

MPSSAA 3A West Region Championships HS

OFFICIAL 📅 Sat, Feb 10, 2024 📍 Prince George's Sports & Learning Complex - Indoor Track, MD US

Mens Results

55 Meter Dash Varsity - Finals

| | | | |
|-------|--------------------|----------|------------------|
| 1. 12 | Yuanzhe Cui | 6.65a PR | Thomas S Wootton |
| 2. 11 | Samuel Koiwood | 6.65a PR | Watkins Mill |
| 3. 12 | Odin Desir | 6.67a PR | North Hagerstown |
| 4. 12 | Donovan Harrington | 6.74a | Oakdale |
| 5. 10 | Jasiri Belote | 6.74a | Tuscarora |
| 6. 12 | Lareon Brent | 6.79a | Oxon Hill |
| 7. 12 | Andrew Moxley | 6.81a PR | Linganore |
| 8. 9 | Jan Mason | 6.90a | Sherwood |

55 Meter Dash Varsity - Prelims

| | | | |
|--------|--------------------|----------|-------------------|
| 1. 12 | Yuanzhe Cui | 6.70a | Thomas S Wootton |
| 2. 12 | Lareon Brent | 6.70a PR | Oxon Hill |
| 3. 11 | Samuel Koiwood | 6.70a | Watkins Mill |
| 4. 10 | Jasiri Belote | 6.71a PR | Tuscarora |
| 5. 12 | Donovan Harrington | 6.73a | Oakdale |
| 6. 12 | Odin Desir | 6.73a | North Hagerstown |
| 7. 12 | Andrew Moxley | 6.82a | Linganore |
| 8. 9 | Jan Mason | 6.87a | Sherwood |
| 9. 10 | Quinton Dodds | 6.90a PR | Linganore |
| 10. 11 | Cahauri Alford | 6.90a | South Hagerstown |
| 11. 10 | Bradley Matthews | 6.93a | Linganore |
| 12. 10 | Kyre Grays | 6.97a | Oxon Hill |
| 13. 12 | Deontae Blake | 7.05a | South Hagerstown |
| 14. 12 | Ethan Hayes | 7.07a | Manchester Valley |
| --. 12 | David Boley | DNS | Watkins Mill |
| --. 12 | Caleb Owusu Ayim | DNS | North Hagerstown |

300 Meters Varsity - Finals

| | | | |
|--------|--------------------|-----------|--------------------|
| 1. 12 | Benick Akeh | 36.15a PR | James Hubert Blake |
| 2. 11 | Tyrese Oxendine | 36.56a PR | Sherwood |
| 3. 12 | Donovan Harrington | 36.80a PR | Oakdale |
| 4. 12 | Matthew Mills | 36.89a PR | Damascus |
| 5. 12 | Ryder Johnston | 36.95a PR | North Hagerstown |
| 6. 12 | Ahmed Elsamani | 37.57a PR | Thomas S Wootton |
| 7. 10 | Jasiri Belote | 37.69a | Tuscarora |
| 8. 10 | Kyre Grays | 37.93a PR | Oxon Hill |
| 9. 11 | Samuel Koiwood | 37.95a | Watkins Mill |
| 10. 12 | Quinn Favorite | 37.96a PR | Manchester Valley |
| 11. 12 | Deontae Blake | 37.97a PR | South Hagerstown |
| 12. 12 | Odin Desir | 38.08a | North Hagerstown |
| 13. 12 | John Manley | 38.48a | Westminster |
| 14. 12 | Hriday Khadka | 38.65a | Tuscarora |
| --. 12 | Antonio Taylor | DNS | James Hubert Blake |
| --. 12 | David Boley | DNS | Watkins Mill |

500 Meters Varsity - Finals

Womens Results

55 Meter Dash Varsity - Finals

| | | | | |
|---------|------------------|----------|---------------------|---|
| Q 1. 12 | Brooke Cochran | 7.32a | James Hubert Blake | Q |
| Q 2. 11 | Carleen Lionel | 7.39a PR | Oxon Hill | Q |
| Q 3. 11 | Josslyn Quansah | 7.42a PR | Linganore | Q |
| Q 4. 10 | Heather Twum | 7.43a | Oakdale | Q |
| Q 5. 11 | Taionna Jackson | 7.50a PR | Tuscarora | Q |
| 6. 12 | Jessica Franklin | 7.61a PR | South Hagerstown | |
| 7. 10 | Jeanelle James | 7.66a | Col. Zadok Magruder | |
| 8. 11 | Tabitha Newman | 7.69a | Rockville | |

55 Meter Dash Varsity - Prelims

| | | | |
|--------|----------------------|----------|---------------------|
| 1. 12 | Brooke Cochran | 7.33a | James Hubert Blake |
| 3. 10 | Heather Twum | 7.41a PR | Oakdale |
| 2. 11 | Carleen Lionel | 7.44a | Oxon Hill |
| 4. 11 | Josslyn Quansah | 7.44a | Linganore |
| 5. 11 | Taionna Jackson | 7.55a | Tuscarora |
| 6. 10 | Jeanelle James | 7.59a PR | Col. Zadok Magruder |
| 7. 12 | Jessica Franklin | 7.62a | South Hagerstown |
| 8. 11 | Tabitha Newman | 7.66a | Rockville |
| 9. 11 | Adaeze Obuekwe | 7.78a | Tuscarora |
| 10. 12 | Elsie Habib | 7.78a SR | Damascus |
| 11. 11 | Nicole Kuria | 7.79a | Rockville |
| 12. 11 | Aristina Aman | 7.79a | Oxon Hill |
| 13. 12 | Layla Cox | 7.80a PR | Manchester Valley |
| 14. 10 | Dynasty Brackenridge | 7.87a | Watkins Mill |
| 15. 11 | Madison Medley | 7.89a | Watkins Mill |
| --. 11 | Biangca LeFevre | FS | Tuscarora |

300 Meters Varsity - Finals

| | | | | |
|---------|------------------------|-----------|---------------------|---|
| Q 1. 12 | Brooke Cochran | 39.60a PR | James Hubert Blake | Q |
| Q 2. 12 | Celeste Rodriguez-A... | 41.46a PR | Tuscarora | Q |
| Q 3. 11 | Carleen Lionel | 41.66a PR | Oxon Hill | Q |
| 4. 11 | Jaayah Jenkins | 42.31a PR | James Hubert Blake | Q |
| 5. 10 | Jacqueline D. Ngues... | 42.62a PR | Col. Zadok Magruder | Q |
| 6. 11 | Juliana Nardini | 42.88a PR | Linganore | Q |
| 7. 9 | Hunter Cochran | 43.44a PR | James Hubert Blake | |
| 8. 11 | Tabitha Newman | 43.80a PR | Rockville | |
| 9. 10 | Avah Coleman | 44.07a PR | Oxon Hill | |
| 10. 12 | Jessica Franklin | 44.18a PR | South Hagerstown | |
| 11. 11 | Gillian Stephens | 44.93a | Oxon Hill | |
| 12. 11 | Anika Wong | 44.94a PR | Rockville | |
| 13. 11 | Noura-Sita Koua | 45.73a PR | Damascus | |
| 14. 11 | Josephine Hoffacker | 46.10a PR | Damascus | |
| 15. 10 | Rachael Lee | 46.60a | Westminster | |
| --. 10 | Angelyn Quansah | DNS | Oakdale | |

500 Meters Varsity - Finals

| | | | | | | | | | | | | | |
|-----|----|--------------------|----------|--------------------|---------------------|-----|-----|------------------|------------------------|----------|-----------|---------------------|---|
| 1. | 12 | Benick Akeh | 1:08.19a | James Hubert Blake | Q | 1. | 11 | Taylor Riley | 1:16.99a | PR | Oxon Hill | Q | |
| 2. | 11 | Chase Roberts | 1:08.60a | PR | Linganore | Q | 2. | 11 | Jaayah Jenkins | 1:18.20a | PR | James Hubert Blake | Q |
| 3. | 12 | Yanku Rex-Campbell | 1:08.91a | PR | Watkins Mill | Q | 3. | 12 | Aaliyah Jalloh | 1:18.65a | | Thomas S Wootton | Q |
| 4. | 12 | Malakai Meertens | 1:09.81a | PR | Oakdale | Q | 4. | 11 | Elizabeth Szybalski | 1:19.49a | PR | Manchester Valley | Q |
| 5. | 11 | Donovan Baldwin | 1:10.72a | PR | North Hagerstown | | 5. | 10 | Jacqueline D. Ngues... | 1:21.58a | PR | Col. Zadok Magruder | Q |
| 6. | 12 | Torrian Coates | 1:11.06a | PR | Oxon Hill | | 6. | 11 | Jade Trowell | 1:23.03a | | Damascus | Q |
| 7. | 10 | Michael Gannon | 1:11.07a | PR | Col. Zadok Magruder | | 7. | 12 | Ashlie Turk | 1:23.55a | PR | Oakdale | |
| 8. | 12 | Aiden Seraton | 1:11.10a | PR | Linganore | | 8. | 11 | Mya Slade | 1:24.58a | PR | Oxon Hill | |
| 9. | 11 | Dylan Pagendarm | 1:11.22a | PR | Linganore | | 9. | 11 | Morgan Roberts | 1:25.44a | PR | Linganore | |
| 10. | 12 | John Manley | 1:11.53a | PR | Westminster | | 10. | 12 | Celeste Rodriguez-A... | 1:26.67a | | Tuscarora | |
| 11. | 10 | Kal Yewlsew | 1:11.63a | PR | Thomas S Wootton | | 11. | 11 | Tara Martindale | 1:26.74a | PR | Westminster | |
| 12. | 9 | Davide Barbero | 1:11.98a | PR | Damascus | | 12. | 11 | Caroline Atwill | 1:28.37a | PR | Oakdale | |
| 13. | 11 | Ralph Etaba | 1:12.02a | PR | Oakdale | | 13. | 9 | Yasmin Sheikh | 1:31.67a | | Sherwood | |
| 14. | 12 | Robert Nicoll | 1:12.51a | PR | Sherwood | | 14. | 12 | Madeleine Eng | 1:33.62a | | Oakdale | |
| 15. | 9 | Arthur Jones | 1:13.57a | | Oxon Hill | --. | 11 | Gabriella Janss | DNS | | Damascus | | |
| --. | 10 | Wyatt Zeiqenfuse | DNS | | Manchester Valley | --. | 11 | Gillian Stephens | DNS | | Oxon Hill | | |

800 Meters Varsity - Finals

| | | | | | | | | | | | | | |
|-----|----|--------------------|----------|----|--------------------|-----|-----|----------------|---------------------|----------|-----------|--------------------|---|
| 1. | 12 | Sam Skinner | 1:58.34a | PR | Oakdale | Q | 1. | 10 | Hailey Lane | 2:22.37a | | Tuscarora | Q |
| 2. | 12 | Justin Banks | 1:58.87a | PR | Tuscarora | Q | 2. | 11 | Elizabeth Szybalski | 2:22.46a | SR | Manchester Valley | Q |
| 3. | 12 | Christian Childs | 1:59.54a | PR | Manchester Valley | Q | 3. | 12 | Aaliyah Jalloh | 2:23.56a | PR | Thomas S Wootton | Q |
| 4. | 12 | Chris Abubakar | 2:01.65a | | James Hubert Blake | Q | 4. | 12 | Nina Connors | 2:23.82a | PR | Tuscarora | Q |
| 5. | 12 | Malakai Meertens | 2:02.41a | PR | Oakdale | Q | 5. | 12 | Victoria Ketzler | 2:24.26a | | Thomas S Wootton | Q |
| 6. | 12 | Jace Calhoun | 2:04.08a | PR | Manchester Valley | Q | 6. | 11 | Taylor Riley | 2:24.79a | | Oxon Hill | Q |
| 7. | 12 | Troy Bailey | 2:05.89a | | Thomas S Wootton | | 7. | 11 | Rian Johnson | 2:25.59a | PR | North Hagerstown | Q |
| 8. | 11 | Alex Adetolu | 2:07.78a | PR | Linganore | | 8. | 9 | Emily Lewis | 2:27.98a | PR | Thomas S Wootton | Q |
| 9. | 12 | Benjamin Llerena | 2:08.14a | PR | Oakdale | | 9. | 12 | Josephine Swagart | 2:28.22a | PR | Rockville | Q |
| 10. | 9 | Zachary Oh | 2:08.85a | | James Hubert Blake | | 10. | 10 | Simone Carter | 2:31.97a | PR | James Hubert Blake | |
| 11. | 12 | Adam Mustafa | 2:10.67a | PR | North Hagerstown | | 11. | 10 | Madeline Quirion | 2:32.99a | PR | Sherwood | |
| 12. | 12 | Dishaan Patel | 2:11.70a | | North Hagerstown | | 12. | 9 | Jayla Kaplan | 2:33.39a | PR | North Hagerstown | |
| 13. | 10 | Cameron Wong | 2:12.59a | | Rockville | | 13. | 11 | Jade Trowell | 2:37.36a | | Damascus | |
| 14. | 12 | Brenden Lane | 2:14.39a | | Tuscarora | | 14. | 11 | Ava Elliott | 2:38.11a | | Tuscarora | |
| 15. | 12 | Ayden Fritsch | 2:15.45a | | Sherwood | --. | 11 | Haylie Keegan | DNS | | Linganore | | |
| --. | 12 | Yanku Rex-Campbell | DNF | | Watkins Mill | --. | 11 | Audrey Meadows | DNS | | Linganore | | |

800 Meters Varsity - Finals

1600 Meters Varsity - Finals

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|-----|----|--------------------|----------|----|--------------------|-----|-----|------------------------|-------------------|----------|---------------------|--------------------|---|
| 1. | 12 | Justin Banks | 4:29.38a | | Tuscarora | Q | 1. | 12 | Victoria Ketzler | 5:15.89a | | Thomas S Wootton | Q |
| 2. | 12 | Christian Childs | 4:32.14a | | Manchester Valley | Q | 2. | 10 | Hailey Lane | 5:15.95a | | Tuscarora | Q |
| 3. | 12 | Brenden Lane | 4:36.96a | PR | Tuscarora | Q | 3. | 12 | Nina Connors | 5:17.90a | | Tuscarora | Q |
| 4. | 11 | Logan Amis | 4:37.52a | | Manchester Valley | Q | 4. | 9 | Emily Lewis | 5:21.12a | PR | Thomas S Wootton | Q |
| 5. | 10 | Nathan Downie | 4:38.05a | PR | Thomas S Wootton | Q | 5. | 12 | Josephine Swagart | 5:26.90a | PR | Rockville | Q |
| 6. | 9 | Zachary Oh | 4:38.31a | PR | James Hubert Blake | Q | 6. | 10 | Madeline Quirion | 5:27.38a | PR | Sherwood | Q |
| 7. | 10 | Jefferson Regitz | 4:40.48a | PR | Rockville | | 7. | 11 | Emilie Creighton | 5:29.36a | | James Hubert Blake | Q |
| 8. | 11 | Ellis Eppard | 4:40.85a | PR | Thomas S Wootton | | 8. | 12 | Madison Chorney | 5:30.77a | PR | Oakdale | Q |
| 9. | 12 | Ayden Fritsch | 4:43.46a | PR | Sherwood | | 9. | 10 | Lizzie Wells | 5:40.98a | | Oakdale | |
| 10. | 11 | Jordy Albarran | 4:51.25a | | Oxon Hill | | 10. | 12 | Corina Servis | 5:44.07a | PR | Rockville | |
| 11. | 10 | Cameron Wong | 4:54.73a | PR | Rockville | | 11. | 11 | Lexis Owens | 5:52.02a | PR | Damascus | |
| 12. | 10 | Sai Vedas Boyapati | 4:55.43a | PR | Oakdale | | 12. | 12 | Lucy Ellis | 5:54.90a | | Linganore | |
| 13. | 10 | Marcos Reyes | 5:01.09a | | Damascus | | 13. | 9 | Olivia Watts | 5:57.40a | PR | Manchester Valley | |
| --. | 11 | Semir Kemal | DNS | | James Hubert Blake | | 14. | 11 | Ella Hajel | 5:57.78a | | North Hagerstown | |
| --. | 11 | Edward Sun | DNS | | Thomas S Wootton | --. | 9 | Samantha M. Polcawi... | DNS | | Col. Zadok Magruder | | |
| --. | 12 | Adam Mustafa | DNS | | North Hagerstown | --. | 12 | Sydney Querry | DNS | | Oakdale | | |

1600 Meters Varsity - Finals

3200 Meters Varsity - Finals

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|----|----|----------------|-----------|----|--------------------|---|----|----|------------------|-----------|----|--------------------|---|
| 1. | 12 | Sean Gravell | 9:57.74a | PR | Sherwood | Q | 1. | 11 | Lauren Stine | 10:58.60a | PR | North Hagerstown | Q |
| 2. | 11 | David Tressler | 9:57.88a | PR | Oakdale | Q | 2. | 11 | Ava Elliott | 11:52.52a | | Tuscarora | Q |
| 3. | 10 | Walker Mason | 9:58.48a | | North Hagerstown | Q | 3. | 12 | Madison Chorney | 12:13.64a | | Oakdale | Q |
| 4. | 11 | Semir Kemal | 10:02.52a | PR | James Hubert Blake | Q | 4. | 11 | Emilie Creighton | 12:23.79a | | James Hubert Blake | Q |

3200 Meters Varsity - Finals

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|-----|----|------------------|-----------|-------------------|-------------------|-----|----|------------------------|-----------|----|---------------------|---|
| 5. | 11 | Rendon Yerman | 10:07.50a | Thomas S Wootton | Q | 5. | 12 | Corina Servis | 12:24.17a | PR | Rockville | Q |
| 6. | 11 | Logan Amis | 10:12.99a | Manchester Valley | Q | 6. | 12 | Meredith Moyer | 12:32.68a | | Linganore | Q |
| 7. | 11 | Gavin Boer | 10:21.67a | PR | Manchester Valley | 7. | 12 | Caroline Vogelsang | 12:52.95a | PR | Manchester Valley | |
| 8. | 10 | Luke Gabrielle | 10:23.16a | PR | Thomas S Wootton | 8. | 12 | Lyla Goffena | 12:53.82a | PR | Manchester Valley | |
| 9. | 11 | Bradley Helman | 10:28.09a | PR | North Hagerstown | 9. | 10 | Violet Lapping | 13:03.43a | PR | Oakdale | |
| 10. | 10 | Jefferson Regitz | 10:30.66a | PR | Rockville | 10. | 9 | Kaylee Szepucha | 13:17.21a | PR | Manchester Valley | |
| 11. | 10 | Landon Call | 10:33.23a | PR | North Hagerstown | 11. | 12 | Jenny Schlossberg | 13:29.39a | PR | Damascus | |
| 12. | 9 | Braeden Taylor | 10:40.46a | PR | Rockville | 12. | 11 | Elle Wilson | 13:51.53a | | Westminster | |
| 13. | 12 | William Griffin | 10:44.94a | PR | Linganore | --. | 9 | Samantha M. Polcawi... | DNS | | Col. Zadok Magruder | |
| 14. | 10 | Luke Collins | 10:53.43a | PR | Linganore | --. | 10 | Elizabeth Baker | DNS | | Damascus | |
| 15. | 12 | Lucas Werner | 11:01.01a | PR | Damascus | --. | 10 | Grace Hartlove | DNS | | Westminster | |
| --. | 12 | Victor Cretella | DNS | | Linganore | --. | 12 | Sydney Querry | DNS | | Oakdale | |
| | | | | | | --. | 11 | Averie Ahn | DNS | | Damascus | |

55m Hurdles Varsity - Finals

| | | | | | | |
|----|----|--------------------|--------|----|-------------------|---|
| 1. | 12 | Andrew Moxley | 7.80a | PR | Linganore | Q |
| 2. | 12 | Ryder Johnston | 8.02a | PR | North Hagerstown | Q |
| 3. | 10 | David Nguele Etaba | 8.21a | PR | Oakdale | Q |
| 4. | 11 | Gabriel Ohaegbu | 8.23a | PR | North Hagerstown | Q |
| 5. | 12 | Peyton Baker | 8.25a | PR | Linganore | |
| 6. | 11 | Ye-Absira Gebiba | 9.66a | PR | Rockville | |
| 7. | 11 | Kaeden Lo Forte | 10.11a | PR | Manchester Valley | |
| 8. | 10 | Charles Rollins | 10.30a | | Thomas S Wootton | |

55m Hurdles Varsity - Finals

| | | | | | | |
|----|----|---------------------|-------|----|-------------------|---|
| 1. | 11 | Madison Medley | 9.02a | PR | Watkins Mill | Q |
| 2. | 12 | Nylah Craig | 9.11a | PR | Westminster | Q |
| 3. | 12 | Autumn Ingram | 9.22a | PR | Thomas S Wootton | Q |
| 4. | 11 | Lillian Schultz | 9.24a | PR | Oakdale | Q |
| 5. | 11 | Nicole Kuria | 9.48a | | Rockville | Q |
| 6. | 10 | Sherina Jassir | 9.55a | PR | Westminster | Q |
| 7. | 11 | Elizabeth Szybalski | 9.66a | | Manchester Valley | |
| 8. | 11 | Gabriella Janss | 9.97a | | Damascus | |

55m Hurdles Varsity - Prelims

| | | | | | | |
|-----|----|------------------------|--------|----|--------------------|--|
| 1. | 12 | Andrew Moxley | 7.91a | | Linganore | |
| 2. | 12 | Ryder Johnston | 8.22a | | North Hagerstown | |
| 3. | 11 | Gabriel Ohaegbu | 8.26a | | North Hagerstown | |
| 4. | 10 | David Nguele Etaba | 8.40a | | Oakdale | |
| 5. | 12 | Peyton Baker | 8.70a | | Linganore | |
| 6. | 11 | Ye-Absira Gebiba | 9.74a | | Rockville | |
| 7. | 10 | Charles Rollins | 10.16a | PR | Thomas S Wootton | |
| 8. | 11 | Kaeden Lo Forte | 10.36a | | Manchester Valley | |
| 9. | 11 | Josh Schindler | 10.50a | | Manchester Valley | |
| 10. | 10 | Simbarashe Mushonga | 10.63a | | Westminster | |
| 11. | 10 | Michael Timmons | 10.67a | | South Hagerstown | |
| 12. | 10 | Levi Dang | 10.68a | | Oakdale | |
| 13. | 9 | Thomas Owusu | 11.13a | PR | North Hagerstown | |
| --. | 12 | Oliver Troconis Des... | FS | | James Hubert Blake | |
| --. | 10 | Jamal Nai | DNS | | Damascus | |
| --. | 10 | Quinton Dodds | DNS | | Linganore | |

55m Hurdles Varsity - Prelims

| | | | | | | |
|-----|----|---------------------|--------|----|--------------------|--|
| 1. | 11 | Madison Medley | 9.21a | | Watkins Mill | |
| 2. | 12 | Nylah Craig | 9.23a | | Westminster | |
| 3. | 12 | Autumn Ingram | 9.30a | | Thomas S Wootton | |
| 4. | 11 | Nicole Kuria | 9.40a | PR | Rockville | |
| 5. | 11 | Lillian Schultz | 9.43a | | Oakdale | |
| 6. | 11 | Elizabeth Szybalski | 9.58a | PR | Manchester Valley | |
| 7. | 10 | Sherina Jassir | 9.71a | | Westminster | |
| 8. | 11 | Gabriella Janss | 9.77a | PR | Damascus | |
| 9. | 12 | Jazmin McKellar | 9.82a | | Tuscarora | |
| 10. | 9 | Sydney Hall | 10.22a | PR | Linganore | |
| 11. | 11 | Ava Rosella | 10.29a | | Oakdale | |
| 12. | 12 | Rina Nasser | 10.48a | PR | Watkins Mill | |
| 13. | 11 | Sophie Wisniewski | 10.60a | | James Hubert Blake | |
| 14. | 9 | Morgan Booth | 10.64a | | Oakdale | |
| 15. | 12 | Ameera McGriff | 10.77a | | James Hubert Blake | |
| --. | 9 | Kaitlyn Ramos | DNS | | Linganore | |

4x200 Relay Varsity - Finals

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|----|----|--------------------|----------|----------------------|---|
| 1. | 10 | Jasiri Belote | 1:34.21a | Tuscarora - A | Q |
| | | 11 Nathan Boateng | | | |
| | | 12 Joshua Ames | | | |
| | | 12 Hriday Khadka | | | |
| 2. | 10 | Bradley Matthews | 1:34.58a | Linganore - A | Q |
| | | 12 Andrew Moxley | | | |
| | | 11 Chase Roberts | | | |
| | | 10 Quinton Dodds | | | |
| 3. | 12 | Yuanzhe Cui | 1:36.19a | Thomas S Wootton - A | Q |
| | | 12 Ahmed Elsamani | | | |
| | | 12 Sreeanish Yarra | | | |
| | | 12 Paul Gbebry | | | |
| 4. | 10 | Tristan Kelley | 1:36.71a | Damascus - A | |
| | | 10 Olutoni Obalua | | | |
| | | 10 Jordan Mackey | | | |
| | | 12 Matthew Mills | | | |

4x200 Relay Varsity - Finals

| | | | | | |
|----|----|------------------------------|----------|------------------------|---|
| 1. | 12 | Brooke Cochran | 1:46.85a | James Hubert Blake - A | Q |
| | | 9 Hunter Cochran | | | |
| | | 11 Jaayah Jenkins | | | |
| | | 12 Keren Abada | | | |
| 2. | 11 | Taionna Jackson | 1:48.32a | Tuscarora - A | Q |
| | | 12 Risakya Withana | | | |
| | | 12 Jennifer Attia | | | |
| | | 12 Celeste Rodriguez-Aguilar | | | |
| 3. | 11 | Carleen Lionel | 1:49.28a | Oxon Hill - A | Q |
| | | 10 Avah Coleman | | | |
| | | 11 Aristina Aman | | | |
| | | 12 Shemaiah Dyer-Pollock | | | |
| 4. | 12 | Anna Polk | 1:52.17a | Damascus - A | Q |
| | | 12 Elsie Habib | | | |
| | | 11 Chay Julien | | | |

| | | | | | |
|-----|--|---------------------------------|--|----------------------------------|---|
| 5. | 11 Felix Annan 11 Cahauri Alford 11 Cassius Freeman 12 Deontae Blake | 1:37.39a South Hagerstown - A | 11 Josephine Hoffacker | | |
| 6. | 12 Ethan Penny 12 Donovan Harrington 10 Zack Dunker 12 Matthew Raumann | 1:37.58a Oakdale - A | 4. 12 Ashlie Turk 10 Heather Twum 10 Ella Kreuzburg 11 Ava Rosella | 1:52.41a Oakdale - A | Q |
| 7. | 11 Aaron Ayodeji 12 Lareon Brent 9 Kyree Jones 10 Kyre Grays | 1:38.95a Oxon Hill - A | 6. 11 Nicole Kuria 10 Isabella Baillie 11 Anika Wong 11 Tabitha Newman | 1:52.74a Rockville - A | Q |
| 8. | 10 Bayron Garcia Lopez 11 Kai Cooper 12 Oliver Troconis Destro 12 Tanveer Singh | 1:39.22a James Hubert Blake - A | 7. 11 Josslyn Quansah 11 Juliana Nardini 10 Brynn Groves 11 Bailey Hall | 1:52.83a Linganore - A | Q |
| 9. | 12 Charles Armstrong 9 Brian Rios-Davis 11 Jarius Taylor 12 Vincent Le | 1:39.30a Rockville - A | 8. 10 Hailey Partridge 11 Lindsay McCrory 12 Layla Cox 9 Zoe Lettau | 1:53.41a Manchester Valley - A | |
| 10. | 11 Hunter Bareham 12 Evan Gillis 10 Xavier Howard 12 Austin Hardesty | 1:39.71a Westminster - A | 9. 12 Autumn Ingram 10 Mia Coven 12 Mariah Smith 11 Xinsu Lu | 1:53.68a Thomas S Wootton - A | |
| 11. | 11 Ezekiel Harris 12 Ethan Hayes 12 Quinlan Casey 10 Mark Badger | 1:42.24a Manchester Valley - A | 10. 11 Kailey Meadows 10 Dynasty Brackenridge 11 Seti Ouelega 11 Madison Medley | 1:54.46a Watkins Mill - A | |
| 12. | 11 Amauri Murray 11 Liam Warrick 11 Carter Cunningham 11 Gabriel Ohaegbu | 1:42.63a North Hagerstown - A | 11. 12 Norina Owusu 12 Nylah Craig 10 Sherina Jassir 10 Rachael Lee | 1:54.69a Westminster - A | |
| --. | 11 Tyrese Oxendine 9 Jan Mason 12 Robert Nicoll 11 Michael Robles | DNS Sherwood - A | 12. 10 Ajayah Alexander 12 Jessica Franklin 9 Wynter Cephus 9 Charly Shorter | 1:57.64a South Hagerstown - A | |
| --. | 12 Eric Nguessan 12 Marcus McCritty 10 Justin Tom 10 Jahlil McDonald-Black | DQ Col. Zadok Magruder - A | 13. 11 Kelly Nelson 10 Cecile Apetse 11 Sanora Floy 9 Yasmin Sheikh | 1:58.49a Sherwood - A | |
| | | | 14. 12 Cora Bien-Aime 11 Skyler C. Galley 9 Dora-Artoni E. Artoni 10 Jeanelle James | 2:01.70a Col. Zadok Magruder - A | |

4x400 Relay Varsity - Finals

| | | | |
|----|---|---------------------------------|---|
| 1. | 11 Dylan Pagendarm 11 Chase Roberts 10 Wyatt Valenzuela 12 Aiden Seraton | 3:36.44a Linganore - A | Q |
| 2. | 11 Ralph Etaba 12 Sam Skinner 11 Michael Rypka 10 Andrew Gregorio | 3:36.73a Oakdale - A | Q |
| 3. | 12 Joshua Ames 12 Justin Banks 12 Hriday Khadka 12 Brenden Lane | 3:37.05a Tuscarora - A | Q |
| 4. | 12 Torrian Coates 11 Aaron Ayodeji 9 Danny Simmons 10 Caleb Dotson | 3:37.50a Oxon Hill - A | Q |
| 5. | 12 Benick Akeh 12 Chris Abubakar 11 Kai Cooper | 3:39.15a James Hubert Blake - A | Q |

4x400 Relay Varsity - Finals

| | | | |
|----|--|----------------------------------|---|
| 1. | 12 Jennifer Attia 12 Nina Connors 10 Hailey Lane 12 Celeste Rodriguez-Aguilar | 4:10.64a Tuscarora - A | Q |
| 2. | 11 Audrey Meadows 11 Josslyn Quansah 11 Morgan Roberts 11 Haylie Keegan | 4:10.85a Linganore - A | Q |
| 3. | 9 Hunter Cochran 11 Jaayah Jenkins 11 Emilie Creighton 12 Brooke Cochran | 4:12.64a James Hubert Blake - A | Q |
| 4. | 11 Gillian Stephens 11 Mya Slade 10 Avah Coleman 11 Taylor Riley | 4:20.55a Oxon Hill - A | Q |
| 5. | 11 Skyler C. Galley 9 Ashley E. Polcawich | 4:25.12a Col. Zadok Magruder - A | |

| | | | | | | | |
|-----|------------------------|----------|-------------------------|---------------------------|----------|-----------------------|--|
| | 12 Tanveer Singh | | | 12 Cora Bien-Aime | | | |
| 6. | 11 Tyrese Oxendine | 3:40.43a | Sherwood - A | 10 Jacqueline D. Nguessan | | | |
| | 12 Theodore Haris | | | 6. 12 Charleigh Seifert | 4:25.28a | Manchester Valley - A | |
| | 12 Robert Nicoll | | | 10 Hailey Partridge | | | |
| | 9 Jan Mason | | | 11 Elizabeth Szybalski | | | |
| 7. | 12 Austin Hardesty | 3:40.99a | Westminster - A | 9 Georgia Wurzburger | | | |
| | 10 Simbarashe Mushonga | | | 7. 11 Josephine Hoffacker | 4:26.32a | Damascus - A | |
| | 12 John Manley | | | 10 Carlie Fogle | | | |
| | 12 Lukas Michael | | | 11 Jade Trowell | | | |
| 8. | 9 Brandon Dickerson | 3:46.80a | Thomas S Wootton - A | 11 Gabriella Janss | | | |
| | 11 Nathaniel Dates | | | 8. 12 Ashlie Turk | 4:26.91a | Oakdale - A | |
| | 11 Kenneth Shen | | | 11 Caroline Atwill | | | |
| | 10 Kal Yewlsew | | | 10 Addison Oldham | | | |
| 9. | 11 Jarius Taylor | 3:49.39a | Rockville - A | 11 Ava Rosella | | | |
| | 11 Ye-Absira Gebiba | | | 9. 11 Anika Wong | 4:27.01a | Rockville - A | |
| | 12 Vincent Le | | | 11 Nicole Kuria | | | |
| | 12 Charles Armstrong | | | 12 Josephine Swagart | | | |
| 10. | 12 Jonathan Howell | 3:50.28a | Damascus - A | 11 Tabitha Newman | | | |
| | 12 Matthew Mills | | | 10. 11 Tara Martindale | 4:32.62a | Westminster - A | |
| | 9 Davide Barbero | | | 9 Mia Santoni | | | |
| | 10 Jordan Mackey | | | 10 Corinne Michael | | | |
| 11. | 12 Ethan Hayes | 3:52.98a | Manchester Valley - A | 11 Emily Orton | | | |
| | 12 Quinlan Casey | | | 11. 10 Tamra Fluellen | 4:37.73a | Sherwood - A | |
| | 11 Ezekiel Harris | | | 11 Zoey Scheraga | | | |
| | - Michael Sczepucha | | | 11 Tatiana Saalakhhan | | | |
| 12. | 12 Eric Nguessan | 3:55.05a | Col. Zadok Magruder - A | 9 Yasmin Sheikh | | | |
| | 12 Ryan Magnani | | | 12. 10 Camila Pupo | 4:58.63a | Watkins Mill - A | |
| | 10 Vincent L. Do | | | 12 Emily Ramirez | | | |
| | 10 Michael Gannon | | | 10 Emily Mbenoun | | | |
| 13. | 12 Santino DiFranco | 3:55.94a | South Hagerstown - A | 12 Ami McLawyer | | | |
| | 12 David Miller | | | | | | |
| | 11 Ezekial Myers | | | | | | |
| | 12 Cordell Bowins | | | | | | |
| --. | 12 Ryder Johnston | DNS | North Hagerstown - A | | | | |
| | 12 Dishaan Patel | | | | | | |
| | 12 Odin Desir | | | | | | |
| | 11 Donovan Baldwin | | | | | | |

4x800 Relay Varsity - Finals

4x800 Relay Varsity - Finals

| | | | | | | | | |
|----|----------------------|----------|-----------------------|---|-----------------------|-----------|------------------------|---|
| 1. | 10 Andrew Gregorio | 8:24.42a | Oakdale - A | Q | 1. 11 Haylie Keegan | 10:11.37a | Linganore - A | Q |
| | 12 Malakai Meertens | | | | 9 Ella Steben | | | |
| | 12 Sam Skinner | | | | 11 Audrey Meadows | | | |
| | 11 David Tressler | | | | 11 Morgan Roberts | | | |
| 2. | 10 Wyatt Valenzuela | 8:28.75a | Linganore - A | Q | 2. 11 Rian Johnson | 10:11.56a | North Hagerstown - A | Q |
| | 11 Alex Adetolu | | | | 10 Anna Chamberlin | | | |
| | 12 Victor Cretella | | | | 11 Ella Hajel | | | |
| | 12 Aiden Seraton | | | | 9 Jayla Kaplan | | | |
| 3. | 11 Donovan Baldwin | 8:31.97a | North Hagerstown - A | Q | 3. 11 Jade Trowell | 10:46.17a | Damascus - A | Q |
| | 12 Dishaan Patel | | | | 11 Lexis Owens | | | |
| | 12 Adam Mustafa | | | | 11 Gabriella Janss | | | |
| | 12 Sullivan McGreevy | | | | 12 Jenny Schlossberg | | | |
| 4. | 12 Jace Calhoun | 8:53.61a | Manchester Valley - A | Q | 4. 11 Ella Traugott | 10:46.48a | Oakdale - A | Q |
| | 12 Quinlan Casey | | | | 12 Ashlie Turk | | | |
| | 11 Gavin Boer | | | | 9 Annalise Wells | | | |
| | - Michael Sczepucha | | | | 12 Madeleine Eng | | | |
| 5. | 12 Ayden Fritsch | 8:56.70a | Sherwood - A | | 5. 11 Morgan Michael | 10:47.75a | Westminster - A | Q |
| | 12 Theodore Haris | | | | 11 Emily Orton | | | |
| | 12 Robert Nicoll | | | | 11 Addison Pearce | | | |
| | 12 Sean Gravell | | | | 10 Maggie Tsambikos | | | |
| 6. | 11 Jordy Albarran | 9:00.86a | Oxon Hill - A | | 6. 12 Lyla Goffena | 10:48.47a | Manchester Valley - A | |
| | 11 Kaleb Samuel | | | | 12 Caroline Vogelsang | | | |
| | | | | | 9 Kaylee Szepucha | | | |
| | | | | | 9 Olivia Watts | | | |
| | | | | | 7. 10 Tamra Fluellen | 10:52.86a | Sherwood - A | |
| | | | | | 9 Kendall Herndon | | | |
| | | | | | 10 Mieraf Haile | | | |
| | | | | | 10 Madeline Quirion | | | |
| | | | | | 8. 10 Simone Carter | 11:04.61a | James Hubert Blake - A | |

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|-----|----|---------------------|----------|-------------------------|--|
| | 10 | Caleb Dotson | | | |
| | 12 | Torrian Coates | | | |
| 7. | 10 | Jacob Luce | 9:01.01a | Damascus - A | |
| | 12 | Lucas Werner | | | |
| | 9 | Micah Carbonell | | | |
| | 10 | Marcos Reyes | | | |
| 8. | 11 | Semir Kemal | 9:12.10a | James Hubert Blake - A | |
| | 9 | Dylan A. Legaspi | | | |
| | 12 | Akondi Fopenawoh | | | |
| | 12 | Tristan Messi-Hamid | | | |
| 9. | 10 | Giovanni Herrara | 9:29.69a | South Hagerstown - A | |
| | 12 | Santino DiFranco | | | |
| | 12 | Johnathan Fox | | | |
| | 12 | David Miller | | | |
| 10. | 9 | Elliot Quezada | 9:32.15a | Col. Zadok Magruder - A | |
| | 10 | Vincent L. Do | | | |
| | 12 | Ryan Magnani | | | |
| | 11 | Jack Groven | | | |
| 11. | 12 | Jacob McCabe | 9:33.40a | Tuscarora - A | |
| | 10 | William Rundell | | | |
| | 9 | Luke Page | | | |
| | 11 | Xavier Grant | | | |
| 12. | 11 | Dylan Hogue | 9:55.30a | Westminster - A | |
| | 9 | Alex Loge | | | |
| | 10 | AJ Sebian | | | |
| | 10 | Grant Stinnette | | | |
| --. | 12 | Troy Bailey | DQ | Thomas S Wootton - A | |
| | 11 | Edward Sun | | | |
| | 10 | Kal Yewlsew | | | |
| | 10 | Nathan Downie | | | |
| --. | 11 | Christian Hyppolite | DNS | Watkins Mill - A | |
| | 10 | Kevin Afful | | | |
| | 11 | Edgar Oduro Abrokwa | | | |
| | 10 | Kassey Tetteh | | | |

Shot Put Varsity - Finals

| | | | | | | |
|-----|----|---------------------|----------|----|-------------------|---|
| 1. | 11 | Grant Lohr | 57-09.00 | PR | Oakdale | Q |
| 2. | 11 | Jack Rhodes | 41-11.00 | PR | South Hagerstown | Q |
| 3. | 10 | Dayvion Martin | 40-07.00 | | South Hagerstown | Q |
| 4. | 12 | James Chen | 37-08.00 | | Thomas S Wootton | |
| 5. | 12 | Cole Cero | 36-10.00 | | Manchester Valley | |
| 6. | 10 | Aleksander Bargman | 36-09.00 | | Thomas S Wootton | |
| 7. | 11 | Gary Agnello | 36-06.00 | | Linganore | |
| 8. | 12 | Reeves Ade | 36-01.00 | | Oakdale | |
| 9. | 11 | Justice Nshangalume | 36-01.00 | | North Hagerstown | |
| 10. | 11 | Sri Malkireddy | 35-07.00 | | Oakdale | |
| 11. | 12 | Godwin Edeh | 35-07.00 | | Tuscarora | |
| 12. | 11 | Michael McAleavy | 33-05.00 | | Tuscarora | |
| 13. | 10 | Andrew Burke | 33-01.00 | | Damascus | |
| 14. | 11 | Michael Robles | 32-08.00 | | Sherwood | |
| 15. | 9 | Andre Key | 32-02.00 | | Watkins Mill | |
| --. | - | Matt Rogers | DNS | | Manchester Valley | |

High Jump Varsity - Finals

| | | | | | | |
|----|----|----------------|---------|----|------------------|---|
| 1. | 12 | Brady Densock | 5-10.00 | PR | Linganore | Q |
| 2. | 12 | Kalel Salifou | 5-10.00 | | North Hagerstown | Q |
| 3. | 12 | Sreanish Yarra | 5-10.00 | | Thomas S Wootton | Q |
| 4. | 10 | Giacomo Iorio | 5-08.00 | PR | Damascus | Q |
| 5. | 12 | Gabriel Long | 5-06.00 | | Oakdale | |

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|----|-----------------|
| 9 | Veronica Garcia |
| 10 | Sifen F. Tusse |
| 10 | Anna Gabbidon |

Shot Put Varsity - Finals

| | | | | | | |
|-----|----|--------------------|----------|----|-------------------|---|
| 1. | 12 | Emma Reaves | 41-05.00 | PR | Westminster | Q |
| 2. | 11 | Madison Medley | 30-08.00 | | Watkins Mill | Q |
| 3. | 12 | Ana Small-Simmons | 30-01.50 | | South Hagerstown | Q |
| 4. | 11 | Angela Key-Barnes | 30-00.50 | | Watkins Mill | Q |
| 5. | 12 | Cortny Lamptey | 29-10.00 | | Tuscarora | Q |
| 6. | 11 | Bethany Kleiner | 29-01.00 | PR | Manchester Valley | |
| 7. | 10 | Jordyn Shipley | 29-01.00 | PR | Linganore | |
| 8. | 11 | Layla Ridgway | 28-02.00 | PR | Westminster | |
| 9. | 12 | Alexis Rich | 27-07.00 | | Linganore | |
| 10. | 9 | Alexis Mangene | 27-01.00 | PR | Oakdale | |
| 11. | 11 | Tochi Akanu Ujah | 26-09.00 | | South Hagerstown | |
| 12. | 10 | Deborah A. Adeyemi | 25-10.00 | | Tuscarora | |
| 13. | 12 | Niara Grant | 25-09.00 | | Tuscarora | |
| 14. | 10 | Precious Young | 25-04.00 | | Damascus | |
| 15. | 10 | Kameryn Burrill | 25-01.50 | | North Hagerstown | |
| 16. | 11 | Macey Whyte | 23-11.00 | | Oakdale | |

High Jump Varsity - Finals

| | | | | | | |
|-----|----|----------------------|---------|----|--------------------|---|
| 1. | 11 | Sierra Swangin | 5-06.50 | PR | James Hubert Blake | Q |
| 2. | 11 | Juliana Nardini | 5-00.00 | | Linganore | Q |
| 3. | 10 | Anna Chamberlin | 4-10.00 | | North Hagerstown | Q |
| 4. | 11 | Bethany Kleiner | 4-10.00 | | Manchester Valley | Q |
| 5. | 11 | Taionna Jackson | 4-08.00 | PR | Tuscarora | Q |
| 6. | 11 | Biangca LeFevre | 4-08.00 | | Tuscarora | Q |
| 7. | 10 | Kennedy Scott | 4-06.00 | PR | Damascus | Q |
| 8. | 10 | Johanna Mitchell | 4-06.00 | | Oakdale | Q |
| 9. | 10 | Amanda Chung | 4-04.00 | | Linganore | |
| 10. | 9 | Sydney Hall | 4-04.00 | | Linganore | |
| 10. | 9 | Kaelyn Moody | 4-04.00 | | Manchester Valley | |
| --. | 10 | Karmen Tates | NH | | Westminster | |
| --. | 10 | Laila Faire Williams | NH | | North Hagerstown | |
| --. | 11 | Kailey Meadows | DNS | | Watkins Mill | |
| --. | 10 | Camila Pupo | DNS | | Watkins Mill | |
| --. | 12 | Annika Janss | DNS | | Damascus | |
| --. | 10 | Micaiah Ansu | DNS | | Rockville | |
| --. | 9 | Imani C. Ngala | DNS | | James Hubert Blake | |

Pole Vault Varsity - Finals

| | | | | | | |
|-----|----|-------------------|----------|----|--------------------|---|
| 1. | 11 | Lillian Schultz | 11-09.00 | PR | Oakdale | Q |
| 2. | 12 | Riley Troxell | 10-05.00 | PR | South Hagerstown | Q |
| 3. | 11 | Sara Moore | 9-05.00 | | Manchester Valley | Q |
| 4. | 10 | Carly Moyer | 8-11.00 | | Linganore | Q |
| 5. | 9 | Morgan Booth | 8-05.00 | PR | Oakdale | Q |
| 6. | 10 | Julianne Wyche | 6-06.00 | PR | James Hubert Blake | Q |
| 6. | 12 | Katherine Padilla | 6-06.00 | | Linganore | Q |
| 8. | 11 | Claire Heard | 6-06.00 | PR | North Hagerstown | Q |
| 9. | 9 | Reggan Chapin | 6-06.00 | PR | North Hagerstown | Q |
| 10. | 11 | Evelin Heine | 6-06.00 | | Linganore | Q |
| --. | 10 | Lily Easter | DNS | | Westminster | |

| | | | | |
|-----|----|-----------------|---------|-------------------|
| 5. | 9 | Andrew Brinn | 5-06.00 | Manchester Valley |
| --. | 11 | Luis Silvero | DNS | Tuscarora |
| --. | 11 | Liam Warrick | NH | North Hagerstown |
| --. | 11 | Kovidh Shrestha | NH | Westminster |
| --. | 12 | Muhamed Jallow | NH | Tuscarora |
| --. | 10 | Olutoni Obalua | NH | Damascus |
| --. | 10 | Mark Badger | NH | Manchester Valley |
| --. | 10 | Josiah Lewis | NH | Watkins Mill |
| --. | 11 | Charles Ababio | DNS | Watkins Mill |
| --. | 11 | Rakai Wilson | DNS | Damascus |

Pole Vault Varsity - Finals

| | | | | | |
|-----|----|-------------------|-------------|-------------------|---|
| 1. | 12 | Lukas Michael | 13-06.00 PR | Westminster | Q |
| 2. | 10 | Jonas Sparks | 13-00.00 | Oakdale | Q |
| 3. | 12 | Joseph Rumbaugh | 10-06.00 | Manchester Valley | Q |
| 4. | 11 | Riley Harich | 10-06.00 SR | Oakdale | Q |
| 5. | 11 | Mauricio Encalada | 10-00.00 | Oakdale | Q |
| 6. | 10 | Dalin Thomas | 9-01.00 PR | Westminster | Q |
| 7. | 12 | Aedan Gannon | 9-01.00 PR | Manchester Valley | Q |
| 8. | 12 | Graham Snyder | 8-01.00 PR | North Hagerstown | |
| --. | 9 | Elias House | NH | North Hagerstown | |
| --. | 11 | Ian Lin | NH | Manchester Valley | |
| --. | 11 | Emory Best | DNS | Linganore | |

MPSSAA 3A West Region Championships HS

OFFICIAL  Sat, Feb 10, 2024  Prince George's Sports & Learning Complex - Indoor Track, MD US

Womens Varsity

| | |
|-------------------------|------|
| 1. Tuscarora | 78 |
| 2. James Hubert Blake | 71.5 |
| 3. Linganore | 49.5 |
| 4. Oakdale | 44 |
| 5. Manchester Valley | 39 |
| 5. Oxon Hill | 39 |
| 7. Thomas S Wootton | 38 |
| 8. North Hagerstown | 27 |
| 9. Westminster | 26 |
| 10. Watkins Mill | 23 |
| 11. Damascus | 19 |
| 12. South Hagerstown | 17 |
| 12. Rockville | 17 |
| 14. Col. Zadok Magru... | 14 |
| 15. Sherwood | 5 |

Mens Varsity

| | |
|-------------------------|------|
| 1. Oakdale | 96.5 |
| 2. Linganore | 64 |
| 3. Manchester Valley | 49.5 |
| 4. North Hagerstown | 48 |
| 5. Thomas S Wootton | 47 |
| 6. Tuscarora | 46 |
| 7. James Hubert Blake | 39 |
| 8. Sherwood | 26 |
| 9. South Hagerstown | 18 |
| 10. Oxon Hill | 17 |
| 10. Damascus | 17 |
| 12. Westminster | 15 |
| 13. Watkins Mill | 14 |
| 14. Rockville | 5 |
| 15. Col. Zadok Magru... | 2 |