

## Field Hockey Quiz 1-August 25

1. An attacker takes a free hit inside the attacking 25. They play the ball using a self-pass. When the ball has traveled 2 yards, the player plays the ball directly into the circle. The umpire should:

- a) Award a free hit to the defense from where the player played the ball
- b) Award a free hit to the defense from where the ball crossed the circle
- c) Retake the free hit
- d) Allow play to continue

2. When a goalkeeper is disqualified or suspended for any reason other than a jersey violation, the coach shall remove one field player for the suspension, and the offending goalkeeper shall be replaced by another fully outfitted goalkeeper.

True

False

3. Two opponents are standing hip-to-hip, side-by-side waiting to receive a falling aerial ball between them that was lifted by Team A.

The umpire should:

- a) Blow the whistle while the ball is in the air and call a bully
- b) Allow play to continue as long as no danger occurs
- c) Award a free hit to Team B from where the ball was lifted.
- d) Award a free hit to Team B where the ball is landing.

4. The goalkeeper has made a diving save during field play and is lying across the goalmouth with the rebounded ball 5 yards away.

An attacker pushes the ball under the goalkeeper and then forcefully continues to play the ball into the goalkeeper.

The umpire should:

- a) Penalty stroke
- b) Penalty corner
- c) Free hit to the defense

5. An attacker just outside the 25 hits the ball in the direction of the goal. A defender inside the circle traps the ball and hits it towards the sideline. The ball strikes the umpire inside the circle and goes over the end line. The umpire should award:

- a) A bully

- b) A restart to the attack on the 25 yard line.
- c) A free hit to the defense.
- d) a penalty corner

**6. On a penalty corner, the player who inserts the ball from the endline, on the whistle, inserts the ball with both feet inside the field. The umpire should:**

- a) Reset the penalty corner
- b) Send the inserter to the center line and replace her with another attacker.
- c) Free hit to the defense

**7. When an umpire issues a player a green card the player:**

- a) Has just been warned and may stay in the game
- b) Must have been verbally warned prior to the card
- c) Must leave the game for 2 minutes and cannot be replaced by another player

**8. If a defending player intentionally kicks the ball while it is outside the circle but inside the 25, the umpire should either award a penalty corner immediately or apply the advantage and allow the play to proceed. At the first stoppage in play, the umpire could caution the offending defender verbally or warn them by giving them a green card.**

True

False

**9. A defender stops a raised shot at goal with their stick above shoulder height. The ball bounces off their stick leading to dangerous play. What is the correct decision:**

- a) Let play continue
- b) Penalty stroke
- c) Penalty corner
- d) free hit to the defense

**10. When a penalty corner is awarded for a foul that results in the suspension or disqualification of the goalkeeper, that goalkeeper must be replaced by a properly equipped substitute goalkeeper and the team shall reduce the field players by one.**

True

False

Answers

1. A
2. True
3. D
4. C
5. B
6. B
7. C
8. True
9. C
10. True

