

**MPSSAA Indoor Track and Field
Region and State Championship Update - Winter 2022**

5th Regiment Baltimore Armory Entry Procedures and Bag Checks

As many of you are aware the 5th Regiment Armory has procedures regarding bag checks and entry procedures into the armory due to safety concerns. In order to assist the armory with providing safety for their facility while trying to get our events started on time we will be following the procedures below to make this joint venture successful for everyone. At this time we are asking Athletic Directors and Region Meet Directors to ensure that coaches are assisting with these procedures.

1. Masking is required by coaches and staff at all times. Student-athletes may remove their masks only when competing in their events but must have them on at all other times.
2. Coaches are to check their student athlete's bags prior to getting off the bus and arriving at the armory.
3. Coaches are to encourage student athletes to pack lightly and leave as much as possible at the school or on the bus.
4. Coaches will be responsible for making sure that their student athletes do not bring items from the restricted list. (See Below)
5. Coaches are required to bring team entries from Athletic.net.
6. Teams are to pull up outside of the armory gate. An officer will board the bus and check bags.
7. After checking the bags, the officer will let the coach and the team off the bus to enter the armory.
8. Coaches are required to be at the front of the line at entry and identify their members of the team as they are entering the armory.
9. Coaches traveling separately must be listed on the roster and must present I.D.
10. Only members of the team will be allowed in with the coach.
11. Students must have ID with them.
12. **NO SPECTATORS ARE ALLOWED.**
13. Teams are responsible for cleaning up their area. Student athletes should not place hip numbers on the armory floor or walls.
14. Remain inside of the Armory for the duration of the event; no warming up outside.
15. No spikes or shoes with hard plastic bottoms (even for pole vault)
16. Please make sure you police your team area and dispose of any trash in the cans located around the facility.
17. All activities will be held on the main floor of the Armory. No student-athletes are allowed upstairs.
18. Students are not to bring the following items: laser pointers, drug/substances, weapons, pepper spray/mace, picks/spike combs, pointed tipped umbrellas, studded belts/bracelets, and any items deemed harmful.

We are asking that every coach take ownership of their team and student athlete items as we are trying to work with the Armory in providing a safer environment for our student athletes. **The coaches should still check their athletes bags and be at the front of the line to escort in all of their student athletes.** The armory will begin accepting teams at 3:00 p.m. Please share this information with your coaches and parents as we want them to be aware as well of the need for id's, the admission charge and the process that has been put in place.

With your assistance, patience and understanding, we are sure that we can make this a win – win situation while providing a safer environment and experience for the student athletes of the MPSSAA.

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Worcester County Recreation Center Competition Considerations:

- The 55m and 55HH finish line is located ~10m past the finish for all other events. These athletes should be made aware so as not to pull up early.
- Hip numbers will be distributed in the bullpen. They are to be worn on the **LEFT hip** as the camera is projected from the inside of the track.
- The majority of disqualifications for newcomers are from "cutting in" too early (500m, 4x200m, 4x400m). Cones are placed to designate when the cut in is permitted, athletes in lanes 2-4 must cross the cones completely before cutting in. 500m and 4x200 cut in is at the beginning of the entrance side straightaway, the 4x400 is on the beginning of the back straightaway.
- Athletes in the distance races (4x800m, 1600m, 3200m, 800m) will finish their race in lanes 3 and 4 so that they can be distinguished on camera from those that have been lapped. On their final lap they will be told to "finish outside", but please inform them of this ahead of time.
- Each team should have a coach counting laps for their distance athletes. Lap counting sheets for the 1600m and 3200m will be available and these people can use the small space outside the track in order to communicate with their runners.
- There are 2 bullpens: Bullpen A located in the corner near the 55m start and Bullpen B located in the corner near the 300m start. The attached order of events sheet identifies the bullpen for each race. Athletes should report to the bullpen on 1st call, anyone who fails to report after the last call will not compete in that event.