

MPSSAA Field Hockey 2018 Quiz #2 - Answers

1. There is nothing in the NFHS rulebook which prohibits a defender from being in her own goal cage. However, an attack player may not enter her opponent's goal or stand on her opponent's goal line; Rule 8-1-1r.
2. The substitute must wait until her teammate exits the field through the sub area; Rule 4-4-5 and Officials Guide, page 67, B1.
3. No defenders need go to the 50-yard line. Per a directive from the NFHS, the corner should be reset with a full complement of defenders.
4. Since this is a "stagnant" free hit and the opportunity for a self-start has been erased, all players must be 5-yards away; Rule 9-2-1c.
5. Illegal. Until the ball is played, all players, except the player taking the center pass, shall be in their own half of the field; Rule 5-1-2.
6. There is nothing in the NFHS rulebook which prohibits this action.
7. The umpire shall use his/her judgment; nothing about length of time is specified in the NFHS rulebook. However, "unnecessary delay of the game" is a violation which the umpire can penalize if, in his/her opinion, the delay is too long; Rule 8-1-1w. and Officials Guide, page 66, Ff.
8. Answer: a. Deflections (as opposed to aerial balls) are penalized at the spot of the deflection. Players may ...deflect the ball in a controlled manner in any part of the field when the ball is at any height, including above the shoulder, unless this is dangerous or leads to dangerous play; Rule 3-2-11.