



2021-22 NFHS SWIMMING AND DIVING MID-SEASON MEETING II

National Federation of State
High School Associations



Wednesday, January 5, 2022
2:00 p.m. ET

WELCOME

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MEETING AGENDA

- Upcoming Dates:
 - Questionnaire - February 10
 - Rules Proposals - due February 15
 - Committee Meeting - March 20 - 22
- Discussion Items
- Closing comments - next meeting





DISCUSSION ITEMS

- Uniform legality and state accommodations
- Religious attire
- Performance enhancing technology
- Reduce D.D. of standing dives vs application of penalty
- Number of required timers per lane
- Mandating number of exhibition heats permitted
- Experiment with championship meet diving formats
- Issues about communication with Hytek
- Rule book language regarding relays





DISCUSSION ITEMS - ACCOMMODATIONS

- **Rule 3-3-6 NOTE** states: Each state association may, in keeping with applicable laws, authorize exceptions to NFHS playing rules to provide reasonable accommodations to individual participants with disabilities and/or special needs, as well as those individuals with unique and extenuating circumstances.
- The accommodations should not fundamentally alter the sport, heighten the risk to the athlete/others or place opponents at a disadvantage.
- The suit must meet the following rule specifications:
 - constructed of a woven/knit textile material
 - is permeable 100% to air and water
 - made with no zippers or fastening systems
 - does not aid speed, buoyancy or body compression
 - The rule requires the suit to not extend beyond the shoulders nor below the top of the kneecap, nor cover the neck.





DISCUSSION ITEMS – RELIGIOUS ATTIRE





DISCUSSION ITEMS – RELIGIOUS ATTIRE





DISCUSSION ITEMS – PERFORMANCE TECHNOLOGY





DISCUSSION ITEMS – COMING SOON

- Video exam questions
- Video rule interpretation meeting
- New system for providing rule interpretations





SWIMMING AND DIVING RESOURCES

1. 2021-22 NFHS Swimming and Diving Finish Rules - Best Practices
2. 2021-22 NFHS Diving Score Sheet With Video Clips
This PDF provides video clips of many of the dives in each position.
3. You Be the Judge Diving Clips – Go to [NFHSLearn.com](https://www.nfhs.org/learn), select “NFHSLearn FOR YOU”, clicking on “OFFICIALS”, clicking on “Video Library” located on the left side of the page, and then select the sport of “Swimming and Diving”. These clips are downloadable for your use as teaching resources.





THANK YOU

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