

MPSSAA Indoor Track - 2/5/2015

4A West
PG Sportsplex
Results

Girls 55 Meter Dash 4A

PG ADV: 7.46 A

Name	Yr	School	Prelims
Preliminaries			
1	Stephanie Davis	10	Magruder A 7.35Q
2	Martha Sam	12	J.H. Blake A 7.35Q
3	Adassa Phillips	12	Paint Branch A 7.40Q
4	Rachel Laryea	12	John F. Kennedy A 7.39q
5	Precious Igwebuike	11	Paint Branch A 7.45q
6	Dana Eckerstrom	12	Northwest A 7.46q
7	Hayli Johnson	12	Springbrook 7.50q
8	Rebecca Currica	11	Gaithersburg 7.54q
9	Cierra Pyles	9	Clarksburg 7.54
10	Grace Olawuni	11	Montgomery Blair 7.57
11	Taliah Hardie	11	Clarksburg 7.59
12	Nicole Osafo-dede	10	Paint Branch 7.67
13	Sephora Grey	12	R. Montgomery 7.70
14	Keila Robertson	11	Magruder 7.71
15	Sarah Louk	10	Clarksburg 7.72
16	Mmasinachi Ngwu	9	W. Churchill 7.76
17	Sarah Moore	12	J.H. Blake 7.78
18	Sara Cadenhead	11	Northwest 7.85
19	Emma Lopus	9	Bethesda-CC 7.92
20	Danielle Pitsenberger	11	Walter Johnson 7.95
21	Sarah Bruegmann	10	Walt Whitman 7.99
22	Claire Guion	9	Walter Johnson 8.34

Girls 55 Meter Dash 4A

PG ADV: 7.46 A

Name	Yr	School	Finals
Finals			
1	Stephanie Davis	10	Magruder 7.29A 10
2	Adassa Phillips	12	Paint Branch 7.30A 8
3	Rachel Laryea	12	John F. Kennedy 7.32A 6
4	Precious Igwebuike	11	Paint Branch 7.43A 5
5	Martha Sam	12	J.H. Blake 7.44A 4
6	Hayli Johnson	12	Springbrook 7.45A 3
7	Dana Eckerstrom	12	Northwest 7.54 2
8	Rebecca Currica	11	Gaithersburg 7.54 1

Girls 300 Meter Dash 4A

PG ADV: 41.54 A

Name	Yr	School	Finals
Finals			
1	Martha Sam	12	J.H. Blake 40.01A 10
2	Stephanie Davis	10	Magruder 40.21A 8
3	Sarah Moore	12	J.H. Blake 41.29A 6
4	Dana Eckerstrom	12	Northwest 41.32A 5
5	Kaela Jones	12	J.H. Blake 41.90 4
6	Adassa Phillips	12	Paint Branch 42.11 3
7	Lauren Woods	12	Sherwood 42.71 2
8	Reyna Wright	12	Walt Whitman 42.81 1
9	Rachel Laryea	12	John F. Kennedy 43.40
10	Alyssa Moran	11	Sherwood 43.44

11	Grace Olawuni	11	Montgomery Blair 43.69
12	Jasmin Chin	9	Springbrook 43.73
13	Karley Hampton	11	Quince Orchard 44.17
14	Susanna Maisto	11	Montgomery Blair 44.23
15	Brittany Fletcher	11	R. Montgomery 44.38
16	Sydney West	10	Walter Johnson 44.76
17	Kaitland Desmangles	10	Paint Branch 44.87
18	Rebecca Currica	11	Gaithersburg 45.34
19	Emma Liles	10	Walt Whitman 45.52
20	Maria Prokos	9	W. Churchill 47.03
21	Hannah Kamara	9	Paint Branch 51.19
---	Tamir Jacobs	11	Springbrook DQ

Girls 500 Meter Run 4A

PG ADV: 1:20.39 A

Name	Yr	School	Finals
Finals			
1	Martha Sam	12	J.H. Blake 1:18.02A 10
2	Tiffany Woods	12	Sherwood 1:20.02A 8
3	Susanna Maisto	11	Montgomery Blair 1:20.90 6
4	Yusrah Addebayo	12	Paint Branch 1:21.32 5
5	Sisan Dorsu	12	Bethesda-CC 1:21.41 4
6	Sarah Moore	12	J.H. Blake 1:21.88 3
7	Katerina Lake	12	Northwest 1:22.73 2
8	Analise Schmidt	10	Bethesda-CC 1:23.28 1
9	Sophie El-Masry	11	R. Montgomery 1:23.78
10	Jasmin Chin	9	Springbrook 1:24.08
11	Shea McCloskey	11	Clarksburg 1:24.17
12	Sydney West	10	Walter Johnson 1:24.45
13	Molly Hierholzer	12	Sherwood 1:25.12
14	Torian Wright	12	Quince Orchard 1:25.32
15	Kendra Knopp	11	Northwest 1:25.82
16	Julia Sloan	9	Quince Orchard 1:26.22
17	Lily O'Dowd	11	Bethesda-CC 1:26.40
18	Mary Sam	12	Paint Branch 1:27.51
19	Mary St. Maxens	9	Walter Johnson 1:27.73

Girls 800 Meter Run 4A

PG ADV: 2:25.86 A

Name	Yr	School	Finals
Finals			
1	Clare Severe	12	Walt Whitman 2:19.54A 10
2	Gaby Go	12	Northwest 2:21.97A 8
3	Lucy Srou	12	W. Churchill 2:22.73A 6
4	Kiernan Keller	12	Walter Johnson 2:25.04A 5
5	Julia Reicin	10	W. Churchill 2:25.72A 4
6	Lela Walter	12	Walt Whitman 2:27.35 3
7	Katrione Kirsch	10	Walter Johnson 2:29.31 2
8	Sophie El-Masry	11	R. Montgomery 2:30.17 1
9	Leanna Choo	9	Northwest 2:30.32
10	Kyra Badrian	10	Paint Branch 2:30.79
11	Diamond Bruns	12	Springbrook 2:31.29
12	Lily O'Dowd	11	Bethesda-CC 2:31.82
13	Jocelyn Kelley	10	W. Churchill 2:32.95
14	Zoe Nuechterlein	10	Bethesda-CC 2:33.99

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**4A West
PG Sportsplex
Results**

Finals ... (Girls 800 Meter Run 4A)

Name	Yr	School	Finals
15 Sofia Zarate	10	Northwest	2:34.38
16 Lucie Noall	12	Clarksburg	2:35.41
17 Erin O'Connor	11	Walt Whitman	2:37.92
18 Mary Sam	12	Paint Branch	2:41.73
19 Isabelle Sajonia	9	Quince Orchard	2:42.11
20 Faith Shive	9	Clarksburg	2:47.02
21 Natali Gradwohl	12	Montgomery Blair	2:50.19

Girls 1600 Meter Run 4A

PG ADV: 5:27.18 A

Name	Yr	School	Finals
1 Kiernan Keller	12	Walter Johnson	5:10.75A 10
2 Lucy Srouer	12	W. Churchill	5:13.52A 8
3 Katrione Kirsch	10	Walter Johnson	5:19.34A 6
4 Lucie Noall	12	Clarksburg	5:19.71A 5
5 Zoe Nuechterlein	10	Bethesda-CC	5:25.22A 4
6 Erin O'Connor	11	Walt Whitman	5:25.67A 3
7 Amanda Hayes-Puttfarcken	11	Sherwood	5:27.34 2
8 Lena Feldman	10	Walt Whitman	5:36.15 1
9 Abigail Levine	11	Bethesda-CC	5:37.54
10 Briana Dinardo	12	Northwest	5:38.79
11 Faith Shive	9	Clarksburg	5:41.33
12 Madison Silver	10	Bethesda-CC	5:43.67
13 Riani Carr	11	J.H. Blake	5:43.69
14 Isabelle Sajonia	9	Quince Orchard	5:44.93
15 Cynthia Kipserem	11	R. Montgomery	5:48.95
16 Holly Mordoff	11	Clarksburg	5:50.95
17 Holyana Nhean	11	J.H. Blake	5:51.14
18 Griffin Myers	11	W. Churchill	6:00.00
19 Kathryn Clem	12	W. Churchill	6:02.42

Girls 3200 Meter Run 4A

PG ADV: 11:54.61 A

Name	Yr	School	Finals
1 Bethlehem Taye	11	Paint Branch	11:18.81A 10
2 Nora McUmbur	12	Bethesda-CC	11:20.53A 8
3 Emily Murphy	11	Walter Johnson	11:37.63A 6
4 Lucie Noall	12	Clarksburg	11:39.07A 5
5 Sofia Zarate	10	Northwest	11:42.13A 4
6 Kat McNeill	12	Bethesda-CC	11:44.68A 3
7 Maddie Peloff	11	Sherwood	11:49.42A 2
8 Olivia Woods	10	Walt Whitman	11:49.46A 1
9 Caroline Beakes	12	Bethesda-CC	12:14.07
10 Emma Pannullo	11	Walter Johnson	12:14.39
11 Paula Kleyman	12	W. Churchill	12:15.52
12 Faith Shive	9	Clarksburg	12:18.81
13 Riani Carr	11	J.H. Blake	12:34.95
14 Catherine Oberfield	11	J.H. Blake	12:35.11
15 Holly Mordoff	11	Clarksburg	12:43.77
16 Emily Newcombe	11	R. Montgomery	12:44.59
17 Dale Tassbihi	12	Northwest	12:52.22

18 Victoria Haass	11	W. Churchill	12:57.83
19 Mackenzie Meyers	10	Northwest	13:02.79
20 Jasmine De La Vega	9	R. Montgomery	13:15.41

Girls 55 Meter Hurdles 4A

PG ADV: 9.39 A

Name	Yr	School	Prelims
1 Alexis Pyles	11	Clarksburg	A 8.26Q
2 Leondra Correia	11	Northwest	A 8.56Q
3 Cierra Pyles	9	Clarksburg	A 8.75Q
4 Kailih Talyor	10	Gaithersburg	A 8.88q
5 Gabriella Silva	12	W. Churchill	A 9.16q
6 Hayli Johnson	12	Springbrook	A 9.17q
7 Sydney Veator	11	W. Churchill	A 9.25q
8 Nikki Nuama	10	Paint Branch	9.46q
9 Naja Mcadam	12	Clarksburg	9.51
10 Karley Hampton	11	Quince Orchard	9.52
11 Elaina Teramoto	11	W. Churchill	9.61
12 Sisan Dorsu	12	Bethesda-CC	9.89
13 Destiny Black	11	Northwest	10.21
14 Maya Lalouani	12	Walter Johnson	10.31
15 Emalie Abdullah	10	Northwest	10.54
16 Hayley Mazur	12	Sherwood	10.64
17 Olivia Juliano	9	Bethesda-CC	10.90
18 Juliet Komwa	12	John F. Kennedy	11.47

Girls 55 Meter Hurdles 4A

PG ADV: 9.39 A

Name	Yr	School	Finals
1 Alexis Pyles	11	Clarksburg	8.28A 10
2 Cierra Pyles	9	Clarksburg	8.54A 8
3 Leondra Correia	11	Northwest	8.54A 6
4 Kailih Talyor	10	Gaithersburg	8.99A 5
5 Sydney Veator	11	W. Churchill	9.11A 4
6 Gabriella Silva	12	W. Churchill	9.20A 3
7 Hayli Johnson	12	Springbrook	9.41 2
8 Nikki Nuama	10	Paint Branch	9.42 1

Girls 4x200 Meter Relay 4A

PG ADV: 1:49.70 A

Team	Relay	Finals
1 Paint Branch		1:46.63A 10
1) Precious Igwebuike 11	2) Yusrah Addebayo 12	
3) Nicole Osafo-dede 10	4) Adassa Phillips 12	
2 Northwest		1:47.10A 8
1) Lananda Correia 10	2) Leondra Correia 11	
3) Katerina Lake 12	4) Dana Eckerstrom 12	
3 Clarksburg		1:47.36A 6
1) Sarah Louk 10	2) Taliah Hardie 11	
3) Cierra Pyles 9	4) Alexis Pyles 11	

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Finals ... (Girls 4x200 Meter Relay 4A)

Team	Relay	Finals
4 Sherwood		1:50.01 5
1) Tiffany Woods 12	2) Lauren Woods 12	
3) Molly Hierholzer 12	4) Alyssa Moran 11	
5 Springbrook		1:50.78 4
1) Beverly Val-addo 10	2) Tamir Jacobs 11	
3) Hayli Johnson 12	4) Jasmin Chin 9	
6 James H. Blake		1:51.75 3
1) Kaela Jones 12	2) Kenya Allison 9	
3) Holyna Nhean 11	4) Martha Sam 12	
7 Gaithersburg		1:52.52 2
1) Rebecca Currica 11	2) Jamie Montgomery 12	
3) Kailih Talyor 10	4) Octavia Coleman 10	
8 John F. Kennedy		1:53.77 1
1) Rachel Laryea 12	2) Kim Ubadiniru 11	
3) Liantsoa Randrianarivelo 9	4) Juliet Komwa 12	
9 Quince Orchard		1:53.78
1) Karley Hampton 11	2) Natalie Markoff 9	
3) Julia Sloan 9	4) Lauren Calvin 12	
10 Winston Churchill		1:54.38
1) Sydney Veator 11	2) Tara Rhodes 10	
3) Margot Szamosszegi 10	4) Mmasinachi Ngwu 9	
11 Montgomery Blair		1:57.11
1) Grace Olawuni 11	2) Rachel Ederer 12	
3) Aksua Hawkins 10	4) Susanna Maisto 11	
12 Walter Johnson		1:58.31
1) Danielle Pitsenberger 11	2) Shannon Mccarty 10	
3) Gaia Meiren 9	4) Claire Guion 9	
13 Bethesda-Chevy Chase		2:00.59
1) Melanie Mputu 9	2) Alyssa Alfonso 12	
3) Ayathma Wickramasinghe 10	4) Emma Lopus 9	
--- Richard Montgomery		DQ
1) Ryleigh Dublinsky 9	2) Sephora Grey 12	
3) Ananda Nyero 9	4) Brittany Fletcher 11	

Girls 4x400 Meter Relay 4A

PG ADV: 4:13.56 A

Team	Relay	Finals
Finals		
1 Paint Branch		4:05.52A 10
1) Yusrah Addebayo 12	2) Adassa Phillips 12	
3) Kyra Badrian 10	4) Precious Igwebuikwe 11	
2 Sherwood		4:05.79A 8
1) Tiffany Woods 12	2) Molly Hierholzer 12	
3) Alyssa Moran 11	4) Lauren Woods 12	
3 Bethesda-Chevy Chase		4:10.71A 6
1) Olivia Juliano 9	2) Analise Schmidt 10	
3) Nora McUmbert 12	4) Sisan Dorsu 12	
4 Northwest		4:11.45A 5
1) Lananda Correia 10	2) Katerina Lake 12	
3) Gaby Go 12	4) Dana Eckerstrom 12	
5 James H. Blake		4:11.83A 4
1) Kaela Jones 12	2) Kenya Allison 9	
3) Holyna Nhean 11	4) Sarah Moore 12	

6 Walt Whitman		4:13.57 3
1) Lela Walter 12	2) Emma Liles 10	
3) Clare Severe 12	4) Reyna Wright 12	
7 Clarksburg		4:20.21 2
1) Taliah Hardie 11	2) Lily Lippert 9	
3) Shea McCloskey 11	4) Alexis Pyles 11	
8 Springbrook		4:22.95 1
1) Beverly Val-addo 10	2) Jasmin Chin 9	
3) Tamir Jacobs 11	4) Diamond Bruns 12	
9 Walter Johnson		4:23.62
1) Sydney West 10	2) Emily Murphy 11	
3) Naiya Ray 10	4) Mary St. Maxens 9	
10 Quince Orchard		4:32.50
1) Karley Hampton 11	2) Natalie Markoff 9	
3) Julia Sloan 9	4) Lauren Calvin 12	
11 Gaithersburg		4:44.76
1) Karen Ani 10	2) Mikaylah Salyes 10	
3) Jamie Montgomery 12	4) Octavia Coleman 10	
12 Montgomery Blair		4:51.48
1) Grace Olawuni 11	2) Natali Gradwohl 12	
3) Regina Gretschesel 11	4) Susanna Maisto 11	

Girls 4x800 Meter Relay 4A

PG ADV: 10:00.80 A

Team	Relay	Finals
Finals		
1 Walt Whitman		9:40.42A 10
1) Lela Walter 12	2) Erin O'Connor 11	
3) Lena Feldman 10	4) Clare Severe 12	
2 Walter Johnson		9:45.35A 8
1) Katrione Kirsch 10	2) Emily Murphy 11	
3) Jasmine Garrett 11	4) Kiernan Keller 12	
3 Winston Churchill		9:46.10A 6
1) Julia Reicin 10	2) Tara Rhodes 10	
3) Jocelyn Kelley 10	4) Lucy Srouer 12	
4 Bethesda-Chevy Chase		9:46.82A 5
1) Sisan Dorsu 12	2) Analise Schmidt 10	
3) Caroline Beakes 12	4) Nora McUmbert 12	
5 Northwest		9:46.83A 4
1) Leanna Choo 9	2) Gaby Go 12	
3) Lananda Correia 10	4) Sofia Zarate 10	
6 Paint Branch		10:20.96 3
1) Kyra Badrian 10	2) Mary Sam 12	
3) Nwando Arah 11	4) Bethlehem Taye 11	
7 Richard Montgomery		10:32.27 2
1) Brennis Dulaney 12	2) Emily Newcombe 11	
3) Daniela Quiros 12	4) Amelia Cowan 10	
8 Clarksburg		10:32.46 1
1) Yasmine Boumaiz 11	2) Lily Lippert 9	
	4) Sabriana Carpenter 11	
9 Sherwood		10:45.09
1) Amanda Hayes-Puttfarcken 11	2) Courtney Nakamura 12	
3) Kristi Johnson 10	4) Maddie Peloff 11	

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**4A West
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Results**

Finals ... (Girls 4x800 Meter Relay 4A)

Team	Relay	Finals
10 Quince Orchard		10:57.47
1) Isabelle Sajonia 9	2) Sarah Palmrose 12	
3) Alaina Froh 12	4) Megan McDanald 11	
11 Thomas S. Wootton		11:14.07
1) Jacqueline Deprey 11	2) Katherine Snyder 10	
3) Juliet Carpenter 10	4) Hannah Boyd 9	
12 Montgomery Blair		11:21.93
1) Regina Gretschel 11	2) Isadora Germain 9	
3) Isabel Present 9	4) Natali Gradwohl 12	
13 Springbrook		12:07.07
1) Vene Richardson-powell 9	2) Christina Kilby 9	
3) Metasebia Tessema 9	4) Kieve Gambrell 10	
--- Gaithersburg		DQ
1) Mikaylah Salyes 10	2) Karen Ani 10	
3) Sonya Radichkova 10	4) Jamie Montgomery 12	
--- John F. Kennedy		DQ
1) Yasmine Sebbti 10	2) Charlene Turner 12	
3) Liantsoa Randrianarivelo 9	4) Rebeca Rodriquez 10	

Girls High Jump 4'2" 4A

PG ADV: 4-10 A

Name	Yr	School	Finals
Finals			
1 Alexis Pyles	11	Clarksburg	5-02.00A 10
2 Naja Mcadam	12	Clarksburg	5-02.00A 8
3 Leandra Correia	11	Northwest	4-10.00A 5
3 Cierra Pyles	9	Clarksburg	4-10.00A 5
3 Stephanie Bateky	10	Northwest	4-10.00A 5
6 Sarah Bruegmann	10	Walt Whitman	4-10.00A 3
7 Destiny Black	11	Northwest	4-08.00 2
8 Alexandra Conway	11	W. Churchill	4-06.00 1
9 Precious Igwebuikwe	11	Paint Branch	4-06.00
9 Diamond Bruns	12	Springbrook	4-06.00
11 Madison Wellinghoff	10	Quince Orchard	4-04.00
12 Carmen Moore	11	J.H. Blake	4-02.00
--- Analise Schmidt	10	Bethesda-CC	NH
--- Olivia Juliano	9	Bethesda-CC	NH

Girls Pole Vault 7'0" 4A

PG ADV: 7-06 A

Name	Yr	School	Finals
Finals			
1 Victoria Holton	12	Walter Johnson	7-06.00A 10
2 Brennis Dulaney	12	R. Montgomery	7-06.00A 8
3 Camryn Hall	10	Clarksburg	6-00.00 6
--- Maya Jacobson	10	Quince Orchard	NH
--- Paige Evans	10	Clarksburg	NH

Girls Shot Put 4A

PG ADV: 33-00 A

Name	Yr	School	Finals
Finals			
1 Justina Ababio	11	Clarksburg	34-03.75A 10

2 Aissa Toure	12	Clarksburg	34-02.50A 8
3 Anelle Tarke	11	Gaithersburg	31-06.00 6
4 Biamba Tshitenge	11	Northwest	30-06.50 5
5 Chinomso Njelita	10	Northwest	28-07.00 4
6 Mageb Mofor	12	Sherwood	28-05.50 3
7 Kailih Talyor	10	Gaithersburg	28-02.75 2
8 Rachel Goldberg	11	Sherwood	27-07.00 1
9 Bethanne Ray	10	Gaithersburg	26-06.50
10 Danielle Pitsenberger	11	Walter Johnson	26-03.50
11 Caitlin Trenkle	11	Walter Johnson	24-07.25
12 Nako Caternor	12	Clarksburg	24-04.75
13 Renee Wolf	11	W. Churchill	23-07.00
14 Jayla Darby	9	R. Montgomery	23-00.50
15 Toni Koroye	9	Walter Johnson	22-11.50
16 Tatiana Sookdeo	10	Springbrook	22-02.75
17 Emisi Bashonga	9	Springbrook	21-11.00
18 Serena Kok-sey-tjong	11	Paint Branch	21-10.00
19 Frances Mejia	12	R. Montgomery	21-09.75
20 Khadija Tonkara	10	Paint Branch	21-05.00
21 Jessica Lyon	12	Walt Whitman	21-04.75
22 Ayathma Wickramasinghe	10	Bethesda-CC	18-01.50

Boys 55 Meter Dash 4A

PG ADV: 6.76 A

Name	Yr	School	Prelims
Preliminaries			
1 Rufus Settles	12	Sherwood	A 6.56Q
2 Jaron Woodyard	11	Wootton	A 6.57Q
3 Jalen Walker	12	Northwest	A 6.60Q
4 Lud Blair	12	John F. Kennedy	A 6.64q
5 Josh Netterville	10	Northwest	A 6.68q
6 Jamal Leonard	12	Gaithersburg	A 6.69q
7 Hafis Adegun	11	Paint Branch	A 6.72q
8 Davino Frazer	11	Northwest	A 6.74q
9 Alex Fehlinger	12	R. Montgomery	A 6.76
10 Justin Sorra	12	Quince Orchard	6.77
11 Joseph Oxley	12	J.H. Blake	6.78
12 Marquette Lewis	12	W. Churchill	6.81
13 Nathan Phillips	9	J.H. Blake	6.85
14 Kevin Rop	12	John F. Kennedy	6.87
15 Emmanuel Agyemang	12	Magruder	6.92
16 Dorian Jones	12	Quince Orchard	6.95
17 Christopher Harris	10	Gaithersburg	6.96
18 Jaylen Leonard	12	Gaithersburg	6.98
19 Jacari Ramsey	11	Springbrook	7.01
20 Michael Obajemu	12	Magruder	7.01
21 Andrew Zuckerman	11	W. Churchill	7.03
22 Greg Stuppard	11	Clarksburg	7.23

Boys 55 Meter Dash 4A

PG ADV: 6.76 A

Name	Yr	School	Finals
Finals			
1 Jaron Woodyard	11	Wootton	6.53A 10
2 Rufus Settles	12	Sherwood	6.56A 8

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Finals ... (Boys 55 Meter Dash 4A)

Name	Yr	School	Finals
3 Josh Netterville	10	Northwest	6.58A 6
4 Jalen Walker	12	Northwest	6.59A 5
5 Lud Blair	12	John F. Kennedy	6.60A 4
6 Hafis Adegun	11	Paint Branch	6.67A 3
7 Jamal Leonard	12	Gaithersburg	6.70A 2
8 Davino Frazer	11	Northwest	6.74A 1

Boys 300 Meter Dash 4A

PG ADV: 36.83 A

Name	Yr	School	Finals
1 Jalen Walker	12	Northwest	35.28A 10
2 Jaron Woodyard	11	Wootton	36.04A 8
3 Rufus Settles	12	Sherwood	36.15A 6
4 Marquette Lewis	12	W. Churchill	36.17A 5
5 Joseph Oxley	12	J.H. Blake	36.45A 4
6 Meyen McClain	10	Springbrook	36.94 3
7 Jamal Leonard	12	Gaithersburg	37.02 2
8 Jacari Ramsey	11	Springbrook	37.27 1
9 Emmanuel Agyemang	12	Magruder	37.30
10 Josh Netterville	10	Northwest	37.32
11 Zach Smith	11	Gaithersburg	37.71
12 Lud Blair	12	John F. Kennedy	37.82
13 Jaylen Leonard	12	Gaithersburg	37.87
14 Kurtis Bynum	12	Clarksburg	37.89
15 Andrew Daniels	11	Northwest	38.15
16 Xavier Smith	10	Clarksburg	38.35
17 Clayton Cole	12	R. Montgomery	38.54
18 Kevin Rop	12	John F. Kennedy	38.59
19 Sergio Pakou	12	Montgomery Blair	38.74
20 Benjamin Schloss	12	Walt Whitman	38.93
21 Jose Cruz Tapia	12	Quince Orchard	38.96
22 Will Richardson	10	Bethesda-CC	38.98

Boys 500 Meter Run 4A

PG ADV: 1:08.58 A

Name	Yr	School	Finals
1 Oliver Lloyd	12	Paint Branch	1:06.77A 10
2 Taiwo Adekoya	12	Paint Branch	1:08.17A 8
3 Justin Sorra	12	Quince Orchard	1:09.06 6
4 Nicholas Ransing	12	Quince Orchard	1:09.51 5
5 Kevin Oleary	11	Walter Johnson	1:10.25 4
6 Taivon Ozigor	12	Walter Johnson	1:10.29 3
7 Benjamin Schloss	12	Walt Whitman	1:10.61 2
8 Matt Agboola	12	R. Montgomery	1:10.80 1
9 Ngoy Jeriel Yamitshi	10	Northwest	1:11.08
10 Amit Koppel	10	R. Montgomery	1:11.32
11 Elton Quansah	10	Northwest	1:11.56
12 Jonathan Mosquera	12	Clarksburg	1:11.59
13 David Yazdani	11	Wootton	1:12.03
14 Andrew Zuckerman	11	W. Churchill	1:12.21
15 Philippe Masson	11	Bethesda-CC	1:12.69

16 Tim Kress	10	Quince Orchard	1:12.79
17 Matt Masison	12	Walter Johnson	1:13.11
18 Brendan Rhoderick	12	Northwest	1:13.28
19 Joe Viqueira	9	Bethesda-CC	1:13.39
20 Owen Miller	12	Sherwood	1:13.50
21 Joshua Freilich	11	W. Churchill	1:13.77
22 Harrison Guh	12	Walt Whitman	1:14.78

Boys 800 Meter Run 4A

PG ADV: 2:03.42 A

Name	Yr	School	Finals
1 Diego Zarate	12	Northwest	1:57.27A 10
2 Oliver Lloyd	12	Paint Branch	1:57.43A 8
3 Lorenzo Neil	12	Paint Branch	1:59.77A 6
4 Emmanuel Porquin	12	R. Montgomery	1:59.82A 5
5 Nathan Nadal	12	Wootton	2:01.60A 4
6 Liam Walsh	11	Quince Orchard	2:01.72A 3
7 Matt Agboola	12	R. Montgomery	2:03.54 2
8 Kevin Oleary	11	Walter Johnson	2:03.70 1
9 Thierry Siewe	10	Montgomery Blair	2:04.99
10 Nicholas Ransing	12	Quince Orchard	2:05.09
11 Brendan Fagan	12	W. Churchill	2:06.99
12 Philippe Masson	11	Bethesda-CC	2:07.02
13 Sam Weingord	12	Northwest	2:08.66
14 Jack Murphy	12	Montgomery Blair	2:09.82
15 Michael Hughes	11	W. Churchill	2:10.03
16 Matthew Goldsmith	10	W. Churchill	2:10.07
17 Ben Severe	9	Walt Whitman	2:11.74
18 Cole McCabe	12	Quince Orchard	2:12.77
19 Samad Iqbal	11	R. Montgomery	2:13.77
20 Patrick Winter	11	Walter Johnson	2:19.01
21 Michael Thomas	11	Clarksburg	2:26.88

Boys 1600 Meter Run 4A

PG ADV: 4:37.03 A

Name	Yr	School	Finals
1 Diego Zarate	12	Northwest	4:22.49A 10
2 Lorenzo Neil	12	Paint Branch	4:25.43A 8
3 Emmanuel Porquin	12	R. Montgomery	4:26.73A 6
4 Nathan Nadal	12	Wootton	4:31.37A 5
5 Binyam Tadesse	12	John F. Kennedy	4:31.85A 4
6 Liam Walsh	11	Quince Orchard	4:33.18A 3
7 Sam Baker	12	Bethesda-CC	4:37.15 2
8 Corey Young	12	Springbrook	4:40.19 1
9 Jack Murphy	12	Montgomery Blair	4:42.38
10 Sebastian Jones	10	Bethesda-CC	4:44.15
11 James Newport	11	J.H. Blake	4:45.03
12 Mieron Tewelde	12	Paint Branch	4:45.45
13 Samad Iqbal	11	R. Montgomery	4:50.80
14 Dawit Tegegn	11	Springbrook	4:52.52
15 Chase Osborne	9	Northwest	4:53.99
16 Robert Chance	11	Bethesda-CC	5:05.15
17 Patrick Winter	11	Walter Johnson	5:20.72

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4A West
PG Sportsplex
Results

Boys 3200 Meter Run 4A

PG ADV: 10:03.27 A

Name	Yr	School	Finals
Finals			
1 Amir Khaghani	12	Walt Whitman	9:32.87A 10
2 Itai Bezherano	12	Walter Johnson	9:35.85A 8
3 Rohann Asfaw	10	R. Montgomery	9:43.80A 6
4 James Ryan Anderson	12	Paint Branch	9:57.73A 5
5 Ben Thoms	12	Quince Orchard	10:00.43A 4
6 Arturo Woodward-Montes	12	W. Churchill	10:02.43A 3
7 Brandon Kureshi	11	Northwest	10:06.32 2
8 Sam Baker	12	Bethesda-CC	10:07.11 1
9 Sebastian Jones	10	Bethesda-CC	10:13.89
10 Preston Scherr	11	Walt Whitman	10:16.94
11 Lucas Heinzerling	11	Bethesda-CC	10:21.41
12 Komlan Attiogbe	10	Northwest	10:21.79
13 James Newport	11	J.H. Blake	10:22.17
14 Binyam Tadesse	12	John F. Kennedy	10:23.16
15 Ben Resnick	12	Walter Johnson	10:34.12
16 Jacob Hyman	12	W. Churchill	10:34.87
17 Shane McGovern	10	Paint Branch	10:42.68
18 Christian McCann	11	Quince Orchard	10:43.21
19 Joachim El-Masry	9	R. Montgomery	10:45.05
20 Dawit Tegegn	11	Springbrook	10:54.79
21 David Mejia	11	Springbrook	10:57.60
22 Michael Thomas	11	Clarksburg	10:59.62

Boys 55 Meter Hurdles 4A

PG ADV: 8.28 A

Name	Yr	School	Prelims
Preliminaries			
1 Shyheim Wright	11	Northwest	A 7.60Q
2 Dorian Jones	12	Quince Orchard	A 8.03Q
3 Bright Ofosu	12	Quince Orchard	A 8.13Q
4 Aaron Beidleman	12	Northwest	A 8.17q
5 Jerome White	12	Gaithersburg	8.30q
6 Andrew Daniels	11	Northwest	8.54q
7 Quinton Small	12	Gaithersburg	8.55q
8 Tyrek Goy	10	Paint Branch	8.78q
9 Jeremy Lyons	10	R. Montgomery	9.09
10 Fredys Martinez	12	Bethesda-CC	9.14
11 Hoang-thien Cao	11	Montgomery Blair	9.17
12 Will Richardson	10	Bethesda-CC	9.33
13 Antonio Romeo	12	Sherwood	9.42
14 Paul Lee	11	Sherwood	9.43
15 Jt Jirata	12	Clarksburg	9.46
16 Vincent Kipyegon	12	John F. Kennedy	9.49
17 Simon Liu	10	R. Montgomery	9.53
18 Brendan Kelly	12	Walt Whitman	9.86
19 Tim Matthews	12	Clarksburg	9.95
20 Collin Riviello	11	Magruder	10.10
21 Braeden Rose	12	Montgomery Blair	10.14
22 Kyle Nakasaka	12	Bethesda-CC	10.24

Boys 55 Meter Hurdles 4A

PG ADV: 8.28 A

Name	Yr	School	Finals
Finals			
1 Shyheim Wright	11	Northwest	7.49A 10
2 Aaron Beidleman	12	Northwest	8.11A 8
3 Bright Ofosu	12	Quince Orchard	8.16A 6
4 Jerome White	12	Gaithersburg	8.26A 5
5 Andrew Daniels	11	Northwest	8.33 4
6 Dorian Jones	12	Quince Orchard	8.56 3
7 Tyrek Goy	10	Paint Branch	8.63 2
8 Quinton Small	12	Gaithersburg	8.95 1

Boys 4x200 Meter Relay 4A

PG ADV: 1:35.19 A

Team	Relay	Finals
Finals		
1 Northwest		1:32.54A 10
	1) Davino Frazer 11	2) Josh Netterville 10
	3) Andrew Daniels 11	4) Shyheim Wright 11
2 Gaithersburg		1:33.97A 8
	1) Zavae Johnson 12	2) Jamal Leonard 12
	3) Jaylen Leonard 12	4) Zach Smith 11
3 Springbrook		1:33.98A 6
	1) Dereck Appiah 12	2) Jacari Ramsey 11
	3) Jaden Purnell 12	4) Meyen McClain 10
4 Winston Churchill		1:34.98A 5
	1) Cameron Babers 12	2) Oda Assimaidou 12
	3) Andrew Zuckerman 11	4) Marquette Lewis 12
5 James H. Blake		1:35.72 4
	1) Joseph Oxley 12	2) Lukas McFate 11
	3) Nathan Phillips 9	4) Brandon Coleman 12
6 Paint Branch		1:37.23 3
	1) Hafis Adegun 11	2) Jordan Johnson 10
	3) Zaid Whitney-wiles 10	4) Taiwo Adekoya 12
7 John F. Kennedy		1:38.47 2
	1) Lud Blair 12	2) Kevin Rop 12
	3) Kendall Johnson 11	4) Khalid Bradford-el 10
8 Clarksburg		1:39.12 1
	1) Greg Stuppard 11	2) Fred Schellhase 12
	3) Xavier Smith 10	4) Kurtis Bynum 12
9 Montgomery Blair		1:39.14
	1) Kalabe Arefeayne 12	2) Natnael Mekonnen 12
	3) Sergio Pakou 12	4) Braeden Rose 12
10 Quince Orchard		1:40.04
	1) Tristan Dye 10	2) Bright Ofosu 12
	3) Tim Kress 10	4) Jose Cruz Tapia 12
11 Sherwood		1:40.67
	1) DeVonte Doward 11	2) Jared Shaia 12
	3) Sebastian Lambert 11	4) Derick Aggrey 12
12 Richard Montgomery		1:40.71
	1) Cyrus Miller 10	2) Alex Page 11
	3) Norman Grey 12	4) Alex Fehlinger 12

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**4A West
PG Sportsplex
Results**

Finals ... (Boys 4x200 Meter Relay 4A)

Team	Relay	Finals
13 Walt Whitman		1:43.54
1) Dylan Madden 10	2) Jack Feigin 10	
3) Tobias Matus-Bond 10	4) Sam Wasserman 11	
14 Bethesda-Chevy Chase		1:45.31
1) Joseph Forbin 12	2) Adam Nakasaka 9	
3) Vikram Akwei 9	4) Kalus Murphy 9	
--- Walter Johnson		DQ
1) Taewoo Kim 12	2) Farres Masoud 10	
3) Brennen Andre 10		
--- Magruder		DQ
1) Michael Obajemu 12	2) Donte Speight 12	
3) Emmanuel Agyemang 12	4) Michael Taby 12	

Boys 4x400 Meter Relay 4A
PG ADV: 3:34.94 A

Team	Relay	Finals
1 Paint Branch		3:32.20A 10
1) Oliver Lloyd 12	2) Hafis Adegun 11	
3) Lorenzo Neil 12	4) Taiwo Adekoya 12	
2 Northwest		3:33.43A 8
1) Brendan Rhoderick 12	2) Ngoy Jeriel Yamitshi 10	
3) Diego Zarate 12	4) Jalen Walker 12	
3 Quince Orchard		3:33.48A 6
1) Justin Sorra 12	2) Tim Kress 10	
3) Jose Cruz Tapia 12	4) Nicholas Ransing 12	
4 Richard Montgomery		3:33.91A 5
1) Alex Fehlinger 12	2) Matt Agboola 12	
3) Emmanuel Porquin 12	4) Amit Koppel 10	
5 Springbrook		3:34.22A 4
1) Meyen McClain 10	2) Jaden Purnell 12	
3) Jacari Ramsey 11	4) Corey Young 12	
6 Clarksburg		3:36.17 3
1) Fred Schellhase 12	2) Timothy Santosa 12	
3) Xavier Smith 10	4) Jonathan Mosquera 12	
7 Walter Johnson		3:38.34 2
1) Taivon Ozorig 12	2) Matt Masison 12	
3) Itai Bezherano 12	4) Christian Campbell 11	
8 Montgomery Blair		3:41.53 1
1) Kalabe Arefeayne 12	2) Natnael Mekonnen 12	
3) Sergio Pakou 12	4) Braeden Rose 12	
9 Gaithersburg		3:42.55
1) Zach Smith 11	2) Jaylen Leonard 12	
3) Carlin Bason 10	4) Jamal Leonard 12	
10 Winston Churchill		3:44.91
1) Brendan Tan-fahed 9	2) Cameron Babers 12	
3) Andrew Zuckerman 11	4) Oda Assimaidou 12	
11 Walt Whitman		3:45.75
1) Dylan Madden 10	2) Harrison Guh 12	
3) Sam Wasserman 11	4) Benjamin Schloss 12	
12 Bethesda-Chevy Chase		3:49.60
1) Joe Viqueira 9	2) Fredys Martinez 12	
3) Will Richardson 10	4) Philippe Masson 11	

---	Sherwood		DQ
1)	Sebastian Lambert 11	2)	Rufus Settles 12
3)	Renaldo Smith 9	4)	Owen Miller 12
Boys 4x800 Meter Relay 4A			
PG ADV: 8:28.67 A			
Team	Relay	Finals	
1 Northwest		8:05.20A	10
1) Brendan Rhoderick 12	2) Brandon Kureshi 11		
3) Ngoy Jeriel Yamitshi 10	4) Diego Zarate 12		
2 Paint Branch		8:05.51A	8
1) Taiwo Adekoya 12	2) Lorenzo Neil 12		
3) Ryun Anderson 12	4) Oliver Lloyd 12		
3 Richard Montgomery		8:17.21A	6
1) Rohann Asfaw 10	2) Emmanuel Porquin 12		
3) Hank McNamara 12	4) Matt Agboola 12		
4 Walter Johnson		8:23.85A	5
1) Kevin Oleary 11	2) Ben Resnick 12		
3) Patrick Winter 11	4) Itai Bezherano 12		
5 Clarksburg		8:30.53	4
1) Fred Schellhase 12	2) Timothy Santosa 12		
3) Michael Thomas 11	4) Jonathan Mosquera 12		
6 Winston Churchill		8:37.15	3
1) Brendan Fagan 12	2) Thomas Winkert 11		
3) Michael Hughes 11	4) Matthew Goldsmith 10		
7 Quince Orchard		8:39.78	2
1) Ben Thoms 12	2) Jacob Latour 12		
3) Garrett Adams 12	4) Cole McCabe 12		
8 Walt Whitman		8:49.39	1
1) Dylan Madden 10	2) Harrison Guh 12		
3) Sam Wasserman 11	4) Ben Severe 9		
9 Bethesda-Chevy Chase		8:50.73	
1) Philippe Masson 11	2) Joe Viqueira 9		
3) Christian O'Brien 12	4) Lucas Heinzerling 11		
10 Gaithersburg		9:09.20	
1) Emanuel Villanueva 10	2) Eric Viera 10		
3) Lorenzo Wilson 11	4) Ji-ho No 11		
11 Sherwood		9:12.70	
1) Gary Confrey 11	2) Justin Turner 10		
3) Sebastian Lambert 11	4) Robert Hanlon 12		
12 James H. Blake		9:15.96	
1) James Newport 11	2) John Stout 11		
3) Jack O' Grady 10	4) John Huddle 10		
13 Springbrook		9:20.48	
1) Ebenezer Arunkumar 10	2) David Mejia 11		
3) Christopher Majano 10	4) Cameron Kane 11		
14 John F. Kennedy		9:21.34	
1) Vincent Kipyegon 12	2) Jalellwak Tolessa 12		
3) Matthew Vedrin 9	4) Billy Reyes 10		
15 Montgomery Blair		9:24.33	
1) Ben Geertseema 11	2) Idris Romodan 11		
3) Garret Kern 10	4) Jared Marx-kuo 12		

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**4A West
PG Sportsplex
Results**

Boys High Jump 5'4" 4A

PG ADV: 5-10 A

Name	Yr	School	Finals
Finals			
1 Shyheim Wright	11	Northwest	6-02.00A 10
2 Aaron Beidleman	12	Northwest	6-02.00A 8
3 Demetrias Sye	11	Clarksburg	5-06.00 5.5
3 Jaden Purnell	12	Springbrook	5-06.00 5.5
5 Josh Netterville	10	Northwest	5-06.00 4
6 Tyrek Goy	10	Paint Branch	5-06.00 3
7 Joseph Forbin	12	Bethesda-CC	5-04.00 2
8 Quinton Small	12	Gaithersburg	5-04.00 0.5
8 Brendan Tan-fahed	9	W. Churchill	5-04.00 0.5
--- Ellias Boussouf	9	J.H. Blake	NH
--- Hari Patel	11	Montgomery Blair	NH

Boys Pole Vault 9'0" 4A

PG ADV: 10-05 A

Name	Yr	School	Finals
Finals			
1 Chris Spiess	11	Clarksburg	12-00.00A 10
2 Timothy Santosa	12	Clarksburg	12-00.00A 8
3 David Isaacs	10	Walt Whitman	8-06.00 6

Boys Shot Put 4A

PG ADV: 45-00 A

Name	Yr	School	Finals
Finals			
1 Noah Vernick	12	Quince Orchard	52-08.75A 10
2 Case Wright	12	Bethesda-CC	45-10.75A 8
3 Oasjele Ikheloa	11	Sherwood	43-05.00 6
4 Dotun Oseni-adegbite	12	Sherwood	43-04.50 5
5 Peter Limber	12	Clarksburg	42-10.50 4
6 Baldrice Nguena Papdo	12	Springbrook	42-01.75 3
7 Tajai Romano	11	Clarksburg	38-09.25 2
8 Zach Stubblefield	12	Sherwood	37-10.75 1
9 Mike Joseph	10	Quince Orchard	37-01.50
10 Daniel Perez	12	Northwest	36-07.75
11 Zavae Johnson	12	Gaithersburg	36-06.00
12 Sidrick Ofori	9	Gaithersburg	34-05.50
13 Ajani Grant	10	Paint Branch	34-05.00
14 Michael Simpson	11	Northwest	34-01.75
15 Darius Jeter	11	Gaithersburg	33-08.25
16 Tho Nguyen	12	Springbrook	32-11.00
17 Joe Opiekun	12	Clarksburg	32-03.75
18 Ricky Clark	12	Wootton	32-02.50
19 William Fried	11	Walt Whitman	27-02.75
20 Julian Bobo	9	Magruder	26-11.25

3) Paint Branch	55
4) Walter Johnson	47
5) James H. Blake	44
6) Walt Whitman	35
7) Winston Churchill	32
8) Sherwood	31
8) Bethesda-Chevy Chase	31
10) Magruder	18
11) Gaithersburg	16
12) Richard Montgomery	11
13) Springbrook	10
14) John F. Kennedy	7
15) Montgomery Blair	6

Men - Team Rankings - 13 Events Scored

1) Northwest	116
2) Paint Branch	74
3) Quince Orchard	48
4) Clarksburg	37.5
5) Richard Montgomery	31
6) Thomas S. Wootton	27
7) Sherwood	26
8) Springbrook	23.5
9) Walter Johnson	23
10) Walt Whitman	19
11) Gaithersburg	18.5
12) Winston Churchill	16.5
13) Bethesda-Chevy Chase	13
14) John F. Kennedy	10
15) James H. Blake	8
16) Montgomery Blair	1

Women - Team Rankings - 13 Events Scored

1) Clarksburg	84
2) Northwest	65