

SCOUT

Vol. 27, No. 2

Maryland Public Secondary Schools Athletic Association

Oct. 2010

MPSSAA News and Notes

Girl's Golf Challenge Deadline Approaching

The MPSSAA will host the fourth annual Girl's Golf Challenge on October 16 at Forest Park Golf Course. The event will feature an 18-hole tournament, 9-hole tournament and a clinic for MPSSAA female athletes currently on their high school team. The deadline for registration is Wednesday, October 6.

More information on the event can be found at mpssaa.org on the golf page while registration pages are included in this edition of the Scout.

Cross Country Online Team Entry

All cross country entries for this fall's region meets MUST be completed utilizing the online process available via the MPSSAA website.

The entry forms are located on the "Coaches/Athletic Directors" portion of our webpage, which is password protected. Each coach must get the username and password from their Athletic Director. Please do NOT wait until the last minute to do so! Note that the deadline for completing the initial online application will be Monday, October 25th at 4 PM. For more information and directions go to mpssaa.org or check out the Fall Bulletin.

Follow The MPSSAA Football Point Standings Online Each Week

Each week the MPSSAA posts the most up-to-date football points standings as schools march through the regular season. At the end of week 10 the top-four teams in each region will advance to the Football State Tournament.

Be sure to visit MPSSAA.org each week to follow the excitement of who will be part of the 2010 Football State Tournament.

Fall State Tournament Draws on the Horizon

Draws for the girl's field hockey, girl's soccer, boy's soccer and girl's volleyball are on the horizon as all MPSSAA schools sponsoring a varsity team in that sport has an opportunity to compete in the state tournament.

The top-four teams in each region will be seeded with the remaining schools randomly drawn into a 16-team bracket. Schools will advance through regional play for a chance to compete in the state semifinals. Check MPSSAA.org for brackets the day of each draw. The following is a draw schedule:

October 21: Girl's Field Hockey

October 25: Boy's and Girl's Soccer

November 1: Girl's Volleyball

State Board to Vote on Coaching Rule

After votes of approval by the MPSSAA Board of Control and the Local School System Superintendents, the COMAR amendments for coaching eligibility will go for a vote by the State Board of Education at their October 26th meeting. If a vote of approval is granted, the amendments will go into effect according to the date established by the Board, paving the way for emergency coaches to become a credentialed MPSSAA coach.

MPSSAA To Offer Online Tickets At State Tournaments

The MPSSAA will offer online tickets for MPSSAA State Championships during the 2010-11 school year. Last year the MPSSAA offered online ticket sales to 29 different state championship games providing a fast and easy way for parents and fans to what the state finals.

Go to MPSSAA.org and click on the link, "MPSSAA State Final Tickets" to access the MPSSAA Online Ticketing Program page.



THIS IS THE CHALLENGE
MAKE IT YOURS
MARINES.COM
1-800-MARINES
MARINES.COM

SCOUT is published by the Maryland Public Secondary Schools Athletic Association for the staff and fans of Maryland high school athletics.

Dr. William Beattie, President
Edward F. Sparks, Executive Director

EXECUTIVE'S CORNER

Edward "Ned" Sparks

Executive Director, MPSSAA

The term "sticker shock" originated from the reaction of people shopping for a new car and reading the manufacturer's suggested price on the window sticker. It seems to me that recently the term can apply to just about any item I consider buying. Whether it be furniture, appliances, clothing or even groceries; it makes no difference. I find myself shaking my head and thinking there is no way the value of the item is worth the asking price.

Considering the cost of materials plus the labor involved, as well as packaging and shipping I come away with the strong sense of some excessive mark ups along the chain of production and delivery.

An executive for a national pizza chain once told me that the cost of ingredients for a large plain pizza was less than \$1.50. Then why was the retail cost of that large plain well over \$10.00? Countering that however is the psychological factor that suggests to us that anything cheap must be inferior. Is it a knock off or has the expiration date passed?

When considering ticket pricing for regional and state championships many factors are considered. Some are maintenance of effort such as:

- Awards
- Student programs, Minds in Motion, Student Leadership
- School Travel Reimbursement
- Publications to schools, rules books, bulletins, handbooks, etc.
- Website
- Sanctioning
- Facility Rental
- Labor

In addition the cost for families that might include siblings and grandparents is strongly considered when setting admission prices.

In the face of many pressures, the MPSSAA Finance committee has been able to hold the line on admission prices to state championships. In the fall of 1984 in the first edition of the Scout Newsletter, ticket prices were listed for \$3.00 for state semifinals and \$4.00 for state final events. In 2010, 26 years later, it is hard to believe prices have only risen to \$6.00 for semifinals and \$8.00 for state finals.

In tough times avoiding reduction of services and not increasing patron costs while providing a high skill level of competition, for my money, makes high school athletics a great value for the price of admission.

A Look Back...

STATE CHAMPIONS FALL 2009

CROSS COUNTRY

Boys	Girls
1A Bohemia Manor (2 nd Consecutive)	1A Bohemia Manor (2 nd Consecutive)
2A Winters Mill	2A Century
3A Damascus	3A River Hill (3 rd Consecutive)
4A Walter Johnson (2 nd Consecutive)	4A Severna Park

FIELD HOCKEY	FOOTBALL
1A Pocomoke (7 th Consecutive)	1A Catoctin
2A Fallston (3 rd Consecutive)	2A Eastern Tech
3A Hereford	3A Linganore
4A Severna Park (5 th Consecutive)	4A Old Mill

GOLF

2A-1A Middletown
4A-3A Urbana

Individual Boy Alex Hoffman, Middletown
Individual Girl Diana Brown, Winston Churchill

SOCCER

Boys	Girls
1A Loch Raven	1A Loch Raven
2A Marriotts Ridge	2A Fallston
3A Clarksburg	3A Tuscarora
4A Walt Whitman	4A Bethesda-CC

VOLLEYBALL

1A Smithsburg
2A Francis Scott Key
3A Northern-Cal
4A Broadneck (3rd Consecutive)

SPORTSMANSHIP WINNERS

Field Hockey
Paint Branch

Soccer
Boys: Hereford
Girls: Harford Tech

Vollebyall
Catoctin

Football
Eastern Tech

Check the fan polls on MPSSAA.org to vote on which 2009 state champion you think will repeat this year. The first poll will be golf, followed by girl's field hockey, boy's soccer, girl's soccer, girl's volleyball and football.

Coaches: What You Need To Know Come Region and State Tournament Time

As schools conclude the regular season and begin Region and State Tournament play, a number of items will be required by schools as they progress through the tournament to ensure a smooth operation of the state tournament. The following is a general chronological checklist for coaches and athletic administrators to use as they advance through the tournament.

Regular Season

- **Review Tournament Bulletin:** Make sure you have reviewed your state tournament bulletin. If for some reason you do not have a bulletin you may find a copy on the MPSSAA website on your sport specific page. Most frequently asked questions can be answered in the bulletin.
- **Contact Regional Director:** Make sure you are in contact with you regional director prior to the end of the regular season. It is the responsibility of the school to work with regional directors to accurately report schedules, results and records for the purpose of tournament seeding. Regional directors can be found in the tournament bulletin and on each sport page of mpssaa.org.
- **Submit Final Regular Season Record:** At the conclusion of your final game prior to the draw date, contact your regional director with your record. After regional directors have collected all records from their respective region, they will forward them to the state committee chair for tournament seeding.

Regional Tournament

- **Draw Day:** Fall tournament draws for field hockey, boys and girls soccer and volleyball will take place in the MPSSAA office on their respective draw date. After the draw is complete it will be distributed through committee chairs to regions as well as posted on the MPSSAA site. Schools should identify their respective matchup and plan accordingly to setup all necessary logistics for the regional games.
- **Reporting Scores:** At the conclusion of each regional game, coaches should call in scores to regional directors who will in turn report all regional scores to the MPSSAA. This will allow the MPSSAA to update brackets accordingly. Failure to report scores significantly hinders the ability of the MPSSAA to update brackets and provide athletic administrators the necessary time to schedule the logistics for the next round of contests.
- **Regional Quarterfinal Round Champions Team Entry Form:** Schools that advance past the Regional Quarterfinals have an obligation to submit a **team photo** and **team entry form** to the MPSSAA. The deadline for these submissions is 4 p.m. the day following their quarterfinal win. Team entry forms and photos allow the MPSSAA to have all necessary information for the state tournament. Accuracy is extremely important as this information will be duplicated in the state playoff book and the state finals t-shirts.

- **Regional Final Champion:** Regional champions will be awarded a team plaque and individual certificates to members of the team. At the conclusion of the regional final game, schools should contact their regional director submitting the score of the regional final game and their season record, including all tournament games.

State Tournament

- **State Semifinals:** Schools advancing to the state semifinals should refer to the MPSSAA bulletin for state finals information. Based on the region (east, west, north or south) schools will either be designated the home or away team. Schools are strongly encouraged to bring both sets of uniforms to the state semifinals and finals.
- **Media Forms:** Schools competing at the state semifinals need to fill out and bring copies of their respective sports media form. Media forms are found on the individual sport pages of mpssaa.org. These forms are important to high-light school programs as media outlets who may not typically cover you during the season will be writing articles on your success. These forms may be used at any time during the tournament or regular season to highlight your program.
- **Playoff Magazine:** The MPSSAA official state playoff program magazine will be given to all state semifinal participants. Team photo, roster and school information for each state semifinal participating team will be highlighted in the book. All information is based upon the team entry form so accuracy and spelling is important.
- **State Finals:** Schools advancing to the state finals will have an opportunity to compete for the state championship in their classification. Based on your seed (East-1, South-2, North-3 and West-4) and your opponent's seed will determine whether you are the designated home or away team. Be safe and bring both sets of uniforms. Schools should encourage their fan base to check the MPSSAA Fan Focus for event information and direct them to purchase state final tickets online to avoid lines at the gate the day of the event. Schools should bring copies of their updated media form to the state finals and contact their state committee chair for any other accommodations.

CARE AND PREVENTION UPDATE

During the September Executive Council Meeting the following updates to the care and prevention outline were approved. The updates come as a result of the MPSSAA's Concussion Review Committee. The committee recommended that concussion awareness be part of the first aid/on field management instruction of the care and prevention course. Please find the updates highlighted in the grey boxes below.

CARE AND PREVENTION OF ATHLETIC INJURIES

.04B(3) "All coaches shall have completed or be enrolled in a one-credit course in the prevention and care of athletic injuries."

Interpretation: The following interpretation of that bylaw was agreed upon by formal vote of the MPSSAA Board of Control:

1. The completion of the Care and Prevention Course will be required by August 15, 1989.
2. Coaches beginning employment after August 15, 1989, will have one (1) year to complete the course.
3. The major content areas in the course should be:
 - a. Legal Issues
 - b. Introduction to Injury
 - c. Prevention of Injuries
 - d. First Aid/On Field Management of Injuries
 - e. Life Threatening Injuries
 - f. Ankle Injuries
 - g. Knee Injuries
 - h. Neck, Spine, Pelvis Injuries
 - i. Shoulder Injuries
 - j. Arm, Hand Injuries
4. Emergency coaches must have completed a Care and Prevention course in the first year of his/her employment.
5. Local supervisors will certify that coaches have complete the course.
6. It is strongly recommend that all coaches complete a course in CPR.

Following is a suggested outline formulated by the MPSSAA Medical Advisory Board (revised April 22, 1998):

CARE AND PREVENTION OF ATHLETIC INJURIES COURSE OUTLINE

I. Legal Issues Suggested time allocation: 45 min.

- Emergency Plan
- Knowledge of proper skills, techniques, and protective equipment
- Medical records and documentation
- Safety

II. Introduction to Injury Suggested time allocation: 1 hr. 30 min.

- Mechanisms of injury
- Tissue response to injury (mild/moderate/severe)
- Stages of healing
- Psychology of injury
- Psychology of sport

III. Prevention of Injuries Suggested time allocation: 1 hr. 30 min.

- Conditioning concepts
- Alternate training concepts
- Nutrition
- Performance enhancing issues

IV. First Aid/On Field Management of Injuries

Suggested time allocation: 3 hr. 00 min.

- Concussion Awareness
 - Signs and Symptoms
 - Initial Intervention
 - Evaluation
 - Return to play decision making
- Primary/Secondary survey
- Cuts, blisters, bruises
- Hyperventilation
- Care of eye, mouth, nose injuries
- Thermal injuries
- Choking
- Hygiene and sanitation (facilities, equipment, supplies)
- Hot and Cold Treatment (RICE/ICER treatment)
- Ambulatory assistance
- Bloodborne pathogens, use of personal protection equipment
- First Aid kit
- Principles of taping

V. Life Threatening Injuries Suggested time allocation: 1 hr.

- Cardiac
- Head/Brain
- Spinal
- Respiratory
- Circulatory
- Thoracic/Internal injuries

VI. Ankle Injuries Suggested time allocation: 2 hr. 0 min.

- Anatomy and mechanics of the joint
- Physical examination
- Common injuries and causes
- Rehabilitation — specific exercises and techniques
- Taping techniques

VII. Knee Injuries Suggested time allocation: 1 hr. 15 min.

- Anatomy and mechanics of the joint
- Physical examination
- Common injuries and causes
- Rehabilitation — specific exercises and techniques

VIII. Neck, Spine, Pelvis Injuries Suggested time allocation: 1 hr.

- Anatomy and mechanics of the joint
- Physical examination
- Common injuries and causes
- Rehabilitation — specific exercises and techniques

IX. Shoulder Injuries Suggested time allocation: 1 hr. 15 min.

- Anatomy and mechanics of the joint
- Physical examination
- Common injuries and causes
- Rehabilitation — specific exercises and techniques

X. Arm, Hand Injuries Suggested time allocation: 1 hr. 15 min.

- Anatomy and mechanics of the joint
- Common injuries and causes
- Rehabilitation — specific exercises and techniques
- Taping techniques

XI. Exit Exam Suggested time allocation: 30 min.

TOTAL TIME: 15 Hr = 1 credit



2010 GIRLS' GOLF CHALLENGE **INFORMATION and ENTRY FORM**



REGISTRATION DEADLINE: Wednesday, October 6, 2010

WHAT: In addition to the state tournament, the MPSSAA is sponsoring a regular season tournament for female golfers. There will be three different events on Saturday, October 16th at Forest Park Golf Course designed to accommodate all skill levels. There will be an 18-hole stroke play tournament for the better golfers, a 9-hole stroke play tournament for the average golfers, and a 3-hour clinic and skills challenge for up to 50 novice players. Awards will be presented to the top three finishers in each of the tournaments.

Total entries and player handicaps (or best 18-hole scores) will be used to determine placement in one of the three *Challenge* events or players may directly choose to participate in the clinic using this entry form. The clinic will begin at 2:00 pm with Forest Park's PGA Professional Tim Sanders working with small groups of golfers on full swing technique, pitching, chipping and putting. Sessions will culminate with competitive "Skills Challenges" where prizes will be awarded.

WHEN & WHERE: The tournament flights of this event are scheduled for a 1:00 PM shotgun start on Saturday, October 16th at Forest Park Golf Course in Baltimore, MD. The golf course is located at 2900 Hillsdale Road, Baltimore 21207 and the parking lot is across the street from the clubhouse. For additional golf course information and directions, please go to www.bmgcgolf.com and click on "Forest Park".

WHO: This event is open to any high school female who is currently a bona fide member of a Maryland public high school golf team. Golfers **MUST** be accompanied by their high school coach in order to participate that day. All golfers shall bring a bagged set of clubs to use. Tournament players shall provide their own tees and balls.

REGISTRATION DEADLINE: Wednesday, October 6, 2010

2010 GIRLS' GOLF CHALLENGE
ENTRY FORM

Please print or type clearly and legibly!!

REGISTRATION DEADLINE: Wednesday, October 6, 2010

Golfer's Name: _____ School: _____

Golfer's Grade: _____

Golfer's USGA Handicap _____ -or- Best 18-hole score _____

Golfer's Email Address: _____

My preference is to participate in the (check one):

18-hole Tournament 9-hole Tournament Skills Clinic

Coach's Name: _____

(This should be the name and email address of the person accompanying the student-athlete to this event.)

Coach's Email Address: _____

Athletic Director's Name: _____

Athletic Director's **Signature:** _____

Principal's Name: _____

Principal's **Signature:** _____

Send this form to:
MPSSAA
200 W. Baltimore Street
6th Floor
Baltimore, MD 21201
-or-
(FAX) 410-333-3111

REGISTRATION DEADLINE: Wednesday, October 6, 2010

Important Dates To Remember

First Day of Fall Practice: August 14, 2010
 First Play Date of Fall Season: September 3, 2010
 First Day of Winter Practice: November 15, 2010

First Play Date of Winter Season: December 6, 2010
 First Day of Spring Practice (2011): March 1, 2011
 First Play Date of Spring Season (2011): March 21, 2011

October 2010

OCT 5Lacrosse Committees—*Holiday Inn, Laurel West*.....9:30 a.m.
 OCT 6Scholar Athlete Committee—*Holiday Inn, Laurel West*9:30 a.m.
OCT 6.....Girl's Golf Challenge Entry Forms Due
 OCT 7Swimming Committee—*Holiday Inn, Laurel West*9:30 a.m.
 OCT 14.....Track and Field Committee—*Holiday Inn, Laurel West*9:30 a.m.
OCT 16.....GIRL'S GOLF CHALLENGE—*Forest Park GC, Baltimore*.....1:00 p.m.
 OCT 19.....Golf District Tournament Completion Date
 OCT 20Golf Committee—*University of Maryland Golf Course*9:30 a.m.
OCT 21.....FIELD HOCKEY DRAW - MPSSAA Office.....TBA
 OCT 22.....Last day to submit Bylaw changes for 2010–2011
OCT 25.....CROSS COUNTRY TEAM ENTRY FORMS DUE
OCT 25.....BOYS AND GIRLS SOCCER DRAWS - MPSSAA OfficeTBA
OCT 25-27STATE GOLF TOURNAMENT - U. OF MARYLAND GOLF COURSE.....10:00 a.m.
 OCT 26.....Field Hockey First Round
 OCT 28.....Classification Committee—*Holiday Inn, Laurel West*9:30 a.m.
 OCT 28.....Field Hockey Region QF
 OCT 29.....Boys and Girls Soccer First Round
OCT 29.....FIELD HOCKEY TEAM ENTRY FORMS DUE.....4:00 p.m. deadline

November 2010

NOV 1CROSS COUNTRY Final Rosters Due10:00 a.m. deadline
 NOV 1VOLLEYBALL DRAW - MPSSAA OfficeTBA
 NOV 1Field Hockey Region SF
 NOV 2Soccer Region QF
 NOV 3Field Hockey Region Finals
 NOV 3**BOYS AND GIRLS SOCCER TEAM ENTRY FORMS DUE4:00 p.m. deadline**
 NOV 4Cross Country Region Meets3:00 p.m.
 NOV 5Volleyball First Round
 NOV 5Soccer Region SF
 NOV 7Cross Country Committee—*Holiday Inn, Laurel West*9:30 a.m.
 NOV 7Football Committee—*Holiday Inn, Laurel West*9:30 a.m.
 NOV 8Field Hockey State Semifinals5 and 7 p.m.
 NOV 8Volleyball Region QF
 NOV 9Soccer Region Finals
NOV 9VOLLEYBALL TEAM ENTRY FORMS DUE4:00 p.m. deadline
 NOV 10Constitution Committee—*Holiday Inn, Laurel West*9:30 a.m.
 NOV 10Field Hockey State Semifinals.....5 and 7 p.m.
 NOV 10Volleyball Region SF
 NOV 12Volleyball Region Finals
 NOV 12Soccer State Semifinals.....5 and 7:30 p.m.
 NOV 12Football Region SF
NOV 13FIELD HOCKEY STATE FINALS at Washington College11:00 a.m., 1:30, 4 and 6 p.m.
NOV 13CROSS COUNTRY STATE FINALS at Hereford HSAll Day
 NOV 13Soccer State Semifinals12, 2:30, 5 and 7:30 p.m.
 NOV 13Football Region SF
 NOV 13Volleyball Region Finals
 NOV 15Volleyball State Semifinals6 and 8 p.m.
NOV 15FOOTBALL TEAM ENTRY FORMS DUE4:00 p.m. deadline
NOV 15First Practice Date Winter Sports
 NOV 16Tennis Committee—*Holiday Inn, Laurel West*.....9:30 a.m.
 NOV 16Volleyball State Semifinals6 and 8 p.m.
 NOV 17Volleyball State Semifinals6 and 8 p.m.
 NOV 18Volleyball State Semifinals6 and 8 p.m.
NOV 18BOYS AND GIRLS SOCCER STATE FINALS at UMBC5 and 7:30 p.m.
NOV 19BOYS AND GIRLS SOCCER STATE FINALS at UMBC5 and 7:30 p.m.
NOV 19VOLLEYBALL STATE FINALS at Ritchie Coliseum6 and 8 p.m.
 NOV 19Football Region Finals
NOV 20BOYS AND GIRLS SOCCER STATE FINALS at UMBC.....12, 2:30, 5 and 7:30 p.m.
 NOV 20Football Region Finals
NOV 22VOLLEYBALL STATE FINALS at Ritchie Coliseum6 and 8 p.m.
 NOV 23Football Press Conference - M&T Bank Stadium11:30 a.m.
 NOV 26Football State Semifinals
 NOV 27Football State Semifinals

MPSSAA Winter Rules Interpretation Clinics

Attendance at a rules interpretation clinic is a certification requirement for officials assigned to MPSSAA contests—both regular and post-season play. COACHES ARE STRONGLY ENCOURAGED TO ATTEND!

Please check our web site <www.mpssaa.org> or call the MPSSAA office, 410-767-0555 or Bill Burroughs at 410-767-0375-work / 301-884-3371-home, to verify any changes in date, time, or location of clinics.

Basketball- Bill Burroughs, Interpreter

Sep. 28. 7:00 pm ..Frederick/Washington CoBrunswick HS
Oct. 5.... 7:00 pm ..Baltimore Co/NortheasternJoppatowne HS
Oct. 11.. 7:00 pm ..Southern Maryland/SMACWestlake HS
Oct. 12 7:00 pm ..Baltimore/Carroll CoFranklin HS
Oct. 13.. 7:00 pm ..Baltimore CityPoly HS
Oct. 20 7:00 pm ..Southern Maryland/PGC H Flowers HS
Oct. 21.. 7:00 pm ..Eastern Shore.....Cambridge-SD HS (RM E124)
Nov. 3 ..6:00 pm..AA Co. CoachesAA Co. Board of Ed Office
Nov. 6 ..9:00 am..Montgomery Co.....Springbrook HS

Swimming - David Stark, Interpreter

Oct. 13..7:00 pm ..Baltimore CityMcDonough School
Oct. 25 7:00 pm ..Frederick CountyFrederick HS
Oct. 26 6:00 pm..Harford CountyPatterson Mill HS
Nov. 1 ..6:00 pm..Southern Maryland.....Patuxent HS
Nov. 3 ..6:00 pm..Anne Arundel CountyAA Co. Board of Ed Office
Nov. 4 ..6:00 pm..Eastern ShoreTalbot Co. Board of Ed Office
Nov. 10..7:00 pm..Prince Georges County.....C.H. Flowers HS

Wrestling - Bruce Malinowski, Interpreter

Oct. 5.... 7:00 pm ..Potomac Valley/Washington CoSouth
Hagerstown HS
Oct. 6.... 7:00 pm ..Eastern ShoreParkside HS
Oct. 21.. 7:00 pm ..WMWOASpringbrook HS
Nov. 3 ..6:00 pm..Anne Arundel CoAA Co. Board of Ed Office
Nov. 8 ..7:00 pm ..BaltimorePoly HS (RM 115)