FEDERATION RULE REMINDERS

1. A goal cannot be scored If an attacking player becomes airborne of his own volition and he lands in the crease, regardless of what caused him to be in the crease. If he entered the crease of his own accord or was legally or illegally put there by the defense will determine which team has the restart and if any penalties will be awarded. An attacking player may legally score a goal and touch the crease area, provided: the ball enters the goal before the contact with the crease AND the player's feet are grounded prior to, during and after the shot.

2. If Team A throws the ball from their defensive half of the field into the Attack box, the ball leaves the Attack box and is then possessed by Team A, the 10 second count has not been satisfied. A team shall bring the ball into the goal area in each of the following situations:

- After crossing the centerline with possession.
- After initially gaining possession in the offensive half of the field.
- After regaining possession in the offensive half of the field after a defensive possession.

3. Officials should work with teams to assure there are no pregame violations, but keep in mind, the faceoff player only has to have a contrasting color between his head and pole, not necessarily contrasting tape.

4. Only a team that has possessed the ball and successfully advanced the ball into its offensive goal area or gained possession of the ball in its goal area (i.e., satisfied the 10-second count) can be called for over-and-back.

5. The other day, I was asked what to do in the event of a goalie losing his helmet during play, which apparently happened in one of our games. Answer: If by rule, a team's goalkeeper must leave the field until after the next dead ball because his helmet came off, work creatively within the structure of the rules to meet this requirement. This may include legally replacing the GK with a substitute and then if his team has possession, the team can take a timeout immediately after the restart whistle. If, however, the team has only 1 goalie, perhaps the official takes a timeout, and the team is now allowed to sub back the original goalie. Try to stay within the rules to provide safe protection for someone not experienced in playing a position where 80 mile per hour shots come his way. We just don't want to place an untrained goalie in the net, so do what you can within the rules to provide safety to all.

Thanks, continue to have a GREAT season!

Jim Bateman