

Girls 100 Meter Dash

12.91 ADV Advancement Standard							
Name	Year	School	Prelims		Wind	H#	
Preliminaries							
1 Tressia Davis	10	Friendly Sen	12.45Q	ADV	NWI	4	
2 Taisiya Reid	12	Patuxent	12.64Q	ADV	NWI	2	
3 Gabrielle Garner	11	Westlake	12.78Q	ADV	NWI	3	
4 Khaymoni Dearman	9	Frederick Do	12.83Q	ADV	NWI	1	
5 Kennedi Francis	11	Westlake	13.41Q		NWI	5	
6 Sophia Estrella	12	Patuxent	12.81q	ADV	NWI	2	
7 TaNiya Stewart	11	Henry E. Lac	12.99q		NWI	1	
8 Jalia Holley	12	Patuxent	13.35q		NWI	2	
9 Ndeye Cissokho	9	Fairmont Hei	13.36q		NWI	4	
10 London Perry	9	Gwynn Park	13.44q		NWI	1	
11 Alicia Hamn	11	Henry E. Lac	13.51q		NWI	3	
12 Unique Eubanks	12	Westlake	13.53q		NWI	3	
13 Alaya Scott	10	La Plata	13.70		NWI	4	
14 Natalie Halloran	11	La Plata	13.75		NWI	1	
15 Miranda Benjamin	11	MJ McDonough	13.81		NWI	2	
16 Daisha Salley	9	MJ McDonough	14.02		NWI	5	
17 Brooke Hubbard	9	MJ McDonough	14.11		NWI	3	
18 Christian Banks	10	Thomas Stone	14.42		NWI	1	14.415
19 Nina Bulls	10	Thomas Stone	14.42		NWI	4	14.418
20 Dere'on Granger	10	Friendly Sen	14.53		NWI	3	
21 Kiana Jno Baptiste	9	Fairmont Hei	14.73		NWI	2	
22 Mone't Crawford	10	Gwynn Park	14.90		NWI	1	
23 Sabriya Johnson	8	Fairmont Hei	16.14		NWI	2	

Girls 100 Meter Dash

12.91 ADV Advancement Standard									
Name	Year	School	Finals			Wind	H#	Points	
Finals									
1 Taisiya Reid	12	Patuxent	12.22	ADV	NWI	2	10		
2 Gabrielle Garner	11	Westlake	12.30	ADV	NWI	2	8		
3 Tressia Davis	10	Friendly Sen	12.33	ADV	NWI	2	6		
4 Khaymoni Dearman	9	Frederick Do	12.77	ADV	NWI	2	5		
5 Sophia Estrella	12	Patuxent	13.01		NWI	2	4		
6 Jalia Holley	12	Patuxent	13.14		NWI	1	3		
7 TaNiya Stewart	11	Henry E. Lac	13.22		NWI	1	2		
8 Alicia Hamn	11	Henry E. Lac	13.23		NWI	1	1		
9 Ndeye Cissokho	9	Fairmont Hei	13.28		NWI	1			
10 Kennedi Francis	11	Westlake	13.45		NWI	2			
11 Unique Eubanks	12	Westlake	13.47		NWI	1			
12 London Perry	9	Gwynn Park	13.76		NWI	1			

Girls 200 Meter Dash

26.51 ADV Advancement Standard						
Name	Year	School	Prelims		Wind	H#
Preliminaries						
1 Tressia Davis	10	Friendly Sen	25.51Q	ADV	NWI	5
2 Gabrielle Garner	11	Westlake	25.62Q	ADV	NWI	4
3 Taisiya Reid	12	Patuxent	26.40Q	ADV	NWI	3
4 Jalia Holley	12	Patuxent	27.16Q		NWI	1
5 Adonna Jackson	10	Frederick Do	27.66Q		NWI	2
6 Kennedi Francis	11	Westlake	27.22q		NWI	3
7 Kristian Powell	10	MJ McDonough	27.74q		NWI	4
8 Hawa Kouyate	11	Gwynn Park	27.94q		NWI	1
9 Valterra Morfaw	12	Westlake	28.10q		NWI	4
10 Natalie Halloran	11	La Plata	28.12q		NWI	3
11 Makiah Brown	12	MJ McDonough	28.31q		NWI	2
12 Trinity Charles	11	MJ McDonough	28.35q		NWI	4
13 Ti'Syn Richards	11	Gwynn Park	28.82		NWI	5
14 Alaya Scott	10	La Plata	28.95		NWI	1
15 Michelle Alvarado	9	Friendly Sen	29.24		NWI	3
16 Nina Branch	11	Frederick Do	29.39		NWI	5
17 Kaden Way	10	Friendly Sen	29.42		NWI	1
18 Kiana Jno Baptiste	9	Fairmont Hei	30.21		NWI	3
19 Morgan Kirk	11	Henry E. Lac	31.09		NWI	5
20 Alaina Thomas	10	Patuxent	31.34		NWI	4

21 Aisha Kamara	9 Fairmont Hei	31.37	NWI	1
22 Riley Haller	12 Calvert	32.05	NWI	2

Girls 200 Meter Dash

26.51 ADV Advancement Standard									
Name	Year	School	Finals			Wind	H#	Points	
Finals									
1	Tressia Davis	10	Friendly Sen	24.75	ADV	NWI	2	10	
2	Gabrielle Garner	11	Westlake	25.28	ADV	NWI	2	8	
3	Taisiya Reid	12	Patuxent	25.39	ADV	NWI	2	6	
4	Jalia Holley	12	Patuxent	26.33	ADV	NWI	2	5	
5	Kennedi Francis	11	Westlake	26.74		NWI	2	4	
6	Kristian Powell	10	MJ McDonough	27.31		NWI	1	3	
7	Valterra Morfaw	12	Westlake	27.67		NWI	1	2	
8	Hawa Kouyate	11	Gwynn Park	27.79		NWI	1	1	
9	Adonna Jackson	10	Frederick Do	27.97		NWI	2		
10	Trinity Charles	11	MJ McDonough	28.09		NWI	1		
11	Makiah Brown	12	MJ McDonough	28.63		NWI	1		
12	Natalie Halloran	11	La Plata	28.65		NWI	1		

Girls 400 Meter Dash

59.82 ADV Advancement Standard									
Name	Year	School	Finals				H#	Points	
1 Tressia Davis	10	Friendly Sen	56.18	ADV			5	10	
2 Kelis Milburn	12	Gwynn Park	58.68	ADV			5	8	
3 Lenassha Hazel	12	Potomac (Oxo	1:02.30				5	6	
4 Adrienne Anderson	10	Friendly Sen	1:02.52				5	5	
5 Ameriona Studstill	11	Westlake	1:02.77				5	4	
6 Valterra Morfaw	12	Westlake	1:03.06				4	3	
7 Adonna Jackson	10	Frederick Do	1:03.48				5	2	
8 Alyssa Cunningham	10	Frederick Do	1:03.71				3	1	
9 Anijah Medley	12	Thomas Stone	1:03.97				4		
10 Trinity Charles	11	MJ McDonough	1:04.22				4		
11 Toyosi Adedeji	12	Thomas Stone	1:05.86				3		
12 Raylin Lee	12	Henry E. Lac	1:06.09				4		
13 Sydney Taylor	11	Gwynn Park	1:06.56				3		
14 Nichole Holcomb	12	Patuxent	1:07.33				3		
15 Nadia Harris	9	Gwynn Park	1:08.27				3		
16 Hannah Hoffman	11	La Plata	1:08.28				2		
17 Asia Booker	10	Thomas Stone	1:08.94				2		
18 Aisha Kamara	9	Fairmont Hei	1:09.29				1		
19 Lily Hoffman	9	La Plata	1:10.01				2		
20 Alaina Thomas	10	Patuxent	1:10.02				1		
21 Raven Knight	10	La Plata	1:12.77				2		
22 Amiyah Mackell	10	Westlake	1:13.04				2		
23 Sabriya Johnson	8	Fairmont Hei	1:23.13				1		

Girls 800 Meter Run

2:24.64 ADV Advancement Standard									
Name	Year	School	Finals				H#	Points	
1 Angel Ross	11	Frederick Do	2:27.74				2	10	
2 Madison McCurry	10	Calvert	2:32.27				2	8	
3 Hayley Spicknall	12	Calvert	2:34.51				2	6	
4 Toyosi Adedeji	12	Thomas Stone	2:37.37				2	5	
5 Faith Mulvey	9	Patuxent	2:37.54				1	4	
6 Erica Jenkins	12	MJ McDonough	2:38.07				2	3	
7 Julia Lawndy	11	La Plata	2:39.02				2	2	
8 Nichole Holcomb	12	Patuxent	2:39.78				2	1	
9 Savonna Smyser	11	La Plata	2:39.80				2		
10 Devan Humphreys	10	Patuxent	2:41.28				2		
11 Madison Rybarczyk	10	La Plata	2:43.13				1		
12 Heaven Saxton	10	Henry E. Lac	2:46.79				1		
13 Kendall Wicks	11	Gwynn Park	2:47.00				1		
14 Noelia Gonzalez	12	Calvert	2:51.03				1		
15 Makayla Stevens	9	Henry E. Lac	2:55.65				1		
16 Zahrah Starks-Bey	11	Henry E. Lac	2:59.35				1		
17 Amiyah Mackell	10	Westlake	3:00.72				1		
18 Sydney Taylor	11	Gwynn Park	3:02.39				2		
19 Kalia Woods	10	Thomas Stone	3:09.86				1		
20 Alyssa Jongo	10	MJ McDonough	3:17.49				1		
21 Nevaeh Cleveland	9	Gwynn Park	3:18.16				1		

Girls 1600 Meter Run

5:25.73 ADV Advancement Standard									
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Name	Year	School	Finals	Points
1 Madison McCurry	10	Calvert	5:24.06 ADV	10
2 Angel Ross	11	Frederick Do	5:37.36	8
3 Hayley Spicknall	12	Calvert	5:45.56	6
4 Devan Humphreys	10	Patuxent	5:47.41	5
5 Julia Lawndy	11	La Plata	5:58.72	4
6 Savonna Smyser	11	La Plata	6:12.84	3
7 Noelia Gonzalez	12	Calvert	6:16.38	2
8 Madison Rybarczyk	10	La Plata	6:18.48	1
9 Ivy Blackwell	11	Patuxent	6:57.71	
10 Ryleigh Goss	12	Patuxent	7:07.41	

Girls 3200 Meter Run

12:06.95 ADV Advancement Standard	Name	Year	School	Finals	Points
	1 Madison McCurry	10	Calvert	11:50.94 ADV	10
	2 Hayley Spicknall	12	Calvert	12:46.92	8
	3 Devan Humphreys	10	Patuxent	12:58.50	6
	4 Savannah Trice	11	La Plata	14:04.69	5
	5 Ivy Blackwell	11	Patuxent	14:30.27	4
	6 Savannah Hall	12	Patuxent	14:54.39	3
	7 Madison Rybarczyk	10	La Plata	15:41.61	2

Girls 100 Meter Hurdles

16.63 ADV Advancement Standard	Name	Year	School	Prelims	Wind	H#
Preliminaries						
	1 Chelsea Whitehurst	12	Friendly Sen	14.94QADV	NWI	3
	2 Sophia Estrella	12	Patuxent	16.33QADV	NWI	2
	3 Cenia Simms	12	Henry E. Lac	16.53QADV	NWI	1
	4 Ariyah Gay	11	Westlake	17.14q	NWI	2
	5 Kennedy Slade	12	Gwynn Park	17.28q	NWI	2
	6 Jasmine Scott	12	La Plata	17.55q	NWI	1
	7 Charlize Martin	11	Henry E. Lac	17.73q	NWI	3
	8 Jordan Estrella	11	Patuxent	17.75q	NWI	3
	9 Asasha Henley	11	Gwynn Park	17.85q	NWI	1
	10 Trinity Hazell	10	Thomas Stone	18.74q	NWI	1
	11 Camille Plunkett	10	La Plata	18.78q	NWI	3
	12 Alexis Welch	12	Patuxent	18.81q	NWI	2
	13 Kristian Powell	10	MJ McDonough	19.15	NWI	2
	14 Matilda Siegel	9	La Plata	21.18	NWI	1
	15 Brooke Hubbard	9	MJ McDonough	23.27	NWI	3

Girls 100 Meter Hurdles

16.63 ADV Advancement Standard	Name	Year	School	Finals	Wind	H#	Points
Finals							
	1 Chelsea Whitehurst	12	Friendly Sen	14.98 ADV	NWI	2	10
	2 Sophia Estrella	12	Patuxent	16.01 ADV	NWI	2	8
	3 Kennedy Slade	12	Gwynn Park	16.57 ADV	NWI	2	6
	4 Cenia Simms	12	Henry E. Lac	16.80	NWI	2	5
	5 Asasha Henley	11	Gwynn Park	16.94	NWI	1	4
	6 Ariyah Gay	11	Westlake	16.95	NWI	2	3
	7 Charlize Martin	11	Henry E. Lac	17.14	NWI	1	2
	8 Jasmine Scott	12	La Plata	17.20	NWI	2	1
	9 Jordan Estrella	11	Patuxent	17.84	NWI	1	
	10 Camille Plunkett	10	La Plata	18.14	NWI	1	
	11 Alexis Welch	12	Patuxent	18.44	NWI	1	
	12 Trinity Hazell	10	Thomas Stone	18.94	NWI	1	

Girls 300 Meter Hurdles

48.36 ADV Advancement Standard	Name	Year	School	Finals	H#	Points
	1 Chelsea Whitehurst	12	Friendly Sen	45.87 ADV	4	10
	2 Sophia Estrella	12	Patuxent	45.92 ADV	4	8
	3 Denim Bello	12	Friendly Sen	47.52 ADV	4	6
	4 Kennedy Slade	12	Gwynn Park	48.95	4	5
	5 Angelica Emory	12	Thomas Stone	49.15	3	4
	6 Asasha Henley	11	Gwynn Park	49.31	3	3
	7 Nadya Walker	9	MJ McDonough	49.99	4	2
	8 Ariyah Gay	11	Westlake	50.62	3	1
	9 Monea Holland	10	Patuxent	51.78	3	

10	Ti'Syn Richards	11	Gwynn Park	52.25	2
11	Camille Plunkett	10	La Plata	52.39	2
12	Jordan Estrella	11	Patuxent	54.29	3
13	Trinity Hazell	10	Thomas Stone	57.51	2
14	Matilda Siegel	9	La Plata	1:01.48	1
--	Shanelle Bradley	11	MJ McDonough	DQ	3

Girls 4x100 Meter Relay

51.36 ADV Advancement Standard					
School			Finals		H# Points
1	Westlake		49.50 ADV		2 10
	1) Unique Eubanks 12	2) Gabrielle Garner 11			
	3) Kennedy Francis 11	4) Ariyah Gay 11			
2	Henry E. Lackey		50.38 ADV		2 8
	1) Lakayla Fellhauer 10	2) Erykah Manley 9			
	3) Alicia Hamn 11	4) TaNiya Stewart 11			
3	Gwynn Park		50.75 ADV		2 6
	1) London Perry 9	2) Kelis Milburn 12			
	3) Kennedy Slade 12	4) Hawa Kouyate 11			
4	Friendly Senior		52.11		2 5
	1) Michelle Alvarado 9	2) Chelsea Whitehurst 12			
	3) Adrianne Anderson 10	4) Denim Bello 12			
5	Patuxent		53.59		2 4
	1) Leanne Pezzuti 11	2) Ailish Fockler 11			
	3) Destiny Brown 10	4) Jalia Holley 12			
6	Fairmont Heights		55.61		1 3
	1) Kiana Jno Baptiste 9	2) Ndeye Cissokho 9			
	3) Jamiya Cannon 11	4) Sabriya Johnson 8			
7	Thomas Stone		55.92		1 2
	1) Christian Banks 10	2) Nina Bulls 10			
	3) Angelica Emory 12	4) Anijah Medley 12			

Girls 4x200 Meter Relay

1:48.21 ADV Advancement Standard					
School			Finals		H# Points
1	Gwynn Park		1:48.37		2 10
	1) Ti'Syn Richards 11	2) Kelis Milburn 12			
	3) London Perry 9	4) Asasha Henley 11			
2	Westlake		1:48.70		2 8
	1) Unique Eubanks 12	2) Kamille Mauldin 9			
	3) Valterra Morfaw 12	4) Kennedy Francis 11			
3	MJ McDonough		1:48.80		2 6
	1) Miranda Benjamin 11	2) Kristian Powell 10			
	3) Shanelle Bradley 11	4) Trinity Charles 11			
4	Henry E. Lackey		1:49.20		2 5
	1) Alicia Hamn 11	2) Erykah Manley 9			
	3) Raylin Lee 12	4) Cekiyah Swann 10			
5	Friendly Senior		1:49.42		2 4
	1) Adrianne Anderson 10	2) Chelsea Whitehurst 12			
	3) Michelle Alvarado 9	4) Denim Bello 12			
6	La Plata		1:52.16		1 3
	1) Natalie Halloran 11	2) Alaya Scott 10			
	3) Camille Plunkett 10	4) Jasmine Scott 12			
7	Thomas Stone		1:53.26		1 2
	1) Toyosi Adedeji 12	2) Nina Bulls 10			
	3) Asia Booker 10	4) Angelica Emory 12			
8	Patuxent		1:55.56		2 1
	1) Leanne Pezzuti 11	2) Alexis Welch 12			
	3) Faith Mulvey 9	4) Jalia Holley 12			

Girls 4x400 Meter Relay

4:12.73 ADV Advancement Standard					
School			Finals		H# Points
1	Gwynn Park		4:13.32		2 10
	1) Kelis Milburn 12	2) Asasha Henley 11			
	3) Hawa Kouyate 11	4) Kennedy Slade 12			
2	Frederick Douglass-PG		4:18.65		2 8
	1) Nina Branch 11	2) Alyssa Cunningham 10			
	3) Adonna Jackson 10	4) Angel Ross 11			
3	MJ McDonough		4:21.03		2 6
	1) Miranda Benjamin 11	2) Shanelle Bradley 11			
	3) Trinity Charles 11	4) Nadya Walker 9			
4	La Plata		4:35.03		2 5
	1) Lily Hoffman 9	2) Hannah Hoffman 11			
	3) Camille Plunkett 10	4) Savonna Smyser 11			

5 Patuxent	4:37.30	2	4
1) Monea Holland 10	2) Alaina Thomas 10		
3) Nichole Holcomb 12	4) Faith Mulvey 9		

Girls 4x800 Meter Relay

10:10.95 ADV Advancement Standard				Finals		Points
School						
1 Patuxent				10:48.88		10
1) Devan Humphreys 10				2) Leanne Pezzuti 11		
3) Nichole Holcomb 12				4) Faith Mulvey 9		
2 La Plata				10:51.98		8
1) Savonna Smyser 11				2) Savannah Trice 11		
3) Madison Rybarczyk 10				4) Julia Lawndy 11		
3 Gwynn Park				10:59.29		6
1) Hawa Kouyate 11				2) Kendall Wicks 11		
3) Nadia Harris 9				4) Sydney Taylor 11		
4 Henry E. Lackey				11:50.73		5
1) Zahrah Starks-Bey 11				2) Heaven Saxton 10		
3) Makayla Stevens 9				4) Olivia Hairston 11		
5 MJ McDonough				12:05.72		4
1) Mia Clark 12				2) Alyssa Jonga 10		
3) Gabrielle Peete 9				4) Erica Jenkins 12		
6 Calvert				12:44.15		3
1) Caileigh Foveaux 10				2) Noelia Gonzalez 12		
3) Alina Jabara 10				4) Cassidy Spicknall 10		

Girls High Jump

4-10.00 ADV Advancement Standard				Finals		Points
Name	Year	School				
1 Taisiya Reid	12	Patuxent		5-04.00 ADV		10
4-02 4-04 4-06 4-08 4-10 5-00 5-02 5-04						
P P P O O XO O O						
2 Charlize Martin	11	Henry E. Lac		5-02.00 ADV		8
4-02 4-04 4-06 4-08 4-10 5-00 5-02 5-04						
O O O O O XO XO XXX						
3 Lenassha Hazel	12	Potomac (Oxo		5-00.00 ADV		6
4-02 4-04 4-06 4-08 4-10 5-00 5-02						
P P O O O O XXX						
4 Jordan Estrella	11	Patuxent		4-10.00 ADV		5
4-02 4-04 4-06 4-08 4-10 5-00						
O O O O O XXX						
5 Denim Bello	12	Friendly Sen		J4-10.00 ADV		4
4-02 4-04 4-06 4-08 4-10 5-00						
P P O O XO XXX						
6 Ti'Syn Richards	11	Gwynn Park		4-08.00		3
4-02 4-04 4-06 4-08 4-10						
P XXO O XXO XXX						
7 Bailee Harrold	11	La Plata		4-06.00		2
4-02 4-04 4-06 4-08						
O O O XXX						
8 Alaina Cabbagestal	10	La Plata		J4-06.00		1
4-02 4-04 4-06 4-08						
XO XO O XXX						
9 Mia Clark	12	MJ McDonough		J4-06.00		
4-02 4-04 4-06 4-08						
O O XXO XXX						
10 Asia Booker	10	Thomas Stone		4-04.00		
4-02 4-04 4-06						
P O XXX						
10 Ailish Fockler	11	Patuxent		4-04.00		
4-02 4-04 4-06						
O O XXX						
12 Amaree Turner	12	MJ McDonough		J4-04.00		
4-02 4-04 4-06						
XO O XXX						
-- Ryann Tompkins	11	La Plata		NH		
4-02						
XXX						
-- Christian Banks	10	Thomas Stone		NH		
4-02 4-04						
P XXX						

Girls Long Jump

16-01.00 ADV Advancement Standard				Finals		Wind H#	Points
Name	Year	School					

1	Taisiya Reid	12 Patuxent	17-11.00	ADV	NWI	2	10
	17-11(NWI) FOUL						
2	Jasmine Scott	12 La Plata	17-07.25	ADV	NWI	2	8
	13-04(NWI) FOUL	15-01(NWI) 14-04(NWI)	17-07.25(NWI)	14-07.75(NWI)			
3	Amaree Turner	12 MJ McDonough	16-09.50	ADV	NWI	2	6
	15-03(NWI) 15-06(NWI) 15-08(NWI) 15-07(NWI)	15-00(NWI) 16-09.50(NWI)					
4	Ndeye Cissokho	9 Fairmont Hei	16-04.00	ADV	NWI	2	5
	14-07(NWI) 15-04(NWI) 16-04(NWI) 14-11(NWI)	FOUL 14-08.25(NWI)					
5	Angelica Emory	12 Thomas Stone	16-02.00	ADV	NWI	2	4
	12-08.25(NWI) 14-10(NWI) 13-08(NWI) 14-00(NWI)	16-02(NWI) 15-02.75(NWI)					
6	Gabrielle Lee	10 Westlake	15-11.50		NWI	2	3
	FOUL 15-08(NWI) 14-11(NWI) 15-04(NWI)	15-04(NWI) 15-11.50(NWI)					
7	Cenia Simms	12 Henry E. Lac	15-09.25		NWI	2	2
	FOUL 15-06(NWI) 15-09.25(NWI) 14-09(NWI)	FOUL 15-03(NWI)					
8	Alycia Council	11 Calvert	15-04.75		NWI	2	1
	15-01(NWI) 15-01(NWI) 15-04.75(NWI) 15-02(NWI)	FOUL 15-00(NWI)					
9	Niya Cox	11 Westlake	14-11.25		NWI	1	
	14-00(NWI) 14-11.25(NWI) 14-09.50(NWI) 14-03(NWI)	13-10(NWI) 13-09.75(NWI)					
10	Tressia Davis	10 Friendly Sen	14-09.75		NWI	2	
	14-09.75(NWI) 14-04.50(NWI) 13-07.50(NWI)						
11	Alaina Cabbagestal	10 La Plata	14-09.50		NWI	1	
	14-06.25(NWI) 14-09.50(NWI) 14-03.75(NWI)						
12	Anijah Medley	12 Thomas Stone	14-05.00		NWI	2	
	14-04(NWI) FOUL 14-05(NWI)						
13	Abria Parrish	9 Westlake	14-02.00		NWI	1	
	12-08.50(NWI) 13-05(NWI) 14-02(NWI)						
14	Nadia Harris	9 Gwynn Park	13-08.50		NWI	1	
	12-06(NWI) 12-09(NWI) 13-08.50(NWI)						
15	Alexis Welch	12 Patuxent	13-08.25		NWI	1	
	13-08.25(NWI) 12-07.50(NWI) 13-03(NWI)						
16	Nina Branch	11 Frederick Do	13-07.00		NWI	1	
	13-07(NWI) 13-01.50(NWI) 13-00.25(NWI)						
17	Allison Hopfinger	10 Calvert	13-05.00		NWI	1	
	13-05(NWI) 13-04.50(NWI) FOUL						
18	Alaina Thomas	10 Patuxent	13-01.75		NWI	1	
	12-06.25(NWI) 13-00(NWI) 13-01.75(NWI)						
19	Riley Haller	12 Calvert	12-03.50		NWI	1	
	11-06.50(NWI) 12-03.50(NWI) 11-05(NWI)						
20	Jamiya Cannon	11 Fairmont Hei	11-06.75		NWI	1	
	10-10.50(NWI) 11-06.75(NWI) 11-01(NWI)						
--	Kiana Jno Baptiste	9 Fairmont Hei	FOUL			1	
	FOUL FOUL FOUL						
--	Dere'on Granger	10 Friendly Sen	FOUL			1	
	FOUL FOUL FOUL						

Girls Triple Jump

33-10.00 ADV Advancement Standard							
Name	Year	School	Finals		Wind Points		
1 Sophia Estrella	12	Patuxent	34-11.00	ADV	NWI	10	
	33-08.50(NWI)	33-11.50(NWI) 34-03.25(NWI)	34-11(NWI)	FOUL			
2 Cenia Simms	12	Henry E. Lac	34-03.50	ADV	NWI	8	
	FOUL 30-03.50(NWI)	33-10.50(NWI) 34-03.50(NWI)	FOUL				
3 Nadya Walker	9	MJ McDonough	33-06.75		NWI	6	
	33-06.75(NWI) 32-02.75(NWI)	32-01.50(NWI) 32-01(NWI)	32-01(NWI)	33-04(NWI)	32-11.75(NWI)		
4 Niya Cox	11	Westlake	32-08.75		NWI	5	
	32-05.25(NWI) 32-01.75(NWI)	32-01(NWI) 32-08.75(NWI)	32-05.50(NWI)	32-04.50(NWI)			
5 Gabrielle Lee	10	Westlake	32-07.50		NWI	4	
	32-02.75(NWI) 32-07.50(NWI)	32-04(NWI) 31-09.50(NWI)	32-02(NWI)	31-10.50(NWI)			
6 Anijah Medley	12	Thomas Stone	32-05.00		NWI	3	
	31-07(NWI) 32-05(NWI)	FOUL 31-07.75(NWI)	32-03(NWI)	30-11(NWI)			
7 Jordan Estrella	11	Patuxent	32-02.50		NWI	2	
	31-07.50(NWI) 30-11.25(NWI)	31-04.50(NWI) 32-02.50(NWI)	31-10.25(NWI)	FOUL			
8 Alycia Council	11	Calvert	32-02.50		NWI	1	
	31-07.50(NWI) 30-11.50(NWI)	31-02.50(NWI) 31-06.50(NWI)	31-06.75(NWI)	32-02.50(NWI)			
9 Abria Parrish	9	Westlake	30-06.00		NWI		
	FOUL 30-00(NWI)	29-07.50(NWI) 30-06(NWI)	29-02.50(NWI)	29-06(NWI)			
10 Alexis Welch	12	Patuxent	29-10.75		NWI		
	29-10.75(NWI) 29-05.50(NWI)	29-02.50(NWI)					
11 Allison Hopfinger	10	Calvert	28-07.00		NWI		
	FOUL 27-05(NWI)	28-07(NWI)					
12 Ericka Glenn	10	Frederick Do	27-10.75		NWI		
	27-10.75(NWI) FOUL	27-02.50(NWI)					
13 Riley Haller	12	Calvert	26-09.25		NWI		
	26-09.25(NWI) FOUL	25-08(NWI)					

Girls Shot Put

32-11.00 ADV Advancement Standard				
Name	Year	School	Finals	H# Points

=====									
1	Jada Williams-Gree	9	Calvert	34-01.00	ADV	2	10		
	34-01 32-06 32-04 29-06 32-02.50 31-10.50								
2	Kennedi Jones-Scot	10	Henry E. Lac	33-00.00	ADV	2	8		
	28-07.50 33-00 28-05 31-06.50 29-00.50 30-11.50								
3	Karrington James	12	MJ McDonough	32-11.50	ADV	2	6		
	31-09 32-07.75 FOUL FOUL 32-11.50 32-00								
4	Sydney Lee	12	Westlake	32-07.00		2	5		
	30-06.50 30-02.25 28-10.25 28-08 29-04 32-07								
5	Belinda Darko	10	Gwynn Park	31-05.25		2	4		
	FOUL 28-00 29-04.50 FOUL 30-11 31-05.25								
6	Ashley Jones	11	Henry E. Lac	31-00.25		2	3		
	30-02 29-06.25 28-08 31-00.25 28-09.50 30-11								
7	Maya Cooper	11	Thomas Stone	30-03.25		2	2		
	30-00.50 27-09 30-03.25 28-10.25 FOUL 29-02								
8	Jayonne Cager	10	Thomas Stone	28-04.50		2	1		
	FOUL 28-04.50 27-04 28-02 25-06.50 25-06								
9	Maleesah Williams	9	MJ McDonough	27-09.50		1			
	27-08 27-06.50 27-04 27-00 26-09.25 27-09.50								
10	Nya Pledger	11	Westlake	27-05.00		2			
	26-10.25 27-05 26-00.50								
11	Tsvealah Dunn	12	Thomas Stone	27-04.50		2			
	26-08.25 24-09.50 27-04.50								
12	AnnMarie Truesdell	11	MJ McDonough	26-07.50		2			
	25-10 26-05.50 26-07.50								
13	Haleigh Parker	11	Patuxent	26-04.00		1			
	25-07.50 26-04 25-05.50								
14	Nadia Sands	12	Patuxent	26-03.50		1			
	25-01 26-03.50 25-05								
15	Kaia Daniels	11	Henry E. Lac	26-01.00		2			
	24-07 22-09 26-01								
16	Sydney Marshman	9	Gwynn Park	25-08.00		1			
	25-08 24-02.50 24-10.25								
17	Ahmari Garrett	10	Westlake	25-06.00		1			
	23-03.50 24-04 25-06								
18	Sanise Jefferson	9	Patuxent	25-00.25		2			
	24-04 21-06.50 25-00.25								
19	Imani White	10	Frederick Do	24-07.50		1			
	22-06.50 24-07.50 24-07.50								
20	Daisy Rojas	10	La Plata	23-09.25		1			
	22-06 23-09.25 23-08.50								
21	Lena Bell	9	Calvert	21-02.50		1			
	21-02.50 21-00.50 20-06								

Girls Discus Throw

=====									
		94-09	ADV	Advancement	Standard				
Name		Year		School	Finals		H# Points		
=====									
1	Belinda Darko	10	Gwynn Park	110-02.00	ADV	2	10		
	96-03 86-09 FOUL 98-06 99-02 110-02								
2	Jada Williams-Gree	9	Calvert	93-05.00		2	8		
	86-02 84-06 88-11 84-08 93-05 74-08								
3	Tsvealah Dunn	12	Thomas Stone	89-06.00		2	6		
	89-06 77-07 76-03 81-09 FOUL 86-05								
4	AnnMarie Truesdell	11	MJ McDonough	89-02.00		2	5		
	FOUL 69-10 80-00 89-02 84-06 85-05								
5	Ashley Jones	11	Henry E. Lac	89-00.00		2	4		
	81-10 64-10 66-06 81-00 89-00 87-05								
6	Nya Pledger	11	Westlake	86-07.00		2	3		
	79-08 83-08 11-03 80-09 85-00 86-07								
7	Charlize Martin	11	Henry E. Lac	86-02.00		2	2		
	FOUL 66-07 86-02 79-10 85-05 FOUL								
8	Imani White	10	Frederick Do	84-05.00		2	1		
	FOUL FOUL 82-11 68-08 83-03 84-05								
9	Kaia Daniels	11	Henry E. Lac	84-00.00		2			
	82-07 77-02 FOUL 68-10 77-02 84-00								
10	Ashley Locks	12	Patuxent	76-06.00		2			
	76-06 75-08 FOUL								
11	Karrington James	12	MJ McDonough	73-04.00		2			
	73-04 62-10 FOUL								
12	Toyosi Adedeji	12	Thomas Stone	72-01.00		1			
	72-01 71-03 71-05								
13	Sanise Jefferson	9	Patuxent	65-09.00		1			
	65-09 59-08 FOUL								
14	Sydney Marshman	9	Gwynn Park	63-04.00		1			
	FOUL FOUL 63-04								
15	Daisy Rojas	10	La Plata	63-02.00		1			
	63-02 61-09 59-06								
16	Natalia Romero Sor	9	MJ McDonough	61-02.00		1			
	61-02 FOUL FOUL								

17	Lena Bell	9	Calvert	54-11.00	1
	54-11 50-05 50-05				
18	Haleigh Parker	11	Patuxent	54-03.00	2
	FOUL FOUL 54-03				
19	Ryann Tompkins	11	La Plata	46-01.00	1
	42-09 46-01 42-09				
20	Zabreah Lataon	10	Calvert	44-08.00	1
	FOUL FOUL 44-08				
21	Candace Carrington	11	Thomas Stone	43-09.00	1
	20-02 41-08 43-09				

Boys 100 Meter Dash

11.36 ADV Advancement Standard						
Name	Year	School	Prelims	Wind	H#	
Preliminaries						
1 Donte Long	10	Friendly Sen	11.08QADV	NWI	5	
2 Ebube Emechebe	11	Westlake	11.29QADV	NWI	1	
3 Gordon Neal	12	La Plata	11.30QADV	NWI	3	
4 Darrius Mason	11	La Plata	11.33QADV	NWI	2	11.326
5 Daniel Person	11	MJ McDonough	11.34QADV	NWI	4	11.331
6 Kalen Pinder	12	MJ McDonough	11.33qADV	NWI	3	11.324
7 Jayden White	10	Westlake	11.34qADV	NWI	1	11.335
8 Evan Jones	9	Patuxent	11.55q	NWI	4	
9 Jalon Edwards	12	Patuxent	11.59q	NWI	4	
10 Tae Harrod	12	Calvert	11.61q	NWI	5	
11 Javier Coleman	12	Calvert	11.67q	NWI	2	11.663
12 Larry Jordan	10	Calvert	11.67q	NWI	1	11.668
13 Jeremiah Williams	11	Thomas Stone	11.70	NWI	3	
14 Dion Spencer	12	Gwynn Park	11.78	NWI	5	
15 Michel Lepre-Arias	11	La Plata	11.86	NWI	1	11.852
16 Romero Lavalais	11	Gwynn Park	11.86	NWI	5	11.860
17 Tyler Johnson	12	Frederick Do	11.87	NWI	3	
18 Catherine Brandon	10	Henry E. Lac	11.91	NWI	1	
19 Daquan Buck	10	Patuxent	11.97	NWI	2	
20 Amari Gable	12	MJ McDonough	12.05	NWI	4	
21 Larry Shaw	10	Gwynn Park	12.06	NWI	4	
22 DeJon Price	11	Fairmont Hei	12.09	NWI	2	
23 Artini Jackson	11	Thomas Stone	12.11	NWI	5	
24 Anthony Proctor	11	Fairmont Hei	12.13	NWI	2	
25 Bobby Glenn	12	Frederick Do	12.21	NWI	3	
26 Joshua Dunmore	10	Fairmont Hei	13.57	NWI	5	
-- Robert Pearson	12	Westlake	FS	NWI	4	
-- Aidan Mitchiner	12	Frederick Do	FS	NWI	3	

Boys 100 Meter Dash

11.36 ADV Advancement Standard						
Name	Year	School	Finals	Wind	H#	Points
Finals						
1 Donte Long	10	Friendly Sen	11.14 ADV	NWI	2	10
2 Gordon Neal	12	La Plata	11.22 ADV	NWI	2	8
3 Darrius Mason	11	La Plata	11.36 ADV	NWI	2	6
4 Ebube Emechebe	11	Westlake	11.37	NWI	2	5
5 Daniel Person	11	MJ McDonough	11.40	NWI	2	4
6 Jayden White	10	Westlake	11.44	NWI	1	3
7 Javier Coleman	12	Calvert	11.53	NWI	1	2
8 Jalon Edwards	12	Patuxent	11.53	NWI	1	1
9 Evan Jones	9	Patuxent	11.60	NWI	1	
10 Larry Jordan	10	Calvert	11.63	NWI	1	
11 Tae Harrod	12	Calvert	11.66	NWI	1	

Boys 200 Meter Dash

22.76 ADV Advancement Standard						
Name	Year	School	Prelims	Wind	H#	
Preliminaries						
1 Donte Long	10	Friendly Sen	22.37QADV	NWI	5	
2 Ebube Emechebe	11	Westlake	22.86Q	NWI	6	
3 Jayden White	10	Westlake	23.01Q	NWI	1	
4 Daniel Person	11	MJ McDonough	23.12Q	NWI	3	
5 Kelechi Anyanwu	10	Westlake	23.13Q	NWI	4	
6 Darrius Mason	11	La Plata	23.39Q	NWI	2	
7 Brendan Knight	12	Gwynn Park	23.07q	NWI	1	
8 Gordon Neal	12	La Plata	23.26q	NWI	3	
9 Evan Jones	9	Patuxent	23.44q	NWI	5	
10 Larry Jordan	10	Calvert	23.59q	NWI	3	
11 Cameron Barbosa	12	Calvert	23.61q	NWI	5	

12	Javier Coleman	12	Calvert	23.64q	NWI	6
13	Andre Chapman	12	Patuxent	23.90	NWI	3
14	Michel Lepre-Arias	11	La Plata	24.13	NWI	1
15	Jeremiah Harrison	12	Thomas Stone	24.23	NWI	4
16	Jeremiah Williams	11	Thomas Stone	24.28	NWI	6
17	Daquan Buck	10	Patuxent	24.32	NWI	2
18	Kindrik Branch	12	Frederick Do	24.36	NWI	1
19	Isaiah Gray	10	MJ McDonough	24.38	NWI	2
20	Tyler Johnson	12	Frederick Do	24.53	NWI	6
21	Fahad Kamarah	10	Friendly Sen	24.57	NWI	2
22	Catherine Brandon	10	Henry E. Lac	24.62	NWI	4
23	Jadon Baker	11	Henry E. Lac	24.64	NWI	3
24	Artini Jackson	11	Thomas Stone	24.88	NWI	2
25	Anthony Proctor	11	Fairmont Hei	24.97	NWI	4
26	Ronald Johnson	9	Henry E. Lac	25.25	NWI	6
27	Shaun Howard	9	Frederick Do	25.82	NWI	5
28	Torry Cunningham	9	Gwynn Park	25.97	NWI	1
29	Joshua Dunmore	10	Fairmont Hei	26.65	NWI	3
--	Marcus Nicholas	11	Gwynn Park	FS	NWI	1

Boys 200 Meter Dash

22.76 ADV Advancement Standard									
Name	Year	School	Finals				Wind	H#	Points
Finals									
1	Donte Long	10	Friendly Sen	22.06	ADV	NWI	2	10	
2	Ebube Emechebe	11	Westlake	22.51	ADV	NWI	2	8	
3	Gordon Neal	12	La Plata	22.64	ADV	NWI	1	6	
4	Kelechi Anyanwu	10	Westlake	22.85		NWI	2	5	
5	Jayden White	10	Westlake	22.93		NWI	2	4	
6	Daniel Person	11	MJ McDonough	23.11		NWI	2	3	
7	Evan Jones	9	Patuxent	23.12		NWI	1	2	
8	Larry Jordan	10	Calvert	23.15		NWI	1	1	
9	Darrius Mason	11	La Plata	23.17		NWI	2		
10	Javier Coleman	12	Calvert	23.18		NWI	1		
11	Cameron Barbosa	12	Calvert	23.75		NWI	1		
12	Brendan Knight	12	Gwynn Park	23.92		NWI	1		

Boys 400 Meter Dash

51.08 ADV Advancement Standard							
Name	Year	School	Finals			H#	Points
1	Kelechi Anyanwu	10	Westlake	50.59	ADV	6	10
2	Cameron Barbosa	12	Calvert	50.82	ADV	6	8
3	Darnel Gerald-Jani	11	Westlake	50.83	ADV	6	6
4	Brendan Knight	12	Gwynn Park	51.18		6	5
5	Noah Hart	11	Henry E. Lac	51.68		5	4
6	Bryce Hawkins	9	La Plata	52.22		5	3
7	Grant Stephens	9	Friendly Sen	52.87		5	2
8	Maciah Turner	12	MJ McDonough	52.92		3	1
9	Kindrik Branch	12	Frederick Do	52.96		4	
10	Ryan Arrington-Joh	11	Frederick Do	53.37		4	
11	Kojo Cunningham	11	Friendly Sen	53.45		5	
12	Rodney Hubbard	11	La Plata	54.04		5	
13	Larry Shaw	10	Gwynn Park	54.10		2	
14	Da'waun Proctor	10	Westlake	54.20		4	
15	Corey Britton Jr	11	Frederick Do	54.31		4	
16	Jeremiah Chatman	11	Patuxent	54.38		2	
17	Jeremiah Harrison	12	Thomas Stone	54.72		5	
18	Braylon Johnson	12	La Plata	54.90		4	
19	Barrington Streat	10	MJ McDonough	54.92		3	
20	Kevin Mensah	11	Calvert	55.20		4	
21	Zion Walker	11	Thomas Stone	55.45		3	
22	New-Kai Williams	11	Calvert	55.49		2	
23	Silky Gates	12	Gwynn Park	55.88		1	
24	Jahmeer Watson	12	Patuxent	56.38		1	
25	Daison Shakleford	11	Potomac (Oxo	56.43		3	
26	DeMarco Bell	11	Thomas Stone	57.21		2	
27	Paris Odemns	10	Fairmont Hei	57.32		2	
28	Jackson Broadus	9	Patuxent	58.75		2	

Boys 800 Meter Run

2:01.73 ADV Advancement Standard							
Name	Year	School	Finals			H#	Points
1 Kohl Girley	11	La Plata	1:57.02	ADV		3	10
2 Aidan Lundberg	12	Calvert	2:00.22	ADV		3	8
3 Jack Hartsig	12	Calvert	2:04.17			3	6

4	Grant Stephens	9	Friendly Sen	2:05.16	3	5
5	Kaelan Wallace	9	Gwynn Park	2:06.15	3	4
6	Zane Jones	10	Frederick Do	2:07.34	3	3
7	Bryce Webster	12	Calvert	2:08.18	3	2
8	James Francis	10	Westlake	2:11.53	2	1
9	Alex Myers	10	La Plata	2:12.08	3	
10	Jua Mondragon-Moct	9	Westlake	2:12.17	2	
11	Ryan Furl	12	Patuxent	2:13.56	2	
12	Jadon Davis	10	MJ McDonough	2:13.71	2	
13	Corey Britton Jr	11	Frederick Do	2:14.85	2	
14	Kenneth Baldwin	11	MJ McDonough	2:15.48	2	
15	Eric May	10	Friendly Sen	2:16.50	2	
16	Chase Francis	10	Westlake	2:17.65	3	
17	William Johnson	9	MJ McDonough	2:21.32	1	
18	Ryan Flake	10	La Plata	2:21.50	2	
19	Brock Zeltwanger	10	Patuxent	2:24.22	1	
20	Zachary Morgan	10	Patuxent	2:26.07	1	
21	Joshua McCann	11	Gwynn Park	2:29.60	1	

Boys 1600 Meter Run

4:32.53 ADV Advancement Standard						
Name	Year	School	Finals		Points	
1	Jack Hartsig	12	Calvert	4:28.16 ADV	10	
2	Kohl Girley	11	La Plata	4:28.32 ADV	8	
3	David Rodenhaver	12	Calvert	4:33.08	6	
4	Finnegan Blansett	10	La Plata	4:48.75	5	
5	Zane Jones	10	Frederick Do	4:56.74	4	
6	Cole Thomas	11	Calvert	5:04.49	3	
7	Sean MacMillan	11	La Plata	5:04.91	2	
8	Ethan Serra	12	Patuxent	5:11.05	1	
9	Gregory Sampson II	11	MJ McDonough	5:19.26		
10	Joshua Sallie	11	Frederick Do	5:21.04		
11	Kyle Willey	10	Patuxent	5:30.35		
12	Jua Mondragon-Moct	9	Westlake	5:31.17		

Boys 3200 Meter Run

10:03.12 ADV Advancement Standard						
Name	Year	School	Finals		Points	
1	David Rodenhaver	12	Calvert	10:25.22	10	
2	London Wood	12	Calvert	10:43.95	8	
3	Finnegan Blansett	10	La Plata	10:49.53	6	
4	John Williamson	10	Calvert	11:35.12	5	
5	Nicholas Ross	10	La Plata	11:36.74	4	
6	Ethan Serra	12	Patuxent	11:47.86	3	
7	Colin Takeuchi	10	La Plata	11:56.79	2	
8	Brett Sheranko	10	Patuxent	13:06.07	1	

Boys 110 Meter Hurdles

15.74 ADV Advancement Standard						
Name	Year	School	Prelims	Wind	H#	
Preliminaries						
1	Kemond Felder	11	MJ McDonough	15.05Q	ADV	NWI 3
2	Desaun Jeffrey	11	La Plata	15.55Q	ADV	NWI 2
3	John Brown	11	La Plata	16.17Q		NWI 1
4	Thomas Araya	11	Calvert	16.76q		NWI 3
5	Nathaniel Hewitt	9	Frederick Do	16.85q		NWI 2
6	Jaden Townsend	11	Gwynn Park	17.10q		NWI 2
7	Jayson Williams	9	Westlake	17.13q		NWI 1
8	Xavier Van Liew	11	La Plata	17.58q		NWI 2
9	Shaun Council	9	Calvert	18.84q		NWI 2
10	Brendan Jones	10	Calvert	19.14q		NWI 3
11	Elijah Smalley	10	Patuxent	19.64q		NWI 1
12	James Hill	11	MJ McDonough	20.08q		NWI 1
13	Jonathan Butler	9	Thomas Stone	20.22		NWI 1
14	Cody Much	11	Patuxent	22.33		NWI 3
--	Robert Weir	11	Patuxent	FS		NWI 1

Boys 110 Meter Hurdles

15.74 ADV Advancement Standard									
Name			Year	School	Finals			Wind	H# Points
=====									
Finals									
1	Kemond	Felder	11	MJ McDonough	14.89	ADV	NWI	2	10
2	Desaun	Jeffrey	11	La Plata	15.71	ADV	NWI	2	8

3	John Brown	11	La Plata	16.42	NWI	2	6	
4	Jayson Williams	9	Westlake	16.79	NWI	1	5	
5	Thomas Araya	11	Calvert	16.93	NWI	2	4	
6	Jaden Townsend	11	Gwynn Park	17.36	NWI	2	3	
7	Nathaniel Hewitt	9	Frederick Do	17.51	NWI	2	2	17.502
8	Xavier Van Liew	11	La Plata	17.51	NWI	1	1	17.510
9	Brendan Jones	10	Calvert	18.73	NWI	1		
10	Shaun Council	9	Calvert	19.01	NWI	1		
11	Elijah Smalley	10	Patuxent	19.41	NWI	1		
12	James Hill	11	MJ McDonough	19.92	NWI	1		

Boys 300 Meter Hurdles

41.75 ADV Advancement Standard							
Name	Year	School	Finals		H#	Points	
1 Jaden Townsend	11	Gwynn Park	41.44 ADV		3	10	
2 Nathaniel Hewitt	9	Frederick Do	42.25		3	8	
3 Robert Weir	11	Patuxent	42.58		3	6	
4 Xavier Van Liew	11	La Plata	43.78		2	5	
5 John Brown	11	La Plata	43.96		2	4	
6 Tyrus Wilcox	12	MJ McDonough	44.19		3	3	
7 Ian Kelley	11	MJ McDonough	44.33		3	2	
8 Thomas Araya	11	Calvert	45.25		1	1	
9 Jayson Williams	9	Westlake	45.62		2		
10 Derron Yeager	11	MJ McDonough	46.15		2		
11 Justin Coley	9	Frederick Do	46.50		1		
12 Teeko Britt	10	Gwynn Park	46.90		1		
13 Brendan Jones	10	Calvert	47.20		1		
14 Elijah Smalley	10	Patuxent	47.22		1		
15 Jonathan Butler	9	Thomas Stone	50.64		1		
-- Darren Reeves	12	Gwynn Park	DQ		3		

Boys 4x100 Meter Relay

44.55 ADV Advancement Standard							
School			Finals		H#	Points	
1 Westlake			42.94 ADV		2	10	
1) Ebube Emechebe 11	2) Robert Pearson 12						
3) Jayden White 10	4) Kendall Tyson 11						
2 MJ McDonough			43.11 ADV		2	8	
1) Isaiah Gray 10	2) Daniel Person 11						
3) Ian Kelley 11	4) Kemond Felder 11						
3 Gwynn Park			43.73 ADV		2	6	
1) Jaden Townsend 11	2) Silky Gates 12						
3) Dion Spencer 12	4) Brendan Knight 12						
4 Calvert			44.00 ADV		2	5	
1) Larry Jordan 10	2) Javier Coleman 12						
3) Tae Harrod 12	4) New-Kai Williams 11						
5 Patuxent			45.21		1	4	
1) Sean Grabis 12	2) Jalon Edwards 12						
3) Evan Jones 9	4) Daquan Buck 10						
6 Thomas Stone			45.86		1	3	
1) John Poles 10	2) Artini Jackson 11						
3) Bailey Washington 11	4) Josiah Walltower 10						
7 La Plata			46.99		2	2	
1) David Webster 12	2) Gordon Neal 12						
3) Jaycob Tidwell 10	4) Darrius Mason 11						
8 Fairmont Heights			48.53		1	1	
1) Joshua Dunmore 10	2) DeJon Price 11						
3) Anthony Proctor 11	4) Ramael Johnson 11						

Boys 4x200 Meter Relay

1:32.51 ADV Advancement Standard							
School			Finals		H#	Points	
1 Westlake			1:29.04 ADV		2	10	
1) Kelechi Anyanwu 10	2) Ebube Emechebe 11						
3) Jayden White 10	4) Kendall Tyson 11						
2 MJ McDonough			1:30.81 ADV		2	8	
1) Amari Gable 12	2) Daniel Person 11						
3) Ian Kelley 11	4) Kemond Felder 11						
3 Calvert			1:31.67 ADV		2	6	
1) Cameron Barbosa 12	2) Larry Jordan 10						
3) Javier Coleman 12	4) Cameron Mathews 12						
4 Friendly Senior			1:31.73 ADV		1	5	
1) Donte Long 10	2) Kojo Cunningham 11						
3) Eric May 10	4) Grant Stephens 9						
5 La Plata			1:32.20 ADV		2	4	

1) Jaycob Tidwell 10	2) Braylon Johnson 12		
3) Michel Lepre-Arias 11	4) Darrius Mason 11		
6 Patuxent	1:32.79	2	3
1) Andre Chapman 12	2) Robert Weir 11		
3) Evan Jones 9	4) Daquan Buck 10		
7 Thomas Stone	1:33.75	2	2
1) Jeremiah Harrison 12	2) Jeremiah Williams 11		
3) Zion Walker 11	4) Bailey Washington 11		
8 Frederick Douglass-PG	1:34.78	1	1
1) Kindrik Branch 12	2) Shane Settles 11		
3) Tyler Johnson 12	4) Nathaniel Hewitt 9		
9 Gwynn Park	1:36.57	1	
1) Larry Shaw 10	2) Romero Lavalais 11		
3) Marcus Nicholas 11	4) Dion Spencer 12		

Boys 4x400 Meter Relay

3:31.51 ADV Advancement Standard			
School	Finals	H#	Points
1 Westlake	3:32.38	2	10
1) Kelechi Anyanwu 10	2) Darnel Gerald-Janifer 11		
3) Caleb Phillips 10	4) Da'waun Proctor 10		
2 Gwynn Park	3:32.54	2	8
1) Larry Shaw 10	2) Teeko Britt 10		
3) Kaelan Wallace 9	4) Jaden Townsend 11		
3 La Plata	3:33.88	2	6
1) Kohl Girley 11	2) Braylon Johnson 12		
3) Bryce Hawkins 9	4) Rodney Hubbard 11		
4 Henry E. Lackey	3:34.62	2	5
1) Devin Leigh 10	2) Noah Hart 11		
3) Amar Smith 9	4) Jadon Baker 11		
5 Calvert	3:35.53	2	4
1) Aidan Lundberg 12	2) Jack Hartsig 12		
3) Cameron Mathews 12	4) Kevin Mensah 11		
6 Frederick Douglass-PG	3:39.84	1	3
1) Kindrik Branch 12	2) Ryan Arrington-Johnson 11		
3) Shane Settles 11	4) Joshua Bamikole 10		
7 Thomas Stone	3:41.40	2	2
1) Zion Walker 11	2) Jeremiah Harrison 12		
3) Jeremiah Williams 11	4) DeMarco Bell 11		
8 MJ McDonough	3:45.52	1	1
1) Isaiah Teasley 12	2) Maciah Turner 12		
3) Barrington Streat 10	4) Darius Plater 12		
9 Patuxent	3:46.03	1	
1) Kyle Willey 10	2) Landon Lutz 10		
3) Jahmeer Watson 12	4) Jeramiah Chatman 11		
10 Fairmont Heights	4:06.58	1	
1) Anthony Proctor 11	2) Cameron Hackett 11		
3) Paris Odemns 10	4) Jermain Peterson 11		

Boys 4x800 Meter Relay

8:27.89 ADV Advancement Standard			
School	Finals	Points	
1 Calvert	8:37.72	10	
1) Alex Reifsnnyder 12	2) David Rodenhaver 12		
3) Bryce Webster 12	4) Aidan Lundberg 12		
2 Westlake	8:44.58	8	
1) Chase Francis 10	2) James Francis 10		
3) Jua Mondragon-Moctezuma 9	4) Darnel Gerald-Janifer 11		
3 La Plata	8:45.69	6	
1) Kohl Girley 11	2) Sean MacMillan 11		
3) Alex Myers 10	4) Ryan Flake 10		
4 Frederick Douglass-PG	8:50.98	5	
1) Corey Britton Jr 11	2) Memphite Navies 9		
3) Shane Settles 11	4) Zane Jones 10		
5 Patuxent	9:18.89	4	
1) Ryan Furl 12	2) Ethan Serra 12		
3) Zachary Morgan 10	4) Kyle Willey 10		
6 Gwynn Park	9:20.56	3	
1) Kaelan Wallace 9	2) Desmond Jallah 10		
3) Joshua McCann 11	4) Darren Reeves 12		
7 MJ McDonough	9:22.46	2	
1) Kenneth Baldwin 11	2) Kevin Spell 12		
3) William Johnson 9	4) Jadon Davis 10		

Boys High Jump

5-10.00 ADV Advancement Standard			
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Name	Year	School	Finals	Points
1 Kaden Jackson	10	Thomas Stone	6-02.00 ADV	10
5-02 5-04 5-06 5-08 5-10 6-00 6-02				
P P P O O XO XXO				
2 Elijah Smalley	10	Patuxent	6-00.00 ADV	8
5-02 5-04 5-06 5-08 5-10 6-00 6-02				
P O O O O O XO XXX				
3 Corey Bexley Jr.	11	MJ McDonough	5-10.00 ADV	6
5-02 5-04 5-06 5-08 5-10 6-00				
P P O O XO XXX				
4 Earl Edmonds	10	La Plata	J5-10.00 ADV	5
5-02 5-04 5-06 5-08 5-10 6-00				
P XO XO XO XXO XXX				
5 Cameron Harrold	11	La Plata	5-08.00	4
5-02 5-04 5-06 5-08 5-10				
P O O XO XXX				
6 Kiante Johnson	9	Patuxent	J5-08.00	3
5-02 5-04 5-06 5-08 5-10				
O O XO XXO XXX				
7 James Hill	11	MJ McDonough	5-06.00	2
5-02 5-04 5-06 5-08				
P P XO XXX				
8 Mckinley Harrold	10	La Plata	J5-06.00	1
5-02 5-04 5-06 5-08				
O O XXO XXX				
9 Ryan Furl	12	Patuxent	5-04.00	
5-02 5-04 5-06				
XO O XXX				
-- Angelo Herron	11	Westlake	NH	
5-02				
XXX				

Boys Long Jump

20-03.00 ADV Advancement Standard									
Name	Year	School	Finals			Wind	H#	Points	
1 Jaycob Tidwell	10	La Plata	21-03.75 ADV	NWI	2	10			
20-00.50(NWI)	20-06(NWI)	20-04(NWI)	20-03.25(NWI)	20-11(NWI)	21-03.75(NWI)				
2 Damarcus Butler	12	Potomac (Oxo)	21-01.50 ADV	NWI	2	8			
21-01.50(NWI)	FOUL	PASS	PASS	FOUL					
3 Gordon Neal	12	La Plata	20-09.00 ADV	NWI	2	6			
19-07(NWI)	20-09(NWI)	19-08.50(NWI)	18-08.75(NWI)	20-02(NWI)	FOUL				
4 Elijah Ward	12	Henry E. Lac	20-02.00	NWI	2	5			
19-08(NWI)	19-07(NWI)	19-04(NWI)	20-02(NWI)	20-00(NWI)					
5 Kemond Felder	11	MJ McDonough	20-00.50	NWI	2	4			
19-08.50(NWI)	20-00.50(NWI)	20-00(NWI)	19-09(NWI)	18-09.50(NWI)					
6 Rodney Hubbard	11	La Plata	20-00.00	NWI	2	3			
19-02(NWI)	20-00(NWI)	FOUL	FOUL	18-11.50(NWI)	19-10.75(NWI)				
7 Kamari Griffin	10	Calvert	19-09.50	NWI	2	2			
19-04.50(NWI)	19-00(NWI)	19-07(NWI)	19-00(NWI)	19-07(NWI)	19-09.50(NWI)				
8 Kojo Cunningham	11	Friendly Sen	19-07.50	NWI	2	1			
18-07(NWI)	19-05(NWI)	19-07.50(NWI)	19-07.50(NWI)	18-09.50(NWI)	19-03(NWI)				
9 Bailey Washington	11	Thomas Stone	19-05.50	NWI	2				
18-03.50(NWI)	18-09.25(NWI)	19-05.50(NWI)	19-00(NWI)	19-05.25(NWI)	18-06(NWI)				
10 Sean Grabis	12	Patuxent	19-04.00	NWI	2				
19-04(NWI)	19-00(NWI)	19-04(NWI)							
11 Jones Jacob	11	Henry E. Lac	19-03.00	NWI	2				
FOUL	18-02.50(NWI)	19-03(NWI)							
12 Mekhai Johnson	10	MJ McDonough	19-01.00	NWI	1				
17-04(NWI)	18-08.50(NWI)	19-01(NWI)							
13 Olius Gray	10	Westlake	19-00.00	NWI	1				
18-07(NWI)	18-10.50(NWI)	19-00(NWI)							
14 Jamir Gaillard	12	Westlake	18-10.00	NWI	1				
FOUL	18-10(NWI)	15-06(NWI)							
14 Kadim Kabassu	11	Henry E. Lac	18-10.00	NWI	2				
FOUL	18-10(NWI)	FOUL							
16 Leo Tucker	11	Calvert	17-11.25	NWI	1				
17-11.25(NWI)	17-04.25(NWI)	17-06(NWI)							
17 John Poles	10	Thomas Stone	17-10.50	NWI	1				
17-07(NWI)	17-10.50(NWI)	15-08(NWI)							
18 Justin Coley	9	Frederick Do	17-10.00	NWI	1				
17-05.50(NWI)	16-11.25(NWI)	17-10(NWI)							
19 Zion Walker	11	Thomas Stone	17-08.50	NWI	1				
17-08.50(NWI)	17-07(NWI)	FOUL							
20 Andre Chapman	12	Patuxent	17-08.00	NWI	1				
FOUL	17-08(NWI)	17-03.50(NWI)							
21 Isaiah` Teasley	12	MJ McDonough	17-07.00	NWI	1				
17-07(NWI)	x								
22 Eric May	10	Friendly Sen	17-06.00	NWI	1				

23	Daison Shakleford	17-03.75 (NWI)	17-06 (NWI)	12-04.25 (NWI)	17-05.00	NWI	2
		17-05 (NWI)	17-04.50 (NWI)	FOUL			
24	Shaun Howard	FOUL	FOUL	9 Frederick Do	17-02.00	NWI	1
				17-02 (NWI)			
25	Lamar Williams	16-10 (NWI)	14-02 (NWI)	11 Fairmont Hei	16-10.00	NWI	1
				16-09.50 (NWI)			
26	Fahad Kamarah	16-06 (NWI)	15-11 (NWI)	10 Friendly Sen	16-09.00	NWI	2
				16-09 (NWI)			
27	Caleb Phillips	16-08.50 (NWI)	FOUL	10 Westlake	16-08.50	NWI	2
				FOUL			
28	David Preister	FOUL	15-07 (NWI)	9 Fairmont Hei	15-07.00	NWI	1
				14-01.50 (NWI)			
--	DeJon Price	FOUL	FOUL	11 Fairmont Hei	FOUL		1
				FOUL			

Boys Triple Jump

41-09.00 ADV Advancement Standard							
Name	Year	School	Finals		Wind	H#	Points
1 Jones Jacob	11	Henry E. Lac	42-03.75 ADV	NWI	2	10	
42-03.75 (NWI)	39-11.50 (NWI)	41-07.50 (NWI)	41-07.50 (NWI)	41-09.50 (NWI)			40-01.50 (NWI)
2 Elijah Ward	12	Henry E. Lac	41-08.25	NWI	2	8	
39-05.25 (NWI)	40-07.50 (NWI)	41-00.50 (NWI)	41-01.50 (NWI)	41-08.25 (NWI)			40-07 (NWI)
3 Michel Lepre-Arias	11	La Plata	41-04.00	NWI	2	6	
FOUL	40-08.25 (NWI)	40-11 (NWI) FOUL	41-04 (NWI)	40-05.75 (NWI)			
4 Bailey Washington	11	Thomas Stone	40-04.00	NWI	2	5	
39-00.25 (NWI)	39-00 (NWI)	40-04 (NWI) FOUL	FOUL	39-08.50 (NWI)			
5 Braylon Johnson	12	La Plata	40-01.25	NWI	2	4	
36-07 (NWI) FOUL	40-01.25 (NWI) FOUL	FOUL	FOUL	38-07 (NWI)			
6 John Poles	10	Thomas Stone	39-07.50	NWI	2	3	
38-10.75 (NWI)	39-00.75 (NWI)	39-07.50 (NWI)	37-11.50 (NWI)	38-01.50 (NWI)			37-08.75 (NWI)
7 Robert Weir	11	Patuxent	39-03.25	NWI	2	2	
38-03.50 (NWI)	37-05.75 (NWI)	37-02.50 (NWI) FOUL	FOUL	39-03.25 (NWI)			
8 Justin Coley	9	Frederick Do	39-03.00	NWI	2	1	
37-08.25 (NWI)	37-11 (NWI)	39-03 (NWI) FOUL	35-00 (NWI) FOUL				
9 Kamari Griffin	10	Calvert	38-01.75	NWI	2		
38-01.75 (NWI)	37-08.25 (NWI)	38-01.25 (NWI) FOUL	FOUL	37-09 (NWI)			
10 Leo Tucker	11	Calvert	38-01.50	NWI	1		
FOUL	38-01.50 (NWI)	37-08 (NWI)					
11 Angelo Herron	11	Westlake	37-09.00	NWI	2		
FOUL	FOUL	37-09 (NWI)					
12 Derron Yeager	11	MJ McDonough	37-05.25	NWI	1		
35-01 (NWI)	34-08.75 (NWI)	37-05.25 (NWI)					
13 Joshua Tidwell	10	La Plata	37-04.00	NWI	1		
37-04 (NWI)	35-03 (NWI)	36-06.25 (NWI)					
14 Caleb Phillips	10	Westlake	36-10.25	NWI	1		
FOUL	36-05.50 (NWI)	36-10.25 (NWI)					
15 Sean Grabis	12	Patuxent	36-09.25	NWI	1		
35-09 (NWI)	36-09.25 (NWI)	36-04.25 (NWI)					
16 Dashawn King	11	Henry E. Lac	34-03.50	NWI	1		
34-03.50 (NWI) FOUL	FOUL	FOUL					
-- Christopher Baldwi	11	MJ McDonough	FOUL		1		
FOUL	FOUL	FOUL					

Boys Shot Put

44-11.00 ADV Advancement Standard							
Name	Year	School	Finals		H# Points		
1 Darius Grimes	12	Frederick Do	52-07.00 ADV		2	10	
48-02.75	52-07	47-10.50	49-04.50	50-03.50	52-00.50		
2 Willie Washington	11	La Plata	47-07.50 ADV		2	8	
45-06	45-08	47-07.50	FOUL	44-09	47-06		
3 Devin McNair	10	Henry E. Lac	45-04.75 ADV		2	6	
42-08.50	44-06.50	45-04.75	FOUL	41-10.50	38-10		
4 Jalon Edwards	12	Patuxent	45-01.50 ADV		2	5	
43-06	39-05.50	45-00	45-01.50				
5 Sima Saavedra	9	La Plata	43-06.50		2	4	
42-06.50	42-03	43-00.50	42-02	40-06	43-06.50		
6 Xavier Hawkins	11	Calvert	41-11.50		2	3	
41-11.50	FOUL	FOUL	FOUL	FOUL	41-01		
7 Ethan Baxter	12	MJ McDonough	41-01.50		2	2	
40-10	40-08.25	41-01.50	FOUL	38-10	39-00		
8 Omar Emory	11	Thomas Stone	40-10.00		2	1	
38-11	40-03.50	40-04.50	40-10	FOUL	FOUL		
9 Drew Bowling	11	La Plata	40-08.25		2		
39-08.50	38-01	40-00	38-11	39-08.50	40-08.25		
10 William McConnell	11	Henry E. Lac	40-00.00		2		
40-00	38-01	38-05.50					

11	Michael Simmons	9	Henry E. Lac	39-11.00	1
	39-11 38-03 37-10				
12	Ian Inman	12	Patuxent	38-03.00	2
	FOUL 37-10.50 38-03				
13	Mason Truesdell	9	MJ McDonough	37-06.00	1
	34-06.50 34-03 37-06				
14	Christopher Baldwi	11	MJ McDonough	36-04.00	1
	34-06 35-11 36-04				
15	Taylor Saint-Pierr	10	Thomas Stone	35-08.50	1
	34-00.50 34-06 35-08.50				
16	Wesley Rickwood	10	Patuxent	35-05.00	1
	35-05 35-00 33-02.50				
17	James Herbert	11	Gwynn Park	34-09.50	1
	33-07 34-04.50 34-09.50				
18	Myles Stewart	11	Westlake	32-09.50	1
	32-09.50 31-08 32-03.50				
19	James Smith	9	Thomas Stone	32-07.00	1
	31-06.50 32-07 31-05.50				
20	Chris Forts		Westlake	32-00.50	1
	29-00.50 29-09 32-00.50				
21	Micah Gilbert	11	Westlake	31-04.50	1
	31-04.50 30-04.50 30-11.50				
22	Nicholas Humphreys	12	Calvert	29-06.00	1
	27-09.75 29-06 28-08				

Boys Discus Throw

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	127-03	ADV	Advancement	Standard					
Name	Year	School			Finals		H#	Points	
=====									
1 Willie Washington	11	La Plata			155-01.00 ADV		2	10	
	139-11 145-04	153-08 142-06	128-05	155-01					
2 Darius Grimes	12	Frederick Do			151-03.00 ADV		2	8	
	143-02 141-07	FOUL 122-04	FOUL 151-03						
3 Xavier Hawkins	11	Calvert			144-07.00 ADV		2	6	
	126-05 125-03	144-07	FOUL 130-00						
4 Ian Inman	12	Patuxent			144-06.00 ADV		2	5	
	FOUL 140-08	142-02 136-06	98-04 144-06						
5 Cortez Johnson	11	Calvert			134-04.00 ADV		1	4	
	123-00 120-09	134-04 114-01	FOUL FOUL						
6 Sima Saavedra	9	La Plata			129-04.00 ADV		2	3	
	109-08 105-10	129-04 126-11	122-11 FOUL						
7 Drew Bowling	11	La Plata			119-04.00		2	2	
	119-04 115-08	111-01 119-01	FOUL FOUL						
8 Devin McNair	10	Henry E. Lac			117-11.00		2	1	
	104-09 117-04	117-11 112-09	114-10 FOUL						
9 Intidy Johnson	10	Henry E. Lac			110-10.00		2		
	110-10 104-05	109-07	FOUL 96-06	FOUL					
10 Ethan Baxter	12	MJ McDonough			107-06.00		2		
	107-06 FOUL 91-06								
11 Wesley Rickwood	10	Patuxent			104-00.00		2		
	FOUL 104-00 74-09	104-00							
12 William McConnell	11	Henry E. Lac			96-07.00		1		
	92-00 96-07 91-11								
13 Chris Johnson		Westlake			95-07.00		1		
	95-07 85-10 93-07								
14 Anwar Leslie-grant	10	Thomas Stone			93-09.00		1		
	FOUL 93-09 83-04								
15 Ciaro Ingram	9	MJ McDonough			92-07.00		1		
	79-03 92-07	FOUL							
16 James Smith	9	Thomas Stone			90-05.00		1		
	90-05 71-04 80-00								
17 Phillip Avent	11	Thomas Stone			89-01.00		1		
	88-04 89-01 83-10								
18 Travares Chapman	11	Westlake			89-00.00		1		
	70-08 89-00 82-07								
19 Mason Truesdell	9	MJ McDonough			88-07.00		1		
	FOUL 88-07	FOUL							
20 James Herbert	11	Gwynn Park			88-00.00		1		
	88-00 FOUL 82-00								
21 Chris Forts		Westlake			80-10.00		1		
	78-04 FOUL 80-10								
22 Nicholas Humphreys	12	Calvert			78-00.00		1		
	67-11 64-11 78-00								
-- Jalon Edwards	12	Patuxent			FOUL		2		
	FOUL FOUL FOUL								

Women - Team Rankings - 17 Events Scored

=====			
1) Patuxent	123	2) Gwynn Park	76
3) Calvert	73	4) Westlake	71

5) Friendly Senior	70	6) Henry E. Lackey	63
7) MJ McDonough	47	8) La Plata	45
9) Frederick Douglass-PG	35	10) Thomas Stone	29
11) Potomac (Oxon Hill MD)	12	12) Fairmont Heights	8

Men - Team Rankings - 17 Events Scored

1) La Plata	168	2) Calvert	114
3) Westlake	85	4) MJ McDonough	56
5) Patuxent	48	6) Frederick Douglass-PG	45
7) Gwynn Park	39	7) Henry E. Lackey	39
9) Friendly Senior	33	10) Thomas Stone	26
11) Potomac (Oxon Hill MD)	8	12) Fairmont Heights	1