

MPSSAA_321ASouth_SwimChamps23 - 2/18/2023

Psych Sheet - Region Swim Champs

Event 1 Men 200 Yard Medley Relay

321ASouth: 1:43.12 2/15/2020 La Plata High School

C Vienneau, K Schueller, L Kang, D Tompkins

Team	Relay	Seed Time
1	LAP	1:40.44
2	CAL	1:47.63
3	LAC	1:54.01
4	HUN	1:54.23
5	MDU	1:57.80
6	STC	2:00.76
7	PTX	2:02.54
8	FRD-MD	2:24.18
9	GWP-MD	2:51.89

Event 2 Women 200 Yard Medley Relay

321ASouth: 1:50.67 2/19/2022 La Plata High School

A Donnack, J Woolsey, E French, K Cupples

Team	Relay	Seed Time
1	LAP	1:52.14
2	HUN	2:06.35
3	CAL	2:12.91
4	LAC	2:17.85
5	MDU	2:23.23
6	PTX	2:24.97
7	FRD-MD	2:26.84
8	STC	2:34.01
9	GWP-MD	3:30.50

Event 3 Men 200 Yard Freestyle

321ASouth: 1:41.77 2/15/2014 Ben Lawless

Name	Yr	School	Seed Time
1	Lynch, Drew	CAL	1:45.69
2	Biehn, Tommy	JR HUN	1:53.26
3	Todd, Nathan	JR LAP	1:53.87
4	Morgan, Jaremy	SR PTX	1:57.78
5	Curtis, Mario	JR LAP	2:00.64
6	Riano, Carlo	FR HUN	2:07.56
7	Thornton, Michael	SR MDU	2:08.64
8	Brough, Kyle	10 LAC	2:11.76
9	Edwards, William	SR MDU	2:20.15
10	Perez, Chris A	SO THS	2:37.95
11	Graves, Aiden	10 LAC	2:41.93
12	Milani, Nic	FR CAL	2:51.20
13	Paredes, Ethan	9 STC	2:53.87
14	Rivas, Luis	FRD-MD	3:12.62
15	Rodriguez Jr., Ernesto I	FR GWP-MD	3:22.18
16	Couey, Aric	SR PTX	3:51.57
17	Hudson, Kaiden A	SO GWP-MD	3:52.70

Event 4 Women 200 Yard Freestyle

321ASouth: 1:59.59 2/17/2018 Sarah Cole

Name	Yr	School	Seed Time
1	Milani, Ashlyn	FR LAP	2:15.24
2	Dennison, Ella	SO LAP	2:18.30
3	Cartwright, Amanda J	JR THS	2:21.53
4	Post, Lindsay	SO HUN	2:21.94
5	Gray, Grace	CAL	2:22.26
6	Alvey, Kaylee	12 LAC	2:34.44

7	Eversvik-Lloyd, Olivia	SO HUN	2:36.03
8	Huber, Cassie	SR WLA	2:36.76
9	Tanner, Taylor	JR PTX	2:41.45
10	McTaggart, Meg	FR MDU	2:41.90
11	Sylvain, Elizabeth	FR MDU	2:43.02
12	Sanderson, Saunette S	JR THS	2:43.57
13	Falcao, Pri	JR CAL	2:49.50
14	Wright-Carlson, Savannah	10 STC	2:50.46
15	Martinez, Miae	9 STC	2:51.45
16	Dover, Aaliyah	10 LAC	3:05.64
17	Chavez, Krystal I	SO GWP-MD	3:47.37
18	Silva, Diana M	SR GWP-MD	4:44.62

Event 5 Men 200 Yard IM

321ASouth: 2:04.18 2/16/2019 Ben Voelker

Name	Yr	School	Seed Time
1	Cupples, Clinton	SO LAP	2:04.69
2	Strain, Jacob	CAL	2:11.42
3	Foveaux, Chase	CAL	2:15.78
4	Rodriguez Vazquez, Fernan	10 LAC	2:21.84
5	Moore, Josiah	10 STC	2:26.31
6	MacMillan, Sean	JR LAP	2:29.37
7	McPhee, Steven	SR MDU	2:33.18
8	Whitt, Sebastian	SR MDU	2:36.41
9	Bomgardner, Jacob	SO HUN	2:40.53
10	Ferguson, Jameer	SO FRD-MD	2:41.73
11	Clements, Jalen	JR HUN	2:57.71
12	Ghrist, Eric	SO WLA	2:57.88
13	Graves, Aaron	10 LAC	3:11.42
14	Farley, Noah	FR PTX	3:33.69
15	Sanchez, Ezquiel A	SO GWP-MD	3:40.12

Event 6 Women 200 Yard IM

321ASouth: 2:12.61 2/17/2018 Kelly Moton

Name	Yr	School	Seed Time
1	Cupples, Kaeleigh	SR LAP	2:21.46
2	Rupard, Alex	SO LAP	2:29.53
3	Foveaux, Caliegh	CAL	2:31.37
4	Schmidt, Kathryn	FR HUN	2:38.95
5	Walter, Carolina	10 LAC	2:41.04
6	McTaggart, Molly	JR MDU	2:50.77
7	Bren, Madelyn	SR HUN	2:52.91
8	Clark, Sarah	SO MDU	3:00.81
9	Romero, Isabel	JR PTX	3:03.44
10	Tiberie, Sophia	CAL	3:08.79
11	Venson, Diamond	12 STC	3:10.53
12	Wilson, Taylor	12 LAC	3:12.21
13	Davis, Alyssa	11 STC	3:25.97
14	Bowman, Ta'Niya M	JR THS	3:29.76
15	Barret, Jackie	SO PTX	3:55.86

Event 7 Men 50 Yard Freestyle

321ASouth: 21.90 2/19/2022 Gavin Abelende

Name	Yr	School	Seed Time
1	Abelende, Gavin	SO LAP	21.47
2	Johnson, Lincoln	SR HUN	23.11
3	Barbour, Alexander	FRD-MD	23.83
4	Curtis, Mario	JR LAP	24.20

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Event 7 ... (Men 50 Yard Freestyle)

Name	Yr	School	Seed Time
5 Droneberger, Tyler	SO	HUN	24.93
6 Micknick, Michael	SR	MDU	25.72
7 Stokes, Jospeh	JR	CRO	26.00
8 Much, Cody	JR	PTX	26.47
9 Miles, Mason	12	STC	26.81
10 Norman, Gage	SO	CAL	26.89
11 Marshall, Marcuse	9	STC	26.90
12 Herring, James	FR	MDU	29.07
13 Lema, Sean	JR	WLA	29.63
14 Singh, Jaswant	10	LAC	29.69
15 Graves, Aiden	10	LAC	30.54
16 Lehman, Isaac	FR	PTX	31.38
17 Jones, Stephen	FR	CAL	31.86
18 McCloud, Dhane	SR	THS	33.03
19 Eason, Abraham	JR	CRO	34.79
20 Rodriguez Jr., Ernesto I	FR	GWP-MD	35.68
21 Stephens, John	FR	FRD-MD	37.35
22 Reyes Monge, Ariel A	FR	THS	40.67
23 Ambersly, Akeem M	FR	GWP-MD	44.01

Event 8 Women 50 Yard Freestyle

321ASouth: 24.21 2/19/2022 Jadyn Woolsey			
Name	Yr	School	Seed Time
1 Woolsey, Jadyn	SO	LAP	23.78
2 Sloan, Kennedy	SO	PTX	26.00
3 Lionel, Camdyn	JR	FRD-MD	27.10
4 Umrani, Laila	SO	HUN	27.41
5 Tompkins, Ryann	JR	LAP	27.60
6 Martin, Charlize	11	LAC	29.32
7 Rowe, Emily	FR	HUN	29.91
8 Isreal, Zaria	9	LAC	30.27
9 McCurry, Madison	SO	CAL	31.69
10 Posey, Madelyn	JR	MDU	31.94
11 Fiset, Monet	12	STC	32.58
12 Mohammed, Meera M		THS	33.12
13 Falcao, Pri	JR	CAL	33.13
14 Jones, Eleanora	FR	MDU	33.53
15 Singletary, Karrington	10	STC	33.95
16 Loeffler, Jordan T	SO	THS	35.03
17 Hackett, Camille	JR	CRO	37.15
18 Van DeVander, Natalie	JR	PTX	42.34
19 Martinez, Jessica Y	FR	GWP-MD	46.98
20 Ali, Kayla	JR	CRO	47.36
21 Simmons, Beniah E	FR	GWP-MD	56.94

Event 11 Men 100 Yard Butterfly

321ASouth: 52.96 2/19/2022 Drew Lynch			
Name	Yr	School	Seed Time
1 Lynch, Drew		CAL	52.14
2 Cupples, Clinton	SO	LAP	52.71
3 Strain, Riley		CAL	56.82
4 Biehn, Tommy	JR	HUN	58.12
5 Spriggs, Lamont	9	STC	1:02.67
6 Barbour, Alexander		FRD-MD	1:03.00
7 Kang, Daniel	JR	LAP	1:03.30
8 Whitt, Sebastian	SR	MDU	1:05.25

9 Morgan, Zachary	SO	PTX	1:09.12
10 Stokes, Jospeh	JR	CRO	1:11.29
11 Bomgardner, Jacob	SO	HUN	1:13.70
12 Whitt, Zachary	SR	MDU	1:16.60
13 Arreaga, Alexander	9	LAC	1:28.59

Event 12 Women 100 Yard Butterfly

321ASouth: 1:02.31 2/16/2019 Jenna Mehls			
Name	Yr	School	Seed Time
1 Sloan, Kennedy	SO	PTX	1:05.03
2 Mussante, Rylin	FR	LAP	1:07.04
3 Milani, Ashlyn	FR	LAP	1:09.28
4 Lionel, Camdyn	JR	FRD-MD	1:10.78
5 Umrani, Laila	SO	HUN	1:12.00
6 Massey, Kathryn	JR	HUN	1:19.21
7 Wilson, Taylor	12	LAC	1:19.74
8 Simmons, Abby	SR	CAL	1:29.81
9 Browning, Amie	JR	MDU	1:37.63
10 Davis, Alyssa	11	STC	1:38.86
11 Brown, Asha	9	STC	1:50.39
12 Whitt, Shaina	SO	MDU	2:03.87

Event 13 Men 100 Yard Freestyle

321ASouth: 47.86 2/19/2022 Gavin Abelende			
Name	Yr	School	Seed Time
1 Abelende, Gavin	SO	LAP	48.18
2 Todd, Nathan	JR	LAP	49.26
3 Foveaux, Chase		CAL	53.06
4 Droneberger, Tyler	SO	HUN	56.18
5 McConnell, William	11	LAC	58.29
6 Parsons, William	JR	HUN	1:00.96
7 Oster, Jim	JR	PTX	1:01.39
8 Edwards, William	SR	MDU	1:01.75
9 Miles, Mason	12	STC	1:06.55
10 Perez, Chris A	SO	THS	1:07.71
11 Lema, Sean	JR	WLA	1:08.57
12 McRae, James	SR	MDU	1:09.64
13 Cruz, AJ	SO	WLA	1:10.44
14 Milani, Nic	FR	CAL	1:16.10
15 McCormick, Gernard	11	STC	1:17.24
16 McCloud, Dhane	SR	THS	1:20.53
17 Eason, Abraham	JR	CRO	1:24.96
18 Stewart, Sidney	11	LAC	1:29.31
19 Quill, Jayden A	SO	GWP-MD	1:29.94
20 Sanchez, Ezquiél A	SO	GWP-MD	1:30.01
21 Stephens, John	FR	FRD-MD	1:32.04
22 Hardy, Justin		FRD-MD	1:35.00
23 Couey, Aric	SR	PTX	1:46.05

Event 14 Women 100 Yard Freestyle

321ASouth: 51.56 2/19/2022 Addy Donnack			
Name	Yr	School	Seed Time
1 Donnack, Addy	JR	LAP	51.10
2 Meiser, MacKenzie	JR	LAP	1:01.32
3 Wood, Aria		CAL	1:03.48
4 Cost, Isabella	SR	HUN	1:09.01
5 Rowe, Emily	FR	HUN	1:09.27
6 Isreal, Zaria	9	LAC	1:09.49

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Event 14 ... (Women 100 Yard Freestyle)

Name	Yr	School	Seed Time
7 Martin, Charlize	11	LAC	1:11.21
8 Sylvain, Elizabeth	FR	MDU	1:11.24
9 Tiberie, Sophia		CAL	1:12.87
10 Fiset, Monet	12	STC	1:13.52
11 Clark, Mia	SR	MDU	1:13.68
12 Mohammed, Meera M		THS	1:18.12
13 Wright, Danielle	11	STC	1:22.51
14 Loeffler, Jordan T	SO	THS	1:24.94
15 Stewart, Bailee	SR	PTX	1:25.23
16 Gamboa, Alejendrea P	JR	GWP-MD	1:29.50
17 Bailey, Aria		FRD-MD	1:34.77
18 Wilkins, Katherine		FRD-MD	1:44.67
19 Martinez, Jessica Y	FR	GWP-MD	1:46.42
20 Davila, Katerin	SR	CRO	1:55.02

Event 15 Men 500 Yard Freestyle

321ASouth: 4:32.73 2/15/2014 Ben Lawless

Name	Yr	School	Seed Time
1 Abelende, Landon	FR	LAP	5:09.15
2 Morgan, Jaremy	SR	PTX	5:30.06
3 Riano, Carlo	FR	HUN	5:39.57
4 Rodriguez Vazquez, Fernan	10	LAC	5:48.53
5 Faidley, Nikolas	FR	HUN	5:57.65
6 Thornton, Michael	SR	MDU	6:00.04
7 Peterson, John	SO	LAP	6:37.80
8 Whitt, Zachary	SR	MDU	6:51.44
9 Williams, Jake	SR	CAL	7:21.82
10 Martinez, Higinio	10	STC	7:25.75
11 Sandifer, Joshua	12	LAC	7:34.51
12 Jones, Stephen	FR	CAL	7:35.13

Event 16 Women 500 Yard Freestyle

321ASouth: 5:17.84 2/16/2019 Nyah Hartwell

Name	Yr	School	Seed Time
1 Rupard, Alex	SO	LAP	5:49.86
2 Foveaux, Caliegh		CAL	6:07.81
3 Post, Lindsay	SO	HUN	6:13.91
4 Dennison, Ella	SO	LAP	6:17.26
5 Cartwright, Amanda J	JR	THS	6:18.36
6 Bren, Madelyn	SR	HUN	6:34.90
7 Huber, Cassie	SR	WLA	6:58.70
8 Clark, Sarah	SO	MDU	7:02.48
9 McTaggart, Meg	FR	MDU	7:08.86
10 Tanner, Taylor	JR	PTX	7:14.51
11 McCurry, Madison	SO	CAL	7:20.73
12 Wright-Carlson, Savannah	10	STC	8:01.84
13 Klinger, Casey	11	LAC	8:29.25

Event 17 Men 200 Yard Freestyle Relay

321ASouth: 1:32.62 2/16/2019 Northern High School

J Harmon, B Heiges, A Nguyen, N Dennes

Team	Relay	Seed Time
1 LAP		1:29.77
2 CAL		1:36.66
3 HUN		1:38.21
4 MDU		1:44.95

5 LAC	1:46.38
6 STC	1:48.39
7 PTX	1:58.19
8 FRD-MD	2:01.45
9 THS	2:07.77
10 GWP-MD	2:13.93

Event 18 Women 200 Yard Freestyle Relay

321ASouth: 1:40.67 2/19/2022 La Plata High School

J Woolsey, K Cupples, E French, A Donnack

Team	Relay	Seed Time
1 LAP		1:42.64
2 HUN		1:58.89
3 LAC		1:59.78
4 CAL		2:00.57
5 MDU		2:03.58
6 THS		2:11.98
7 PTX		2:17.48
8 STC		2:17.89
9 FRD-MD		2:33.61
10 GWP-MD		3:07.78

Event 19 Men 100 Yard Backstroke

321ASouth: 53.70 2/14/2015 Chris Kahl

Name	Yr	School	Seed Time
1 Strain, Riley		CAL	59.99
2 Johnson, Lincoln	SR	HUN	1:03.96
3 Spriggs, Lamont	9	STC	1:05.10
4 McConnell, William	11	LAC	1:06.29
5 MacMillan, Sean	JR	LAP	1:07.93
6 Brough, Kyle	10	LAC	1:11.02
7 Ferguson, Jameer	SO	FRD-MD	1:11.64
8 Norman, Gage	SO	CAL	1:11.83
9 McGuigan, Michael	FR	LAP	1:12.32
10 Venable, Rylan	JR	HUN	1:19.89
11 Ghrist, Eric	SO	WLA	1:21.21
12 Spell, Kevin	SR	MDU	1:22.85
13 Martinez, Higinio	10	STC	1:28.99
14 Herring, James	FR	MDU	1:31.74
15 Ambersly, Akeem M	FR	GWP-MD	1:34.55
16 Lehman, Isaac	FR	PTX	1:41.78
17 Quill, Jayden A	SO	GWP-MD	2:05.57

Event 20 Women 100 Yard Backstroke

321ASouth: 55.94 2/19/2022 Addy Donnack

Name	Yr	School	Seed Time
1 Donnack, Addy	JR	LAP	56.44
2 Leonard, Hailey	JR	LAP	1:12.27
3 Walter, Carolina	10	LAC	1:14.98
4 Cost, Isabella	SR	HUN	1:16.03
5 Gray, Grace		CAL	1:17.77
6 Browning, Amie	JR	MDU	1:24.91
7 Martinez, Miae	9	STC	1:25.26
8 Cost, Sydney	FR	HUN	1:27.17
9 Venson, Diamond	12	STC	1:28.49
10 Lewis, Kendyll	FR	CAL	1:33.80
11 Jones, Eleanora	FR	MDU	1:36.60
12 Jones, Jazzmin R	SO	THS	1:38.93

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Event 20 ... (Women 100 Yard Backstroke)

Name	Yr	School	Seed Time
13 Klinger, Casey	11	LAC	1:38.95
14 Van DeVander, Natalie	JR	PTX	1:44.42
15 Patterson, Collette P	SO	THS	1:55.29
16 Chavez, Krystal I	SO	GWP-MD	2:09.21
17 Ali, Kayla	JR	CRO	2:12.45
18 Simmons, Beniah E	FR	GWP-MD	2:52.50

Event 21 Men 100 Yard Breaststroke

321ASouth: 59.40 2/15/2020 Kristopher Schueller

Name	Yr	School	Seed Time
1 Abelende, Landon	FR	LAP	1:06.98
2 Strain, Jacob		CAL	1:07.21
3 McPhee, Steven	SR	MDU	1:11.88
4 Micknick, Michael	SR	MDU	1:14.78
5 Moore, Josiah	10	STC	1:15.08
6 Marshall, Marcuse	9	STC	1:16.89
7 Myers, Alexander	FR	LAP	1:17.86
8 Faidley, Nikolas	FR	HUN	1:19.69
9 Yeatman, Owne	JR	HUN	1:20.00
10 Arreaga, Alexander	9	LAC	1:22.63
11 Cruz, AJ	SO	WLA	1:26.24
12 Graves, Aaron	10	LAC	1:26.98
13 Williams, Jake	SR	CAL	1:43.14
14 Farley, Noah	FR	PTX	1:48.36
15 Daniel, Tyion	SO	GWP-MD	2:06.45
16 Hudson, Kaiden A	SO	GWP-MD	2:08.54

Event 22 Women 100 Yard Breaststroke

321ASouth: 1:08.03 2/17/2018 Kelly Moton

Name	Yr	School	Seed Time
1 Woolsey, Jadyne	SO	LAP	1:08.46
2 Cupples, Kaeleigh	SR	LAP	1:12.96
3 Schmidt, Kathryn	FR	HUN	1:23.77
4 Wood, Aria		CAL	1:24.05
5 Posey, Madelyn	JR	MDU	1:29.43
6 Alvey, Kaylee	12	LAC	1:29.63
7 McTaggart, Molly	JR	MDU	1:30.19
8 Sanderson, Saunette S	JR	THS	1:31.55
9 Simmons, Abby	SR	CAL	1:32.09
10 Bowman, Ta'Niya M	JR	THS	1:34.95
11 Eversvik-Lloyd, Olivia	SO	HUN	1:36.75
12 Wright, Danielle	11	STC	1:43.52
13 Ferris, Jordan	10	STC	1:44.25
14 Hackett, Camille	JR	CRO	1:54.36
15 Starks-Bey, Zahrah	11	LAC	1:55.16
16 Davis Mclendon, Damani S	SO	GWP-MD	2:02.64
17 Gamboa, Alejendrea P	JR	GWP-MD	2:11.20
18 Moss, Chloe		FRD-MD	2:14.77

Event 23 Men 400 Yard Freestyle Relay

321ASouth: 3:25.49 2/16/2019 Huntingtown High School

A Levija, A Droneberger, M Oller, C Currie

Team	Relay	Seed Time
1 LAP		3:25.30
2 LAC		3:46.55
3 HUN		3:55.45

4 PTX	3:58.17
5 MDU	3:59.02
6 STC	4:27.80
7 CAL	5:07.88
8 GWP-MD	5:38.75
9 FRD-MD	6:20.81

Event 24 Women 400 Yard Freestyle Relay

321ASouth: 3:46.03 2/17/2018 Huntingtown High School

S Cole, M Foulkes, S Atkins, M Frick

Team	Relay	Seed Time
1 LAP		3:50.33
2 HUN		4:08.56
3 CAL		4:20.17
4 PTX		4:24.35
5 MDU		4:53.98
6 THS		5:05.60
7 STC		5:15.19
8 LAC		5:36.39
9 FRD-MD		6:00.28
10 GWP-MD		7:31.48