

# MPSSAA Weekly Rules Quizzes

## Girls Lacrosse

### Week 1

**1. With two seconds left in the game, White #3 has an 8-meter free position. On the whistle, White #3 runs in and releases the ball prior to the horn. The ball enters the goal after the horn. The official should disallow the goal.**

- a. True
- b. False

**2. On the draw, all players below the restraining line are released when:**

- a. A whistle stops play for a foul.
- b. The ball goes out of bounds off a player or the player's crosse.
- c. The ball crosses the restraining line.
- d. All of the above

**3. Which of the following is NOT true regarding goalkeeper equipment?**

- a. The Goalkeeper may wear eyeglasses, either tinted or clear.
- b. Chinstraps must be properly secured to helmets.
- c. It is recommended that the Goalkeeper wear shin guards.
- d. She may affix a device to reduce concussions to the outside of her helmet.

**4. Following a blown whistle for a foul in the mid-field, the ball carrier must stop or pause before self-starting**

- a. True
- b. False

**5. To resume play when the ball has gone out of bounds in the midfield, a player passes the ball from out of bounds to her teammate on the field. What should the official do? ®**

- a. Bring the ball back and have her run the ball in
- b. Allow play to continue but give the team a verbal warning.
- c. Call time-out and green card her team
- d. Turn the ball over, award the ball to the opposing team 4 meters in from the boundary. All other players must be 4 meters away.

**6. On a flag for three seconds, Red shoots and then runs into the goal circle. Offsetting fouls are called, and the Red team has the Alternate Possession. Where is the Red team will be awarded the ball?**

- a. At the 8-meter hash on the GLE.
- b. On the closest 8-meter hash to where the foul for the flag occurred.
- c. At the dot closest to where the foul occurred when the whistle was blown to stop play.
- d. On the 12-meter fan, closest to where the foul occurred.

**7. White #9 is pushed by Blue #22 between the 8-meter arc and 12-meter fan as White is on a scoring play and a flag is raised. White #9 runs below the goal line extended but continues the scoring play as she wraps around the goal circle. Behind the goal circle Blue #11 cross checks White #9 who then loses the ball. The official blows the whistle to stop play. What is the correct penalty administration?**

- a. White #9 is placed at the closest dot to where the second foul occurred. Blue #11 is placed 4 meters behind.
- b. White #9 is placed at the center hash mark closest to the first foul. Blue #22 is placed 4 meters behind.
- c. White #9 is placed at the closest dot to the second foul and both Blue #22 and Blue #11 are placed 4 meters behind
- d. White #9 is placed at the closest outside hash to the second foul and Blue #11 is placed 4 meters behind.

**8. When clearing the penalty zone, which of the following procedures are CORRECT?**

- a. A defender, just outside the 8-meter arc, is entitled to move to the hash adjacent to the player taking the free position.
- b. An attack player may move to the adjacent hash if no defender has elected to claim that hash.
- c. Players outside the CSA may choose to enter the CSA and position themselves on the 8-meter arc, or elsewhere inside the CSA, if no delay occurs and they are at least 4 meters away from the free position.
- d. All of the above

**9. As White #2 scores a goal, Blue #8 roughly checks White #2. The official signals the goal, calls timeout, and cards Blue #8, either yellow or red depending on the severity of the foul. How shall play be restarted?**

- a. Play is restarted with White possession at center, draw positioning is not required and all players are at least 4 meters away from the free position. Whistle start.
- b. White is awarded the ball at the center, with a Blue player placed 4 meters away at 45-degree angle. Self start.
- c. White is awarded the ball at the center, with a Blue player placed 4 meter behind. Whistle start.
- d. Play is restarted with a draw.

**10. After the draw and before possession is gained, players from both teams step over the restraining line (early entry violation). How shall play be restarted?**

- a. Play should continue since both teams have equal opportunity to gain possession.
- b. The team who has the Alternate Possession shall be awarded a free position at the spot of the ball, no closer than 4 meters from the boundary. An opponent shall be placed 4 meters away and nearer to the goal she is defending. All other players must be at least 4 meters away. Whistle start.
- c. A redraw shall be administered.
- d. The team who has the Alternate Possession shall be awarded the ball at the center, with the opposing player placed at an angle towards her defensive goal. Whistle start.

Answers Week 1:

- 1. B (Rule 4, Section 8, Art. 3c)
- 2. D (Rule 5, Section 2, Art 6a 1-4)
- 3. D (Rule 2, Section 6, Art. 1)
- 4. B (Rule 5, Section 4, Art 2)
- 5. D (Rule 9, Section 1 o 2)
- 6. C (Rule 5, Section 5, Art. 1F, 3B)
- 7. D (Rule 11, Section 2, Penalties 3)
- 8. D. (Rule 10, Penalties 4, 5a-f)
- 9. A. (Rule 12, Section 8, Penalties3b)
- 10. B (Rule 5, Section 5, Art 1f)