

## MPSSAA FIELD HOCKEY QUIZ #3

### Overtime

1. If the game is tied at the end of regulation, who calls the coin toss prior to starting the 7v7 overtime period?
2. The winner of the coin toss prior to the beginning the 7v7 overtime shall have a choice of starting with the ball or which goal to defend. True or False?
3. If a player is yellow-carded with 2:00 left in regulation can she compete in the first overtime period?
4. In the first 7v7 10-minute overtime period, the blue team scores with 3:49 left on the clock. The umpires declare the game over. True or False?
5. In the penalty stroke overtime, a goalie is designated as one of the stokers. What piece(s) of her equipment is she required to wear when taking the stroke?
  - a. All equipment (Pads, shoes/kickers, mask/helmet, mouth guard, goalie gloves, chest protector, and throat protector.).
  - b. Mouth guard.
  - c. Pads and shoes/kickers.
  - d. B and C.
6. During the taking of a penalty stroke, both the stoker and the goalie have verbally verified they are ready. Before the umpire's whistle, the stoker flicks the ball into the goal. What is the call?
7. During the taking of a penalty stroke, the lead umpire lines up midway between the stroke line and the goal. Correct or incorrect positioning?
8. In the second penalty stroke overtime, the coach wishes to substitute new stokers in her lineup. Permitted or not?