



2019-20 NFHS VOLLEYBALL RULES POWERPOINT

National Federation of State
High School Associations



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Rules Changes
Major Editorial Changes
Points of Emphasis

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NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS (NFHS)





NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- VISION

- The National Federation of State High School Associations (NFHS) is the national leader for education-based high school athletics and activities, which prepare tomorrow's leaders for the next level of life through innovative programs, healthy participation, achievement, and development of positive relationships.





NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- MISSION

- The National Federation of State High School Associations (NFHS) serves its members by providing leadership for the administration of education-based high school athletics and activities through the writing of playing rules that emphasize health and safety, educational programs that develop leaders, and administrative support to increase participation opportunities and promote sportsmanship.



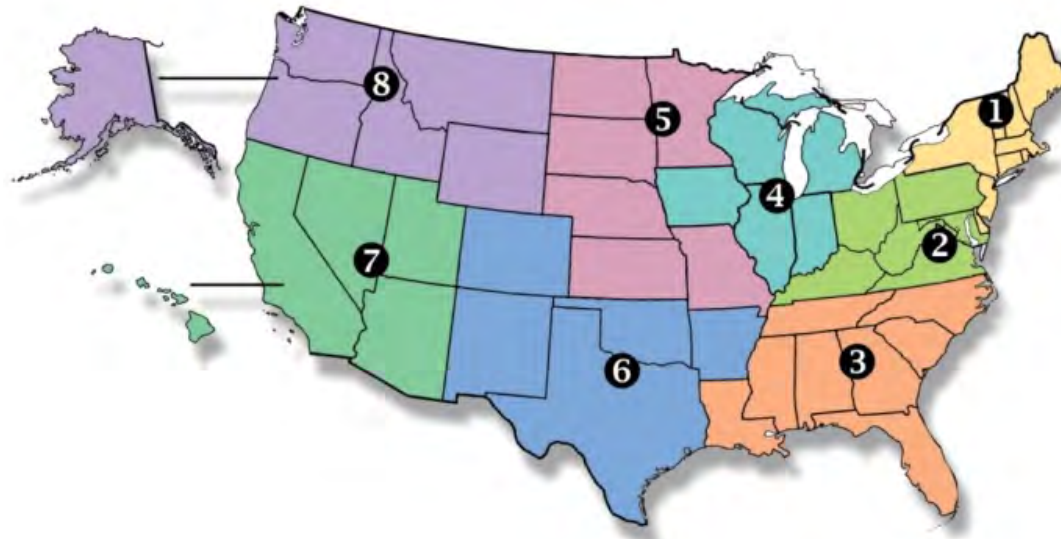
NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- NFHS (located in Indianapolis, IN – Est. 1920):
 - National leadership organization for high school sports and fine arts activities;
 - National authority on interscholastic activity programs;
 - Conducts national meetings;
 - Sanctions interstate events;
 - Produces national publication for high school administrators;
 - National source for interscholastic coach training and national information center.



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- Membership = 50 member state associations and D.C.
- NFHS reaches more than 19,000 high schools and 12 million participants in high school activity programs, including more than 7.8 million in high school sports.



NFHS RULES REVIEW COMMITTEE

- The NFHS Rules Review Committee is chaired by the chief operating officer and composed of all rules editors. After each committee concludes its deliberations and has adopted its recommended changes for the subsequent year, such revisions will be evaluated by the Rules Review Committee.



Davis Whitfield
Chief Operating
Officer



Lindsey Atkinson
Girls Lacrosse and
Volleyball



Bob Colgate
Football and Sports
Medicine



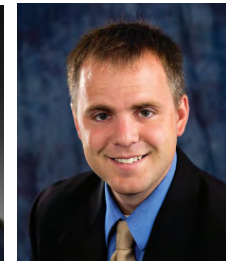
Sandy Searcy
Softball and
Swimming & Diving



Elliot Hopkins
Baseball and
Wrestling



Julie Cochran
Cross Country, Gymnastics,
Field Hockey and
Track & Field



James Weaver
Boys Lacrosse and Spirit



Theresia Wynn
Basketball and
Soccer

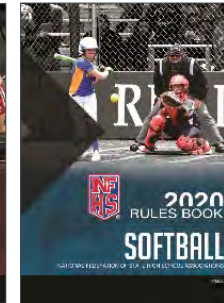
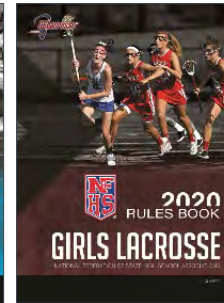
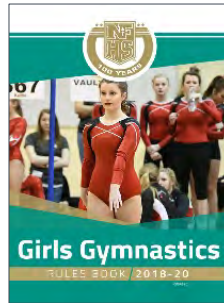
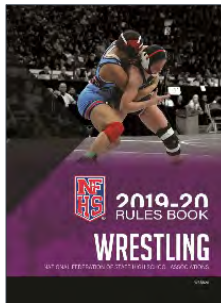
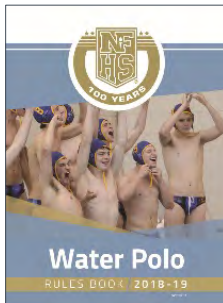
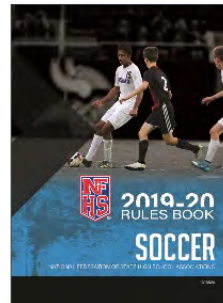
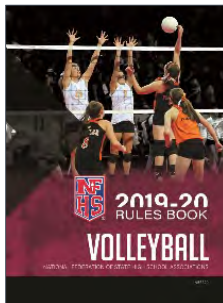


Dan Schuster
Ice Hockey



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- The NFHS writes playing rules for 17 sports for boys and girls at the high school level.
 - Publishes 4 million pieces of materials annually.



NFHS RULES BOOK AS E-BOOKS

National Federation of State High School Associations



GET NFHS RULES ON YOUR MOBILE DEVICE

Have you been without your printed rules book and needed to find an obscure rule quickly, make a note or highlight a rule?

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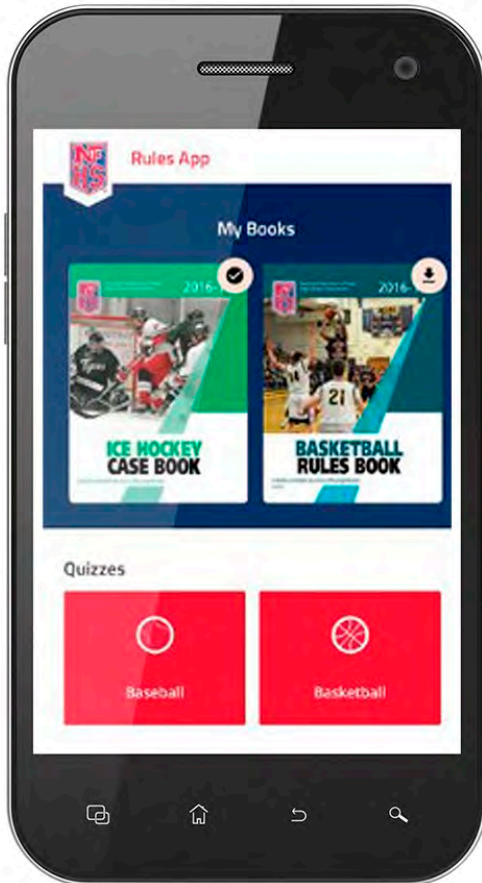
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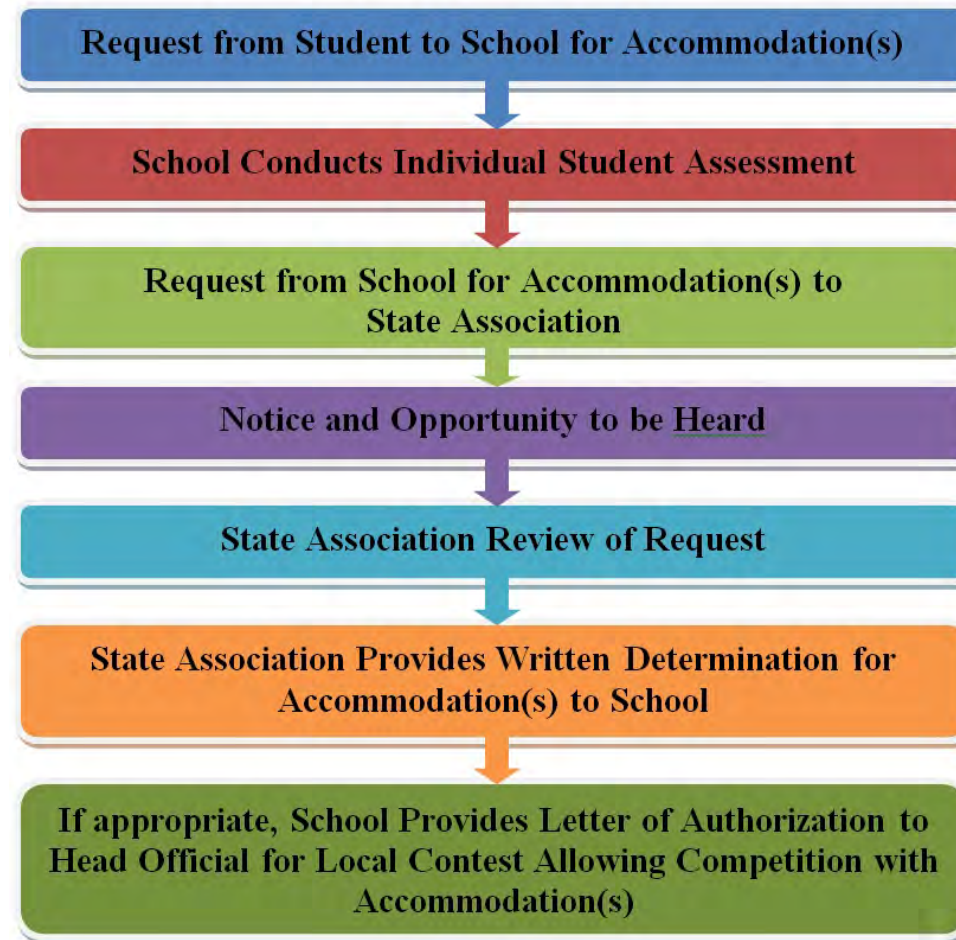


NEW NFHS RULES APP



- Rules App features:
 - Searchable
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 - Bookmarks
 - Quizzes for all sports
 - Easy navigation
 - Immediate availability
 - Free to paid members of the NFHS Coaches and Officials Associations
 - www.nfhs.org/erules for more information

GUIDELINES FOR SCHOOLS AND STATE ASSOCIATIONS FOR CONSIDERATION OF ACCOMMODATIONS





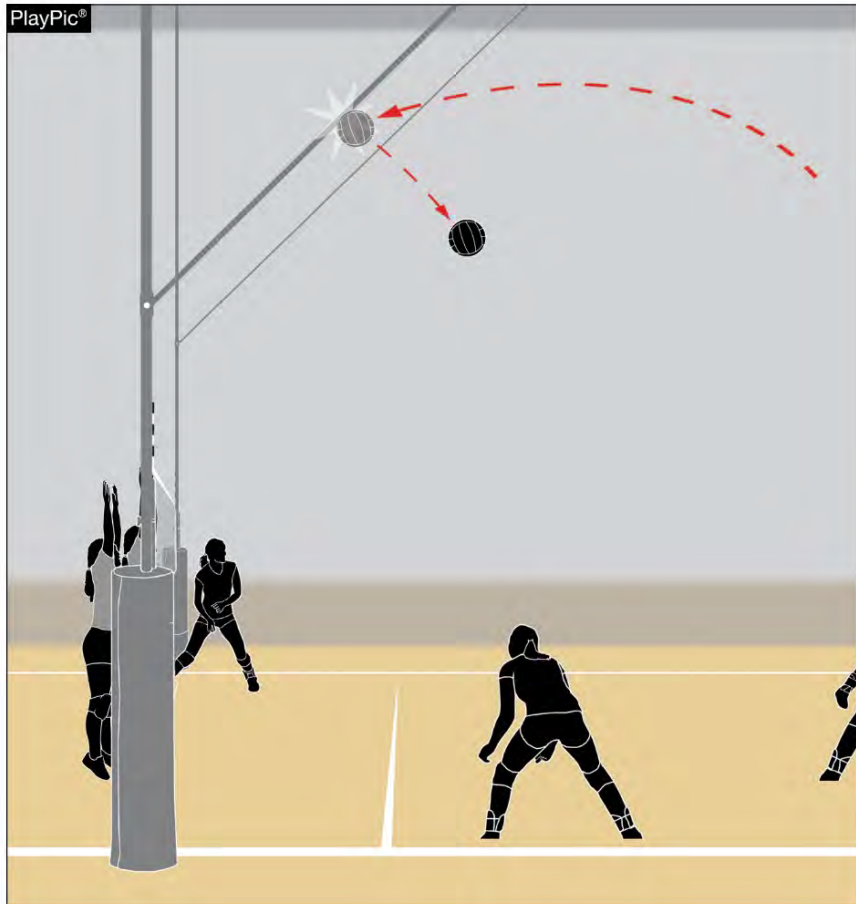
Rules Changes

2019-20 NFHS VOLLEYBALL



RETRACTABLE CEILING POLES, CABLES

2-2, 2-3j (NEW), 2-4-1e (NEW), 2-4 PENALTIES 3 (NEW), 9-8-1i

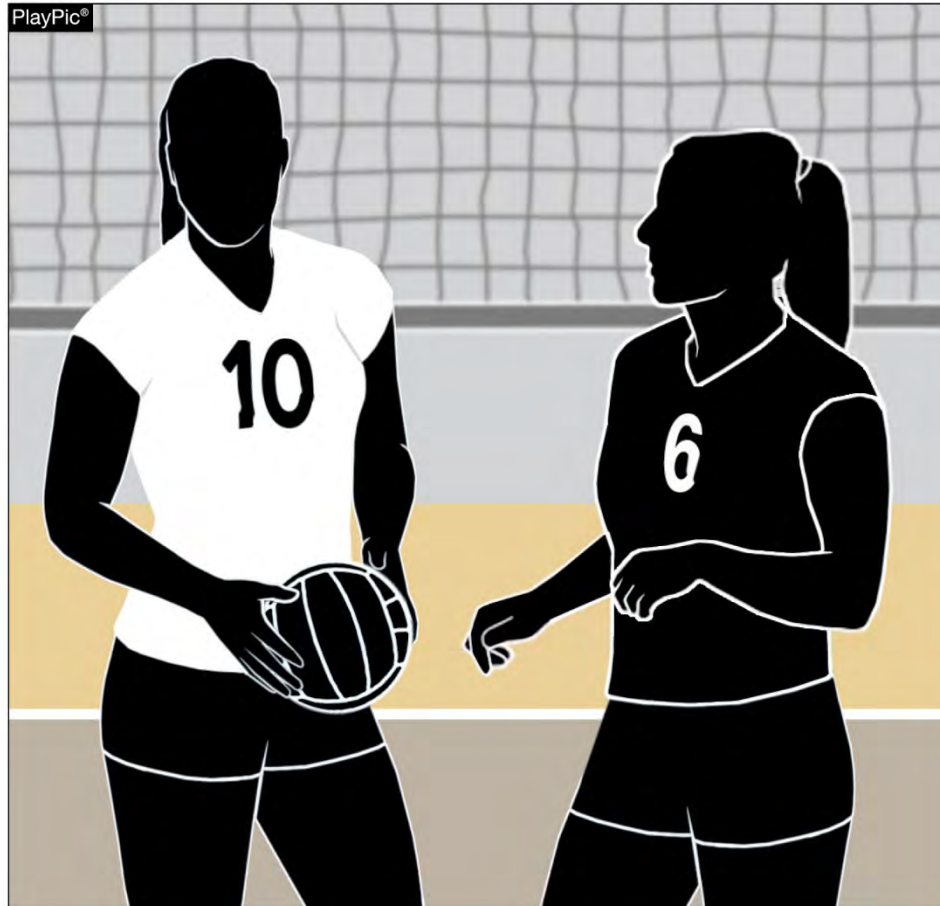


- When the volleyball strikes the cables and/or the diagonal poles used to retract ceiling suspended net systems the referee will stop play and determine if the ball was playable.
- The referee will signal out-of-bounds or replay.



LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)



- Rule 4-2-1 is reorganized and simplified.
- The libero must **clearly contrast** with the rest of his/her teammates and conform to all other uniform rules.
- All currently compliant libero uniforms will maintain compliance under new rule.



LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

ART 2...The libero uniform top must **clearly contrast** from the **predominant color(s)** of the team uniform top, excluding trim. The libero's uniform top cannot be made up solely of the same predominant color(s) of the team's uniform top, even if the like color(s) are placed differently on the uniform top. Numbers shall meet all specifications in Rule 4-2-4.



LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- Establishing Predominant Color(s)
 - Predominant color(s) is the color(s) appearing on the **majority** of the uniform top (body and sleeves).
 - Uniform tops can have one predominant color with accent colors (colors used in designs or trim).
 - When one predominant color can be established, any of the accent colors – **if clearly contrasting** – can be used as the predominant color of the libero uniform top.

LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- In this scenario, the team uniform has **one predominant color: BLACK**



LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- The team uniform has one predominant color (**BLACK**).
- Any contrasting color can be used as the predominant color of the libero uniform top and black can be used as an accent color.



Team Jersey

Compliant



Libero Jersey



LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- Multiple Predominant Colors:
 - Uniform tops can have **multiple predominant colors** sharing approximately the same amount of space on the uniform top.
 - **When multiple predominant colors can be established neither of the predominant colors can be used as a predominant color of the libero uniform top, even if placed differently on the uniform top.**

LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- In this scenario, the uniform has **two predominant colors**: **light blue** and **navy blue**.



LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- Which one of the jerseys below would be a compliant libero jersey?

Compliant



Team Jersey

Non-compliant



LEGAL UNIFORM

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- The school's name, nickname, logo, mascot and/or team member's name are permitted on the uniform top and/or bottom.
- A sublimated team mascot is compliant on both the team and libero jersey.



LEGAL UNIFORM - CORRECTION

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- 4-2-1e: ~~A single mascot reference and/or school name may be place on the sleeve(s), not to exceed either 4 inches by 4 inches or 2 inches by 5 inches.~~
- School references are permitted on the sleeve(s) of the uniform top **without size restrictions.**



Compliant

LEGAL UNIFORM

RULE 4-2-4b



- Eliminates the use of double zero (00) as a uniform number option.
- The number shall not be more than two digits (0-99).

LEGAL UNIFORM

4-2-4c

Illegal (2023)



Legal



Legal



Beginning with the 2023 season, the body of the uniform number must clearly contrast from the body of the uniform regardless of trim.

ROSTER AND LINEUP

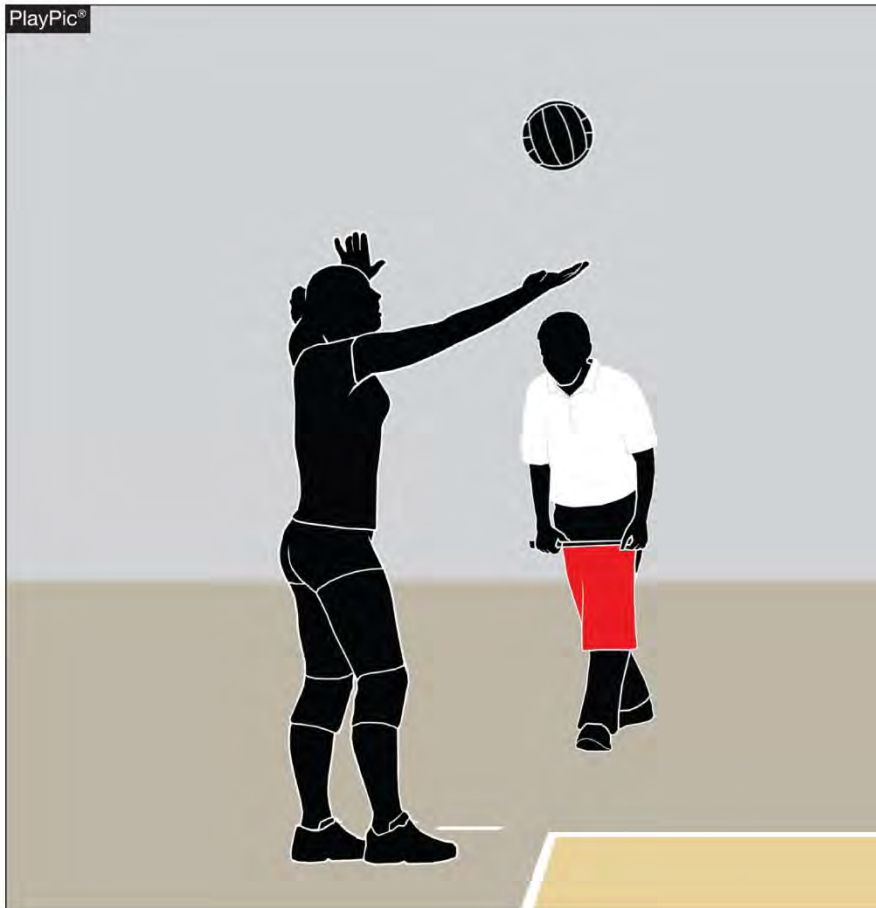
5-5-1b; 5-6-1b; 7-1-1a; 7-1-1 PENALTIES 1; 7-1-2; 7-1-4; 7-1-4 PENALTIES 1,2



- The second referee shall collect team rosters at the prematch conference.
- Coaches can make changes to the roster until 10 minutes remain on the pregame clock.
- All rosters and lineups must be submitted to the second referee – not the scorer.

LINE JUDGE RESPONSIBILITIES

5-9-2a NOTE



- The line judge shall take his/her position and move in line with the extension of the end line when the ball is being served near the line judge's base position.
- The line judge shall watch for foot fault on the end line and move quickly back to base position for a view of the sideline.

ILLEGAL SERVE RULE

8-1-6, 8-2-5g (NEW)



It is an illegal serve – not a service fault – when a ball tossed for serve contacts any part of a backboard or its supports hanging in a vertical position over the serving area.
(Signal 13)

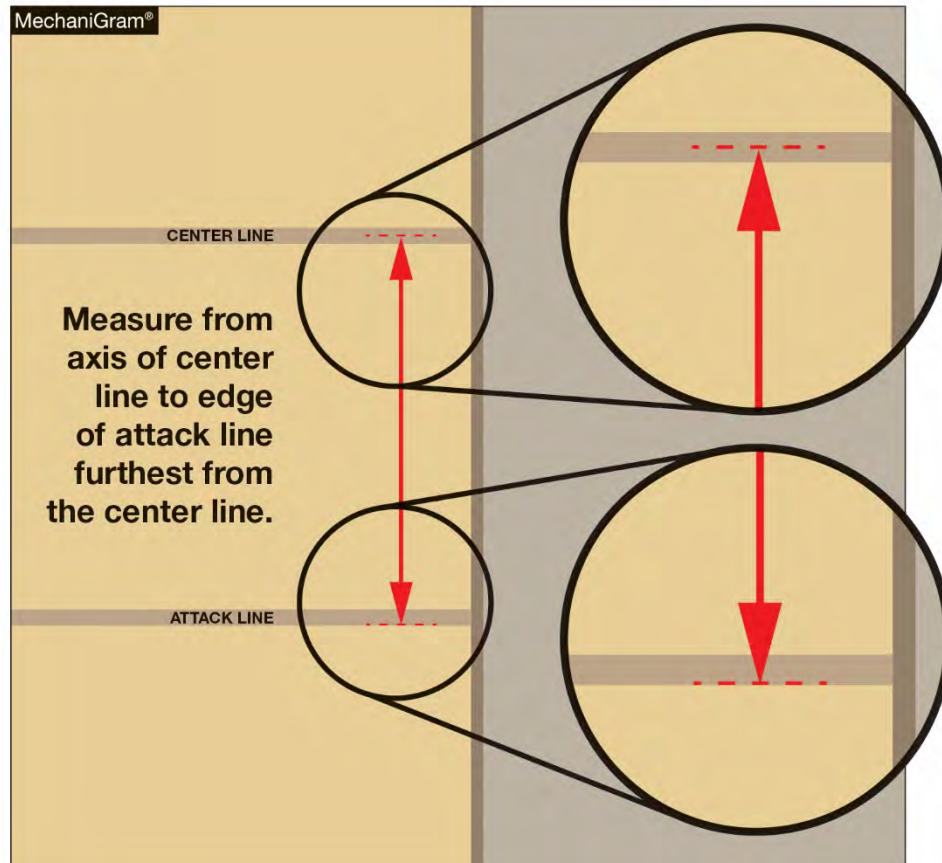


Editorial Changes

2019-20 NFHS VOLLEYBALL

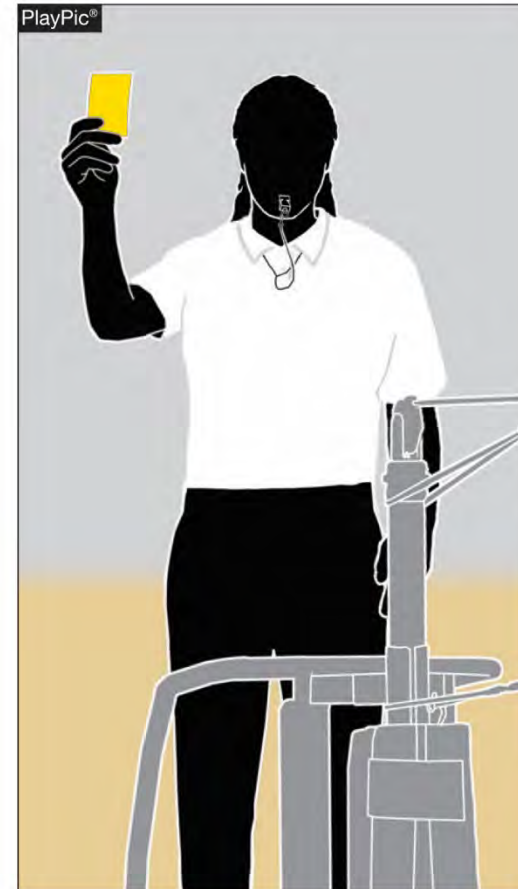
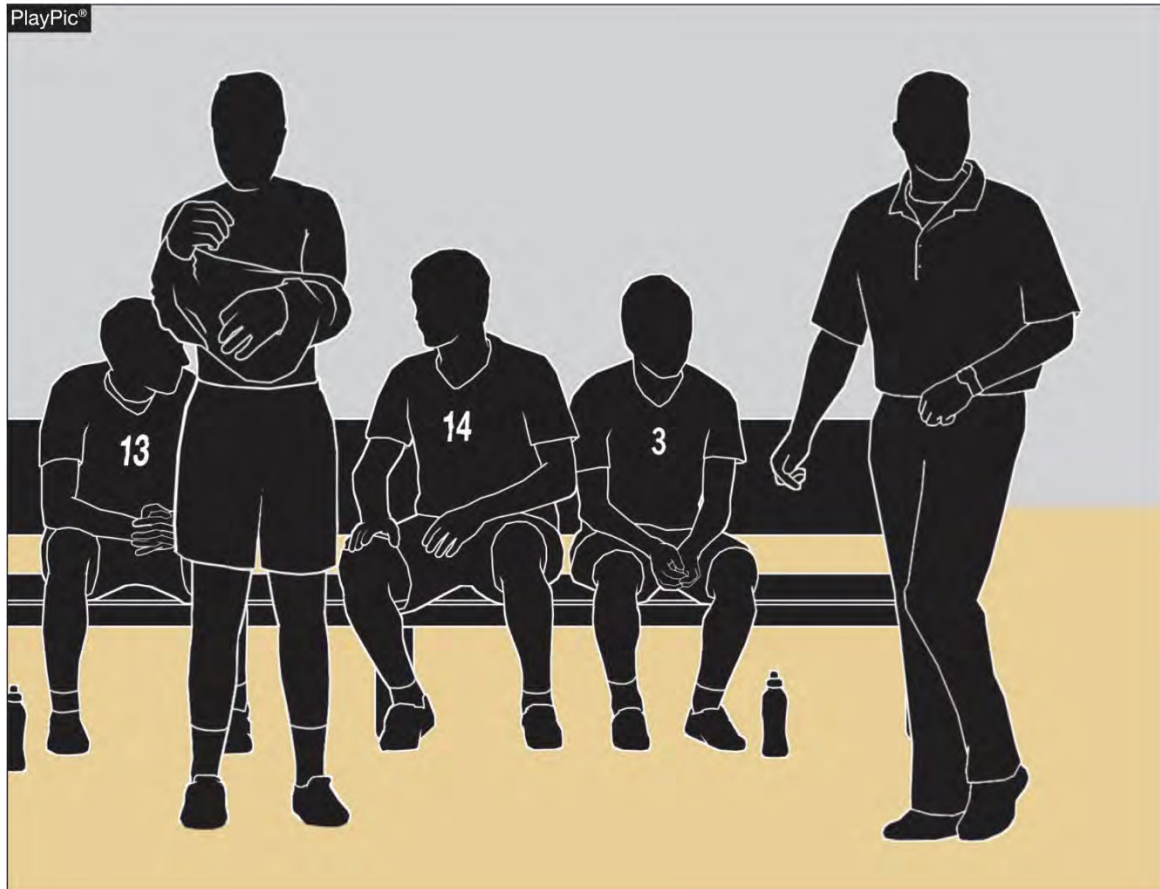


THE COURT: 2-1-5



- The attack line shall be measured from the edge of the attack line farthest from the center line to the axis of the center line.

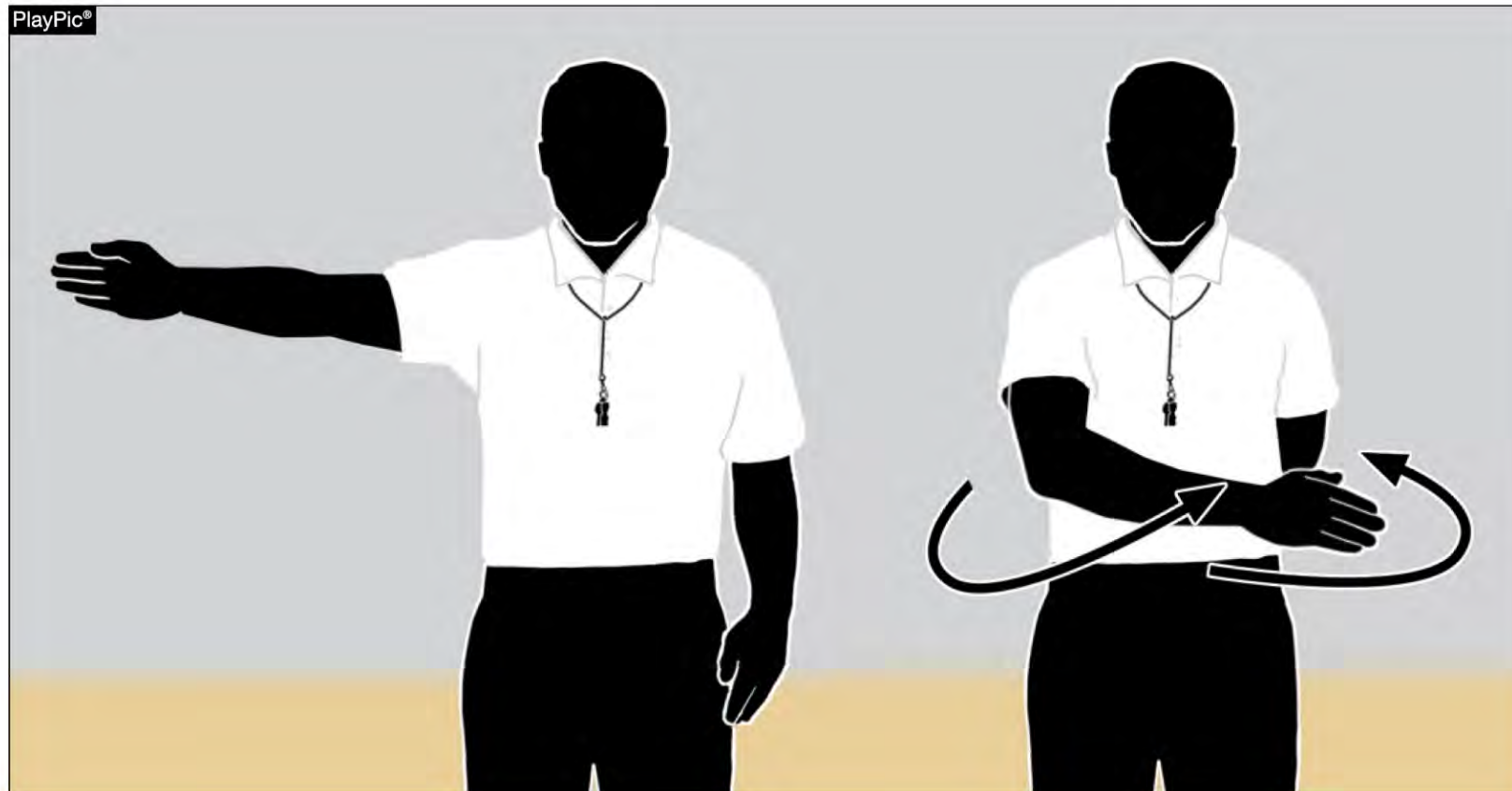
LEGAL UNIFORM: 4-2-7



- The penalty for the removal of any part of the uniform top or bottom is a yellow card charged to the coach for unsporting conduct.

SECOND REFEREE RESPONSIBILITIES

5-5-3b(26)



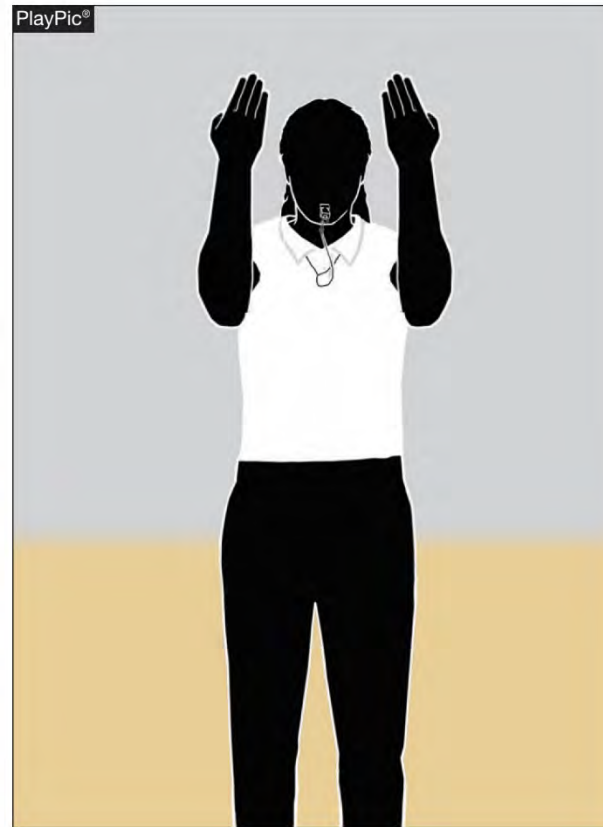
- When conducting the coin toss prior to the deciding set, the second referee shall indicate the serving team and the proper team benches.

THE SERVE – ILLEGAL SERVE

8-1-6, 8-2-5g (NEW)















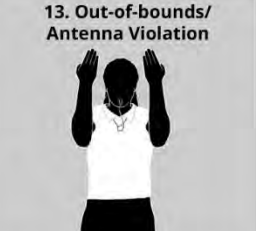





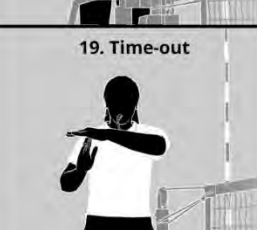




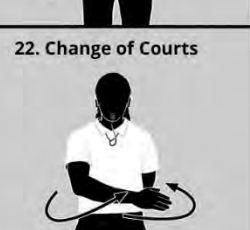
Signal 3



Signal 13

- The proper signal for a tossed ball that contacts a backboard or its supports hanging in a vertical position over the serving area is official signal 13: Out-of-bounds.

NFHS OFFICIAL SIGNALS CHART

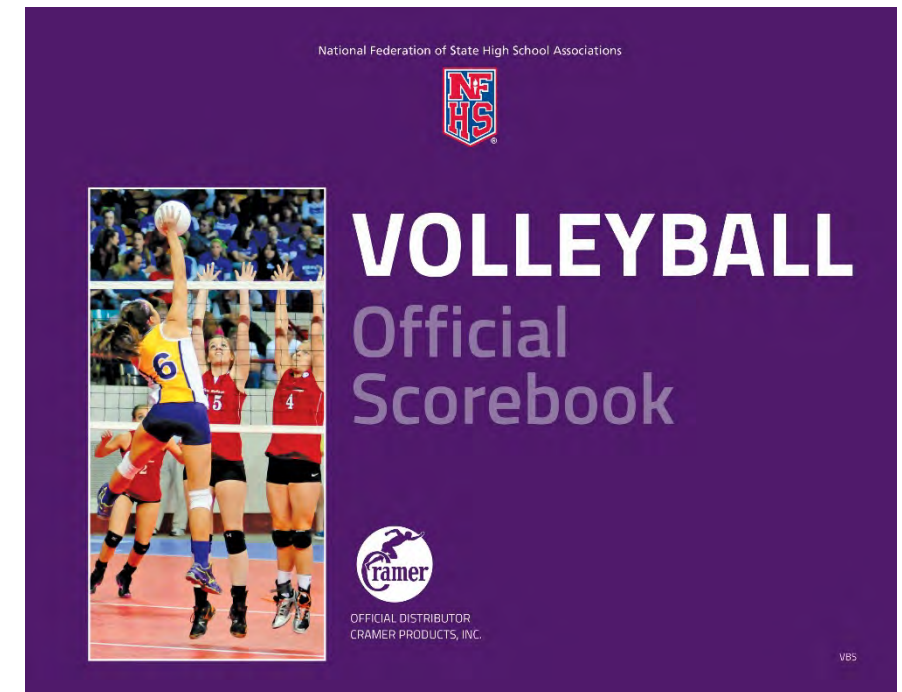
1. Illegal Alignment/Improper Server/Inaccurate Lineup 	2. Line Violation 	3. Illegal Hit 	4. Delay of Service 	5. Over-the-net 	6. Net Fault or Net Serve 	7. Illegal Attack 	8. Illegal Block/Screening 
9. Ball Touched 	10. Four Hits 	11. Double Hit 	12. Ball Lands Inbounds 	13. Out-of-bounds/Antenna Violation 	14. Begin Serve 	15. Substitution 	16. Authorization to Enter 
17. Point 	18. Replay/Re-serve 	19. Time-out 	19a. Team 	19b. Official 	20. Unnecessary Delay 	21. End-of-Set 	22. Change of Courts 

OTHER EDITORIAL CHANGES

- 2-4-1b A player gains an ~~illegal~~ advantage...
- 5-2-1b If a fault is whistled...followed by the player committing the net fault,~~if necessary~~;
- 10-2 After a team is charged with unnecessary delay for a, b or c
PEN 2 above, no ~~further~~ substitutions...
- 11-4-2 In the case of a team having an injured/ill player...~~A~~Each
player may be granted ~~only~~ a single special injury time-out...
- 12-2 a. Yellow Conduct Card (warning) ~~Warning (yellow card)~~...
PEN 1 b. Red Conduct Card (penalty) ~~Penalty (red card)~~...

OTHER EDITORIAL CHANGES

- New Instructions for Scorer (pgs. 55-59) includes:
 - Simplified, bulleted instructions for prematch and during the set;
 - Easy-to-access instructions, including examples, for recording comments;
 - Simplified and reconfigured sample set.





Points of Emphasis

2019-20 NFHS VOLLEYBALL



NEW INFORMAL LEGAL BACK-ROW ATTACK SIGNALS



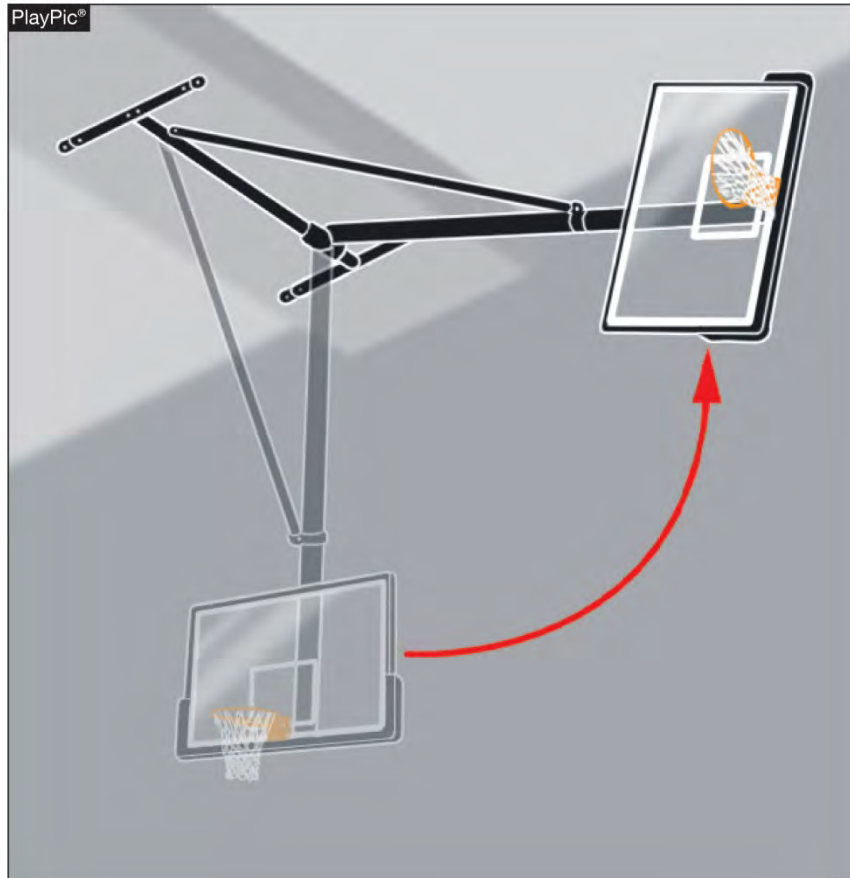
Ball below height of net



Player behind attack line

- Informal signals can be used to communicate between officials and between official and coach.
- Two new informal signals have been added to the Officials Manual as tools for officials to use when providing information regarding the reason for continuous play during a potential illegal back-row attack.
- The first referee can signal the ball was contacted below the height of the net or the back-row player was behind the attack line.

SIDE-FOLDING RETRACTABLE BACKBOARDS



- A vertical backboard raised to the side and up toward the ceiling, even though still technically vertical, is considered a playable overhead obstruction.
- A ball striking the raised backboard, **regardless of how it is raised**, above a playable area, shall remain in play provided the ball does not cross the plane of the net and is playable by a teammate.



BALL HANDLING

- The following criteria can be used to develop consistency when judging ball handling as the first referee:
 - Only the contact point should be considered when judging legality.
 - Outside influences such as player technique, spin, coaches' expectations or crowd reaction should not be considered when judging the legality of the contact.
 - There is no body/ball position or playing technique that automatically results in illegal contact.





BALL HANDLING

- Below are tips to use when assessing second ball contacts:
 - A player in good position must play the ball without discernable double contacts.
 - Less severe judgment is applied to a contact by a player who makes a challenging or spectacular play while maintaining a legal play.
 - Mishandled balls resulting in a blatant fault should still be called, regardless of the challenging or spectacular nature of the play.



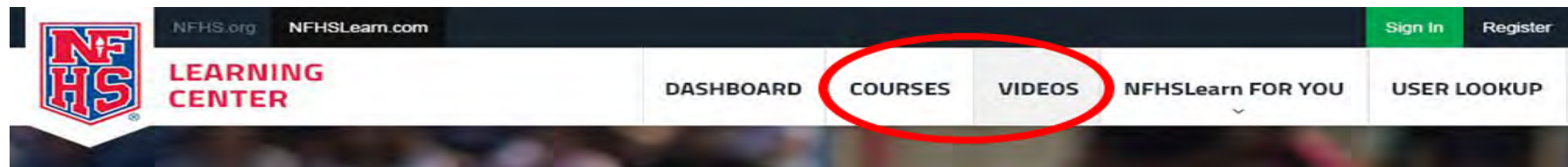


NFHS OFFICIALS ASSOCIATION



OFFICIALS EDUCATION

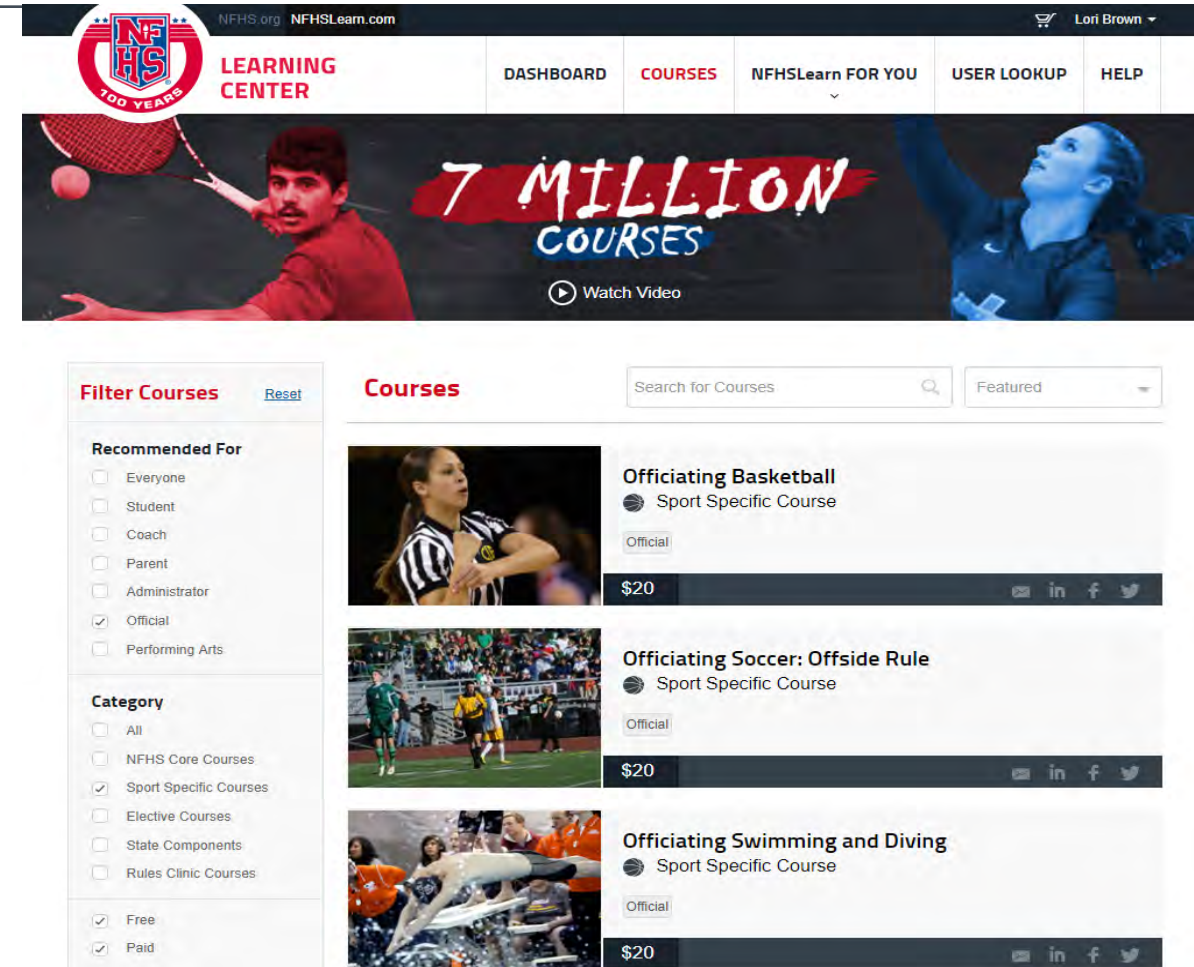
- UPDATED OFFICIALS EDUCATION COURSES AND VIDEO IS LOCATED AT www.NFHSLearn.com



SPORTS-SPECIFIC OFFICIATING COURSES

WWW.NFHSLEARN.COM

- Introduction to mechanics and techniques used in each sport
- Ideal for new officials or those in first few years of officiating
- 20-45 minutes to complete
- Topics vary based on the needs of the officials in the sport
- NFHS Officials Association members cost is \$10
- Non-members - course is \$20
- API available to state associations to collect results



The screenshot displays the NFHS Learn Center website. The top navigation bar includes the NFHS 100 Years logo, the URL NFHS.org/NFHSLearn.com, and a user profile for Lori Brown. The main menu features links for DASHBOARD, COURSES, NFHSLearn FOR YOU, USER LOOKUP, and HELP. A large banner below the menu promotes '7 MILLION COURSES' with a 'Watch Video' button. The 'Filter Courses' sidebar on the left allows users to filter by 'Recommended For' (Everyone, Student, Coach, Parent, Administrator, Official, Performing Arts) and 'Category' (All, NFHS Core Courses, Sport Specific Courses, Elective Courses, State Components, Rules Clinic Courses). The 'Courses' section on the right lists three featured courses: 'Officiating Basketball' (Sport Specific Course, Official, \$20), 'Officiating Soccer: Offside Rule' (Sport Specific Course, Official, \$20), and 'Officiating Swimming and Diving' (Sport Specific Course, Official, \$20). Each course entry includes a thumbnail image, a title, a description, a status (Official), and a price (\$20).





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Total videos: 537



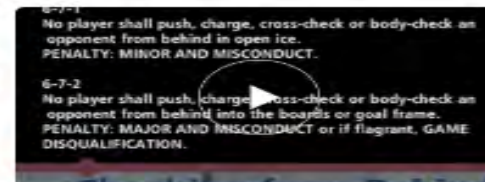
Conduct And Interference

Baseball



UIL Court Coverage - Center O...

Basketball



Ice Hockey Rules Concepts - C...

Ice Hockey



NFHS Soccer Rules: Referee Me...

Soccer



Tracking The Ball As A Hitter

Softball



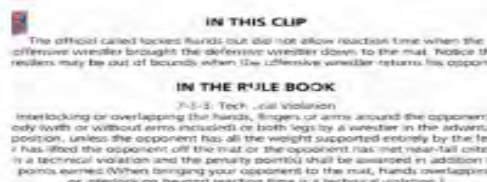
Judging Diving Example: 101A

Swimming & Diving



Volleyball Signal 07 - Legal ...

Volleyball



Technical Violation

Wrestling



Umpire Mechanics

Baseball



Officiating Volleyball: Ball Handling

Course Objectives

- Understand the basic rules of contact and the skills performed in a volleyball match.
- Identify and explain examples of illegal and legal contact.
- Practice making ball handling calls on actual player contacts.
- Create consistency in ball handling calls.

Units

- Introduction to Ball Handling
- Rules Governing Ball Handling
- Techniques to Train the Eye
- Variables and External Stimuli
- Overview of Each Skill

More Information at nfhslearn.com!



NFHS OFFICIALS ASSOCIATION CENTRAL HUB

<https://nfhs-volleyball.arbitersports.com/front/105417/Site>

- Contains:
 - Sport information
 - Rules information
 - Rules library
 - Searchable rules book
 - Video content on officiating sport, competition situations and interpretations





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 - Student Mental Health and Suicide Prevention
 - Understanding Copyright and Compliance
 - Protecting Students from Abuse
 - Hazing Prevention for Students
 - Coaching Unified Sports
 - ACL Injury Prevention
 - Sportsmanship
 - And many more





Course Objectives

- Drill and practice design – including specific, measurable goals and how to replicate game situations
- Teaching fundamental serving and passing skills – verbal cues, standing float serve, forearm pass and overhead pass
- Teaching fundamental defensive skills – attacking, blocking and digging
- Learn offensive and defensive rotational systems
- How to evaluate and select players
- Match protocols and rules of the court – player positioning, service order, substitutions, libero player, time outs and lineups

Units

- | | |
|--|--|
| - Serving and Passing Skills | - Team Systems: Defense |
| - Attacking, Blocking and Digging Skills | - Team Selections & Rules and Match Management |
| - Team Systems: Offense | |

More Information at nfhslearn.com!



NFHS NETWORK



NFHS NETWORK

- By 2020, every high school sporting event in America will be streamed live.
- The NFHS Network will be THE DESTINATION for fans to view these broadcasts.



www.NFHSnetwork.com



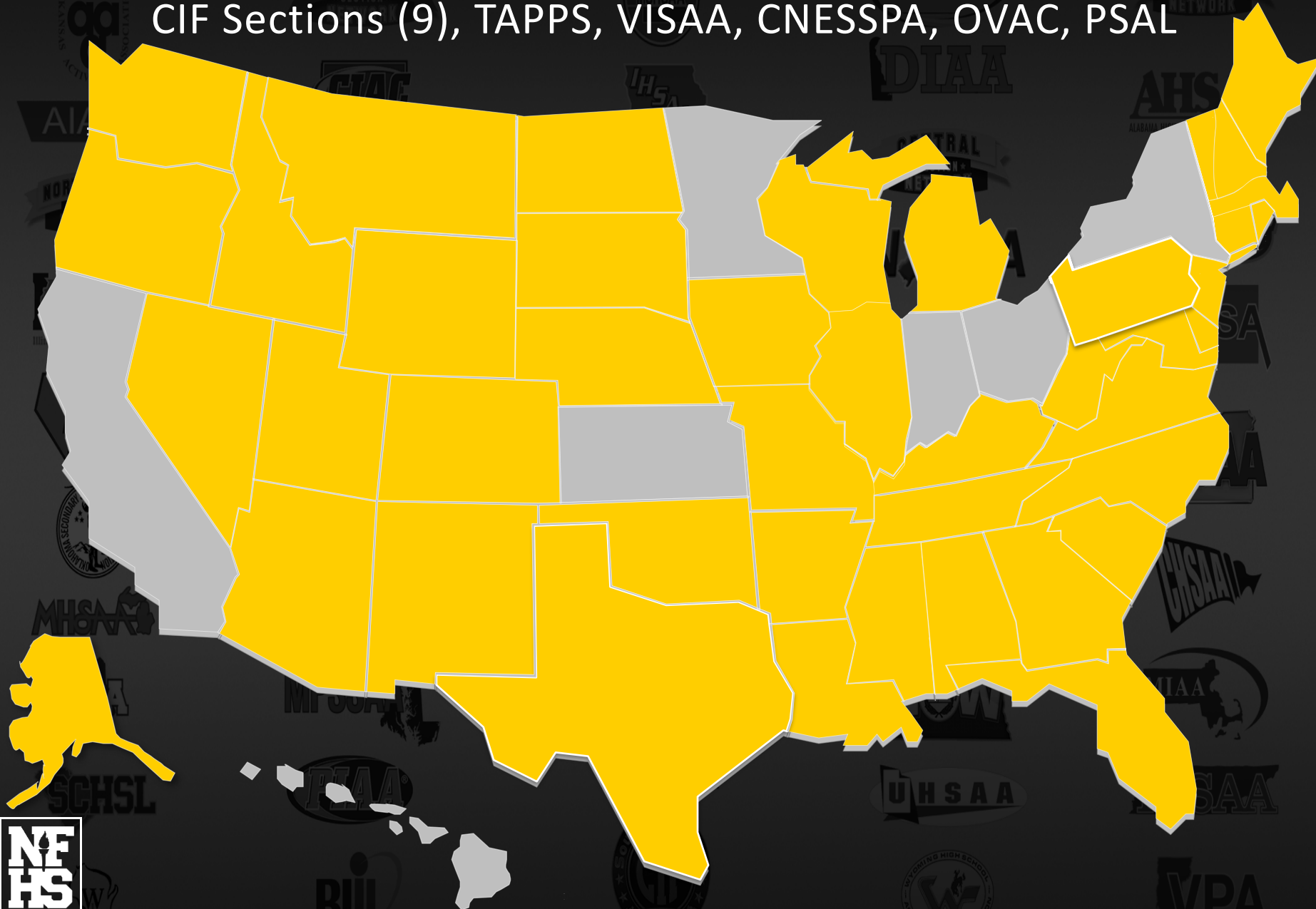
27 DIFFERENT SPORTS AND ACTIVITIES





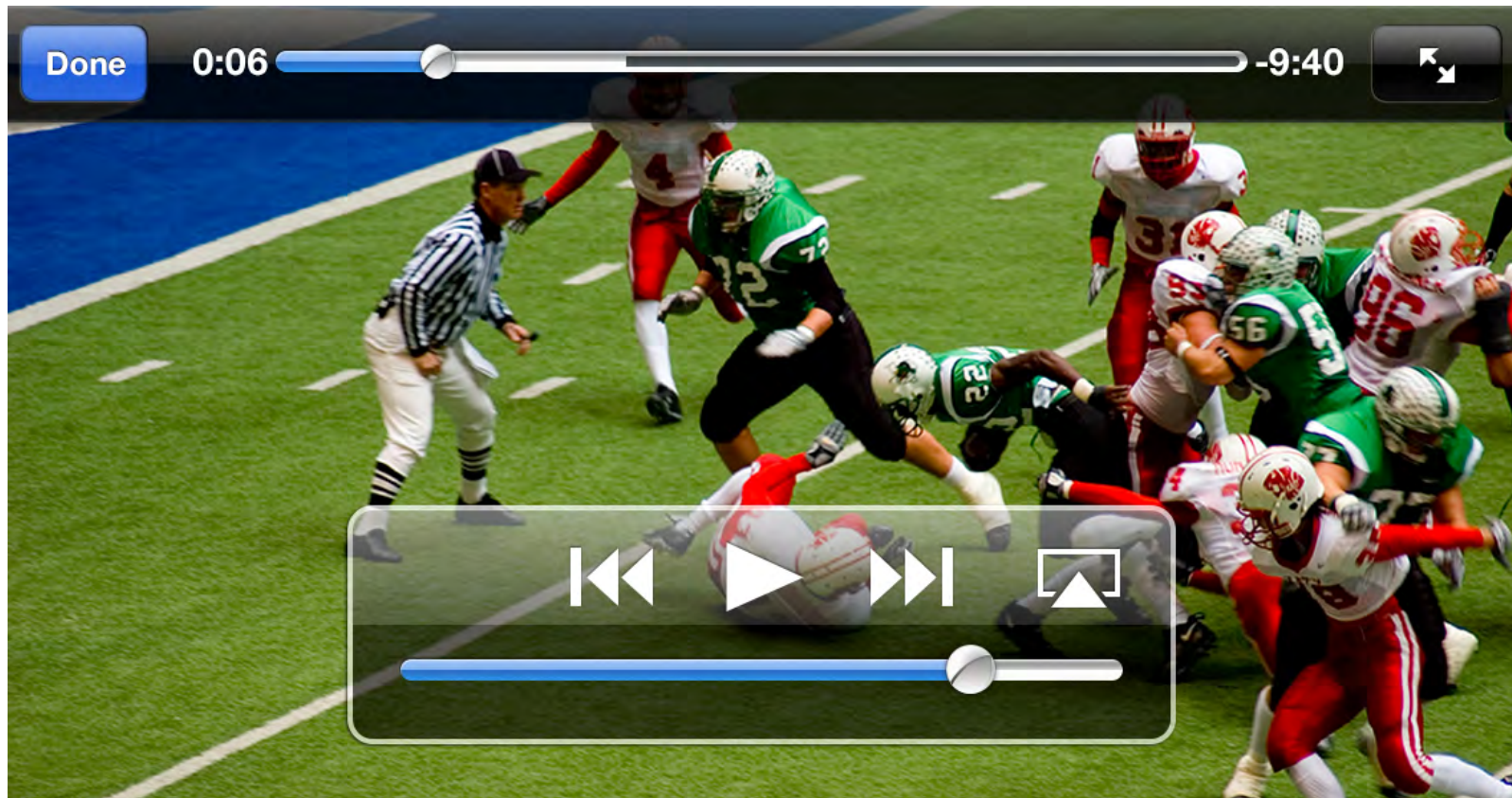
NFHS Network Media Rights States (43)

CIF Sections (9), TAPPS, VISAA, CNESSPA, OVAC, PSAL



NFHS NETWORK

- View from mobile...



THANK YOU

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