

2016 MPSSAA Basketball Quiz #13

1. How many players can line up during a free throw?
2. If a player is injured and they cannot shoot awarded free throws, who attempts the free throws, if substitutes are available?
3. In question 2, if no substitutes are available, who attempts the free throws?
4. Who designates the shooter(s) for a technical foul?
5. On a technical foul, can A-1 shoot the first free throw and A-2 shoot the second free throw? Yes or No?

Answers:

1. Two offensive players and four defensive players; Rule 8-1-4(a).
2. The player's substitute; Rule 8-2.
3. Any teammate designated by the captain or Head Coach; Rule 8-2.
4. Captain or Head Coach; Rule 8-3.
5. Yes; Rule 8-3.

Teaching Points:

1. Before administering a free throw, "sweep the floor".
2. Read five case book plays every day.
3. When the ball is dead, be alive.
4. Be ready for the unexpected.
5. Go over penalties.