

2016 FIELD HOCKEY QUIZ #1

1. While setting up a penalty corner, the umpire notices blue defender #10 has no mouth guard. Umpire calls time out and green cards the coach. Can defender #10 return to the field prior to the insertion on the corner?
2. On a penalty stroke, the attacker lines up far behind the ball, but can reach the ball by stretching out her arm and stick. After the whistle blows, the defender backs up one step and flicks the ball into the cage. Goal or no goal?
3. Before the insertion on a penalty corner, blue defender #10 leaves the end line early. The umpire blows her whistle and sends her back to the 50-yard line. With three defenders and a goalie, the umpire starts the corner; during play, the ball hits blue defender #5's foot and the umpire calls a corner. Can blue defender #10 return to defend? How many defenders are permitted behind the end line?
4. A coach wishes to attach a small video camera inside the goal cage. Is this permitted?
5. After a goal is scored, the team that scored huddles, causing a delay in the restart of the game. The umpire shall:
 - a. Green card the coach for delay of game.
 - b. Green card the captain.
 - c. Warn the entire team.
 - d. None of the above.
6. After a goal has been scored, but prior to the center pass, the umpire realizes an ineligible attack player is on the field. The umpire should:
 - a. Not allow the goal and restart with a free hit at center.
 - b. Allow the goal.
 - c. Not allow the goal and award a long hit.
 - d. Not allow the goal and award a 16-yard hit.
7. A lifted shot on goal hits a non-marking defender positioned at least 5 yards away, between the shot and the goalie. The umpire awards:
 - a. A penalty corner.
 - b. A free hit to the defense.
 - c. A free hit to the offense at the broken-line circle.
 - d. A penalty stroke.
8. After the insertion of a penalty corner, the receiving attack player controls the ball inside of the circle and takes a shot on goal. The ball deflects off of a defender's stick and goes into the goal. The umpire shall award a:
 - a. Goal.
 - b. 25-yard free hit.
 - c. 16-yard hit.
 - d. Penalty corner.