

MPSSAA Indoor Track - 2/5/2019

4A East Region Meet

PG Sports Complex

Results

Girls 55 Meter Dash 4A

8 Advance: Top 1 Each Heat plus Next 5 Best Times

PG ADV: A 7.46					
Name	Year	School	Prelims	H#	
Preliminaries					
1	Jazmine	Thomas	11	Eleanor Roosevelt	A 7.40Q 3
2	Ijeoma	Asonye	12	DuVal	A 7.42Q 2
3	Safarya	Cheadle	11	Eleanor Roosevelt	A 7.44Q 1
4	Ragan-Lei	Phillip	12	High Point	A 7.46q 2
5	Jasmine	Forbes	12	North Point	7.48q 2
6	Destiny	Nzenwa	12	DuVal	7.51q 1
7	Hadassah	Hampton	12	Henry A. Wise	7.52q 1
8	Carmen	Henderson	12	North Point	7.57q 1
9	Abriana	Ingram	11	Eleanor Roosevelt	7.58 3
10	Tahmi	Washington	12	Henry A. Wise	7.61 1
11	KeAsya	Grier	10	C.H. Flowers	7.63 1 7.623
12	Olabisi	Falana	12	Parkdale	7.63 3 7.629
13	Dianna	Koger	10	Bowie	7.64 3
14	Demi	Holt	9	Suitland	7.67 2
15	Adekansola	Adewami	11	Parkdale	7.70 1
16	Kayla	Myers	10	C.H. Flowers	7.75 3
17	Jacquelyn	Person	10	North Point	7.76 3 7.754
18	Arie	Mcilwain	10	C.H. Flowers	7.76 2 7.755
19	Sonah	Bundu	10	Parkdale	7.84 1
20	Diana	Starkey	10	Bowie	7.91 2
21	Saida	Bangura	11	Bladensburg	7.92 2
22	Sam	Abell	9	Leonardtwn	8.01 3

Girls 55 Meter Dash 4A

PG ADV: A 7.46					
Name	Year	School	Finals	Points	
Finals					
1	Ijeoma	Asonye	12	DuVal	7.31A 10
2	Jazmine	Thomas	11	Eleanor Roosevelt	7.36A 8
3	Hadassah	Hampton	12	Henry A. Wise	7.42A 6
4	Ragan-Lei	Phillip	12	High Point	7.49 5 7.488
5	Safarya	Cheadle	11	Eleanor Roosevelt	7.49 4 7.490
6	Jasmine	Forbes	12	North Point	7.51 3
7	Destiny	Nzenwa	12	DuVal	7.53 2
8	Carmen	Henderson	12	North Point	9.00 1

Girls 300 Meter Dash 4A

PG ADV: A 41.91					
Name	Year	School	Finals	H#	Points
1	Dejah	Grant	12	C.H. Flowers	41.70A 4 10
2	Hadassah	Hampton	12	Henry A. Wise	41.94 3 8
3	Syparia	Harris	12	Suitland	41.98 4 6
4	Ijeoma	Asonye	12	DuVal	42.15 3 5
5	Jasmine	Forbes	12	North Point	42.17 3 4
6	Dejah	Tinsley	12	DuVal	42.32 4 3

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7	Indiyah Taylor	10	C.H. Flowers	42.95	4	2
8	Saniya Simmons	9	Henry A. Wise	43.20	3	1
9	Dianna Koger	10	Bowie	43.21	4	
10	Gennelle Walker	12	Suitland	43.24	3	
11	Adekansola Adewami	11	Parkdale	43.54	3	
12	Ogechi Umekwe	10	DuVal	43.85	2	
13	Taylor Poole	11	North Point	44.07	1	
14	KeAsya Grier	10	C.H. Flowers	44.09	2	
15	Jacquelyn Person	10	North Point	44.44	2	
16	Nafeesah Mboup	11	Northwestern-PG	44.50	1	
17	Diana Starkey	10	Bowie	44.84	2	
18	Abriana Ingram	11	Eleanor Roosevelt	45.00	2	
19	Theodora Adedje	10	Bladensburg	45.82	1	
20	Sam Abell	9	Leonardtown	45.98	2	
21	Saida Bangura	11	Bladensburg	46.38	1	
22	Demi Holt	9	Suitland	46.73	1	
23	Angel Washington	10	Bowie	48.25	1	

Girls 500 Meter Run 4A

PG ADV: A 1:20.55

Name	Year	School	Finals	H#	Points
1	Jordan Mozie	10	Henry A. Wise	1:17.60A	4 10
2	Javon Watts	11	C.H. Flowers	1:18.14A	4 8
3	Taylor Jones	12	Henry A. Wise	1:20.26A	4 6
4	Renee Nosko	12	Leonardtown	1:21.13	4 5
5	Naimah Duckett	10	Suitland	1:21.77	3 4
6	Indiyah Taylor	10	C.H. Flowers	1:22.01	3 3
7	Miracel Ephraim	10	C.H. Flowers	1:22.26	3 2
8	Lauryn Lewis	12	North Point	1:22.28	4 1
9	Gabrielle Collins	12	North Point	1:25.13	3
10	Dacoda Lyons	9	Henry A. Wise	1:25.42	3
11	Grace Afful	10	Laurel	1:25.60	2
12	Camille Dickerson	10	North Point	1:26.54	2
13	Emily Imhof	12	Leonardtown	1:26.93	2
14	Courtney Robinson	12	Eleanor Roosevelt	1:28.21	1
15	Tianna Johnson	12	Bladensburg	1:28.59	2
16	Idorenyin Inyang	10	Bladensburg	1:28.70	2
17	Mayme Okoro	10	DuVal	1:29.00	1
18	Bouvonna Harris	12	High Point	1:29.67	1
19	Ashley Foster	9	Suitland	1:29.70	1
20	Zakia Bradley	11	Northwestern-PG	1:32.60	2
21	Blessing Omoniyi	10	Laurel	1:37.77	1

Girls 800 Meter Run 4A

PG ADV: A 2:25.91

Name	Year	School	Finals	H#	Points
1	Javon Watts	11	C.H. Flowers	2:24.88A	2 10
2	Emily Snyder	11	Leonardtown	2:25.57A	2 8
3	Jordan Mozie	10	Henry A. Wise	2:26.19	2 6
4	Nelle Ray	10	Leonardtown	2:27.95	2 5

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....Girls 800 Meter Run 4A

5 Taylor Jones	12 Henry A. Wise	2:29.75	2	4
6 Tiana Frierson	12 Suitland	2:37.92	2	3
7 Mayler Bolds	11 C.H. Flowers	2:38.49	2	2
8 Jaylene Okunola	10 C.H. Flowers	2:39.06	2	1
9 Caila Coates	12 North Point	2:40.41	2	
10 Masia Vicente	11 North Point	2:41.67	1	
11 Megan Owen	10 Leonardtown	2:44.46	2	
12 Diamond Derr	12 Suitland	2:45.56	1	
13 Lena DeFilippo	10 North Point	2:45.89	1	
14 Mariama Bah	11 Bowie	2:46.22	1	
15 Nadia Suh	11 Eleanor Roosevelt	2:49.78	2	
16 Tracey Montilus	10 Suitland	2:50.70	1	
17 shaunda braveboy	12 DuVal	2:52.27	1	
18 Gloria Awojobi	11 Bladensburg	2:52.66	1	
19 Dacoda Lyons	9 Henry A. Wise	2:53.15	2	
20 Nnenna Elekalachi	10 DuVal	2:54.67	1	
21 Fatima Drammeh	9 DuVal	2:58.46	1	
22 Katherine Hernandez	11 Bladensburg	3:08.37	1	

Girls 1600 Meter Run 4A

PG ADV: A 5:26.90

Name	Year	School	Finals	H#	Points
1 Megan Owen	10	Leonardtown	5:39.95	2	10
2 Karizma Solomon	11	C.H. Flowers	5:46.91	2	8
3 Amyra Turner	10	Suitland	5:48.03	2	6
4 Rachel Geiger	11	Leonardtown	5:48.64	2	5
5 Elizabeth Allen	10	North Point	5:52.74	2	4
6 Manuelene Deigh	11	C.H. Flowers	5:53.01	2	3
7 Eunice Boasiako	12	Eleanor Roosevelt	6:06.85	2	2
8 Erin Balmer	10	Suitland	6:12.56	2	1
9 Kendra DeFilippo	9	North Point	6:19.27	2	
10 Kiara Lee	9	Suitland	6:26.78	2	
11 Nowah Quanteh	10	C.H. Flowers	6:29.57	1	
12 Nnenna Elekalachi	10	DuVal	6:33.59	1	
13 Isi Hornbuckle	12	Leonardtown	6:33.65	1	
14 Katherine Hernandez	11	Bladensburg	6:35.52	1	
15 Louisa Ellison	11	Eleanor Roosevelt	6:38.74	2	
16 Emetem bezezuh	9	DuVal	7:00.03	1	
17 Kaosarat Dada	11	Bowie	7:10.09	1	
18 Ugonna Ohaemesi	11	Bowie	7:15.14	1	
19 Fatima Drammeh	9	DuVal	7:25.98	1	

Girls 3200 Meter Run 4A

PG ADV: A 11:53.55

Name	Year	School	Finals	Points
1 Nelle Ray	10	Leonardtown	11:58.64	10
2 Parker O'Brien	9	Leonardtown	12:28.40	8
3 Hannah Haynes	11	Leonardtown	12:44.15	6
4 Amyra Turner	10	Suitland	12:48.73	5
5 Manuelene Deigh	11	C.H. Flowers	12:56.06	4

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....Girls 3200 Meter Run 4A

6	Manuela Deigh	11	C.H. Flowers	13:06.79	3
7	Karizma Solomon	11	C.H. Flowers	13:08.63	2
8	Erin Balmer	10	Suitland	13:22.10	1
9	Eunice Boaslako	12	Eleanor Roosevelt	13:35.71	
10	Sydney Fiore	9	Eleanor Roosevelt	13:52.58	
11	Jennifer Onuoha	10	Eleanor Roosevelt	15:13.37	
12	Kaosarat Dada	11	Bowie	17:04.39	
13	Ugonna Ohaemesi	11	Bowie	17:52.94	

Girls 55 Meter Hurdles 4A

8 Advance: Top 1 Each Heat plus Next 5 Best Times

PG ADV: A 9.27

Name	Year	School	Prelims	H#
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Preliminaries

1	Ragan-Lei Phillip	12	High Point	A 8.55Q	1
2	Dejah Grant	12	C.H. Flowers	A 8.67Q	2
3	Adara Gamble	12	North Point	A 8.87Q	3
4	Nhyona Hall	10	DuVal	A 8.79q	2
5	Dejah Tinsley	12	DuVal	A 8.91q	3
6	Tatianna Elliott	10	Henry A. Wise	A 8.93q	2
7	Arie Mcilwain	10	C.H. Flowers	A 9.05q	1
8	Gennelle Walker	12	Suitland	A 9.09q	1
9	tiffany ohanele	11	DuVal	A 9.21	2
10	Desiree Davis	11	Suitland	9.46	3
11	Jada Johnson	12	North Point	9.59	3
12	Imani Ebanks	11	Henry A. Wise	9.67	1
13	Niomi Hinton-Ayodele	10	Bowie	9.77	2
14	Shakira Logan	10	Bladensburg	9.93	2
15	Breanne Mayor	12	Leonardtown	10.11	1
16	Lauren Brooks	11	Bowie	10.37	3
17	Carmen Moody	9	Henry A. Wise	10.82	2
18	Jessica Proctor	9	North Point	11.18	1
--	Cynthia Lawson	10	Suitland	DQ	1 illegal touching

Girls 55 Meter Hurdles 4A

PG ADV: A 9.27

Name	Year	School	Finals	H#	Points
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Finals

1	Ragan-Lei Phillip	12	High Point	8.43A	1	10
2	Dejah Tinsley	12	DuVal	8.46A	1	8
3	Dejah Grant	12	C.H. Flowers	8.70A	1	6
4	Adara Gamble	12	North Point	8.86A	1	5
5	Nhyona Hall	10	DuVal	8.92A	1	4
6	Arie Mcilwain	10	C.H. Flowers	8.96A	2	3
7	Tatianna Elliott	10	Henry A. Wise	8.97A	1	2
8	Gennelle Walker	12	Suitland	9.19A	2	1
9	tiffany ohanele	11	DuVal	9.41	2	

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Girls 4x200 Meter Relay 4A

=====			
PG ADV: A 1:49.39			
School	Finals	H#	Points
=====			
1 Suitland	1:46.94A	2	10
1) Naimah Duckett 10	2) Tiana Frierson 12		
3) Syparia Harris 12	4) Gennelle Walker 12		
2 Eleanor Roosevelt	1:47.16A	2	8
1) Safarya Cheadle 11	2) Abriana Ingram 11		
3) Jazmine Thomas 11	4) Ayana Williams 12		
3 North Point	1:48.07A	2	6
1) Lauryn Lewis 12	2) Jacquelyn Person 10		
3) Taylor Poole 11	4) Jasmine Forbes 12		
4 C.H. Flowers	1:48.64A	2	5
1) KeAsya Grier 10	2) Indiyah Taylor 10		
3) Kayla Myers 10	4) Anissa Bernard 10		
5 Henry A. Wise	1:48.95A	2	4
1) Saniya Simmons 9	2) Hadassah Hampton 12		
3) Tahmi Washington 12	4) Carmen Moody 9		
6 DuVal	1:49.00A	2	3
1) Ijeoma Asonye 12	2) Paulina Molina 12		
3) Dejah Tinsley 12	4) Ogechi Umekwe 10		
7 Bowie	1:50.42	1	2
1) Diana Starkey 10	2) Dianna Koger 10		
3) Lauren Brooks 11	4) Angel Washington 10		
8 Leonardtown	1:51.79	1	1
1) Breanne Mayor 12	2) Tyler Vallandingham 10		
3) Ella Muja 11	4) Sam Abell 9		
9 Parkdale	1:52.26	1	
1) Adekansola Adewami 11	2) Olabisi Falana 12		
3) Sonah Bundu 10	4) Aniyah Jeter 10		
10 Bladensburg	1:55.01	1	
1) Abigail Ofori 12	2) Saida Bangura 11		
3) Faith Hailey 10	4) Shakira Logan 10		
11 Laurel	1:56.32	1	
1) Grace Afful 10	2) Jocelyn Avent 10		
3) Eryn Jameson 11	4) Kennedy Tyme 11		

Girls 4x400 Meter Relay 4A

=====			
PG ADV: A 4:13.35			
School	Finals	H#	Points
=====			
1 C.H. Flowers	4:06.92A	2	10
1) Indiyah Taylor 10	2) Dejah Grant 12		
3) Miracel Ephraim 10	4) Javon Watts 11		
2 DuVal	4:08.73A	2	8
1) Ijeoma Asonye 12	2) Ogechi Umekwe 10		
3) Dejah Tinsley 12	4) shaunda braveboy 12		
3 Leonardtown	4:12.43A	2	6
1) Parker O'Brien 9	2) Megan St. Laurent 11		
3) Kristina Kowalik 12	4) Renee Nosko 12		
4 Suitland	4:12.64A	2	5
1) Naimah Duckett 10	2) Tiana Frierson 12		
3) Syparia Harris 12	4) Gennelle Walker 12		

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....Girls 4x400 Meter Relay 4A

5	Henry A. Wise	4:14.14	2	4
	1) Hadassah Hampton 12		2) Jordan Mozie 10	
	3) Kamille Graham 11		4) Taylor Jones 12	
6	North Point	4:16.75	1	3
	1) Lauryn Lewis 12		2) Gabrielle Collins 12	
	3) Camille Dickerson 10		4) Jasmine Forbes 12	
7	Bowie	4:28.43	1	2
	1) Diana Starkey 10		2) Dianna Koger 10	
	3) Lauren Brooks 11		4) Mariama Bah 11	
8	Eleanor Roosevelt	4:31.27	2	1
	1) Courtney Robinson 12		2) Abriana Ingram 11	
	3) Jazmine Thomas 11		4) Ayana Williams 12	
9	Bladensburg	4:34.27	1	
	1) Idorenyin Inyang 10		2) Jasmine Johnson 12	
	3) Saida Bangura 11		4) Faith Hailey 10	
10	Laurel	4:34.61	1	
	1) Grace Afful 10		2) Eryn Jameson 11	
	3) Maureen Nkansah 9		4) Leslie Frimpong 10	

Girls 4x800 Meter Relay 4A

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PG ADV: A 10:07.40

School	Finals	Points
1 Leonardtown	9:47.43A	10
1) Parker O'Brien 9	2) Renee Nosko 12	
3) Nelle Ray 10	4) Emily Snyder 11	
2 Henry A. Wise	10:04.49A	8
1) Jordan Mozie 10	2) Dacoda Lyons 9	
3) Aalayah Harrod 9	4) Taylor Jones 12	
3 C.H. Flowers	10:28.18	6
1) Jaylene Okunola 10	2) Mayler Bolds 11	
3) Manuela Deigh 11	4) Allanah Buller-Jarrett 10	
4 Suitland	10:35.42	5
1) Amyra Turner 10	2) Erin Balmer 10	
3) Kiara Lee 9	4) Diamond Derr 12	
5 North Point	10:48.61	4
1) Caila Coates 12	2) Lena DeFilippo 10	
3) Melissa Mason 9	4) Masia Vicente 11	
6 Eleanor Roosevelt	11:07.54	3
1) Eunice Boasiako 12	2) Louisa Ellison 11	
3) Nadia Suh 11	4) Sydney Fiore 9	
7 DuVal	11:08.81	2
1) Nnenna Elekalachi 10	2) Fatima Drammeh 9	
3) Emetem bezezuh 9	4) shaunda braveboy 12	
8 Laurel	12:08.21	1
1) Mikayla Fadlin 10	2) Regine Septus 11	
3) Blessing Omoniyi 10	4) Leslie Frimpong 10	

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Girls High Jump 4A

PG ADV: A 4-10										
Name	Year School					Finals	Points			
1 Dejah Grant	12	C.H. Flowers				5-02.00A	10			
	4-04	4-06	4-08	4-10	5-00	5-02	5-04			
	PPP	PPP	PPP	PPP	O	XO	XXX			
2 Ayana Williams	12	Eleanor Roosevelt				4-10.00A	7			
	4-04	4-06	4-08	4-10	5-00					
	PPP	O	XO	XO	XXX					
2 tiffany ohanele	11	DuVal				4-10.00A	7			
	4-04	4-06	4-08	4-10	5-00					
	PPP	XO	O	XO	XXX					
4 Kamille Graham	11	Henry A. Wise				4-10.00A	5			
	4-04	4-06	4-08	4-10	5-00					
	PPP	O	O	XXO	XXX					
5 Dori'an Cheney	11	North Point				4-08.00	4			
	4-04	4-06	4-08	4-10						
	O	O	O	XXX						
6 Maddie Argobright	11	Leonardtwn				4-08.00	3			
	4-04	4-06	4-08	4-10						
	O	O	XO	XXX						
7 Anissa Bernard	10	C.H. Flowers				4-06.00	1.50			
	4-04	4-06	4-08							
	O	O	XXX							
7 Tatianna Elliott	10	Henry A. Wise				4-06.00	1.50			
	4-04	4-06	4-08							
	PPP	O	XXX							
9 Jessica Speight	11	Henry A. Wise				4-06.00				
	4-04	4-06	4-08							
	XXO	XO	XXX							
10 Megan St. Laurent	11	Leonardtwn				4-06.00				
	4-04	4-06	4-08							
	PPP	XXO	XXX							
11 Niomi Hinton-Ayodele	10	Bowie				4-04.00				
	4-04	4-06								
	O	XXX								
11 Arie Mcilwain	10	C.H. Flowers				4-04.00				
	4-04	4-06								
	O	XXX								
-- Raniya Washington	9	North Point				NH				
	4-04									
	XXX									
-- Shakira Logan	10	Bladensburg				NH				
	4-04									
	XXX									

Girls Shot Put 4A

PG ADV: A 33-00										
Name	Year School					Finals	Points			
1 Shantia Creek-Barrett	11	North Point				36-05.50A	10			
	36-05.50	32-11.25	30-05.50	35-02.25	34-00	34-02				

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....Girls Shot Put 4A

2	Tatianna Elliott	10	Henry A. Wise	36-00.50A	8
	35-01.50 36-00.50 35-06.50 33-10 35-02.75 35-10				
3	Mehkya Jones	10	North Point	33-08.00A	6
	30-11.50 33-08 33-04.50 32-00.75 31-02 FOUL				
4	Marie Abongwa	9	C.H. Flowers	32-01.75	5
	32-01.75 31-06.50 26-08 27-10 21-07 29-06.50				
5	Kamille Graham	11	Henry A. Wise	30-07.50	4
	30-07.50 29-01.25 FOUL 26-07 25-10.25 FOUL				
6	Tahmi Washington	12	Henry A. Wise	30-03.00	3
	26-09.50 21-01.75 26-10.50 25-02.50 25-01.50 30-03				
7	Yassine Kamara	11	Parkdale	29-07.25	2
	26-08.25 25-04.25 22-08.25 29-07.25 26-05.25 28-05				
8	Jennifer Opara	10	C.H. Flowers	28-06.00	1
	27-02 26-11.25 28-06 24-10.75 24-10 26-11				
9	Ozioma Ahaghotu	9	C.H. Flowers	27-08.75	
	26-09.25 27-08.75 24-01 25-06.75 24-06.50 24-02.25				
10	Katie O'Roark	10	Leonardtwn	26-04.00	
	25-03.50 21-07 26-04				
11	Naimah Patterson	10	Suitland	25-06.00	
	24-08.75 22-06 25-06				
12	Tatiana Thrasher	9	Suitland	24-06.00	
	23-05.50 24-06 22-00.50				
13	Tiara Claggett	10	DuVal	24-00.00	
	22-09 23-06.50 24-00				
14	Niomi Hinton-Ayodele	10	Bowie	23-10.00	
	23-03 23-10 20-10.75				
15	Thelma Amagho	10	Parkdale	23-01.00	
	23-01 22-03 22-05.50				
16	Olivia Pope	11	Parkdale	22-02.00	
	21-01 22-02 20-09				
17	Sumurah Sule	12	Laurel	19-05.00	
	19-02.50 18-11.25 19-05				

Boys 55 Meter Dash 4A

8 Advance: Top 1 Each Heat plus Next 5 Best Times

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PG ADV: A 6.73

Name	Year	School	Prelims	H#
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Preliminaries

1	Adetomiwa Adebayo	12	DuVal	A 6.54Q	1
2	Taheer Pierce	12	Henry A. Wise	A 6.62Q	2
3	Joshua Ajayi	10	Bowie	A 6.65Q	3 6.650
4	Christian Gray	12	Suitland	A 6.65q	1 6.643
5	Brandon Nya	11	Bowie	A 6.67q	3
6	Avery Myles	12	Henry A. Wise	A 6.69q	1
7	Malchai Pankey	12	Eleanor Roosevelt	A 6.70q	3
8	Edward Boateng	11	DuVal	A 6.72q	2
9	Khalid Hornsby	10	Eleanor Roosevelt	6.75	3 6.748
10	Melvin Crenshaw	10	C.H. Flowers	6.75	1 6.749
11	Matthew Sorey	11	C.H. Flowers	6.76	2
12	Laurenz Colbert	10	Eleanor Roosevelt	6.77	2 6.761
13	Joshua Stevenson	12	Parkdale	6.77	1 6.767
14	Kroy Myers	10	North Point	6.79	1

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15 Khalil Brooks	12 Suitland	6.81	2
16 Jalil Farooq	10 Henry A. Wise	6.82	3
17 James Williams	11 Bowie	6.84	2
18 Demarco Cuffey	10 North Point	6.92	1
19 Tavon Archer	12 Northwestern-PG	6.94	1
20 Tristan Holliday	10 DuVal	6.96	3
21 Ronald Williams	12 Suitland	6.97	3
22 Daryn Boden	12 Bladensburg	7.04	2
23 Howard Willis	12 North Point	7.23	2

Boys 55 Meter Dash 4A

PG ADV: A 6.73

Name	Year School	Finals	Points
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Finals

1 Taheer Pierce	12 Henry A. Wise	6.56A	10	
2 Adetomiwa Adebayo	12 DuVal	6.58A	8	
3 Brandon Nya	11 Bowie	6.62A	6	
4 Christian Gray	12 Suitland	6.64A	5	
5 Joshua Ajayi	10 Bowie	6.69A	4	6.684
6 Avery Myles	12 Henry A. Wise	6.69A	3	6.688
7 Edward Boateng	11 DuVal	6.70A	2	
8 Malchai Pankey	12 Eleanor Roosevelt	6.74	1	

Boys 300 Meter Dash 4A

PG ADV: A 36.91

Name	Year School	Finals	H#	Points
------	-------------	--------	----	--------

1 Taheer Pierce	12 Henry A. Wise	34.43A	4	10
2 Adetomiwa Adebayo	12 DuVal	35.13A	4	8
3 Brandon Nya	11 Bowie	35.71A	4	6
4 Avery Myles	12 Henry A. Wise	35.91A	3	5
5 Tyrenson Terry	12 Eleanor Roosevelt	35.94A	4	4
6 Oumar Balde	9 Bowie	36.45A	2	3
7 Laurenz Colbert	10 Eleanor Roosevelt	36.49A	3	2
8 Kroy Myers	10 North Point	36.52A	3	1
9 Edward Boateng	11 DuVal	36.77A	4	
10 Dorian Strong	11 Henry A. Wise	36.83A	3	
11 James Pringle	12 Eleanor Roosevelt	37.10	3	
12 Donnell Carter	12 North Point	37.15	4	
13 Jemuel Cypress	12 C.H. Flowers	37.89	1	
14 Joseph Collins	12 Suitland	37.90	3	
15 Wesley Dogan	12 North Point	37.99	2	
16 Tristan Shannon	11 C.H. Flowers	38.21	1	
17 Markus Smith	11 Laurel	38.33	2	
18 Tristan Holliday	10 DuVal	38.36	1	
19 Marcus Jones	9 Laurel	38.55	1	
20 William Leach	12 Suitland	38.99	1	
21 Michael Bethune	10 Laurel	39.40	2	
22 Sterling Wilson	12 Bowie	42.16	2	

MPSSAA Indoor Track - 2/5/2019

4A East Region Meet

PG Sports Complex

Results

Boys 500 Meter Run 4A

=====					
PG ADV: A 1:08.72					
Name	Year	School	Finals	H#	Points
=====					
1 Taveon Pierce	9	Henry A. Wise	1:07.69A	4	10
2 Joshua Edmonds	10	Henry A. Wise	1:07.71A	4	8
3 James Warner	12	North Point	1:07.82A	4	6
4 Sohphan Hussain	12	DuVal	1:08.89	3	5
5 Calvin Mason	12	North Point	1:08.90	4	4
6 Jayden Ford	12	Suitland	1:09.31	3	3
7 Tyrek Russell	12	DuVal	1:09.68	3	2
8 Emmanuel James	12	C.H. Flowers	1:10.79	2	1
9 Jamil Perry	11	Bowie	1:11.40	2	
10 Marcus Browne	12	Eleanor Roosevelt	1:11.84	2	
11 Kai Holt	11	Leonardtown	1:11.90	4	
12 gabriel assan	11	DuVal	1:13.13	3	
13 Dewayne Heard-Perry	10	Leonardtown	1:13.62	2	
14 Arnel Heathington	9	North Point	1:13.75	2	
15 Tommy Martin	10	Parkdale	1:14.09	1	
16 Michael Abdul-Majid	12	Northwestern-PG	1:14.45	1	
17 Harry Goodman	11	Bladensburg	1:15.26	1	
18 Mason Baugh	12	Bowie	1:16.43	1	
19 Chief Bentil	9	Laurel	1:18.50	1	
-- Dorian Strong	11	Henry A. Wise	DNF	2	

Boys 800 Meter Run 4A

=====					
PG ADV: A 2:03.69					
Name	Year	School	Finals	H#	Points
=====					
1 Devion Bryant	11	North Point	2:01.05A	2	10
2 Hector Matamoros	12	High Point	2:02.90A	2	8
3 Sohphan Hussain	12	DuVal	2:03.04A	2	6
4 Matt Kosten	12	Leonardtown	2:04.41	2	5
5 Jayden Ford	12	Suitland	2:07.35	2	4
6 Phillip Reed	12	North Point	2:08.10	2	3
7 Joe Nwadiaro	11	Laurel	2:08.49	1	2
8 Brandon Lewis	11	Eleanor Roosevelt	2:11.20	2	1
9 Chief Bentil	9	Laurel	2:11.54	2	
10 Roland Agyemang	12	Laurel	2:11.94	1	
11 gabriel assan	11	DuVal	2:12.50	2	
12 Zach Palma	10	Leonardtown	2:14.79	1	
13 Dominique Olin	10	Bowie	2:15.26	1	
14 Cameron McMillion	10	DuVal	2:15.81	1	
15 Kwesi Easton	12	Eleanor Roosevelt	2:16.48	1	
16 Quinton Edwards	10	Bowie	2:17.73	1	
17 Addo Davies	11	C.H. Flowers	2:19.43	1	
18 Brandon Jones	10	Suitland	2:21.60	2	
19 Khalil Gomez	10	Henry A. Wise	2:22.23	1	
20 Jaylen Coates	10	North Point	2:40.72	1	

MPSSAA Indoor Track - 2/5/2019**4A East Region Meet****PG Sports Complex****Results****Boys 1600 Meter Run 4A**

=====					
PG ADV: A 4:35.92					
Name	Year	School	Finals	H#	Points
=====					
1	Jafar Hussen	11	Parkdale	4:38.86	2 10
2	Devion Bryant	11	North Point	4:41.04	2 8
3	Brandon Lewis	11	Eleanor Roosevelt	4:41.93	2 6
4	Andrew Okon	11	Eleanor Roosevelt	4:42.05	2 5
5	Phillip Reed	12	North Point	4:42.54	2 4
6	Tafari Stephenson	10	Bowie	4:48.13	2 3
7	Nick Grooms	10	Leonardtown	4:48.64	2 2
8	Hector Matamoros	12	High Point	4:50.59	2 1
9	Roberto Rodriguez	10	Parkdale	4:55.98	2
10	Brandon Grabenstein	11	Leonardtown	4:57.40	2
11	Benno Wien	9	Eleanor Roosevelt	4:59.07	2
12	Brendan Woodworth	12	Leonardtown	5:08.70	1
13	Jason Jimason	10	C.H. Flowers	5:12.99	1
14	Brian Lonon	10	Suitland	5:17.90	1
15	Jose Guzman	10	DuVal	5:17.91	1
16	Paul Joseph	12	Bladensburg	5:18.06	1
17	Levaughn Whitmore	9	Suitland	5:18.80	1
18	Nahseem Adamson	10	Suitland	5:19.08	1
19	Khalil Wallace	12	C.H. Flowers	5:26.19	1
20	Emmanuel Achu	11	Laurel	5:26.27	1
21	Muhammed Alhwamdeh	11	Bowie	5:35.80	1
22	Alan Macal	12	Bladensburg	5:41.49	1

Boys 3200 Meter Run 4A

=====					
PG ADV: A 10:03.74					
Name	Year	School	Finals	H#	Points
=====					
1	Jafar Hussen	11	Parkdale	10:09.91	2 10
2	Andrew Okon	11	Eleanor Roosevelt	10:24.14	2 8
3	Brandon Lewis	11	Eleanor Roosevelt	10:24.19	2 6
4	AJ Argobright	10	Leonardtown	10:44.58	2 5
5	Tafari Stephenson	10	Bowie	10:48.61	2 4
6	Roberto Rodriguez	10	Parkdale	10:52.83	2 3
7	Dyson Coley	10	Henry A. Wise	10:55.06	2 2
8	Rory Coll	10	Leonardtown	11:37.47	2 1
9	Evan Murph	9	Leonardtown	11:42.63	2
10	Jason Jimason	10	C.H. Flowers	11:49.47	1
11	Jose Guzman	10	DuVal	12:15.25	1
12	Levaughn Whitmore	9	Suitland	12:17.27	1
13	Tymon Stewart	11	Suitland	12:19.97	1
14	Adam Cullen	12	North Point	12:26.75	1
15	Emmanuel Achu	11	Laurel	12:32.88	1
16	Samuel Tiliksew	11	Laurel	12:37.36	1
17	Karon Hobbs	11	Suitland	13:20.36	1
18	Johan Campbell	10	Bowie	13:48.13	1
19	Mave Wellington	9	High Point	14:50.18	1

MPSSAA Indoor Track - 2/5/2019

4A East Region Meet

PG Sports Complex

Results

Boys 55 Meter Hurdles 4A**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

=====				
PG ADV: A 8.28				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Adetomiwa	Adebayo	12 DuVal	A 7.56Q 3
2	Samuri	Matthews	10 North Point	A 8.07Q 2
3	Marquise	Burks	10 Bowie	A 8.20Q 1
4	Kareem	Kelsick	12 Henry A. Wise	A 8.12q 2
5	Zachary	Opon	12 Laurel	A 8.28q 1
6	Khalil	Brooks	12 Suitland	8.36q 3
7	Jamil	Perry	11 Bowie	8.37q 1
8	Rodney	Gainous	11 Henry A. Wise	8.40q 2
9	Isaac	Ojo	11 Laurel	8.55 3
10	Morey	Campbell	10 North Point	8.63 1
11	William	Leach	12 Suitland	8.83 1
12	Victor	Nwogu	10 C.H. Flowers	8.84 3
13	Latreil	Wimberly	11 C.H. Flowers	8.92 2
14	Paulson	Obiniyi	10 C.H. Flowers	9.00 3
15	Jon	Ely	12 Leonardtown	9.49 1
16	Rowan	McConvey	10 Leonardtown	9.83 2
17	Stephen	Agyei	10 Laurel	10.38 3
18	Emerson	Rodriguez	11 High Point	10.47 2

Boys 55 Meter Hurdles 4A

=====				
PG ADV: A 8.28				
Name	Year	School	Finals	Points
=====				
Finals				
1	Adetomiwa	Adebayo	12 DuVal	7.44A 10
2	Kareem	Kelsick	12 Henry A. Wise	7.69A 8
3	Zachary	Opon	12 Laurel	7.98A 6
4	Samuri	Matthews	10 North Point	8.01A 5
5	Khalil	Brooks	12 Suitland	8.19A 4
6	Marquise	Burks	10 Bowie	8.32 3
7	Rodney	Gainous	11 Henry A. Wise	8.38 2
8	Jamil	Perry	11 Bowie	8.72 1

Boys 4x200 Meter Relay 4A

=====				
PG ADV: A 1:35.01				
School	Finals	H#	Points	
=====				
1	Henry A. Wise	1:30.77A	2	10
	1) Jalil Farooq 10	2) Kareem Kelsick 12		
	3) Taheer Pierce 12	4) Avery Myles 12		
2	Bowie	1:31.82A	2	8
	1) Oumar Balde 9	2) Brandon Nya 11		
	3) Joshua Ajayi 10	4) Sterling Wilson 12		
3	Eleanor Roosevelt	1:32.24A	2	6
	1) Laurenz Colbert 10	2) Khalid Hornsby 10		
	3) Tyrenson Terry 12	4) Malchai Pankey 12		
4	Suitland	1:33.12A	2	5

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....Boys 4x200 Meter Relay 4A

1) Khalil Brooks 12	2) Joseph Collins 12		
3) Christian Gray 12	4) William Leach 12		
5 Laurel		1:34.46A	1 4
1) Michael Bethune 10	2) Zachary Opon 12		
3) Markus Smith 11	4) Marcus Jones 9		
6 North Point		1:34.62A	2 3
1) Donnell Carter 12	2) Demarco Cuffey 10		
3) Kroy Myers 10	4) Wesley Dogan 12		
7 C.H. Flowers		1:35.66	1 2
1) Melvin Crenshaw 10	2) Jemuel Cypress 12		
3) Matthew Sorey 11	4) Tristan Shannon 11		
8 DuVal		1:36.15	2 1
1) Edward Boateng 11	2) Brandon Kruah 10		
3) Justice Quaino 11	4) Kayvon Raymond 10		
9 Bladensburg		1:39.54	1
1) Jaiden Agbimbie 9	2) Daryn Boden 12		
3) Djibril Diallo 12	4) Harry Goodman 11		
10 Northwestern-PG		1:39.91	1
1) Tavon Archer 12	2) Shafiq Hassan 11		
3) Michael Abdul-Majid 12	4) Emmanuel Marfo 10		

Boys 4x400 Meter Relay 4A

=====

PG ADV: A 3:35.16

School	Finals	H#	Points
1 North Point	3:27.99A	2	10
1) James Warner 12	2) Donnell Carter 12		
3) Kroy Myers 10	4) Calvin Mason 12		
2 Henry A. Wise	3:28.09A	2	8
1) Desmond Johnson 10	2) Kareem Kelsick 12		
3) Taheer Pierce 12	4) Avery Myles 12		
3 DuVal	3:35.46	2	6
1) Edward Boateng 11	2) cameron wallace 10		
3) gabriel assan 11	4) Cameron McMillion 10		
4 Suitland	3:36.80	2	5
1) Joseph Collins 12	2) Ronald Williams 12		
3) Jayden Ford 12	4) Khalil Brooks 12		
5 Laurel	3:40.36	2	4
1) Michael Bethune 10	2) Marcus Jones 9		
3) Toyeeb Kassim 11	4) Zachary Opon 12		
6 C.H. Flowers	3:42.06	1	3
1) Emmanuel James 12	2) Melvin Crenshaw 10		
3) Tristan Shannon 11	4) Justin Clendenin 11		
7 Leonardtown	3:45.21	1	2
1) Nick Burch 12	2) Dewayne Heard-Perry 10		
3) Nick Grooms 10	4) Kai Holt 11		
8 Bladensburg	3:56.39	1	1
1) Harry Goodman 11	2) Paul Joseph 12		
3) Daryn Boden 12	4) Djibril Diallo 12		
9 Northwestern-PG	4:05.26	1	
1) Tavon Archer 12	2) Michael Abdul-Majid 12		
3) Emmanuel Marfo 10	4) Shafiq Hassan 11		
-- Bowie	DNF	2	

MPSSAA Indoor Track - 2/5/2019
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PG Sports Complex
Results

....Boys 4x400 Meter Relay 4A

- | | |
|-----------------------|-------------------|
| 1) Sterling Wilson 12 | 2) Brandon Nya 11 |
| 3) Oumar Balde 9 | 4) Aju Kalu 12 |

Boys 4x800 Meter Relay 4A

PG ADV: A 8:28.96		Finals	Points
School			
1 DuVal		8:23.19A	10
1) Tyrek Russell 12	2) Sohphan Hussain 12		
3) Cameron McMillion 10	4) gabriel assan 11		
2 North Point		8:23.26A	8
1) Devion Bryant 11	2) Phillip Reed 12		
3) Jaylen Coates 10	4) Calvin Mason 12		
3 Henry A. Wise		8:36.72	6
1) Khalil Gomez 10	2) Taveon Pierce 9		
3) Javon Watts 10	4) Dyson Coley 10		
4 Leonardtown		8:45.21	5
1) Kai Holt 11	2) Dewayne Heard-Perry 10		
3) Noah Eby 12	4) Matt Kosten 12		
5 Suitland		8:46.39	4
1) Jayden Ford 12	2) Brandon Jones 10		
3) Brian Lonon 10	4) Davon White 12		
6 Laurel		8:46.77	3
1) Roland Agyemang 12	2) Chief Bentil 9		
3) Joe Nwadiaro 11	4) Toyeeb Kassim 11		
7 C.H. Flowers		8:50.30	2
1) Addo Davies 11	2) Emmanuel James 12		
3) David Wingate 12	4) Khalil Wallace 12		
8 Eleanor Roosevelt		9:14.57	1
1) Muzzamil Khan 11	2) Kwesi Easton 12		
3) Raymond Solomon 11 11	4) Brandon Lewis 11		
9 Bowie		9:16.74	
1) Quinton Edwards 10	2) Kareem Alhwarddeh 10		
3) Dominique Olin 10	4) Elijah Byrd 11		

Boys High Jump 4A

PG ADV: A 5-10		Finals	Points
Name	Year School		
1 Zachary Opon	12 Laurel	6-00.00A	10
5-04 5-06 5-08 5-10 6-00 6-02 6-04			
PPP PPP PPP XO XO PPP XXX			
2 Ronald Williams	12 Suitland	5-10.00A	8
5-04 5-06 5-08 5-10 6-00			
O O O O XXX			
3 Tony Gore II	12 C.H. Flowers	5-10.00A	5.50
5-04 5-06 5-08 5-10 6-00			
O O XO O XXX			
3 James Young	9 Henry A. Wise	5-10.00A	5.50
5-04 5-06 5-08 5-10 6-00			
PPP XO O O XXX			

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....Boys High Jump 4A

5	Nick Burch	12	Leonardtwn	5-10.00A	4
	5-04 5-06 5-08 5-10 6-00				
	PPP XO XO XO XXX				
6	Jamil Perry	11	Bowie	5-10.00A	3
	5-04 5-06 5-08 5-10 6-00				
	O O XO XXO XXX				
7	Morey Campbell	10	North Point	5-08.00	2
	5-04 5-06 5-08 5-10				
	PPP O O XXX				
8	Marquise Burks	10	Bowie	5-08.00	1
	5-04 5-06 5-08 5-10				
	O XO O XXX				
9	Rodney Gainous	11	Henry A. Wise	5-08.00	
	5-04 5-06 5-08 5-10				
	O O XXO XXX				
10	Jalil Farooq	10	Henry A. Wise	5-08.00	
	5-04 5-06 5-08 5-10				
	O XXO XXO XXX				
11	Nelson Jackson	10	DuVal	5-04.00	
	5-04 5-06				
	O XXX				

Boys Pole Vault 4A

=====

PG ADV: A 10-05

Name	Year	School	Finals	Points
1 Marquise Burks	10	Bowie	9-00.00	10
	7-00 8-00 9-00 10-00			
	O O XO XXX			

Boys Shot Put 4A

=====

PG ADV: A 44-09

Name	Year	School	Finals	Points
1 Nnamdi Olebara	12	C.H. Flowers	54-09.00A	10
	53-08.25 53-03 FOUL 50-02.25 54-09 51-09.50			
2 Rodney Gainous	11	Henry A. Wise	45-05.00A	8
	36-04.25 45-05 45-00.50 44-00.25 41-11.50 42-07			
3 Movado Gray	12	Parkdale	45-03.00A	6
	45-03 44-00 11-00 44-11 FOUL 44-05			
4 Rashid Al-Hasib	12	DuVal	44-04.50	5
	42-03.50 44-04.50 40-08 41-09.50 FOUL 40-06			
5 Major Cameron	12	Bladensburg	43-01.50	4
	FOUL 43-01.50 FOUL 40-11 40-03.50 39-02			
6 Marquise Burks	10	Bowie	39-07.00	3
	37-00 39-07 38-04 38-05.75 39-04.50 39-06			
7 Nate Evans	11	Leonardtwn	37-05.00	2
	34-10.25 FOUL FOUL FOUL 37-05 FOUL			
8 Will Kurtz	11	Leonardtwn	35-07.00	1
	FOUL 35-05.50 33-04 33-06.75 35-07 33-09.75			
9 Makachi Ngobili	9	C.H. Flowers	34-07.00	
	FOUL 34-07 29-00 32-05 32-07.50 25-06.75			

**MPSSAA Indoor Track - 2/5/2019
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Results**

....Boys Shot Put 4A

10 Tracey White	11 Henry A. Wise	34-02.00
FOUL 34-02 30-03.25		
11 Cameron Gregory	10 Henry A. Wise	34-00.75
32-01 31-02 34-00.75		
12 Roger Guzman	12 Parkdale	33-03.00
31-08.25 32-00.50 33-03		
13 Cephes Mckune	10 C.H. Flowers	32-08.50
32-01.75 29-06.50 32-08.50		
14 Uviel Lima-Lucera	11 Bladensburg	29-04.00
27-06 29-04 28-04		
15 Dimetric Devy	9 DuVal	27-10.50
27-00 27-10.50 26-04		
16 Rossep Ozubu	10 High Point	26-05.00
26-05 25-07.75 24-06		
17 Jaylin Walker	10 High Point	24-05.00
23-00.25 24-05 23-04.75		
18 Michael Yemenshwa	11 High Point	23-01.50
22-06.75 22-11 23-01.50		

=====

Women - 4A - Team Rankings - 12 Events Scored

=====

1) C.H. Flowers	105.50	2) Henry A. Wise	80.50
3) Leonardtown	77	4) DuVal	52
5) North Point	51	6) Suitland	47
7) Eleanor Roosevelt	33	8) High Point	15
9) Bowie	4	10) Parkdale	2
11) Laurel	1		

=====

Men - 4A - Team Rankings - 13 Events Scored

=====

1) Henry A. Wise	95.50	2) North Point	64
3) DuVal	63	4) Bowie	55
5) Eleanor Roosevelt	40	6) Suitland	38
7) Laurel	29	7) Parkdale	29
9) Leonardtown	27	10) C.H. Flowers	23.50
11) High Point	9	12) Bladensburg	5