



MPSSAA Girl's Lacrosse Mid-Season Memo

A few questions/concerns have come up during the season and I would like to remind you of the 2019 NFHS/USL Rule interpretations regarding the following topics.

Self-Start and How to Handle an Incorrect Self-Start

1. Self start in the mid field when under two min in the half and clock stopped on each whistle (goal differential is less than 10) = tweet tweet, fix it and reset the self-start

Rationale: Not all fields have visible clock. Players and officials may not hear or know they are under 2 minutes. There are ways to mitigate this- ask announcer to announce "2 minutes" over PA system, or announce it from the table.

2. Self start in CSA, free position on dot or between 8M and 12M or on the 12M = tweet tweet, fix it and reset the self-start

3. Self start on an 8M free position going toward goal = false start, change of possession.

4. Self start in CSA going out = tweet tweet, fix it and reset the self-start

Leniency on the self-start is for the 2019 season ONLY! We are allowing players to adjust and get used to the new rule.

The Penalty Zone

•Players are ALLOWED to stand in the back of the zone between the back of the penalty zone and the end line, below and between the dots if this happens to be their shortest route out. Be prepared to hustle there to judge who is closest to the end line boundary on a missed shot.

•The penalty zone is only cleared for free positions on any of the 7 hash marks. Do not clear the zone for free positions between the 8M and 12M or on the 12M.

Early Entry on a Draw vs. Offsides

On a draw if players step over the Restraining Line prior to a team gaining possession or the ball going past the restraining lines, this is **Early Entry** (Rule 5)-Minor foul administered at the spot of the ball at the time of the foul, and a **SELF-START**.

Any team having more than 7 players in their attacking end or 8 players in their defensive end at any times is **Offsides** (Rule 8)-Major Foul administered based on where the ball (see pages 49-50) is at the time of the whistle, and is a **WHISTLE START**.

Please contact me (either directly or through your Board chair) with any questions.

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