

MPSSAA Indoor Track - 2/5/2015

3A West Region Meet

5th Regiment Armory

Results

Girls 55 Meter Dash

5th ADV: 7.56 A

Name	Yr	School	Prelims
Preliminaries			
1	Jaida Smith	9	Frederick A 7.46Q
2	Janay Fields	12	Potomac High A 7.52Q
3	Camryn Blake	10	Tuscarora 7.65Q
4	Zhane Washington	12	Urbana 7.79Q
5	Sandra Aka	12	Seneca Valley 7.76q
6	Denise Woode	11	Damascus 7.80q
7	Erika Nepomuceno	11	Urbana 7.84q
8	Winona Peace	12	Albert Einstein 7.86q
9	Mia Del Borrello	12	Damascus 7.89
10	Emoni Taylor	10	North Hagerstown 7.89
11	Ainsley Jeter	9	Thomas Johnson 7.96
12	Helnsarah Penda	11	Seneca Valley 7.97
13	Milan Fields	12	South Hagerstown 7.99
14	Micaela Fleetwood	10	North Hagerstown 8.02
15	Holli Sutphin	11	South Hagerstown 8.07
16	Dakonte Sayeh	11	Watkins Mill 8.09
17	Mariah Kennedy	12	Tuscarora 8.11
18	Morgan Magaha	10	Thomas Johnson 8.12
19	Keanna Blue	11	Seneca Valley 8.20
20	Heidi Sutphin	11	South Hagerstown 8.25
21	Shinel Mullings	10	Watkins Mill 8.81
---	Donessha Steetman	12	Crossland DQ

Girls 55 Meter Dash

5th ADV: 7.56 A

Name	Yr	School	Finals
Finals			
1	Jaida Smith	9	Frederick 7.44A 10
2	Janay Fields	12	Potomac High 7.46A 8
3	Camryn Blake	10	Tuscarora 7.53A 6
4	Zhane Washington	12	Urbana 7.72 5
5	Denise Woode	11	Damascus 7.79 4
6	Winona Peace	12	Albert Einstein 7.81 3
7	Sandra Aka	12	Seneca Valley 7.83 2
8	Erika Nepomuceno	11	Urbana 7.84 1

Girls 300 Meter Dash

5th ADV: 43.42 A

Name	Yr	School	Finals
Finals			
1	Janay Fields	12	Potomac High 43.06A 10
2	Sandra Aka	12	Seneca Valley 44.05 8
3	Camryn Blake	10	Tuscarora 44.65 6
4	Denise Woode	11	Damascus 45.66 5
5	Shandae Henry	12	Potomac High 45.70 4
6	Ryanna Kimbembe	9	Tuscarora 45.89 3
7	Erika Nepomuceno	11	Urbana 46.50 2
8	Irlene Cadet	11	Northwood 46.56 1
9	Micaela Fleetwood	10	North Hagerstown 46.64
10	Mariah McLane	12	Seneca Valley 46.85

11	Heidi Sutphin	11	South Hagerstown 46.88
12	Lauren Colliton	12	Rockville 46.93
13	Samantha Whipp	10	Watkins Mill 47.14
14	Juliana Ancalmo	9	Damascus 47.38
15	Allegra James	12	North Hagerstown 47.99
16	Winona Peace	12	Albert Einstein 48.09
17	Karrington Harrison	10	Potomac High 48.16
18	Holli Sutphin	11	South Hagerstown 48.45
19	Lindsay Mann	10	Thomas Johnson 48.45
20	Donessha Steetman	12	Crossland 49.13

Girls 500 Meter Run

5th ADV: 1:23.67 A

Name	Yr	School	Finals
Finals			
1	Alyssa Rishell	11	Watkins Mill 1:24.65 10
2	Anita Falade	12	Seneca Valley 1:25.10 8
3	Abby Grabowski	10	Urbana 1:25.10 6
4	Irlene Cadet	11	Northwood 1:25.27 5
5	Waderlise Franco-de-la-rosa	11	Watkins Mill 1:26.57 4
6	Mariah McLane	12	Seneca Valley 1:27.81 3
7	Najee Segar	12	Potomac High 1:29.12 2
8	Jordyn Pugh	10	Seneca Valley 1:29.49 1
9	Mina Del Borrello	9	Damascus 1:29.53
10	Jessica Hoult	10	Thomas Johnson 1:30.11
11	Lexi Platz	9	Thomas Johnson 1:31.22
12	Bailey Tregoning	12	Linganore 1:32.17
13	Maddie Abeles	10	North Hagerstown 1:33.93
14	Olivia Jenkins	10	Tuscarora 1:33.96
15	Daya Jordan	10	Crossland 1:35.42
16	Brighid Hobson	10	Linganore 1:36.39
17	Skylar Werner	9	Damascus 1:37.28
18	Saki Clarke	12	Tuscarora 1:37.35
19	Alexis Spear	10	Linganore 1:37.36
20	Jessica Miller	11	South Hagerstown 1:38.46
21	Autumn Gill	12	South Hagerstown 1:39.97

Girls 800 Meter Run

5th ADV: 2:31.03 A

Name	Yr	School	Finals
Finals			
1	Emily Mulhern	12	Urbana 2:29.70A 10
2	Pauline McMurry	12	Albert Einstein 2:30.87A 8
3	Waderlise Franco-de-la-rosa	11	Watkins Mill 2:32.48 6
4	Natasha Freed	12	Thomas Johnson 2:33.04 5
5	Alyssa Rishell	11	Watkins Mill 2:33.21 4
6	Bailey Tregoning	12	Linganore 2:35.55 3
7	Omolola Sanusi	10	Seneca Valley 2:36.45 2
8	Anita Falade	12	Seneca Valley 2:36.45 1
9	Maddie Sarro	11	Urbana 2:38.28
10	Victoria Cabellos	11	Albert Einstein 2:38.36
11	Paris Hunter	9	Tuscarora 2:38.69
12	Rachel McGinnis	12	Albert Einstein 2:39.49
13	Natalie Strassberger	11	South Hagerstown 2:40.99
14	Mia Ford	12	Frederick 2:41.15

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Results

Finals ... (Girls 800 Meter Run)

Name	Yr	School	Finals
15 Jordyn Pugh	10	Seneca Valley	2:41.66
16 Caroline Abel	11	Urbana	2:46.45
17 Calie Hemgen	11	Thomas Johnson	2:50.37
18 Ella Boege	10	Damascus	2:51.49
19 Skylar Werner	9	Damascus	2:54.13
20 Amy Safsten	12	Linganore	2:54.63
21 Autumn Gill	12	South Hagerstown	2:54.87
22 Jessica Miller	11	South Hagerstown	2:56.00
23 Alexis Toliver	10	Tuscarora	2:56.70

Girls 1600 Meter Run

5th ADV: 5:41.47 A

Name	Yr	School	Finals
1 Emily Mulhern	12	Urbana	5:28.25A 10
2 Natasha Freed	12	Thomas Johnson	5:34.62A 8
3 Abigail Pinto	10	Thomas Johnson	5:36.84A 6
4 Bailey Tregoning	12	Linganore	5:38.44A 5
5 Paris Hunter	9	Tuscarora	5:44.28 4
6 Kelly Winklbauer	12	Urbana	5:44.65 3
7 Heather Deleplaine	9	Damascus	5:52.40 2
8 Gelila Hailemariam	10	Wheaton	5:53.78 1
9 Sarah Natchipolsky	9	Rockville	5:58.94
10 Rebekah Rhodes	11	North Hagerstown	5:59.43
11 Natalie Strassberger	11	South Hagerstown	6:00.06
12 Kara O'Neill	11	Urbana	6:03.25
13 Amy Safsten	12	Linganore	6:04.78
14 Elizabeth Lambert	11	Albert Einstein	6:21.34
15 Skylar Werner	9	Damascus	6:32.13
16 Rebecca Dennis	9	Thomas Johnson	6:36.63
17 Abby Guise	10	Seneca Valley	6:37.40
18 Julia Gazzola	9	North Hagerstown	6:37.69
19 Caroline O'Reilly	11	South Hagerstown	6:40.82
20 Tiffany Ramcharan	12	Tuscarora	6:46.47
21 Sydney Brown	9	Frederick	7:00.52
--- Omolola Sanusi	10	Seneca Valley	DNF

Girls 3200 Meter Run

5th ADV: 12:26.20 A

Name	Yr	School	Finals
1 Emily Mulhern	12	Urbana	11:26.71A 10
2 Natasha Freed	12	Thomas Johnson	12:00.31A 8
3 Ciciely Davy	11	Albert Einstein	12:07.47A 6
4 Abigail Pinto	10	Thomas Johnson	12:26.57 5
5 Gelila Hailemariam	10	Wheaton	12:37.31 4
6 Arissa Bavari	10	Thomas Johnson	13:00.93 3
7 Diana Narvaez	11	Urbana	13:07.62 2
8 Kelly Winklbauer	12	Urbana	13:09.86 1
9 Anne Elliot	9	Damascus	13:11.49
10 Heather Deleplaine	9	Damascus	13:13.46
11 Sarah Natchipolsky	9	Rockville	13:22.57
12 Amy Safsten	12	Linganore	13:27.51

13 Aliza Horowitz	10	Albert Einstein	14:01.65
14 Carly Crisafulli	11	Damascus	14:21.09
15 Hannah Moore	10	South Hagerstown	15:08.08
16 Rachel Kidwell	9	North Hagerstown	15:44.66
17 Autumn Lehman	9	South Hagerstown	15:50.39
18 Tania Otero-Martinez	10	Seneca Valley	16:21.87
19 Abby Kane	9	North Hagerstown	16:31.04

Girls 55 Meter Hurdles

5th ADV: 9.23 A

Name	Yr	School	Prelims
1 Shawana Lachir	12	Urbana	A 9.12Q
2 Andrea Caputo	12	Damascus	A 9.22Q
3 Helnsarah Penda	11	Seneca Valley	9.39Q
4 Kia Reinhardt	12	Frederick	A 9.18q
5 Rynaisha Jenkins	10	South Hagerstown	9.87q
6 Taylor Bailey	11	Seneca Valley	9.94q
7 Reilly Maxwell	11	Tuscarora	9.94q
8 Tyatianna Johnson	12	Seneca Valley	10.14q
9 Becca Lokos	12	Damascus	10.57
10 Eviecah Dormeyan	12	Thomas Johnson	11.09
11 Mia Jacob	9	Damascus	11.27
12 Hannah Adeoye	11	Thomas Johnson	11.31
13 Lauryn Reamy	10	Tuscarora	11.48
14 Emoni Taylor	10	North Hagerstown	11.53
15 Adrianna Campher	11	North Hagerstown	11.56
16 Greighson Rowe	9	North Hagerstown	11.97
17 Kiersten Breisch	10	Urbana	12.14
18 Emma Jarvis	12	Linganore	12.30

Girls 55 Meter Hurdles

5th ADV: 9.23 A

Name	Yr	School	Finals
1 Helnsarah Penda	11	Seneca Valley	8.95A 10
2 Andrea Caputo	12	Damascus	9.03A 8
3 Shawana Lachir	12	Urbana	9.07A 6
4 Kia Reinhardt	12	Frederick	9.13A 5
5 Taylor Bailey	11	Seneca Valley	9.66 4
6 Tyatianna Johnson	12	Seneca Valley	9.74 3
7 Rynaisha Jenkins	10	South Hagerstown	9.75 2
8 Reilly Maxwell	11	Tuscarora	9.92 1

Girls 4x200 Meter Relay

5th ADV: 1:51.97 A

Team	Relay	Finals
1 Potomac High School		1:52.84 10
1) Najee Segar 12	2) Shandae Henry 12	
3) Karrington Harrison 10	4) Janay Fields 12	
2 Tuscarora		1:53.48 8
1) Reilly Maxwell 11	2) Ryanna Kimbembe 9	
3) Lauryn Reamy 10	4) Camryn Blake 10	

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Finals ... (Girls 4x200 Meter Relay)

Team	Relay	Finals
3 Seneca Valley		1:53.71 6
1) Helnsarah Penda 11	2) Sandra Aka 12	
3) Taylor Bailey 11	4) Tyatianna Johnson 12	
4 Watkins Mill		1:54.59 5
1) Dakonte Sayeh 11	2) Rhoda Miller 10	
3) Epole Ewane 11	4) Marian Sankoh 10	
5 Frederick		1:55.19 4
1) Kia Reinhardt 12	2) Jhadia Tallington 12	
3) Hannah Meredith 9	4) Jaida Smith 9	
6 Gov. Thomas Johnson		1:55.91 3
1) Morgan Magaha 10	2) Jessica Hoult 10	
3) Sophia Ford 9	4) Ainsley Jeter 9	
7 Damascus		1:56.35 2
1) Denise Woode 11	2) Sahee Abdelmomin 12	
3) Becca Lokos 12	4) Mia Del Borrello 12	
8 South Hagerstown		1:57.75 1
1) Milan Fields 12	2) Holli Sutphin 11	
3) Rynaisha Jenkins 10	4) Heidi Sutphin 11	
9 North Hagerstown		1:59.86
1) Emoni Taylor 10	2) Micaela Fleetwood 10	
3) Maddie Abeles 10	4) Allegra James 12	
10 Urbana		2:02.77
1) Kiersten Breisch 10	2) Sarah Hajzus 10	
3) Haley Clement 12	4) Shawana Lachir 12	
11 Linganore		2:07.66
1) Natalie Rupinski 10	2) Brae Steel 9	
3) Kayla Harner 10	4) Paige Badostain 10	
--- Albert Einstein		DQ
1) Winona Peace 12	2) Emma Flanary 11	
3) Juliette Brooks 12	4) Halcyon Ruskin 12	
--- Crossland		DQ
1) Donnesha Streetman 12	2) Daya Jordan 10	
3) Imani Olajuwon 12	4) Keisha Dockery 12	

Girls 4x400 Meter Relay

5th ADV: 4:22.76 A

Team	Relay	Finals
Finals		
1 Watkins Mill		4:19.75A 10
1) Rhoda Miller 10	2) Marian Sankoh 10	
3) Lisa Franco 11	4) Alyssa Rishell 11	
2 Seneca Valley		4:24.81 8
1) Sandra Aka 12	2) Mariah McLane 12	
3) Anita Falade 12	4) Jordyn Pugh 10	
3 Damascus		4:26.72 6
1) Denise Woode 11	2) Mina Del Borrello 9	
3) Sahee Abdelmomin 12	4) Mia Del Borrello 12	
4 Urbana		4:26.74 5
1) Erika Nepomuceno 11	2) Zhane Washington 12	
3) Anna Miller 10	4) Abby Grabowski 10	
5 Tuscarora		4:37.68 4
1) Reilly Maxwell 11	2) Lea Nowak 10	
3) Ryanna Kimbembe 9	4) Camryn Blake 10	

6 Albert Einstein		4:39.55 3
1) Emma Flanary 11	2) Juliette Brooks 12	
3) Halcyon Ruskin 12	4) Victoria Cabellos 11	
7 North Hagerstown		4:43.82 2
1) Allegra James 12	2) Maddie Abeles 10	
3) Rebekah Rhodes 11	4) Micaela Fleetwood 10	
8 Gov. Thomas Johnson		4:44.29 1
1) Morgan Magaha 10	2) Jessica Hoult 10	
3) Jacqueline Ford 11	4) Lindsay Mann 10	
9 Linganore		4:55.69
1) Paige Badostain 10	2) Alexis Spear 10	
3) Brighid Hobson 10	4) Amy Safsten 12	
10 Potomac High School		5:07.19
1) Janay Fields 12	2) Karrington Harrison 10	
3) Shandae Henry 12	4) Najee Segar 12	
11 South Hagerstown		5:08.01
1) Taylor Carroll 9	2) Milan Fields 12	
3) Heidi Sutphin 11	4) Holli Sutphin 11	

Girls 4x800 Meter Relay

5th ADV: 10:25.21 A

Team	Relay	Finals
Finals		
1 Watkins Mill		10:21.37A 10
1) Alyssa Rishell 11	2) Waderlise Franco-de-la-rosa 11	
3) Marion Sankoh 11	4) Rhoda Miller 10	
2 Seneca Valley		10:22.35A 8
1) Jordyn Pugh 10	2) Mariah McLane 12	
3) Anita Falade 12	4) Omolola Sanusi 10	
3 Albert Einstein		10:34.57 6
1) Ciciely Davy 11	2) Pauline McMurry 12	
3) Halcyon Ruskin 12	4) Victoria Cabellos 11	
4 Urbana		10:39.07 5
1) Anna Miller 10	2) Caroline Abel 11	
3) Diana Narvaez 11	4) Maddie Sarro 11	
5 Gov. Thomas Johnson		10:40.09 4
1) Natasha Freed 12	2) Calie Hemgen 11	
3) Jacqueline Ford 11	4) Abigail Pinto 10	
6 Damascus		11:04.78 3
1) Mina Del Borrello 9	2) Madeleine Strokis 11	
3) Ella Boege 10	4) Skylar Werner 9	
7 Frederick		11:58.64 2
1) Mia Ford 12	2) Rocio Mejia 12	
3) Sydney Brown 9	4) Megan Palmer 12	
8 South Hagerstown		12:00.76 1
1) Autumn Gill 12	2) Autumn Lehman 9	
3) Hannah Moore 10	4) Jessica Miller 11	
9 Tuscarora		12:13.25
1) Hannah Ramcharan 10	2) Aubrey Sicat 11	
3) Kate Sigman 12	4) Alexis Toliver 10	
10 North Hagerstown		12:26.77
1) Rebekah Rhodes 11	2) Julia Gazzola 9	
3) Olivia Jefferson 9	4) Adrianna Campher 11	

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Results

Girls High Jump

5th ADV: 4-08 A

Name	Yr	School	Finals
Finals			
1 Chelsea Wright	11	South Hagerstown	5-00.00A 10
2 Laura Casadonte	12	Thomas Johnson	4-10.00A 8
3 Bailey Tregoning	12	Linganore	4-08.00A 5.5
3 Shawana Lachir	12	Urbana	4-08.00A 5.5
5 Morgan Guzman	12	Urbana	4-08.00A 4
6 Andrea Caputo	12	Damascus	4-08.00A 3
7 Kayla Harner	10	Linganore	4-06.00 2
8 Lauryn Reamy	10	Tuscarora	4-04.00 0.3
8 Hannah Meredith	9	Frederick	4-04.00 0.3
8 Mina Del Borrello	9	Damascus	4-04.00 0.3
8 Alexis Randolph	12	Watkins Mill	4-04.00 0.3
12 Jhadia Tallington	12	Frederick	4-04.00
13 Khloe Quill	10	Thomas Johnson	4-04.00
--- Emma Buck	11	Watkins Mill	NH
--- Rynaisha Jenkins	10	South Hagerstown	NH
--- Carrisa Elam	12	North Hagerstown	NH
--- Olivia Jenkins	10	Tuscarora	NH

Girls Pole Vault

5th ADV: 7-10 A

Name	Yr	School	Finals
Finals			
1 Mia Del Borrello	12	Damascus	9-04.00A 10
2 Kelley Delacey	12	Urbana	8-04.00A 8
3 Makenzie Keepers	11	Thomas Johnson	8-04.00A 6
4 Sarah Hajzus	10	Urbana	7-04.00 5
5 Anna Miller	10	Urbana	6-10.00 4
6 Mary Teunis	12	South Hagerstown	6-04.00 3
7 Kaylee Moody	10	Thomas Johnson	6-04.00 2
--- Nicole Endara	11	Thomas Johnson	NH

Girls Shot Put

5th ADV: 32-07 A

Name	Yr	School	Finals
Finals			
1 Delia Sipe	10	Urbana	35-00.00A 10
2 Shantara Poole	12	Tuscarora	34-03.00A 8
3 Bryhanna Masser	12	South Hagerstown	31-08.50 6
4 Marie-ange Kasende	11	Thomas Johnson	31-02.50 5
5 Ayanni Alexander	12	Thomas Johnson	30-06.00 4
6 Sequoia Armstead	12	Potomac High	30-00.50 3
7 Allison Samick	12	Frederick	29-06.50 2
8 Tracey Paul	12	Tuscarora	27-04.00 1
9 Susanna Lertora	11	Linganore	24-09.00
10 Sarah Amalfitano	10	North Hagerstown	24-00.00
11 Sidney Kelley	10	South Hagerstown	23-11.50
12 Zhane Washington	12	Urbana	23-04.50
13 Karen Murtaugh	12	Tuscarora	22-06.50
14 Marian Conteh	11	Albert Einstein	21-09.00
15 Danielle Garth	11	North Hagerstown	21-05.50

16 Tania Davis	9	Seneca Valley	20-04.00
17 Elizabeth Dillard	11	North Hagerstown	20-00.50
18 Alexia Jarrett	9	South Hagerstown	19-07.50
19 Abigail Bladen	12	Linganore	19-06.00
19 Brandi Hilliard	9	Seneca Valley	19-06.00
21 Fatou Drammeh	9	Thomas Johnson	19-00.50
22 Kate Miller	9	Damascus	18-03.00
23 Tania Otero-Martinez	10	Seneca Valley	17-09.00

Boys 55 Meter Dash

5th ADV: 6.87 A

Name	Yr	School	Prelims
Preliminaries			
1 Kelvin Watson	12	Tuscarora	A 6.86Q
2 Darian Robinson	11	South Hagerstown	6.93Q
3 Adam Beisser	12	Linganore	6.99Q
4 D'Morea James	12	South Hagerstown	6.93q
5 Joseph Fletcher	12	Crossland	7.03q
6 Prince Mills	12	Urbana	7.06q
7 Mickey Van Gieson	11	Rockville	7.10q
8 Calvin Bemby	12	North Hagerstown	7.12q
9 Scott Teal	10	Tuscarora	7.16
10 Sone Penda	12	Watkins Mill	7.17
11 Antoine Fields	11	Potomac High	7.19
12 Immanuel Cowans	11	North Hagerstown	7.20
13 Cole Barnhart	12	South Hagerstown	7.22
14 Juan Burgess	12	Crossland	7.22
15 Hamad Usmani	12	Urbana	7.24
16 Jacob Scherer	12	Thomas Johnson	7.27
17 John Castiblanco	9	Damascus	7.29
18 Trey Nicholls	12	Thomas Johnson	7.32
19 J'Sean (xavi Williams)	10	Seneca Valley	7.35
20 Jack Stines	10	Urbana	7.36
21 Adrien Feliz-platt	11	Seneca Valley	7.39
22 Jr., Brian Blount	10	Potomac High	7.40
23 Sean Brown	11	Rockville	7.43

Boys 55 Meter Dash

5th ADV: 6.87 A

Name	Yr	School	Finals
Finals			
1 Kelvin Watson	12	Tuscarora	6.86A 10
2 Darian Robinson	11	South Hagerstown	6.91 8
3 D'Morea James	12	South Hagerstown	6.97 6
4 Prince Mills	12	Urbana	7.01 5
5 Adam Beisser	12	Linganore	7.04 4
6 Mickey Van Gieson	11	Rockville	7.06 3
7 Calvin Bemby	12	North Hagerstown	7.09 2
8 Joseph Fletcher	12	Crossland	7.16 1

Boys 300 Meter Dash

5th ADV: 37.73 A

Name	Yr	School	Finals
Finals			
1 Kevine Mapuku	12	Watkins Mill	38.97 10

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Finals ... (Boys 300 Meter Dash)

Name	Yr	School	Finals
2 Sean Brown	11	Rockville	39.40 8
3 Michael Bonds	12	Watkins Mill	39.56 6
4 Mickey Van Gieson	11	Rockville	39.60 5
5 Parker Mellott	11	Urbana	39.92 4
6 Eric Kilcoyne	12	Tuscarora	40.08 3
7 Hamad Usmani	12	Urbana	40.08 2
8 Joseph Miyawwi	12	Frederick	40.28 1
9 Scott Teal	10	Tuscarora	40.61
10 J'Sean (xavi Williams)	10	Seneca Valley	40.67
11 Sone Penda	12	Watkins Mill	40.71
12 Antoine Fields	11	Potomac High	41.18
13 Toby Berger	11	Frederick	41.24
14 Joseph Fletcher	12	Crossland	41.31
15 Jamell Harris	11	Potomac High	41.37
16 Calvin Bemby	12	North Hagerstown	41.73
17 Adrien Feliz-platt	11	Seneca Valley	41.84
18 Will Nixon	11	Linganore	41.88
19 Manuel Suero	12	Rockville	42.54
20 Sidney Fehlinger	9	Damascus	42.92
21 Eric Mcdowell	12	Linganore	43.17
22 Kenneth Lund	11	Thomas Johnson	43.38

Boys 500 Meter Run

5th ADV: 1:10.80 A

Name	Yr	School	Finals
Finals			
1 Andree' Di-reumante	11	Northwood	1:11.73 10
2 Cheyenne Johnson	10	Thomas Johnson	1:12.15 8
3 Parker Mellott	11	Urbana	1:12.75 6
4 Victor Kyle	12	Wheaton	1:12.97 5
5 Ryan Scott	12	Wheaton	1:13.05 4
6 Kevine Mapuku	12	Watkins Mill	1:13.45 3
7 Matt Orr	12	Thomas Johnson	1:14.44 2
8 Salim Addrey	12	Watkins Mill	1:15.36 1
9 Bryant Rodriguez	12	Wheaton	1:15.38
10 Jeremiah Griesemer III	12	Tuscarora	1:15.94
11 Elven Acolaste	10	Tuscarora	1:16.72
12 Magnus Nuako	12	Northwood	1:16.83
13 Chagall Coburn	12	South Hagerstown	1:17.26
14 Shane Fossett	12	Linganore	1:17.59
15 Matthew Sweeney	12	Tuscarora	1:18.78
16 Marco Ramirez	11	Rockville	1:19.00
17 Clayton Buckman	9	Linganore	1:19.90
18 Saige Vipont	9	North Hagerstown	1:21.07
19 Zahir Scott	9	North Hagerstown	1:21.69
20 Markees Hopkins	11	Potomac High	1:22.87
21 Tyler Alexander	12	South Hagerstown	1:23.67

Boys 800 Meter Run

5th ADV: 2:06.86 A

Name	Yr	School	Finals
Finals			
1 Miguel Suero	12	Rockville	2:04.59A 10

2 Andree' Di-reumante	11	Northwood	2:04.82A 8
3 Taylor Kracher	12	Frederick	2:05.67A 6
4 Manuel Suero	12	Rockville	2:08.09 5
5 Gavin Prather	11	Tuscarora	2:10.78 4
6 Matt Orr	12	Thomas Johnson	2:11.98 3
7 Derek Wendel	12	Thomas Johnson	2:16.85 2
8 Michael Tessitore	12	Watkins Mill	2:17.53 1
9 Justin Le	10	Urbana	2:18.50
10 Kevin Cory	12	Urbana	2:18.97
11 Anuk Dayaprema	10	Urbana	2:19.69
12 Ben Carbaugh	10	South Hagerstown	2:19.77
13 Cameron Horst	11	Damascus	2:20.01
14 Isaiah Myers	9	Thomas Johnson	2:20.53
15 Tomas Aker	11	Tuscarora	2:20.58
16 Chagall Coburn	12	South Hagerstown	2:20.59
17 Chase Leclair	11	Frederick	2:20.91
18 Mark Brkovich	12	Tuscarora	2:22.03
19 Rivas Luis	10	Damascus	2:22.52
20 Ryan English	11	Frederick	2:25.70
21 Troy Takemori	12	Seneca Valley	2:27.37
22 Raphael Feleke	12	Albert Einstein	2:27.97
23 Francisco Fuentes	9	Wheaton	2:30.49

Boys 1600 Meter Run

5th ADV: 4:45.03 A

Name	Yr	School	Finals
Finals			
1 Taylor Kracher	12	Frederick	4:47.20 10
2 William Kirk	12	Rockville	4:49.32 8
3 Nicholas Danner	11	Urbana	4:55.76 6
4 Miguel Suero	12	Rockville	4:56.07 5
5 Derek Wendel	12	Thomas Johnson	4:58.22 4
6 Lyle Wilson	12	Albert Einstein	5:01.35 3
7 Julian Bandini	11	Urbana	5:10.13 2
8 Ryan English	11	Frederick	5:10.44 1
9 Tyler Wilson	9	Albert Einstein	5:11.06
10 Garrett Santis	11	Urbana	5:11.97
11 Chase Leclair	11	Frederick	5:13.84
12 Ben Macek	11	Damascus	5:18.08
13 Ben Carbaugh	10	South Hagerstown	5:18.77
14 Troy Takemori	12	Seneca Valley	5:21.54
15 Alex Paddison	12	Tuscarora	5:24.32
16 Francisco Fuentes	9	Wheaton	5:24.47
17 Bryan Midlam	10	Seneca Valley	5:34.03
18 Spencer Askine	9	Linganore	5:35.22
19 Sean Kenny	12	Thomas Johnson	5:53.83

Boys 3200 Meter Run

5th ADV: 10:23.27 A

Name	Yr	School	Finals
Finals			
1 Michael Abebe	11	Northwood	10:10.83A 10
2 Nicholas Danner	11	Urbana	10:19.83A 8
3 Darren Harman	11	South Hagerstown	10:23.06A 6
4 William Kirk	12	Rockville	10:26.91 5

MPSSAA Indoor Track - 2/5/2015

3A West Region Meet

5th Regiment Armory

Results

Finals ... (Boys 3200 Meter Run)

Name	Yr	School	Finals
5 Alejandro Arias	11	Albert Einstein	10:42.79 4
6 Alex Paddison	12	Tuscarora	10:45.87 3
7 Kevin Cory	12	Urbana	10:45.99 2
8 Garrett Santis	11	Urbana	11:02.66 1
9 Aaron Lighter	12	South Hagerstown	11:04.08
10 Adam Sarsony	11	Rockville	11:09.85
11 Timmy Witmer	10	South Hagerstown	11:18.43
12 Greg Dirlik	12	Albert Einstein	11:33.28
13 Mitchell Monniger	11	Tuscarora	11:48.51
14 Luca Zeitvogel	11	Wheaton	11:51.09
15 Sean Kenny	12	Thomas Johnson	12:04.95
16 Tyler Flickinger	9	North Hagerstown	13:18.86
17 Kyle Flickinger	9	North Hagerstown	13:39.37

Boys 55 Meter Hurdles

5th ADV: 8.44 A

Name	Yr	School	Prelims
Preliminaries			
1 Adam Beisser	12	Linganore	A 8.16Q
2 Prince Mills	12	Urbana	A 8.24Q
3 Michael Bonds	12	Watkins Mill	8.47Q
4 Sean Miller	12	Urbana	A 8.43q
5 Oren Freeman	12	Frederick	8.74q
6 Matthew Marcel	12	Urbana	8.79q
7 Marcus Pryor	12	Northwood	8.99q
8 Victor Kyle	12	Wheaton	9.05q
9 Marco Ramirez	11	Rockville	9.15
10 Jaelin Maddox	11	Tuscarora	9.19
11 Sean Burrus	10	Thomas Johnson	9.21
12 Dominique Anderson	11	Thomas Johnson	9.31
13 Onaje Robinson II	12	Seneca Valley	9.79
14 Derrick Alleman	11	South Hagerstown	9.85
15 Cameron Jacobs	11	South Hagerstown	10.07
16 Andrew Gibbs	12	Seneca Valley	10.24
17 Malcolm Carter	9	North Hagerstown	11.22

Boys 55 Meter Hurdles

5th ADV: 8.44 A

Name	Yr	School	Finals
Finals			
1 Adam Beisser	12	Linganore	8.00A 10
2 Prince Mills	12	Urbana	8.23A 8
3 Marcus Pryor	12	Northwood	8.38A 6
4 Sean Miller	12	Urbana	8.49 5
5 Matthew Marcel	12	Urbana	8.71 4
6 Oren Freeman	12	Frederick	8.85 3
7 Victor Kyle	12	Wheaton	9.99 2
8 Michael Bonds	12	Watkins Mill	10.44 1

Boys 4x200 Meter Relay

5th ADV: 1:38.15 A

Team	Relay	Finals
Finals		
1 Watkins Mill		1:41.00 10
1) Michael Bonds 12	2) Kevine Mapuku 12	
3) Sone Penda 12	4) Julian Kodjo 12	
2 Urbana		1:42.66 8
1) John Mangrum 12	2) Prince Mills 12	
3) Parker Mellott 11	4) Hamad Usmani 12	
3 Tuscarora		1:42.96 6
1) Eric Kilcoyne 12	2) Kelvin Watson 12	
3) Elven Acolaste 10	4) Scott Teal 10	
4 Frederick		1:43.15 5
1) Joseph Miyanwi 12	2) Andrew Desilva 12	
3) John Anthony Cruz 11	4) Toby Berger 11	
5 Seneca Valley		1:44.11 4
1) J'Sean (xavi) Williams 10	2) Donovan Becket-simms 11	
3) Adrien Feliz-platt 11	4) Onaja Robinson 12	
6 Gov. Thomas Johnson		1:44.25 3
1) Trey Nicholls 12	2) Sean Burrus 10	
3) Jacob Scherer 12	4) Markell Joyner 11	
7 North Hagerstown		1:44.49 2
1) Immanuel Cowans 11	2) Alex DeGrange 10	
3) Chester Randall 10	4) Calvin Bembry 12	
8 Potomac High School		1:45.12 1
1) Jamell Harris 11	2) Brian Blount, Jr. 10	
	4) Antoine Fields 11	
9 Linganore		1:45.29
1) Adam Beisser 12	2) Ben Iwanski 11	
3) Eric McDowell 12	4) Will Nixon 11	
10 Damascus		1:46.65
1) Javier Smith 9	2) Devon Bell 12	
3) John Castiblanco 9	4) Michael Rice 9	
11 Northwood		1:47.80
1) Auster Pittman 10	2) Andy Sandoval 12	
3) Marcus Miranda 11	4) Joshua Diop 11	
12 Wheaton		1:49.91
1) Saramsh Maharjan 12	2) Enrique Zuniga 10	
3) John Ankapong 11	4) Edwing Reyes 12	
13 Albert Einstein		1:53.12
1) William Bui 12	2) Max Maynard 11	
3) Lyle Wilson 12	4) Raphael Feleke 12	
--- South Hagerstown		DQ
1) Darian Robinson 11	2) Cole Barnhart 12	
3) D'Morea James 12	4) Josiah Johnson 12	

Boys 4x400 Meter Relay

5th ADV: 3:41.89 A

Team	Relay	Finals
Finals		
1 Watkins Mill		3:46.15 10
1) Michael Bonds 12	2) Kevine Mapuku 12	
3) Selom Samlan 9	4) Michael Tessitore 12	

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5th Regiment Armory

Results

Finals ... (Boys 4x400 Meter Relay)

Team	Relay	Finals
2 Tuscarora		3:46.31 8
1) Scott Teal 10	2) Jaelin Maddox 11	
3) Jeremiah Griesemer III 12	4) Eric Kilcoyne 12	
3 Gov. Thomas Johnson		3:49.34 6
1) Dominique Anderson 11	2) Cheyenne Johnson 10	
3) Trenton Snipes 11	4) Sean Burrus 10	
4 Northwood		3:49.42 5
1) Tyrone Bell 12	2) Marcus Pryor 12	
3) Magnus Nuako 12	4) Andree' Di-reumante 11	
5 Wheaton		3:50.54 4
1) Ryan Scott 12	2) Victor Kyle 12	
3) Bryant Rodriguez 12	4) Jason Vargas 12	
6 Urbana		3:52.34 3
1) Hamad Usmani 12	2) Sean Miller 12	
3) Nicholas Danner 11	4) Parker Mellott 11	
7 North Hagerstown		3:59.36 2
1) Steven Powell 11	2) Alex DeGrange 10	
3) Chester Randall 10	4) Immanuel Cowans 11	
8 Frederick		3:59.41 1
1) Joseph Miyanwi 12	2) Andrew Desilva 12	
3) John Anthony Cruz 11	4) Justin Speirs 10	
9 Seneca Valley		4:00.22
1) Donovan Becket-simms 11	2) Onaja Robinson 12	
3) Andrew Gibbs 12	4) J'Sean (xavi Williams 10	
10 Damascus		4:06.48
1) Devon Bell 12	2) Cameron Horst 11	
3) Daniel Junghams 11	4) Ben Macek 11	
11 South Hagerstown		4:09.95
1) Tyler Alexander 12	2) Derrick Alleman 11	
3) Dajuan Williams 10	4) Brandon Hughes 11	
12 Albert Einstein		4:10.31
1) William Bui 12	2) Max Maynard 11	
3) Lyle Wilson 12	4) Raphael Feleke 12	
13 Linganore		4:42.59
1) Shane Fossett 12	2) Ryan Lueck 12	
3) Clay Buckman 9	4) Will Nixon 11	

Boys 4x800 Meter Relay

5th ADV: 8:43.73 A

Team	Relay	Finals
1 Rockville		8:48.34 10
1) Manuel Suero 12	2) William Kirk 12	
3) Adam Sarsony 11	4) Miguel Suero 12	
2 Wheaton		8:59.09 8
1) Bryant Rodriguez 12	2) Victor Kyle 12	
3) Jason Vargas 12	4) Ryan Scott 12	
3 Tuscarora		9:09.96 6
1) Jeremiah Griesemer III 12	2) Tomas Aker 11	
3) Mark Brkovich 12	4) Gavin Prather 11	
4 Urbana		9:10.28 5
1) Kevin Cory 12	2) Anuk Dayaprema 10	
3) Justin Le 10	4) Garrett Santis 11	

5 Damascus		9:13.21 4
1) Cameron Horst 11	2) Rivas Luis 10	
3) Daniel Junghams 11	4) Ben Macek 11	
6 Frederick		9:47.81 3
1) Kade Arrington 11	2) Jordan Champe 10	
3) Connor Sullivan 11	4) Justin Speirs 10	
7 Seneca Valley		9:48.72 2
1) Troy Takemori 12	2) Bryan Midlam 10	
3) Andrew Gibbs 12	4) Kolapo Sanusi 12	
8 North Hagerstown		10:03.34 1
1) Mekiah James 10	2) Zahir Scott 9	
3) Malcolm Carter 9	4) Steven Powell 11	
9 South Hagerstown		10:07.40
1) Aaron Lighter 12	2) Timmy Witmer 10	
3) Tyler Alexander 12	4) Derrick Alleman 11	
10 Crossland		10:15.71
1) Deandre Rucker 9	2) Donnell Laster 10	
3) Delonte Smith 9	4) Kobe Wright 10	
11 Gov. Thomas Johnson		10:18.96
1) Sean Kenny 12	2) Kenneth Lund 11	
3) Nicholas Pyles 12	4) Isaiah Myers 9	

Boys High Jump

5th ADV: 5-09 A

Name	Yr	School	Finals
Finals			
1 Dominique Anderson	11	Thomas Johnson	5-11.00A 10
2 Sean Miller	12	Urbana	5-11.00A 8
3 Mitch Holson	11	Urbana	5-09.00A 6
4 Terrence Warfield	12	Frederick	5-09.00A 5
5 Oren Freeman	12	Frederick	5-07.00 4
6 Sahil Shrestha	9	Watkins Mill	5-07.00 3
7 Joshua Nazaire	12	Seneca Valley	5-05.00 2
8 Jaelin Maddox	11	Tuscarora	5-03.00 0.3
8 Devon Bell	12	Damascus	5-03.00 0.3
8 Javier Smith	9	Damascus	5-03.00 0.3
11 Joshua Diop	11	Northwood	5-03.00
11 Trenton Snipes	11	Thomas Johnson	5-03.00
--- Matthew Sweeney	12	Tuscarora	NH
--- Prince Mills	12	Urbana	NH
--- Dontae Dunn	11	Seneca Valley	NH
--- Jack Watsic	9	Linganore	NH
--- Michael Rice	9	Damascus	NH
--- Cole Barnhart	12	South Hagerstown	NH
--- Calvin Bemby	12	North Hagerstown	NH

Boys Pole Vault

5th ADV: 10-04 A

Name	Yr	School	Finals
Finals			
1 Sean Sawitzke	12	Thomas Johnson	12-00.00A 10
2 Akash Menon	12	Urbana	10-10.00A 8
3 Sean Miller	12	Urbana	9-04.00 6
4 Brandon Hughes	11	South Hagerstown	8-10.00 5
--- Thomas de la Vega	12	Urbana	NH

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Results

Boys Shot Put

5th ADV: 43-10 A

Name	Yr	School	Finals
Finals			
1	Michael Belcher	12 Urbana	42-06.00 10
2	Nath Trinidad-doherty	11 Thomas Johnson	41-01.50 8
3	Onaje Robinson II	12 Seneca Valley	40-03.00 6
4	George Robinson	12 South Hagerstown	40-02.00 5
5	Demarcus Core	10 Frederick	39-07.00 4
6	Seth McClain	11 Thomas Johnson	37-10.50 3
7	John Berteling	11 Urbana	37-09.50 2
8	Andrew Gibbs	12 Seneca Valley	35-10.00 1
9	Gregg Bortz	11 Tuscarora	35-07.50
10	Damion Rhymer	12 South Hagerstown	34-09.00
11	Dayron Brooks	12 South Hagerstown	34-08.00
12	Nate Smith	12 Linganore	34-07.00
13	Nicholas Clark	10 Thomas Johnson	34-02.00
14	Wayne Harris III	12 Tuscarora	34-01.00
15	Leeland Rowe	12 Albert Einstein	34-00.00
16	Nick Stokis	12 Damascus	33-09.50
17	Kevin Paton	11 Northwood	32-09.50
18	Nick Rinaldo	9 Albert Einstein	30-10.50
19	Joe Le	11 Wheaton	30-03.50
20	Kasey Cope	10 Tuscarora	28-07.50
21	Yousef Ghanem	12 Rockville	26-09.50
22	Diego Al-rukby	10 Watkins Mill	22-07.00

12) North Hagerstown	7
14) Damascus	4.66666
15) Crossland	1
15) Potomac High School	1

Women - Team Rankings - 13 Events Scored

1) Urbana	102.5
2) Gov. Thomas Johnson	68
3) Seneca Valley	64
4) Watkins Mill	49.25
5) Damascus	43.25
6) Tuscarora	41.25
7) Potomac High School	37
8) Albert Einstein	26
9) Frederick	23.25
10) South Hagerstown	23
11) Linganore	15.5
12) Northwood	6
13) Wheaton	5
14) North Hagerstown	2

Men - Team Rankings - 13 Events Scored

1) Urbana	109
2) Rockville	59
2) Gov. Thomas Johnson	59
4) Watkins Mill	45
5) Frederick	43
6) Tuscarora	40.3333
7) Northwood	39
8) South Hagerstown	30
9) Wheaton	23
10) Seneca Valley	15
11) Linganore	14
12) Albert Einstein	7