

2018 MPSSAA FIELD HOCKEY QUIZ #1

1. The umpire notices a player with a regulation stick who is playing with her right hand at the top and left hand at the bottom of the stick (imagine hands in reverse.). Is this legal?
2. In starting a free hit in the circle, the goalie lifts the ball with her stick into her gloved hand. She immediately drops the ball onto her pads and “punts” the ball safely downfield. What is the call?
3. To start the 1v1 overtime procedure, the attack player places the ball on the 25-yard line, 5 yards from the sideline. Is this permitted?
4. While defending in the circle, the goalie’s helmet falls off during play. What should the umpire do in each of the following situations:
 - a. Occurs while play is ongoing in the circle.
 - b. Occurs during the playing of a penalty corner.
 - c. Occurs during the 1v1 overtime procedure.
5. A player has a mouth guard that extends beyond her mouth, covering her top and bottom lips. It also covers the front and posterior teeth. Is the equipment legal?
6. Since free hits coming into the circle within the 25-yard line are now taken at the spot of the foul, what is the purpose of the dotted hash circle?
7. A public school travels to a private school that uses FIH (International) rules. What rulebook should be used for this contest?
8. An attack player air dribbles into the circle and carries the ball toward the goal. Is she required to put the ball to the ground when the goalie is in “proximity”?