

3A West Region Meet - 2/6/2020**MPSSAA Indoor Track****PG Sports Complex****Results****Girls 55 Meter Dash 3A****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

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 Region Recor: ^ 7.12 2018 Jaida Smith, Frederick
 PG ADV: A 7.46

Name	Year	School	Prelims	H#
Preliminaries				
1 Wright, Savannah	12	Oxon Hill	A 7.27Q	2
2 Harrison, Serena	12	James H. Blake	A 7.40Q	3
3 Clarke, Lauryn	10	Damascus	A 7.41Q	1
4 Jordan, Amaya	11	Oxon Hill	7.50q	3
5 Obadofin, Deborah	12	Thomas Johnson	7.51q	1
6 Habib, Malaika	10	Damascus	7.53q	2
7 Kimbembe, Joelle	10	Tuscarora	7.60q	3
8 Sheriff, Sitta	12	North Hagerstown	7.63q	2
9 Barger, Melanie	10	Linganore	7.65	1
10 Wagner, Jarrett	12	Westminster	7.69	2
11 Browne, Sameria	12	North Hagerstown	7.75	3
12 Anderson, Maliyah	12	Tuscarora	7.79	3
13 Nkrumah, Heidi	9	Tuscarora	7.83	2 7.822
14 Jones, Sekai	10	Oxon Hill	7.83	1 7.827
15 Wong, Atira	12	Rockville	7.84	1
16 Wright, MacKenzi	12	South Hagerstown	7.85	3
17 Magana, Maya	11	Manchester Valley	7.94	2
18 Phan, Sabrina	11	Westminster	7.97	3
19 Badorbe, Oceanic	12	Magruder	8.05	1
20 Holt, Kayla	11	Watkins Mill	8.10	1
21 Silvera, Amaya	11	South Hagerstown	8.14	3
22 Degboe, Mildred	10	Damascus	8.17	2
-- Oliva, Britney	12	Thomas Johnson	DNS	2
-- Kolani, Ariella	10	Frederick	DNS	1

Girls 55 Meter Dash 3A

=====
 Region Recor: ^ 7.12 2018 Jaida Smith, Frederick
 PG ADV: A 7.46

Name	Year	School	Finals	Points
Finals				
1 Wright, Savannah	12	Oxon Hill	7.22A	10
2 Harrison, Serena	12	James H. Blake	7.33A	8
3 Clarke, Lauryn	10	Damascus	7.41A	6
4 Obadofin, Deborah	12	Thomas Johnson	7.48	5
5 Habib, Malaika	10	Damascus	7.53	4
6 Jordan, Amaya	11	Oxon Hill	7.54	3
7 Sheriff, Sitta	12	North Hagerstown	7.56	2
8 Kimbembe, Joelle	10	Tuscarora	7.58	1

Girls 300 Meter Dash 3A

=====
 Region Recor: ^ 40.70 2018 Noelani Phillips, James H. Blake
 PG ADV: A 42.29

Name	Year	School	Finals	H#	Points
1 Harrison, Serena	12	James H. Blake	40.55^	4	10

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Results

....Girls 300 Meter Dash 3A

2	Jordan, Amaya	11	Oxon Hill	42.34	4	8	
3	Clarke, Lauryn	10	Damascus	42.39	4	6	
4	Thornton, Lillie	11	Oxon Hill	42.97	4	5	
5	Barger, Melanie	10	Linganore	43.83	3	4	
6	Sheriff, Sitta	12	North Hagerstown	43.91	3	3	
7	Wright, Savannah	12	Oxon Hill	44.25	4	2	
8	Wong, Atira	12	Rockville	44.61	3	1	
9	Butts Speller, Nalijah	11	Damascus	44.69	3		
10	Houle, Lydia	11	Westminster	45.12	3		
11	Branch, Tarin	12	North Hagerstown	45.19	3		
12	Anderson, Maliyah	12	Tuscarora	45.47	2		
13	Rishell, Ella	9	Watkins Mill	45.63	2		
14	Browne, Sameria	12	North Hagerstown	46.31	2		
15	Oliva, Britney	12	Thomas Johnson	46.45	1		
16	James, Diana	11	South Hagerstown	46.82	1		
17	Rajnik, Elizabeth	11	Linganore	47.19	1		
18	Stevenson, Haley	12	Tuscarora	47.47	1		
19	Henderson, Perri	9	South Hagerstown	48.09	1		
--	Badorbe, Oceanic	12	Magruder	DQ	2		wrong lane
--	Habib, Malaika	10	Damascus	DNS	4		
--	Sheehy, Bridget	10	Westminster	DNS	2		
--	Dadds, Taylor	10	Manchester Valley	DNS	2		

Girls 500 Meter Run 3A

Region Recor: ^ 1:15.10 2018 Serena Harrison, James H. Blake
 PG ADV: A 1:21.52

Name	Year	School	Finals	H#	Points
1 Moxley, Mikayla	10	Linganore	1:19.23A	4	10
2 Stephens, Genelle	9	Oxon Hill	1:22.57	4	8
3 Dugger, Nia	12	Oxon Hill	1:22.88	4	6
4 Onyonyeonwu, Nicole	12	Oxon Hill	1:23.37	4	5
5 Anderson, Marieclaire	12	North Hagerstown	1:23.92	4	4
6 Mcfarland, Devyn	8	Linganore	1:25.01	3	3
7 Santoni, Isabella	9	Westminster	1:25.06	3	2
8 Sinyan, Daga	10	Damascus	1:27.01	2	1
9 Richards, Kayla	11	North Hagerstown	1:27.18	3	
10 Sinyan, Aminata	11	Damascus	1:27.78	3	
11 Boussy, Ella	9	Westminster	1:29.78	2	
12 Hammond, Mya	11	Damascus	1:30.58	2	
13 White, Tianna	11	James H. Blake	1:31.96	2	
14 Guedomba Nkona, Chiarama	11	Magruder	1:33.37	2	
15 Badobre, Nicole	12	Magruder	1:35.97	1	
16 Sloan, Katie	12	Thomas Johnson	1:36.04	1	
17 Benner, Jaima	9	South Hagerstown	1:38.86	1	
18 Nkrumah, Haleigh	11	Tuscarora	1:39.64	1	
-- Gillcrist, Isabelle	11	Westminster	DNS	3	
-- Harrison, Serena	12	James H. Blake	DNS	4	
-- Forrester, Alyssa	9	James H. Blake	DNS	2	
-- Jackson, Chayse	11	South Hagerstown	DNS	1	
-- Davies, Gemma	10	Linganore	DNS	3	

3A West Region Meet - 2/6/2020**MPSSAA Indoor Track****PG Sports Complex****Results****Girls 800 Meter Run 3A**

Region Recor: ^ 2:24.64 2010 Lauren Summer, Clarksburg

PG ADV: A 2:28.74

Name	Year	School	Finals	H#	Points
1 Moxley, Mikayla	10	Linganore	2:24.60^	2	10
2 Anderson, Marieclaire	12	North Hagerstown	2:24.94A	2	8
3 Fosburg, Jayden	11	Thomas Johnson	2:26.08A	2	6
4 Whitehorn-Coriz, Alexis	12	Damascus	2:26.40A	2	5
5 Davies, Gemma	10	Linganore	2:31.69	2	4
6 Onyenyeonwu, Nicole	12	Oxon Hill	2:34.73	2	3
7 Stephens, Genelle	9	Oxon Hill	2:34.90	2	2
8 Houle, Audrey	9	Westminster	2:37.31	1	1
9 Richardson, Cora	12	Westminster	2:37.37	2	
10 Noel, Kamerine	12	North Hagerstown	2:38.24	1	
11 Forrester, Alyssa	9	James H. Blake	2:39.28	2	
12 Paap, Kelsey	11	North Hagerstown	2:39.53	1	
13 Herrold, Erin	12	Manchester Valley	2:40.06	2	
14 Santoni, Isabella	9	Westminster	2:41.23	2	
15 Dugger, Nia	12	Oxon Hill	2:45.28	2	
16 Guedomba Nkona, Chiarama	11	Magruder	2:45.88	1	
17 Herrold, Emily	12	Manchester Valley	2:50.32	1	
18 Cornejo, Camila	10	Damascus	2:52.74	1	
19 Kassir, Polina	12	Tuscarora	2:53.38	1	
20 Hammond, Mya	11	Damascus	3:03.31	1	
21 Yim, Abigail	10	Magruder	3:04.52	1	
-- Shank, Taylor	10	Manchester Valley	DNS	1	
-- Cumber, Alexandra	10	Thomas Johnson	DNS	1	
-- Presley, Eilenora	11	Watkins Mill	DNS	1	

Girls 1600 Meter Run 3A

Region Recor: ^ 5:15.44 2014 Emily Mulhern, Urbana

PG ADV: A 5:33.24

Name	Year	School	Finals	H#	Points
1 Whitehorn-Coriz, Alexis	12	Damascus	5:32.60A	2	10
2 Servis, Marisa	10	Rockville	5:34.70	2	8
3 Houle, Audrey	9	Westminster	5:35.73	2	6
4 Perrone, Caroline	10	Linganore	5:44.81	2	5
5 Richardson, Cora	12	Westminster	5:54.98	2	4
6 Kassir, Polina	12	Tuscarora	5:56.68	2	3
7 Cumber, Alexandra	10	Thomas Johnson	5:57.79	2	2
8 Rowe, Mya	9	Oxon Hill	6:01.49	2	1
9 Jack, Josie	12	Thomas Johnson	6:08.91	1	
10 Stotlemeyer, Leah	9	North Hagerstown	6:10.02	1	
11 Holloway, Victoria	11	Oxon Hill	6:19.80	1	
12 Kwiatkowski, Celia	9	Magruder	6:52.88	1	
13 Moris, Nina	12	Magruder	6:53.02	1	
14 Beldarama, Sasha	9	Magruder	7:26.05	1	
-- Fetner, Kayla	12	Westminster	DNS	1	
-- Monroy, Alexandra	12	Watkins Mill	DNS	1	
-- Cornejo, Camila	10	Damascus	DNS	1	
-- Goffena, Rubie	10	Manchester Valley	DNS	2	
-- Shank, Taylor	10	Manchester Valley	DNS	2	

3A West Region Meet - 2/6/2020**MPSSAA Indoor Track****PG Sports Complex****Results****....Girls 1600 Meter Run 3A**

-- Anderson, Marieclaire	12 North Hagerstown	DNS	2
-- Herrold, Emily	12 Manchester Valley	DNS	1

Girls 3200 Meter Run 3A

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 Region Recor: ^ 11:26.71 2015 Emily Mulhern, Urbana
 PG ADV: A 12:10.72

Name	Year School	Finals	Points
1 Goffena, Rubie	10 Manchester Valley	11:41.02A	10
2 Fosburg, Jayden	11 Thomas Johnson	12:13.31	8
3 Perrone, Caroline	10 Linganore	12:24.94	6
4 Servis, Marisa	10 Rockville	12:27.25	5
5 Hernandez, Aylene	10 Tuscarora	12:27.85	4
6 Tellez, Rebecca	10 South Hagerstown	12:39.47	3
7 Cumber, Alexandra	10 Thomas Johnson	13:10.45	2
8 Kassir, Polina	12 Tuscarora	13:22.83	1
9 Morton, Meredith	11 North Hagerstown	13:24.40	
10 Parker, Abigail	12 Linganore	13:41.93	
11 Rowe, Mya	9 Oxon Hill	13:45.71	
12 Mustafa, Raya	9 North Hagerstown	14:15.41	
13 Holloway, Victoria	11 Oxon Hill	14:28.79	
14 Kwiatkowski, Celia	9 Magruder	14:34.69	
15 Jovel, Eva	9 North Hagerstown	14:54.90	
16 Thompson, Maggie	11 Tuscarora	15:38.75	

Girls 55 Meter Hurdles 3A**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

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 Region Recor: ^ 8.31 2014 Mary Mowoe, Tuscarora
 PG ADV: A 9.06

Name	Year School	Prelims	H#
Preliminaries			
1 Obadofin, Deborah	12 Thomas Johnson	A 9.05Q	3
2 Bolivar, Hardee	12 Tuscarora	9.20Q	2
3 Richards, Micaela	10 Tuscarora	9.28Q	1
4 Thornton, Lillie	11 Oxon Hill	9.27q	3
5 Kolani, Ariella	10 Frederick	9.39q	1
6 Staub, Phoenix	12 Frederick	9.60q	2
7 Johnson, Cherie	12 Tuscarora	9.90q	2
8 Francino, Lauren	12 Manchester Valley	10.10q	3
9 Hammond, Mya	11 Damascus	10.12	1
10 Flint, Mckenna	11 Linganore	10.39	3
11 Gross, Hana	12 Westminster	10.40	2
12 Moore, Carrie	9 Manchester Valley	10.44	3
13 McCabe, Maddie	11 Westminster	10.46	1
14 Epps, Mallia	11 South Hagerstown	11.35	2
15 McKinney, Elle	9 Linganore	11.64	1
16 Ohaegbu, Abigail	11 North Hagerstown	11.86	1
17 Mesfin, Helen	9 Rockville	12.92	2
18 Fosah, Julia	9 Rockville	13.50	3

3A West Region Meet - 2/6/2020**MPSSAA Indoor Track****PG Sports Complex****Results****Girls 55 Meter Hurdles 3A**

=====
 Region Recor: ^ 8.31 2014 Mary Mowoe, Tuscarora
 PG ADV: A 9.06

Name	Year	School	Finals	Points
=====				
Finals				
1 Obadofin, Deborah	12	Thomas Johnson	8.80A	10
2 Bolivar, Hardee	12	Tuscarora	9.14	8
3 Richards, Micaela	10	Tuscarora	9.16	6
4 Kolani, Ariella	10	Frederick	9.19	5
5 Staub, Phoenix	12	Frederick	9.21	4
6 Thornton, Lillie	11	Oxon Hill	9.41	3
7 Johnson, Cherie	12	Tuscarora	9.58	2
8 Francino, Lauren	12	Manchester Valley	9.95	1

Girls 4x200 Meter Relay 3A

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 Region Recor: ^ 1:42.84 2018 , James H. Blake
 Bakare, Peoples, Phillips, Harrison
 PG ADV: A 1:50.24

School	Finals	H#	Points
=====			
1 Oxon Hill	1:48.55A	3	10
1) Wright, Savannah 12	2) Jordan, Amaya 11		
3) Thornton, Lillie 11	4) Thomas, Mekhi 11		
2 Westminster	1:52.22	3	8
1) Wagner, Jarrett 12	2) Houle, Lydia 11		
3) Hawks, Emma 10	4) Sheehy, Bridget 10		
3 Tuscarora	1:52.24	3	6
1) Hilliard, Taylor 10	2) Stevenson, Haley 12		
3) Anderson, Maliyah 12	4) Kimbembe, Joelle 10		
4 South Hagerstown	1:56.25	3	5
1) James, Diana 11	2) Silvera, Amaya 11		
3) Henderson, Perri 9	4) Wright, MacKenzi 12		
5 Watkins Mill	1:56.59	2	4
1) Holt, Kayla 11	2) Castillo, Brianna 12		
3) Alfaro, Maritza 11	4) Rishell, Ella 9		
6 Thomas Johnson	1:59.56	1	3
1) Oliva, Britney 12	2) Owens, Savannah 10		
3) Secke, Theresa 12	4) Drummond, Deja 12		
7 James H. Blake	1:59.71	2	2
1) Edmondson, Olivia 12	2) Lissouck, Christale 10		
3) White, Tianna 11	4) Knapp, Sofia 11		
8 Rockville	2:01.93	2	1
1) Njingang, Aulette 9	2) DePaula, Luisa 9		
3) Ayungo, Zahra 9	4) Wong, Atira 12		
9 Liganore	2:02.29	2	
1) Strewig, Kaileigh 9	2) McKinney, Elle 9		
3) Rajnik, Elizabeth 11	4) Donahue, Savannah 8		
10 Manchester Valley	2:03.53	1	
1) Francino, Lauren 12	2) Wisniewski, Amelia 10		
3) Magana, Maya 11	4) Armstrong, Lexy 11		
11 Magruder	2:06.33	1	
1) Badobre, Nicole 12	2) Badorbe, Oceanic 12		
3) Fuller, Lillian 11	4) Newburg, Callie 11		

3A West Region Meet - 2/6/2020

MPSSAA Indoor Track

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Results

....Girls 4x200 Meter Relay 3A

-- Damascus		DQ	3	exchange out of zone
1) Clarke, Lauryn 10	2) Degboe, Mildred 10			
3) Sinyan, Aminata 11	4) Habib, Malaika 10			
-- Frederick		DNS	3	

Girls 4x400 Meter Relay 3A

Region Recor: ^ 3:59.60 2018 , James H. Blake
 Harrison, Peoples, Phillips, Franklin

PG ADV: A 4:16.57

School	Finals	H#	Points
1 Oxon Hill	4:14.72A	3	10
1) Onyenyeeonwu, Nicole 12	2) Dugger, Nia 12		
3) Stephens, Genelle 9	4) Jones, Sekai 10		
2 Damascus	4:17.01	3	8
1) Clarke, Lauryn 10	2) Degboe, Mildred 10		
3) Butts Speller, Nalijah 11	4) Whitehorn-Coriz, Alexis 12		
3 Linganore	4:17.50	3	6
1) Barger, Melanie 10	2) Mcfarland, Devyn 8		
3) Donahue, Savannah 8	4) Moxley, Mikayla 10		
4 Westminster	4:18.09	3	5
1) Hawks, Emma 10	2) Sheehy, Bridget 10		
3) Gillcryst, Isabelle 11	4) Houle, Lydia 11		
5 Frederick	4:23.44	3	4
1) Staub, Phoenix 12	2) Henderson, Nasareth 11		
3) Stone, Veliciti 9	4) Honablew, Jayla 9		
6 Thomas Johnson	4:31.08	3	3
1) Obadofin, Deborah 12	2) Secke, Theresa 12		
3) Owens, Savannah 10	4) Snowden, Amya 11		
7 North Hagerstown	4:32.44	2	2
1) Richards, Kayla 11	2) Branch, Tarin 12		
3) Anderson, Marieclaire 12	4) Stotlemeyer, Leah 9		
8 Watkins Mill	4:37.67	1	1
1) Alfaro, Maritza 11	2) Koffi Aka, Josephine 11		
3) Rishell, Ella 9	4) Castillo, Brianna 12		
9 Tuscarora	4:41.89	2	
1) Mills, Ryan 10	2) Stevenson, Haley 12		
3) Richards, Micaela 10	4) Kimbembe, Joelle 10		
10 South Hagerstown	4:42.68	1	
1) Benner, Jaima 9	2) Epps, Mallia 11		
3) Jackson, Chayse 11	4) Camacho-hernandez, Trey 12		
11 Manchester Valley	4:44.15	2	
1) Herrold, Emily 12	2) Wisniewski, Amelia 10		
3) Magana, Maya 11	4) Goffena, Rubie 10		
12 Magruder	4:58.71	1	
1) Badobre, Nicole 12	2) Badorbe, Oceanic 12		
3) Newburg, Callie 11	4) Jaya, Margarita 11		
13 James H. Blake	5:03.71	2	
1) Forrester, Alyssa 9	2) White, Tianna 11		
3) Knapp, Sofia 11	4) Lissouck, Christale 10		

3A West Region Meet - 2/6/2020**MPSSAA Indoor Track****PG Sports Complex****Results****Girls 4x800 Meter Relay 3A**

=====
 Region Recor: ^ 9:50.00 2010 , Damascus

PG ADV: A 10:16.75

School	Finals	Points
1 Linganore	10:10.28A	10
1) Davies, Gemma 10	2) Donahue, Savannah 8	
3) Mcfarland, Devyn 8	4) Moxley, Mikayla 10	
2 Oxon Hill	10:12.44A	8
1) Dugger, Nia 12	2) Onyenyeeonwu, Nicole 12	
3) Stephens, Genelle 9	4) Rowe, Mya 9	
3 Manchester Valley	10:22.76	6
1) Herrold, Erin 12	2) Shank, Taylor 10	
3) Herrold, Emily 12	4) Goffena, Rubie 10	
4 Westminster	10:39.07	5
1) Santoni, Isabella 9	2) Gillcrist, Isabelle 11	
3) Richardson, Cora 12	4) Garman, Kylie 10	
5 North Hagerstown	10:42.08	4
1) Richards, Kayla 11	2) Paap, Kelsey 11	
3) Morton, Meredith 11	4) Noel, Kamerine 12	
6 Frederick	10:45.63	3
1) Adams, Kennedy 10	2) Henderson, Nasareth 11	
3) Stone, Veliciti 9	4) Walker, Diarah 12	
7 Tuscarora	10:49.65	2
1) Mills, Ryan 10	2) Hernandez, Aylene 10	
3) Kimbembe, Joelle 10	4) Kassir, Polina 12	
8 Magruder	12:38.07	1
1) Beldarama, Sasha 9	2) Moris, Nina 12	
3) Jaya, Margarita 11	4) Yim, Abigail 10	
-- Watkins Mill	DNS	

Girls High Jump 3A

=====
 Region Recor: ^ 5-08 2012 Nakita Gray, Friendly

PG ADV: A 4-10

Name	Year School	Finals	Points
1 Leisinger, Sadie	12 South Hagerstown	4-10.00A	10
2 Moore, Carrie	9 Manchester Valley	4-10.00A	7
2 Smith, Brianna	12 North Hagerstown	4-10.00A	7
4 Staub, Phoenix	12 Frederick	4-08.00	5
5 Wright, MacKenzi	12 South Hagerstown	4-08.00	4
6 Sinyan, Aminata	11 Damascus	4-06.00	2
6 Hawks, Emma	10 Westminster	4-06.00	2
6 Funk, Rheda	10 Westminster	4-06.00	2
9 Houle, Charlotte	9 Westminster	4-06.00	
10 Hinds, Christiana	10 Tuscarora	4-06.00	
11 Nkrumah, Heidi	9 Tuscarora	4-04.00	
11 Francino, Lauren	12 Manchester Valley	4-04.00	
-- Drummond, Deja	12 Thomas Johnson	NH	
-- Rogers, Jianna	10 Tuscarora	NH	
-- Branch, Tarin	12 North Hagerstown	NH	
-- Cephass, Trinti	10 Oxon Hill	NH	
-- Price, Payton	8 Linganore	NH	
-- McCaffrey, Ella	10 Linganore	NH	

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-- O'Brien, Madison	10	Linganore	NH
-- Castillo, Brianna	12	Watkins Mill	DNS

Girls Pole Vault 3A

=====
 Region Recor: ^ 10-00 2009 Sarah Lueck, Urbana
 PG ADV: A 7-05

Name	Year	School	Finals	Points
1 Davies, Myah	12	Linganore	8-05.00A	10
2 Moore, Carrie	9	Manchester Valley	7-11.00A	8
3 Snowden, Amya	11	Thomas Johnson	7-11.00A	6
4 Gassman, Sarah	9	Westminster	7-05.00A	5
5 Beacham, Bella	11	Westminster	7-05.00A	4
6 Panowitz, Debbie	11	Manchester Valley	6-05.00	3
7 Quackenbush, Anna	9	Linganore	6-05.00	2
-- Rayford, Amber	11	Thomas Johnson	NH	
-- Blocker, Monique	12	South Hagerstown	NH	

Girls Shot Put 3A

=====
 Region Recor: ^ 44-02.50 2017 Delia Sipe, Urbana
 PG ADV: A 32-06

Name	Year	School	Finals	H#	Points
1 Meredith, Sarah	11	Frederick	37-09.00A	2	10
2 Nkwonta, Kosie	12	North Hagerstown	36-04.75A	2	8
3 Yinger, Stomie	11	Linganore	35-04.75A	2	6
4 Devilbiss, Katie	12	Westminster	35-03.00A	2	5
5 Adeoye, Tara	12	Frederick	33-09.00A	2	4
6 Ndiaye, Khady	10	Tuscarora	32-08.00A	2	3
7 Hilliard, Taylor	10	Tuscarora	31-10.25	2	2
8 Adeoye, Oreoluwa	12	Thomas Johnson	29-08.00	2	1
9 Miller, Morgan	11	Linganore	28-00.25	2	
10 Bakarr-Kamara, Aaliyah	12	North Hagerstown	27-00.50	2	
11 Pobee, Gwen	11	Thomas Johnson	26-05.00	2	
12 Kolani, Ariella	10	Frederick	26-03.00	2	
13 Richardson, Kyair	12	James H. Blake	25-08.00	1	
14 Brooks, Destiny	10	South Hagerstown	25-06.75	1	
15 Wohlschlegel, Brienna	10	Manchester Valley	24-00.00	1	
16 Truesdale, Claire	10	Watkins Mill	21-03.50	1	
17 Sahiry, Vanessa	12	Watkins Mill	20-02.00	1	
18 Follis, Emily	11	Linganore	18-04.00	1	
-- Bare, Jessica	10	Manchester Valley	DNS	1	
-- Anderson, Faith	11	Damascus	DNS	1	
-- Fisher, Madison	10	Manchester Valley	DNS	1	
-- Elloit, Kesha	12	Magruder	DNS	1	

3A West Region Meet - 2/6/2020

MPSSAA Indoor Track

PG Sports Complex

Results

Boys 55 Meter Dash 3A

8 Advance: Top 1 Each Heat plus Next 5 Best Times

=====
 Region Recor: ^ 6.40 2012 Dondre Echols, Potomac

PG ADV: A 6.76

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 Name Year School Prelims H#
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Preliminaries

1	Proctor, Prince	11	South Hagerstown	A 6.42Q	2
2	Booker, Khalil	12	South Hagerstown	A 6.57Q	3
3	Napier, Devon	11	North Hagerstown	A 6.66Q	1
4	Bason, Gabe	12	Tuscarora	A 6.71q	2
5	Medina, Cameron	11	Frederick	6.80q	2
6	Sewell, Luke	10	North Hagerstown	6.81q	1
7	Schlotterbeck, Cole	10	South Hagerstown	6.83q	1
8	Tema Abanke, Alex	11	North Hagerstown	6.87q	3
9	Lewis, Davindra	11	Westminster	6.88	2
10	McClure, Xander	11	Linganore	6.95	1
11	Venable, Levi	10	Frederick	6.96	2
12	Sene, Mouhamadou	12	Frederick	6.98	3
13	Baker, Melik	11	Oxon Hill	7.02	2
14	Lainez Guiza, Eduardo	10	Magruder	7.05	3 7.042
15	Heefner, Jack	9	Westminster	7.05	1 7.043
16	Kojac, Mason	12	Thomas Johnson	7.05	2 7.050
17	Bukoye, Oluwashemllore	9	Oxon Hill	7.08	1
18	La, Ben	11	James H. Blake	7.18	2 7.172
18	Mayarata, Ishara	11	Rockville	7.18	3 7.177
20	Coulibaly, Sie Samba	10	James H. Blake	7.19	1
21	Fernandez, Dominic	12	Manchester Valley	7.21	3
--	Sayeh, Baebaa	11	Watkins Mill	FS	3
--	Holsinger, Carter	12	Linganore	DNS	1
--	Beaufort, Jypri	11	Tuscarora	DNS	3

Boys 55 Meter Dash 3A

=====
 Region Recor: ^ 6.40 2012 Dondre Echols, Potomac

PG ADV: A 6.76

=====
 Name Year School Finals Points
 =====

Finals

1	Proctor, Prince	11	South Hagerstown	6.53A	10
2	Booker, Khalil	12	South Hagerstown	6.54A	8
3	Napier, Devon	11	North Hagerstown	6.55A	6
4	Bason, Gabe	12	Tuscarora	6.68A	5
5	Schlotterbeck, Cole	10	South Hagerstown	6.78	4
6	Medina, Cameron	11	Frederick	6.81	3
7	Sewell, Luke	10	North Hagerstown	6.87	2
--	Tema Abanke, Alex	11	North Hagerstown	DNS	

Boys 300 Meter Dash 3A

=====
 Region Recor: ^ 35.19 2014 Jaron Woodyard, Watkins Mill

PG ADV: A 36.77

=====
 Name Year School Finals H# Points
 =====

1	Brown, Donovan	10	Watkins Mill	36.42A	4 10
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3A West Region Meet - 2/6/2020

MPSSAA Indoor Track

PG Sports Complex

Results

....Boys 300 Meter Dash 3A

2 Napier, Devon	11 North Hagerstown	36.50A	4	8	
3 Gilbert, Louis	12 Oxon Hill	36.83	4	6	
4 Booker, Khalil	12 South Hagerstown	37.26	4	5	37.252
5 Erekosima, Emi	11 North Hagerstown	37.26	3	4	37.255
6 Nobles, Prodigy	11 South Hagerstown	37.84	3	3	
7 Young, Jeffery	12 Tuscarora	37.88	3	2	
8 Blocker, Ron	11 South Hagerstown	38.18	1	1	
9 Mullen, Ian	11 Westminster	38.83	4		
10 Liston, Adam	11 Linganore	39.18	3		
11 Dufresne, Aaron	10 Linganore	39.35	2		
12 Rizarri, Julian	12 Watkins Mill	39.54	1		
13 Bukoye, Oluwashemllore	9 Oxon Hill	39.68	1		
14 Heefner, Jack	9 Westminster	39.92	2		
15 Ellis, Cameron	9 Tuscarora	40.06	1		
16 Wilk, Ged	10 Manchester Valley	40.24	1		
-- Coulibaly, Sie Samba	10 James H. Blake	DNS	2		
-- Lewis, Davindra	11 Westminster	DNS	3		
-- Martin, Derek	12 James H. Blake	DNS	3		
-- Tema Abanke, Alex	11 North Hagerstown	DNS	4		
-- Anderson, Kamani	12 Tuscarora	DNS	2		
-- Browne, Connor	12 Linganore	DNS	2		

Boys 500 Meter Run 3A

Region Recor: ^ 1:06.54 2010 Ben McKenzie, Largo

PG ADV: A 1:09.38

Name	Year School	Finals	H#	Points
1 Snyder, Tamrat	12 Damascus	1:07.77A	4	10
2 Lombardo, Alexander	11 Thomas Johnson	1:08.93A	4	8
3 Young, Jeffery	12 Tuscarora	1:09.56	4	6
4 Gilbert, Louis	12 Oxon Hill	1:09.62	4	5
5 Mullen, Ian	11 Westminster	1:09.79	4	4
6 Mims, Joshua	11 James H. Blake	1:10.08	4	3
7 Mkamba, Salim	12 South Hagerstown	1:10.62	3	2
8 Browne, Connor	12 Linganore	1:10.71	3	1
9 Dillow, Kaleb	10 South Hagerstown	1:10.99	3	
10 Martin, Derek	12 James H. Blake	1:11.51	3	
11 McDonald, Jahari	11 South Hagerstown	1:12.91	3	
12 Zarate, Miguel	11 Magruder	1:15.51	2	
13 Johns, Tre	11 Damascus	1:15.91	2	
14 Kerrigan, Alex	12 Magruder	1:16.84	1	
15 Ellis, Cameron	9 Tuscarora	1:17.38	2	
-- Burton, Dakari	10 Thomas Johnson	DQ	1	inside 3 cons. steps
-- Brown, Brad	11 Westminster	DNS	2	
-- Tutu, Bonsu	11 Watkins Mill	DNS	1	
-- Metzner, Samuel	10 Linganore	DNS	2	
-- Dufresne, Aaron	10 Linganore	DNS	1	
-- Njie, Katim	11 Watkins Mill	DNS	3	

3A West Region Meet - 2/6/2020**MPSSAA Indoor Track****PG Sports Complex****Results****Boys 800 Meter Run 3A**

Region Recor: ^ 1:59.51 2010 Thomas Arias, Damascus

PG ADV: A 2:05.32

Name	Year	School	Finals	H#	Points
1 Snyder, Tamrat	12	Damascus	1:59.80A	2	10
2 Lombardo, Alexander	11	Thomas Johnson	2:00.83A	2	8
3 Bradley, Sean	12	Manchester Valley	2:03.67A	2	6
4 McKeever, Mack	11	Thomas Johnson	2:03.89A	2	5
5 Minus, Mason	11	James H. Blake	2:04.47A	2	4
6 Martinez, Mario	11	Frederick	2:06.14	2	3
7 Madsen, Anders	11	Westminster	2:06.46	2	2
8 Silva, Thomas	12	Frederick	2:09.98	2	1
9 Knox, Carter	11	Manchester Valley	2:13.44	1	
10 Decastro, Lorenzo	9	South Hagerstown	2:15.53	1	
11 Green, Aidan	12	Thomas Johnson	2:16.27	1	
12 Hoffman, Michael	11	North Hagerstown	2:16.96	2	
13 Sulca, Christopher	11	Tuscarora	2:16.97	1	
14 Surichaqui, Bryan	10	Watkins Mill	2:18.03	1	
15 Szybalski, Gabriel	11	Manchester Valley	2:18.79	1	
16 Recinos-Baltodano, Jerem	10	Damascus	2:19.01	2	
17 Hartwell, Phillip	11	Watkins Mill	2:25.98	1	
18 Stine, Andrew	12	North Hagerstown	2:28.31	1	
19 Zarate, Miguel	11	Magruder	2:31.67	1	
20 Zhao, Zachary	12	Magruder	2:32.92	1	
-- Walton, Evan	11	Westminster	DNS	2	
-- Sears, John	10	Linganore	DNS	1	
-- Kullgren, Alex	9	Linganore	DNS	1	
-- Williamson, Cole	9	Linganore	DNS	2	

Boys 1600 Meter Run 3A

Region Recor: ^ 4:25.55 2012 Hassan Omar, Thomas Johnson

PG ADV: A 4:39.58

Name	Year	School	Finals	H#	Points
1 Snyder, Tamrat	12	Damascus	4:43.07	2	10
2 McKeever, Mack	11	Thomas Johnson	4:44.32	2	8
3 Butts, David	12	North Hagerstown	4:45.16	2	6
4 Akapo, Elom	11	South Hagerstown	4:45.42	2	5
5 Madsen, Anders	11	Westminster	4:45.44	2	4
6 Martinez, Mario	11	Frederick	4:49.42	2	3
7 Cardona, Carlos	11	Watkins Mill	4:49.67	2	2
8 Chappell, Justin	11	Thomas Johnson	5:01.21	1	1
9 Burgos, Charlie	9	Frederick	5:01.34	2	
10 Stine, Matt	10	North Hagerstown	5:02.74	1	
11 Bennett, Jackson	9	North Hagerstown	5:03.83	1	
12 Obuekwe, Kamsi	9	Tuscarora	5:05.14	1	
13 Luu, Lindon	12	Magruder	5:05.88	1	
14 Szybalski, Gabriel	11	Manchester Valley	5:06.28	1	
15 Caprarola-Bianco, Gabe	11	Thomas Johnson	5:07.44	1	
16 Kebede, Yoseph	11	Rockville	5:10.16	1	
17 Martin, Patrick	11	Tuscarora	5:10.92	1	
18 Siegler, Ian	11	Manchester Valley	5:14.27	1	
19 Recinos-Baltodano, Nicho	11	Damascus	5:21.49	1	

3A West Region Meet - 2/6/2020**MPSSAA Indoor Track****PG Sports Complex****Results****....Boys 1600 Meter Run 3A**

--	Burke, Christian	11	Westminster	DNS	2
--	Burke, Brennan	11	Westminster	DNS	1
--	Sears, John	10	Linganore	DNS	2
--	Kullgren, Alex	9	Linganore	DNS	2
--	Williamson, Cole	9	Linganore	DNS	2

Boys 3200 Meter Run 3A

Region Recor: ^ 9:38.65 2012 Braden Bruning, Linganore
 PG ADV: A 10:17.39

Name	Year	School	Finals	H#	Points
1 Williamson, Cole	9	Linganore	10:11.55A	2	10
2 Sears, John	10	Linganore	10:23.83	2	8
3 Akapo, Elom	11	South Hagerstown	10:28.32	2	6
4 Neal, Aiden	10	Manchester Valley	10:31.25	2	5
5 Kullgren, Alex	9	Linganore	10:32.62	2	4
6 Butts, David	12	North Hagerstown	10:39.98	2	3
7 Duncan, Alex	10	North Hagerstown	10:50.49	2	2
8 Heare, Sean	11	Tuscarora	10:52.53	2	1
9 Caprarola-Bianco, Gabe	11	Thomas Johnson	10:57.13	2	
10 Lim, Josiah	9	Damascus	10:57.91	2	
11 Magno, Kevin	11	South Hagerstown	11:09.92	2	
12 Bernota, Luke	10	Tuscarora	11:19.85	1	
13 Bora, Devin	10	Thomas Johnson	11:22.76	1	
14 McGreevy, Finn	10	North Hagerstown	11:22.99	2	
15 Vanlandingham, Wyatt	10	Westminster	11:26.31	1	
16 Weston, Mason	11	Manchester Valley	11:29.59	1	
17 Luu, Lindon	12	Magruder	11:57.88	1	
18 Schmidtkunz, Hannes	11	Thomas Johnson	12:01.33	1	
19 Downs, Romeo	12	Tuscarora	12:04.10	1	
20 Kwiatkowski, Ben	11	Magruder	12:07.80	1	
21 Condon, Justin	10	Westminster	12:10.63	1	
22 Yoshida, Riku	9	Magruder	12:11.65	1	
23 Craig, Jayden	9	Westminster	12:29.71	1	

Boys 55 Meter Hurdles 3A**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Region Recor: ^ 7.17 2012 Dondre Echols, Potomac
 PG ADV: A 8.24

Name	Year	School	Prelims	H#
Preliminaries				
1 Bynum, Isaac	12	Frederick	A 7.87Q	2
2 Core, Arthur	10	Frederick	8.26Q	1
3 Armstrong, Tristan	12	South Hagerstown	8.31Q	1
4 Clark, D-Vonte	11	South Hagerstown	8.63Q	2
5 Rucker, Cameron	9	Westminster	8.69Q	2
6 Pham, Nam	10	Thomas Johnson	10.07Q	1
7 Perricone, Victor	10	Manchester Valley	10.11q	1 10.102
8 Alfaro, Edwin	9	Westminster	10.11q	2 10.108
9 Peloguin, Dan	10	Manchester Valley	10.25	2
10 Fritz, Harrison	9	Manchester Valley	10.28	1

3A West Region Meet - 2/6/2020

MPSSAA Indoor Track

PG Sports Complex

Results

....Boys 55 Meter Hurdles 3A

11 Dixon, Ziaire 11 North Hagerstown 10.42 1

Boys 55 Meter Hurdles 3A

=====
 Region Recor: ^ 7.17 2012 Dondre Echols, Potomac
 PG ADV: A 8.24

=====
 Name Year School Finals Points
 =====

Finals

1	Bynum, Isaac	12 Frederick	7.73A	10
2	Core, Arthur	10 Frederick	8.18A	8
3	Armstrong, Tristan	12 South Hagerstown	8.30	6
4	Clark, D-Vonte	11 South Hagerstown	8.56	5
5	Rucker, Cameron	9 Westminster	8.63	4
6	Perricone, Victor	10 Manchester Valley	9.93	3
7	Pham, Nam	10 Thomas Johnson	9.94	2
8	Alfaro, Edwin	9 Westminster	10.00	1

Boys 4x200 Meter Relay 3A

=====
 Region Recor: ^ 1:31.49 2012 , Potomac
 Young, Fuller, Thorne, Echols
 PG ADV: A 1:36.04

=====
 School Finals H# Points
 =====

1	North Hagerstown		1:36.02A	3	10
	1) Keyes, Demetrius 11	2) Techie-mensah, Iziah 10			
	3) Sewell, Luke 10	4) Napier, Devon 11			
2	Tuscarora		1:36.43	3	8
	1) Young, Jeffery 12	2) Bason, Gabe 12			
	3) Morris, Alijah 11	4) Beaufort, Jypri 11			
3	South Hagerstown		1:36.72	3	6
	1) Schlotterbeck, Cole 10	2) Blocker, Ron 11			
	3) Nobles, Prodigy 11	4) Clark, D-Vonte 11			
4	Oxon Hill		1:36.73	3	5
	1) Gilbert, Louis 12	2) Johnson, Jevon 9			
	3) Bukoye, Oluwashemlllore 9	4) Baker, Melik 11			
5	Frederick		1:37.13	3	4
	1) Bynum, Isaac 12	2) Core, Arthur 10			
	3) Medina, Cameron 11	4) Sene, Mouhamadou 12			
6	James H. Blake		1:37.18	2	3
	1) La, Ben 11	2) Martin, Derek 12			
	3) Jackson, Carl 11	4) Mims, Joshua 11			
7	Linganore		1:37.24	3	2
	1) Browne, Connor 12	2) Dufresne, Aaron 10			
	3) Holsinger, Carter 12	4) Liston, Adam 11			
8	Westminster		1:38.90	2	1
	1) Heefner, Jack 9	2) Mullen, Ian 11			
	3) Rucker, Cameron 9	4) Lewis, Davindra 11			
9	Manchester Valley		1:41.83	2	
	1) Montgomery, Marcel 11	2) Wilk, Ged 10			
	3) Fernandez, Dominic 12	4) Evans, Colin 12			
10	Rockville		1:48.03	1	
	1) Mayarata, Ishara 11	2) Wahl, Micah 11			

3A West Region Meet - 2/6/2020

MPSSAA Indoor Track

PG Sports Complex

Results

....Boys 4x200 Meter Relay 3A

3) Abijomaa, Adrien 11	4) Kebede, Yoseph 11		
11 Damascus	1:48.87	1	
1) Atse, Sebastien 10	2) Johns, Tre 11		
3) Argueta, Kelvin 11	4) Huang, Joshua 9		
-- Thomas Johnson	DQ	2	wrong lane on turn
1) Williams, Dexter 9	2) Givens, Yasim 12		
3) Frimpong, Nana 11	4) Kojac, Mason 12		
-- Magruder	DQ	1	athlete not on roste
1)	2) Eisenhour, Samuel 9		
3) Grubb, Brandon 11	4) Sanchez Castellanos, Andres 12		

Boys 4x400 Meter Relay 3A

Region Recor: ^ 3:31.77 2010 , Damascus
 PG ADV: A 3:36.90

School	Finals	H#	Points
1 Frederick	3:36.35A	2	10
1) Bynum, Isaac 12	2) Majalca, Mario 10		
3) Medina, Cameron 11	4) Core, Arthur 10		
2 South Hagerstown	3:39.90	2	8
1) Mkamba, Salim 12	2) McDonald, Jahari 11		
3) Dillow, Kaleb 10	4) Schlotterbeck, Cole 10		
3 North Hagerstown	3:40.72	2	6
1) Bamfo, Darius 10	2) Butts, David 12		
3) Erekosima, Emi 11	4) Fazal, Nathan 10		
4 Oxon Hill	3:44.04	2	5
1) Gilbert, Louis 12	2) Baker, Melik 11		
3) Bukoye, Oluwashemlllore 9	4) Johnson, Jevon 9		
5 Tuscarora	3:49.19	2	4
1) Ellis, Cameron 9	2) Quach, Jimmy 11		
3) Young, Jeffery 12	4) Melton, Philip 11		
6 Linganore	3:50.18	1	3
1) Browne, Connor 12	2) Williamson, Cole 9		
3) Dufresne, Aaron 10	4) Metzner, Samuel 10		
7 Thomas Johnson	3:57.38	1	2
1) Givens, Yasim 12	2) Chappell, Justin 11		
3) Burton, Dakari 10	4) Kuckels, Ryan 10		
8 Westminster	4:04.75	1	1
1) Alfaro, Edwin 9	2) Henline, Britton 9		
3) Coffey, Declan 10	4) Hogue, Jacob 10		
9 Damascus	4:07.43	1	
1) Johns, Tre 11	2) Recinos-Baltodano, Jeremiah 10		
3) Recinos-Baltodano, Nicholas 11	4) Huang, Joshua 9		
10 Magruder	4:23.03	1	
1) Lainez Guiza, Eduardo 10	2) Grubb, Brandon 11		
3) Schmidt, Ethan 9	4) Sanders, Daniel 9		
-- James H. Blake	DNF	2	
1) Martin, Derek 12	2) Mims, Joshua 11		
3) Coulibaly, Sie Samba 10	4) Minus, Mason 11		
-- Manchester Valley	DNS	1	

3A West Region Meet - 2/6/2020**MPSSAA Indoor Track****PG Sports Complex****Results****Boys 4x800 Meter Relay 3A**

=====			
Region Recor: ^ 8:21.25 2012 , Urbana			
Hayslett, Lewis, Ugast, Villeneuve			
PG ADV: A 8:36.71			
School		Finals	Points
=====			
1 Manchester Valley		8:28.80A	10
1) Bradley, Sean 12	2) Evans, Colin 12		
3) Neal, Aiden 10	4) Knox, Carter 11		
2 Frederick		8:40.10	8
1) Burgos, Charlie 9	2) Majalca, Mario 10		
3) Silva, Thomas 12	4) Martinez, Mario 11		
3 Thomas Johnson		8:45.77	6
1) Lombardo, Alexander 11	2) Schmidtkunz, Hannes 11		
3) McKeever, Mack 11	4) Chappell, Justin 11		
4 Westminster		8:57.85	5
1) Burke, Christian 11	2) Burke, Brennan 11		
3) Brown, Brad 11	4) Walton, Evan 11		
5 Tuscarora		9:07.97	4
1) Quach, Jimmy 11	2) Martin, Patrick 11		
3) Sulca, Christopher 11	4) Obuekwe, Kamsi 9		
6 Watkins Mill		9:14.42	3
1) Hartwell, Phillip 11	2) Surichaqui, Bryan 10		
3) Cardona, Carlos 11	4) Njie, Katim 11		
7 Linganore		9:16.46	2
1) Metzner, Samuel 10	2) Hunsaker, Zachary 12		
3) Walker, Kyle 9	4) Etzler, Elias 9		
8 North Hagerstown		9:21.76	1
1) Bamfo, Darius 10	2) Fazal, Nathan 10		
3) Hoffman, Michael 11	4) Stine, Andrew 12		
9 Magruder		10:01.46	
1) Kwiatkowski, Ben 11	2) Sayed, Adam 11		
3) Mendez-Solano, Felix 10	4) Seam, Peter 9		
-- Damascus		DNS	

Boys High Jump 3A

=====			
Region Recor: ^ 6-09 2018 Nathaniel Moore, South Hagerstown			
PG ADV: A 5-10			
Name	Year School	Finals	Points
=====			
1 Hoston, Charlie	12 South Hagerstown	6-09.00^	10
2 McClure, Xander	11 Linganore	6-00.00A	8
3 Brown, Donovan	10 Watkins Mill	6-00.00A	6
4 McKinney, Reggie	12 Watkins Mill	6-00.00A	5
5 Marshall, Kris	12 Frederick	5-10.00A	4
6 Niemandt, Edwin	10 Tuscarora	5-10.00A	3
7 Hilker, Andrew	12 North Hagerstown	5-08.00	2
8 Adeyemi, Adebola	10 Tuscarora	5-08.00	1
9 Lewis, Davindra	11 Westminster	5-06.00	
10 Kojac, Mason	12 Thomas Johnson	5-06.00	
11 Healey, Mathew	12 North Hagerstown	5-02.00	
-- Owusu, Dillen	9 Thomas Johnson	NH	
-- Pham, Nam	10 Thomas Johnson	NH	
-- Gaegler, Zach	10 Westminster	NH	

3A West Region Meet - 2/6/2020**MPSSAA Indoor Track****PG Sports Complex****Results****....Boys High Jump 3A**

-- Liston, Adam	11	Linganore	NH
-- Bannon, Kelsey	8	Linganore	NH
-- Scallion, Jake	9	North Hagerstown	DNS
-- Merry, Hugo	9	Frederick	DNS
-- Hearld, Dustin	12	Manchester Valley	DNS

Boys Pole Vault 3A

=====
 Region Recor: ^ 14-00 2012 Robert Mercer, Crossland
 PG ADV: A 10-00

Name	Year	School	Finals	Points
1 Holsinger, Carter	12	Linganore	15-02.00^	10
2 Kamanu, Peter	11	Thomas Johnson	13-00.00A	8
3 Jones, Nick	12	Manchester Valley	12-06.00A	6
4 Pinto, Joey	12	Thomas Johnson	12-00.00A	5
5 Ruch, Quinn	10	Linganore	11-00.00A	4
6 Dunn, Jeremy	11	Westminster	10-06.00A	3
7 DeMario, Joe	12	Manchester Valley	8-00.00	2
-- German, Aj	11	Westminster	DNS	
-- Kreit, Nathan	9	Manchester Valley	DNS	
-- Herrera, Jacob	11	North Hagerstown	DNS	

Boys Shot Put 3A

=====
 Region Recor: ^ 59-00.25 2017 Jabari Bennett, James H. Blake
 PG ADV: A 43-04

Name	Year	School	Finals	H#	Points
1 Hart, Ethan	12	Linganore	47-10.75A	2	10
2 Ruch, Graeson	12	Linganore	46-05.50A	2	8
3 Sayeh, Baebaa	11	Watkins Mill	44-10.50A	2	6
4 Burgos, Robert	11	Frederick	39-07.00	2	5
5 Agboola, Khalil	12	Watkins Mill	39-00.50	2	4
6 Butehorn, Ethan	12	Linganore	38-02.25	2	3
7 Conklin, Jake	12	Westminster	37-08.00	2	2
8 Ortega, Isaiah	11	South Hagerstown	37-06.00	2	1
9 Kane, Miles	11	North Hagerstown	37-00.50	2	
10 Fom-Kamdem, Esdras	9	Frederick	36-06.50	2	
11 VanMeter, Ethan	9	South Hagerstown	35-03.50	2	
12 Healey, Mathew	12	North Hagerstown	34-10.00	1	
13 Theilman, Matiyos	9	Westminster	33-09.00	1	
14 Conroy, Jackson	12	North Hagerstown	33-09.00	1	
15 Ledroux, Dalton	10	Thomas Johnson	32-11.50	1	
16 Farmer, Benjamin	10	South Hagerstown	30-07.00	1	
17 Counterman, Austin	12	Manchester Valley	29-08.00	2	
18 Tansey, Ian	10	Magruder	27-03.00	1	
19 Vogelsang, Connor	12	Manchester Valley	27-02.50	1	
20 Savage, Joshua	12	Westminster	26-07.00	1	
21 Alvarez, Andrew	10	James H. Blake	26-02.50	1	
22 Brighth, Oliver	12	Magruder	18-10.50	1	
-- Ayivon, Prince	12	Tuscarora	DNS	1	

3A West Region Meet - 2/6/2020**MPSSAA Indoor Track****PG Sports Complex****Results****....Boys Shot Put 3A**
 =====
 Women - 3A - Team Rankings - 13 Events Scored
 =====

1) Oxon Hill	84	2) Linganore	76
3) Westminster	49	4) Thomas Johnson	46
5) Damascus	42	6) Tuscarora	38
6) North Hagerstown	38	8) Manchester Valley	35
8) Frederick	35	10) South Hagerstown	22
11) James H. Blake	20	12) Rockville	15
13) Watkins Mill	5	14) Magruder	1

 =====
 Men - 3A - Team Rankings - 13 Events Scored
 =====

1) South Hagerstown	80	2) Linganore	73
3) Frederick	59	4) Thomas Johnson	53
5) North Hagerstown	50	6) Watkins Mill	36
7) Tuscarora	34	8) Manchester Valley	32
9) Damascus	30	10) Westminster	27
11) Oxon Hill	21	12) James H. Blake	10