tafari Stephenson	11	Bowie	2:10.29	3	8
3 Khalil Gomez	11	Henry A. Wise	2:10.46	3	6
4 Nick Grooms	11	Leonardtown	2:10.79	3	5
5 Brandon Lewis	12	Eleanor Roosevelt	2:10.85	3	4
6 Justice Quainoo	11	DuVal	2:11.27	3	3
7 Dewayne Heard-Perry	11	Leonardtown	2:13.78	1	2
8 Joseph Raudabaugh	10	Howard	2:14.54	2	1
9 Javon Watts	11	Henry A. Wise	2:15.40	2	
10 Benno Wien	10	Eleanor Roosevelt	2:15.69	3	
11 Matthew Engelhaupt	12	Howard	2:16.62	1	
12 Luke Hartlaub	12	Urbana	2:16.75	1	
13 Eian Butler	11	Howard	2:17.58	2	
14 Christopher Perrow	12	Eleanor Roosevelt	2:17.67	1	
15 gabriel assan	12	DuVal	2:19.45	2	
16 Joshua Mbuashu-Ndip	9	Laurel	2:19.51	2	
17 Adam Saidi	10	Urbana	2:22.50	1	
18 Muhammed Alhwamdeh	12	Bowie	2:32.20	1	
19 Joe Nwadiaro	12	Laurel	2:38.97	2	
-- Brian Lonon	11	Suitland	DNS	1	
-- Dominique Olin	11	Bowie	DNS	2	
-- David Onwonga	12	Parkdale	DNS	3	
-- Emmanuel Agyarko	11	DuVal	DNS	2	
-- Brandon Jones	11	Suitland	DNS	1	

**Boys 1600 Meter Run 4A**

5th ADV: A 4:42.22

Name	Year	School	Finals	H#	Points
1 Kendall Phillips	11	Howard	4:44.89	2	10
2 Tafari Stephenson	11	Bowie	4:47.79	2	8
3 Roberto Rodriguez	11	Parkdale	4:48.06	2	6
4 Jafar Hussen	12	Parkdale	4:48.50	2	5
5 Brandon Lewis	12	Eleanor Roosevelt	4:55.60	2	4
6 Joseph Raudabaugh	10	Howard	4:56.68	2	3
7 Luke Hartlaub	12	Urbana	4:57.55	2	2
8 Benno Wien	10	Eleanor Roosevelt	4:59.72	2	1
9 Brandon Grabenstein	12	Leonardtown	5:00.72	2	
10 Joshua Mbuashu-Ndip	9	Laurel	5:07.71	1	
11 Ramsey Stuart Jr.	12	Eleanor Roosevelt	5:08.34	1	
12 Andrew Sukhram	10	Leonardtown	5:11.22	1	
13 Emmanuel Achu	12	Laurel	5:18.59	1	
14 Muhammed Alhwamdeh	12	Bowie	5:19.99	1	
15 Luke Wilson	10	Howard	5:22.83	1	

**4A Central Region Meet - 2/5/2020**

**MPSSAA Indoor Track**

**5th Regiment Armory**

**Results - Events in Order**

**....Boys 1600 Meter Run 4A**

16 Nahseem Adamson	11 Suitland	5:28.78	1
17 Adam Saidi	10 Urbana	5:30.98	1
18 Kareem Alhwamdeh	11 Bowie	5:33.62	1
19 Dyson Coley	11 Henry A. Wise	5:40.27	2
20 Bryce Patterson	11 Urbana	5:43.35	1
21 Justin Anabaraonye	9 DuVal	5:54.76	1
-- David Onwonga	12 Parkdale	DNS	2
-- Jason Jimason	11 C.H. Flowers	DNS	2
-- Brandon Jones	11 Suitland	DNS	1

**Boys 3200 Meter Run 4A**

5th ADV: A 10:18.21

Name	Year School	Finals	H#	Points
1 Kendall Phillips	11 Howard	10:08.23A	2	10
2 Jafar Hussen	12 Parkdale	10:09.25A	2	8
3 Tafari Stephenson	11 Bowie	10:26.61	2	6
4 Jakob Werdell	11 Howard	10:27.21	2	5
5 Roberto Rodriguez	11 Parkdale	10:45.31	2	4
6 Aj Argobright	11 Leonardtown	10:47.81	2	3
7 Kyle Goodrich	11 Leonardtown	11:03.71	2	2
8 Ramsey Stuart Jr.	12 Eleanor Roosevelt	11:14.18	2	1
9 Henry Rodrigues	12 Urbana	11:16.80	2	
10 Jason Jimason	11 C.H. Flowers	11:18.70	2	
11 Nejib Abdela	11 Eleanor Roosevelt	11:26.47	1	
12 Muzzamil Khan	12 Eleanor Roosevelt	11:29.29	2	
13 Jahon Campbell	11 Bowie	11:46.05	1	
14 Chris Mann	10 Howard	11:52.99	1	
15 Alec Boron	12 Urbana	12:02.06	1	
16 Emmanuel Achu	12 Laurel	12:02.40	1	
17 Malachi Edney	10 Laurel	12:02.73	1	
18 Kyle Yi	10 Urbana	12:05.28	1	
19 Richard Dodson	9 Suitland	12:15.43	1	
20 Dyson Coley	11 Henry A. Wise	12:28.73	2	
21 Kareem Alhwamdeh	11 Bowie	12:48.53	1	
22 Christian Newell	9 Suitland	13:08.70	1	
-- Nahseem Adamson	11 Suitland	DNS	1	

**Boys 55 Meter Hurdles 4A**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

5th ADV: A 8.44

Name	Year School	Prelims	H#
<b>Preliminaries</b>			
1 Hassun Jones	12 Henry A. Wise	A 8.09Q	1
2 Timothy Ogunsola	12 Urbana	A 8.20Q	2
3 Isaac Ojo	12 Laurel	A 8.34Q	3
4 Marquise Burks	11 Bowie	A 8.11q	1
5 Mark Mccauley	12 Urbana	A 8.32q	2
6 Ovie Oyibokja	10 DuVal	8.61q	1
7 Stephen Agyei	11 Laurel	8.68q	1
8 Mortiniera Kenneth	11 Howard	8.79q	1

**4A Central Region Meet - 2/5/2020**

**MPSSAA Indoor Track**

**5th Regiment Armory**

**Results - Events in Order**

**....Boys 55 Meter Hurdles 4A**

9	Jamil Perry	12	Bowie	8.88	3
10	Paulson Obiniyi	11	C.H. Flowers	8.93	3
11	Caleb Clark	12	Suitland	9.14	3
12	Issac Robinson	10	Howard	9.34	2
13	Rodney Gainous	12	Henry A. Wise	9.71	2
14	Josiah Blake	9	C.H. Flowers	9.72	1
15	Levi Guerengomba	11	Urbana	10.22	2
--	CeQue Stevens	10	Suitland	FS	2
--	Victor Nwogu	11	C.H. Flowers	DNS	3
--	Kenyon White	10	Suitland	DNS	3

**Boys 55 Meter Hurdles 4A**

5th ADV: A 8.44

Name	Year	School	Finals	Points
------	------	--------	--------	--------

**Finals**

1	Marquise Burks	11	Bowie	8.14A	10
2	Timothy Ogunsola	12	Urbana	8.22A	8
3	Hassun Jones	12	Henry A. Wise	8.26A	6
4	Isaac Ojo	12	Laurel	8.30A	5
5	Mark Mccauley	12	Urbana	8.46	4
6	Ovie Oyibokja	10	DuVal	8.84	3
7	Mortiniera Kenneth	11	Howard	8.87	2
8	Stephen Agyei	11	Laurel	8.93	1

**Boys 4x200 Meter Relay 4A**

5th ADV: A 1:38.72

School	Finals	H#	Points
--------	--------	----	--------

1	Bowie	1:34.69A	3	10
	1) Brandon Nya 12		2) Oumar Balde 10	
	3) James Williams 12		4) Julius Haynes 12	
2	Henry A. Wise	1:36.86A	3	8
	1) Jamil Bishop 11		2) Joshua Edmonds 11	
	3) Desmond Johnson 11		4) Dorian Strong 12	
3	Laurel	1:39.22	3	6
	1) Marcus Jones 10		2) Amarii Fontanelle 10	
	3) Markus Smith 12		4) Isaac Ojo 12	
4	Howard	1:39.27	2	5
	1) Reese Jamison 12		2) Ethan Mitchell 12	
	3) Ibrahim Khairat 11		4) Jayo Adegboyo 12	
5	C.H. Flowers	1:39.33	2	4
	1) Melvin Crenshaw 11		2) Naszir Parker 12	
	3) Matthew Sorey 12		4) Justin Clendenin 12	
6	Urbana	1:39.43	2	3
	1) Myron Holland 12		2) Gunnar Fredrikson 12	
	3) Austin Holloway 10		4) Mark Mccauley 12	
7	Eleanor Roosevelt	1:39.67	3	2
	1) Malachi Carter 11		2) Khalid Hornsby 11	
	3) Laurenz Colbert 11		4) Jordan Valentine 12	
8	DuVal	1:41.08	2	1
	1) Edward Boateng 12		2) Ibe Ekeocha 10	

**4A Central Region Meet - 2/5/2020**

**MPSSAA Indoor Track**

**5th Regiment Armory**

**Results - Events in Order**

**....Boys 4x200 Meter Relay 4A**

3) Joshua Narh 9	4) Ovie Oyibokja 10		
9 Suitland	1:41.33	1	
1) Keenan Johnson 11	2) Malachi Tolbert 10		
3) Kenyon White 10	4) Tyrone Augustus 12		
10 Bladensburg	1:44.37	1	
1) Jaiden Agbembie 10	2) Saluladeen Wilson 10		
3) Jason Flores 12	4) Harry Goodman 12		
11 Parkdale	1:44.66	1	
1) Jerson Bustillo 12	2) Nehemias Salgado 11		
3) Fuad Deen 11	4) Tomas Damena 12		

**Boys 4x400 Meter Relay 4A**

5th ADV: A 3:41.30

School

Finals H# Points

=====			
School	Finals	H#	Points
=====			
1 Henry A. Wise	3:36.85A	3	10
1) Joshua Edmonds 11	2) Devin Washington 11		
3) Hassun Jones 12	4) Dorian Strong 12		
2 Bowie	3:36.88A	3	8
1) Brandon Nya 12	2) Oumar Balde 10		
3) Jordan Halliburton 11	4) James Williams 12		
3 Laurel	3:40.40A	3	6
1) Amarii Fontanelle 10	2) Marcus Jones 10		
3) Markus Smith 12	4) Michael Bethune 11		
4 C.H. Flowers	3:42.63	2	5
1) Justin Clendenin 12	2) J'Twan Hardy 12		
3) Naszir Parker 12	4) Elijah Royal 12		
5 Howard	3:44.20	3	4
1) Reese Jamison 12	2) Kyle Harris 12		
3) Ibrahim Khairat 11	4) Jayo Adegboyo 12		
6 DuVal	3:49.01	2	3
1) Edward Boateng 12	2) Joshua Narh 9		
3) Emmanuel Agyarko 11	4) Justice Quainoo 11		
7 Eleanor Roosevelt	3:50.93	2	2
1) Laurenz Colbert 11	2) Brandon Lewis 12		
3) Jordan Branch 12	4) Malachi Carter 11		
8 Suitland	3:52.86	2	1
1) Brandon Henry 10	2) Brandon Jones 11		
3) Keenan Johnson 11	4) Brian Lonon 11		
9 Leonardtown	3:55.84	1	
1) Zach Palma 11	2) Caleb Novinger 12		
3) Jackson Jones 10	4) Isaiah Edwards 11		
10 Bladensburg	4:00.83	1	
1) Jaiden Agbembie 10	2) Saluladeen Wilson 10		
3) Harry Goodman 12	4) Jason Flores 12		
11 Parkdale	4:03.30	1	
1) Fuad Deen 11	2) Nehemias Salgado 11		
3) Jafar Hussen 12	4) Roberto Rodriguez 11		
-- Urbana	DNS	1	
1) Gunnar Fredrikson 12	2) Austin Holloway 10		
3) Mark Mccauley 12	4) Declan Kirk 11		

**4A Central Region Meet - 2/5/2020**  
**MPSSAA Indoor Track**  
**5th Regiment Armory**  
**Results - Events in Order**

**Boys 4x800 Meter Relay 4A**

=====			
5th ADV: A 8:38.91			
School		Finals	Points
=====			
1 Henry A. Wise		8:44.67	10
1) Javon Watts 11	2) Khalil Gomez 11		
3) Taveon Pierce 10	4) Dyson Coley 11		
2 Eleanor Roosevelt		8:53.41	8
1) Raymond Solomon 11 12	2) Benno Wien 10		
3) Christopher Perrow 12	4) Brandon Lewis 12		
3 Leonardtown		8:56.38	6
1) Nick Grooms 11	2) Caleb Novinger 12		
3) Aj Argobright 11	4) Dewayne Heard-Perry 11		
4 C.H. Flowers		9:05.88	5
1) Addo Davies 12	2) J'Twan Hardy 12		
3) Jason Jimason 11	4) Elijah Royal 12		
5 Suitland		9:05.99	4
1) Nahseem Adamson 11	2) Keith Davis 12		
3) Brian Lonon 11	4) Brandon Jones 11		
6 Howard		9:07.25	3
1) Eian Butler 11	2) Matthew Engelhaupt 12		
3) Jakob Werdell 11	4) Christian Randolph 9		
7 DuVal		9:25.64	2
1) gabriel assan 12	2) Justin Anabaraonye 9		
3) Emmanuel Agyarko 11	4) Justice Quainoo 11		
8 Urbana		9:35.41	1
1) Luke Hartlaub 12	2) Adam Saidi 10		
3) Markus Hobson-Garcia 9	4) Bryce Patterson 11		
9 Bladensburg		9:40.49	
1) Harry Goodman 12	2) Jaiden Agbimbie 10		
3) Roman Gonzalez 9	4) Eric Amaya 10		
10 Laurel		9:48.40	
1) Joe Nwadiaro 12	2) Jayden Phillip 10		
3) Malachi Etienne 10	4) Joshua Smith 9		
-- Bowie		DNS	
1) Kareem Alhwamdeh 11	2) Jahon Campbell 11		
3) Quinton Edwards 11	4) Oluwaseyiyemi Owoeye 10		

**Boys High Jump 4A**

=====			
5th ADV: A 5-10			
Name	Year School	Finals	Points
=====			
1 Ibrahim Khairat	11 Howard	5-08.00	10
5-04 5-06 5-08 6-00			
O O XXO XX			
2 Nathanael Menk	12 Howard	5-06.00	8
5-04 5-06 5-08			
O O XXX			
3 Hassun Jones	12 Henry A. Wise	5-06.00	6
5-04 5-06 5-08			
O XO XXX			
4 Jamil Bumpass	11 Henry A. Wise	5-06.00	5
5-04 5-06 5-08			
O XXO XXX			



**4A Central Region Meet - 2/5/2020**

**MPSSAA Indoor Track**

**5th Regiment Armory**

**Results - Events in Order**

**....Boys High Jump 4A**

5	Jamil Perry	12	Bowie	5-04.00	3.50
	5-04 5-06				
	O XXX				
5	Myron Holland	12	Urbana	5-04.00	3.50
	5-04 5-06				
	O XXX				
7	Marquise Burks	11	Bowie	5-04.00	2
	5-04 5-06				
	XO XXX				
8	Justin Mar	12	Howard	5-04.00	1
	5-04 5-06				
	XXO XXX				
--	Kofi Apea	12	Urbana		NH
	5-04				
	XXX				
--	Devonte Cumberbatch	12	Laurel		NH
	5-04				
	XXX				
--	Manas Sharma	9	Urbana		NH
	5-04				
	XXX				
--	Wilfred Mbayu	10	Eleanor Roosevelt		NH
	5-04				
	XXX				
--	Jamar bumpass	11	Henry A. Wise		NH
	5-04				
	XXX				
--	Alieu Heyward	10	Eleanor Roosevelt		NH
	5-04				
	XXX				
--	Jamir Zubairu	12	Eleanor Roosevelt		NH
	5-04				
	XXX				
--	Kristian Cole	10	Suitland		DNS

**Boys Pole Vault 4A**

=====

5th ADV: A 10-05

Name	Year	School	Finals	Points
1 Marquise Burks	11	Bowie	9-11.00	10
7-11 8-05 8-11 9-05 9-11 10-05				
P O P O O XXX				
2 Ryan Banashak	11	Urbana	8-11.00	8
7-11 8-05 8-11 9-05				
O XO XXO XXX				
3 Zach Pamukcoglu	11	Howard	8-05.00	6
7-11 8-05 8-11				
O O XXX				
4 Nathan Gunning	10	Urbana	7-11.00	5
7-11 8-05				
O XXX				

=====

**4A Central Region Meet - 2/5/2020**

**MPSSAA Indoor Track**

**5th Regiment Armory**

**Results - Events in Order**

**....Boys Pole Vault 4A**

-- Stephan Liu	10 Howard	NH
7-11		
XXX		
-- Ethan Billips	11 Urbana	DNS
-- Sidharth Bijo	10 Howard	DNS

**Boys Shot Put 4A**

```
=====
```

5th ADV: A 45-07									
Name	Year	School				Finals	H#	Points	
=====									
1 Collin Greene	12	Howard				53-07.50A	2	10	
48-08	FOUL	52-09	51-02	53-07.50	52-07.50				
2 Rodney Gainous	12	Henry A. Wise				50-10.00A	2	8	
47-10	FOUL	45-08	FOUL	50-10	43-07				
3 Christopher Joesph	12	Howard				48-08.00A	2	6	
43-09.50	44-01	48-08	44-08	40-09	45-06.50				
4 C Marthins	10	Howard				46-00.00A	2	5	
FOUL	46-00	FOUL	FOUL	FOUL	FOUL				
5 Kendall Carr	12	Eleanor Roosevelt				44-01.00	2	4	
37-00	FOUL	44-01	42-06	42-07	42-08				
6 Devonte Cumberbatch	12	Laurel				41-08.50	2	3	
40-09.50	41-01	39-06	41-08.50	41-02	41-01.50				
7 Makachi Ngobili	10	C.H. Flowers				41-08.00	2	2	
41-08	40-10	39-03	41-05	FOUL	37-11				
8 Joseph Kim	12	Urbana				41-04.00	2	1	
41-04	40-10	39-07.50	40-06	FOUL	FOUL				
9 Cephes Mckune	11	C.H. Flowers				40-02.50	1		
40-02.50	37-07	FOUL	35-03.50	36-03.50	FOUL				
10 Will Kurtz	12	Leonardtown				39-02.50	2		
39-01	39-02.50	FOUL							
11 Jake Ersek	11	Leonardtown				39-01.00	1		
39-01	34-07.50	37-10							
12 Tracey White	12	Henry A. Wise				38-11.50	2		
38-11.50	37-11.50	38-08							
13 Obina Ebo	11	C.H. Flowers				38-09.00	1		
38-09	34-03.50	FOUL							
14 Jacob Reeves	10	Leonardtown				38-03.00	1		
37-05	FOUL	38-03							
15 Eric Mortin	12	Eleanor Roosevelt				37-06.00	1		
37-06	37-03.50	36-10							
16 De'Marcion Jones	12	DuVal				37-05.00	2		
36-09	37-02.50	37-05							
17 Marquise Burks	11	Bowie				37-05.00	2		
37-05	36-07.50	36-09							
18 Demyo Hawk	11	Suitland				35-09.00	1		
35-02	35-09	35-01							
19 Delvin Chapman	12	Parkdale				34-07.50	1		
34-07.50	FOUL	FOUL							
20 Jackson Scheidhauer	12	Urbana				34-06.00	1		
34-06	FOUL	FOUL							
21 James Wilson	10	Laurel				32-03.00	1		
30-08	32-00	32-03							

**4A Central Region Meet - 2/5/2020**

**MPSSAA Indoor Track**

**5th Regiment Armory**

**Results - Events in Order**

**....Boys Shot Put 4A**

22 Roger Guzman	12 Parkdale	30-07.00	1
29-03 FOUL	30-07		
-- Michael Kanu	10 Bladensburg	DNS	1
-- Craig Farmer	12 Henry A. Wise	DNS	1

=====  
 Women - 4A - Team Rankings - 13 Events Scored  
 =====

1) Urbana	134	2) C.H. Flowers	87
3) Howard	74	4) Henry A. Wise	55
5) Bowie	54	6) Eleanor Roosevelt	38
7) Leonardtown	27	8) DuVal	19
9) Parkdale	10	10) Laurel	2
11) Bladensburg	1		

=====  
 Men - 4A - Team Rankings - 13 Events Scored  
 =====

1) Henry A. Wise	115	2) Howard	98
3) Bowie	84.50	4) Eleanor Roosevelt	56
5) Urbana	35.50	6) Parkdale	23
7) Laurel	21	8) DuVal	20
9) C.H. Flowers	18	9) Leonardtown	18
11) Suitland	8		