

MPSSAA 4A West Region Championships HS

OFFICIAL  Mon, Feb 5, 2024  Prince George's Sports & Learning Complex - Indoor Track, MD L

Mens Results

55 Meter Dash Varsity - Finals

1.	12	Nicholas C Spikes	6.39a PR	Paint Branch
2.	12	Roman Spikes	6.49a	Paint Branch
3.	11	Quentin Braithwaite	6.50a	Montgomery Blair
4.	11	Damilola Oyeniran	6.70a	Seneca Valley
5.	12	Samuel Omotoso	6.71a	Seneca Valley
6.	10	Leo Jiang	6.73a PR	Winston Churchill
7.	10	Deven Bailey	6.78a	Wheaton
8.	12	La'kyi Wilson	6.79a SR	Seneca Valley

55 Meter Dash Varsity - Prelims

1.	11	Quentin Braithwaite	6.50a	Montgomery Blair
2.	12	Nicholas C Spikes	6.53a	Paint Branch
3.	12	Roman Spikes	6.53a	Paint Branch
4.	11	Damilola Oyeniran	6.59a	Seneca Valley
5.	12	Samuel Omotoso	6.70a SR	Seneca Valley
6.	10	Leo Jiang	6.83a	Winston Churchill
6.	10	Deven Bailey	6.83a	Wheaton
8.	12	La'kyi Wilson	6.88a	Seneca Valley
9.	12	Matteo Mosby	6.92a	Walter Johnson
10.	12	Sajoni Murdoch	6.93a	John F Kennedy
11.	12	Jaylen Aboyme	6.95a	Montgomery Blair
12.	10	Keith Kibisu	6.96a	Bethesda-Chevy Chase
13.	12	Aaron Henderson	7.00a	Paint Branch
14.	12	Olayiwola Oniwinde	7.04a	Walter Johnson
15.	12	Kinai Banks	7.10a	Richard Montgomery
--.	9	William Rivers	DNS	Northwest

300 Meters Varsity - Finals

1.	12	Nicholas C Spikes	34.45a	Paint Branch
2.	11	Damilola Oyeniran	35.74a	Seneca Valley
3.	12	Roman Spikes	35.95a	Paint Branch
4.	11	Quentin Braithwaite	35.96a	Montgomery Blair
5.	11	Rafa Meltzer	36.77a PR	Walter Johnson
6.	12	Osman Fanny	36.78a PR	Gaithersburg
7.	12	La'kyi Wilson	37.12a	Seneca Valley
8.	12	Sajoni Murdoch	37.22a	John F Kennedy
9.	9	Jalen Stubbs	37.23a	Northwest
10.	12	Terefe Ormsby	37.70a	Springbrook
11.	12	Jaylen Aboyme	37.78a	Montgomery Blair
12.	11	William Thompson	38.11a	Seneca Valley
12.	10	Leo Jiang	38.11a	Winston Churchill
14.	11	Paris Ndakissa Okog...	39.30a	Walt Whitman
--.	9	William Rivers	DNS	Northwest

Womens Results

55 Meter Dash Varsity - Finals

1.	10	Iyanni Daley	7.13a	Wheaton
2.	12	Nancy Hudson	7.35a	Clarksburg
3.	10	Lorien Pelote	7.43a PR	Wheaton
4.	11	Ruth Ayuk-Takor	7.46a	Paint Branch
5.	11	Abigail Faith Mokos...	7.51a	Montgomery Blair
6.	11	Isabella Relacion	7.54a PR	Walter Johnson
7.	11	Kennedy Cordle	7.61a	Bethesda-Chevy Chase
8.	12	Anna Creel	7.65a	Wheaton

55 Meter Dash Varsity - Prelims

1.	10	Iyanni Daley	7.14a	Wheaton
2.	12	Nancy Hudson	7.38a	Clarksburg
3.	10	Lorien Pelote	7.45a	Wheaton
4.	11	Ruth Ayuk-Takor	7.50a	Paint Branch
5.	11	Abigail Faith Mokos...	7.50a	Montgomery Blair
6.	12	Anna Creel	7.51a	Wheaton
7.	11	Kennedy Cordle	7.53a PR	Bethesda-Chevy Chase
8.	11	Isabella Relacion	7.58a	Walter Johnson
9.	11	Danora Plush	7.58a PR	Seneca Valley
10.	11	Ashante I Williams	7.67a PR	Springbrook
11.	12	Ami Dekpoh	7.70a	Montgomery Blair
12.	11	Eden Koehler	7.72a	Seneca Valley
13.	11	Laura Jablonover	7.79a	Winston Churchill
14.	10	Chanel Stora	7.79a	Seneca Valley
15.	10	Euphemia Lamptey	7.86a	Paint Branch
16.	12	Namea Kalei	7.94a	Quince Orchard

300 Meters Varsity - Finals

1.	12	Anna Creel	40.75a	Wheaton
2.	12	Kenlee Hayes	41.79a	Northwest
3.	12	Faith Akinlami	42.34a	Paint Branch
4.	11	Ruth Ayuk-Takor	43.07a	Paint Branch
5.	11	Isabella Relacion	43.15a PR	Walter Johnson
6.	11	Laura Jablonover	43.36a PR	Winston Churchill
7.	10	Fabiola Lawani	44.16a	Seneca Valley
8.	12	Amarachi Nwosu	44.31a PR	Paint Branch
9.	12	Saniyyah Stephens	44.79a	Gaithersburg
10.	10	Chanel Stora	45.29a	Seneca Valley
11.	12	Ami Dekpoh	45.77a	Montgomery Blair
12.	11	Isabel Chomas	45.80a	Walter Johnson
13.	10	Akinsa Fernando	46.05a	Quince Orchard
14.	11	Leila Briggs	46.06a	Quince Orchard
15.	11	Danora Plush	46.45a	Seneca Valley

--. 11 James Snead DNS Winston Churchill --. 11 Ashante I Williams DNS Springbrook

500 Meters Varsity - Finals

1.	11	Jacob E. Martin	1:08.67a	Paint Branch
2.	11	Tytan Hinkson	1:08.72a PR	Bethesda-Chevy Chase
3.	11	Damilola Oyeniran	1:08.76a PR	Seneca Valley
4.	12	Colin McKelvey	1:08.88a PR	Bethesda-Chevy Chase
5.	12	Alemdar Shiferaw Uz...	1:09.18a PR	Montgomery Blair
6.	12	Andrew J. Tucker	1:09.36a	Northwest
7.	12	Alexander Risso	1:09.45a PR	Montgomery Blair
8.	12	Alex Feingold-Black	1:09.52a	Montgomery Blair
9.	10	Etonam Agbonyitor	1:11.56a PR	Springbrook
10.	11	Gideon Gotiangco	1:11.93a	Walter Johnson
11.	12	Terefe Ormsby	1:12.08a	Springbrook
12.	12	Calix McCormick	1:12.12a	Walter Johnson
13.	9	Jalen Stubbs	1:12.63a	Northwest
14.	12	Kendall Murphy	1:13.43a	Walter Johnson
--.	11	James Snead	DNS	Winston Churchill
--.	11	William Thompson	DNS	Seneca Valley

500 Meters Varsity - Finals

1.	12	Kenlee Hayes	1:19.62a	Northwest
2.	11	Kayla Gordon	1:19.66a PR	Gaithersburg
3.	11	Nwaamaka S. Agwu	1:19.82a	Springbrook
4.	12	Carolyn Hultman	1:19.94a SR	Walter Johnson
5.	11	Emma Bergfalk	1:20.26a PR	Montgomery Blair
6.	12	Mackenzie Raue	1:21.80a	Walter Johnson
7.	10	Fabiola Lawani	1:22.31a PR	Seneca Valley
8.	11	Amelia Menefee	1:22.66a PR	Bethesda-Chevy Chase
9.	11	Jayla Thornton	1:22.81a PR	Clarksburg
10.	11	Aisha Kandji	1:24.26a PR	Clarksburg
11.	11	Danielle Krinn	1:25.16a PR	Bethesda-Chevy Chase
12.	12	Zuzana Huserova	1:25.60a	Walter Johnson
13.	12	Faith Akinlami	1:25.72a	Paint Branch
14.	10	Kaylee Tasin	1:25.98a SR	Winston Churchill
15.	9	Sophie Jacobs	1:26.40a PR	Wheaton
--.	11	Infinity F Bushby	DNS	Springbrook

800 Meters Varsity - Finals

1.	12	Andrew J. Tucker	1:58.52a PR	Northwest
2.	12	Patrick Mozden	2:00.41a PR	Albert Einstein
3.	12	Calix McCormick	2:01.30a SR	Walter Johnson
4.	12	Liad Simhony	2:01.55a PR	Walter Johnson
5.	12	Jonathan Kenney	2:02.68a PR	Northwood
6.	11	Jacob E. Martin	2:03.25a PR	Paint Branch
7.	12	Alejandro Berrio	2:03.42a	Seneca Valley
8.	12	Alexander Risso	2:03.97a SR	Montgomery Blair
9.	11	Dylan Underwood	2:03.97a PR	Clarksburg
10.	12	Zaki Ahmad	2:06.23a	Richard Montgomery
11.	12	Griffin White	2:09.09a	Winston Churchill
12.	11	Eli Sledge	2:10.38a	Quince Orchard
13.	12	Cole Amaral	2:10.58a SR	Montgomery Blair
14.	12	Estifanos Melaku	2:11.86a	Albert Einstein
15.	12	Bisrat Alelign	2:12.08a	Springbrook
--.	11	Stepan Volkov	DNS	Winston Churchill

800 Meters Varsity - Finals

1.	12	Grace Finnegan	2:20.95a	Richard Montgomery
2.	11	Megan Raue	2:22.61a	Walter Johnson
3.	11	Emma Bergfalk	2:23.89a	Montgomery Blair
4.	11	Emma Colavito	2:24.21a	Richard Montgomery
5.	12	Mackenzie Raue	2:27.19a	Walter Johnson
6.	12	Carolyn Hultman	2:27.62a	Walter Johnson
7.	9	Ingrid Sullivan	2:27.87a PR	Montgomery Blair
8.	12	Maryn Murray	2:28.26a PR	John F Kennedy
9.	12	India Michaud	2:34.71a PR	Montgomery Blair
10.	12	Morgan Kirsch	2:34.78a	Bethesda-Chevy Chase
11.	10	Fabiola Lawani	2:37.45a	Seneca Valley
12.	11	Aisha Kandji	2:38.14a	Clarksburg
13.	11	Liliana P Ramirez	2:39.93a	Springbrook
14.	10	Korinne Austin	2:40.25a	Winston Churchill
15.	11	Aimee Tukey	2:41.59a	Winston Churchill
16.	12	Fredrika Rosen	2:42.76a	Walt Whitman

1600 Meters Varsity - Finals

1.	12	Alejandro Berrio	4:23.14a PR	Seneca Valley
2.	11	Naasir Bakari	4:23.18a PR	Northwest
3.	12	Patrick Mozden	4:28.13a PR	Albert Einstein
4.	10	Erich Ramos	4:30.47a PR	Montgomery Blair
5.	10	Henry Nichols	4:30.56a PR	Northwood
6.	12	Jonathan Kenney	4:36.25a	Northwood
7.	12	Ananya Kebede	4:40.99a SR	Gaithersburg
8.	11	Carter Zembrzusi	4:41.30a PR	Richard Montgomery
9.	12	Tillman Peters	4:42.59a PR	Richard Montgomery
10.	10	Zack Pritts	4:44.01a PR	Walt Whitman
11.	11	Eli Sledge	4:45.42a PR	Quince Orchard
12.	10	Benjamin Ploeger	4:49.10a	Wheaton
13.	11	Stepan Volkov	4:56.32a	Winston Churchill
--.	11	Nathaniel Swanson	DNF	Winston Churchill
--.	10	Santiago Gutierrez	DNS	Winston Churchill
--.	12	Bisrat Alelign	DNS	Springbrook

1600 Meters Varsity - Finals

1.	9	Katherine Morey	5:02.55a	Winston Churchill
2.	12	Grace Finnegan	5:09.43a	Richard Montgomery
3.	11	Megan Raue	5:10.55a PR	Walter Johnson
4.	11	Emma Colavito	5:11.59a PR	Richard Montgomery
5.	10	Audrey Wychulis	5:17.13a PR	Northwest
6.	11	Whitney Duhon	5:25.24a PR	Northwest
7.	9	Adelaide Ryan	5:30.26a PR	Gaithersburg
8.	9	Nya Stoian	5:30.69a PR	Bethesda-Chevy Chase
9.	12	Maryn Murray	5:31.16a	John F Kennedy
10.	12	Morgan Kirsch	5:41.17a PR	Bethesda-Chevy Chase
11.	11	Aimee Tukey	5:45.92a PR	Winston Churchill
12.	10	Korinne Austin	5:47.16a	Winston Churchill
13.	9	Adeline Hogan	5:50.79a PR	Montgomery Blair
14.	10	Ann Linkie	5:54.15a PR	Walter Johnson
15.	9	Lola Wahl	6:09.93a PR	Wheaton
--.	12	Fredrika Rosen	DNS	Walt Whitman

3200 Meters Varsity - Finals

1.	12	Alejandro Berrio	9:28.12a	PR	Seneca Valley
2.	11	Mateo Gros-Slovinsky	9:36.93a		Walt Whitman
3.	11	Nathaniel Swanson	9:37.91a		Winston Churchill
4.	11	Naasir Bakari	9:42.11a	PR	Northwest
5.	10	Ayaan Ahmad	9:46.25a	PR	Clarksburg
6.	10	Henry Nichols	9:52.27a	PR	Northwood
7.	11	Griffin Lupes	9:59.67a	PR	Albert Einstein
8.	10	Santiago Gutierrez	10:01.38a	PR	Winston Churchill
9.	9	Jonah Greszler	10:10.82a		Walt Whitman
10.	11	Carter Zembrzuski	10:16.91a	PR	Richard Montgomery
11.	11	Cadan Felten	10:23.66a		Bethesda-Chevy Chase
12.	12	Henry Schwartz	10:25.71a	PR	Albert Einstein
13.	10	Donovan Hicks	10:28.49a	PR	Bethesda-Chevy Chase
14.	11	Jonah Daniel	10:34.54a	PR	Walter Johnson
15.	12	Tillman Peters	10:35.25a		Richard Montgomery
16.	10	Satchel Jelen	10:35.59a	PR	Montgomery Blair

3200 Meters Varsity - Finals

1.	9	Katherine Morey	11:00.74a		Winston Churchill
2.	11	Ani Bailin	11:05.07a	PR	Bethesda-Chevy Chase
3.	11	Katherine Greenwald	11:21.25a		Walt Whitman
4.	11	Ella Werkman	11:25.68a	PR	Walt Whitman
5.	11	Sophie Harjes	11:32.31a	PR	Bethesda-Chevy Chase
6.	10	Audrey Wychulis	11:34.04a	PR	Northwest
7.	11	Whitney Duhon	12:00.32a	PR	Northwest
8.	9	Mirae Denaro	12:07.21a	PR	Walter Johnson
9.	10	Lilah Rich	12:15.69a	PR	Bethesda-Chevy Chase
10.	9	Adelaide Ryan	12:17.09a	PR	Gaithersburg
11.	12	Elizabeth Fogg	12:20.64a	PR	Walter Johnson
12.	12	Caroline Zuba	12:28.16a		Winston Churchill
13.	11	Julia Robison	12:31.74a	PR	Montgomery Blair
14.	9	Madeline Kelly	12:43.75a	PR	Clarksburg
15.	9	Opal Siegal	12:55.85a		Winston Churchill
16.	10	Sophia Barrett	13:38.26a	PR	Walter Johnson

55m Hurdles Varsity - Finals

1.	12	Joseph Addo	7.88a		Paint Branch
2.	12	Olayiwola Oniwinde	7.92a	PR	Walter Johnson
3.	11	Jayden Apenteng	7.92a		Northwood
4.	12	Amanuel Hailie	8.38a		Richard Montgomery
5.	12	Andrew Ashton	8.42a		Winston Churchill
6.	12	Malik Aremu	8.59a		Paint Branch
7.	12	Matteo Mosby	8.66a		Walter Johnson
8.	12	Daniel Nichols	8.82a		Wheaton

55m Hurdles Varsity - Finals

1.	11	Malak E Fadlalla	8.51a	PR	Springbrook
2.	11	Elena Juarez	8.63a		Gaithersburg
3.	12	Saniyyah Stephens	8.74a		Gaithersburg
4.	11	Jada Stubbs	8.75a	PR	Northwest
5.	12	Alanna Hart	8.94a	PR	Northwood
6.	12	Nancy Hudson	8.99a	PR	Clarksburg
7.	12	Namea Kalei	9.16a		Quince Orchard
8.	12	Hannah Komukyeya	9.45a		Wheaton

55m Hurdles Varsity - Prelims

1.	12	Joseph Addo	7.84a		Paint Branch
2.	11	Jayden Apenteng	7.88a		Northwood
3.	12	Andrew Ashton	8.22a	PR	Winston Churchill
4.	12	Amanuel Hailie	8.32a	PR	Richard Montgomery
5.	12	Olayiwola Oniwinde	8.34a		Walter Johnson
6.	12	Malik Aremu	8.39a		Paint Branch
7.	12	Matteo Mosby	8.43a	PR	Walter Johnson
8.	12	Daniel Nichols	8.55a	PR	Wheaton
9.	12	Marvelous Anuigo	8.74a	PR	Clarksburg
10.	12	Raffi Charkoudian-R...	8.75a		Montgomery Blair
11.	11	Vincent Bui	8.79a	PR	Seneca Valley
12.	10	Rajan Bell	8.84a		Wheaton
13.	12	Moussa Kallo	8.86a		Albert Einstein
14.	12	Julian Bogan	8.90a		Quince Orchard
15.	10	Shiloh I. Bryant-Se...	9.27a		Paint Branch
16.	12	Jayden Asante-Ansong	9.28a		Clarksburg

55m Hurdles Varsity - Prelims

1.	11	Elena Juarez	8.45a		Gaithersburg
2.	12	Saniyyah Stephens	8.65a	PR	Gaithersburg
3.	11	Malak E Fadlalla	8.71a		Springbrook
4.	11	Jada Stubbs	8.87a		Northwest
5.	12	Hannah Komukyeya	8.92a		Wheaton
6.	12	Alanna Hart	9.03a		Northwood
7.	12	Nancy Hudson	9.11a		Clarksburg
8.	12	Namea Kalei	9.34a		Quince Orchard
9.	10	Mikaela Pak	9.37a	PR	Quince Orchard
10.	11	Laylah Talley	9.52a		Clarksburg
11.	11	Danora Plush	9.59a	PR	Seneca Valley
12.	11	Alejandra Gomez Alv...	9.60a		Walter Johnson
13.	9	Addison Finlay	9.61a	PR	Northwood
14.	11	Binta Keita	9.80a		Seneca Valley
15.	12	Laila Upchurch	9.97a		Quince Orchard
--.	11	Daeniyah Dancy	DNS		Northwest

4x200 Relay Varsity - Finals

1.	12	Roman Spikes	1:31.58a		Paint Branch - A
		12 Nicholas C Spikes			
		12 Aaron Henderson			
		12 Joseph Addo			
2.	12	Jaylen Aboyme	1:32.77a		Montgomery Blair - A
		11 Quentin Braithwaite			
		11 Earl Boyd			

4x200 Relay Varsity - Finals

1.	10	Iyanni Daley	1:44.87a		Wheaton - A
		12 Hannah Komukyeya			
		11 Nicole Fenno			
		12 Anna Creel			
2.	10	Pearl Ankrah	1:46.35a		Gaithersburg - A
		11 Kayla Gordon			
		11 Elena Juarez			

	12 Noah Miatudila				12 Saniyyah Stephens		
3.	12 Samuel Omotoso	1:36.59a	Seneca Valley - A	3.	11 Malak E Fadlalla	1:48.54a	Springbrook - A
	12 Kendall Wideman				11 Vynou R Philogene		
	11 William Thompson				11 Nwaamaka S. Agwu		
	12 La'kyi Wilson				11 Ashante I Williams		
4.	9 Robert Hobson	1:36.69a	Albert Einstein - A	4.	11 Ruth Ayuk-Takor	1:49.23a	Paint Branch - A
	12 Isaiah Quinn				12 Faith Akinlami		
	11 Dominic LaCosta				10 Euphemia Lamptey		
	11 Victor Jelen				12 Amarachi Nwosu		
5.	12 Kinai Banks	1:37.20a	Richard Montgomery - A	5.	11 Moyinoluwa Aladeniyi	1:49.67a	Clarksburg - A
	12 Christian Grimes				12 Emma Giselle Forbin		
	12 Kyle Morrison				11 Jayla Thornton		
	12 Joshua Petty				12 Nancy Hudson		
6.	12 Terefe Ormsby	1:37.69a	Springbrook - A	6.	11 Abigail Faith Mokosso	1:49.72a	Montgomery Blair - A
	11 Ian S. Tsafack				12 Ami Dekpoh		
	11 Ogishe Bashonga				12 Mireya King		
	10 Etornam Agbonyitor				11 Crystal Shannon		
7.	12 Thomas McMiller	1:37.75a	Clarksburg - A	7.	12 Kenlee Hayes	1:50.00a	Northwest - A
	11 Shona Mutokuto				11 Jada Stubbs		
	12 Marvelous Anuigo				11 Daeniyah Dancy		
	10 Salomon Attiogbe Silete				10 Brooke Fields		
8.	12 Justin Tran	1:39.96a	Quince Orchard - A	8.	10 Chanel Stora	1:50.13a	Seneca Valley - A
	10 Malcolm Alexander				11 Eden Koehler		
	9 Ryan Sorra				11 Binta Keita		
	10 Johnathan Robinson				11 Danora Plush		
9.	12 Keith Simpkins	1:40.16a	Bethesda-Chevy Chase - A	9.	11 Isabella Relacion	1:51.42a	Walter Johnson - A
	12 Adam Manzo				11 Isabel Chomas		
	11 Lawson Bracey				9 Hilary Alao		
	10 Keith Kibisu				9 Sydney Walsh		
10.	10 Deven Bailey	1:40.37a	Wheaton - A	10.	9 Addison Finlay	1:53.48a	Northwood - A
	11 Ayinde Abrams				9 Angel Fletcher		
	11 Horace Moore				12 Alanna Hart		
	9 Neel Smith				9 Autumn Newland		
11.	11 Alan Wang	1:41.02a	Winston Churchill - A	11.	12 Namea Kalei	1:53.53a	Quince Orchard - A
	11 Guyiri Kamal-Deen				10 Mikaela Pak		
	12 Siju Onadipe				10 Akinsa Fernando		
	12 Lucas Lissit				11 Leila Briggs		
12.	11 Rafa Meltzer	1:41.28a	Walter Johnson - A	12.	10 Mathilda DeCosse	1:56.41a	Bethesda-Chevy Chase - A
	10 Alessandro Marengo				11 Fiona Narrod-Malcolm		
	10 Noah Davis				12 Aubrey Samuels		
	12 Matteo Mosby				11 Kennedy Cordle		
13.	11 Christopher J. Argueta	1:41.60a	Northwood - A	13.	10 Candice Dondon	1:57.74a	Richard Montgomery - A
	11 Maxim Falloux				10 Jasmine Jefferson		
	10 Abdoul Ilboudo				12 Buma Jah		
	9 Kymani Pompey				11 Emma Tyser		
14.	12 Elliot Braham	1:43.15a	John F Kennedy - A	14.	11 Kalicia Bundu	1:57.85a	Albert Einstein - A
	12 Muhsin Abbamacha				11 Kadidia Cisse		
	11 Kayden Henry-Sealy				12 Kristi Deyonou		
	12 Sajoni Murdoch				12 Riana Ramoutar		
--.	9 Jalen Stubbs	DNS	Northwest - A	15.	11 Johari Saidi	1:57.87a	Winston Churchill - A
	11 Ryan Hall				9 Kimia Haghighiyan		
	9 William Rivers				9 Jemmie Pollack		
	12 Kayode Soetan				10 Carrie Li		
--.	11 Adrian Yang	DQ	Walt Whitman - A	16.	11 Onehizeme Egbiremon	2:00.34a	Walt Whitman - A
	9 Theodore Dupree				11 Berkeley Linton		
	12 Logan Chasen				11 Sadie Bastianelli		
	11 Jo-Saih Lebale				11 Esele Egbiremon		
--.	12 Osman Fanny	DQ	Gaithersburg - A				
	11 Carmine Watson						

12 Micheal Nwaogwugwu
10 Eyako Kumazah

4x400 Relay Varsity - Finals

4x400 Relay Varsity - Finals

1. 12 Roman Spikes 3:29.17a Paint Branch - A
12 Nicholas C Spikes
12 Aaron Henderson
11 Jacob E. Martin
2. 12 Jaylen Aboyme 3:32.31a Montgomery Blair - A
11 Quentin Braithwaite
12 Alex Feingold-Black
12 Noah Miatudila
3. 12 Samuel Omotoso 3:33.76a Seneca Valley - A
12 La'kyi Wilson
11 William Thompson
11 Damilola Oyeniran
4. 11 Jayden Apenteng 3:34.32a Northwood - A
11 Maxim Falloux
10 Henry Nichols
12 Jonathan Kenney
5. 11 Gideon Gotiangco 3:37.86a Walter Johnson - A
10 Alessandro Marengo
12 Kendall Murphy
12 Calix McCormick
6. 11 Tytan Hinkson 3:39.12a Bethesda-Chevy Chase - A
10 Lorenzo Loaiza
12 Colin McKelvey
12 Theodore Wieder
7. 11 Griffin Lupes 3:39.14a Albert Einstein - A
12 Patrick Mozden
12 Isaiah Quinn
9 Robert Hobson
8. 11 Paris Ndakissa Okogho 3:39.71a Walt Whitman - A
10 Zack Pritts
11 Stephen Johnson
11 Mateo Gros-Slovinsky
9. 12 Terefe Ormsby 3:40.89a Springbrook - A
10 Etornam Agbonyitor
11 Ian S. Tsafack
9 Darly Philogene
10. 12 Marvelous Anuigo 3:42.87a Clarksburg - A
12 Mark Haye
11 Shona Mutokuto
10 Salomon Attiogbe Silete
11. 12 Kyle Morrison 3:45.84a Richard Montgomery - A
11 Amare Fleming
12 Joshua Petty
12 Zaki Ahmad
12. 10 Malcolm Alexander 3:48.09a Quince Orchard - A
11 Jalen Cooper
11 Kieran Keiller
11 Taylor Wockley
13. 10 Deven Bailey 3:48.34a Wheaton - A
11 Horace Moore
10 Varun Srinivasan
10 Benjamin Ploeger
- . 12 Xavier Allen DNF Gaithersburg - A
10 Robin Douglass

1. 12 Hannah Komukyeya 4:13.05a Wheaton - A
10 Iyanni Daley
9 Sophie Jacobs
12 Anna Creel
2. 11 Ashante I Williams 4:13.14a Springbrook - A
11 Malak E Fadlalla
11 Vynou R Philogene
11 Nwaamaka S. Agwu
3. 10 Aliyah Chandler 4:14.11a Northwest - A
11 Jada Stubbs
12 Kenlee Hayes
10 Brooke Fields
4. 12 Mackenzie Raue 4:20.45a Walter Johnson - A
12 Zuzana Huserova
12 Rachael Wolfson
11 Isabel Chomas
5. 11 Ruth Ayuk-Takor 4:20.62a Paint Branch - A
12 Faith Akinlami
10 Euphemia Lamptey
12 Amarachi Nwosu
6. 11 Layla McBerry 4:20.83a Bethesda-Chevy Chase - A
12 Lily Capizzi
11 Danielle Krinn
11 Amelia Menefee
7. 10 Avery Washington 4:21.51a Walt Whitman - A
11 Katherine Greenwald
11 Ella Werkman
11 Ava Wilson
8. 12 Mekides Dixon 4:21.97a Montgomery Blair - A
12 Mireya King
12 Ami Dekpoh
9 Gabriella McKenzie
9. 11 Leila Briggs 4:25.03a Quince Orchard - A
10 Mikaela Pak
10 Akinsa Fernando
12 Ava Holt
10. 10 Kaylee Tasin 4:26.97a Winston Churchill - A
11 Laura Jablonover
11 Johari Saidi
10 Kylee Kreadle
11. 11 Moyinoluwa Aladeniyi 4:27.72a Clarksburg - A
12 Emma Giselle Forbin
11 Jayla Thornton
12 Nancy Hudson
12. 9 Gian Ivit 4:34.23a Seneca Valley - A
10 Fabiola Lawani
11 Eden Koehler
10 Chanel Stora
13. 12 Alanna Hart 4:34.66a Northwood - A
11 Chesna Foster
10 Alisson Ayala Vasquez
9 Addison Finlay
14. 10 Candice Dondon 4:35.41a Richard Montgomery - A
11 Ari Harder-Krehbiel
10 Jasmine Jefferson
11 Emma Colavito
15. 9 Maliyah Gist 4:35.43a Gaithersburg - A

	11 Carmine Watson		
	10 Isaiah Mudima		
--.	10 Leo Jiang	DNS	Winston Churchill - A
	12 Andrew Ashton		
	11 Stepan Volkov		
	11 James Snead		
--.	9 Jalen Stubbs	DNS	Northwest - A
	12 Andrew J. Tucker		
	9 William Rivers		
	11 Naasir Bakari		

10 Faiza Faisal
11 Fatou Gbane
10 Semera Fahnbulleh

4x800 Relay Varsity - Finals

1.	12 Mackenzie Raue	9:33.62a	Walter Johnson - A
	12 Zuzana Huserova		
	12 Carolyn Hultman		
	11 Megan Raue		
2.	11 Ani Bailin	9:47.48a	Bethesda-Chevy Chase - A
	11 Sophie Harjes		
	12 Morgan Kirsch		
	11 Amelia Menefee		
3.	12 India Michaud	10:07.69a	Montgomery Blair - A
	10 Lucy Holland		
	12 Mekides Dixon		
	9 Ingrid Sullivan		
4.	12 Sophia Gomez Napier	10:42.15a	Springbrook - A
	11 Liliana P Ramirez		
	11 Infinity F Bushby		
	11 Annalyn Burtram		
5.	9 Emilia Pardo	10:43.29a	Winston Churchill - A
	10 Charlize Primich		
	9 Junia Whang		
	11 Noor Aly		
6.	9 Clara Dixon	10:56.90a	Albert Einstein - A
	9 Leela Joshi		
	11 Remy Groenendaal		
	12 Olivia Wenk		
7.	9 Tess Megary	11:02.05a	Walt Whitman - A
	9 Lauren Johnson		
	11 Sadie Bastianelli		
	12 Fredrika Rosen		
8.	11 Lena Givens	11:09.77a	Wheaton - A
	9 Sophie Jacobs		
	9 Lola Wahl		
	12 Rahwa Tesfay		
9.	10 Aissata Agali Moussa	11:26.26a	Seneca Valley - A
	10 Camilla Guerrero		
	9 Nicole Pocasangre-Bran		
	9 Gian Ivit		
10.	12 Katharina Ajenifuja	11:29.13a	Clarksburg - A
	9 Mia Alvarez		
	10 Neluki Sarathchandra		
	9 Siena Stevens		
11.	10 Sylvia Rearick	11:35.20a	John F Kennedy - A
	11 Merciel Constantin		
	11 Kayla Godinez		
	12 Maryn Murray		
12.	11 Mallory Coleman	11:44.45a	Gaithersburg - A
	11 Edem Kumazah		
	12 Enam Kumazah		
	10 Faiza Faisal		
13.	10 Hannah Brunick	11:50.77a	Quince Orchard - A
	10 Katherine Andrade		
	10 Aliyah Beard		
	9 Aliya Argubie		

4x800 Relay Varsity - Finals

1.	12 Calix McCormick	8:21.61a	Walter Johnson - A
	12 Kendall Murphy		
	12 Alex Kallmes		
	12 Liad Simhony		
2.	11 Naasir Bakari	8:21.79a	Northwest - A
	11 Dillon Morgan		
	12 Alexander Quarshie		
	12 Andrew J. Tucker		
3.	12 Griffin White	8:27.01a	Winston Churchill - A
	11 Stepan Volkov		
	10 Santiago Gutierrez		
	11 Nathaniel Swanson		
4.	10 Ayaan Ahmad	8:32.72a	Clarksburg - A
	11 Diego Gutierrez		
	12 Mark Haye		
	11 Dylan Underwood		
5.	10 Zack Pritts	8:41.84a	Walt Whitman - A
	11 Stephen Johnson		
	11 Jo-Saih Lebale		
	11 Mateo Gros-Slovinsky		
6.	9 Nathan Gashaw	8:52.55a	Wheaton - A
	10 Benjamin Ploeger		
	11 Jack Denevi		
	10 Varun Srinivasan		
7.	12 Cole Amaral	8:55.22a	Montgomery Blair - A
	12 Jordan Love		
	10 Evan Blenkinsop		
	11 Joseph Efrem		
8.	12 Bisrat Alelign	9:03.94a	Springbrook - A
	10 Jonah R. Mays		
	9 Darly Philogene		
	12 Mathias Daniel		
9.	12 Jacob Carle	9:04.14a	Albert Einstein - A
	12 Estifanos Melaku		
	10 Luke Burkes		
	10 Zane Peterson		
10.	12 Ian Iheme	9:26.45a	Gaithersburg - A
	12 Ananya Kebede		
	11 Robel Kidane		
	10 Eyako Kumazah		
11.	9 Ari Held	9:31.15a	Northwood - A
	10 Surafel Wendimu		
	10 Kenneth Gray		
	10 Daniel Gray		
12.	10 Bigyan Giri	9:32.74a	Quince Orchard - A
	10 Luke Marshall		

Shot Put **Varsity** - Finals

10	Aaron Lalmansingh		
9	Benjamin Sweeney		
13.	12 Brandon Jacobs	9:33.92a	Paint Branch - A
	12 Kabineh K. Kaba		
	11 Caleb N. Ortiz		
	11 Adonis F. Tefang		
14.	11 Praise Akufongwe	9:34.18a	Seneca Valley - A
	12 Samuel Omotoso		
	12 Fernando Vargas-Vidal		
	10 Marlon Sagastizado		
15.	9 Inder Haugen	9:51.61a	Richard Montgomery - A
	10 Jesse Wrede		
	9 Sosuke Ohne		
	9 Quinley Borden		
--.	11 Cadan Felten	DNS	Bethesda-Chevy Chase - A
	11 Cherian Mampilly		
	12 Paolo Mantasas		
	12 Julian Dahiya		

1.	11 Jazmin Terry	35-00.50	PR	Northwest
2.	10 Benedicte Mpiana	33-02.50	PR	Northwest
3.	11 Shakira Moumban	32-09.00		Springbrook
4.	9 Malika Moumban	31-02.00		Paint Branch
5.	11 Zariah Fisher-Koroma	30-06.75	PR	Northwest
6.	11 Christella Leukeu	29-11.00	PR	Springbrook
7.	11 Chika U. Elekwachi	28-10.00		Springbrook
8.	12 Ha' Shawnia Kerr	28-08.00		Seneca Valley
9.	12 Sarah Watson	28-06.00	SR	Walter Johnson
10.	11 Laylah Talley	27-00.00	PR	Clarksburg
11.	10 Syndey Altman	25-10.00		Walt Whitman
12.	12 Namea Kalei	25-02.00		Quince Orchard
13.	10 Danielle Nornoo	24-06.50		Paint Branch
14.	12 Buma Jah	24-05.00		Richard Montgomery
15.	11 Cecilia Johnson	22-11.00		Walter Johnson
16.	10 Theresia Kimolo	21-11.00		Seneca Valley

Shot Put **Varsity** - Finals

1.	12 Vance Bonior	47-01.00	PR	Walter Johnson
2.	11 Georges Monga	40-08.00		Clarksburg
3.	12 Eric Nkrumah	39-01.50		Seneca Valley
4.	11 Zachary Thomas	36-04.00	PR	Bethesda-Chevy Chase
5.	12 Jonah Arbolino	34-01.00		Albert Einstein
6.	10 Paul Brotons	34-01.00	PR	Clarksburg
7.	11 Miles Ford	33-11.00	PR	Northwest
8.	9 AJ Wester	33-08.00		Clarksburg
9.	12 Muhsin Abbamacha	32-09.50	PR	John F Kennedy
10.	9 Nathan Bugel	31-00.00		Winston Churchill
11.	12 Tyler Koutta	30-00.50		Wheaton
12.	11 Kelechi Osuji	29-07.50		Paint Branch
13.	12 Jack Mason	28-00.00		Wheaton
--.	12 Kelvin Ruano	DNS		Northwood
--.	11 Isaiah Kelly	DNS		Richard Montgomery
--.	10 Melvin Argueta Alva...	DNS		Richard Montgomery

High Jump **Varsity** - Finals

1.	11 Jada Stubbs	5-02.00		Northwest
2.	12 Hannah Komukyeya	5-02.00		Wheaton
3.	12 Emma Giselle Forbin	5-00.00		Clarksburg
4.	10 Sha'Mara McPherson	5-00.00		Seneca Valley
5.	10 Kylee Kreaflle	4-10.00		Winston Churchill
6.	11 Ava Wilson	4-10.00		Walt Whitman
7.	12 Mireya King	4-10.00		Montgomery Blair
8.	11 Onehizeme Egbiremon	4-08.00		Walt Whitman
9.	10 Ania Madison	4-08.00		Northwest
9.	11 Fiona Narrod-Malcolm	4-08.00		Bethesda-Chevy Chase
11.	11 Alejandra Gomez Alv...	4-08.00		Walter Johnson
12.	9 Ellie Shalgian	4-08.00		Seneca Valley
13.	9 Maddison Jones	4-06.00	PR	Seneca Valley
13.	9 Funmilola H Ayoku	4-06.00		Springbrook
--.	11 Daeniyah Dancy	DNS		Northwest
--.	11 Esele Egbiremon	NH		Walt Whitman

High Jump **Varsity** - Finals

1.	12 Kendall Wideman	6-00.00		Seneca Valley
2.	12 Vance Bonior	5-10.00		Walter Johnson
3.	10 Ronald Rodgers	5-08.00		Quince Orchard
3.	11 Clark Fuhwni	5-08.00		Springbrook
5.	10 Olatotajowa Gbadebo	5-06.00	PR	Bethesda-Chevy Chase
6.	11 Earl Boyd	5-06.00	PR	Montgomery Blair
7.	11 Ryan Hall	5-06.00		Northwest
8.	11 Isaiah Wright	5-06.00		Springbrook
9.	12 Tyler Koutta	5-04.00		Wheaton
10.	11 Kieran Keiller	5-04.00	PR	Quince Orchard
10.	12 Raffi Charkoudian-R...	5-04.00		Montgomery Blair
--.	10 Etonam Agbonyitor	DNS		Springbrook
--.	12 Cameron Samuels	NH		Wheaton
--.	10 Frank N. Jr Cohen	NH		Paint Branch
--.	11 Emmanuel Agyeman	NH		John F Kennedy
--.	12 Jackson Larson	NH		Winston Churchill
--.	11 Jasper Sandmeyer	NH		Bethesda-Chevy Chase

Pole Vault **Varsity** - Finals

1.	11 Ava Wilson	10-06.00	PR	Walt Whitman
2.	11 Jordyn Goldsmith	8-00.00		Seneca Valley
--.	10 Aurora Della-Giacoma	NH		Montgomery Blair

Pole Vault Varsity - Finals

1.	12	Jackson Larson	14-03.00	PR	Winston Churchill
2.	12	Seamus McCann	13-09.00	PR	Bethesda-Chevy Chase
3.	10	Isaac Evans	11-03.00		Seneca Valley
4.	11	Josh Hananel	10-00.00		Walter Johnson
5.	12	Elijah Minicozzi	8-06.00	PR	Montgomery Blair
--.	12	Alemdar Shiferaw Uz...	NH		Montgomery Blair

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MPSSAA 4A West Region Championships HS

OFFICIAL  Mon, Feb 5, 2024  Prince George's Sports & Learning Complex - Indoor Track, MD L

Womens Varsity

1. Northwest	75
2. Wheaton	57
3. Walter Johnson	52
4. Springbrook	46
5. Gaithersburg	32
6. Winston Churchill	31
6. Paint Branch	31
8. Walt Whitman	29
9. Richard Montgomery	28
9. Montgomery Blair	28
11. Bethesda-Chevy Chase	27
12. Clarksburg	21
13. Seneca Valley	19
14. Northwood	4
15. Albert Einstein	3
16. Quince Orchard	2
17. John F Kennedy	1

Mens Varsity

1. Seneca Valley	82
2. Paint Branch	80
3. Walter Johnson	62
4. Montgomery Blair	49
5. Northwest	38
6. Bethesda-Chevy Chase	33
7. Winston Churchill	30
8. Albert Einstein	27
9. Northwood	25
10. Clarksburg	23
11. Walt Whitman	13
12. Springbrook	10.5
13. Richard Montgomery	10
14. Quince Orchard	6.5
15. Wheaton	6
16. Gaithersburg	5
17. John F Kennedy	1