

# MPSSAA 3A East Region Championships HS

**OFFICIAL**  Tue, Feb 6, 2024  Prince George's Sports & Learning Complex - Indoor Track, MD US

## Mens Results

### 55 Meter Dash Varsity - Finals

1.	10	Zachary Braden	6.44a	Great Mills
2.	11	Delbert Cowesette	6.57a	Atholton
3.	11	Miles Halbert	6.59a	Northern
4.	10	Femi Fekoya	6.66a	Reservoir
5.	11	Karell Clement	6.67a PR	River Hill
6.	11	Jason Pantaleon	6.69a	Oakland Mills
7.	12	Jahdane Thaxter	6.69a PR	Great Mills
8.	10	Darius Moore	6.73a	Howard
9.	12	Justin Eusebe	6.74a	Reservoir
10.	11	James Morton III	6.78a	James M Bennett

### 55 Meter Dash Varsity - Prelims

1.	10	Zachary Braden	6.42a	Great Mills
2.	11	Delbert Cowesette	6.54a	Atholton
3.	11	Miles Halbert	6.57a	Northern
4.	11	James Morton III	6.65a PR	James M Bennett
5.	10	Darius Moore	6.68a PR	Howard
6.	10	Femi Fekoya	6.69a	Reservoir
7.	12	Jahdane Thaxter	6.71a	Great Mills
8.	12	Justin Eusebe	6.73a	Reservoir
9.	11	Jason Pantaleon	6.74a	Oakland Mills
10.	11	Karell Clement	6.76a	River Hill
11.	12	Oliver Santana	6.77a	Northern
12.	10	Daylon Washington	6.80a	St Charles
13.	12	Cameron Lee	6.82a	Atholton
14.	11	Keshon Tate	6.85a	Oakland Mills
15.	12	Tanner Williams	6.85a	Howard
--.	12	Isaiah Randall	FS	Northern

### 300 Meters Varsity - Finals

1.	10	Jayden Deleon	35.57a PR	Oakland Mills
2.	12	Jordan Tuck	35.67a	Northern
3.	12	Jaylen Etheridge	35.84a	Long Reach
4.	11	Karell Clement	36.21a PR	River Hill
5.	11	James Morton III	36.47a PR	James M Bennett
6.	12	Tanner Williams	36.69a	Howard
7.	11	Ajani Miller	36.84a	St Charles
8.	12	Destin Hill	36.91a	Reservoir
9.	11	Jayden Bullock	37.02a PR	Howard
10.	11	Ayomide Adeniyi	37.16a PR	Oakland Mills
11.	11	Keshon Tate	37.17a	Oakland Mills
12.	11	Liam Hennigan	37.36a PR	Marriotts Ridge
13.	12	Oluwamisimi Arowose...	37.68a	Reservoir

## Womens Results

### 55 Meter Dash Varsity - Finals

1.	11	Sydney Rhodes	7.18a PR	Howard
2.	10	Jaidyn Augustine	7.22a PR	Marriotts Ridge
3.	12	Aniyah Toppin	7.31a	Long Reach
4.	12	Shania Staats	7.36a	Oakland Mills
5.	12	Kayla Rorie	7.41a	Great Mills
6.	11	Gabrielle Millwood	7.41a	Atholton
7.	9	Mya Summers	7.45a	Northern
--.	11	Sydney Watson	FS	St Charles

### 55 Meter Dash Varsity - Prelims

1.	11	Sydney Rhodes	7.23a	Howard
3.	10	Jaidyn Augustine	7.30a	Marriotts Ridge
4.	11	Gabrielle Millwood	7.39a	Atholton
2.	12	Kayla Rorie	7.44a	Great Mills
5.	12	Aniyah Toppin	7.45a	Long Reach
6.	12	Shania Staats	7.46a	Oakland Mills
7.	9	Mya Summers	7.47a	Northern
8.	11	Sydney Watson	7.50a	St Charles
9.	10	Nyia Bedell	7.58a SR	Howard
10.	11	Janelle Codrington	7.62a	Oakland Mills
11.	9	Kiley Okechukwu	7.63a	Reservoir
12.	10	Jamison Smith	7.66a	Reservoir
13.	9	Kami Brock	7.74a	St Charles
14.	10	Danielle Boyle	7.79a	Howard
15.	11	Tatum Adero	7.82a	Long Reach
16.	10	Mackensey Smith	7.94a	Oakland Mills

### 300 Meters Varsity - Finals

1.	10	Kendall Hall	41.13a	Long Reach
2.	11	Sydney Rhodes	41.79a	Howard
3.	9	Mya Summers	42.22a	Northern
4.	12	Aniyah Toppin	42.24a	Long Reach
5.	11	Sydney Watson	42.59a	St Charles
6.	11	Morgan Littlejohn	42.78a PR	Northern
7.	12	Dakota West	43.25a	Howard
8.	9	Kami Brock	43.59a	St Charles
9.	11	Bianca Durant	43.67a SR	Howard
10.	9	Kiley Okechukwu	43.68a	Reservoir
11.	12	Madison Millwood	44.36a	Atholton
12.	9	Shiloh Adja	44.44a PR	Mount Hebron
13.	11	Gabrielle Millwood	44.55a	Atholton
--.	12	Shania Staats	DNS	Oakland Mills
--.	12	Valerie Ashamu	DNS	Oakland Mills

14.	11	Malachi Griffin	37.76a	Howard	--.	10	Isabella Boats	DNS	Marriotts Ridge
15.	11	Dominic Wyant	38.05a	Northern					
16.	10	Javier Hernandez	38.54a	Long Reach					

## 500 Meters Varsity - Finals

1.	12	Jordan Tuck	1:07.90a	Northern
2.	11	Derrick(Dj) Mccorkle	1:08.65a PR	Northern
3.	11	Solomon Small	1:10.15a	Oakland Mills
4.	12	Jaylen Etheridge	1:10.63a	Long Reach
5.	11	Ajani Miller	1:10.67a	St Charles
6.	11	Andrew Cline	1:11.80a	Reservoir
7.	10	Javier Hernandez	1:11.84a	Long Reach
8.	11	Liam Hennigan	1:12.03a PR	Marriotts Ridge
9.	11	William Flagg	1:12.39a	Howard
10.	12	Steven Vilcheck	1:13.10a	Northern
11.	9	Henry Wilcox	1:13.42a	Great Mills
12.	12	Konnor Kent	1:13.54a	Chopticon
13.	10	Colton Longobardi	1:14.86a	Chopticon
--.	12	Gavin Glushakow	DNS	James M Bennett
--.	12	Evan Quinn	DNS	Long Reach
--.	12	Amadeus Davis	FS	Howard

## 500 Meters Varsity - Finals

1.	10	Kendall Hall	1:19.75a	Long Reach
2.	11	Kaniyah Ervin	1:20.19a PR	Reservoir
3.	9	Eve Krout	1:21.10a PR	Bel Air
4.	12	Noelle Blackman	1:22.07a PR	Northern
5.	12	Callie Modrzejewski	1:23.50a PR	Chopticon
6.	12	Mia Halbert	1:23.78a	Northern
7.	11	Madeline Matthews	1:23.93a PR	Chopticon
8.	12	Fisayo Sule	1:24.07a PR	Oakland Mills
9.	12	Nancy Antwi	1:24.89a PR	Mount Hebron
10.	12	Cambel Howard	1:25.60a PR	Reservoir
11.	10	Rachel Oyedeki	1:27.54a	Oakland Mills
12.	9	Shiloh Adja	1:27.69a PR	Mount Hebron
13.	11	Iyanna Mackall	1:27.96a	Northern
14.	12	Tiara McDonald	1:33.00a	Stephen Decatur
15.	9	Ella Kimmel	1:33.77a	Howard
--.	12	Deanna Baumann	DNS	James M Bennett

## 800 Meters Varsity - Finals

1.	12	Weston Carr	1:56.63a PR	Chopticon
2.	12	Joseph Ensor	1:57.09a PR	Howard
3.	12	Jordan Tuck	1:59.95a	Northern
4.	12	Amadeus Davis	2:00.65a PR	Howard
5.	12	Sherwin Yarema	2:00.89a PR	Marriotts Ridge
6.	12	Evan Quinn	2:01.42a	Long Reach
7.	12	Jaelson White	2:02.28a PR	Oakland Mills
8.	12	Dominic Longobardi	2:02.75a	Chopticon
9.	11	Andrew Cline	2:03.62a PR	Reservoir
10.	12	Joshua Wilson	2:03.78a PR	Northern
11.	11	Isaiah Thomas	2:03.84a PR	Long Reach
12.	11	Michael Heinemann	2:04.45a	Mount Hebron
13.	12	Daniel Wang	2:09.08a PR	River Hill
14.	12	Kidus Zeleke	2:11.11a	Reservoir
15.	12	Jackson Goehle	2:11.19a	Northern
--.	11	Rayyan Dheini	DNS	Howard

## 800 Meters Varsity - Finals

1.	12	Kathleen Schwaner	2:19.95a PR	Chopticon
2.	10	Marella Virmani	2:21.43a PR	River Hill
3.	11	Brielle Whitworth	2:21.72a PR	Edgewood
4.	11	Gentry Bowie	2:22.14a PR	Northern
5.	10	Lauren Virmani	2:22.46a	River Hill
6.	12	Gianna Dawson	2:24.42a PR	Bel Air
7.	12	Kiley Mann	2:25.23a PR	Howard
8.	9	Caitlin Mullaney	2:25.86a PR	Northern
9.	12	Tianna Wilson	2:28.23a PR	Atholton
10.	9	Nikita Mohan	2:29.60a	River Hill
11.	12	Caroline McCaffrey	2:30.19a	Mount Hebron
12.	12	Gauri Nair	2:32.03a	Mount Hebron
13.	12	Callie Modrzejewski	2:33.47a	Chopticon
14.	9	Claire Sivitz	2:36.23a	Howard
--.	10	Isabella Boats	DNS	Marriotts Ridge
--.	12	Deanna Baumann	DNS	James M Bennett

## 1600 Meters Varsity - Finals

1.	12	Joseph Ensor	4:24.26a	Howard
2.	12	Weston Carr	4:27.93a PR	Chopticon
3.	11	Michael Heinemann	4:29.09a PR	Mount Hebron
4.	12	Maxwell VomSaal	4:33.19a PR	Howard
5.	12	Evan Quinn	4:34.55a	Long Reach
6.	12	Folu Longe	4:35.12a PR	Oakland Mills
7.	12	Moses Araya	4:35.30a PR	Chopticon
8.	11	Connor Schaaf	4:41.03a PR	Long Reach
9.	12	Geoffrey Willis	4:42.12a PR	Marriotts Ridge
10.	11	Darian Walters	4:45.17a PR	Edgewood
11.	12	Daniel Wang	4:46.35a PR	River Hill
12.	12	Brendan Nutter	4:48.32a PR	Chopticon
13.	11	Avery Lungstrom	4:55.07a	Bel Air
14.	11	Caleb Graves	4:56.01a	Northern

## 1600 Meters Varsity - Finals

1.	11	Gentry Bowie	5:06.83a PR	Northern
2.	11	Brielle Whitworth	5:07.63a PR	Edgewood
3.	10	Lauren Virmani	5:07.81a PR	River Hill
4.	12	Carter Brotherton	5:11.37a PR	Great Mills
5.	10	Marella Virmani	5:14.79a PR	River Hill
6.	9	Claire Sivitz	5:15.09a	Howard
7.	12	Deanna Baumann	5:16.55a PR	James M Bennett
8.	12	Frankie Moore	5:17.28a	Oakland Mills
9.	12	Caroline McCaffrey	5:23.88a PR	Mount Hebron
10.	9	Nikita Mohan	5:25.53a	River Hill
11.	12	Kathleen Schwaner	5:26.91a	Chopticon
12.	12	Kiley Mann	5:27.71a	Howard
13.	12	Liesl McMullen	5:31.42a PR	Mount Hebron
14.	10	Ela Muniz	5:41.22a	Reservoir
15.	11	Scarlett Guenin	6:33.79a	Reservoir
--.	12	Arshia Mondal	DNS	Howard

15.	12	Pierson Hogue	5:03.73a	Mount Hebron
--.	11	Rayyan Dheini	DNS	Howard

## 3200 Meters Varsity - Finals

1.	12	Joseph Ensor	9:45.99a	Howard
2.	12	Kidus Zeleke	9:56.54a	Reservoir
3.	12	Nick Watson	10:03.56a	Chopticon
4.	11	Rayyan Dheini	10:04.26a	Howard
5.	12	Folu Longe	10:08.08a PR	Oakland Mills
6.	12	Logan Weaver	10:09.28a PR	Bel Air
7.	12	Maxwell VomSaal	10:10.65a	Howard
8.	12	Moses Araya	10:14.30a PR	Chopticon
9.	10	Shamar Johnson	10:16.29a PR	Oakland Mills
10.	12	Geoffrey Willis	10:24.59a PR	Marriotts Ridge
11.	10	Mason Allen	10:29.17a PR	Chopticon
12.	11	Jazil Khalid	10:30.73a PR	River Hill
13.	10	Keegan McKay	10:38.48a PR	Mount Hebron
14.	10	Evan Oldewurtel	10:42.22a	Edgewood
15.	12	Michael Renon	10:50.61a	Atholton
16.	9	Marlin Smith	10:57.73a	Great Mills

## 55m Hurdles Varsity - Finals

1.	12	Xavier Gardner	7.71a PR	Howard
2.	12	Louis (Trey) Montgo...	7.85a	Marriotts Ridge
3.	11	Mobolaji "BJ" Popoo...	8.15a	Great Mills
4.	12	Tyler Brown	8.20a PR	Northern
5.	11	Isaac Ramsey	8.21a	Oakland Mills
6.	11	Brandon Mulira	8.37a	Reservoir
7.	11	Jayon Bembry	8.47a	Great Mills
8.	12	Nathan Chaney	8.96a	Northern

## 55m Hurdles Varsity - Prelims

1.	12	Xavier Gardner	7.86a	Howard
2.	12	Louis (Trey) Montgo...	7.95a	Marriotts Ridge
3.	12	Nathan Chaney	8.02a	Northern
4.	11	Mobolaji "BJ" Popoo...	8.22a	Great Mills
5.	11	Isaac Ramsey	8.23a	Oakland Mills
6.	11	Jayon Bembry	8.31a	Great Mills
7.	12	Tyler Brown	8.38a	Northern
8.	11	Brandon Mulira	8.40a	Reservoir
9.	11	Tida Gales	8.41a	Great Mills
10.	10	Caleb Laufenberg	8.55a PR	Northern
11.	12	Sean Harricharan	8.67a	Bel Air
12.	10	AJ York	8.68a	Oakland Mills
13.	12	Leo Dinan	8.77a	Bel Air
14.	11	David Moon	9.16a	Howard
15.	11	Robert Cook	9.25a	Chopticon
16.	12	Sairuchir Bondada	9.36a	Mount Hebron

## 4x200 Relay Varsity - Finals

1.	10	Jayden Deleon	1:32.53a	Oakland Mills - A
		12 Malcolm Brooks		
		11 Isaac Ramsey		
		11 Keshon Tate		

## 3200 Meters Varsity - Finals

1.	12	Carter Brotherton	11:07.05a PR	Great Mills
2.	10	Lauren Virmani	11:13.75a	River Hill
3.	9	Claire Sivitz	11:20.76a	Howard
4.	12	Frankie Moore	11:33.71a PR	Oakland Mills
5.	12	Gauri Nair	11:52.09a PR	Mount Hebron
6.	10	Alyssa Mattes	11:58.96a PR	River Hill
7.	9	Isabella Stafford	12:28.89a PR	Northern
8.	12	Liesl McMullen	12:32.06a	Mount Hebron
9.	12	Sofia Delisa-Hughes	12:35.26a PR	Marriotts Ridge
10.	11	Cammille Miller	12:35.62a SR	Bel Air
11.	12	Arshia Mondal	12:46.63a	Howard
12.	11	Amber Marshall	12:49.86a PR	Stephen Decatur
13.	12	Lily Decker	12:55.80a PR	Oakland Mills
14.	11	Kaydance Edgeman	13:15.35a	Northern
--.	12	Kiley Mann	DNS	Howard
--.	12	Deanna Baumann	DNS	James M Bennett

## 55m Hurdles Varsity - Finals

1.	12	Kayla Rorie	8.47a	Great Mills
2.	12	Destiny Ryan	8.93a	Northern
3.	9	Ava Carr	8.94a	Howard
4.	11	Janelle Codrington	9.03a PR	Oakland Mills
5.	12	Ademide Gbadehan	9.24a	Howard
6.	10	Julia Irvin	9.53a PR	Howard
7.	9	Codi Malott	9.84a PR	Oakland Mills
8.	11	Abigail Finley	10.29a	Bel Air

## 55m Hurdles Varsity - Prelims

1.	12	Kayla Rorie	8.60a	Great Mills
3.	9	Ava Carr	8.92a	Howard
2.	12	Destiny Ryan	9.04a	Northern
4.	12	Ademide Gbadehan	9.18a	Howard
5.	11	Janelle Codrington	9.36a	Oakland Mills
6.	9	Codi Malott	9.88a	Oakland Mills
7.	10	Julia Irvin	9.91a	Howard
8.	11	Abigail Finley	10.11a PR	Bel Air
9.	12	Anjolaoluwa Adejumo	10.11a	Reservoir
10.	11	Briana Higgs	10.22a PR	Mount Hebron
11.	12	Ciara Amon-Nicholls	10.28a	Long Reach
12.	12	Rayne Conley	10.43a	Great Mills
13.	12	Veronica Ronquillo	10.44a PR	Great Mills
14.	9	Allison Perez	10.44a PR	Northern
15.	11	Kaitlyn Bradford	10.46a	Northern
16.	11	Chloe Powell	11.51a	Atholton

## 4x200 Relay Varsity - Finals

1.	10	Danielle Boyle	1:46.87a	Howard - A
		11 Sydney Rhodes		
		12 Dakota West		
		11 Bianca Durant		
2.	9	Mya Summers	1:47.00a	Northern - A
		12 Destiny Ryan		
		11 Morgan Littlejohn		

2.	12 Destin Hill	1:33.46a	Reservoir - A	11 Arionna Johnson	
	12 Jordan Tate			3. 10 Jamison Smith	1:47.44a Reservoir - A
	10 Femi Fekoya			11 Iyona Brown	
	12 Justin Eusebe			11 Kaniyah Ervin	
3.	11 Derrick(Dj) Mccorkle	1:33.49a	Northern - A	9 Kiley Okechukwu	
	11 Miles Halbert			4. 10 Kendall Hall	1:51.00a Long Reach - A
	11 Dominic Wyant			12 Hannah Belk	
	12 Tyler Brown			12 Aniyah Toppin	
4.	11 Jayon Bemby	1:33.51a	Great Mills - A	10 Taylor Fylnn	
	11 Tida Gales			5. 12 Madison Millwood	1:52.62a Atholton - A
	12 Jahdane Thaxter			11 Chloe Powell	
	10 Zachary Braden			9 Lauren Latour	
5.	12 Jaylen Etheridge	1:34.67a	Long Reach - A	11 Gabrielle Millwood	
	10 Javier Hernandez			6. 12 Ka'Miya Greene	1:53.04a Great Mills - A
	12 Micah Willis			9 Audrey Gutekunst	
	9 Widley Duvert			11 Hannah Jones	
6.	10 Daylon Washington	1:34.94a	St Charles - A	12 Kayla Rorie	
	12 Kameran Gray			7. 12 Nancy Antwi	1:54.69a Mount Hebron - A
	11 Kamarja Rodgers			9 Shiloh Adja	
	11 Ajani Miller			11 Briana Higgs	
7.	11 Delbert Cowesette	1:36.02a	Atholton - A	10 Kennedy Umana	
	12 Cameron Lee			8. 11 Hailey DeGraw	1:57.64a Bel Air - A
	12 Daniel Ogordi			11 Shareena Laurence	
	10 Trevor Robinson			9 Eve Krout	
8.	12 Andrew Dixon	1:37.80a	Chopticon - A	11 Selah Evans	
	12 Konnor Kent			9. 11 Marie Cable	1:59.37a Chopticon - A
	11 Hayden Pizza			10 Abigail Cable	
	11 Robert Cook			9 Kate Modrzejewski	
9.	12 Frank Barnett	1:38.32a	Edgewood - A	10 Malia Tillstrum	
	11 Patrick Ezan			10. 10 Skye Harris	2:00.00a Edgewood - A
	11 Shamar Reid			11 Jakai Davis	
	10 Gorden Ndula			10 Ajiyah Webb	
10.	9 Josiah Drafts	1:39.14a	Bel Air - A	11 Autumn Jackson	
	12 Benjamin Choe			11. 12 Gabrielle Demuren	2:00.42a River Hill - A
	12 Sean Harricharan			11 Tala Hrakya	
	12 Leo Dinan			9 Shiloh Demuren	
11.	10 Asher Niphakis	1:40.77a	Mount Hebron - A	9 Aleesa Zirvi	
	10 Victory Anyanwu			12. 10 Jaidyn Augustine	2:03.31a Marriotts Ridge - A
	9 Alexander Ajanaku			12 Narah Obas	
	12 Sairuchir Bondada			9 Leah Rosenberg	
12.	12 Daniel Warner	1:40.84a	Marriotts Ridge - A	12 Sofia Delisa-Hughes	
	11 Liam Hennigan			13. 10 Jordan Carrigan	2:03.86a Stephen Decatur - A
	10 Will Meininger			12 Kyleigh Powell	
	11 Gustavo Rodriguez Abrego			12 Tiara McDonald	
13.	11 Ethan Cowder	1:43.42a	Stephen Decatur - A	12 Sauna Vick	
	9 Jackson Hurst			--. 11 Sydney Watson	DQ St Charles - A
	10 Xander Wakefield			11 Chelsea Coates	
	11 Alex Ward			9 Zuri Brown	
14.	12 Tanner Williams	1:45.51a	Howard - A	10 Dani Jones	
	10 Darius Moore			--. 11 Janelle Codrington	DQ Oakland Mills - A
	11 Jayden Bullock			12 Shania Staats	
	11 Malachi Griffin			12 Valerie Ashamu	
15.	11 Benard Adjei-Ababio	1:48.46a	River Hill - A	12 Fisayo Sule	
	10 Ryan Rimmer				
	11 Timothy Dye				
	9 Chaitanya Raghavan				

## 4x400 Relay Varsity - Finals

1.	12 Mia Halbert	4:07.33a	Northern - A
	9 Mya Summers		
	12 Noelle Blackman		

## 4x400 Relay Varsity - Finals

1.	12 Jordan Tuck	3:29.45a	Northern - A	11 Morgan Littlejohn		
	11 Derrick(Dj) Mccorkle			2.	11 Janelle Codrington	4:17.90a Oakland Mills - A
	11 Ryan Prewer				12 Fisayo Sule	
	11 Dominic Wyant				12 Valerie Ashamu	
2.	10 Jayden Deleon	3:37.34a	Oakland Mills - A		12 Frankie Moore	
	12 Folu Longe			3.	10 Kendall Hall	4:18.56a Long Reach - A
	11 Solomon Small				12 Aniyah Toppin	
	11 Ayomide Adeniyi				12 Hannah Belk	
3.	12 Jaylen Etheridge	3:37.91a	Long Reach - A		9 Kymora Epps-Ramiro	
	10 Javier Hernandez			4.	12 Dakota West	4:19.25a Howard - A
	10 Anthony Fonmedig				9 Ava Carr	
	9 Widley Duvert				11 Bianca Durant	
4.	10 Femi Fekoya	3:39.00a	Reservoir - A		12 Da'Nya Bullock	
	11 Brandon Mulira			5.	12 Cambel Howard	4:19.32a Reservoir - A
	11 Adam Hunt				10 Moyo Akinmola	
	12 Oluwamisimi Arowosegbe				11 Kaniyah Ervin	
5.	12 Benjamin Svoboda	3:39.14a	Howard - A		10 Ela Muniz	
	12 Amadeus Davis			6.	12 Gabrielle Demuren	4:22.53a River Hill - A
	11 William Flagg				10 Alyssa Mattes	
	11 Jayden Shin				9 Nikita Mohan	
6.	12 Pietro Poli	3:39.89a	Chopticon - A		10 Marella Virmani	
	12 Dominic Longobardi			7.	12 Gianna Dawson	4:25.10a Bel Air - A
	10 Colton Longobardi				11 Cammille Miller	
	12 Konnor Kent				11 Abigail Finley	
7.	12 Leo Dinan	3:41.05a	Bel Air - A		9 Eve Krout	
	12 Benjamin Choe			8.	10 Laila Gagnon	4:29.71a Chopticon - A
	12 Sean Harricharan				12 Kathleen Schwaner	
	12 Messiah Noel				10 Madison Eberle	
8.	11 Tida Gales	3:41.86a	Great Mills - A		11 Madeline Matthews	
	9 Henry Wilcox			9.	12 Nancy Antwi	4:32.42a Mount Hebron - A
	10 Azzire Rodgers				9 Shiloh Adja	
	9 Tavida Johnson				9 Lilah Aufiero	
9.	12 Frank Barnett	3:46.26a	Edgewood - A		11 Briana Higgs	
	12 Caden Green			10.	12 Tianna Wilson	4:33.21a Atholton - A
	11 Shamar Reid				10 Isabella Brenfleck	
	11 Mazeed Matti				11 Chloe Powell	
10.	11 Savion James	3:47.33a	St Charles - A		12 Madison Millwood	
	12 Kameran Gray			11.	10 Ajiyah Webb	4:44.58a Edgewood - A
	12 Jarel Ringold				11 Valeria Gutierrez	
	11 Kamarja Rodgers				12 Gabriella Hamilton	
11.	11 Bryan Wang	3:47.37a	Atholton - A		10 Trinity Green	
	12 Jeremiah Chester			12.	11 Velencia Logan	4:50.17a Great Mills - A
	10 Justin Cretella				9 Marisa Shick	
	10 Austin Niel				11 Maryann DeJesus	
12.	12 Daniel Warner	3:49.74a	Marriotts Ridge - A		11 Laila Frazier	
	12 Pratham Sethia			--.	10 Amira Hines	DNS Aberdeen - A
	11 Gustavo Rodriguez Abrego				10 Da'Miyah Keating	
	11 Liam Hennigan				9 Chayse Wright	
13.	10 Breyen Solowski-Kampherstein	3:50.26a	River Hill - A		9 Isabelle McCarthy	
	12 Daniel Wang			--.	10 Ellie Cheynet	DNS Stephen Decatur - A
	11 Timothy Dye				12 Tiara McDonald	
	11 Jazil Khalid				9 Caroline Brown	
14.	9 Liam Hetzner	4:07.80a	Mount Hebron - A		9 Avery Weber	
	9 Michael Roman			<b>4x800 Relay Varsity - Finals</b>		
	9 Dean Walker			1.	10 Lauren Virmani	9:43.92a River Hill - A
	12 Sairuchir Bondada				9 Nikita Mohan	
--.	10 Xander Wakefield	DNS	Stephen Decatur - A		10 Alyssa Mattes	
	11 Ethan Cowder					
	11 Alex Ward					

10 Quinn Martin			10 Marella Virmani		
--, 11 Maurice Biles	DNS	James M Bennett - A	2. 12 Noelle Blackman	9:49.77a	Northern - A
12 Mohamed Mohamed			11 Ella Meccia		
11 James Morton III			12 Mia Halbert		
12 Gavin Glushakow			9 Caitlin Mullaney		
--, 12 Alhassane Diallo	DNS	Aberdeen - A	3. 12 Kathleen Schwaner	10:09.33a	Chopticon - A
9 Sean Elam			12 Callie Modrzejewski		
10 Jamin Oriakhi			11 Madeline Matthews		
10 Jabari Jones			10 Madison Eberle		

## 4x800 Relay Varsity - Finals

1. 12 Dominic Longobardi	8:20.47a	Chopticon - A	5. 12 Mia Mager	10:29.99a	Howard - A
12 Nick Watson			12 Kiley Mann		
10 Colton Longobardi			12 Mika Hsu		
12 Weston Carr			12 Arshia Mondal		
2. 11 Solomon Small	8:26.13a	Oakland Mills - A	6. 11 Leah Klaus	10:41.30a	Marriotts Ridge - A
10 Shamar Johnson			10 Junie Ro		
12 Jaelson White			12 Rebecca Weaver		
12 Folu Longe			10 Isabella Boats		
3. 9 Ian McCormick	8:33.56a	Long Reach - A	7. 12 Tianna Wilson	10:41.67a	Atholton - A
11 Isaiah Thomas			10 Isabella Brenfleck		
11 Connor Schaaf			12 Naomi McKenna		
12 Evan Quinn			10 Olivia Alvarez		
4. 12 Joshua Wilson	8:35.62a	Northern - A	8. 10 Ellie Cheynet	10:52.10a	Stephen Decatur - A
12 Jackson Goehle			11 Evie Eggers		
12 Steven Vilcheck			11 Amber Marshall		
12 Tyzea Berry			9 Avery Weber		
5. 10 Breyen Solowski-Kampherstein	8:37.23a	River Hill - A	9. 10 Ela Muniz	11:04.61a	Reservoir - A
11 Jazil Khalid			11 Scarlett Guenin		
12 Varun Dhond			10 Amelia Bachman		
12 Daniel Wang			9 Celeste Martin		
6. 11 William Flagg	8:42.77a	Howard - A	10. 10 Samrudhi Tiwari	11:51.31a	Mount Hebron - A
11 Om Maryankandy			11 Victoria Moyer		
11 Rayyan Dheini			10 Taryn Tran		
12 Amadeus Davis			11 Juelisa Page		
7. 11 Darian Walters	8:44.75a	Edgewood - A	11. 9 Addison Ashcraft	12:23.61a	James M Bennett - A
10 Evan Oldewurtel			9 Elizabeth Martinez		
10 Nathan Bennett			9 Sophia Reynoso		
11 James Barreda			11 Bobbi Waters		
8. 12 Kevin Lyons	8:57.49a	Bel Air - A	12. 10 Destiny Walters	12:46.97a	Edgewood - A
12 Leo Dinan			9 Evangeline England		
10 Brandon Cascone			11 Meara Waida		
12 Benjamin Choe			10 Mallory Hax		
9. 10 Collin Pennington	9:09.06a	Stephen Decatur - A	--, 9 Marisa Shick	DNS	Great Mills - A
10 Quinn Martin			10 Avery Anderson		
10 Ethan Rhode			10 Shirley Hoot		
10 Xander Wakefield			11 Laila Frazier		
10. 10 Adeniyi Adegbuyi	9:16.16a	Reservoir - A	--, 11 Sarah Andrews	DNS	Aberdeen - A
10 Colin Poon			9 Isabelle McCarthy		
10 Jack Waltman			9 Aubrey Moore		
9 Jackson Pascarello			10 Amira Hines		
11. 10 Justin Cretella	9:16.97a	Atholton - A			
11 Bryan Wang					
10 Tanner Hevner					
12 Alexander Lake					
12. 12 Jarel Ringold	9:18.61a	St Charles - A	1. 12 Gabby Cope	39-08.00	Northern
11 Jacori Ford			2. 11 Destine Jordan	34-03.50	St Charles
10 Rene Palacios Hernandez			3. 12 Katherine Wood	34-01.50	Atholton

## Shot Put Varsity - Finals



11	Tarik Smallhorne		
13. 11	Quinlan O'Neill	9:19.85a	Mount Hebron - A
11	Timothy Grafov		
12	Dominick Mendez-Saxer		
12	Jake Hayden		
14. 11	Treyvon Artis	9:28.13a	Great Mills - A
11	Vincent Logan		
11	Zachary Davis		
10	Azzire Rodgers		
15. 12	Alex Mattes	9:33.64a	Marriotts Ridge - A
12	Didi Zhang		
10	Ian Vance-Kim		
12	Preston Hong		
16. 11	Kelvin Lopez	10:07.67a	James M Bennett - A
11	Gage Smartnick		
9	Brady Hargerman		
12	Ameen Al Naseri		
--. 9	Sean Elam	DNS	Aberdeen - A
10	William Gross		
11	Osbaldo Perez Herrera		
9	Javier Torres		

## Shot Put Varsity - Finals

1. 12	Logan Ruehl	50-00.50 PR	Mount Hebron
2. 11	William Mandis	46-10.00 PR	Chopticon
3. 11	Kaiden Lee	45-07.00 PR	Oakland Mills
4. 12	Nikhil Narayanan	42-09.00	Reservoir
5. 12	Darius Burnside	42-06.00 PR	Reservoir
6. 12	Sean Free	42-03.50 PR	Oakland Mills
7. 12	Hayden Prior	41-08.50 PR	Northern
8. 11	Jaylen White	40-07.00	Howard
9. 12	Dylan King	38-09.00	Northern
10. 12	Jeffery Shin	37-08.00	Howard
11. 11	Ethan Tapia	37-02.00	Long Reach
12. 12	Dean Kuate	36-07.50	Reservoir
13. 12	Damilola Aimola	35-04.50	Oakland Mills
14. 11	Taylor Moore	35-02.50	Howard
15. 12	Devin King	35-02.50	St Charles
16. 10	Jesse Jenkins	32-07.00	River Hill

## High Jump Varsity - Finals

1. 11	Jayon Bembry	6-02.00	Great Mills
2. 12	Zamir Herald	6-00.00	Howard
3. 11	Mobolaji "BJ" Popoo...	6-00.00	Great Mills
4. 12	Thomas Twetten	5-10.00	Northern
4. 10	AJ York	5-10.00	Oakland Mills
6. 12	Nathan Chaney	5-10.00	Northern
7. 11	Brian Adams Jr.	5-08.00	Long Reach
8. 11	Darius Ford	5-06.00 PR	Great Mills
9. 11	Tehcubelleh Keamu	5-06.00	Long Reach
10. 10	Kristin Rogers	5-06.00	Oakland Mills
11. 10	Noah Long	5-04.00	Chopticon
--. 11	Wroto Quiah	DNS	Edgewood
--. 11	Jeremiah Smith	DNS	Edgewood
--. 12	Diego McCullough	DNS	Howard
--. 12	Treavor Sampson	NH	Chopticon

4. 10	Tatiana Williams	31-02.00 PR	Chopticon
5. 9	Lauren Latour	30-05.00 PR	Atholton
6. 10	Kayla Scott	29-06.00 PR	Northern
7. 11	Serenity Shuff	29-03.00 PR	St Charles
8. 11	Mallory Hudson	28-03.00 PR	Howard
9. 10	Allison Sonon	28-00.00	Chopticon
10. 12	Cathleen Jenkins	27-08.50	Northern
11. 11	Addison Courtemanche	26-11.50 PR	Howard
12. 12	Ella Davidson	26-03.50	Reservoir
13. 12	Adelaide Weber	26-01.50	Stephen Decatur
14. 10	Kiki Onabiyi	23-04.00	Marriotts Ridge
15. 11	Marissa Bolden	20-06.00	Great Mills
--. 11	Jada Massey	DNS	St Charles

## High Jump Varsity - Finals

1. 12	Valerie Ashamu	5-04.00	Oakland Mills
2. 9	Ava Carr	5-02.00	Howard
3. 11	Alicia Hall	5-00.00	Oakland Mills
4. 12	Ciara Amon-Nicholls	5-00.00	Long Reach
5. 12	Olivia Seetoo	5-00.00	Atholton
6. 11	Marie Cable	4-10.00 PR	Chopticon
7. 11	Nakisha Hogan	4-06.00	Oakland Mills
7. 11	Hannah Jones	4-06.00	Great Mills
7. 11	Selah Evans	4-06.00	Bel Air
10. 12	Ademide Gbadehan	4-06.00	Howard
11. 10	Ruqqayyat Gobir	4-06.00 PR	Howard
12. 12	Callie Modrzejewski	4-06.00	Chopticon
13. 10	Madison Eberle	4-04.00	Chopticon
--. 12	Chiara Pompei	DNS	Long Reach
--. 12	Jordan Dickerson	DNS	James M Bennett
--. 10	Jasmyn Storey	NH	St Charles

## Pole Vault Varsity - Finals

1. 10	Hannah McDerment	9-02.00 PR	Reservoir
2. 11	Emerson Eatough	8-08.00	Howard
3. 11	Cecelia Rosenberg	8-08.00 PR	Oakland Mills
4. 9	Sofie Askin	7-00.00 PR	Marriotts Ridge
5. 9	Elle Hagan	6-00.00	Marriotts Ridge
5. 10	Joanna Manela	6-00.00	Reservoir

--.	10	Jayce Warren	NH	St Charles
--.	11	Kenny Stevens	NH	Howard
--.	9	Micah Pritchett	NH	Oakland Mills

## Pole Vault Varsity - Finals

1.	12	Adeeb Pender	12-03.00	Oakland Mills
2.	10	Gavin Reardon	10-09.00 PR	Howard
3.	10	Yashvasin Rekula	10-09.00	Marriotts Ridge
4.	11	Dante Sias	10-05.00	Marriotts Ridge
5.	10	Jewel Kim	9-00.00 PR	Howard
6.	11	Joshua Harrington	8-06.00 PR	Howard

---

2024 RunnerSpace.com  
2024 Athletic.net - All rights reserved



# MPSSAA 3A East Region Championships HS

**OFFICIAL**  Tue, Feb 6, 2024  Prince George's Sports & Learning Complex - Indoor Track, MD US

## **Womens Varsity**

1. Northern	84
2. Howard	80
3. Oakland Mills	50
4. Long Reach	47
5. River Hill	46
6. Great Mills	33
7. Reservoir	31.5
8. Chopticon	31
9. Atholton	23
10. Marriotts Ridge	19.5
11. Bel Air	19
12. St Charles	15
13. Edgewood	14
14. Mount Hebron	7
15. James M Bennett	2
16. Stephen Decatur	1

## **Mens Varsity**

1. Howard	90
2. Oakland Mills	81
3. Northern	74.5
4. Chopticon	50
5. Great Mills	43.5
6. Reservoir	42
7. Long Reach	39
8. Marriotts Ridge	24
9. Mount Hebron	16
10. River Hill	13
11. Atholton	10
12. St Charles	9
13. Bel Air	6
14. James M Bennett	4
15. Edgewood	2