

MPSSAA 3A West Region Championships

Lake Needwood, Rock Creek Regional Park | Thu, Oct 30, 2025

Results

Boys 5,000 meters Varsity

Team Scores

PI	Team	Score	Scoring Order							Total	Avg	Spread
1	Sherwood	60	1	8	10	16	25	(37)	(41)	1:25:43.1	17:08.7	1:53.6
2	Northwood	61	2	5	7	17	30	(39)	(47)	1:25:18.7	17:03.8	1:52.9
3	Thomas S Wootton	78	3	6	11	27	31	(42)	(71)	1:26:37.3	17:19.5	1:49.2
4	Oakdale	86	4	12	19	22	29	(35)	(44)	1:27:45.8	17:33.2	1:35.5
5	Rockville	139	14	21	26	33	45	(49)	(52)	1:30:25.6	18:05.2	1:15.1
6	Damascus	141	13	23	24	38	43	(50)	(61)	1:30:55.8	18:11.2	1:14.9
7	North Hagerstown	178	9	20	28	54	67	(75)	(76)	1:32:36.9	18:31.4	3:24.7
8	Linganore	185	15	18	48	51	53	(59)	(63)	1:33:15.6	18:39.2	1:55.5
9	Col. Zadok Magruder	229	34	36	46	56	57	(65)	(69)	1:35:44.4	19:08.9	1:37.2
10	Tuscarora	291	32	55	64	68	72	(77)	(78)	1:39:17.6	19:51.6	2:26.2
11	Frederick	316	58	60	62	66	70	(73)	(74)	1:41:00.1	20:12.1	34.3
12	Watkins Mill	362	40	79	80	81	82	(83)		2:00:11.2	24:02.3	9:03.2

Individual Results

PI	Pts	Name	Yr Team	Time	Gap	Av Mile	Av Km
1	1	#189 Rementelas, Dimitrios	10 SHERWOOD	16:07.2	--	5:11.4	3:13.5
2	2	#124 Nichols, Henry	12 NORTHWOOD	16:18.2	11.0	5:14.9	3:15.7
3	3	#208 Downie, Nathan	12 THOMAS S WOOTTON	16:23.4	16.2	5:16.6	3:16.7
4	4	#142 Salter, Patrick	11 OAKDALE	16:33.3	26.1	5:19.8	3:18.7
5	5	#120 Fisher, Ian	10 NORTHWOOD	16:33.8	26.6	5:19.9	3:18.8
6	6	#209 Gabrielle, Luke	12 THOMAS S WOOTTON	16:34.9	27.7	5:20.3	3:19.0
7	7	#119 Eshetu, Bereket	10 NORTHWOOD	16:38.0	30.8	5:21.3	3:19.7
8	8	#191 Smith, Avery	10 SHERWOOD	16:52.7	45.5	5:26.0	3:22.6
9	9	#94 Call, Landon	12 NORTH HAGERSTOWN	16:54.9	47.7	5:26.7	3:23.0
10	10	#190 Rementelas, Ioannis	10 SHERWOOD	17:05.1	57.9	5:30.0	3:25.1
11	11	#210 Kneisler, Brandon	10 THOMAS S WOOTTON	17:21.2	1:14.0	5:35.2	3:28.3
12	12	#139 Gregorio, Andrew	12 OAKDALE	17:31.0	1:23.8	5:38.3	3:30.2
13	13	#23 Carbonell, Cruz	9 DAMASCUS	17:33.1	1:25.9	5:39.0	3:30.7
14	14	#167 Taylor, Braeden R	11 ROCKVILLE	17:34.7	1:27.5	5:39.5	3:31.0
15	15	#76 Harris, Kayden	11 LINGANORE	17:37.0	1:29.8	5:40.3	3:31.4
16	16	#193 Zirkelbach, Alex	10 SHERWOOD	17:37.3	1:30.1	5:40.4	3:31.5
17	17	#122 Held, Ari	11 NORTHWOOD	17:37.6	1:30.4	5:40.5	3:31.6
18	18	#71 Collins, Luke	12 LINGANORE	17:38.3	1:31.1	5:40.7	3:31.7
19	19	#134 Boyapati, Sai Vedas	12 OAKDALE	17:38.7	1:31.5	5:40.8	3:31.8
20	20	#104 Wilt, Carson	12 NORTH HAGERSTOWN	17:40.8	1:33.6	5:41.5	3:32.2
21	21	#166 Servis, Luca	12 ROCKVILLE	17:44.0	1:36.8	5:42.5	3:32.8
22	22	#143 Thompson, Brogan	10 OAKDALE	17:54.0	1:46.8	5:45.7	3:34.8
23	23	#32 Reyes, Marcos	12 DAMASCUS	17:58.9	1:51.8	5:47.3	3:35.8
24	24	#31 Luce, Jacob	12 DAMASCUS	17:59.5	1:52.3	5:47.5	3:35.9
25	25	#182 Charmatz, Caleb	11 SHERWOOD	18:00.8	1:53.6	5:47.9	3:36.2
26	26	#158 Azure, Deric	10 ROCKVILLE	18:02.3	1:55.1	5:48.4	3:36.5
27	27	#214 Yewlsey, Kal	12 THOMAS S WOOTTON	18:05.1	1:57.9	5:49.3	3:37.1
28	28	#93 Anderson, Allen	12 NORTH HAGERSTOWN	18:07.8	2:00.6	5:50.2	3:37.6
29	29	#136 Collins, Merrick	11 OAKDALE	18:08.8	2:01.6	5:50.5	3:37.8
30	30	#123 Melgosa, Ian	11 NORTHWOOD	18:11.1	2:03.9	5:51.2	3:38.3
31	31	#207 Dickerson, Brandon	11 THOMAS S WOOTTON	18:12.6	2:05.4	5:51.7	3:38.6
32	32	#226 Adekanmbi, Zayden	9 TUSCARORA	18:14.1	2:06.9	5:52.2	3:38.9
33	33	#162 Johnson, Marcus S	12 ROCKVILLE	18:14.8	2:07.6	5:52.4	3:39.0
34	34	#10 Healy, Liam P.	11 COL. ZADOK MAGRUDER	18:19.8	2:12.6	5:54.0	3:40.0
35	(35)	#135 Chikkem, Nitish	10 OAKDALE	18:26.8	2:19.6	5:56.3	3:41.4
36	36	#9 Given, Benjamin P.	10 COL. ZADOK MAGRUDER	18:28.8	2:21.6	5:56.9	3:41.8
37	(37)	#184 Goode, Treyson	11 SHERWOOD	18:33.9	2:26.8	5:58.6	3:42.8
38	38	#24 Carbonell, Micah	11 DAMASCUS	18:36.4	2:29.3	5:59.4	3:43.3
39	(39)	#116 Alingi, Salomon	12 NORTHWOOD	18:37.4	2:30.3	5:59.7	3:43.5

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Individual Results (con't)

Pl	Pts	Name	Yr Team	Time	Gap	Av Mile	Av Km
40	40	#250 Hittinger, James "JP"	9 WATKINS MILL	18:39.3	2:32.1	6:00.3	3:43.9
41	(41)	#187 Nigussie, Yonathan	10 SHERWOOD	18:40.8	2:33.6	6:00.8	3:44.2
42	(42)	#206 Berman, Owen	12 THOMAS S WOOTTON	18:46.0	2:38.8	6:02.5	3:45.2
43	43	#28 Gamino, Matthew	12 DAMASCUS	18:47.9	2:40.8	6:03.1	3:45.6
44	(44)	#144 Todd, Jayce	12 OAKDALE	18:48.6	2:41.4	6:03.3	3:45.8
45	45	#159 Cooke, Dorian	12 ROCKVILLE	18:49.8	2:42.6	6:03.7	3:46.0
46	46	#12 Site, Natan H.	12 COL. ZADOK MAGRUDER	19:02.1	2:54.9	6:07.7	3:48.5
47	(47)	#126 Taylor, Johnathan	12 NORTHWOOD	19:02.7	2:55.5	6:07.8	3:48.6
48	48	#78 Padilla, Ethan	11 LINGANORE	19:04.7	2:57.5	6:08.5	3:49.0
49	(49)	#168 Wong, Cameron	12 ROCKVILLE	19:07.6	3:00.4	6:09.4	3:49.6
50	(50)	#26 Delaney, Keegan	12 DAMASCUS	19:08.9	3:01.8	6:09.8	3:49.8
51	51	#72 Conlon, Thomas	9 LINGANORE	19:23.1	3:15.9	6:14.4	3:52.7
52	(52)	#169 Young, Luke	11 ROCKVILLE	19:26.3	3:19.1	6:15.4	3:53.3
53	53	#80 Vogel, Kaden	11 LINGANORE	19:32.5	3:25.3	6:17.4	3:54.5
54	54	#97 Kocher, Nolan	11 NORTH HAGERSTOWN	19:33.8	3:26.6	6:17.9	3:54.8
55	55	#230 Kim, Jeremy	11 TUSCARORA	19:37.6	3:30.4	6:19.1	3:55.6
56	56	#4 Bencosme, Anselmo A.	12 COL. ZADOK MAGRUDER	19:56.8	3:49.6	6:25.3	3:59.4
57	57	#1 Ahsan, Subhaan M.	12 COL. ZADOK MAGRUDER	19:56.9	3:49.8	6:25.3	3:59.4
58	58	#52 Moss, Roan	9 FREDERICK	19:57.8	3:50.6	6:25.6	3:59.6
59	(59)	#77 Lambert, William	11 LINGANORE	20:00.8	3:53.6	6:26.6	4:00.2
60	60	#54 Simmons, Russell	10 FREDERICK	20:04.7	3:57.5	6:27.8	4:01.0
61	(61)	#22 Ahn, Aidan	12 DAMASCUS	20:05.5	3:58.3	6:28.1	4:01.1
62	62	#53 Parada, Daniel	12 FREDERICK	20:06.0	3:58.8	6:28.2	4:01.2
63	(63)	#74 Cretella, Anthony	11 LINGANORE	20:07.6	4:00.4	6:28.7	4:01.6
64	64	#232 Moody, Carson	10 TUSCARORA	20:15.1	4:07.9	6:31.2	4:03.1
65	(65)	#5 Blanton, Sebastian H.	9 COL. ZADOK MAGRUDER	20:17.2	4:10.0	6:31.8	4:03.5
66	66	#55 Tackie, Nathan	9 FREDERICK	20:19.5	4:12.3	6:32.6	4:03.9
67	67	#100 Moore, Lucas	11 NORTH HAGERSTOWN	20:19.6	4:12.4	6:32.6	4:04.0
68	68	#233 Page, Luke	11 TUSCARORA	20:30.6	4:23.4	6:36.1	4:06.2
69	(69)	#7 Eisenhour, Benjamin M.	12 COL. ZADOK MAGRUDER	20:31.6	4:24.4	6:36.5	4:06.4
70	70	#56 Wiley, Uriah	9 FREDERICK	20:32.1	4:24.9	6:36.6	4:06.5
71	(71)	#204 Allen, Samuel	11 THOMAS S WOOTTON	20:38.5	4:31.3	6:38.7	4:07.7
72	72	#234 Plank, Rylan	11 TUSCARORA	20:40.2	4:33.0	6:39.2	4:08.1
73	(73)	#51 McWilliams, Jonah	12 FREDERICK	20:45.5	4:38.3	6:40.9	4:09.1
74	(74)	#45 Arevalo, Andrew	11 FREDERICK	21:03.3	4:56.1	6:46.7	4:12.7
75	(75)	#99 Moore, Elliott	9 NORTH HAGERSTOWN	21:12.5	5:05.3	6:49.6	4:14.5
76	(76)	#101 Morrison, Jacob	10 NORTH HAGERSTOWN	21:33.6	5:26.4	6:56.4	4:18.8
77	(77)	#227 Alfaro, Benjamin	12 TUSCARORA	22:22.5	6:15.3	7:12.2	4:28.5
78	(78)	#231 Lian, Jonathan	10 TUSCARORA	22:25.1	6:17.9	7:13.0	4:29.1
79	79	#251 Mejule, Ethan	11 WATKINS MILL	23:49.6	7:42.4	7:40.2	4:46.0
80	80	#249 English, Adam	9 WATKINS MILL	24:38.3	8:31.1	7:55.9	4:55.7
81	81	#253 Ng, Issac	11 WATKINS MILL	25:21.5	9:14.3	8:09.8	5:04.3
82	82	#255 Ramesh Babu, Ritvik	9 WATKINS MILL	27:42.5	11:35.3	8:55.2	5:32.5
83	(83)	#257 Shaw, Beau	9 WATKINS MILL	27:45.6	11:38.4	8:56.2	5:33.2

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Results

Girls 5,000 meters Varsity

Team Scores

PI	Team	Score	Scoring Order							Total	Avg	Spread
1	Thomas S Wootton	79	1	12	19	20	27	(33)	(45)	1:45:24.3	21:04.9	3:28.9
2	Frederick	91	9	16	18	23	25	(37)	(40)	1:47:33.7	21:30.8	1:46.3
3	North Hagerstown	100	3	5	8	38	46	(49)	(55)	1:46:44.2	21:20.9	4:19.1
4	Oakdale	121	15	21	22	31	32	(35)	(36)	1:50:13.7	22:02.8	1:29.0
5	Tuscarora	142	4	7	24	47	60	(61)	(63)	1:50:44.6	22:09.0	4:56.0
6	Rockville	147	13	14	28	42	50	(54)	(57)	1:52:09.6	22:26.0	3:07.3
7	Linganore	174	6	17	34	52	65	(67)	(68)	1:54:34.7	22:55.0	6:02.0
8	Sherwood	183	2	29	48	51	53	(62)	(69)	1:54:17.9	22:51.6	5:05.8
9	Col. Zadok Magruder	190	10	11	39	59	71	(72)	(74)	1:56:15.1	23:15.1	6:27.9
10	Damascus	198	26	30	41	43	58	(64)	(70)	1:56:22.2	23:16.5	2:16.2
11	Northwood	314	44	56	66	73	75			2:20:33.7	28:06.8	14:25.6

Individual Results

PI	Pts	Name	Yr	Team	Time	Gap	Av Mile	Av Km
1	1	#220 Finnegan, Eleanor	9	THOMAS S WOOTTON	18:55.6	--	6:05.6	3:47.2
2	2	#202 Quirion, Madeline	12	SHERWOOD	19:16.7	21.2	6:12.4	3:51.4
3	3	#111 Philp, Mackenzie	9	NORTH HAGERSTOWN	19:29.4	33.9	6:16.4	3:53.9
4	4	#244 Lane, Hailey	12	TUSCARORA	19:43.6	48.0	6:21.0	3:56.8
5	5	#110 Philp, Caroline	9	NORTH HAGERSTOWN	19:51.6	56.0	6:23.6	3:58.4
6	6	#92 Whiteman, Samantha	11	LINGANORE	20:05.5	1:10.0	6:28.1	4:01.1
7	7	#241 Foster, Siena	10	TUSCARORA	20:13.3	1:17.8	6:30.6	4:02.7
8	8	#112 Ramanan, Anna	10	NORTH HAGERSTOWN	20:22.4	1:26.9	6:33.5	4:04.5
9	9	#61 Hassen Friess, Yasmeena	12	FREDERICK	20:30.8	1:35.3	6:36.2	4:06.2
10	10	#20 Polcawich, Samantha M.	11	COL. ZADOK MAGRUDER	20:35.1	1:39.5	6:37.6	4:07.1
11	11	#19 Polcawich, Ashley E.	11	COL. ZADOK MAGRUDER	20:47.9	1:52.4	6:41.7	4:09.6
12	12	#219 Dickerson, Olivia	9	THOMAS S WOOTTON	20:52.9	1:57.4	6:43.3	4:10.6
13	13	#171 Arturo, Ariana M	12	ROCKVILLE	21:00.5	2:05.0	6:45.8	4:12.1
14	14	#174 Henry, Paige	12	ROCKVILLE	21:03.2	2:07.7	6:46.6	4:12.7
15	15	#152 Mitchell, Johanna	12	OAKDALE	21:15.2	2:19.7	6:50.5	4:15.1
16	16	#60 Gregory, Olivia	12	FREDERICK	21:17.2	2:21.7	6:51.1	4:15.5
17	17	#91 Watkins, Elizabeth	11	LINGANORE	21:20.1	2:24.5	6:52.1	4:16.1
18	18	#58 Arrington, Danica	12	FREDERICK	21:33.9	2:38.4	6:56.5	4:18.8
19	19	#216 Braniff, Morgan	9	THOMAS S WOOTTON	21:34.9	2:39.4	6:56.8	4:19.0
20	20	#215 Bates, Amriel	11	THOMAS S WOOTTON	21:36.5	2:41.0	6:57.4	4:19.3
21	21	#157 Wells, Lizzie	12	OAKDALE	21:45.4	2:49.9	7:00.2	4:21.1
22	22	#156 Wells, Annalise	11	OAKDALE	21:45.5	2:50.0	7:00.2	4:21.1
23	23	#63 Milsovic, Samantha	12	FREDERICK	21:54.8	2:59.3	7:03.2	4:23.0
24	24	#238 Bowman, Sydney	9	TUSCARORA	22:11.7	3:16.2	7:08.7	4:26.4
25	25	#68 Soto, Ysebel	12	FREDERICK	22:17.0	3:21.5	7:10.4	4:27.5
26	26	#34 Allen, Dylan	9	DAMASCUS	22:20.6	3:25.0	7:11.5	4:28.2
27	27	#224 Peterson, Kalina	11	THOMAS S WOOTTON	22:24.4	3:28.9	7:12.8	4:28.9
28	28	#173 Deadrick, Isabella A	11	ROCKVILLE	22:26.3	3:30.8	7:13.4	4:29.3
29	29	#197 Dhingra, Katherine	9	SHERWOOD	22:26.9	3:31.4	7:13.6	4:29.4
30	30	#39 Gray, Kylie	10	DAMASCUS	22:28.9	3:33.4	7:14.2	4:29.8
31	31	#149 Fulchiron, Simone	10	OAKDALE	22:43.4	3:47.9	7:18.9	4:32.7
32	32	#153 Powers, Josie	11	OAKDALE	22:44.2	3:48.7	7:19.1	4:32.9
33	(33)	#223 Mahata, Simrik	12	THOMAS S WOOTTON	22:44.5	3:49.0	7:19.2	4:33.0
34	34	#87 Moroney, Keelin	10	LINGANORE	22:44.8	3:49.3	7:19.3	4:33.0
35	(35)	#151 King, Kara	11	OAKDALE	23:01.9	4:06.4	7:24.8	4:36.4
36	(36)	#154 Querry, Shelby	12	OAKDALE	23:03.5	4:08.0	7:25.4	4:36.7
37	(37)	#67 Romano, Antje	12	FREDERICK	23:08.4	4:12.9	7:26.9	4:37.7
38	38	#106 Chamberlin, Anna	12	NORTH HAGERSTOWN	23:12.3	4:16.8	7:28.2	4:38.5
39	39	#15 Harwell, Grace M.	10	COL. ZADOK MAGRUDER	23:12.5	4:17.0	7:28.3	4:38.5
40	(40)	#65 Park, Olivia	12	FREDERICK	23:17.4	4:21.9	7:29.8	4:39.5

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Pl	Pts		Name	Yr Team	Time	Gap	Av Mile	Av Km
41	41	#41	Klein, Carolina	10 DAMASCUS	23:22.4	4:26.9	7:31.4	4:40.5
42	42	#181	Wong, Caroline	9 ROCKVILLE	23:31.8	4:36.3	7:34.5	4:42.4
43	43	#42	Mulagura, Suchira	11 DAMASCUS	23:33.6	4:38.0	7:35.0	4:42.8
44	44	#128	Amaya, Ariana	12 NORTHWOOD	23:34.6	4:39.0	7:35.4	4:43.0
45	(45)	#221	Hwang, Rebecca	12 THOMAS S WOOTTON	23:46.6	4:51.0	7:39.2	4:45.4
46	46	#113	Robinson, Emma	10 NORTH HAGERSTOWN	23:48.5	4:53.0	7:39.8	4:45.7
47	47	#239	Cook, Ella	10 TUSCARORA	23:56.5	5:01.0	7:42.4	4:47.3
48	48	#194	Carmona-Jurado, Alex	12 SHERWOOD	24:02.5	5:07.0	7:44.3	4:48.5
49	(49)	#108	Myers, Anabelle	11 NORTH HAGERSTOWN	24:06.7	5:11.2	7:45.7	4:49.4
50	50	#179	Ruzmetov, Allison	9 ROCKVILLE	24:07.8	5:12.3	7:46.1	4:49.6
51	51	#196	Darrington, Aubryn	10 SHERWOOD	24:09.3	5:13.8	7:46.5	4:49.9
52	52	#88	Reynolds, Brooke	11 LINGANORE	24:16.9	5:21.4	7:49.0	4:51.4
53	53	#201	Oberst, Rylee	10 SHERWOOD	24:22.4	5:26.9	7:50.8	4:52.5
54	(54)	#180	Sanchez-Elosh, Zia	12 ROCKVILLE	24:27.8	5:32.3	7:52.5	4:53.6
55	(55)	#107	Hajel, Charlee	9 NORTH HAGERSTOWN	24:29.5	5:34.0	7:53.0	4:54.0
56	56	#133	Wolfe, Charlotte	9 NORTHWOOD	24:30.2	5:34.7	7:53.3	4:54.1
57	(57)	#177	Molnar, Genevieve G	12 ROCKVILLE	24:32.6	5:37.0	7:54.0	4:54.6
58	58	#44	Sessions, Calianna	10 DAMASCUS	24:36.7	5:41.2	7:55.4	4:55.4
59	59	#14	Diahilieva, Dasha	10 COL. ZADOK MAGRUDER	24:36.7	5:41.2	7:55.4	4:55.4
60	60	#245	Pyle, Chelsea	11 TUSCARORA	24:39.5	5:44.0	7:56.3	4:56.0
61	(61)	#240	Fernando, Shehanie	11 TUSCARORA	24:39.5	5:44.0	7:56.3	4:56.0
62	(62)	#199	Johnson, Brooke	12 SHERWOOD	24:47.1	5:51.5	7:58.7	4:57.5
63	(63)	#237	Adams, Janet	10 TUSCARORA	24:50.1	5:54.5	7:59.7	4:58.1
64	(64)	#35	Ayala, Gabriella	10 DAMASCUS	25:47.1	6:51.5	8:18.0	5:09.5
65	65	#86	Jurao, Lourdes	11 LINGANORE	26:07.4	7:11.9	8:24.5	5:13.5
66	66	#130	Cary, Emily	11 NORTHWOOD	26:14.9	7:19.4	8:27.0	5:15.0
67	(67)	#85	Hendl, Audrey	10 LINGANORE	26:19.1	7:23.5	8:28.3	5:15.9
68	--	#258	English, Laranjani A.J	10 WATKINS MILL	26:33.9	7:38.4	8:33.1	5:18.8
69	(68)	#81	Best, Alexandra	9 LINGANORE	26:49.7	7:54.2	8:38.2	5:22.0
70	(69)	#200	Mascari, Erin	11 SHERWOOD	26:57.7	8:02.2	8:40.7	5:23.6
71	(70)	#36	Cotella, Eva	12 DAMASCUS	27:02.2	8:06.7	8:42.2	5:24.5
72	71	#21	Zheng, Giselle	10 COL. ZADOK MAGRUDER	27:02.9	8:07.4	8:42.4	5:24.6
73	--	#259	Mendez, Lindsey	11 WATKINS MILL	27:08.9	8:13.4	8:44.3	5:25.8
74	(72)	#17	Mitchell, McKenzie A.	9 COL. ZADOK MAGRUDER	27:45.4	8:49.9	8:56.1	5:33.1
75	73	#132	McGrath, Penny	9 NORTHWOOD	28:13.8	9:18.2	9:05.2	5:38.8
76	(74)	#13	Aguilar, Katherine F.	9 COL. ZADOK MAGRUDER	29:13.2	10:17.7	9:24.4	5:50.7
77	--	#261	Santoyo, Stephany	12 WATKINS MILL	29:16.1	10:20.5	9:25.3	5:51.3
78	75	#129	Bogale, Saron	12 NORTHWOOD	38:00.2	19:04.6	12:14.0	7:36.1