

## MPSSAA Summer Camp Guidance

### .04 Operational Guidelines.

#### E. Out-of-Season Practice.

- (1) Member MPSSAA schools and coaches of member schools shall confine school practices to:
  - (a) The seasonal limitations as defined in Regulations .03 of this chapter; or
  - (b) Approved local school system sponsored camps.
- (2) A coach may not coach a team representing the coach's school beyond the defined competition opportunities designated in Regulation .03 of this chapter unless during approved local school system sponsored summer camps.

### .04 Operational Guidelines.

#### G. Summer Camps.

- (1) Students may attend a summer sports camp of their choice.
- (2) Students and member schools may participate in a summer camps that are sponsored by the local school system.
- (3) MPSSAA member schools and coaches may not require school personnel or students to participate in a summer camp.
- (4) Participation in summer camps is strictly voluntary and shall not have any bearing on seasonal participation.
- (5) It is a violation of the out-of-season practice rule established in Regulation .03 of this chapter for coaches of member MPSSAA schools, while affiliated with a camp that is not sponsored by the local school system, to conduct any form of team or group practice involving their school.
- (6) A member MPSSAA school may not provide school uniforms or equipment for students who attend a camp outside of the defined sports season in Regulation .03 of this chapter.

**Definition: Local School System Approved Summer Camp:** a series of training sessions that is sponsored and approved by the local school system involving skill development, instructional activities, and game situations within an individual local school system approved summer camp.

**Interpretation:** Local school systems may sponsor a camp that meets the following criteria:

1. After the last game of the Spring State Championships and concludes after the final Saturday of July.
2. Camps per sport may not exceed 12 individual days. Local School Systems shall approve the number of hours allowed per day of camp.
3. Camps may not consist of contact for collision sports as defined in the MPSSAA [Recommendations to Strengthen Concussion Safety](#). Helmets, pads, and full equipment are not allowed for football.
4. Only coaches approved by the local school system may conduct school-sponsored camps. Guest instructors are allowed per local school system guidelines.
5. Only students approved by the local school system may participate in approved summer camps
6. Skill development and instruction activities are allowed, including game situations within an individual local school system approved summer camp.
7. Local school systems may operate multi-school camps. Game situations may only occur within the parameters of the camp and may not lead to multi-camp scrimmages/competitions.