

# MPSSAA 4A East Region Championships HS

**OFFICIAL** 📅 Fri, Feb 9, 2024 📍 Prince George's Sports & Learning Complex - Indoor Track, MD US

## Mens Results

### 55 Meter Dash Varsity - Finals

1.	12	Ryan Samuels	6.45a PR	Bowie
2.	12	Wesley Todd	6.52a	Bowie
3.	11	Christian Muschette	6.55a	North Point
4.	12	Jayden Hall	6.59a	North Point
5.	12	Christopher Hall	6.64a PR	Governor Thomas Johnson
6.	11	Tyrico Morgan Jr.	6.64a PR	Frederick
7.	12	Manuel Robinson	6.65a	C.H. Flowers
8.	12	Kean Tanyi-Tang	6.67a	Urbana
9.	11	Damien Howard	6.69a	Suitland
10.	10	Alexander Askew	6.71a	Eleanor Roosevelt (MD)
11.	11	Donovan Gamble	6.75a	North Point
12.	11	Paul Ajayi	6.76a	Bladensburg

### 55 Meter Dash Varsity - Prelims

1.	12	Ryan Samuels	6.46a	Bowie
2.	12	Wesley Todd	6.48a PR	Bowie
3.	12	Kean Tanyi-Tang	6.59a PR	Urbana
4.	11	Paul Ajayi	6.59a PR	Bladensburg
5.	12	Jayden Hall	6.60a	North Point
6.	11	Christian Muschette	6.61a	North Point
7.	12	Manuel Robinson	6.62a	C.H. Flowers
8.	10	Alexander Askew	6.67a PR	Eleanor Roosevelt (MD)
9.	11	Tyrico Morgan Jr.	6.67a	Frederick
10.	11	Damien Howard	6.70a	Suitland
11.	12	Christopher Hall	6.70a	Governor Thomas Johnson
12.	11	Donovan Gamble	6.72a PR	North Point
13.	11	Dennis Jones-Sharpe	6.74a	Suitland
14.	12	Gregory Deloach	6.86a	Suitland
--.	12	Deon Windham	DNS	C.H. Flowers
--.	12	troy Silver	DNS	Henry A Wise
--.	10	Aiden Smith	DNS	C.H. Flowers

### 300 Meters Varsity - Finals

1.	12	Wesley Todd	34.96a	Bowie
2.	9	Amir Duff	35.78a PR	North Point
3.	11	Damien Howard	36.06a PR	Suitland
4.	11	Paul Ajayi	36.19a PR	Bladensburg
5.	11	Onyx Cece	36.35a PR	Bowie
6.	11	Emanuel Osceafana	36.39a PR	Bladensburg
7.	12	Kalani Pu'uloa	36.54a PR	Governor Thomas Johnson
8.	12	Jayden Hall	36.54a	North Point
9.	11	Donovan Gamble	36.79a	North Point
10.	12	Cason Sloan	36.99a	C.H. Flowers
11.	12	Osmon Best	37.10a	DuVal
12.	11	Dennis Jones-Sharpe	37.49a	Suitland
13.	11	Dmarcus Lewis	38.65a	Henry A Wise

## Womens Results

### 55 Meter Dash Varsity - Finals

Q 1.	11	Cohren Corbin	7.19a PR	North Point	Q
Q 2.	12	Anyia Bates	7.27a PR	C.H. Flowers	Q
Q 3.	11	Kadidja Ouattara	7.32a	Laurel	Q
Q 4.	11	Anyra Knight	7.34a	Suitland	Q
Q 5.	11	Divine Bamgboye	7.37a	Urbana	Q
Q 6.	12	Ji'Mie Womack	7.38a	C.H. Flowers	Q
Q 7.	12	Aurianna Gladden	7.42a PR	Urbana	Q
Q 8.	11	Jordynn Akuoko	7.42a	North Point	Q
Q 9.	11	Jaelynn Blackwell	7.43a PR	C.H. Flowers	Q
Q					

### 55 Meter Dash Varsity - Prelims

1.	11	Cohren Corbin	7.22a	North Point
2.	12	Anyia Bates	7.28a	C.H. Flowers
3.	11	Kadidja Ouattara	7.30a PR	Laurel
4.	12	Ji'Mie Womack	7.34a PR	C.H. Flowers
5.	11	Divine Bamgboye	7.37a PR	Urbana
6.	11	Jordynn Akuoko	7.42a PR	North Point
7.	11	Jaelynn Blackwell	7.44a	C.H. Flowers
8.	12	Aurianna Gladden	7.44a	Urbana
9.	11	Anyra Knight	7.46a	Suitland
10.	10	Sade Taiwo	7.48a PR	Urbana
11.	11	Lara Adeoye	7.49a PR	Frederick
12.	12	Lauryn Djaduga	7.59a	Eleanor Roosevelt (MD)
13.	10	Abbie Reagan	7.62a PR	Leonardtown
14.	9	Jahda Lawson	7.76a	Frederick
15.	11	Kayla Moaltrie	7.90a	Henry A Wise
16.	11	Aniediabasi Inyang	8.05a	Bladensburg

### 300 Meters Varsity - Finals

1.	11	Cohren Corbin	39.70a PR	North Point	Q
2.	12	Ji'Mie Womack	40.99a PR	C.H. Flowers	Q
3.	10	Ella Umoh	41.03a PR	Bowie	Q
4.	12	Anyia Bates	41.14a PR	C.H. Flowers	Q
Q 5.	12	Aurianna Gladden	41.61a SR	Urbana	Q
Q 6.	11	Jordynn Akuoko	42.10a PR	North Point	Q
Q 7.	12	Sarah Ingham	42.23a SR	Henry A Wise	
Q 8.	12	Ameya McElhaney	42.25a	C.H. Flowers	
Q 9.	11	Memunot Hassan	42.42a PR	Bladensburg	
Q 10.	10	Sade Taiwo	42.69a PR	Urbana	
Q 11.	11	Lakaya Brown-Jackson	42.75a PR	Suitland	
Q 12.	11	Ugonna Ibegwam	42.82a PR	Laurel	
Q 13.	11	Kadidja Ouattara	42.87a	Laurel	
14.	10	Abbie Reagan	42.93a PR	Leonardtown	
15.	11	Anyra Knight	43.83a	Suitland	
16.	11	Leia Cribbs	44.03a	Eleanor Roosevelt (MD)	

--.	12	Deon Windham	DNS	C.H. Flowers
--.	11	Tyrique Jackson	DNS	Bladensburg
--.	10	Alexander Askew	DNS	Eleanor Roosevelt (MD)

## 500 Meters Varsity - Finals

1.	12	Kean Tanyi-Tang	1:07.20a	Urbana
2.	12	Jordan Sofon	1:08.31a	Urbana
3.	12	Mohamed Damba	1:08.60a PR	DuVal
4.	11	Marcus Molock	1:08.68a PR	Henry A Wise
5.	12	Ryan Romps	1:08.90a	Leonardtown
6.	12	Tyrin Wright	1:09.97a	North Point
7.	10	Seven Ford	1:09.98a PR	Laurel
8.	10	Jubril Maigari	1:10.07a PR	Governor Thomas Johnson
9.	11	Aree Bell	1:10.98a	North Point
10.	11	Cameron Vincent	1:11.17a	DuVal
11.	11	Dmarcus Lewis	1:11.36a	Henry A Wise
12.	11	Isaiah Waring	1:11.58a	North Point
13.	12	Terius Faine	1:12.06a	Suitland
14.	12	Shahyan Sanei	1:13.30a	Urbana
15.	11	Tiyoun Jenkins	1:14.93a	Suitland
--.	11	Jayden Drayton	DNS	Henry A Wise

## 800 Meters Varsity - Finals

1.	11	Jonathan Regules	1:59.91a PR	Governor Thomas Johnson
2.	12	Anthony Verdi IV	2:01.60a	Urbana
3.	12	Brent Bass	2:03.40a PR	Bowie
4.	9	Riley Gallogly	2:04.13a PR	Urbana
5.	12	Atebeh Awungjia	2:04.68a PR	DuVal
6.	11	Foster Kirby	2:05.86a PR	Leonardtown
7.	11	Marcus Molock	2:06.65a PR	Henry A Wise
8.	11	Jaelen Bishop	2:06.82a PR	Suitland
9.	12	Shane Pankey	2:07.12a PR	North Point
10.	12	Douglas Hinton	2:07.74a PR	Bowie
11.	11	Soren Bryan	2:11.42a	Eleanor Roosevelt (MD)
12.	11	Marcus Bryant	2:14.36a	C.H. Flowers
--.	12	Ezekiel Valor	DNS	Governor Thomas Johnson
--.	11	Cameron Vincent	DNS	DuVal
--.	10	Korey Kauflin	DNS	Urbana
--.	10	Vaughn Ditching	DNS	Governor Thomas Johnson

## 1600 Meters Varsity - Finals

1.	12	James Partlow	4:19.23a	Governor Thomas Johnson
2.	12	Anthony Verdi IV	4:24.54a PR	Urbana
3.	11	Jonathan Regules	4:25.84a PR	Governor Thomas Johnson
4.	11	Kieran White	4:28.75a PR	Parkdale
5.	12	Jacob Bayes	4:31.02a PR	Bowie
6.	11	Jaleb Saunders	4:35.38a PR	Eleanor Roosevelt (MD)
7.	11	Canton Wetzel	4:41.94a PR	Frederick
8.	11	Soren Bryan	4:45.86a PR	Eleanor Roosevelt (MD)
9.	10	Chisom Onuaku	4:55.06a PR	Bowie
10.	10	Eyal Russ	4:57.30a	Urbana
11.	11	Grant Pennell	5:01.23a	Leonardtown
12.	12	Jonathan Barreto-Lu...	5:07.67a	Governor Thomas Johnson
13.	10	John Hansberry	5:08.99a	Suitland
--.	11	Luther Davis	DNS	Bowie
--.	10	Korey Kauflin	DNS	Urbana
--.	11	Andrew Beckmann	DNS	Eleanor Roosevelt (MD)

## 500 Meters Varsity - Finals

1.	12	Ameya McElhaney	1:19.79a PR	C.H. Flowers	Q
2.	10	Ella Umoh	1:21.09a	Bowie	Q
3.	12	Naima Fagon	1:21.15a SR	C.H. Flowers	Q
4.	11	Cora Betten	1:21.58a PR	Urbana	Q
Q 5.	10	Chizu Onwukwe	1:22.66a	Eleanor Roosevelt (MD)	Q
Q 6.	12	Sarah Ingham	1:22.74a SR	Henry A Wise	
Q 7.	11	Memunot Hassan	1:23.83a PR	Bladensburg	
Q 8.	10	Favor Okunola	1:23.97a PR	C.H. Flowers	
Q 9.	10	Niaomi Clarke	1:24.12a PR	DuVal	
10.	11	Chiamaka Asobiereon...	1:24.30a PR	Henry A Wise	
11.	11	Lakaya Brown-Jackson	1:24.34a PR	Suitland	
12.	11	Keira Mistry	1:25.65a	Urbana	
13.	10	Shannique Peart	1:25.67a	Parkdale	
14.	10	Leah Adams	1:26.87a PR	Bladensburg	
15.	11	Ryan Reed	1:28.93a	Henry A Wise	
--.	12	Camryn Lowery	DNS	Urbana	

## 800 Meters Varsity - Finals

1.	11	Emily Maury	2:26.60a	Leonardtown	Q
2.	11	Leah Magda	2:27.69a PR	Leonardtown	Q
3.	11	Amelia Slagle	2:28.18a PR	Frederick	Q
4.	11	Anna Rodrigues	2:28.33a PR	Urbana	Q
Q 5.	11	Ryan Reed	2:28.67a PR	Henry A Wise	Q
Q 6.	11	Casey Willard	2:28.68a PR	Urbana	
Q 7.	12	Caroline Gregory	2:30.41a	Frederick	
8.	11	Tessa Bavari	2:30.96a PR	Governor Thomas Johnson	
9.	11	Lucinda Slagle	2:33.51a	Frederick	
10.	11	Ava Huffman	2:34.49a	Leonardtown	
11.	12	Ella Wilson	2:35.61a	Governor Thomas Johnson	
12.	10	Dia Dalton	2:35.65a PR	C.H. Flowers	
13.	11	Gloria Abikoye	2:37.86a	C.H. Flowers	
14.	10	Sanai Thomas	2:38.77a PR	North Point	
15.	11	Mariah Yates-Johnson	2:44.03a PR	C.H. Flowers	
--.	12	Camryn Lowery	DNS	Urbana	

## 1600 Meters Varsity - Finals

1.	12	Caroline Gregory	5:21.45a	Frederick	Q
2.	11	Lucinda Slagle	5:30.64a PR	Frederick	Q
3.	10	Maya Osher	5:30.74a PR	Urbana	Q
4.	12	Ella Wilson	5:32.60a SR	Governor Thomas Johnson	Q
Q 5.	11	Tessa Bavari	5:32.97a PR	Governor Thomas Johnson	
Q 6.	11	Ana Kenst	5:35.04a PR	Urbana	
Q 7.	11	Caitlin Nichols	5:48.86a	Leonardtown	
Q 8.	10	Lexie Blodnikar	5:56.46a PR	Leonardtown	
Q 9.	11	Ava-Grace Lee	6:03.36a	Urbana	
Q 10.	9	Meghana Noojipady	6:09.09a PR	Eleanor Roosevelt (MD)	
11.	11	Cadence Redmond	6:10.74a PR	Leonardtown	
12.	11	Rachelle Jerome	6:18.71a	DuVal	
13.	10	Najae Brown	6:35.72a	Suitland	
14.	11	Juanita Ohwaga	6:47.97a	C.H. Flowers	
15.	12	Mawa Sylla	7:35.25a	DuVal	
--.	9	Violet Ridge	DNS	Eleanor Roosevelt (MD)	

## 3200 Meters Varsity - Finals

1.	12	Elena Blodnikar	11:17.90a	Leonardtown	Q
2.	12	Caroline Gregory	11:37.48a PR	Frederick	Q

3200 Meters Varsity - Finals

1.	12	James Partlow	9:32.98a	Governor Thomas Johnson	Q
2.	12	Jacob Bayes	9:49.34a PR	Bowie	Q
3.	12	Anthony Verdi IV	9:54.15a	Urbana	Q
4.	12	Grant Pritchard	9:55.76a	Leonardtwn	Q
5.	11	Kieran White	9:59.02a PR	Parkdale	Q
6.	12	Jackson Foster	10:20.31a	Urbana	
7.	9	Miles Ghim	10:20.59a PR	Governor Thomas Johnson	
8.	10	Joshua Rothery	10:20.91a PR	Urbana	
9.	11	Canton Wetzel	10:21.82a PR	Frederick	
10.	9	Alexander Kelm	10:25.87a PR	Bowie	
11.	11	Mitchell Pritchard	11:00.01a	Leonardtwn	
12.	11	Caleb Montilla	11:23.09a	Frederick	
13.	12	Alejandro Mate	11:24.30a	C.H. Flowers	
--.	11	Soren Bryan	DNS	Eleanor Roosevelt (MD)	
--.	11	Andrew Beckmann	DNS	Eleanor Roosevelt (MD)	
--.	11	Jaleb Saunders	DNS	Eleanor Roosevelt (MD)	

55m Hurdles Varsity - Finals

1.	12	Luke Freimanis	7.69a PR	Governor Thomas Johnson	Q
2.	12	Osmon Best	7.69a PR	DuVal	Q
3.	12	Newton Essiem	7.70a PR	Frederick	Q
4.	11	Trinity Hill-Caleb	8.07a PR	Suitland	Q
5.	12	Evan McCray	8.24a	North Point	Q
6.	12	Dakhari Shorter	8.26a	North Point	Q
7.	11	John Oguariri	8.34a PR	Frederick	Q
8.	12	Jackson Northrup	8.52a	Leonardtwn	Q

55m Hurdles Varsity - Prelims

1.	12	Osmon Best	7.72a	DuVal	
2.	12	Luke Freimanis	7.74a	Governor Thomas Johnson	
3.	12	Newton Essiem	7.75a	Frederick	
4.	12	Dakhari Shorter	7.96a	North Point	
5.	12	Evan McCray	8.14a PR	North Point	
6.	11	Trinity Hill-Caleb	8.25a	Suitland	
7.	11	John Oguariri	8.40a	Frederick	
8.	12	Jackson Northrup	8.41a	Leonardtwn	
9.	12	Michael Oloye	8.64a	DuVal	
10.	12	David Obadofin	8.78a	Governor Thomas Johnson	
11.	12	Neal Addoquaye	8.81a	Governor Thomas Johnson	
12.	10	Sekou Dioubate	9.32a	Bladensburg	
13.	11	Sean Mulcahy	9.35a PR	Urbana	
14.	10	Khalil Williams	9.35a PR	C.H. Flowers	
15.	11	Vikram Tatason	10.15a	C.H. Flowers	
--.	10	Aiden Smith	DNS	C.H. Flowers	

4x200 Relay Varsity - Finals

1.	12	Ryan Samuels	1:30.26a	Bowie - A	Q
		12 Wesley Todd			
		12 Isaya Blackmon			
		11 Onyx Cece			
2.	12	Jayden Hall	1:30.65a	North Point - A	Q
		11 Donovan Gamble			
		11 Christian Muschette			
		9 Amir Duff			
3.	12	Angelo Palileo	1:31.08a	Governor Thomas Johnson ...	Q
		12 Leonard Taylor			

3.	11	Amelia Slagle	11:54.21a	Frederick	Q
4.	10	Morgan Scrom	12:03.61a PR	Leonardtwn	Q
5.	11	Ana Kenst	12:14.16a PR	Urbana	Q
6.	10	Maya Osher	12:34.27a	Urbana	
7.	9	Abigail Forster	12:55.29a	Urbana	
8.	12	Sofia Driver	12:58.24a SR	Frederick	
9.	9	Jordan Hall	13:22.21a	Leonardtwn	
10.	9	Meghana Noojipady	13:39.18a PR	Eleanor Roosevelt (MD)	
11.	12	Carolina Taylor	14:59.81a	Governor Thomas Johnson	
--.	11	Malaika Osborne	DNS	C.H. Flowers	
--.	11	Juanita Ohwaga	DNS	C.H. Flowers	
--.	9	Violet Ridge	DNS	Eleanor Roosevelt (MD)	
--.	11	Lia Rodriguez-Moreno	DNS	Suitland	

55m Hurdles Varsity - Finals

1.	11	Jaelynn Blackwell	8.36a	C.H. Flowers	Q
2.	10	Alejandra Williams	8.51a	C.H. Flowers	Q
3.	11	Divine Bamgboye	8.57a	Urbana	Q
4.	10	Kendall Thompson	8.62a PR	Henry A Wise	Q
5.	11	Felicia Siewe	8.65a PR	Urbana	Q
--.	10	Reign Veloza	8.83a	North Point	Q
6.	12	Skye Mitchell	9.14a	C.H. Flowers	Q
7.	11	Jestina Smith	9.15a PR	DuVal	Q
--.	12	Lauryn Djaduga	DQ	Eleanor Roosevelt (MD)	

55m Hurdles Varsity - Prelims

1.	11	Jaelynn Blackwell	8.38a	C.H. Flowers	
3.	11	Divine Bamgboye	8.47a PR	Urbana	
2.	10	Alejandra Williams	8.51a PR	C.H. Flowers	
4.	12	Lauryn Djaduga	8.55a	Eleanor Roosevelt (MD)	
5.	10	Kendall Thompson	8.70a	Henry A Wise	
6.	10	Reign Veloza	8.72a	North Point	
7.	11	Felicia Siewe	8.73a	Urbana	
8.	12	Skye Mitchell	8.89a	C.H. Flowers	
9.	11	Jestina Smith	9.22a	DuVal	
10.	12	Aurianna Gladden	9.37a	Urbana	
11.	12	Nayramis Rodriguez ...	9.40a	Governor Thomas Johnson	
12.	12	Madison Blondheim	10.40a	Suitland	
13.	11	Sylvie Willemsen	11.11a	Governor Thomas Johnson	
14.	11	Malaya Archila-David	11.40a	Frederick	
--.	12	Dakota Brown	DNS	Henry A Wise	
--.	10	Braelyn Graves	DNS	North Point	

4x200 Relay Varsity - Finals

1.	12	Anyia Bates	1:43.36a	C.H. Flowers - A	Q
		12 Ji'Mie Womack			
		12 Skye Mitchell			
		11 Jaelynn Blackwell			
Q 2.	12	Aurianna Gladden	1:44.50a	Urbana - A	Q
		9 Maddie Roque			
		11 Divine Bamgboye			
		10 Sade Taiwo			
Q 3.	11	Leia Cribbs	1:47.50a	Eleanor Roosevelt (MD) -...	Q
		12 Lauryn Djaduga			
		11 Ariel Agbodjogbe			
		10 Chizu Onwukwe			
Q 4.	11	Anyra Knight	1:48.28a	Suitland - A	Q
		11 Kaliyah Heffner			

	12 Kalani Pu'uloa				11 Lakaya Brown-Jackson			
	12 Christopher Hall				11 Seniah Evans			
4.	12 Ishola Odegbile	1:34.21a	Urbana - A	Q	5. 11 Cohren Corbin	1:48.84a	North Point - A	Q
	12 Shahyan Sanei				11 Jordynn Akuoko			
	12 Kean Tanyi-Tang				11 Zoey Washington			
	12 Jordan Sofon				9 Kailyn Coles			
5.	11 Damien Howard	1:34.24a	Suitland - A	Q	6. 11 Lara Adeoye	1:50.15a	Frederick - A	
	12 Gregory Deloach				9 Jahda Lawson			
	12 Terius Faine				9 Jordyn Summers			
	11 Dennis Jones-Sharpe				9 Kennedy Jones			
6.	12 Cason Sloan	1:35.34a	C.H. Flowers - A	Q	7. 11 Payton Phillips	1:50.26a	Henry A Wise - A	
	9 Seneca Coehins				10 Janelle Morrissey			
	12 Marc Harrison				12 Sarah Ingham			
	12 Manuel Robinson				11 Chiamaka Asobiereonwu			
7.	12 Nicholas Chambers	1:35.61a	DuVal - A	Q	8. 10 Ella Umoh	1:50.46a	Bowie - A	
	12 Ogheneyoma Ogra				9 Laila Boyd			
	12 Michael Oloye				11 Raelyn Brown			
	10 Erick Aguilar				10 Aminah Hunter			
8.	11 Kahiem Duncan	1:35.97a	Laurel - A	9.	11 Kadidja Ouattara	1:51.04a	Laurel - A	
	10 Seven Ford				11 Ugonna Ibegwam			
	10 Kenneth Cosmas				9 Kyra Beckford			
	12 Jabari Pierre				10 Nevaeya Toppin			
9.	12 Erik Hemby	1:41.52a	Parkdale - A	10.	10 Macaty Echiombre	1:51.75a	DuVal - A	
	12 Kenneth Mcleish				12 Chikamma Ani			
	11 Antwane Coe				10 JacQueline Nwachukwu			
	10 Johnathan Barnes				10 Amara Burton			
--.	11 Tyrico Morgan Jr.	DQ	Frederick - A	11.	9 Anastasia Dzadu	1:53.07a	Governor Thomas Johnson ...	
	12 Taejon Anderson				10 Bridget Nwachukwu			
	10 Jayden Parsley				12 Nayramis Rodriguez Lugo			
	12 Newton Essiem				11 Brunell Owusu			
--.	10 Alexander Askew	DQ	Eleanor Roosevelt (MD) -...	12.	11 Aniediabasi Inyang	1:56.68a	Bladensburg - A	
	12 Charles Barros				11 Memunot Hassan			
	10 Patrick Small Jr				10 Favour Okeke			
	9 Emmanuel Akinkuowo				9 Azzuri Glover			
--.	11 Avery CAde	DNS	Henry A Wise - A	13.	9 Cassara Williams	2:00.28a	Parkdale - A	
	10 Shalen Brown				10 Shannique Peart			
	10 Dante Gayle				12 Zainab Adesoji			
	9 Kyree Jackson				11 Stephanie Herrera			
--.	11 Paul Ajayi	DNF	Bladensburg - A	14.	11 Louisetta Koh	2:01.23a	Northwestern-PG - A	
	10 Sekou Dioubate				11 Chavannah Green			
	11 Donte Iricks				10 Neris Azoh			
	11 Emanuel Osceafana				9 Zaria Funn			
					15. 11 Tajaeona Smith	2:06.11a	High Point - A	
					10 Alice Kamara			
					11 Gabriella Lake			
				Q	11 Evesa Wright			

## 4x400 Relay Varsity - Finals

1.	12 Ryan Samuels	3:25.06a	Bowie - A	
	11 Onyx Cece			
	12 Isaya Blackmon			
	12 Wesley Todd			
2.	11 Isaiah Waring	3:29.18a	North Point - A	
	12 Tyrin Wright			
	11 Aree Bell			
	11 Corey Grant Jr			
3.	11 Toluwalase Adegorusi	3:29.55a	DuVal - A	
	10 Erick Aguilar			
	12 Nicholas Chambers			
	9 Kidus Eskindir			
4.	12 Shahyan Sanei	3:30.68a	Urbana - A	
	10 Korey Kaufflin			
	12 Kean Tanyi-Tang			
	12 Jordan Sofon			
5.	10 Jahari Turner	3:36.44a	Leonardtown - A	

## 4x400 Relay Varsity - Finals

Q	1.	12 Naima Fagon	4:06.21a	C.H. Flowers - A	Q
		10 Favor Okunola			
		12 Skye Mitchell			
		12 Ameya McElhaney			
Q	2.	11 Ryan Reed	4:08.10a	Henry A Wise - A	Q
		12 Sarah Ingham			
		11 Payton Phillips			
		11 Chiamaka Asobiereonwu			
Q	3.	11 Leia Cribbs	4:10.18a	Eleanor Roosevelt (MD) -...	Q
		12 Destani Hebron			
		10 Chizu Onwukwe			
		12 Lauryn Djaduga			
Q	4.	11 Cora Betten	4:11.23a	Urbana - A	Q

	11 Sean McHugh				11 Keira Mistry			
	12 Jackson Northrup				11 Casey Willard			
	12 Ryan Romps				11 Divine Bamgboye			
6.	11 Kahiem Duncan	3:37.50a	Laurel - A	Q	5. 12 Elena Blodnikar	4:16.64a	Leonardtwn - A	Q
	10 Seven Ford				12 Madeleine McLaughlin			
	10 Kenneth Cosmas				10 Averl Romps			
	12 Jabari Pierre				10 Abbie Reagan			
7.	12 Marc Harrison	3:41.06a	C.H. Flowers - A		6. 11 Lakaya Brown-Jackson	4:22.68a	Suitland - A	
	11 Olufikayo Ogunmakinwa				11 Seniah Evans			
	12 Manuel Robinson				11 Kaliyah Heffner			
	12 Cason Sloan				11 Anyra Knight			
8.	12 Angelo Palileo	3:50.23a	Governor Thomas Johnson ...		7. 10 JacQueline Nwachukwu	4:22.79a	DuVal - A	
	11 Foday Sawi				11 Christianah Gbadamosi			
	12 Kalani Pu'uloa				12 Chikamma Ani			
	10 Jubril Maigari				9 Michaela King			
9.	11 Tyrico Morgan Jr.	3:50.67a	Frederick - A		8. 11 Memunot Hassan	4:28.61a	Bladensburg - A	
	10 Jayden Parsley				10 Leah Adams			
	10 Sean Kiggans				11 Aniediabasi Inyang			
	9 Ethan Morris				10 Favour Okeke			
10.	12 Erik Hemby	3:52.94a	Parkdale - A		9. 11 Kadidja Ouattara	4:28.75a	Laurel - A	
	12 Kenneth Mcleish				11 Ugonna Ibegwam			
	11 Antwane Coe				9 Kyra Beckford			
	10 Johnathan Barnes				11 Lauren Bankole			
--.	11 Paul Ajayi	DNS	Bladensburg - A		10. 10 Sanai Thomas	4:33.37a	North Point - A	
	11 Tyreek Jackson				11 Zoey Washington			
	11 Gideon Mekango				10 Terra Newcamp			
	11 Emanuel Osceafana				10 Lauren Counts			
--.	11 Trinity Hill-Caleb	DQ	Suitland - A		11. 12 Zainab Adesoji	4:40.14a	Parkdale - A	
	12 Terius Faine				10 Shannique Peart			
	11 Tiyoun Jenkins				9 Cassara Williams			
	11 Dennis Jones-Sharpe				11 Stephanie Herrera			
--.	9 Ezekiel Boyd	DNS	Henry A Wise - A		12. 12 Ella Wilson	4:40.25a	Governor Thomas Johnson ...	
	10 Keith Mixon				12 Nayramis Rodriguez Lugo			
	12 Joseph Sinkfield				11 Brunell Owusu			
	10 Jayden Thompson				11 Tessa Bavari			
--.	10 Alexander Askew	DNS	Eleanor Roosevelt (MD) -...		13. 11 Chavannah Green	4:54.03a	Northwestern-PG - A	
	10 Patrick Small Jr				9 Zaria Funn			
	12 Noah Daley				11 Louisetta Koh			
	10 Andrew Evans				10 Neris Azoh			
					--.	10 Ella Umoh	DNS	Bowie - A
						10 Aminah Hunter		
						11 Raelyn Brown		
						9 Laila Boyd		

## 4x800 Relay Varsity - Finals

1.	10 Eyal Russ	8:15.93a	Urbana - A	Q
	12 Anthony Verdi IV			
	12 Jackson Foster			
	10 Korey Kauflin			
2.	12 Jonathan Barreto-Luna	8:29.44a	Governor Thomas Johnson ...	Q
	10 Vaughn Ditching			
	10 Jubril Maigari			
	12 James Partlow			
3.	12 Grant Pritchard	8:39.40a	Leonardtwn - A	Q
	12 Connor Zarra			
	11 Grant Pennell			
	11 Foster Kirby			
4.	12 Atebeh Awungjia	8:42.28a	DuVal - A	Q
	9 Kidus Eskindir			
	12 Mohamed Damba			
	12 Justin Njoku			
5.	12 Brent Bass	8:47.07a	Bowie - A	Q
	12 Douglas Hinton			
	10 Chavoye White			
	10 John Akinla			

## 4x800 Relay Varsity - Finals

1.	12 Elena Blodnikar	9:52.33a	Leonardtwn - A	Q
	11 Leah Magda			
	11 Ava Huffman			
	11 Emily Maury			
2.	10 Dia Dalton	10:27.91a	C.H. Flowers - A	Q
	11 Gloria Abikoye			
	10 Favor Okunola			
	11 Malaika Osborne			
3.	11 Ryan Reed	10:44.42a	Henry A Wise - A	Q
	10 Elsie Akonjuen			
	11 Jalaya Carter			
	10 Sia Conteh			
4.	9 Emana Rehemtula	10:46.58a	Urbana - A	Q
	9 Briana Barberena			
	12 Alyssa Davies			
	12 Maia K. Bell			

6.	12 Shane Pankey 12 Jeremiah Jones 12 Wesley Windsor 12 Kaiden Burns-Johnson	8:50.04a	North Point - A	Q	5.	10 Fayokemi Aluko 11 Katelyn Smith 11 Rachelle Jerome 12 Mawa Sylla	10:48.11a	DuVal - A	Q
7.	11 Tiyoun Jenkins 11 Jaelen Bishop 10 Noel Cyrus, Jr 12 Damarius Parler	8:53.07a	Suitland - A		6.	10 Sanai Thomas 11 Savannah Moultrie 10 Terra Newcamp 10 Lauren Counts	11:09.42a	North Point - A	Q
8.	11 Caleb Montilla 12 Greyson Rollman 10 Sean Kiggans 11 Kalen Morton	9:03.88a	Frederick - A		7.	10 Najae Brown 12 Madison Blondheim 11 Kaliyah Heffner 12 Courtney-Maurice Teesdale	11:41.24a	Suitland - A	
9.	11 Marcus Bryant 11 Olufikayo Ogunmakinwa 12 Alejandro Mate 10 Chijioke Nwosu	9:08.80a	C.H. Flowers - A		8.	2 Makel Doughty 9 Kaila Flores 9 Martha Sackey 12 Sarai Sommerville	12:26.96a	Bowie - A	
10.	12 Kenneth Mcleish 11 Samuel Richards 12 Corey Cherenfant 10 Johnathan Barnes	9:20.02a	Parkdale - A						
11.	11 Noah Eubanks 9 Liam Murphy 11 Mathew Grim 12 Noah Daley	9:29.20a	Eleanor Roosevelt (MD) -...						
--.	10 Devin Harley 9 Camden Branch 10 Jayden Thompson 11 Godwill Deguenon	DNS	Henry A Wise - A						

## Shot Put Varsity - Finals

1.	12 Aaron Humes	49-08.00	Urbana	
2.	12 Jaylin Ivey	48-10.75 SR	Bowie	
3.	11 Hunter Mann	46-04.00	Leonardtwn	
4.	12 Taejon Anderson	46-00.50	Frederick	
5.	12 Spencer Dewease	45-10.25	Governor Thomas Johnson	Q
6.	12 Danny Orr	44-10.75	Governor Thomas Johnson	Q
7.	12 Jason Hundley	44-01.00 PR	C.H. Flowers	Q
8.	12 Alexander Lane	42-11.50 PR	Henry A Wise	Q
9.	11 Toluwalase Adegorusi	41-05.75	DuVal	Q
10.	11 Jacob Hayward	40-07.75	Frederick	
11.	11 Josh Adeoye	39-10.75	Governor Thomas Johnson	
12.	11 Oluwatimeleyin Oni	38-09.50	DuVal	
13.	11 Kameron Cofer	38-03.25	Henry A Wise	
--.	11 Favor Bate	DNS	Eleanor Roosevelt (MD)	
--.	11 William Thompson	FOUL	Urbana	
--.	12 Amarch Drammeh	DNS	Eleanor Roosevelt (MD)	

## High Jump Varsity - Finals

1.	12 Luke Freimanis	6-06.00	Governor Thomas Johnson	Q
2.	12 Davian Pryor	6-04.00 SR	Frederick	
3.	11 Brayden George	5-10.00 PR	North Point	
4.	10 Chavoye White	5-08.00	Bowie	
4.	11 Princwill Osahon	5-08.00	Bowie	Q
6.	11 Gilberto Ramos	5-08.00	Governor Thomas Johnson	Q
7.	11 Jacob Denny	5-08.00	Bowie	Q
7.	11 Isaiah Adamson	5-08.00 PR	Governor Thomas Johnson	Q
9.	11 Trinity Hill-Caleb	5-04.00	Suitland	
9.	10 Khalil Williams	5-04.00 PR	C.H. Flowers	
9.	11 Anthaan Buckman	5-04.00 PR	Suitland	

## Shot Put Varsity - Finals

1.	11 Felicia Siewe	35-10.25	Urbana	Q
2.	11 Journy Phillips	35-00.25	Eleanor Roosevelt (MD)	Q
3.	11 Claire Baumann	34-03.75 PR	Leonardtwn	Q
4.	12 Tatiyanna Black	33-10.25 PR	Eleanor Roosevelt (MD)	Q
5.	11 Jayanna Goines	33-05.00 PR	Frederick	Q
6.	12 Daniela Delgado	31-10.00	Urbana	Q
7.	12 Jessica Dipta	30-09.00 PR	Urbana	Q
8.	10 Brianna Miller	28-02.00	C.H. Flowers	
9.	12 Sarah Heasley	27-02.25	Leonardtwn	
10.	10 Megan Leishear	26-11.75	Leonardtwn	
11.	12 Nayramis Rodriguez ...	26-08.25	Governor Thomas Johnson	
12.	9 Emily Yanick	25-09.50 PR	North Point	
Q 13.	11 Treasur Thompson	25-05.75	C.H. Flowers	
Q 14.	12 Favior Ngwangaling	25-05.00	DuVal	
Q 15.	11 Hana Inagaki	24-01.50	Frederick	
Q 16.	10 Ainsley Panjehshahi	23-08.25	Governor Thomas Johnson	

## High Jump Varsity - Finals

1.	12 Ashleigh Samuels	5-02.00 PR	Bowie	Q
Q 2.	11 Jaelynn Blackwell	5-02.00	C.H. Flowers	Q
3.	12 Areyana Snowden	5-02.00	Frederick	Q
4.	9 Ava Morales	4-10.00	Frederick	Q
4.	12 Janine Amefia	4-10.00 PR	Urbana	Q
6.	10 Kendall Thompson	4-10.00	Henry A Wise	Q
7.	12 Ji'Mie Womack	4-08.00	C.H. Flowers	
8.	10 Elsie Akonjuen	4-08.00 PR	Henry A Wise	
9.	9 Jordyn Summers	4-06.00	Frederick	
9.	11 Elliana Gyamfi	4-06.00	Urbana	
9.	10 Hawa Kaba	4-06.00	DuVal	
--.	10 Gabriela Umpierre	NH	Governor Thomas Johnson	
--.	9 Jaidah Ezcaman	NH	Urbana	
Q --.	12 Maddie Villarreal	NH	Leonardtwn	
Q --.	10 Braelyn Graves	DNS	North Point	
Q --.	10 Noell Shimeles	DNS	North Point	

## Pole Vault Varsity - Finals

1.	10 Gabriela Umpierre	11-06.00	Governor Thomas Johnson	Q
2.	10 Bailey Smith	11-06.00 PR	Urbana	Q
3.	11 Brunell Owusu	11-00.00	Governor Thomas Johnson	Q
4.	12 Daniela Delgado	10-00.00 PR	Urbana	Q

--. 12	Jake Levow	NH	Urbana	5. 12	Roshna Vijayan	9-00.00 SR	Urbana	Q
--. 11	Gavin Diggs	NH	North Point	6. 10	Lennah Bailey	8-06.00	Governor Thomas Johnson	Q
--. 9	Diontae Graham	NH	Henry A Wise					
--. 11	Tiyoun Jenkins	NH	Suitland					
--. 9	Osahenrumwen Aigbog...	NH	Frederick					
--. 12	Christian Whitehead	DNS	Urbana					

## Pole Vault Varsity - Finals

1. 11	Gilberto Ramos	13-11.00	Governor Thomas Johnson	Q
2. 12	Luke Freimanis	13-05.00	Governor Thomas Johnson	Q
3. 12	Levi Sontz	11-05.00 PR	Urbana	Q
4. 11	John Oguariri	11-05.00 PR	Frederick	Q
5. 12	Neal Addoquaye	10-11.00	Governor Thomas Johnson	Q
6. 12	Callum Boye	9-03.00 PR	Frederick	
--. 11	Eyob Jigsa	NH	Urbana	
--. 12	Mark Okoree	DNS	DuVal	



# MPSSAA 4A East Region Championships HS

**OFFICIAL**  Fri, Feb 9, 2024  Prince George's Sports & Learning Complex - Indoor Track, MD US

## **Womens Varsity**

1. Urbana	105.5
2. C.H. Flowers	102
3. Frederick	58.5
4. Leonardtown	56
5. Henry A Wise	34
6. North Point	31
7. Governor Thoma...	29
7. Eleanor Roosevel...	29
9. Bowie	26
10. Suitland	15
11. DuVal	8
12. Laurel	6
13. Bladensburg	3

## **Mens Varsity**

1. Governor Thoma...	113.5
2. Bowie	92.5
3. Urbana	86
4. North Point	55
5. Frederick	35
6. DuVal	31
7. Leonardtown	29
8. Suitland	18
9. Parkdale	9
9. C.H. Flowers	9
11. Henry A Wise	8
11. Bladensburg	8
13. Laurel	6
14. Eleanor Roosevel...	4