

## MPSSAA\_4A3ANorth\_SwimChamps23 - 2/18/2023

## Meet Program - Region Swim Champs

**Event 1 Men 200 Yard Medley Relay**

4A3ANorth: 1:36.34 2/19/2022 Montgomery Blair High School

L McDonough, M Bowman, U Odim, J Ossi

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 2 Finals**

2	JFK-PV		2:27.22	___
3	JHB-PV		1:51.07	___
4	NOC		1:49.97	___
5	NPT		1:50.50	___
6	SPB-PV		1:55.82	___

**Heat 2 of 2 Finals**

1	GTM		1:47.87	___
2	WHE-MD		1:44.67	___
3	SHE-US		1:38.92	___
4	NWD-MD		1:30.10	___
5	MTB-PV		1:36.93	___
6	LEO		1:40.58	___
7	EIN		1:46.02	___
8	PBR		1:49.06	___

**Event 2 Women 200 Yard Medley Relay**

4A3ANorth: 1:49.89 2/17/2018 Sherwood High School

S Ryan, K Gravell, E Hjelle, E Eustace

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 2 Finals**

2	JFK-PV		2:19.31	___
3	JHB-PV		2:17.53	___
4	PBR		2:12.41	___
5	NPT		2:13.93	___
6	NWD-MD		2:17.88	___
7	CHO		2:42.01	___

**Heat 2 of 2 Finals**

1	SPB-PV		2:04.37	___
2	SHE-US		1:55.92	___
3	EIN		1:53.27	___
4	MTB-PV		1:50.31	___
5	NOC		1:52.79	___
6	LEO		1:54.39	___
7	WHE-MD		2:03.12	___
8	GTM		2:07.38	___

**Event 3 Men 200 Yard Freestyle**

4A3ANorth: 1:43.42 2/16/2019 Alex Colson

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

**Heat 1 of 3 Finals**

1	Bowser, Cole	FR	CHO	2:43.95	___
2	Crooke, Eric J	JR	SPB-PV	2:29.84	___
3	Chen, Erik	FR	GTM	2:20.00	___
4	Haralson, Jonathan	JR	NPT	2:19.13	___
5	Hayden, Paul	FR	NOC	2:19.31	___
6	Lopez, Ryan L	12	JHB-PV	2:20.06	___
7	Pizza, Hayden	SO	CHO	2:36.19	___
8	Trillos, Ernesto A	SO	SPB-PV	2:46.07	___

**Heat 2 of 3 Finals**

1	Broussard, Jacob	SO	NOC	2:10.53	___
2	Jeffery, Harry	FR	PBR	2:08.53	___
3	Wick, Graham	SO	NWD-MD	2:05.06	___
4	Von Wernitz, Kai	SR	WHE-MD	2:00.31	___
5	Rodriguez, Kyle	SO	PBR	2:04.97	___
6	Raab, Ethan F	FR	EIN	2:05.15	___
7	Swift, Jake	SO	GTM	2:09.98	___
8	Kline, Josip	JR	NPT	2:19.05	___

**Heat 3 of 3 Finals**

1	Opima, Ayden S	FR	SHE-US	1:58.63	___
2	Ludlow, Ryan	SO	LEO	1:51.83	___
3	Quiroga, Lucas E	SR	SHE-US	1:48.25	___
4	Kojanov, Mikhail	SO	MTB-PV	1:40.62	___
5	Staggs, Erik	SR	WHE-MD	1:47.94	___
6	Jackson, Oliver	SR	MTB-PV	1:51.19	___
7	Bascope, Santiago A	10	JHB-PV	1:53.01	___
8	Taylor, Grant	JR	LEO	2:00.25	___

**Event 4 Women 200 Yard Freestyle**

4A3ANorth: 1:52.33 2/16/2013 Anna M Kolanowski

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

**Heat 1 of 4 Finals**

3	Gonzalez, Maxey	FR	JFK-PV	3:29.82	___
4	Elalami, Safae	SO	JFK-PV	3:12.15	___
5	Finkelberg, Samantha	SO	NWD-MD	3:15.43	___

**Heat 2 of 4 Finals**

1	Walker, Lily	JR	WHE-MD	3:04.19	___
2	Jeffery, Eve E	SR	SPB-PV	2:49.19	___
3	Kabat, Katie A	SR	EIN	2:40.76	___
4	Aaron, Annalise	JR	GTM	2:35.44	___
5	Rogers, Hannah	JR	NPT	2:40.16	___
6	Del Sole, Alexandra M	JR	EIN	2:45.50	___
7	Dury, Victoria	SR	CHO	2:56.86	___
8	Shoulders, Justice	SO	CHO	3:09.12	___

**Heat 3 of 4 Finals**

1	Kasper, Sunita	SO	WHE-MD	2:33.43	___
2	Morsiani, Blue	SR	NOC	2:30.57	___
3	Barkmeyer, Tiffany	SR	PBR	2:27.85	___
4	Trang, Kimberley T	9	JHB-PV	2:18.94	___
5	Liewehr, Victoria	JR	PBR	2:21.46	___
6	Garrity, Kelsey	SO	NPT	2:28.39	___
7	Soto-Teaff, Daniella	JR	NWD-MD	2:32.75	___
8	Harney, Wrenn	SR	GTM	2:34.88	___

**Heat 4 of 4 Finals**

1	Randolph, Audrey	FR	NOC	2:12.08	___
2	Gondi, Zoe	SO	MTB-PV	2:03.04	___
3	Ossi, Luciana	JR	MTB-PV	2:01.75	___
4	Dworak, Andrea M	10	JHB-PV	1:47.71	___
5	Caponiti, Adrianna L	JR	SHE-US	1:56.65	___
6	Keever, Ava	FR	LEO	2:01.82	___
7	Quiroga, Maya A	FR	SHE-US	2:04.45	___
8	Allred, Emmy	SR	LEO	2:14.68	___

## MPSSAA\_4A3ANorth\_SwimChamps23 - 2/18/2023

## Meet Program - Region Swim Champs

**Event 5 Men 200 Yard IM**

4A3ANorth: 1:58.31 2/15/2020 Liam G McDonough

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 3 Finals</b>				
2	Carey, Reed	SO	GTM	3:12.43
3	Reginald, Jacob	SO	NPT	2:48.36
4	Shaffer, Aidan H	SR	EIN	2:30.75
5	De Oliveira, Mathews N	10	JHB-PV	2:37.97
6	Nguyen, Thien Trieu D	FR	SPB-PV	2:53.72

**Heat 2 of 3 Finals**

1	Mudd, Mason	FR	NOC	2:28.22
2	Shaffer, Jack E	SO	EIN	2:25.65
3	Ford, Nicholas	SR	NPT	2:24.60
4	Sanidad, Eric	JR	WHE-MD	2:19.78
5	Cassetta, Will	SR	LEO	2:24.56
6	Missig, Will W	12	JHB-PV	2:24.87
7	Shah, Rayan	SR	PBR	2:27.78
8	Deloggio, Peter	FR	GTM	2:28.96

**Heat 3 of 3 Finals**

1	Rodriguez, Andrew	JR	PBR	2:18.43
2	Puttlitz, Charlie	SO	NOC	2:08.10
3	Laufer, Abraham	SO	MTB-PV	2:02.34
4	Wilbur, Brian M	JR	SHE-US	1:54.02
5	McDonough, Edward	SO	MTB-PV	1:58.61
6	Kosiorowski, Devin B	JR	SHE-US	2:04.13
7	Stofferahn, Kaden	JR	LEO	2:15.91
8	Zennia, Adam	SR	WHE-MD	2:18.75

**Event 6 Women 200 Yard IM**

4A3ANorth: 2:06.35 2/17/2018 Kaitlin Gravell

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 4 Finals</b>				
3	Srivastava, Nishtha	JR	JFK-PV	3:48.69
4	Jordan, Anais A	JR	SPB-PV	3:15.62
5	Kenney, Kathryn	FR	NWD-MD	3:19.06

**Heat 2 of 4 Finals**

1	Stumphauzer, Teagan	JR	NWD-MD	3:04.27
2	Wright, Elle	JR	NPT	2:57.32
3	Carnes, Hannah	JR	NOC	2:47.77
4	Johnson, Trinity	SO	NPT	2:45.02
5	Zeigler, Abby L	9	JHB-PV	2:47.51
6	Podsiadlo, Kaya	JR	JFK-PV	2:54.34
7	Lang, Molly Q	11	JHB-PV	2:57.91

**Heat 3 of 4 Finals**

1	Iscoa, Desi E	FR	SPB-PV	2:40.61
2	Hooker, Cora	SO	WHE-MD	2:37.95
3	Barbins, Anya	SO	LEO	2:35.53
4	Tran, Melissa	JR	PBR	2:32.77
5	Turk, Caitlin M	SR	EIN	2:33.29
6	Nguyen, Vivian	FR	PBR	2:36.37
7	Anderson, Melina		WHE-MD	2:39.71
8	Crownover, Sydney	JR	GTM	2:43.55

**Heat 4 of 4 Finals**

1	Landa, Sophia A	JR	EIN	2:28.93
2	Gravell, Kylie F	FR	SHE-US	2:19.40
3	Wu, Jingjing	SO	MTB-PV	2:16.70
4	Kwon, Alyssa	SO	MTB-PV	2:08.91
5	Williams, Jill C	FR	SHE-US	2:12.85
6	Damon, Carly	SO	NOC	2:18.26
7	Zeier, Ashlyn	SO	LEO	2:24.76
8	Nelson, Camille	SO	GTM	2:31.57

**Event 7 Men 50 Yard Freestyle**

4A3ANorth: 21.41 2/19/2022 Sean Colson

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 4 Finals</b>				
3	Gillingham, Bryce	FR	CHO	32.81
4	Pikofsky-Christianse, Sam	SO	JFK-PV	32.68
5	Bond, Nathan	SR	JFK-PV	32.75

**Heat 2 of 4 Finals**

1	Reineke, Mark	JR	GTM	29.34
2	Harris, Adrean	SO	NPT	27.13
3	Garriock, William	SO	NWD-MD	25.47
4	Mehls, Nathan	JR	NOC	24.95
5	Murphy, Mark	FR	LEO	25.03
6	Hayden, Paul	FR	NOC	26.39
7	Drews, Calvin A	SO	EIN	27.21
8	Mejia-Johnston, Wyatt	SO	CHO	31.38

**Heat 3 of 4 Finals**

1	Nguyen, Thanh-Trieu D	JR	SPB-PV	24.69
2	Williams, Mark N	JR	SHE-US	23.71
3	Nguyen, John	JR	PBR	23.60
4	Von Wernitz, Kai	SR	WHE-MD	23.43
5	Balfour, Adrian	SR	PBR	23.53
6	Ormsby, Hunter L	12	JHB-PV	23.65
7	Egbarin-Aho, Edem	JR	WHE-MD	24.18
8	Ritchothe, Rowan	SR	NWD-MD	24.93

**Heat 4 of 4 Finals**

1	Lakso, Justin T	SO	SHE-US	22.91
2	Davis, Joseph	SR	GTM	22.62
3	Bowman, Max	SR	MTB-PV	22.20
4	Quach, Harrison D	12	JHB-PV	21.51
5	Masiello, John	SR	LEO	22.09
6	Wallace, Nathaniel	JR	MTB-PV	22.51
7	Dietrich, Thomas A	JR	SPB-PV	22.79
8	Davis, Laron	SR	NPT	23.16

**Event 8 Women 50 Yard Freestyle**

4A3ANorth: 23.78 2/14/2015 Morgan Hill

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 4 Finals</b>				
3	Whitehead, Kelly	JR	CHO	37.45
4	Elalami, Safae	SO	JFK-PV	34.84
5	Lopez Escalante, Jahaira	JR	JFK-PV	35.06
6	Kenney, Kathryn	FR	NWD-MD	38.44

## MPSSAA\_4A3ANorth\_SwimChamps23 - 2/18/2023

## Meet Program - Region Swim Champs

**Heat 2 Finals (#8 Women 50 Yard Freestyle)**

1	Diaz Meinecke, Gabriella	SR	PBR	33.56	___
2	Barkmeyer, Bianca	JR	PBR	31.31	___
3	Means, Rebecca	SR	NOC	30.13	___
4	Vaonakis, Sophia S	11	JHB-PV	28.58	___
5	Clark, Kaitlyn	SO	NPT	29.58	___
6	Kabat, Katie A	SR	EIN	31.13	___
7	Chiu, Lauren	FR	WHE-MD	31.82	___
8	Stone, Kaleigh	SO	CHO	34.64	___

**Heat 3 of 4 Finals**

1	Sims, Aaliyah	FR	NPT	27.38	___
2	Hutton, Gracie	SO	LEO	27.18	___
3	Egwim, Tiffany	FR	SPB-PV	26.54	___
4	Salazar-Aparicio, Rachel	JR	SPB-PV	26.12	___
5	Schulz, Paige E	SO	EIN	26.14	___
6	Miller, Evelyn G	SR	SHE-US	26.87	___
7	Quinn, Olivia	FR	GTM	27.35	___
8	Kiniry, Olivia P	SR	SHE-US	27.56	___

**Heat 4 of 4 Finals**

1	Case, Charlotte	SO	NWD-MD	26.06	___
2	Chavez, Daniela	SR	WHE-MD	25.74	___
3	Baumann, Alyssa	SO	MTB-PV	25.40	___
4	Chen, Madeline	SO	LEO	24.16	___
5	Smith, Lyla	JR	NOC	25.03	___
6	Ossi, Luciana	JR	MTB-PV	25.72	___
7	Willey, Addison	JR	GTM	25.98	___
8	Lamb, Amy V	12	JHB-PV	26.07	___

**Event 11 Men 100 Yard Butterfly**

4A3ANorth: 49.88 2/17/2018 Alex Colson

Lane	Name	Yr	School	Seed Time	
------	------	----	--------	-----------	--

**Heat 1 of 3 Finals**

1	Sherman, Orande	SR	NPT	1:12.99	___
2	De Oliveira, Mathews N	10	JHB-PV	1:08.77	___
3	Nguyen, Thien Trieu D	FR	SPB-PV	1:07.81	___
4	Ford, Nicholas	SR	NPT	1:06.24	___
5	Swift, Jake	SO	GTM	1:06.30	___
6	Broussard, Jacob	SO	NOC	1:08.09	___
7	Woodward, Sean D	JR	EIN	1:09.13	___

**Heat 2 of 3 Finals**

1	Ngo, Nathan	SO	PBR	1:05.57	___
2	Morris, Michael V	JR	SHE-US	1:02.63	___
3	Linga, Sanjeev	SO	SHE-US	59.83	___
4	Brandt, Wesley L	JR	EIN	58.43	___
5	Mudd, Mason	FR	NOC	59.65	___
6	Rodriguez, Andrew	JR	PBR	1:02.03	___
7	Kim, Joshua	SR	GTM	1:03.07	___
8	Robbins, Alexander	JR	WHE-MD	1:05.65	___

**Heat 3 of 3 Finals**

1	Johnson, Russell	SR	LEO	58.23	___
2	Linck, Nicky H	12	JHB-PV	55.48	___
3	Trusov, Paul	SO	MTB-PV	53.65	___
4	Rooney, Liam	SR	MTB-PV	51.42	___
5	Marchionini, Quinn	SO	NWD-MD	51.48	___
6	Walls, Samuel	JR	LEO	53.99	___
7	Ng, Kai	SR	NWD-MD	55.88	___
8	Zenick, Joshua	SR	WHE-MD	58.30	___

**Event 12 Women 100 Yard Butterfly**

4A3ANorth: 57.42 2/18/2017 Hannah Kannan

Lane	Name	Yr	School	Seed Time	
------	------	----	--------	-----------	--

**Heat 1 of 3 Finals**

3	Johnson, Emily	SO	GTM	1:33.27	___
4	Drennen, Charlene	JR	NPT	1:23.07	___
5	Mages, Jessica G	10	JHB-PV	1:27.53	___
6	Duran, Belle	JR	JFK-PV	2:51.13	___

**Heat 2 of 3 Finals**

1	Podsiadlo, Kaya	JR	JFK-PV	1:17.90	___
2	Johnson, Trinity	SO	NPT	1:12.80	___
3	Tran, Melissa	JR	PBR	1:07.81	___
4	Linger, Gabriela	FR	LEO	1:06.54	___
5	Floyd, Elle N	FR	SHE-US	1:07.17	___
6	Blachere, Corinne S	FR	SHE-US	1:08.30	___
7	Curtis, Camille A	12	JHB-PV	1:15.50	___
8	Willey, Eryn	FR	GTM	1:18.76	___

**Heat 3 of 3 Finals**

1	Walker, Mia	SO	WHE-MD	1:04.87	___
2	Schulz, Paige E	SO	EIN	1:02.28	___
3	Wu, Jingjing	SO	MTB-PV	1:01.38	___
4	Smith, Lyla	JR	NOC	1:00.57	___
5	Daniel, Alisa F	JR	EIN	1:00.93	___
6	Young, Lindsay	FR	MTB-PV	1:01.43	___
7	Stum, Mary Kathryn	JR	NOC	1:03.65	___
8	Olson, Charlize	JR	LEO	1:06.24	___

**Event 13 Men 100 Yard Freestyle**

4A3ANorth: 46.82 2/19/2022 Sean Colson

Lane	Name	Yr	School	Seed Time	
------	------	----	--------	-----------	--

**Heat 1 of 4 Finals**

3	Pikofsky-Christianse, Sam	SO	JFK-PV	1:14.85	___
4	Bowser, Cole	FR	CHO	1:09.22	___
5	Cloman, Chandler M	JR	SPB-PV	1:12.78	___
6	Gillingham, Bryce	FR	CHO	1:15.22	___

**Heat 2 of 4 Finals**

1	Vasquez, Gabriel	SO	PBR	1:06.15	___
2	Drews, Calvin A	SO	EIN	1:02.63	___
3	Fairweather, Tyler	SO	NOC	59.91	___
4	Shaffer, Aidan H	SR	EIN	58.56	___
5	Morris, Peter	SR	GTM	59.33	___
6	Haralson, Jonathan	JR	NPT	1:00.10	___
7	Link, Denver	FR	NOC	1:02.81	___
8	Napper, Andre	FR	JFK-PV	1:06.57	___

**Heat 3 of 4 Finals**

1	Lopez, Ryan L	12	JHB-PV	56.34	___
2	Joshi, Gabriel	SO	WHE-MD	55.40	___
3	Clarke, Kody	SO	LEO	54.06	___
4	Stofferahn, Kaden	JR	LEO	53.33	___
5	Ormsby, Hunter L	12	JHB-PV	53.44	___
6	Pearson, Emmanuel	FR	NPT	55.37	___
7	Garriock, William	SO	NWD-MD	55.71	___
8	Giaudrone, William	JR	NWD-MD	57.58	___

## MPSSAA\_4A3ANorth\_SwimChamps23 - 2/18/2023

## Meet Program - Region Swim Champs

**Heat 4 Finals (#13 Men 100 Yard Freestyle)**

1	Balfour, Adrian	SR	PBR	51.73	___
2	Davis, Joseph	SR	GTM	50.80	___
3	Jackson, Oliver	SR	MTB-PV	49.60	___
4	Rooney, Seamus	FR	MTB-PV	47.88	___
5	Staggs, Erik	SR	WHE-MD	49.56	___
6	Lakso, Justin T	SO	SHE-US	50.07	___
7	Dietrich, Thomas A	JR	SPB-PV	51.42	___
8	Mutter, David J	SO	SHE-US	53.09	___

**Event 14 Women 100 Yard Freestyle**

4A3ANorth: 51.74 2/13/2016 Morgan Hill

Lane	Name	Yr	School	Seed Time	
------	------	----	--------	-----------	--

**Heat 1 of 4 Finals**

3	Willis, Grace	SR	NWD-MD	1:24.90	___
4	Diaz Meinecke, Gabriella	SR	PBR	1:20.91	___
5	Finkelberg, Samantha	SO	NWD-MD	1:21.37	___
6	Whitehead, Kelly	JR	CHO	1:30.01	___

**Heat 2 of 4 Finals**

1	Walker, Lily	JR	WHE-MD	1:13.64	___
2	Powell, Avery	FR	CHO	1:11.10	___
3	Santizo, Rayanna A	FR	SPB-PV	1:10.32	___
4	Ryan, Samantha M	11	JHB-PV	1:04.62	___
5	Morsiani, Blue	SR	NOC	1:06.65	___
6	Wright, Elle	JR	NPT	1:10.79	___
7	Nguyen, Tammy	SR	PBR	1:11.28	___
8	Bender, Pippa	FR	JFK-PV	1:14.64	___

**Heat 3 of 4 Finals**

1	Sims, Aaliyah	FR	NPT	1:02.03	___
2	Greene, Katie	SR	NOC	1:01.24	___
3	Barbins, Anya	SO	LEO	59.97	___
4	Miller, Tessa	SO	JFK-PV	58.88	___
5	Chavez, Daniela	SR	WHE-MD	59.89	___
6	Allred, Caroline	SR	LEO	1:00.52	___
7	Baker, Noe	SR	GTM	1:01.52	___
8	Stenger, Lucy H	FR	EIN	1:02.77	___

**Heat 4 of 4 Finals**

1	Quiroga, Maya A	FR	SHE-US	58.07	___
2	Salazar-Aparicio, Rachel	JR	SPB-PV	57.41	___
3	Lantry, Emma M	JR	EIN	55.20	___
4	Kwon, Alyssa	SO	MTB-PV	54.43	___
5	Dworak, Andrea M	10	JHB-PV	54.52	___
6	Gondi, Zoe	SO	MTB-PV	56.10	___
7	Willey, Addison	JR	GTM	57.61	___
8	Smith, Lily C	SR	SHE-US	58.14	___

**Event 15 Men 500 Yard Freestyle**

4A3ANorth: 4:39.46 2/17/2014 Brian Y Tsau

Lane	Name	Yr	School	Seed Time	
------	------	----	--------	-----------	--

**Heat 1 of 4 Finals**

3	Mejia-Johnston, Wyatt	SO	CHO	7:56.16	___
4	Craig-Eakin, Ben B	12	JHB-PV	7:12.02	___
5	Owens, James	JR	CHO	7:20.22	___

**Heat 2 of 4 Finals**

2	Woodward, Sean D	JR	EIN	6:34.89	___
3	Rees, Henry	FR	NWD-MD	6:24.03	___
4	Raab, Ethan F	FR	EIN	5:59.44	___
5	Bensimon, Kyle	FR	SPB-PV	6:12.79	___
6	Egbarin-Aho, Edem	JR	WHE-MD	6:27.11	___
7	Kline, Josip	JR	NPT	6:41.65	___

**Heat 3 of 4 Finals**

1	Jeffery, Harry	FR	PBR	5:46.81	___
2	Bean, Wyatt	SO	LEO	5:40.77	___
3	Rodriguez, Kyle	SO	PBR	5:31.32	___
4	Bascope, Santiago A	10	JHB-PV	5:30.65	___
5	Ritchotte, Rowan	SR	NWD-MD	5:30.76	___
6	Cerron, Armando	SO	WHE-MD	5:38.21	___
7	Ross, Robert	SO	GTM	5:42.54	___
8	Deloggio, Peter	FR	GTM	5:55.84	___

**Heat 4 of 4 Finals**

1	Johnson, Russell	SR	LEO	5:22.58	___
2	Fecko, Logan E	SR	SHE-US	5:03.72	___
3	Puttlitz, Charlie	SO	NOC	4:58.09	___
4	Kojanov, Mikhail	SO	MTB-PV	4:39.58	___
5	Quiroga, Lucas E	SR	SHE-US	4:47.60	___
6	Plank, Caleb	JR	MTB-PV	5:00.09	___
7	Madigan, Daniel	SR	NPT	5:19.07	___
8	Busch, Steven	JR	NOC	5:23.79	___

**Event 16 Women 500 Yard Freestyle**

4A3ANorth: 4:55.12 2/17/2018 Grace Giddings

Lane	Name	Yr	School	Seed Time	
------	------	----	--------	-----------	--

**Heat 1 of 3 Finals**

1	Shoulders, Justice	SO	CHO	8:27.59	___
2	Yu, Joyce N	12	JHB-PV	7:34.69	___
3	Ellinger, Claire	FR	NPT	7:13.53	___
4	Barkmeyer, Tiffany	SR	PBR	6:43.66	___
5	Bender, Harper	JR	JFK-PV	6:50.81	___
6	Kassaraba, Clara	JR	NWD-MD	7:20.03	___
7	Skye, Kern	SO	CHO	7:47.12	___

**Heat 2 of 3 Finals**

1	Anderson, Melina		WHE-MD	6:40.19	___
2	Garrity, Kelsey	SO	NPT	6:28.74	___
3	Greene, Katie	SR	NOC	6:20.58	___
4	Nelson, Camille	SO	GTM	6:01.15	___
5	Salter, Meredith	SO	LEO	6:17.06	___
6	Turk, Caitlin M	SR	EIN	6:24.21	___
7	Liewehr, Victoria	JR	PBR	6:30.12	___
8	Willey, Eryn	FR	GTM	6:42.77	___

**Heat 3 of 3 Finals**

1	Randolph, Audrey	FR	NOC	5:53.94	___
2	Landa, Sophia A	JR	EIN	5:39.31	___
3	Blachere, Corinne S	FR	SHE-US	5:30.25	___
4	Caponiti, Adrianna L	JR	SHE-US	5:03.61	___
5	Keever, Ava	FR	LEO	5:22.68	___
6	Moore, Mimi	SO	MTB-PV	5:36.28	___
7	Martinez, Denise	SO	WHE-MD	5:46.75	___
8	Watanabe, Amy	SO	MTB-PV	5:54.39	___

## MPSSAA\_4A3ANorth\_SwimChamps23 - 2/18/2023

## Meet Program - Region Swim Champs

**Event 17 Men 200 Yard Freestyle Relay**

4A3ANorth: 1:29.91 2/17/2018 Blake High School

A Stanton, J Martin, S Surprenant, M Brown

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 2 Finals**

2	CHO		1:57.74	___
3	NOC		1:42.63	___
4	SPB-PV		1:40.23	___
5	NPT		1:40.98	___
6	GTM		1:42.98	___
7	JFK-PV		2:05.57	___

**Heat 2 of 2 Finals**

1	EIN		1:36.33	___
2	LEO		1:34.05	___
3	WHE-MD		1:32.24	___
4	MTB-PV		1:28.37	___
5	SHE-US		1:30.47	___
6	JHB-PV		1:33.97	___
7	NWD-MD		1:34.56	___
8	PBR		1:40.22	___

**Event 18 Women 200 Yard Freestyle Relay**

4A3ANorth: 1:39.48 2/18/2017 Sherwood High School

K Gravell, A Wenhold, E Hjelle, E Eustace

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 2 Finals**

2	CHO		2:21.62	___
3	PBR		2:02.44	___
4	SPB-PV		1:56.04	___
5	NPT		2:00.55	___
6	NWD-MD		2:08.54	___
7	JFK-PV		2:28.03	___

**Heat 2 of 2 Finals**

1	LEO		1:48.57	___
2	EIN		1:47.39	___
3	JHB-PV		1:45.64	___
4	MTB-PV		1:41.32	___
5	NOC		1:43.63	___
6	SHE-US		1:46.76	___
7	WHE-MD		1:47.47	___
8	GTM		1:51.71	___

**Event 19 Men 100 Yard Backstroke**

4A3ANorth: 50.83 2/19/2022 Liam G McDonough

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

**Heat 1 of 4 Finals**

3	Brock, Michael	SR	JFK-PV	1:51.81	___
4	Owens, James	JR	CHO	1:21.29	___
5	Landa, Christopher J	FR	EIN	1:21.85	___

**Heat 2 of 4 Finals**

1	Crooke, Eric J	JR	SPB-PV	1:11.41	___
2	Joshi, Gabriel	SO	WHE-MD	1:10.84	___
3	Shah, Rayan	SR	PBR	1:10.25	___
4	Morris, Peter	SR	GTM	1:07.94	___
5	Myers, Everett	SO	NPT	1:08.64	___
6	Bensimon, Kyle	FR	SPB-PV	1:10.56	___
7	Sylvester, Michael	FR	PBR	1:10.89	___
8	Pizza, Hayden	SO	CHO	1:15.59	___

**Heat 3 of 4 Finals**

1	Linck, Nicky H	12	JHB-PV	1:02.94	___
2	Zennia, Adam	SR	WHE-MD	1:02.52	___
3	Brandt, Wesley L	JR	EIN	1:01.81	___
4	Mehls, Nathan	JR	NOC	1:01.59	___
5	Missig, Will W	12	JHB-PV	1:01.75	___
6	Davis, Laron	SR	NPT	1:02.30	___
7	Clarke, Kody	SO	LEO	1:02.67	___
8	Link, Denver	FR	NOC	1:06.39	___

**Heat 4 of 4 Finals**

1	Ross, Robert	SO	GTM	59.09	___
2	Ludlow, Ryan	SO	LEO	58.04	___
3	Rooney, Seamus	FR	MTB-PV	52.92	___
4	Case, James	SR	NWD-MD	51.10	___
5	Marchionini, Quinn	SO	NWD-MD	52.45	___
6	McDonough, Edward	SO	MTB-PV	54.07	___
7	Fecko, Logan E	SR	SHE-US	58.34	___
8	Mutter, David J	SO	SHE-US	59.63	___

**Event 20 Women 100 Yard Backstroke**

4A3ANorth: 57.80 2/14/2015 Margarita Ryan

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

**Heat 1 of 4 Finals**

3	Powell, Avery	FR	CHO	1:35.36	___
4	Jeffery, Eve E	SR	SPB-PV	1:30.68	___
5	Dury, Victoria	SR	CHO	1:34.95	___
6	Willis, Grace	SR	NWD-MD	1:38.56	___

**Heat 2 of 4 Finals**

1	Nguyen, Tammy	SR	PBR	1:23.63	___
2	Barkmeyer, Bianca	JR	PBR	1:22.46	___
3	McFadden, Eve M	11	JHB-PV	1:20.40	___
4	Galletti, Sofia	SR	GTM	1:17.90	___
5	Chen, Sophia	FR	NOC	1:18.01	___
6	Bender, Harper	JR	JFK-PV	1:20.75	___
7	Rogers, Hannah	JR	NPT	1:22.78	___
8	Jordan, Anais A	JR	SPB-PV	1:28.56	___

**Heat 3 of 4 Finals**

1	Clark, Kaitlyn	SO	NPT	1:12.18	___
2	Vaonakis, Sophia S	11	JHB-PV	1:11.51	___
3	Miller, Tessa	SO	JFK-PV	1:10.84	___
4	Stum, Mary Kathryn	JR	NOC	1:05.55	___
5	Parker, Claudia S	SO	SHE-US	1:08.01	___
6	Baker, Noe	SR	GTM	1:10.88	___
7	McMurry, Natalie C	JR	EIN	1:11.96	___
8	Hooker, Cora	SO	WHE-MD	1:16.69	___

## MPSSAA\_4A3ANorth\_SwimChamps23 - 2/18/2023

## Meet Program - Region Swim Champs

**Heat 4 Finals (#20 Women 100 Yard Backstroke)**

1	Case, Charlotte	SO	NWD-MD	1:04.84	___
2	Baumann, Alyssa	SO	MTB-PV	1:04.32	___
3	Chen, Madeline	SO	LEO	1:02.11	___
4	Young, Lindsay	FR	MTB-PV	58.16	___
5	Daniel, Alisa F	JR	EIN	1:00.93	___
6	Zeier, Ashlyn	SO	LEO	1:03.47	___
7	Martinez, Denise	SO	WHE-MD	1:04.80	___
8	Smith, Lily C	SR	SHE-US	1:05.05	___

**Event 21 Men 100 Yard Breaststroke**

4A3ANorth: 57.86 2/19/2022 Harrison D Quach

Lane	Name	Yr	School	Seed Time	
------	------	----	--------	-----------	--

**Heat 1 of 3 Finals**

1	Gichuru, Darius	SR	JFK-PV	1:26.43	___
2	Chen, Erik	FR	GTM	1:26.24	___
3	Fairweather, Tyler	SO	NOC	1:19.00	___
4	Murphy, Mark	FR	LEO	1:13.65	___
5	Busch, Steven	JR	NOC	1:14.51	___
6	Willis, Luke C	11	JHB-PV	1:20.83	___
7	Maloo, Ajay A	SR	SPB-PV	1:26.30	___
8	Grossman, Justin M	JR	SPB-PV	1:34.96	___

**Heat 2 of 3 Finals**

1	Kim, Joshua	SR	GTM	1:09.70	___
2	Ngo, Nathan	SO	PBR	1:08.99	___
3	Wick, Graham	SO	NWD-MD	1:07.63	___
4	Giaudrone, William	JR	NWD-MD	1:05.38	___
5	Nguyen, John	JR	PBR	1:07.52	___
6	Shaffer, Jack E	SO	EIN	1:08.75	___
7	Sanidad, Eric	JR	WHE-MD	1:09.19	___
8	Pearson, Emmanuel	FR	NPT	1:10.23	___

**Heat 3 of 3 Finals**

1	Madigan, Daniel	SR	NPT	1:04.98	___
2	Bowman, Max	SR	MTB-PV	1:00.56	___
3	Masiello, John	SR	LEO	57.72	___
4	Wilbur, Brian M	JR	SHE-US	55.74	___
5	Quach, Harrison D	12	JHB-PV	56.89	___
6	Wallace, Nathaniel	JR	MTB-PV	1:00.11	___
7	Kosiorowski, Devin B	JR	SHE-US	1:04.70	___
8	Zenick, Joshua	SR	WHE-MD	1:05.38	___

**Event 22 Women 100 Yard Breaststroke**

4A3ANorth: 1:05.87 2/17/2018 Kaitlin Gravell

Lane	Name	Yr	School	Seed Time	
------	------	----	--------	-----------	--

**Heat 1 of 4 Finals**

3	Wendt, Kira	SO	JFK-PV	1:55.78	___
4	Tesfai, Lydia M	SR	SPB-PV	1:51.57	___
5	Kee, Maddie	FR	JFK-PV	1:54.54	___

**Heat 2 of 4 Finals**

1	Mallari, Kimberly	SR	PBR	1:41.33	___
2	Drennen, Charlene	JR	NPT	1:31.78	___
3	Stumphauzer, Teagan	JR	NWD-MD	1:30.87	___
4	Magpuri, Lindsey	JR	GTM	1:29.49	___
5	Cole, Eleanor	SR	NOC	1:30.68	___
6	Lablanc, Giselle	JR	NPT	1:31.64	___
7	Skye, Kern	SO	CHO	1:39.95	___
8	Stone, Kaleigh	SO	CHO	1:45.95	___

**Heat 3 of 4 Finals**

1	Kasper, Sunita	SO	WHE-MD	1:26.71	___
2	Haynes, Sadie S	FR	EIN	1:25.01	___
3	Walker, Mia	SO	WHE-MD	1:18.97	___
4	Damon, Carly	SO	NOC	1:17.45	___
5	Quinn, Olivia	FR	GTM	1:17.56	___
6	Nguyen, Vivian	FR	PBR	1:19.72	___
7	Hair, Chloe	JR	LEO	1:25.53	___
8	Kassaraba, Clara	JR	NWD-MD	1:27.39	___

**Heat 4 of 4 Finals**

1	Olson, Charlize	JR	LEO	1:16.52	___
2	Lawler, Shannon	SR	MTB-PV	1:11.97	___
3	Williams, Jill C	FR	SHE-US	1:08.41	___
4	Moore, Mimi	SO	MTB-PV	1:06.84	___
5	Lantry, Emma M	JR	EIN	1:07.50	___
6	Gravell, Kylie F	FR	SHE-US	1:11.56	___
7	Trang, Kimberley T	9	JHB-PV	1:15.90	___
8	Yu, Joyce N	12	JHB-PV	1:17.16	___

**Event 23 Men 400 Yard Freestyle Relay**

4A3ANorth: 3:17.04 2/17/2018 Blake High School

A Stanton, M Brown, J Surprenant, J Martin

Lane	Team	Relay	Seed Time	
------	------	-------	-----------	--

**Heat 1 of 2 Finals**

2	CHO		4:43.03	___
3	EIN		3:54.59	___
4	JHB-PV		3:42.04	___
5	NPT		3:47.77	___
6	SPB-PV		4:28.45	___
7	JFK-PV		5:54.86	___

**Heat 2 of 2 Finals**

1	NOC		3:39.06	___
2	SHE-US		3:29.72	___
3	NWD-MD		3:24.23	___
4	MTB-PV		3:13.81	___
5	LEO		3:17.81	___
6	WHE-MD		3:25.84	___
7	PBR		3:36.50	___
8	GTM		3:39.85	___

**Event 24 Women 400 Yard Freestyle Relay**

4A3ANorth: 3:35.39 2/17/2018 Sherwood High School

A Wenhold, G Giddings, S Ryan, K Nolan

Lane	Team	Relay	Seed Time	
------	------	-------	-----------	--

**Heat 1 of 2 Finals**

2	NWD-MD		5:01.50	___
3	JFK-PV		4:48.07	___
4	JHB-PV		4:10.17	___
5	NPT		4:19.19	___
6	SPB-PV		4:53.08	___
7	CHO		5:47.96	___

**MPSSAA\_4A3ANorth\_SwimChamps23 - 2/18/2023**

**Meet Program - Region Swim Champs**

**Heat 2 Finals (#24 Women 400 Yard Freestyle Relay)**

1	PBR	4:07.02	___
2	EIN	4:02.45	___
3	SHE-US	3:49.09	___
4	MTB-PV	3:41.13	___
5	NOC	3:44.37	___
6	LEO	3:52.50	___
7	GTM	4:04.08	___
8	WHE-MD	4:09.00	___