



I. GENERAL INFORMATION

- A. The Maryland Public Secondary Schools Athletic Association is the official governing body for the Indoor Track championships. Plans for the championships were formulated by the State Indoor Track Committee and approved by the Board of Control.
- B. Schools choosing to enter the tournament have the responsibility for reading and adhering to the rules and regulations stated in the front section of this publication as well as those appearing within this Indoor Track Bulletin and the current NFHS rule book.
- C. Eligibility rules for all participants are defined in MPSSAA Bylaw .02, found in the current MPSSAA Handbook.
- D. General regulations for all state tournaments are contained in MPSSAA Bylaw .07, found in both the current Handbook and in the front section of this publication.
- E. Coaches do a disservice to the sport and to competitors when they fail to scratch an athlete prior to the entry deadline with full knowledge that the athlete will be unable to compete in the entered event. Failure to afford those participation opportunities to other willing competitors may be considered misconduct detrimental to the tournament as outlined in the MPSSAA Handbook.

II. REGION AND STATE MEETS

- A. Meet Organization
 - 1. The team or individual contestants must be accompanied to the meet by the coach or a designated representative.
 - 2. Teams competing in the Sportsplex will be admitted through the ground level team entrance.
 - 3. The meet director will make sure starting blocks are provided.
 - 4. Starting blocks WILL BE PERMITTED in the 55m and 55m high hurdle trials.
 - 5. Girls will precede boys in finals of all running events.
 - 6. Slower sections will precede the fast section.
 - 7. Time limits for the 1600m races shall be: Girls - 7:00; Boys - 6:00. Time limits in the 3200m shall be: Girls - 14:45; Boys - 12:45. Competitors who do not conclude their event within the allotted time will be allowed to finish and score. However, competitors who do not conclude their event within the allotted time will not be allowed to advance to states regardless of region placement.

Indoor Track

2016-2017 INDOOR TRACK TIME LINE		
<p>Dec. 5First play date</p> <p align="center">Entry Deadline: See schedule on page 25.</p>	<p>REGION MEETS</p> <p>Feb. 4, 6, 141A Meets (3) Feb. 4, 6, 62A Meets (3) Feb. 7, 8, 93A Meets (3) Feb. 7, 8, 94A Meets (3)</p> <p>Feb. 18Seeding of state tournament</p>	<p>STATE MEETS</p> <p>Feb. 201A & 2A Meets</p> <p>Feb. 21.....3A & 4A Meets</p> <p>Apr. 15Reimbursement request due</p>

8. Order of field events: Pole Vault (Boys, followed by Girls); High Jump (Girls, followed by Boys); Shot Put (Girls, followed by Boys).
9. Only shots approved by the appropriate official shall be used in competition.

B. Playing Rules

1. All rules not modified here shall be in accordance with current National Federation rules.
 - a. Any team member listed on the **school's MileSplit roster** may participate on any of that school's relay teams providing the maximum participation rule is not violated.
 - b. Any competitor who exceeds the maximum participation rule forfeits further participation in any and all events in the 2017 State Indoor Track Meet.
 - c. Should the competitor exceed the maximum participation rule while competing on a relay team, the *entire relay team* is excluded from that event at the 2017 State Indoor Meet.
 - d. Teams checking in at the bullpen for respective relay races must present relay cards with all participant names listed and present.
 - e. There will be no fly zone in any relay events.
2. Shoes with spikes are prohibited in all facilities in Maryland except the Prince George's Sportsplex. Any infraction will result in the disqualification of the competitor from the meet.
3. Only shoes with 1/4" pyramid spikes or less are permitted in the Prince George's Sportsplex. *Shoes with hard plastic spike plates may not be worn without spikes inserted **at any facility.***
4. The spraying of shoe soles is prohibited. Any infraction will result in the disqualification of the competitor from the meet.
5. No tape will be permitted on the floor for any running event.
6. Videotape or other electronic recording of appeals will not be accepted.

C. General Policies

All electronic listening devices are barred from the area of competition.

III. REGION MEET

A. Meet Organization

1. Any team that makes formal application on **md.milesplit.com** by the established deadline will be entered into the meet.
2. An application received after the Region Meet Entry Deadline (7 days prior to the start of the meet) must be accompanied by a check, payable to the MPSSAA, in the amount of \$100.00, or the entry is invalid. The burden of proof is on the school. In no case will a team be entered into a region meet if the Region Meet Director does not have the completed application and \$100 late fee (if applicable) in hand by the Penalty Deadline (four calendar days prior to the start of the meet).
3. Each school may submit three (3) entries per individual event and one (1) team in each relay event.

- a. The top 24 verifiable entries per individual event will have a chance to compete in their respective region meet. Every school in the region may enter a team and compete in the relay events.
 - b. A verifiable entry is a regular season high school event during the current indoor track season that has official results for all competitors and teams competing in that event and is posted on MileSplit.
 - c. To have results posted, they must be sent via email to Gerard Filosa at mdstatetrackmeet@gmail.com. The deadline for submitting meet results is February 1st.
 - d. The only conversions that will be accepted are hand-timed meets to FAT.
 - e. It is the school's responsibility to provide verified marks and any marks that can not be verified through official regular season results, will result in the entry being reseeded to their next best verifiable mark.
 - f. In the event of a tie for the 24th best mark, all tied competitors will have a chance to compete in the regional meet.
4. An athlete may participate in a maximum of four events.
 5. You may make substitutions/seed mark revisions until the *Penalty Deadline Date* established for your meet.
 6. **A scratch or substitution in an individual event is due *THREE calendar days* before the start of the meet to the regional director (Scratch Deadline Date).**
 7. **After the Scratch Deadline Date, no substitutions can be made. In addition, after that deadline, all entries in individual events count as an event that the athlete has participated in.**
 8. The Following online method for entry must be used. Please follow these directions for submitting entries.
 - a. Go to md.milesplit.com, the site hosting the online entry process.
 - b. Log in to your coach account.
 - c. Click on the Calendar tab and select the your Region Meet from the list of meets.
 - d. On the Region Meet page, click on Enter Online Now.
 - e. Check to make sure you are entering the correct region meet and then click on Enter School.
 - f. Enter/confirm your contact info and select the gender(s) in which you wish to complete entries for and then click Enter Team.
 - g. You are now able to enter athletes in events for the region meet.
 - h. After completing entries, print a confirmation copy of your entries by clicking on the print confirmation link at the top of your entry summary. The coach must bring a copy of this entry confirmation to the region meet.
 - i. **If you enter a time other than what is in the MileSplit database, you must provide the name and date of the meet to which the entry can be verified.**

9. The region meet director and the meet administrator are the only other individuals who will have access to team information (in order to seed the meet on basis of entries received).
10. The Meet Director or Meet Administrator has the right to challenge any entry that does not have a verifiable performance throughout the current Indoor Track Season. The Meet Director or Meet Administrator will notify the coach of the concern and may adjust entry to the best verifiable performance for the current season. **If this changes the top-24 the next verifiable mark will be entered.**
11. Eligible individuals **as found on the school's MileSplit roster** may participate in a region meet provided they have a minimum of three weeks of supervised training and have participated in at least two MPSSAA-sanctioned meets.
12. Meets run outdoors or in school hallways will not be counted as sanctioned meets.
13. Meets shall be organized and structured in a uniform way—entry on the basis of best performance, seeding, placement in lanes, etc.
14. Starting blocks WILL BE PERMITTED in the 55m and 55m high hurdle trials.
15. Region meets will be held at the Baltimore 5th Regiment Armory (219 West Hoffman Street, Baltimore, MD 21201), Prince George's Sports and Learning Complex (8003 Sheriff Road, Landover, MD 20785) and the Hagerstown Community College. (11400 Robinwood Drive, Hagerstown, Maryland, 21742).
16. **For meets at the Baltimore Armory the following organization procedures shall be followed:**
 - a. Teams are not permitted in the Armory before 3 p.m. Athletes are restricted to the main floor only. The balconies and basement are off-limits at all times.
 - b. All running events will begin at 4:00 p.m.
 - c. Where space is limited, the high jump and shot put events will be suspended during the dash and hurdle events.
 - d. Dressing facilities are not available. Athletes should come dressed to participate.
 - e. Tentative recommended number of participants per section in distance events: 800 (9); 1600 (12); 3200 (18), 3200 Relay (9). *Games Committee has authority to change these numbers.*
 - f. There will be no concessions. Vending machines are available.
 - g. Meet directors shall meet with all teams and coaches prior to the start of competition to emphasize the importance of following the policies and restrictions of the National Guard administration as well as those of meet management.
 - h. No one should remove equipment or materials or deface property in the meet facility.
 - i. Coaches shall see their team areas are clean prior to departure from the meet site.
 - j. The only markings on the Armory floor shall be with tape approved by meet management.
 - k. No spikes are permitted.
 - l. All pole vault competitors will weigh in immediately on entering the Armory (3-3:45 PM). Boys will be weighed in first, followed by girls. Boys competition will begin at 3:45 PM.
 - m. ALL ADULTS entering the Armory must present government-issued identification.

n. No athletes are permitted outside during meets at the Fifth Regiment Armory.

17. For meets at the PG Sportsplex, the following organization procedures shall be followed:

- a. Teams are not permitted in the Sportsplex before 3 p.m. **(except 2A & 1A East Region meets)**.
- b. Only shoes with 1/4" pyramid spikes or less are permitted in the Prince George's Sportsplex. *Shoes with hard plastic spike plates may not be worn without spikes inserted.*
- c. All pole vault competitors will weigh in immediately on entering the Sportsplex (3-3:45 p.m.). Boys will be weighed in first, followed by girls. Boys competition will begin at 3:45 p.m. (except 2A & 1A East Region meets).

18. For meets at Hagerstown Community College, the following organizational procedures shall be followed:

- a. Shoes with hard plastic spike plates may not be worn.
- b. Blocks will only be allowed for the 55 and 55h events.
- c. No athletes are permitted outside during the meet.

B. Playing Rules

- 1. The team or individual contestants must be accompanied to the meet by the coach or a designated representative.
- 2. The first four scorers in each event will automatically advance to the state meet. If a tie occurs for fourth place, all tied competitors shall advance. Coaches should notify the region meet director at the region meet, but no later than the start of the state seeding meeting on February 18, of their intent to scratch any individual qualifier.
- 3. In addition to the automatic qualifiers, individual competitors or relay teams who, in their region meet finals, meet the qualifying standard on the previous page may also compete. Separate Advancement Standards shall be used for region finals held at the Prince George's Sportsplex or Hagerstown Community College and the Baltimore 5th Regiment Armory.
- 4. Order of track events - girls will precede boys in all final running events, except where noted:

1) 55m HH Semis B, G	5) 1600m	9) 55m Final	13) BREAK FOR CLEANUP
2) 55m Semis B, G	6) 500m	10) 3200m (B)	14) 1600m Relay
3) 3200m Relay	7) 55m HH Final	11) 800m Relay	
4) 300m	8) 3200m (G)	12) 800m	

- a. For meets using FAT, only two rounds of 55m or high hurdles will be run. Heat winners plus next fastest times will advance to finals.
- b. If the venue has less than eight lanes the top-8 will compete in a two heat final in the 55m and 55m HH.
- 5. The Meet Director will set the opening minimum height for the pole vault and high jump events for the regional meet.

C. General Policies

- 1. Individuals 7 years of age and older will be charged an admission of \$6.

2. A plaque will be awarded to the first place team. The meet will be scored for the top-eight in each event and ribbons will be awarded to the top-eight finishers in each event.
3. The track and the infield are restricted areas and open only to meet officials and competitors in uniform.
 - a. Penalty for coaches in violation: disqualification of their athlete(s) from the contested event.
 - b. Violators will be asked to leave the facility.

IV. STATE MEET

A. Meet Organization

1. Region meet directors must bring each school's region results and a printed copy with any appeals (stapled to the event sheet) to the seeding committee meeting which will be held at Milford Mill Academy, 3800 Washington Avenue (Exit 18W) at 9:30 a.m. Saturday, February 18.
2. Region meet champions will be placed as the top seeds in each event contested in sections. *Class 3A and 4A remaining qualifiers will be based on performance, regardless of region. Class 1A and 2A will seed by the top two places, then time.*
3. The following lane order will be used for seeding:
 - a. 55m and 55m hurdles (**4-5-3-6-2-7-1-8**). (The lane assignment in the final shall be determined by the following finish order in the semifinals: place, then time.)
 - b. 300m, 500m, 800mR, 1600mR (4-5-3-6-2-1)
 - c. 800m, 1600m, 3200m, 3200mR (1-2-3-4-5-6)
 - d. 800m and 3200mR will be run on a 1-turn stagger, starting in alleys.
4. The 2017 championships will be held February 20 and 21 at the Prince George's Sports & Learning Complex, Landover. Class 1A and Class 2A meets will be held on February 20 beginning at 11 a.m. The Class 3A and Class 4A meets will be held February 21, beginning at 4 p.m. **Directions:** from I-95/I-495 (Capital Beltway): take Exit 17B West. Turn left at first light onto Brightseat Road.
 - a. **Teams may not enter the complex until 10 a.m. on Monday and 2:30 p.m. on Tuesday.**
 - b. All spectators must park in the large lot on Brightseat Road just beyond the light at Sheriff Road.
 - c. Team buses should turn right at light onto Sheriff Road. Turn left at light at Harvey Drive into the Sportsplex entrance.

B. Playing Rules

1. Order of running events

- | | | |
|-----------------------------|------------------------|------------------------------|
| 1) 55m HH Semifinal - B, G | 5) 1600m Final - G, B | 9) 55m Final - G, B |
| 2) 55m Semifinal - B, G | 6) 500m Final - G, B | 10) 3200m Final - B |
| 3) 3200m Relay Final - G, B | 7) 55m HH Final - G, B | 11) 800m Relay Final - G, B |
| 4) 300m Final - G, B | 8) 3200m Final - G | 12) 800m Final - G, B |
| | | 13) 1600m Relay Final - G, B |

2. Order of field events

DAY 1 – CLASS 1A AND CLASS 2A

SHOT PUT

- 1A Girls
- 2A Girls
- 1A Boys
- 2A Boys

HIGH JUMP

- 2A Girls > Dual Pits
- 1A Girls > Simultaneously
- 2A Boys > Dual Pits
- 1A Boys > Simultaneously

POLE VAULT (Warmup 10:30)

- 1A Boys > Combined
- 2A Boys > Combined
- 1A Girls > Combined
- 2A Girls > Combined

DAY 2 – CLASS 3A AND CLASS 4A

SHOT PUT

- 3A Girls
- 4A Girls
- 3A Boys
- 4A Boys

HIGH JUMP

- 4A Girls > Dual Pits
- 3A Girls > Simultaneously
- 4A Boys > Dual Pits
- 3A Boys > Simultaneously

POLE VAULT (Warmup 3:30)

- 3A Boys > Combined
- 4A Boys > Combined
- 3A Girls > Combined
- 4A Girls > Combined

3. Only shoes with 1/4" **pyramid** spikes or less are permitted in the Prince George's Sportsplex. *Shoes with hard plastic spike plates may not be worn without spikes inserted. **The Prince George's Complex will check all spikes.***
4. Opening heights in the field events will be determined by the Games Committee at the state seeding meeting, based on the entries received.
5. Shots used in competition will be weighed in and remain until the completion of the event.
6. A competitor who is not ready to perform when called by the official will be charged with a trial in the field events and could be disqualified in a running event.
7. A competitor must notify the official when leaving one event after being called for competition in another event.
8. Eight places will be scored in the state meet.

C. General Policies

1. Individuals 7 years of age and older will be charged an admission of \$10. *No re-entry will be permitted.*
2. Plaques will be awarded to the first and second place teams. Medals will be presented to the first three finishers in all events and ribbons to those placing fourth through eighth.
3. The track and the infield are restricted areas and open only to meet officials and competitors in uniform.
 - a. Penalty for coaches in violation: disqualification of their athlete(s) from the contested event.
 - b. Violators will be asked to leave the facility.

PROJECTED MPSSAA INDOOR TRACK CHAMPIONSHIP DATES
 2018 - February 19/20 2019 - February 18/19
 2020 - February 17/18

ADVANCEMENT STANDARDS FOR PERFORMANCE IN THE 2017 REGION FINALS

PG Sportsplex or Hagerstown Community College					GIRLS	Baltimore Fifth Regiment Armory/Other Venue				
	4A	3A	2A	1A			4A	3A	2A	1A
55m	7.46	7.48	7.64	7.92		55m	7.61	7.62	7.79	8.07
55HH	9.34	9.13	9.58	10.13		55HH	9.49	9.32	9.79	10.32
300m	41.72	42.34	43.33	44.02		300m	43.59	43.90	44.63	45.36
500m	1:20.66	1:21.52	1:22.87	1:25.34		500m	1:23.34	1:24.07	1:25.14	1:27.80
800m	2:26.24	2:28.48	2:30.78	2:34.96		800m	2:30.32	2:32.42	2:34.34	2:38.48
1600m	5:26.14	5:32.81	5:38.70	5:55.33		1600m	5:37.11	5:43.45	5:47.43	6:02.71
3200m	11:54.71	12:09.45	12:30.98	13:02.18		3200m	12:18.41	12:31.12	12:49.79	13:20.68
4x200	1:49.52	1:50.41	1:51.68	1:55.36		4x200	1:52.63	1:52.80	1:55.26	1:59.20
4x400	4:13.22	4:15.63	4:20.72	4:26.28		4x400	4:23.33	4:24.09	4:29.29	4:36.67
4x800	10:04.11	10:15.83	10:32.52	10:52.33		4x800	10:21.73	10:32.25	10:50.63	11:22.01
HJ	4-09	4-09	4-06	4-05		HJ	4-07	4-08	4-07	4-04
SP	32-11	32-01	31-01	29-07		SP	33-03	32-08	31-06	29-07
PV	7-07	7-06	7-06	7-00		PV	7-11	7-09	7-08	7-04
					BOYS					
	4A	3A	2A	1A			4A	3A	2A	1A
55m	6.76	6.78	6.81	7.02		55m	6.88	6.91	6.94	7.07
55HH	8.27	8.35	8.44	9.06		55HH	8.42	8.50	8.59	9.23
300m	36.98	36.72	37.28	38.04		300m	38.26	37.97	38.53	39.31
500m	1:08.66	1:09.33	1:10.88	1:11.69		500m	1:10.84	1:11.25	1:12.74	1:13.74
800m	2:03.43	2:05.29	2:06.83	2:09.25		800m	2:06.86	2:07.88	2:09.83	2:13.56
1600m	4:36.56	4:39.31	4:44.20	4:54.28		1600m	4:43.58	4:45.97	4:51.30	5:02.28
3200m	10:04.44	10:13.14	10:28.84	10:53.05		3200m	10:20.60	10:26.07	10:39.09	11:05.02
4x200	1:35.20	1:36.30	1:37.40	1:39.60		4x200	1:38.47	1:39.58	1:40.52	1:42.99
4x400	3:35.04	3:36.42	3:40.66	3:45.62		4x400	3:41.98	3:43.11	3:47.84	3:53.83
4x800	8:29.07	8:36.27	8:49.34	9:07.51		4x800	8:42.13	8:47.85	9:01.43	9:21.48
HJ	5-09	5-09	5-08	5-06		HJ	5-09	5-09	5-08	5-05
SP	44-08	43-10	43-03	41-06		SP	45-08	43-11	42-08	41-01
PV	10-02	10-03	10-07	9-08		PV	10-02	10-01	10-07	10-01

2016-2017 STATE INDOOR TRACK TOURNAMENT COMMITTEE

		Office	Other
DIRECTOR	Joe Sargent.....Milford Mill	410-922-7195	410-363-3382
DISTRICT 1	Becky Walter.....Boonsboro	301-766-8022	301-305-1532
	Shawn Cutsail.....Boonsboro	301-766-8022	301-401-3165
DISTRICT 2	Scott Mathias.....Clarksburg	301-444-3000	301-602-5438
DISTRICT 3	Rich Andrulonis.....Bowie	301-805-2600	301-429-5415
DISTRICT 4	Kevin Reisinger.....McDonough	301-753-1755	440-452-9300
	Beth Shook.....Westlake	301-753-1758	757-630-7029
DISTRICT 5	Josh Carroll.....South River	410-956-5600	410-533-4231
	Brianna Bostic.....Broadneck	410-757-1300	410-294-2369
	Matt Clever.....Wilde Lake	410-313-6965	443-676-3891
DISTRICT 6	Gerard Filosa.....Pikesville.....	410-887-1217	443-204-2175
	Brad Duvall.....Hereford	410-887-1905	410-984-5191
DISTRICT 7	John Mobley.....Aberdeen	410-273-5500	443-485-6599
DISTRICT 8	Justin Holland.....Kent Island	410-604-2070	410-903-5969
	Jody Stigler.....Stephen Decatur	410-641-2171.....	443-614-9554
DISTRICT 9	Christopher Brida.....Benjamin Franklin	410-396-1371	413-563-7727
RULES INTERPRETER	Steve Smith.....	410-665-7157	410-935-1219

Email addresses for committee members can be found on the Indoor Track pages of mpssaa.org.

2017 REGION MEET INFORMATION

Region meet schedule and email addresses for regional directors can be found on the Indoor Track pages of mpssaa.org.

<p style="text-align: center;">1A West Hagerstown CC February 4 (2:00 p.m.)</p> <p>Entry DeadlineJanuary 28 Penalty Deadline.....January 31 Scratch Deadline.....February 1</p> <p>Coaches Meeting1:15 p.m.</p> <p>Meet DirectorBecky Walter SchoolBoonsboro</p>	<p style="text-align: center;">1A Central Baltimore Armory February 14 (4:00 p.m.)</p> <p>Entry Deadline.....February 7 Penalty Deadline.....February 10 Scratch DeadlineFebruary 11</p> <p>Coaches Meeting3:30 p.m.</p> <p>Meet DirectorChristopher Bida SchoolBenjamin Franklin</p>	<p style="text-align: center;">1A East PG Sports and Learning Center February 6 (2:30 p.m.)</p> <p>Entry DeadlineJanuary 30 Penalty DeadlineFebruary 2 Scratch Deadline.....February 3</p> <p>Coaches Meeting2:00 p.m.</p> <p>Meet DirectorBeth Shook SchoolWestlake</p>
<p style="text-align: center;">2A West Hagerstown CC February 4 (2:00 p.m.)</p> <p>Entry DeadlineJanuary 28 Penalty Deadline.....January 31 Scratch Deadline.....February 1</p> <p>Coaches Meeting1:15 p.m.</p> <p>Meet DirectorTony Griner SchoolCentury</p>	<p style="text-align: center;">2A Central Baltimore Armory February 6 (4:00 p.m.)</p> <p>Entry DeadlineJanuary 30 Penalty DeadlineFebruary 2 Scratch Deadline.....February 3</p> <p>Coaches Meeting3:30 p.m.</p> <p>Meet DirectorBrad Duvall SchoolHereford</p>	<p style="text-align: center;">2A East PG Sports and Learning Center February 6 (2:30 p.m.)</p> <p>Entry DeadlineJanuary 30 Penalty DeadlineFebruary 2 Scratch Deadline.....February 3</p> <p>Coaches Meeting2:00 p.m.</p> <p>Meet DirectorBeth Shook SchoolWestlake</p>
<p style="text-align: center;">3A West Baltimore Armory February 9 (4:00 p.m.)</p> <p>Entry Deadline.....February 2 Penalty DeadlineFebruary 5 Scratch Deadline.....February 6</p> <p>Coaches Meeting3:30 p.m.</p> <p>Meet DirectorBryant Adams SchoolWatkins Mill</p>	<p style="text-align: center;">3A Central Baltimore Armory February 8 (4:00 p.m.)</p> <p>Entry Deadline.....February 1 Penalty DeadlineFebruary 4 Scratch Deadline.....February 5</p> <p>Coaches Meeting3:30 p.m.</p> <p>Meet DirectorChris McGuinness School.....Patapsco</p>	<p style="text-align: center;">3A East Baltimore Armory February 7 (4:00 p.m.)</p> <p>Entry DeadlineJanuary 31 Penalty DeadlineFebruary 3 Scratch Deadline.....February 4</p> <p>Coaches Meeting3:30 p.m.</p> <p>Meet Director.....Philip Rogers SchoolReservoir</p>
<p style="text-align: center;">4A West PG Sports and Learning Center February 9 (4:00 p.m.)</p> <p>Entry Deadline.....February 2 Penalty DeadlineFebruary 5 Scratch Deadline.....February 6</p> <p>Coaches Meeting3:30 p.m.</p> <p>Meet Director.....Eric DaSilva School.....Einstein</p>	<p style="text-align: center;">4A Central PG Sports and Learning Center February 7 (4:00 p.m.)</p> <p>Entry DeadlineJanuary 31 Penalty DeadlineFebruary 3 Scratch Deadline.....February 4</p> <p>Coaches Meeting3:30 p.m.</p> <p>Meet DirectorBrianna Bostic SchoolBroadneck</p>	<p style="text-align: center;">4A East PG Sports and Learning Center February 8 (4:00 p.m.)</p> <p>Entry Deadline.....February 1 Penalty DeadlineFebruary 4 Scratch Deadline.....February 5</p> <p>Coaches Meeting3:30 p.m.</p> <p>Meet DirectorRich Andrulonis SchoolBowie</p>

2016-17 ALIGNMENT FOR INDOOR TRACK

CLASS 4A-WEST		CLASS 4A-CENTRAL		CLASS 4A-EAST	
1. Bethesda-CC	Mtg	1. Annapolis	AA	1. North Point	Cha
2. Churchill	Mtg	2. Arundel	AA	2. Bel Air	Hfd
3. Clarksburg	Mtg	3. Broadneck	AA	3. Howard	How
4. Einstein	Mtg	4. Glen Burnie	AA	4. Bladensburg	PG
5. Gaithersburg	Mtg	5. Meade	AA	5. Bowie	PG
6. Kennedy	Mtg	6. North County	AA	6. Charles H. Flowers	PG
7. Montgomery Blair	Mtg	7. Old Mill	AA	7. Dr. Henry A. Wise, Jr.	PG
8. Northwest	Mtg	8. Severna Park	AA	8. DuVal	PG
9. Northwood	Mtg	9. South River	AA	9. Eleanor Roosevelt	PG
10. Paint Branch	Mtg	10. Catonsville	B Co	10. High Point	PG
11. Quince Orchard	Mtg	11. Dulaney	B Co	11. Laurel	PG
12. Richard Montgomery	Mtg	12. Kenwood	B Co	12. Northwestern	PG
13. Sherwood	Mtg	13. Parkville	B Co	13. Parkdale	PG
14. Springbrook	Mtg	14. Perry Hall	B Co	14. Suitland	PG
15. Walt Whitman	Mtg	15. Digital Harbor	Balt	15. Chopticon	StM
16. Walter Johnson	Mtg	16. Mergenthaler	Balt	16. Leonardtown	StM
17. Wootton	Mtg	17. Western	Balt		
CLASS 3A-WEST		CLASS 3A-CENTRAL		CLASS 3A-EAST	
1. Manchester Valley	Car	1. Chesapeake	AA	1. Huntingtown	Cal
2. Westminster	Car	2. Northeast	AA	2. Northern	Cal
3. Frederick	Fre	3. Dundalk	B Co	3. St. Charles	Cha
4. Linganore	Fre	4. Franklin	B Co	4. Atholton	How
5. Oakdale	Fre	5. Lansdowne	B Co	5. Centennial	How
6. Thomas Johnson	Fre	6. Milford Mill Academy	B Co	6. Glenelg	How
7. Tuscarora	Fre	7. Patapsco	B Co	7. Hammond	How
8. Urbana	Fre	8. Towson	B Co	8. Long Reach	How
9. Blake	Mtg	9. Woodlawn	B Co	9. Mt. Hebron	How
10. Damascus	Mtg	10. City College	Balt	10. Reservoir	How
11. Magruder	Mtg	11. Douglass	Balt	11. River Hill	How
12. Poolesville	Mtg	12. Baltimore Polytechnic	Balt	12. Wilde Lake	How
13. Rockville	Mtg	13. Aberdeen	Hfd	13. Oxon Hill	PG
14. Seneca Valley	Mtg	14. C. Milton Wright	Hfd	14. Potomac	PG
15. Watkins Mill	Mtg	15. Edgewood	Hfd	15. Great Mills	StM
16. Wheaton	Mtg	16. North Harford	Hfd	16. J. M. Bennett	Wic
17. North Hagerstown	Was			17. Stephen Decatur	Wor
18. South Hagerstown	Was				
CLASS 2A-WEST		CLASS 2A-CENTRAL		CLASS 2A-EAST	
1. Mountain Ridge	All	1. Carver A&T	B Co	1. Southern	AA
2. Century	Car	2. Chesapeake	B Co	2. Calvert	Cal
3. Francis Scott Key	Car	3. Eastern Technical	B Co	3. Patuxent	Cal
4. Liberty	Car	4. Hereford	B Co	4. Elkton	Cec
5. South Carroll	Car	5. Loch Raven	B Co	5. North East	Cec
6. Winters Mill	Car	6. New Town	B Co	6. Rising Sun	Cec
7. Catoctin	Fre	7. Overlea	B Co	7. La Plata	Cha
8. Middletown	Fre	8. Owings Mills	B Co	8. Lackey	Cha
9. Walkersville	Fre	9. Randallstown	B Co	9. Thomas Stone	Cha
10. Central	PG	10. Sparrows Point	B Co	10. Westlake	Cha
11. Crossland	PG	11. Western STES	B Co	11. North Caroline	Cin
12. Frederick Douglass	PG	12. Carver Vo-Tech	Balt	12. Marriotts Ridge	How
13. Friendly	PG	13. Dunbar	Balt	13. Oakland Mills	How
14. Gwynn Park	PG	14. Lake Clifton	Balt	14. Kent Island	QA
15. Largo	PG	15. Northwestern	Balt	15. Queen Anne's	QA
16. Williamsport	Was	16. Patterson	Balt	16. Easton	Tal
		17. Fallston	Hfd	17. Parkside	Wic
		18. Harford Technical	Hfd	18. Wicomico	Wic
CLASS 1A-WEST		CLASS 1A-CENTRAL		CLASS 1A-EAST	
1. Brunswick	Fre	1. Pikesville	B Co	1. Bohemia Manor	Cec
2. Boonsboro	Was	2. Benjamin Franklin	Balt	2. Perryville	Cec
3. Clear Spring	Was	3. Bluford Drew Jemison Acad.	Balt	3. McDonough	Cha
4. Hancock	Was	4. Edmondson/Westside	Balt	4. Havre de Grace	Hfd
5. Smithsburg	Was	5. FAET	Balt	5. Joppatowne	Hfd
		6. KASA	Balt	6. Patterson Mill	Hfd
		7. National Academy Foundation	Balt	7. Kent County	K
		8. New Era Academy	Balt	8. Croom Vocational	PG
		9. Reginald Lewis	Balt	9. Fairmont Heights	PG
		10. Southwestern	Balt	10. International HS at Langley Park	PG
				11. International HS at Largo	PG
				12. Surrattsville	PG
				13. Tall Oaks	PG
				14. Crisfield	Som
				15. Washington	Som
				16. Mardela	Wic
				17. Snow Hill	Wor