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VISION

- The National Federation of State High School Associations (NFHS) is the national leader for education-based high school athletics and activities, which prepare tomorrow’s leaders for the next level of life through innovative programs, healthy participation, achievement, and development of positive relationships.
MISSION

• The National Federation of State High School Associations (NFHS) serves its members by providing leadership for the administration of education-based high school athletics and activities through the writing of playing rules that emphasize health and safety, educational programs that develop leaders, and administrative support to increase participation opportunities and promote sportsmanship.
NFHS (located in Indianapolis, IN – Est. 1920):
• National leadership organization for high school sports and fine arts activities;
• National authority on interscholastic activity programs;
• Conducts national meetings;
• Sanctions interstate events;
• Produces national publication for high school administrators;
• National source for interscholastic coach training and national information center.
NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- Membership = 50 member state associations and D.C.
- NFHS reaches more than 19,000 high schools and 12 million participants in high school activity programs, including more than 7.8 million in high school sports.
The NFHS Rules Review Committee is chaired by the chief operating officer and composed of all rules editors. After each committee concludes its deliberations and has adopted its recommended changes for the subsequent year, such revisions will be evaluated by the Rules Review Committee.
The NFHS writes playing rules for 17 sports for boys and girls at the high school level.

- Publishes 4 million pieces of materials annually.
NFHS RULES BOOK AS E-BOOKS

E-books features:
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NFHS Rules and Case e-books for $6.99 each
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- Rules App features:
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  - Highlight notes
  - Bookmarks
  - Quizzes for all sports
  - Easy navigation
  - Immediate availability
  - Free to paid members of the NFHS Coaches and Officials Associations

- [www.nfhs.org/erules](http://www.nfhs.org/erules) for more information
GUIDELINES FOR SCHOOLS AND STATE ASSOCIATIONS FOR CONSIDERATION OF ACCOMMODATIONS

1. Request from Student to School for Accommodation(s)
2. School Conducts Individual Student Assessment
3. Request from School for Accommodation(s) to State Association
4. Notice and Opportunity to be Heard
5. State Association Review of Request
6. State Association Provides Written Determination for Accommodation(s) to School
7. If appropriate, School Provides Letter of Authorization to Head Official for Local Contest Allowing Competition with Accommodation(s)
Rules Changes

2019-20 NFHS VOLLEYBALL
When the volleyball strikes the cables and/or the diagonal poles used to retract ceiling suspended net systems the referee will stop play and determine if the ball was playable.

The referee will signal out-of-bounds or replay.
Rule Change

LEGAL UNIFORM
4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- Rule 4-2-1 is reorganized and simplified.
- The libero must clearly contrast with the rest of his/her teammates and conform to all other uniform rules.
- All currently compliant libero uniforms will maintain compliance under new rule.
ART 2...The libero uniform top must **clearly contrast** from the **predominant color(s)** of the team uniform top, excluding trim. The libero’s uniform top cannot be made up solely of the same predominant color(s) of the team’s uniform top, even if the like color(s) are placed differently on the uniform top. Numbers shall meet all specifications in Rule 4-2-4.
Rule Change

LEGAL UNIFORM
4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- Establishing Predominant Color(s)
  - Predominant color(s) is the color(s) appearing on the majority of the uniform top (body and sleeves).
  - Uniform tops can have one predominant color with accent colors (colors used in designs or trim).
  - When one predominant color can be established, any of the accent colors – if clearly contrasting – can be used as the predominant color of the libero uniform top.
In this scenario, the team uniform has **one predominant color**: BLACK
The team uniform has one predominant color (BLACK).

Any contrasting color can be used as the predominant color of the libero uniform top and black can be used as an accent color.

Team Jersey

Libero Jersey

Compliant
Rule Change

LEGAL UNIFORM
4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- Multiple Predominant Colors:
  - Uniform tops can have **multiple predominant colors** sharing approximately the same amount of space on the uniform top.
  - **When multiple predominant colors can be established neither of the predominant colors can be used as a predominant color of the libero uniform top, even if placed differently on the uniform top.**
In this scenario, the uniform has **two predominant colors**: light blue and navy blue.
LEGAL UNIFORM
4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- Which one of the jerseys below would be a compliant libero jersey?
The school’s name, nickname, logo, mascot and/or team member’s name are permitted on the uniform top and/or bottom.

A sublimated team mascot is compliant on both the team and libero jersey.
Rule Change

LEGAL UNIFORM - CORRECTION
4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2 (NEW)

- 4-2-1e: A single mascot reference and/or school name may be placed on the sleeve(s), not to exceed either 4 inches by 4 inches or 2 inches by 5 inches.
- School references are permitted on the sleeve(s) of the uniform top without size restrictions.

Compliant
Eliminates the use of double zero (00) as a uniform number option.

The number shall not be more than two digits (0-99).
Beginning with the 2023 season, the body of the uniform number must clearly contrast from the body of the uniform regardless of trim.
The second referee shall collect team rosters at the prematch conference.

- Coaches can make changes to the roster until 10 minutes remain on the pregame clock.
- All rosters and lineups must be submitted to the second referee – not the scorer.
LINE JUDGE RESPONSIBILITIES

5-9-2a NOTE

- The line judge shall take his/her position and move in line with the extension of the end line when the ball is being served near the line judge’s base position.

- The line judge shall watch for foot fault on the end line and move quickly back to base position for a view of the sideline.
It is an illegal serve – not a service fault – when a ball tossed for serve contacts any part of a backboard or its supports hanging in a vertical position over the serving area.
(Signal 13)
The attack line shall be measured from the edge of the attack line farthest from the center line to the axis of the center line.
The penalty for the removal of any part of the uniform top or bottom is a yellow card charged to the coach for unsporting conduct.
When conducting the coin toss prior to the deciding set, the second referee shall indicate the serving team and the proper team benches.
The proper signal for a tossed ball that contacts a backboard or its supports hanging in a vertical position over the serving area is official signal 13: Out-of-bounds.
NFHS OFFICIAL SIGNALS CHART

1. Illegal Alignment/Improper Server/Inaccurate Lineup
2. Line Violation
3. Illegal Hit
4. Delay of Service
5. Over-the-net
6. Net Fault or Net Serve
7. Illegal Attack
8. Illegal Block/Screening
9. Ball Touched
10. Four Hits
11. Double Hit
12. Ball Lands Inbounds
13. Out-of-bounds/Antenna Violation
14. Begin Serve
15. Substitution
16. Authorization to Enter
17. Point
18. Replay/Re-Serve
19. Time-out
19a. Team
19b. Official
20. Unnecessary Delay
21. End-of-Set
22. Change of Courts

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<table>
<thead>
<tr>
<th>Section</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>2-4-1b</td>
<td>A player gains an <strong>illegal</strong> advantage...</td>
</tr>
<tr>
<td>5-2-1b</td>
<td>If a fault is whistled...followed by the player committing the net fault, <strong>if necessary</strong>;</td>
</tr>
<tr>
<td>10-2</td>
<td>After a team is charged with unnecessary delay <strong>for a, b or c above</strong>, no further substitutions...</td>
</tr>
<tr>
<td>11-4-2</td>
<td>In the case of a team having an injured/ill player... <strong>Each</strong> player may be granted <strong>only</strong> a single special injury time-out...</td>
</tr>
<tr>
<td>12-2</td>
<td>a. <strong>Yellow Conduct Card (warning)</strong> Warning (yellow card)...</td>
</tr>
<tr>
<td></td>
<td>b. <strong>Red Conduct Card (penalty)</strong> Penalty (red card)...</td>
</tr>
</tbody>
</table>
New Instructions for Scorer (pgs. 55-59) includes:
• Simplified, bulleted instructions for prematch and during the set;
• Easy-to-access instructions, including examples, for recording comments;
• Simplified and reconfigured sample set.
NEW INFORMAL LEGAL BACK-ROW ATTACK SIGNALS

- Informal signals can be used to communicate between officials and between official and coach.

- Two new informal signals have been added to the Officials Manual as tools for officials to use when providing information regarding the reason for continuous play during a potential illegal back-row attack.

- The first referee can signal the ball was contacted below the height of the net or the back-row player was behind the attack line.
SIDE-FOLDING RETRACTABLE BACKBOARDS

- A vertical backboard raised to the side and up toward the ceiling, even though still technically vertical, is considered a playable overhead obstruction.

- A ball striking the raised backboard, regardless of how it is raised, above a playable area, shall remain in play provided the ball does not cross the plane of the net and is playable by a teammate.
The following criteria can be used to develop consistency when judging ball handling as the first referee:

- Only the contact point should be considered when judging legality.
- Outside influences such as player technique, spin, coaches’ expectations or crowd reaction should not be considered when judging the legality of the contact.
- There is no body/ball position or playing technique that automatically results in illegal contact.
BALL HANDLING

- Below are tips to use when assessing second ball contacts:
  - A player in good position must play the ball without discernable double contacts.
  - Less severe judgment is applied to a contact by a player who makes a challenging or spectacular play while maintaining a legal play.
  - Mishandled balls resulting in a blatant fault should still be called, regardless of the challenging or spectacular nature of the play.
NFHS OFFICIALS ASSOCIATION
OFFICIALS EDUCATION

- UPDATED OFFICIALS EDUCATION COURSES AND VIDEO IS LOCATED AT www.NFHSLearn.com
SPORTS-SPECIFIC OFFICIATING COURSES
WWW.NFHSLEARN.COM

• Introduction to mechanics and techniques used in each sport
• Ideal for new officials or those in first few years of officiating
• 20-45 minutes to complete
• Topics vary based on the needs of the officials in the sport
• NFHS Officials Association members cost is $10
• Non-members - course is $20
• API available to state associations to collect results
Welcome To The New NFHS Video Library!
Search For Your Sport Below
Officiating Volleyball: Ball Handling

Course Objectives

- Understand the basic rules of contact and the skills performed in a volleyball match.
- Identify and explain examples of illegal and legal contact.
- Practice making ball handling calls on actual player contacts.
- Create consistency in ball handling calls.

Units

- Introduction to Ball Handling
- Rules Governing Ball Handling
- Techniques to Train the Eye
- Variables and External Stimuli
- Overview of Each Skill

More Information at nfhslearn.com!
NFHS OFFICIALS ASSOCIATION CENTRAL HUB

https://nfhs-volleyball.arbitersports.com/front/105417/Site

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• Hazing Prevention for Students
• Coaching Unified Sports
• ACL Injury Prevention
• Sportsmanship
• And many more
Coaching Volleyball

Course Objectives
- Drill and practice design – including specific, measurable goals and how to replicate game situations
- Teaching fundamental serving and passing skills – verbal cues, standing float serve, forearm pass and overhead pass
- Teaching fundamental defensive skills – attacking, blocking and digging
- Learn offensive and defensive rotational systems
- How to evaluate and select players
- Match protocols and rules of the court – player positioning, service order, substitutions, libero player, time outs and lineups

Units
- Serving and Passing Skills
- Attacking, Blocking and Digging Skills
- Team Systems: Offense
- Team Systems: Defense
- Team Selections & Rules and Match Management

More Information at nfhslearn.com!
NFHS NETWORK

- By 2020, every high school sporting event in America will be streamed live.
- The NFHS Network will be THE DESTINATION for fans to view these broadcasts.

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THANK YOU

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