

## MPSSAA 3A East Section 1 Championships

#### Mens Results

#### 100 Meters Varsity - Finals

1.	12 Nazeer England	11.62a	Wilde Lake
2.	11 Enosh Minney	11.80a	Wilde Lake
3.	10 Preston Henry	11.92a	Mount Hebron
4.	11 Kameron Wilson	12.20a	Mount Hebron
5.	10 Alan Zhao	12.36a	Marriotts Ridge
6.	9 CJ Oladameji-Stevens	12.44a	Westminster
7.	9 Drew Feliciano	12.51a	Manchester Valley
8.	10 Ben Pitta	12.62a	Manchester Valley
9.	9 Joel Kim	12.73a	Marriotts Ridge
10.	9 John Manley	12.84a	Westminster

#### 200 Meters Varsity - Finals

1. 12 Justin Evans	23.12a	Mount Hebron
2. 12 Nazeer England	23.42a	Wilde Lake
3. 10 Aaron Abedin	23.51a PR	Mount Hebron
4. 11 Marcel Montgomery	23.56a PR	Manchester Valley
5. 12 Erik Valdesuso	24.51a	Marriotts Ridge
6. 11 Sean Barnes	24.60a	Wilde Lake
7. 10 Alan Zhao	25.05a	Marriotts Ridge
8. 9 CJ Oladameji-Stevens	25.76a	Westminster
9. 10 Ben Pitta	26.23a	Manchester Valley
10. 11 Victor Leke	40.59a	Westminster

#### 400 Meters Varsity - Finals

1. 10 Carter Knox	49.78a PR	Manchester Valley
2. 11 Marcel Montgomery	50.16a PR	Manchester Valley
3. 12 Justin Evans	<b>51.04a</b> SR	Mount Hebron
4. 10 Preston Henry	53.76a	Mount Hebron
5. 9 Aiden Guyton	56.94a PR	Wilde Lake
6. 11 Justin Condon	57.90a	Westminster
9 Cristian Martinez-	DNS	Wilde Lake
Blanco		
10 Josh Caperon	DNS	Westminster
9 Evan Tian	DNS	Marriotts Ridge
12 Grayson Max Crockett	DNS	Marriotts Ridge

#### 800 Meters Varsity - Finals

1. 11 Aiden Neal	1:54.44a	Manchester Valley
2. 12 William Jones	1:55.59a PR	Mount Hebron
3. 12 Fernando Ribeiro	1:57.57a	Centennial
Duraes		
4. 10 Carter Knox	1:58.45a	Manchester Valley
5. 10 Sebastian Martinez	2:01.55a PR	Centennial
6. 11 Braedon Moyer	2:04.53a PR	Mount Hebron

#### Womens Results

#### 100 Meters Varsity - Finals

1. 12	Garcelle Pierre	12.92a	Mount Hebron
2. 9	Camryn Jones-Howard	13.53a	Wilde Lake
3. 10	Hannah Kepler	13.81a	Westminster
3. 10	Jadyn Hughes	13.81a	Mount Hebron
5. 12	Ambrie Kagel	14.13a PR	Marriotts Ridge
6.10	Norina Owusu	14.19a PR	Westminster
7. 11	Kyla Joseph	14.22a	Wilde Lake
8. 9	Molly Smith	15.91a PR	Manchester Valley
10	Rhisen Davis	DNS	Marriotts Ridge

#### 200 Meters Varsity - Finals

1. 9 Sameena Mathew	25.72a	Mount Hebron
2. 12 Garcelle Pierre	26.22a	Mount Hebron
3. 9 Camryn Jones-Howard	27.99a	Wilde Lake
4. 9 Brielle Lewis	28.73a	Wilde Lake
5. 10 Hannah Kepler	28.81a	Westminster
6. 10 Katie Boyle	29.11a PR	Marriotts Ridge
7. 11 Megan Fique	29.29a	Westminster
8. 9 Charleigh Seifert	30.94a PR	Manchester Valley
9. 9 Lyla Goffena	31.63a PR	Manchester Valley
10 Rhisen Davis	DNS	Marriotts Ridge

#### 400 Meters Varsity - Finals

1. 9 Sameena Mathew	<b>56.61a</b> PR	Mount Hebron
2. 10 Katie Boyle	1:02.73a PR	Marriotts Ridge
3. 10 Sydney Burke	1:04.01a	Centennial
4. 11 Alexandra Carrico	1:04.19a	Mount Hebron
<ol><li>9 Olivia Skozilas</li></ol>	1:10.03a PR	Westminster
9 Hana Larkins	DNS	Marriotts Ridge

#### 800 Meters Varsity - Finals

1. 11 Amaya Cunningham	2:31.50a	Centennial
2. 11 Taylor Shank	2:32.20a PR	Manchester Valley
3. 11 Madelyn Mielke	2:34.83a PR	Centennial
4. 10 Jillian Hawkins	2:40.00a	Westminster
5. 9 Anna Hendrickson	2:41.84a	Marriotts Ridge
6. 9 Julia Wade	2:42.89a PR	Marriotts Ridge
7. 10 Andi Mackey	2:45.93a	Mount Hebron
8. 9 Audrey Houle	2:56.16a	Westminster
9 Eva Dimitrova	DNS	Wilde Lake
9 Caroline McCaffrey	DNS	Mount Hebron
10 Olivia Morse	DNS	Wilde Lake

7. 12 Angelo Flores	2:05.56a PR	Wilde Lake
8. 9 Noah Vernon	2:14.69a	Wilde Lake
9. 11 James Gogol	2:27.03a	Westminster
10. 9 Colin Stohrer	2:29.07a	Westminster

#### 1600 Meters Varsity - Finals

1. 11 Aiden Neal	4:15.64a	Manchester Valley
2. 12 William Jones	4:21.19a	Mount Hebron
3. 12 Fernando Ribeiro	o 4:37.91a	Centennial
Duraes		
4. 11 Braedon Moyer	4:39.97a	Mount Hebron
5. 12 Angelo Flores	4:43.98a	Wilde Lake
6. 11 Luke LasCasas	4:46.39a	Centennial
7. 11 Patrick Ziegenfu	ss 5:04.36a	Manchester Valley
8. 9 Noah Vernon	5:10.04a	Wilde Lake

#### 3200 Meters Varsity - Finals

10:03.51a	Centennial
10:08.45a	Mount Hebron
10:16.23a	Mount Hebron
10:26.45a PR	Centennial
10:28.18a	Wilde Lake
10:41.20a PR	Westminster
10:51.58a PR	Manchester Valley
11:41.71a	Marriotts Ridge
12:05.69a PR	Wilde Lake
DNS	Manchester Valley
	10:08.45a 10:16.23a 10:26.45a PR 10:28.18a 10:41.20a PR 10:51.58a PR 11:41.71a 12:05.69a PR

#### 110m Hurdles - 39" Varsity - Finals

1. 10 Cameron Rucker	16.66a	Westminster
2. 12 Jason Taylor	18.31a	Mount Hebron
3. 10 Edwin Alfaro	19.56a	Westminster
4. 10 Toby Adesanya	21.16a	Mount Hebron
9 Louis (Trey)	FS	Marriotts Ridge
Montgomery		
11 Conlan Pierre	DNS	Wilde Lake

### 300m Hurdles - 36" Varsity - Finals

1. 12 Jason Taylor	43.72a	Mount Hebron
2. 10 Edwin Alfaro	44.02a	Westminster
3. 10 Cameron Rucker	46.10a	Westminster
4. 10 Toby Adesanya	47.94a PR	Mount Hebron
5. 9 David Peters	48.22a PR	Wilde Lake
6. 9 Kai Chwang	49.03a PR	Manchester Valley
11 Conlan Pierre	DNS	Wilde Lake

#### 4x100 Relay Varsity - Finals

 Enosh Minney 45.60a Wilde Lake Sean Barnes Tele Abe Nazeer England

#### 1600 Meters Varsity - Finals

1. 11 Rubie Goffena	5:22.44a	Manchester Valley
2. 11 Taylor Shank	5:34.30a	Manchester Valley
3. 10 Samantha Perry	5:56.66a	Marriotts Ridge
4. 9 Sarah Hill	5:58.20a	Marriotts Ridge
5. 11 Sara Jurkovic	5:59.60a	Centennial
6. 11 Kyra Martindale	6:08.19a	Westminster
7. 9 Eva Dimitrova	6:16.76a	Wilde Lake
8. 11 Maddie Arbaugh	6:19.44a	Westminster
9. 10 Susan Kuhn	6:33.04a	Centennial
10. 10 Shreya Khurana	6:38.09a	Mount Hebron
11. 9 Gauri Nair	6:38.70a	Mount Hebron
11 Erin Hopper	DNS	Wilde Lake

#### 3200 Meters Varsity - Finals

<ol> <li>1. 11 Rubie Goffena</li> <li>2. 11 Amaya Cunningham</li> </ol>	11:57.84a 12:23.48a	Manchester Valley Centennial
3. 11 Madelyn Mielke	12:24.15a	Centennial
4. 11 Rachel Roberts	12:31.18a PR	Marriotts Ridge
5. 9 Caroline McCaffrey	13:01.68a	Mount Hebron
6. 9 Sydney LeBrun	13:07.43a	Marriotts Ridge
7. 10 Gabby Teachey	13:32.81a	Mount Hebron
11 Taylor Shank	DNS	Manchester Valley
10 Hannah Toth	DNF	Westminster
10 Anna Griffiths	DNS	Wilde Lake

#### 100m Hurdles - 33" Varsity - Finals

1. 9 Arayana Ladson	16.14a PR	Mount Hebron
2. 11 Lauren Francino	17.30a	Manchester Valley
3. 12 Meghan Porter	18.42a	Mount Hebron
4. 11 Carrie Moore	19.07a	Manchester Valley
5. 10 Nylah Craig	21.18a PR	Westminster
9 Avery Pelletier	DNS	Westminster
10 Greta Giuliano	DNS	Wilde Lake

#### 300m Hurdles - 30" Varsity - Finals

<ol> <li>9 Arayana Ladson</li> </ol>	51.64a	Mount Hebron
2. 12 Meghan Porter	51.90a	Mount Hebron
3. 11 Lauren Francino	57.68a	Manchester Valley
4. 9 Lea Russo	1:00.89a PR	Wilde Lake
10 Greta Giuliano	DNS	Wilde Lake
11 Carrie Moore	DNS	Manchester Valley

#### 4x100 Relay Varsity - Finals

1.	Lauren Madden Arayana Ladson Jadyn Hughes Jordan Foster	50.29a	Mount Hebron
2.	Setutsi Abdallah Brielle Lewis Kyla Joseph Camryn Jones-Howard	54.59a	Wilde Lake
3.	Hana Larkins Alana Alexander-Giles Nadeen Alomar Ambrie Kagel	57.68a	Marriotts Ridge

2.	Elijah McKenzie Dennis Scott Kameron Wilson Christian Coleman Hallums	45.96a	Mount Hebron	4.	Charleigh Seifert Lyla Goffena Emily Easton Ashley Mountcastle	1:01.16a	Manchester Valley
3.	Michael Pearson Joseph Osoh	46.05a	Centennial	4x2	200 Relay Varsity	- Finals	
4.	Jalen Eudell PraiseGod Bright- Agindotan Ben Pitta	46.11a	Manchester Valley	1.	Jordan Foster Jadyn Hughes Casandra Gallman	1:51.15a	Mount Hebron
5.	Drew Feliciano Maverick Mezaache Marcel Montgomery Alan Zhao	47.43a	Marriotts Ridge	2.	Lauren Madden Kyla Joseph Setutsi Abdallah Brielle Lewis	1:53.93a	Wilde Lake
J.	Andrew Musselwhite Joel Kim Erik Valdesuso	47.438	Marriotts Riuge	3.	Camryn Jones-Howard Hannah Kepler Megan Fique Rheda Funk	1:57.72a	Westminster
4x2	200 Relay Varsity  Enosh Minney	- Finals	Wilde Lake	4.	Emma Hardesty Hana Larkins Alana Alexander-Giles Nadeen Alomar	1:59.36a	Marriotts Ridge
2.	Sean Barnes Tele Abe Nazeer England Aaron Abedin Dennis Scott Matthew Maslow	1:33.82a	Mount Hebron	5.	Ambrie Kagel Charleigh Seifert Lyla Goffena Emily Easton Ashley Mountcastle	2:10.21a	Manchester Valley
3.	Elijah McKenzie Alan Zhao Andrew Musselwhite	1:38.12a	Marriotts Ridge	4x4	100 Relay Varsity	- Finals	
4.	Charles Haywood Erik Valdesuso Ben Pitta	1:41.69a	Manchester Valley	1.	Sameena Mathew Garcelle Pierre Ava Pierre	4:10.50a	Mount Hebron
	Drew Feliciano Braydon Gill Maverick Mezaache Michael Pearson	DNF	Centennial	2.	Alexandra Carrico Sydney Burke Michelle Weaver Natalie Robinson	4:23.59a	Centennial
	Joseph Osoh Joseph Yarlott PraiseGod Bright- Agindotan			3.	Katerina Talanova Taylor Shank Lauren Francino Ashley Mountcastle Rubie Goffena	4:27.09a	Manchester Valley
4x4	100 Relay Varsity	- Finals		4.	Lydia Houle Jillian Hawkins Kyra Martindale	4:27.87a	Westminster
1.	Justin Evans Jason Taylor Preston Henry William Jones	3:27.90a	Mount Hebron	5.	Hannah Toth Hana Larkins Hajung (Nicole) Yoon Kendal Eldridge	4:33.72a	Marriotts Ridge
2.	Aiden Neal Maverick Mezaache Marcel Montgomery	3:41.56a	Manchester Valley		Katie Boyle		
3.	Carter Knox Joseph Yarlott Michael Pearson Connor Brennan	3:47.61a	Centennial	4x8	300 Relay Varsity  Jillian Hawkins  Lydia Houle  Audrey Houle	- Finals 10:21.65a	Westminster
4.	Andrew Bank Colin Stohrer James Gogol Josh Caperon Patrick Haynes	3:57.93a	Westminster	2.	Hannah Toth Michelle Weaver Elizabeth Webbert Natalie Robinson Katerina Talanova	10:47.64a	Centennial

4x8	00 Relay Varsity	- Finals	
1.	Kyle Scherock Alexander White Connor Brennan Andrew Bank	8:30.52a	Centennial
2.	Nicholas Snyder Jacob Hauf Wyatt Grabelle Nicholas Venginickel	8:47.46a	Mount Hebron
3.	Patrick Ziegenfuss Carson Owings Tejas Patel Jace Calhoun	9:05.88a	Manchester Valley
4.	Wyatt Vanlandingham James Gogol Alex Davis	9:43.03a	Westminster

#### Shot Put - 12lb Varsity - Finals

Colin Stohrer

1.	12 Liam Lovering	50-07.00	Centennial
2.	12 Elias Kim	44-08.00 PR	Mount Hebron
3.	12 Terry Tun	39-01.00	Mount Hebron
4.	12 Yoel Ged	38-03.50	Wilde Lake
5.	9 Braydon Gill	37-06.50	Manchester Valley
6.	10 Josh Lin	36-11.00 PR	Marriotts Ridge
7.	10 Scott Paterson	34-04.00	Centennial
8.	11 Mason Widener	34-01.50	Manchester Valley
9.	10 Finn McGann	33-02.00	Westminster
10.	12 Pierce Neubert	30-07.00	Westminster
11.	10 Daniel Louis	29-04.00 PR	Marriotts Ridge
	11 Stephane Wouapet	DNS	Wilde Lake

#### Discus - 1.6kg Varsity - Finals

1. 12 Liam Lovering	163-10	Centennial
2. 12 Terry Tun	126-08 PR	Mount Hebron
3. 11 Mason Widener	118-08 PR	Manchester Valley
4. 10 Scott Paterson	95-06 PR	Centennial
5. 10 Josh Lin	94-02 PR	Marriotts Ridge
6. 11 Michael Abadir	93-00 PR	Marriotts Ridge
7. 10 Ben Gonder	91-10 PR	Westminster
8. 11 Joe Dubsky	86-06	Manchester Valley
9. 9 Logan Ruehl	82-11	Mount Hebron
10. 12 Yoel Ged	77-08	Wilde Lake
11. 11 Stephane Wouapet	77-07	Wilde Lake
10 Finn McGann	DNS	Westminster

#### High Jump Varsity - Finals

1. 12 Jason Taylor	5-10.00 PR	Mount Hebron
2. 11 Zach Gaegler	5-10.00 PR	Westminster
3. 11 Justin Condon	5-08.00	Westminster
4. 10 Gavin Owings	5-00.00	Manchester Valley
10 Abbas Bharmal	DNS	Mount Hebron

#### Pole Vault Varsity - Finals

1. 10 Nathan Kreit	11-06.00	Manchester Valley
2. 10 Nicolas Farfoglia	9-06.00	Manchester Valley

3.	Samantha Perry Julia Wade Sarah Hill Anna Hendrickson	10:50.96a	Marriotts Ridge
4.	Andi Mackey Shreya Khurana Ellin Jeon Caroline McCaffrey	10:51.86a	Mount Hebron
5.	Eva Dimitrova Erin Hopper Devon McGuinness Olivia Morse	10:52.56a	Wilde Lake

#### Shot Put - 4kg Varsity - Finals

<ol> <li>1. 10 Claudia Martinez</li> <li>2. 11 Liv Ragonese</li> <li>3. 12 Grace Buttiglieri</li> <li>4. 9 Emma Reaves</li> <li>5. 11 Brienna Wohlschlegel</li> <li>6. 10 Tylan Robinson</li> <li>7. 10 Charlotte Houle</li> <li>8. 9 Alexys Wouapet</li> <li>9. 10 Andi Mackey</li> </ol>	33-02.00 PR 32-11.00 32-02.00 30-00.00 25-11.50 24-04.50 24-03.00 23-01.00 PR 18-09.00	Centennial Centennial Manchester Valley Westminster Manchester Valley Mount Hebron Westminster Wilde Lake Mount Hebron
10. 9 Faith Ozenne	15-09.00	Wilde Lake

#### Discus - 1kg Varsity - Finals

<ol> <li>1. 11 Liv Ragonese</li> <li>9 Emma Reaves</li> <li>10 Claudia Martinez</li> <li>12 Grace Buttiglieri</li> <li>9 Alexys Wouapet</li> <li>11 Brienna Wohlschlegel</li> <li>10 Tylan Robinson</li> <li>9 Sarah Zentz</li> <li>9 Eva Dimitrova</li> </ol>	96-10 86-01 84-05 79-04 PR 60-07 PR 59-11 53-05 PR 52-10 50-10	Centennial Westminster Centennial Manchester Valley Wilde Lake Manchester Valley Mount Hebron Westminster Wilde Lake
10. 10 Ellin Jeon	38-09 PR	Mount Hebron

#### High Jump Varsity - Finals

1. 11 Carrie Moore	4-10.00	Manchester Valley
2. 10 Charlotte Houle	4-10.00 PR	Westminster
3. 10 Rheda Funk	4-08.00 PR	Westminster
4. 11 Lauren Francino	4-06.00	Manchester Valley
5. 12 Kelsey Silmon	4-04.00	Mount Hebron
6. 10 Katherine Millen	4-02.00	Mount Hebron

#### Pole Vault Varsity - Finals

1. 11 Ryehn Byrnes	10-09.00 PR	Westminster
2. 11 Carrie Moore	7-06.00 PR	Manchester Valley
3. 9 Koryn Sanders	7-00.00 PR	Wilde Lake

### Long Jump Varsity - Finals

1. 9 Arayana Ladson	15-03.25	Mount Hebron
2. 12 Casandra Gallman	14-11.00	Mount Hebron
3. 11 Chinaka Mezu	14-01.25	Westminster
4. 11 Nadeen Alomar	13-11.00	Marriotts Ridge
5. 11 Ashley Mountcastle	13-10.75 PR	Manchester Valley

3. 9 Riley Knapp 7-06.00 Wilde Lake

#### Long Jump Varsity - Finals

	1. 9 Louis (Trey)	17-09.00 PR	Marriotts Ridge
	Montgomery	17.06.50	Med I I I
	2. 11 Sean Barnes	17-06.50	Wilde Lake
	3. 10 Patrick Haynes	17-01.25 PR	Westminster
	4. 9 John Manley	16-08.25 PR	Westminster
	5. 9 Drew Feliciano	16-07.50 PR	Manchester Valley
	6. 11 Jalen Eudell	16-05.75	Centennial
	7. 10 Nicolas Farfoglia	16-01.50 PR	Manchester Valley
	8. 11 Charles Haywood	15-09.75	Marriotts Ridge
	9. 10 Toby Adesanya	15-02.25	Mount Hebron
1	0. 10 Andrew Mason	14-08.50	Mount Hebron
1	1. 9 William Kim	14-02.50	Centennial
	11 Kavari Phillips	DNS	Wilde Lake

# 6. 11 Emma Hardesty 7. 10 Zoe Mazerski 8. 9 Lea Russo 9 Sana Sawal 13-02.00 PR Westminster 12-08.25 Centennial Wilde Lake DNS Marriotts Ridge

#### Triple Jump Varsity - Finals

1. 12 Jordan Foster	32-05.00	Mount Hebron
2. 11 Nadeen Alomar	32-00.50 PR	Marriotts Ridge
3. 12 Meghan Porter	31-03.50	Mount Hebron
4. 11 Chinaka Mezu	27-07.00 PR	Westminster
5. 10 Zoe Mazerski	25-10.50	Centennial
9 Sana Sawal	DNS	Marriotts Ridge

#### Triple Jump Varsity - Finals

1. 12 Erik Valdesuso	<b>40-11.25</b> PR	Marriotts Ridge
2. 11 Jalen Eudell	40-02.25 PR	Centennial
3. 11 Victor Leke	38-08.50 PR	Westminster
4. 9 Louis (Trey)	36-06.00	Marriotts Ridge
Montgomery		
5. 10 Joseph Osoh	34-11.00	Centennial
6. 10 Nicolas Farfoglia	33-02.00 PR	Manchester Valley
7. 10 Josh Caperon	32-05.25 PR	Westminster

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