

## 4A3A West Region Championships 2023 - 2/18/2023

## Psych Sheet - 4A/3A West Region Championships

**Event 1 Boys 200 Yard Medley Relay**

4A3A West:		1:35.79	2020	WWH
MCPS:		1:31.84	2023	Whitman
Team	Relay	Seed Time		
1	WWH	A	1:31.84	
2	TSW	A	1:34.94	
3	WCH	A	1:35.19	
4	CLK	A	1:35.89	
5	CZM	A	1:36.38	
6	NWM	A	1:38.44	
7	BCC	A	1:38.80	
8	WAJ	A	1:39.60	
9	RMT	A	1:40.81	
10	QOR	A	1:41.06	
11	WTM	A	1:46.38	
12	SEV	A	1:48.03	
13	GAI	A	2:03.75	

**Event 2 Girls 200 Yard Medley Relay**

4A3A West:		1:48.37	2020	BCC
MCPS:		1:43.49	2023	Walter Johnson
Team	Relay	Seed Time		
1	WAJ	A	1:43.49	
2	BCC	A	1:44.72	
3	RMT	A	1:46.29	
4	TSW	A	1:47.66	
5	WCH	A	1:48.71	
6	WWH	A	1:49.58	
7	CZM	A	1:49.81	
8	QOR	A	1:53.73	
9	NWM	A	1:57.93	
10	CLK	A	2:00.07	
11	SEV	A	2:02.54	
12	GAI	A	2:08.64	
13	WTM	A	2:29.58	

**Event 3 Boys 200 Yard Freestyle**

4A3A West:		1:41.46	2022	Everett Oehler
MCPS:		1:37.62	2022	Everett Oehler
Name	Yr School	Seed Time		
1	Wang, Kyle	JR	WCH	1:39.63
2	Begin, Brady	JR	WCH	1:40.14
3	Haraldsson, Miles	SR	BCC	1:43.32
4	Nguyen, Alex	SO	RMT	1:44.55
5	Erkan, Aydin	SR	TSW	1:45.13
6	Fulton, Caelan	SR	WAJ	1:45.26
7	Svensson, Casper	SO	WWH	1:45.56
8	Christman, Beckett	SO	BCC	1:45.83
9	Kueh, Michael	FR	TSW	1:46.63
10	Kissel, James	SR	QOR	1:47.10
11	Lowrey, Jacob	SR	NWM	1:47.40
12	Phillips, Dain	FR	WAJ	1:47.98
13	Moore, Davis	SR	WWH	1:48.72
14	Kim, Tyler	SO	RMT	1:50.49
15	Kissel, Andrew	FR	QOR	1:53.54
16	Tejada, Danny	SR	CLK	2:02.31
17	Glenn, Tyler	FR	CZM	2:04.10

18	Strahan, Matthew	FR	CZM	2:06.38
19	Cho, Edwin	SO	CLK	2:08.60
20	Dahlke, Tegegn	SO	NWM	2:08.79
21	Hurt, Andrew	SO	WTM	2:23.52
22	Uzwiak, Christopher	SO	SEV	2:23.72
23	Fore, Nathaniel	FR	GAI	2:26.89
24	Seppy, Ryan	FR	WTM	2:33.81
25	Guevara, Estevan	FR	SEV	3:01.63

**Event 4 Girls 200 Yard Freestyle**

4A3A West:		1:50.92	2022	Maren Conze
MCPS:		1:47.71	2023	Andrea Dworak
Name	Yr School	Seed Time		
1	Yang, Georgia	SR	WCH	1:51.56
2	Conze, Maren	SR	WAJ	1:52.03
3	Venditti, Livia	JR	RMT	1:53.47
4	Mostofi, Addison	SO	BCC	1:55.55
5	Caiazza-Blum, Alice	SO	BCC	1:55.66
6	Webb, Natalie	SR	CZM	1:55.82
7	Mulkey, Anne	FR	WAJ	1:57.03
8	Johnson, Jordan	SO	RMT	1:59.75
9	Monkevich, Madison	SR	QOR	2:00.27
10	Chang, Charlotte	FR	TSW	2:01.62
11	Weliwitigoda, Sonia	SO	WWH	2:02.97
12	Marks, Stephanie	FR	QOR	2:02.98
13	Memon, Zoya	SR	WWH	2:04.03
14	Nishnianidze, Anna	FR	TSW	2:04.81
15	De Souza, Paige	FR	WCH	2:07.32
16	Yanes, Giselle	SO	CZM	2:09.69
17	Haughton, Minjae	SO	CLK	2:10.56
18	Castro, Sophie	FR	NWM	2:19.31
19	Iavarone-Garza, Siena	JR	CLK	2:20.00
20	Lee, Juliana	SO	NWM	2:23.28
21	Maita, Camila	JR	SEV	2:28.32
22	Epebinu, Folashade	JR	SEV	2:36.30
23	Dominguez, Roselind	SR	WTM	2:52.45
24	De La O, Stacey	FR	WTM	3:28.11

**Event 5 Boys 200 Yard IM**

4A3A West:		1:51.50	2019	Timmy Ellett
MCPS:		1:46.21	2023	Toby Barnett
Name	Yr School	Seed Time		
1	Mackesy, Evan	JR	CZM	1:50.26
2	Garner, Jed	SR	CLK	1:51.66
3	Kelly, Jordan	SR	TSW	1:52.22
4	Elkassam, Samir	JR	WCH	1:53.31
5	Minai, Marco	SR	WWH	1:53.65
6	Linehan-Reckford, John	SR	WCH	1:55.48
7	Eskin, Meyer	SR	WWH	1:57.14
8	Potter, Noah	SO	WAJ	1:57.29
9	Cho, Young	SR	TSW	1:58.27
10	Frantz, Shad	JR	RMT	2:01.12
11	Waterman, Clayton	SO	BCC	2:01.47
12	Lakhan, Kieran	SO	BCC	2:02.43
13	Peppelman, JD	SO	WAJ	2:03.83
14	Kim, Brandon	SR	QOR	2:04.44
15	Leeroy, Wesley	SO	RMT	2:04.90
16	Nagao, Kazuki	FR	QOR	2:07.63

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## Event 5 ... (Boys 200 Yard IM)

Name	Yr	School	Seed Time
17 Dixon, Joshua	SR	CLK	2:12.10
18 Tat, Christian	SO	NWM	2:16.61
19 Huyck, James	SO	NWM	2:22.66
20 Miller, Justin	SR	CZM	2:25.85
21 Pineda, Martin	FR	WTM	2:27.72
22 Buchanan, Deacon	SR	WTM	2:32.00
23 Selak, Tiernan	FR	SEV	2:39.81
24 Hybl, Ziad Phoenix	FR	SEV	2:48.39

## Event 6 Girls 200 Yard IM

4A3A West: 2:03.34 2018		Catherine Belyakov	
MCPS: 1:57.70 2023		Sienna Karp	
Name	Yr	School	Seed Time
1 Karp, Sienna	SR	WAJ	1:57.70
2 Eliason, Sarah	JR	RMT	2:04.27
3 Hinds, Virginia	FR	BCC	2:07.18
4 Webb, Maria	SO	CZM	2:08.03
5 Qin, Amy	JR	TSW	2:08.25
6 Miller, Kelsie	SR	WCH	2:08.97
7 Hammond, Hailey	FR	BCC	2:10.70
8 Yo, Abby	JR	RMT	2:12.11
9 Fleck, Kristina	SO	WWH	2:12.31
10 Oblon, Samantha	SR	WCH	2:12.36
11 Kenyon, Brooke	SR	CLK	2:13.80
12 Yang, Julie	FR	WWH	2:14.52
13 Katz, Rachel	JR	QOR	2:15.39
14 Feltrin, Isadora	FR	CZM	2:15.56
15 Erkan, Alara	SO	TSW	2:18.25
16 Bartholomew, Isla	SO	WAJ	2:18.44
17 Takada Jacobson, Hannah	SO	QOR	2:20.50
18 Cardenas Gaviria, Jaylinne	SO	NWM	2:24.67
19 Pham, Dulcie	SR	CLK	2:35.62
20 Chong, Sadie	FR	NWM	2:41.65
21 Rodriguez, Sofia	FR	WTM	2:47.90
22 Rishell, Ella	SR	WTM	3:05.56
23 Shuttles, Lauren	JR	GAI	3:33.57

## Event 7 Boys 50 Yard Freestyle

4A3A West: 21.17 2022		Kris Lawson	
MCPS: 20.53 2022		Kris Lawson	
Name	Yr	School	Seed Time
1 Lawson, Kris	SR	WWH	20.55
2 Koenig, Parker	SR	WAJ	21.00
3 Fu, Ethan	SR	WCH	21.41
4 Coapstick, Tyler	SO	TSW	21.59
5 Wang, Aidan	SR	TSW	21.70
6 Alguard, Kaden	SR	CLK	21.81
7 Hilton, Cole	JR	NWM	21.84
8 Webster, Jordan	SR	CZM	21.88
9 Boucree, Chris	SR	WWH	21.90
10 Schaupp, Max	SR	CZM	22.16
11 Ginsburg, Jonah	FR	WCH	22.27
12 Naulgan, Jarod Andwele	JR	WTM	22.50
13 Bagshaw, Brady	SR	WAJ	22.58
14 Turner, Riley	SR	SEV	22.81
15 Englert-Fernandez, Lukas	SR	QOR	22.93

16 Devine, McCarthy	SR	RMT	23.01
17 Klugman, Noah	SR	BCC	23.03
18 Lederman, Adam	SR	BCC	23.28
19 Graham, Brady	JR	NWM	23.41
20 Mettler, Trent	SO	QOR	23.62
21 Hicks, Christian	SR	RMT	24.07
22 Tejada, Danny	SR	CLK	24.33
23 Agostino, Vincent	JR	GAI	26.08
24 Liendo Galiano, Gianfranco	JR	SEV	27.39
25 Golubchyk, Mykhailo	JR	WTM	29.58

## Event 8 Girls 50 Yard Freestyle

4A3A West: 23.38 2022		Amy Qin	
MCPS: 22.81 2022		Nina Allen	
Name	Yr	School	Seed Time
1 Allen, Nina	SR	BCC	23.07
2 Brindle, Devin	SR	BCC	23.81
3 Morgan, Healey	JR	WAJ	23.81
4 Schwieters, Julie	SO	RMT	24.25
5 Woo, Ashley	SR	TSW	24.33
6 Taylor, Ainsley	JR	QOR	24.72
7 Harvey, Mattison	SR	WAJ	24.74
8 Reed, Bailey	SR	WCH	24.77
9 Burton, Sophia	SR	RMT	24.83
10 Thompson, Sidney	SR	TSW	24.94
11 Green, Chloe	SO	WWH	25.05
12 Murphy, Chloe	JR	WWH	25.22
13 Dean, Skylar	FR	CZM	25.44
14 Najarro, Isabella	SO	GAI	26.09
15 Hmem, Rania	FR	SEV	26.19
16 Hanson, Abigail	SR	NWM	26.33
17 Le, Elena	SO	WCH	26.75
18 Jones, Brooke	SR	CZM	26.91
19 Bollini, Maren	SO	QOR	27.69
20 Desbrow, Bailey	FR	NWM	27.94
21 Cook, Elly	SR	CLK	27.94
22 Mei, Tiffany	SO	CLK	28.00
23 Barnes, Ashleigh	JR	GAI	29.23
24 Dancik, Hailey	SO	SEV	33.23
25 De La O, Stacey	FR	WTM	40.10

## Event 11 Boys 100 Yard Butterfly

4A3A West: 49.21 2022		Kris Lawson	
MCPS: 48.13 2022		Everett Oehler	
Name	Yr	School	Seed Time
1 Elkassem, Nasim	JR	WCH	49.80
2 Koenig, Parker	SR	WAJ	50.41
3 Kaiser, Michael	JR	WCH	50.44
4 Conway, Blake	SR	WWH	50.88
5 Rankin, Jackson	SR	TSW	50.96
6 Webster, Jordan	SR	CZM	51.33
7 Li, Jason	JR	TSW	51.57
8 Dietrich, Theodore	SR	WAJ	51.83
9 Cannistra, Jake	SR	BCC	51.95
10 Lawson, Kris	SR	WWH	52.38
11 Christman, Beckett	SO	BCC	52.40
12 Rogovoy, Jack	SO	NWM	54.35
13 Miller, Justin	SR	QOR	54.78

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## Event 11 ... (Boys 100 Yard Butterfly)

Name	Yr	School	Seed Time
14 Shafer, Lukas	SO	QOR	55.39
15 Lockard, Andrew	SO	CZM	57.10
16 Tat, Christian	SO	NWM	57.95
17 Doan, Kevin	FR	RMT	58.08
18 Baird, Charles	SO	RMT	1:00.50
19 Dixon, Joshua	SR	CLK	1:01.13
20 Brown, Thomas	SR	CLK	1:02.23
21 Pineda, Martin	FR	WTM	1:08.00
22 Segovia, Alex	FR	GAI	1:08.97
23 Hybl, Ziad Phoenix	FR	SEV	1:11.09
24 Hurt, Andrew	SO	WTM	1:15.85
25 Guild, Logan	SR	GAI	1:19.50
26 Guevara, Estevan	FR	SEV	1:20.97

## Event 12 Girls 100 Yard Butterfly

4A3A West:		56.12	2020	Jill Berger
MCPS:		53.87	2018	Hannah Kannan
Name	Yr	School	Seed Time	
1 Eliason, Sarah	JR	RMT	53.99	
2 Webb, Maria	SO	CZM	56.05	
3 Scofield, Campbell	JR	TSW	56.05	
4 Brindle, Devin	SR	BCC	56.28	
5 Yang, Georgia	SR	WCH	56.30	
6 Harrison, Elena	SR	WWH	56.40	
7 Simmons, Maddie	SO	WAJ	56.47	
8 Clark, Lauren	SR	QOR	56.82	
9 Miller, Kelsie	SR	WCH	56.89	
10 Hammond, Hailey	FR	BCC	56.94	
11 McGee, Zoe	FR	WAJ	58.20	
12 Schwieters, Julie	SO	RMT	58.51	
13 Yang, Julie	FR	WWH	58.96	
14 Kenyon, Brooke	SR	CLK	1:00.25	
15 Marks, Stephanie	FR	QOR	1:00.67	
16 Shad, Sophia	SR	TSW	1:01.25	
17 Arias, Samantha Mae	FR	GAI	1:03.77	
18 Cardenas Gaviria, Jaylinne	SO	NWM	1:03.87	
19 McDonald, Claire	SO	NWM	1:04.33	
20 Lockard, Ava	JR	CZM	1:05.72	
21 Ahn, Kirsten	SO	SEV	1:13.38	
22 Chrobak, Emma	FR	SEV	1:14.41	
23 Nguyen, Marianne	JR	CLK	1:18.65	
24 Rivera Benicio, Camila	FR	GAI	1:24.12	
25 Dominguez, Roselind	SR	WTM	1:33.70	
26 Ferrufino, Emily	SR	WTM	2:01.25	

## Event 13 Boys 100 Yard Freestyle

4A3A West:		45.56	2022	Everett Oehler
MCPS:		44.74	2022	Everett Oehler
Name	Yr	School	Seed Time	
1 Wang, Kyle	JR	WCH	45.87	
2 Fu, Ethan	SR	WCH	46.24	
3 Coapstick, Tyler	SO	TSW	47.27	
4 Truong, Michael	SR	CLK	47.65	
5 Potter, Noah	SO	WAJ	47.76	
6 Sun, Ashton	JR	TSW	47.96	
7 Frantz, Shad	JR	RMT	48.29	

8 Boucree, Chris	SR	WWH	48.37
9 Fulton, Caelan	SR	WAJ	48.56
10 Turner, Riley	SR	SEV	49.06
11 Harrison, Joshua	SR	WWH	49.11
12 Englert-Fernandez, Lukas	SR	QOR	49.42
13 Naulgan, Jarod Andwele	JR	WTM	49.48
14 Schaupp, Max	SR	CZM	49.52
15 Ancheta, Guillermo	FR	NWM	49.63
16 Klugman, Noah	SR	BCC	51.06
17 George, Kymani	SR	CLK	51.12
18 Kramer, Griffin	SR	BCC	51.28
19 Devine, McCarthy	SR	RMT	51.31
20 Frahm, August	JR	QOR	51.49
21 Hinkeldey, William	SR	CZM	53.03
22 Conte, Antonio	FR	NWM	54.44
23 Wickson, James	JR	SEV	55.62
24 Montas, Jack	JR	GAI	59.03
25 Pullen, Dane	SR	WTM	1:11.48

## Event 14 Girls 100 Yard Freestyle

4A3A West:		51.36	2022	Amy Qin
MCPS:		49.07	2016	Morgan Hill
Name	Yr	School	Seed Time	
1 Allen, Nina	SR	BCC	51.35	
2 Morgan, Healey	JR	WAJ	51.67	
3 Nishnianidze, Anna	FR	TSW	53.43	
4 Bu, Catherine	FR	WCH	53.82	
5 Mitchum, Anna	SO	RMT	53.92	
6 Qin, Amy	JR	TSW	54.15	
7 Drakakis, Rena	SR	BCC	54.28	
8 Levine, Lauren	SO	WAJ	54.37	
9 Gotting, Lauren	SO	RMT	54.64	
10 O'Hara, Megan	SO	CZM	55.18	
11 Stoudt, Kaitlyn	JR	NWM	55.35	
12 Monkevich, Madison	SR	QOR	55.51	
13 Green, Chloe	SO	WWH	55.82	
14 Kim, Madi	JR	QOR	56.38	
15 Kaiser, Gabriela	FR	WCH	57.64	
16 Murphy, Chloe	JR	WWH	57.77	
17 Najarro, Isabella	SO	GAI	58.38	
18 Hanson, Abigail	SR	NWM	58.95	
19 Hmem, Rania	FR	SEV	59.57	
20 Jones, Brooke	SR	CZM	1:00.97	
21 Johnson, Niah-Marie	SR	SEV	1:02.50	
22 Mei, Danica	SR	CLK	1:03.74	
23 Pham, Dulcie	SR	CLK	1:04.82	
24 Rodriguez, Sofia	FR	WTM	1:07.16	
25 Ferrufino, Andrea	SO	WTM	1:32.81	

## Event 15 Boys 500 Yard Freestyle

4A3A West:		4:36.69	2022	Brady Begin
MCPS:		4:20.04	2012	Garrett Powell
Name	Yr	School	Seed Time	
1 Mackesy, Evan	JR	CZM	4:28.20	
2 Begin, Brady	JR	WCH	4:28.97	
3 Haraldsson, Miles	SR	BCC	4:33.34	
4 Lowrey, Jacob	SR	NWM	4:34.19	
5 Nguyen, Alex	SO	RMT	4:36.38	

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## Event 15 ... (Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time
6	Begin, Charlie	FR WCH	4:39.58
7	Erkan, Aydin	SR TSW	4:41.13
8	Kissel, James	SR QOR	4:45.47
9	Conroy, Charlie	SO WWH	4:48.65
10	Martinez, Matthew	JR WAJ	4:50.12
11	Feltrin, Matheus	SR CZM	4:51.87
12	Minai, Marco	SR WWH	4:54.07
13	Rudolph, Ian	SR WAJ	4:56.38
14	Chen, Evan	SR TSW	4:57.59
15	Kissel, Andrew	FR QOR	5:01.82
16	Bright, Dmitriy	JR WTM	5:11.38
17	Lederman, Adam	SR BCC	5:12.28
18	Conley, Padraig	FR RMT	5:26.72
19	Johnson, Maxwell	SO CLK	5:37.96
20	Lee, Justin	SR NWM	5:47.55
21	Durgam, Nithin	SR CLK	6:07.09
22	Uzwiak, Christopher	SO SEV	7:05.44
23	Fore, Nathaniel	FR GAI	7:14.07
24	Moitoza, Evan	FR SEV	7:51.59

## Event 16 Girls 500 Yard Freestyle

4A3A West: 4:56.00 2012 Ellen Anderson			
MCPS: 4:46.77 2023 Andrea Dworak			
Name	Yr	School	Seed Time
1	Scofield, Campbell	JR TSW	4:56.75
2	Simmons, Maddie	SO WAJ	5:01.17
3	Caiazza-Blum, Alice	SO BCC	5:08.58
4	Webb, Natalie	SR CZM	5:09.55
5	Clark, Lauren	SR QOR	5:10.07
6	Hinds, Clara	SR BCC	5:10.38
7	Dean, Skylar	FR CZM	5:11.49
8	Crown, Ella	FR NWM	5:16.80
9	Mulkey, Anne	FR WAJ	5:20.40
10	Takada Jacobson, Hannah	SO QOR	5:20.57
11	Yo, Abby	JR RMT	5:21.59
12	Memon, Zoya	SR WWH	5:22.77
13	De Souza, Paige	FR WCH	5:23.34
14	Erkan, Alara	SO TSW	5:27.01
15	Johnson, Jordan	SO RMT	5:27.57
16	Khani, Allison	SO WWH	5:28.93
17	Matthews, Noelle	SO WCH	5:47.12
18	Iavarone-Garza, Siena	JR CLK	6:03.84
19	Shriharsha, Advika	FR NWM	6:40.39
20	Fraser, Samantha	FR CLK	7:07.34
21	Maita, Camila	JR SEV	7:08.01
22	Dancik, Hailey	SO SEV	7:39.22

## Event 17 Boys 200 Yard Freestyle Relay

4A3A West: 1:26.17 2022 WWH			
MCPS: 1:23.39 2020 Whitman			
Team	Relay	Seed Time	
1	WCH	A 1:24.35	
2	WWH	A 1:25.10	
3	TSW	A 1:26.45	
4	WAJ	A 1:27.94	
5	BCC	A 1:29.70	

6	QOR	A 1:30.58
7	CLK	A 1:31.84
8	RMT	A 1:32.26
9	CZM	A 1:33.91
10	NWM	A 1:36.57
11	SEV	A 1:37.10
12	WTM	A 1:41.13
13	GAI	A 1:48.44

## Event 18 Girls 200 Yard Freestyle Relay

4A3A West: 1:37.22 2019 WAJ			
MCPS: 1:34.58 2023 B-CC			
Team	Relay	Seed Time	
1	BCC	A 1:34.58	
2	TSW	A 1:36.57	
3	RMT	A 1:37.05	
4	WAJ	A 1:37.87	
5	WCH	A 1:38.77	
6	WWH	A 1:40.82	
7	QOR	A 1:42.32	
8	CZM	A 1:44.83	
9	GAI	A 1:46.24	
10	CLK	A 1:46.47	
11	NWM	A 1:47.19	
12	SEV	A 1:51.91	

## Event 19 Boys 100 Yard Backstroke

4A3A West: 50.43 2020 Noah Rutberg			
MCPS: 49.36 2020 Noah Rutberg			
Name	Yr	School	Seed Time
1	Conway, Blake	SR WWH	49.61
2	Elkassam, Nasim	JR WCH	50.97
3	Sun, Ashton	JR TSW	51.57
4	Hann, Benjamin	SR WCH	52.12
5	Kelly, Jordan	SR TSW	52.70
6	Gold, Sam	SR WWH	52.90
7	Truong, Michael	SR CLK	53.37
8	Dietrich, Theodore	SR WAJ	53.83
9	Kramer, Griffin	SR BCC	54.31
10	Drakakis, John	SO BCC	55.08
11	Friedman, Owen	FR WAJ	55.67
12	Kim, Brandon	SR QOR	55.90
13	Ancheta, Guillermo	FR NWM	55.97
14	Rogovoy, Jack	SO NWM	56.19
15	Kim, Tyler	SO RMT	56.85
16	Nagao, Kazuki	FR QOR	57.30
17	George, Kymani	SR CLK	57.72
18	Bright, Dmitriy	JR WTM	58.10
19	Hinkeldey, William	SR CZM	59.57
20	Golotyuk, Phillip	JR RMT	1:01.21
21	Glenn, Tyler	FR CZM	1:01.67
22	Pullen, Dane	SR WTM	1:14.52
23	Liendo Galiano, Gianfranco	JR SEV	1:15.96
24	Humpert, Samuel	JR SEV	1:19.60

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## Event 20 Girls 100 Yard Backstroke

4A3A West:		56.65	2022	Victoria Svensson	
MCPS:		54.12	2014	Kristina Li	
Name	Yr	School	Seed	Time	
1	Hinds, Virginia	FR	BCC	54.44	
2	Conze, Maren	SR	WAJ	55.71	
3	Venditti, Livia	JR	RMT	56.10	
4	Harrison, Elena	SR	WWH	58.22	
5	Mitchum, Anna	SO	RMT	58.41	
6	Woo, Ashley	SR	TSW	1:00.22	
7	Pollitt, Addie	SO	WAJ	1:00.23	
8	Lespada, Candela	SR	WCH	1:00.60	
9	Hinds, Clara	SR	BCC	1:00.78	
10	Crown, Ella	FR	NWM	1:01.52	
11	Kaiser, Gabriela	FR	WCH	1:02.23	
12	Gao, Elizabeth	SO	TSW	1:03.30	
13	Lockard, Ava	JR	CZM	1:04.21	
14	Feltrin, Isadora	FR	CZM	1:04.46	
15	Kim, Madi	JR	QOR	1:04.50	
16	Weliwitigoda, Sonia	SO	WWH	1:05.26	
17	Katz, Ari	FR	QOR	1:05.67	
18	McDonald, Claire	SO	NWM	1:05.72	
19	Chrobak, Emma	FR	SEV	1:11.56	
20	Cook, Elly	SR	CLK	1:11.87	
21	Ahn, Kirsten	SO	SEV	1:16.87	
22	Mei, Danica	SR	CLK	1:18.71	
23	Valencia, Jordyn	FR	GAI	1:29.71	

## Event 21 Boys 100 Yard Breaststroke

4A3A West:		56.80	2017	Eli Fouts	
MCPS:		54.21	2023	Jed Garner	
Name	Yr	School	Seed	Time	
1	Garner, Jed	SR	CLK	54.21	
2	Cho, Young	SR	TSW	56.68	
3	Alguard, Kaden	SR	CLK	56.96	
4	Eskin, Meyer	SR	WWH	57.34	
5	Feltrin, Matheus	SR	CZM	59.06	
6	Cannistra, Jake	SR	BCC	59.67	
7	Chen, Evan	SR	TSW	1:00.07	
8	Hilton, Cole	JR	NWM	1:00.31	
9	Wang, Elton	SR	WCH	1:00.42	
10	Lockard, Andrew	SO	CZM	1:00.62	
11	Bagshaw, Max	FR	WAJ	1:00.70	
12	Shafer, Lukas	SO	QOR	1:01.00	
13	Lakhan, Kieran	SO	BCC	1:01.97	
14	Kertajaya, William	SR	WCH	1:02.16	
15	Li, Jaden	JR	WWH	1:02.72	
16	Rogers, Haden	JR	WAJ	1:03.29	
17	Miller, Justin	SR	QOR	1:03.40	
18	Leeroy, Wesley	SO	RMT	1:03.76	
19	Schultz, Nico	JR	RMT	1:05.44	
20	Buchanan, Deacon	SR	WTM	1:05.97	
21	Lee, Justin	SR	NWM	1:07.15	
22	Wickson, James	JR	SEV	1:10.15	
23	Selak, Tiernan	FR	SEV	1:18.11	
24	Giffin, Henry	FR	GAI	1:18.51	
25	Crowder, Christian	FR	WTM	1:26.01	

## Event 22 Girls 100 Yard Breaststroke

4A3A West:		1:02.70	2017	Jaycee Yegher	
MCPS:		1:01.25	2023	Sienna Karp	
Name	Yr	School	Seed	Time	
1	Karp, Sienna	SR	WAJ	1:01.25	
2	Bartholomew, Isla	SO	WAJ	1:04.72	
3	Bu, Catherine	FR	WCH	1:04.94	
4	O'Hara, Megan	SO	CZM	1:06.40	
5	Arias, Samantha Mae	FR	GAI	1:06.83	
6	Yanes, Giselle	SO	CZM	1:07.07	
7	Katz, Rachel	JR	QOR	1:07.67	
8	Fleck, Kristina	SO	WWH	1:08.12	
9	Alguard, Kiana	SO	RMT	1:08.14	
10	Zhang, Clara Ann	SR	TSW	1:09.81	
11	Csokmay, Audrey	SR	RMT	1:09.89	
12	Morse, Tory	SO	BCC	1:10.20	
13	Stoudt, Kaitlyn	JR	NWM	1:10.77	
14	Oblon, Samantha	SR	WCH	1:11.95	
15	Yu, Allison	SR	TSW	1:12.00	
16	Desbrow, Bailey	FR	NWM	1:12.43	
17	Haughton, Minjae	SO	CLK	1:14.09	
18	Marks, Sophia	SR	QOR	1:14.69	
19	Marlin, Rory	JR	WWH	1:15.69	
20	Johnson, Niah-Marie	SR	SEV	1:15.98	
21	Hwang, Evie	FR	BCC	1:16.03	
22	Mei, Tiffany	SO	CLK	1:20.72	
23	Epebinu, Folashade	JR	SEV	1:25.76	
24	Rishell, Ella	SR	WTM	1:35.02	
25	Rivera Benicio, Camila	FR	GAI	1:37.89	
26	Ferrufino, Emily	SR	WTM	1:50.47	

## Event 23 Boys 400 Yard Freestyle Relay

4A3A West:		3:08.74	2022	WWH	
MCPS:		3:03.12	2023	Churchill	
Team	Relay	Seed	Time		
1	WCH	A	3:03.12		
2	TSW	A	3:10.53		
3	WWH	A	3:11.55		
4	CZM	A	3:12.01		
5	WAJ	A	3:13.32		
6	BCC	A	3:13.89		
7	CLK	A	3:15.34		
8	RMT	A	3:16.78		
9	NWM	A	3:17.29		
10	QOR	A	3:18.70		
11	WTM	A	3:45.16		
12	SEV	A	3:57.72		
13	GAI	A	4:15.97		

## Event 24 Girls 400 Yard Freestyle Relay

4A3A West:		3:30.91	2022	BCC	
MCPS:		3:27.16	2023	B-CC	
Team	Relay	Seed	Time		
1	BCC	A	3:27.16		
2	RMT	A	3:28.64		
3	WAJ	A	3:30.69		
4	WCH	A	3:34.48		

**4A3A West Region Championships 2023 - 2/18/2023****Psych Sheet - 4A/3A West Region Championships****Event 24 ... (Girls 400 Yard Freestyle Relay)**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
5	CZM	A	3:36.78
6	TSW	A	3:37.59
7	QOR	A	3:41.99
8	WWH	A	3:48.82
9	NWM	A	3:51.36
10	GAI	A	3:59.44
11	CLK	A	4:05.25
12	SEV	A	4:23.19
13	WTM	A	5:10.62