

MPSSAA 4A3ANorth_SwimChamps23 - 2/18/2023

Psych Sheet - Region Swim Champs

Event 1 Men 200 Yard Medley Relay

4A3ANorth: 1:36.34 2/19/2022 Montgomery Blair High School

L McDonough, M Bowman, U Odim, J Ossi

Team	Relay	Seed Time
1	NWD-MD	1:30.10
2	MTB-PV	1:36.93
3	SHE-US	1:38.92
4	LEO	1:40.58
5	WHE-MD	1:44.67
6	EIN	1:46.02
7	GTM	1:47.87
8	PBR	1:49.06
9	NOC	1:49.97
10	NPT	1:50.50
11	JHB-PV	1:51.07
12	SPB-PV	1:55.82
13	JFK-PV	2:27.22

Event 2 Women 200 Yard Medley Relay

4A3ANorth: 1:49.89 2/17/2018 Sherwood High School

S Ryan, K Gravell, E Hjelle, E Eustace

Team	Relay	Seed Time
1	MTB-PV	1:50.31
2	NOC	1:52.79
3	EIN	1:53.27
4	LEO	1:54.39
5	SHE-US	1:55.92
6	WHE-MD	2:03.12
7	SPB-PV	2:04.37
8	GTM	2:07.38
9	PBR	2:12.41
10	NPT	2:13.93
11	JHB-PV	2:17.53
12	NWD-MD	2:17.88
13	JFK-PV	2:19.31
14	CHO	2:42.01

Event 3 Men 200 Yard Freestyle

4A3ANorth: 1:43.42 2/16/2019 Alex Colson

Name	Yr	School	Seed Time
1	Kojanov, Mikhail	SO MTB-PV	1:40.62
2	Staggs, Erik	SR WHE-MD	1:47.94
3	Quiroga, Lucas E	SR SHE-US	1:48.25
4	Jackson, Oliver	SR MTB-PV	1:51.19
5	Ludlow, Ryan	SO LEO	1:51.83
6	Bascope, Santiago A	10 JHB-PV	1:53.01
7	Opima, Ayden S	FR SHE-US	1:58.63
8	Taylor, Grant	JR LEO	2:00.25
9	Von Wernitz, Kai	SR WHE-MD	2:00.31
10	Rodriguez, Kyle	SO PBR	2:04.97
11	Wick, Graham	SO NWD-MD	2:05.06
12	Raab, Ethan F	FR EIN	2:05.15
13	Jeffery, Harry	FR PBR	2:08.53
14	Swift, Jake	SO GTM	2:09.98
15	Broussard, Jacob	SO NOC	2:10.53
16	Kline, Josip	JR NPT	2:19.05
17	Haralson, Jonathan	JR NPT	2:19.13

18	Hayden, Paul	FR NOC	2:19.31
19	Chen, Erik	FR GTM	2:20.00
20	Lopez, Ryan L	12 JHB-PV	2:20.06
21	Crooke, Eric J	JR SPB-PV	2:29.84
22	Pizza, Hayden	SO CHO	2:36.19
23	Bowser, Cole	FR CHO	2:43.95
24	Trillos, Ernesto A	SO SPB-PV	2:46.07

Event 4 Women 200 Yard Freestyle

4A3ANorth: 1:52.33 2/16/2013 Anna M Kolanowski

Name	Yr	School	Seed Time
1	Dworak, Andrea M	10 JHB-PV	1:47.71
2	Caponiti, Adrianna L	JR SHE-US	1:56.65
3	Ossi, Luciana	JR MTB-PV	2:01.75
4	Keever, Ava	FR LEO	2:01.82
5	Gondi, Zoe	SO MTB-PV	2:03.04
6	Quiroga, Maya A	FR SHE-US	2:04.45
7	Randolph, Audrey	FR NOC	2:12.08
8	Allred, Emmy	SR LEO	2:14.68
9	Trang, Kimberley T	9 JHB-PV	2:18.94
10	Liewehr, Victoria	JR PBR	2:21.46
11	Barkmeyer, Tiffany	SR PBR	2:27.85
12	Garrity, Kelsey	SO NPT	2:28.39
13	Morsiani, Blue	SR NOC	2:30.57
14	Soto-Teaff, Daniella	JR NWD-MD	2:32.75
15	Kasper, Sunita	SO WHE-MD	2:33.43
16	Harney, Wrenn	SR GTM	2:34.88
17	Aaron, Annalise	JR GTM	2:35.44
18	Rogers, Hannah	JR NPT	2:40.16
19	Kabat, Katie A	SR EIN	2:40.76
20	Del Sole, Alexandra M	JR EIN	2:45.50
21	Jeffery, Eve E	SR SPB-PV	2:49.19
22	Dury, Victoria	SR CHO	2:56.86
23	Walker, Lily	JR WHE-MD	3:04.19
24	Shoulders, Justice	SO CHO	3:09.12
25	Elalami, Safae	SO JFK-PV	3:12.15
26	Finkelberg, Samantha	SO NWD-MD	3:15.43
27	Gonzalez, Maxey	FR JFK-PV	3:29.82

Event 5 Men 200 Yard IM

4A3ANorth: 1:58.31 2/15/2020 Liam G McDonough

Name	Yr	School	Seed Time
1	Wilbur, Brian M	JR SHE-US	1:54.02
2	McDonough, Edward	SO MTB-PV	1:58.61
3	Laufer, Abraham	SO MTB-PV	2:02.34
4	Kosiorowski, Devin B	JR SHE-US	2:04.13
5	Puttlitz, Charlie	SO NOC	2:08.10
6	Stofferahn, Kaden	JR LEO	2:15.91
7	Rodriguez, Andrew	JR PBR	2:18.43
8	Zennia, Adam	SR WHE-MD	2:18.75
9	Sanidad, Eric	JR WHE-MD	2:19.78
10	Cassetta, Will	SR LEO	2:24.56
11	Ford, Nicholas	SR NPT	2:24.60
12	Missig, Will W	12 JHB-PV	2:24.87
13	Shaffer, Jack E	SO EIN	2:25.65
14	Shah, Rayan	SR PBR	2:27.78
15	Mudd, Mason	FR NOC	2:28.22
16	Deloggio, Peter	FR GTM	2:28.96

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Event 5 ... (Men 200 Yard IM)

Name	Yr	School	Seed Time
17 Shaffer, Aidan H	SR	EIN	2:30.75
18 De Oliveira, Mathews N	10	JHB-PV	2:37.97
19 Reginald, Jacob	SO	NPT	2:48.36
20 Nguyen, Thien Trieu D	FR	SPB-PV	2:53.72
21 Carey, Reed	SO	GTM	3:12.43

Event 6 Women 200 Yard IM

4A3ANorth: 2:06.35 2/17/2018 Kaitlin Gravell

Name	Yr	School	Seed Time
1 Kwon, Alyssa	SO	MTB-PV	2:08.91
2 Williams, Jill C	FR	SHE-US	2:12.85
3 Wu, Jingjing	SO	MTB-PV	2:16.70
4 Damon, Carly	SO	NOC	2:18.26
5 Gravell, Kylie F	FR	SHE-US	2:19.40
6 Zeier, Ashlyn	SO	LEO	2:24.76
7 Landa, Sophia A	JR	EIN	2:28.93
8 Nelson, Camille	SO	GTM	2:31.57
9 Tran, Melissa	JR	PBR	2:32.77
10 Turk, Caitlin M	SR	EIN	2:33.29
11 Barbins, Anya	SO	LEO	2:35.53
12 Nguyen, Vivian	FR	PBR	2:36.37
13 Hooker, Cora	SO	WHE-MD	2:37.95
14 Anderson, Melina		WHE-MD	2:39.71
15 Iscoa, Desi E	FR	SPB-PV	2:40.61
16 Crownover, Sydney	JR	GTM	2:43.55
17 Johnson, Trinity	SO	NPT	2:45.02
18 Zeigler, Abby L	9	JHB-PV	2:47.51
19 Carnes, Hannah	JR	NOC	2:47.77
20 Podsiadlo, Kaya	JR	JFK-PV	2:54.34
21 Wright, Elle	JR	NPT	2:57.32
22 Lang, Molly Q	11	JHB-PV	2:57.91
23 Stumphauzer, Teagan	JR	NWD-MD	3:04.27
24 Jordan, Anais A	JR	SPB-PV	3:15.62
25 Kenney, Kathryn	FR	NWD-MD	3:19.06
26 Srivastava, Nishtha	JR	JFK-PV	3:48.69

Event 7 Men 50 Yard Freestyle

4A3ANorth: 21.41 2/19/2022 Sean Colson

Name	Yr	School	Seed Time
1 Quach, Harrison D	12	JHB-PV	21.51
2 Masiello, John	SR	LEO	22.09
3 Bowman, Max	SR	MTB-PV	22.20
4 Wallace, Nathaniel	JR	MTB-PV	22.51
5 Davis, Joseph	SR	GTM	22.62
6 Dietrich, Thomas A	JR	SPB-PV	22.79
7 Lakso, Justin T	SO	SHE-US	22.91
8 Davis, Laron	SR	NPT	23.16
9 Von Wernitz, Kai	SR	WHE-MD	23.43
10 Balfour, Adrian	SR	PBR	23.53
11 Nguyen, John	JR	PBR	23.60
12 Ormsby, Hunter L	12	JHB-PV	23.65
13 Williams, Mark N	JR	SHE-US	23.71
14 Egbarin-Aho, Edem	JR	WHE-MD	24.18
15 Nguyen, Thanh-Trieu D	JR	SPB-PV	24.69
16 Ritchotte, Rowan	SR	NWD-MD	24.93
17 Mehls, Nathan	JR	NOC	24.95

18 Murphy, Mark	FR	LEO	25.03
19 Garrick, William	SO	NWD-MD	25.47
20 Hayden, Paul	FR	NOC	26.39
21 Harris, Adrean	SO	NPT	27.13
22 Drews, Calvin A	SO	EIN	27.21
23 Reineke, Mark	JR	GTM	29.34
24 Mejia-Johnston, Wyatt	SO	CHO	31.38
25 Pikofsky-Christianse, Sam	SO	JFK-PV	32.68
26 Bond, Nathan	SR	JFK-PV	32.75
27 Gillingham, Bryce	FR	CHO	32.81

Event 8 Women 50 Yard Freestyle

4A3ANorth: 23.78 2/14/2015 Morgan Hill

Name	Yr	School	Seed Time
1 Chen, Madeline	SO	LEO	24.16
2 Smith, Lyla	JR	NOC	25.03
3 Baumann, Alyssa	SO	MTB-PV	25.40
4 Ossi, Luciana	JR	MTB-PV	25.72
5 Chavez, Daniela	SR	WHE-MD	25.74
6 Willey, Addison	JR	GTM	25.98
7 Case, Charlotte	SO	NWD-MD	26.06
8 Lamb, Amy V	12	JHB-PV	26.07
9 Salazar-Aparicio, Rachel	JR	SPB-PV	26.12
10 Schulz, Paige E	SO	EIN	26.14
11 Egwim, Tiffany	FR	SPB-PV	26.54
12 Miller, Evelyn G	SR	SHE-US	26.87
13 Hutton, Gracie	SO	LEO	27.18
14 Quinn, Olivia	FR	GTM	27.35
15 Sims, Aaliyah	FR	NPT	27.38
16 Kiniry, Olivia P	SR	SHE-US	27.56
17 Vaonakis, Sophia S	11	JHB-PV	28.58
18 Clark, Kaitlyn	SO	NPT	29.58
19 Means, Rebecca	SR	NOC	30.13
20 Kabat, Katie A	SR	EIN	31.13
21 Barkmeyer, Bianca	JR	PBR	31.31
22 Chiu, Lauren	FR	WHE-MD	31.82
23 Diaz Meinecke, Gabriella	SR	PBR	33.56
24 Stone, Kaleigh	SO	CHO	34.64
25 Elalami, Safae	SO	JFK-PV	34.84
26 Lopez Escalante, Jahaira	JR	JFK-PV	35.06
27 Whitehead, Kelly	JR	CHO	37.45
28 Kenney, Kathryn	FR	NWD-MD	38.44

Event 11 Men 100 Yard Butterfly

4A3ANorth: 49.88 2/17/2018 Alex Colson

Name	Yr	School	Seed Time
1 Rooney, Liam	SR	MTB-PV	51.42
2 Marchionini, Quinn	SO	NWD-MD	51.48
3 Trusov, Paul	SO	MTB-PV	53.65
4 Walls, Samuel	JR	LEO	53.99
5 Linck, Nicky H	12	JHB-PV	55.48
6 Ng, Kai	SR	NWD-MD	55.88
7 Johnson, Russell	SR	LEO	58.23
8 Zenick, Joshua	SR	WHE-MD	58.30
9 Brandt, Wesley L	JR	EIN	58.43
10 Mudd, Mason	FR	NOC	59.65
11 Linga, Sanjeev	SO	SHE-US	59.83
12 Rodriguez, Andrew	JR	PBR	1:02.03

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Event 11 ... (Men 100 Yard Butterfly)

Name	Yr	School	Seed Time
13 Morris, Michael V	JR	SHE-US	1:02.63
14 Kim, Joshua	SR	GTM	1:03.07
15 Ngo, Nathan	SO	PBR	1:05.57
16 Robbins, Alexander	JR	WHE-MD	1:05.65
17 Ford, Nicholas	SR	NPT	1:06.24
18 Swift, Jake	SO	GTM	1:06.30
19 Nguyen, Thien Trieu D	FR	SPB-PV	1:07.81
20 Broussard, Jacob	SO	NOC	1:08.09
21 De Oliveira, Mathews N	10	JHB-PV	1:08.77
22 Woodward, Sean D	JR	EIN	1:09.13
23 Sherman, Orande	SR	NPT	1:12.99

Event 12 Women 100 Yard Butterfly

4A3ANorth: 57.42 2/18/2017 Hannah Kannan			
Name	Yr	School	Seed Time
1 Smith, Lyla	JR	NOC	1:00.57
2 Daniel, Alisa F	JR	EIN	1:00.93
3 Wu, Jingjing	SO	MTB-PV	1:01.38
4 Young, Lindsay	FR	MTB-PV	1:01.43
5 Schulz, Paige E	SO	EIN	1:02.28
6 Stum, Mary Kathryn	JR	NOC	1:03.65
7 Walker, Mia	SO	WHE-MD	1:04.87
8 Olson, Charlize	JR	LEO	1:06.24
9 Linger, Gabriela	FR	LEO	1:06.54
10 Floyd, Elle N	FR	SHE-US	1:07.17
11 Tran, Melissa	JR	PBR	1:07.81
12 Blachere, Corinne S	FR	SHE-US	1:08.30
13 Johnson, Trinity	SO	NPT	1:12.80
14 Curtis, Camille A	12	JHB-PV	1:15.50
15 Podsiadlo, Kaya	JR	JFK-PV	1:17.90
16 Willey, Eryn	FR	GTM	1:18.76
17 Drennen, Charlene	JR	NPT	1:23.07
18 Mages, Jessica G	10	JHB-PV	1:27.53
19 Johnson, Emily	SO	GTM	1:33.27
20 Duran, Belle	JR	JFK-PV	2:51.13

Event 13 Men 100 Yard Freestyle

4A3ANorth: 46.82 2/19/2022 Sean Colson			
Name	Yr	School	Seed Time
1 Rooney, Seamus	FR	MTB-PV	47.88
2 Staggs, Erik	SR	WHE-MD	49.56
3 Jackson, Oliver	SR	MTB-PV	49.60
4 Lakso, Justin T	SO	SHE-US	50.07
5 Davis, Joseph	SR	GTM	50.80
6 Dietrich, Thomas A	JR	SPB-PV	51.42
7 Balfour, Adrian	SR	PBR	51.73
8 Mutter, David J	SO	SHE-US	53.09
9 Stofferahn, Kaden	JR	LEO	53.33
10 Ormsby, Hunter L	12	JHB-PV	53.44
11 Clarke, Kody	SO	LEO	54.06
12 Pearson, Emmanuel	FR	NPT	55.37
13 Joshi, Gabriel	SO	WHE-MD	55.40
14 Garriock, William	SO	NWD-MD	55.71
15 Lopez, Ryan L	12	JHB-PV	56.34
16 Giaudrone, William	JR	NWD-MD	57.58
17 Shaffer, Aidan H	SR	EIN	58.56

18 Morris, Peter	SR	GTM	59.33
19 Fairweather, Tyler	SO	NOC	59.91
20 Haralson, Jonathan	JR	NPT	1:00.10
21 Drews, Calvin A	SO	EIN	1:02.63
22 Link, Denver	FR	NOC	1:02.81
23 Vasquez, Gabriel	SO	PBR	1:06.15
24 Napper, Andre	FR	JFK-PV	1:06.57
25 Bowser, Cole	FR	CHO	1:09.22
26 Cloman, Chandler M	JR	SPB-PV	1:12.78
27 Pikofsky-Christianse, Sam	SO	JFK-PV	1:14.85
28 Gillingham, Bryce	FR	CHO	1:15.22

Event 14 Women 100 Yard Freestyle

4A3ANorth: 51.74 2/13/2016 Morgan Hill			
Name	Yr	School	Seed Time
1 Kwon, Alyssa	SO	MTB-PV	54.43
2 Dworak, Andrea M	10	JHB-PV	54.52
3 Lantry, Emma M	JR	EIN	55.20
4 Gondi, Zoe	SO	MTB-PV	56.10
5 Salazar-Aparicio, Rachel	JR	SPB-PV	57.41
6 Willey, Addison	JR	GTM	57.61
7 Quiroga, Maya A	FR	SHE-US	58.07
8 Smith, Lily C	SR	SHE-US	58.14
9 Miller, Tessa	SO	JFK-PV	58.88
10 Chavez, Daniela	SR	WHE-MD	59.89
11 Barbins, Anya	SO	LEO	59.97
12 Allred, Caroline	SR	LEO	1:00.52
13 Greene, Katie	SR	NOC	1:01.24
14 Baker, Noe	SR	GTM	1:01.52
15 Sims, Aaliyah	FR	NPT	1:02.03
16 Stenger, Lucy H	FR	EIN	1:02.77
17 Ryan, Samantha M	11	JHB-PV	1:04.62
18 Morsiani, Blue	SR	NOC	1:06.65
19 Santizo, Rayanna A	FR	SPB-PV	1:10.32
20 Wright, Elle	JR	NPT	1:10.79
21 Powell, Avery	FR	CHO	1:11.10
22 Nguyen, Tammy	SR	PBR	1:11.28
23 Walker, Lily	JR	WHE-MD	1:13.64
24 Bender, Pippa	FR	JFK-PV	1:14.64
25 Diaz Meinecke, Gabriella	SR	PBR	1:20.91
26 Finkelberg, Samantha	SO	NWD-MD	1:21.37
27 Willis, Grace	SR	NWD-MD	1:24.90
28 Whitehead, Kelly	JR	CHO	1:30.01

Event 15 Men 500 Yard Freestyle

4A3ANorth: 4:39.46 2/17/2014 Brian Y Tsau			
Name	Yr	School	Seed Time
1 Kojanov, Mikhail	SO	MTB-PV	4:39.58
2 Quiroga, Lucas E	SR	SHE-US	4:47.60
3 Puttlitz, Charlie	SO	NOC	4:58.09
4 Plank, Caleb	JR	MTB-PV	5:00.09
5 Fecko, Logan E	SR	SHE-US	5:03.72
6 Madigan, Daniel	SR	NPT	5:19.07
7 Johnson, Russell	SR	LEO	5:22.58
8 Busch, Steven	JR	NOC	5:23.79
9 Bascope, Santiago A	10	JHB-PV	5:30.65
10 Ritchotte, Rowan	SR	NWD-MD	5:30.76
11 Rodriguez, Kyle	SO	PBR	5:31.32

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Event 15 ... (Men 500 Yard Freestyle)

Name	Yr	School	Seed Time
12 Cerron, Armando	SO	WHE-MD	5:38.21
13 Bean, Wyatt	SO	LEO	5:40.77
14 Ross, Robert	SO	GTM	5:42.54
15 Jeffery, Harry	FR	PBR	5:46.81
16 Deloggio, Peter	FR	GTM	5:55.84
17 Raab, Ethan F	FR	EIN	5:59.44
18 Bensimon, Kyle	FR	SPB-PV	6:12.79
19 Rees, Henry	FR	NWD-MD	6:24.03
20 Egbarin-Aho, Edem	JR	WHE-MD	6:27.11
21 Woodward, Sean D	JR	EIN	6:34.89
22 Kline, Josip	JR	NPT	6:41.65
23 Craig-Eakin, Ben B	12	JHB-PV	7:12.02
24 Owens, James	JR	CHO	7:20.22
25 Mejia-Johnston, Wyatt	SO	CHO	7:56.16

Event 16 Women 500 Yard Freestyle

4A3ANorth: 4:55.12 2/17/2018 Grace Giddings

Name	Yr	School	Seed Time
1 Caponiti, Adrianna L	JR	SHE-US	5:03.61
2 Keever, Ava	FR	LEO	5:22.68
3 Blachere, Corinne S	FR	SHE-US	5:30.25
4 Moore, Mimi	SO	MTB-PV	5:36.28
5 Landa, Sophia A	JR	EIN	5:39.31
6 Martinez, Denise	SO	WHE-MD	5:46.75
7 Randolph, Audrey	FR	NOC	5:53.94
8 Watanabe, Amy	SO	MTB-PV	5:54.39
9 Nelson, Camille	SO	GTM	6:01.15
10 Salter, Meredith	SO	LEO	6:17.06
11 Greene, Katie	SR	NOC	6:20.58
12 Turk, Caitlin M	SR	EIN	6:24.21
13 Garrity, Kelsey	SO	NPT	6:28.74
14 Liewehr, Victoria	JR	PBR	6:30.12
15 Anderson, Melina		WHE-MD	6:40.19
16 Willey, Eryn	FR	GTM	6:42.77
17 Barkmeyer, Tiffany	SR	PBR	6:43.66
18 Bender, Harper	JR	JFK-PV	6:50.81
19 Ellinger, Claire	FR	NPT	7:13.53
20 Kassaraba, Clara	JR	NWD-MD	7:20.03
21 Yu, Joyce N	12	JHB-PV	7:34.69
22 Skye, Kern	SO	CHO	7:47.12
23 Shoulders, Justice	SO	CHO	8:27.59

Event 17 Men 200 Yard Freestyle Relay

4A3ANorth: 1:29.91 2/17/2018 Blake High School

A Stanton, J Martin, S Surprenant, M Brown

Team	Relay	Seed Time
1 MTB-PV		1:28.37
2 SHE-US		1:30.47
3 WHE-MD		1:32.24
4 JHB-PV		1:33.97
5 LEO		1:34.05
6 NWD-MD		1:34.56
7 EIN		1:36.33
8 PBR		1:40.22
9 SPB-PV		1:40.23
10 NPT		1:40.98

11 NOC	1:42.63
12 GTM	1:42.98
13 CHO	1:57.74
14 JFK-PV	2:05.57

Event 18 Women 200 Yard Freestyle Relay

4A3ANorth: 1:39.48 2/18/2017 Sherwood High School

K Gravell, A Wenhold, E Hjelle, E Eustace

Team	Relay	Seed Time
1 MTB-PV		1:41.32
2 NOC		1:43.63
3 JHB-PV		1:45.64
4 SHE-US		1:46.76
5 EIN		1:47.39
6 WHE-MD		1:47.47
7 LEO		1:48.57
8 GTM		1:51.71
9 SPB-PV		1:56.04
10 NPT		2:00.55
11 PBR		2:02.44
12 NWD-MD		2:08.54
13 CHO		2:21.62
14 JFK-PV		2:28.03

Event 19 Men 100 Yard Backstroke

4A3ANorth: 50.83 2/19/2022 Liam G McDonough

Name	Yr	School	Seed Time
1 Case, James	SR	NWD-MD	51.10
2 Marchionini, Quinn	SO	NWD-MD	52.45
3 Rooney, Seamus	FR	MTB-PV	52.92
4 McDonough, Edward	SO	MTB-PV	54.07
5 Ludlow, Ryan	SO	LEO	58.04
6 Fecko, Logan E	SR	SHE-US	58.34
7 Ross, Robert	SO	GTM	59.09
8 Mutter, David J	SO	SHE-US	59.63
9 Mehls, Nathan	JR	NOC	1:01.59
10 Missig, Will W	12	JHB-PV	1:01.75
11 Brandt, Wesley L	JR	EIN	1:01.81
12 Davis, Laron	SR	NPT	1:02.30
13 Zennia, Adam	SR	WHE-MD	1:02.52
14 Clarke, Kody	SO	LEO	1:02.67
15 Linck, Nicky H	12	JHB-PV	1:02.94
16 Link, Denver	FR	NOC	1:06.39
17 Morris, Peter	SR	GTM	1:07.94
18 Myers, Everett	SO	NPT	1:08.64
19 Shah, Rayan	SR	PBR	1:10.25
20 Bensimon, Kyle	FR	SPB-PV	1:10.56
21 Joshi, Gabriel	SO	WHE-MD	1:10.84
22 Sylvester, Michael	FR	PBR	1:10.89
23 Crooke, Eric J	JR	SPB-PV	1:11.41
24 Pizza, Hayden	SO	CHO	1:15.59
25 Owens, James	JR	CHO	1:21.29
26 Landa, Christopher J	FR	EIN	1:21.85
27 Brock, Michael	SR	JFK-PV	1:51.81

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Event 20 Women 100 Yard Backstroke

4A3ANorth: 57.80 2/14/2015 Margarita Ryan				
Name	Yr	School	Seed Time	
1 Young, Lindsay	FR	MTB-PV	58.16	___
2 Daniel, Alisa F	JR	EIN	1:00.93	___
3 Chen, Madeline	SO	LEO	1:02.11	___
4 Zeier, Ashlyn	SO	LEO	1:03.47	___
5 Baumann, Alyssa	SO	MTB-PV	1:04.32	___
6 Martinez, Denise	SO	WHE-MD	1:04.80	___
7 Case, Charlotte	SO	NWD-MD	1:04.84	___
8 Smith, Lily C	SR	SHE-US	1:05.05	___
9 Stum, Mary Kathryn	JR	NOC	1:05.55	___
10 Parker, Claudia S	SO	SHE-US	1:08.01	___
11 Miller, Tessa	SO	JFK-PV	1:10.84	___
12 Baker, Noe	SR	GTM	1:10.88	___
13 Vaonakis, Sophia S	11	JHB-PV	1:11.51	___
14 McMurry, Natalie C	JR	EIN	1:11.96	___
15 Clark, Kaitlyn	SO	NPT	1:12.18	___
16 Hooker, Cora	SO	WHE-MD	1:16.69	___
17 Galletti, Sofia	SR	GTM	1:17.90	___
18 Chen, Sophia	FR	NOC	1:18.01	___
19 McFadden, Eve M	11	JHB-PV	1:20.40	___
20 Bender, Harper	JR	JFK-PV	1:20.75	___
21 Barkmeyer, Bianca	JR	PBR	1:22.46	___
22 Rogers, Hannah	JR	NPT	1:22.78	___
23 Nguyen, Tammy	SR	PBR	1:23.63	___
24 Jordan, Anais A	JR	SPB-PV	1:28.56	___
25 Jeffery, Eve E	SR	SPB-PV	1:30.68	___
26 Dury, Victoria	SR	CHO	1:34.95	___
27 Powell, Avery	FR	CHO	1:35.36	___
28 Willis, Grace	SR	NWD-MD	1:38.56	___

Event 21 Men 100 Yard Breaststroke

4A3ANorth: 57.86 2/19/2022 Harrison D Quach				
Name	Yr	School	Seed Time	
1 Wilbur, Brian M	JR	SHE-US	55.74	___
2 Quach, Harrison D	12	JHB-PV	56.89	___
3 Masiello, John	SR	LEO	57.72	___
4 Wallace, Nathaniel	JR	MTB-PV	1:00.11	___
5 Bowman, Max	SR	MTB-PV	1:00.56	___
6 Kosiorowski, Devin B	JR	SHE-US	1:04.70	___
7 Madigan, Daniel	SR	NPT	1:04.98	___
8 Giaudrone, William	JR	NWD-MD	1:05.38	___
9 Zenick, Joshua	SR	WHE-MD	1:05.38	___
10 Nguyen, John	JR	PBR	1:07.52	___
11 Wick, Graham	SO	NWD-MD	1:07.63	___
12 Shaffer, Jack E	SO	EIN	1:08.75	___
13 Ngo, Nathan	SO	PBR	1:08.99	___
14 Sanidad, Eric	JR	WHE-MD	1:09.19	___
15 Kim, Joshua	SR	GTM	1:09.70	___
16 Pearson, Emmanuel	FR	NPT	1:10.23	___
17 Murphy, Mark	FR	LEO	1:13.65	___
18 Busch, Steven	JR	NOC	1:14.51	___
19 Fairweather, Tyler	SO	NOC	1:19.00	___
20 Willis, Luke C	11	JHB-PV	1:20.83	___
21 Chen, Erik	FR	GTM	1:26.24	___
22 Maloo, Ajay A	SR	SPB-PV	1:26.30	___

23 Gichuru, Darius	SR	JFK-PV	1:26.43	___
24 Grossman, Justin M	JR	SPB-PV	1:34.96	___

Event 22 Women 100 Yard Breaststroke

4A3ANorth: 1:05.87 2/17/2018 Kaitlin Gravell				
Name	Yr	School	Seed Time	
1 Moore, Mimi	SO	MTB-PV	1:06.84	___
2 Lantry, Emma M	JR	EIN	1:07.50	___
3 Williams, Jill C	FR	SHE-US	1:08.41	___
4 Gravell, Kylie F	FR	SHE-US	1:11.56	___
5 Lawler, Shannon	SR	MTB-PV	1:11.97	___
6 Trang, Kimberley T	9	JHB-PV	1:15.90	___
7 Olson, Charlize	JR	LEO	1:16.52	___
8 Yu, Joyce N	12	JHB-PV	1:17.16	___
9 Damon, Carly	SO	NOC	1:17.45	___
10 Quinn, Olivia	FR	GTM	1:17.56	___
11 Walker, Mia	SO	WHE-MD	1:18.97	___
12 Nguyen, Vivian	FR	PBR	1:19.72	___
13 Haynes, Sadie S	FR	EIN	1:25.01	___
14 Hair, Chloe	JR	LEO	1:25.53	___
15 Kasper, Sunita	SO	WHE-MD	1:26.71	___
16 Kassaraba, Clara	JR	NWD-MD	1:27.39	___
17 Magpuri, Lindsey	JR	GTM	1:29.49	___
18 Cole, Eleanor	SR	NOC	1:30.68	___
19 Stumphauzer, Teagan	JR	NWD-MD	1:30.87	___
20 Lablanc, Giselle	JR	NPT	1:31.64	___
21 Drennen, Charlene	JR	NPT	1:31.78	___
22 Skye, Kern	SO	CHO	1:39.95	___
23 Mallari, Kimberly	SR	PBR	1:41.33	___
24 Stone, Kaleigh	SO	CHO	1:45.95	___
25 Tesfai, Lydia M	SR	SPB-PV	1:51.57	___
26 Kee, Maddie	FR	JFK-PV	1:54.54	___
27 Wendt, Kira	SO	JFK-PV	1:55.78	___

Event 23 Men 400 Yard Freestyle Relay

4A3ANorth: 3:17.04 2/17/2018 Blake High School			
A Stanton, M Brown, J Surprenant, J Martin			
Team	Relay	Seed Time	
1 MTB-PV		3:13.81	___
2 LEO		3:17.81	___
3 NWD-MD		3:24.23	___
4 WHE-MD		3:25.84	___
5 SHE-US		3:29.72	___
6 PBR		3:36.50	___
7 NOC		3:39.06	___
8 GTM		3:39.85	___
9 JHB-PV		3:42.04	___
10 NPT		3:47.77	___
11 EIN		3:54.59	___
12 SPB-PV		4:28.45	___
13 CHO		4:43.03	___
14 JFK-PV		5:54.86	___

Event 24 Women 400 Yard Freestyle Relay

4A3ANorth: 3:35.39 2/17/2018 Sherwood High School			
A Wenhold, G Giddings, S Ryan, K Nolan			
Team	Relay	Seed Time	
1 MTB-PV		3:41.13	___

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Psych Sheet - Region Swim Champs

Event 24 ... (Women 400 Yard Freestyle Relay)

	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>	
2	NOC		3:44.37	___
3	SHE-US		3:49.09	___
4	LEO		3:52.50	___
5	EIN		4:02.45	___
6	GTM		4:04.08	___
7	PBR		4:07.02	___
8	WHE-MD		4:09.00	___
9	JHB-PV		4:10.17	___
10	NPT		4:19.19	___
11	JFK-PV		4:48.07	___
12	SPB-PV		4:53.08	___
13	NWD-MD		5:01.50	___
14	CHO		5:47.96	___